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Section 1: Personal details

This information will be used to join together Part 1 and Part 3 of your application forms.

Name

Colin Sanders

Date of birth

Day Month Year

The next section asks you to write your statement of abuse.

Section 2: Your statement of abuse

Please refer to page 32 of the “Help to apply” guidance when filling in this form.

Please make sure that whatever way you provide your statement, you include all the information Redress Scotland needs to make a decision. You can find out more on page 35 of “Help to apply”.

You may find that writing this brings up feelings or memories. If you need support you can speak to a case worker who can refer you to further help:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm (except Scottish public holidays)
- **Email:** apply@redress-scheme.scot

Providing your statement of abuse

In Part 1, you will have provided information about any relevant care settings you were abused in.

In Part 3, you need to provide a statement about your abuse. You can choose how you want to provide your statement. You can complete Q1, Q2, Q3 and Q4. Or you can:

- submit a previous statement (for example, a copy of a statement given to the police)
- write your statement in another format that is better suited to you

How to complete this section

You may have been abused in one relevant care setting, or in several different ones.

For this part of the application form, please provide a statement about each care setting you were abused in.

For example, if you were abused in 3 relevant care settings, please provide 3 statements.

You can do this in any order that makes sense to you.

There are pages for 4 care settings included in this form. If you need more copies, you can:

- contact a case worker
- make a copy yourself
- print additional pages from mygov.scot/redress

Please remember:

- **there are no wrong answers - if Redress Scotland needs more or different information, your case worker will get in touch with you and let you know**
- **do not worry about your spelling**
- **use as much or as little space as you need to give your information - you can continue on additional pages if you want to**

Your statement for Care setting 1

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Rosedean Residential - Inverness

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1981

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

HERE FOR A FEW MONTHS

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

When I arrived here, there was no empathy shown towards me whatsoever. I was extremely emotional, scared, and confused after being taken from my parents, and I did not understand what was happening or why. Nothing was properly explained to me in a way a child could understand, and I was left with a deep sense of abandonment and fear from the very beginning. I felt completely alone, unwanted, and as though I had been discarded without care or consideration.

I was placed into shared accommodation with a young boy. The conditions were very basic and extremely limited, consisting of little more than a bed. This environment had an immediate and severe impact on my mental wellbeing. I felt unsafe, unsettled, and exposed. Even now, many years later, certain smells, sights, and environments continue to trigger distressing memories connected to this time, and I experience strong emotional and physical reactions when reminded of it.

There was a significant level of physical violence from staff within this setting. I was beaten on a regular basis, and the violence felt routine and normalised within the environment. I was hurt repeatedly, and it felt as though there was no limit to the force used against us. At times, I genuinely believed the abuse was being carried out not as discipline, but for entertainment or control. This created a constant state of fear, where I was always on edge, never knowing when I would be harmed next.

This was also the place where sexual abuse began, involving a member of staff. This was the most traumatic and devastating period of my life. I was subjected to physical abuse, emotional abuse, and sexual abuse within the same environment, THIS WAS HAPPENING TO MY DAILY , AND I WAS IN CONSTANT PAIN with no protection and no one to intervene. I also witnessed sexual abuse being carried out against other children, which added to the trauma and left me feeling helpless, distressed, and trapped in an environment where I believed there was no escape.

he was always deprived of food we went hungry a lot i was always starving , in pain and sexually being abused i wanted to kill my self it wouldnt stop
The psychological impact of these experiences was immediate and severe, and it has continued throughout my entire life. I have been diagnosed with PTSD and anxiety, and I have required medication for these conditions since around the age of 20. The trauma has never left me, and I continue to experience ongoing symptoms including intrusive memories, hypervigilance, and nightmares.

As a result of what I experienced, I struggle significantly with forming and maintaining relationships. I find it very difficult to trust people, even those close to me. I often struggle to express emotions and tend to internalise everything I have been through. I only feel able to speak openly about these experiences with my wife, and even then it remains extremely difficult.

These experiences have had a profound and lasting impact on every area of my life, including my mental health, emotional wellbeing, relationships, and ability to function day to day. The effects are lifelong, and I continue to live with the consequences of what happened to me during this period.

Your statement for Care setting 2

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Dalneigh Childrens Home - Inverness

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1984

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

Your statement for Care setting 2 continued

When I arrived here, I was already upset, scared, and extremely nervous due to everything I had experienced in previous placements. From the beginning, the abuse continued and became even worse.

