

Evidence Extraction Sheet - KR Medical Records

Scope: Five uploaded PDFs reviewed, comprising the 384-page iGPR record split into four files and a separate 4-page NHS Borders document. Page references below use the PDF page number within the uploaded part and the printed iGPR internal page where available.

Key conclusion: No explicit evidence of a childhood care placement, physical abuse, sexual abuse, emotional abuse in care, neglect, contemporaneous disclosure, or childhood-abuse-linked adult condition was identified in the searchable text or reviewed relevant pages. The positive findings concern adult bereavement, depression, anxiety, counselling, medication, functional impact and negative self-harm/suicide findings. The record does not connect these matters to childhood care or abuse.

Document	Pages	Finding
SAR Part 1	PDF 1-99 / iGPR 1-99	Relevant adult mental-health, counselling, medication, social-impact and negative risk entries. Highlighted copy supplied.
SAR Part 2	PDF 1-100 / iGPR 100-199	No relevant care-placement or abuse evidence identified. Mostly investigations and attachments.
SAR Part 3	PDF 1-100 / iGPR 200-299	No relevant care-placement or abuse evidence identified. Registration/previous GP details are adult records and do not show care residence.
SAR Part 4	PDF 1-85 / iGPR 300-384	No relevant care-placement or abuse evidence identified.
KR Documents	PDF 1-4	No relevant care-placement, abuse or trauma evidence identified; adult breast-clinic records only.

