

Scotland's Redress Scheme

Application form **Part 2**

Additional statement pages

Name

Rachael Fraser

Date of birth

Day 27

Month 01

Year 1992

Your statement for additional care settings

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Foster Care

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1999

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the "Assessment framework" to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Part 2 of the application form provides more information about what you may want to include.

Your statement for additional care settings

I was placed in foster care with my older sister and brother because my mum struggled with alcoholism and her partner was abusive. One day, we came home from school to find police officers and ambulances outside our house. We had no warning or explanation about what was happening. We were taken away immediately and placed into foster care together. It was an incredibly confusing and frightening experience. Everything changed in a single day, and I remember feeling scared, vulnerable, and uncertain about what was going to happen to us. Being removed from our home so suddenly left me feeling as though my whole world had been turned upside down. During my time in this foster placement, my older sister, brother, and I all shared one bedroom. I was 7 years old, my sister was 8, and my brother was 14. My brother slept in the top bunk, and between the three of us we only had one pillow, which we had to take turns using. When we asked for another pillow, instead of being helped, we were locked in our bedroom as punishment. The foster carers claimed they could hear us walking near the window, which we had been told not to do because it made noise in the living room below. We hadn't done what they accused us of, but we were kept locked in our room for even longer. They would often promise us things and then deliberately tell us we could no longer have them as a punishment. It felt like they enjoyed taking things away from us, and it was constant mental and emotional abuse that left us feeling worthless and powerless. My brother struggled to cope and would run away from the house quite often. Looking back, I can understand why he wanted to escape.

When the new school year came around, the foster carers bought us new school clothes, but then told us we weren't allowed to wear them. It felt like they only wanted to raise our hopes before taking them away again. We were also hardly fed. We were often hungry, and my brother became so desperate that he would steal food from the fridge. On one occasion, they found some biscuits hidden under a pillow and, as punishment, they took the pillow away for a couple of days, leaving us with even less comfort than we already had.

The foster carers were physically intimidating. They would grab us forcefully by our arms to remind us that they were in charge. Although this wasn't the worst physical abuse I experienced, it made me feel frightened and powerless.

The male foster carer worked at a swimming pool and would take us there, but instead of supervising us, he would leave us on our own despite how young we were. We felt abandoned and unsafe. When we first arrived, we had very few belongings and remained in the same clothes we had been taken from home in for some