In this place, I was beaten black and blue on a daily basis. I was pinned against walls, grabbed, and at times strangled. Staff would restrain me, sit on me, and deliberately take my breath away as a form of control and torment. I was kicked, punched, and dragged down corridors repeatedly. This level of violence created constant fear, as I never knew when I would be attacked or how severe it would be.

Other children were also allowed to pick on me, and I was regularly bullied. Instead of being protected, I was left exposed to abuse from both staff and other children. There was no safe space for me within this environment.

The food in this placement was better than what I had been provided previously, but this did not reduce the overall suffering I experienced. Although the sexual abuse stopped here, the physical and emotional abuse remained severe and ongoing.

During this time, I was also sent back to live with my father and his girlfriend for a few weeks. They were aware that I was scared and vulnerable. While I was there, I was subjected to further abuse and violence from my father. I was beaten, and I also witnessed abuse within that environment. This added to my sense of fear, instability, and lack of safety, as I was being harmed in multiple settings with no protection.

When I returned, the bullying and torment continued. I was often secluded and left alone in my bedroom for long periods with only my thoughts. No one showed concern for my wellbeing, and I felt completely ignored. During this time, I became increasingly overwhelmed emotionally and began to feel suicidal. I felt like nobody cared whether I was suffering or not.

I was struggling significantly with my emotions and mental state. I felt confused, unsupported, and completely overwhelmed by everything I had been through. My education was also inconsistent, as I moved between various schools. Because of this, my learning was disrupted, and I struggled with basic educational tasks, including simple numbers. Instead of receiving support, I was made fun of for these difficulties, which further damaged my confidence and self-esteem.

I will never forget how I was bullied, manipulated, and tormented throughout this period of my life. These experiences have had a profound and lasting impact on every area of my life, including my mental health, emotional wellbeing, relationships, and ability to function day to day. The effects are lifelong, and I continue to live with the consequences of what happened to me during this time.

Your statement for Care setting 3

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Ferintosh

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1985- till teenage years

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on gov.scot. Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

See Attached

Your statement for Care setting 4

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.



Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 32 of the “Help to apply” guidance
- contact a case worker

The next section has questions about your supporting documents.

Section 3: Supporting documents

Please provide any supporting documents you have related to your abuse in care.

You can find out more about these types of documents on page 33 of the “Help to apply” guidance.

In some cases, it may be difficult to find supporting documents. To help with this part of the application, you can:

- include supporting documents when you send this part of the form, if you already have them
- send in your form without any supporting documents – your case worker will get in touch with you and have a conversation about what you can provide

Please tick which option you have chosen:

- I am including supporting documents with my form
- I am not including supporting documents
(if you tick this, a case worker will contact you)
- I am collecting my documents and will submit them a later date

Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 33 of the “Help to apply” guidance
- contact a case worker

The next section has a declaration you must sign and details about how your information is kept and shared.

Section 4: Declaration and privacy notice

In this section, you must sign your form.

For information about how Scotland's Redress Scheme will record and protect your personal information, please read the Privacy Notice for Scotland's Redress Scheme. You can find this on mygov.scot/redress.

Before you send your application you must agree to these statements:

I confirm that the details and information I have given in this application form are true and accurate to the best of my knowledge and belief.

I understand that I must notify Scotland's Redress Scheme of changes in my circumstances that may affect my application.

I confirm that if any of the information I gave in Part 1, Section 8 (related to previous payments and convictions) changes, I must let my case worker know.

I confirm that any documents I have provided in support of my application are genuine and any copy is a true copy of the original. I understand that if I provide a document which is not genuine, I may be subject to court proceedings.

I understand that if I give false or misleading information in support of my application or make a fraudulent application I may:

- be subject to court proceedings
- have to re-pay any money I was not entitled to

I confirm I have read and understood the Privacy Notice for Scotland's Redress Scheme which explains how the information I provide will be lawfully used and stored.

Your signature

Date

Next steps

This is the end of Part 3. You do not need to submit your forms all at once. Once you are ready, you can submit your forms by email.

Afterwards, a case worker will contact you to confirm:

- they have received your application
- if they have any follow up questions
- next steps

By email

Please submit your application and any relevant documents to:

apply@redress-scheme.scot

If you would like to contact a case worker

Please use these details to contact a case worker:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm
(except Scottish public holidays)
- **Email:** apply@redress-scheme.scot