Document	PDF page	Internal page	Date	Clinician	Category	Exact evidence / faithful summary	Care setting	Perpetrator	Frequency / duration	Injury or impact	Treatment	Link to abuse	Evidential value	Follow-up
Part 1	3	3	30-Mar-2026	D Smith, bereavement counsellor	Counselling/therapy	Bereavement support visit; face-to-face bereavement care; session 10; sessions closed with strategies and Bereavement Cafe suggested.	-	-	Ongoing course	Bereavement/grief support	Bereavement counselling	No abuse link recorded	Treatment	No further session; Bereavement Cafe suggested
Part 1	4	4	26-Mar-2026	Holly Barnes	Mental health/social impact	Feeling very down; unable to work due to multiple symptoms; mood low and depressed all the time.	-	-	Current	Low mood; work incapacity	Bereavement counselling; medication discussion	No abuse link recorded	Impact/treatment	One counselling session remaining
Part 1	6-7	6-7	17-Feb-2026	Jacqui Spours, primary care mental health team	Mental health/self-harm	Bereavement, anxiety, low confidence and loneliness; shaky/sweaty/queasy when going out; poor sleep; loss of purpose. MSE recorded grief/anxiety/loneliness. No suicidal/homicidal ideation and no history of self-harm.	-	-	About one year after bereavement	Anxiety, sleep disturbance, low confidence, loneliness	Mental-health assessment; signposting; crisis contacts	No abuse link recorded	Impact/treatment; negative risk finding	Further counselling and wellbeing resources discussed
Part 1	8	8	06-Feb-2026	Sophie Calvert / triage	Mental health	Patient reported struggling with depression and anxiety, affecting day-to-day activities, with no interest in anything and not doing well.	-	-	Current	Functional impairment	Mental Health Nurse appointment; fit note	No abuse link recorded	Impact/treatment	Face-to-face mental-health appointment arranged
Part 1	12	12	02-Dec-2025	Holly Barnes	Mental health/medication/social impact	Fluoxetine felt ineffective; still low, crying, lonely and unable to return to work with learning-disability patients.	-	-	Ongoing	Low mood, loneliness, inability to work	Fluoxetine increased; fit note extended	No abuse link recorded	Impact/treatment	Review planned in new year
Part 1	16	16	02-Oct-2025	Holly Barnes	Counselling/social impact	Counselling going well; depression, mental health and osteoarthritis cited as reasons for being unfit for work and applying for Universal Credit.	-	-	Ongoing	Work incapacity and benefit claim	Supportive consultation; counselling	No abuse link recorded	Impact/treatment	Follow-up planned
Part 1	17	17	02-Sept-2025	Holly Barnes	Mental health/counselling/social impact	Struggling with grief reaction; started counselling; cried throughout appointment; poor sleep; financial worry and possible need for sick note.	-	-	Ongoing	Grief, insomnia, distress, financial instability	Counselling; GP follow-up	No abuse link recorded	Impact/treatment	Review in four weeks
Part 1	23	23	08-Jul-2025	Holly Barnes	Counselling	Still struggling after recent bereavement and had not heard back from hospice regarding counselling.	-	-	Ongoing	Bereavement distress	Advised to chase counselling referral	No abuse link recorded	Treatment/impact	Patient to contact hospice
Part 1	27	27	13-May-2025	Holly Barnes	Mental health/counselling	Bereavement; struggling, spending more time in bed, crying, loneliness and poor sleep. Planned self-referral for hospice bereavement counselling.	-	-	Nearly three months	Grief, withdrawal, loneliness, insomnia	Bereavement counselling self-referral	No abuse link recorded	Impact/treatment	Return in four weeks
Part 1	28	28	Feb-Mar 2025	GP record	Trauma symptoms	A family-related arrest at home was described as very traumatic; nightmares recorded. Context is adult family trauma, not childhood care.	-	-	Single recent event	Nightmares/distress	Fluoxetine-related follow-up elsewhere on page	Explicitly linked to recent adult event, not care abuse	Impact/corroboration of recent trauma only	GP follow-up
Part 1	29	29	2024-2025	GP record	Mental-health medication	Fluoxetine recorded for depression since October 2024.	-	-	Long-term prescribing	Depression	Fluoxetine	No abuse link recorded	Treatment	Ongoing medication
Part 1	35	35	06-Dec-2024	Alison Mallorie-Lewis	Mental health/medication	Depressed mood while taking fluoxetine, with family illness and bereavement noted.	-	-	Current	Low mood	Fluoxetine	No abuse link recorded	Impact/treatment	Routine care
Part 1	76	76	23-Dec-2008	GP record	Mental health/medication	History of depression; symptoms described as depressing; antidepressants discussed/recorded.	-	-	Historical	Depressed mood	Antidepressant management	No abuse link recorded	Impact/treatment	Review advised
Part 1	80	80	27-Sept-2006	Christopher Stevenson	Counselling	Referral to counsellor. The consultation text does not state the reason in the visible summary.	-	-	Single referral	Not specified	Counselling referral	No abuse link recorded	Treatment	Referral made
Part 1	82	82	19-Oct-2004	Ruth Andrew	Anxiety/medication	Anxiety about flying; requested medication to calm her; small dose of diazepam prescribed.	-	-	Situational	Anxiety	Diazepam	No abuse link recorded	Treatment	No further action recorded
Part 1	85	85	22-Apr-2003	Georgina Morgan	Mental health/counselling/social impact	Family problems, depression and stress, conflict, debts, poor sleep and appetite; mild depression impression; antidepressants and counselling discussed.	-	-	Current episode	Low mood, insomnia, appetite change, financial stress	Counselling and antidepressants discussed	No abuse link recorded	Impact/treatment	Review planned the next week
Part 1	86	86	20-Jun-2002	Justine Norman	Anxiety	Anxiety about driving test with sweating and palpitations.	-	-	Situational	Anxiety with physical symptoms	Discussion/advice	No abuse link recorded	Impact	No further action recorded
Part 1	89-91,94	89-91,94	2004-2026	Prescription record	Mental-health medication	Repeated fluoxetine prescribing; zopiclone 3.75 mg on 21-Feb-2025; diazepam 2 mg on 19-Oct-2004; venlafaxine 37.5 mg twice daily on 10-Jun-2004.	-	-	Repeated/long-term	Depression, sleep and anxiety indications supported by surrounding consultations where stated	Fluoxetine, zopiclone, diazepam, venlafaxine	No abuse link recorded	Treatment	Medication history only; does not establish cause

Review caution: The iGPR record contains scanned attachments and some redacted/asterisked text. This review used extracted text plus targeted visual checks of relevant pages. Absence of a finding in these records is not proof that an event did not occur. Medication and symptoms have not been treated as proof of abuse unless the record itself made that connection; no such connection was found.