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Section 1: Personal details

This information will be used to join together Part 1 and Part 3 of your application forms.

Name

Gary Scrimshaw

Date of birth

Day 30

Month 11

Year 1979

The next section asks you to write your statement of abuse.

Section 2: Your statement of abuse

Please refer to page 32 of the “Help to apply” guidance when filling in this form.

Please make sure that whatever way you provide your statement, you include all the information Redress Scotland needs to make a decision. You can find out more on page 35 of “Help to apply”.

You may find that writing this brings up feelings or memories. If you need support you can speak to a case worker who can refer you to further help:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm (except Scottish public holidays)
- **Email:** apply@redress-scheme.scot

Providing your statement of abuse

In Part 1, you will have provided information about any relevant care settings you were abused in.

In Part 3, you need to provide a statement about your abuse. You can choose how you want to provide your statement. You can complete Q1, Q2, Q3 and Q4. Or you can:

- submit a previous statement (for example, a copy of a statement given to the police)
- write your statement in another format that is better suited to you

How to complete this section

You may have been abused in one relevant care setting, or in several different ones.

For this part of the application form, please provide a statement about each care setting you were abused in.

For example, if you were abused in 3 relevant care settings, please provide 3 statements.

You can do this in any order that makes sense to you.

There are pages for 4 care settings included in this form. If you need more copies, you can:

- contact a case worker
- make a copy yourself
- print additional pages from mygov.scot/redress

Please remember:

- there are no wrong answers - if Redress Scotland needs more or different information, your case worker will get in touch with you and let you know
- do not worry about your spelling
- use as much or as little space as you need to give your information - you can continue on additional pages if you want to

Your statement for Care setting 1

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

FOSTER FAMILY

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1984-

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

Mr and Mrs Blare - Foster Parents

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

I was in and out of foster care from a very young age and was placed with approximately seven or eight different foster families. Every placement was unstable, frightening, and marked by neglect or emotional abuse.

Christmases were especially traumatic for me, as they were repeatedly cancelled or deliberately used as a way to punish and humiliate me.

Throughout my time in care, I was made to feel unwanted, rejected, and disposable.

One of the few foster placements I clearly remember was at 3 Duncaren Avenue, Bonnybridge, with Mr and Mrs Blare. This placement stands out as one of the most distressing experiences of my childhood. While living there, Christmas never happened for me. On Christmas Day, they would wake me up knowing I had nothing, leave me sitting alone in my room crying, and deliberately torment me. I was around nine years old at this time.

During this placement, I was also subjected to frightening treatment at night. I was made to sit on the stairs in the dark, and I was repeatedly tormented with a torch being shone at me over a period of years. I lived in constant fear and confusion, never knowing what would happen next. I was emotionally neglected and made to feel invisible.

My brother was initially placed there with me, but after some time he was taken home and I was left behind. I was told he would not be coming back. I did not understand why he was allowed to leave and I wasn't. I was told it was because no one wanted me. I never saw him again. Being separated from my brother in this way caused deep emotional pain and confusion that has never left me. I was left completely alone and abandoned at an age when I needed protection and reassurance.

After this period, I was taken back briefly by my father for about a year. That placement also became abusive, and I eventually ran away.

Your statement for Care setting 2

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Blairvadach Children's Home

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1988

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

The staff and Children

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on gov.scot. Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

I was taken into the care system again.

I was placed at Blairvadach Children's Home a large care home, when I was approximately 13. I was dumped there with around seven or eight other children. On my first night, we were all locked in our rooms. I stayed there for around six months. This is where the most severe abuse began.

The building was massive, with five floors, and housed children of all ages and backgrounds. We were not supervised or protected. Instead, we were left to fight each other. There were constant fights, bullying, intimidation, and fear. It felt more like a jail than a home. Fire doors were slammed shut and locked. I was terrified to go to bed every night.

Staff were too busy or unwilling to care for us. Instead of offering support, they played mind games with me and repeatedly told me that no one loved me. They made a point of telling me when other children were allowed to go home, while reminding me that I was abandoned and had nowhere to go. This was emotionally devastating and reinforced my belief that I was unwanted. I was here for around 6 months

Your statement for Care setting 3

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Craigellachie childrens home scotland

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1988

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

Staff and Children

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

I was moved to Craigellachie. By this point, my mental health had completely deteriorated. I was desperate for someone to listen or help me. I began putting my head through windows to injure myself because it felt like the only way anyone would notice or care. This is where my self-harming behaviour began. Staff did nothing to stop it.

Again, I was left alone, with no friends and no protection. Day staff would go home at night, and night staff would come on and deliberately pick at us and lock us in our rooms. Food was treated as optional. If we didn't get it on time, we were sent to bed hungry. This happened repeatedly.

I was given what was described as counselling, but it was not genuine support. It felt like an attempt to close my case and say they had helped me. It did nothing to address my pain. Staff laughed at my situation, rejected me when I asked for help, and tormented me when I was at my lowest point. I felt like my life was over.

Older children were violent towards me. I was punched and kicked regularly. I had to fight to defend myself. Staff restrained us physically, often aggressively, and this caused pain and fear. While restraining me, they would torment me further as I cried and screamed. I was then locked in my room alone.

I remained in Craigellachie until I was 16 years old, suffering ongoing mental and physical abuse. My suicidal thoughts became overwhelming. I felt trapped and treated like an animal, with no way to escape. As soon as I turned 16, I joined the armed forces simply to get away and survive.

Your statement for Care setting 4

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.



Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 32 of the “Help to apply” guidance
- contact a case worker

The next section has questions about your supporting documents.

Section 3: Supporting documents

Please provide any supporting documents you have related to your abuse in care.

You can find out more about these types of documents on page 33 of the “Help to apply” guidance.

In some cases, it may be difficult to find supporting documents. To help with this part of the application, you can:

- include supporting documents when you send this part of the form, if you already have them
- send in your form without any supporting documents – your case worker will get in touch with you and have a conversation about what you can provide

Please tick which option you have chosen:

- I am including supporting documents with my form
- I am not including supporting documents
(if you tick this, a case worker will contact you)
- I am collecting my documents and will submit them a later date

Do you want help with this section?

If you want help before sending in the form, you can:

- read page 33 of the “Help to apply” guidance
- contact a case worker

The next section has a declaration you must sign and details about how your information is kept and shared.

Section 4: Declaration and privacy notice

In this section, you must sign your form.

For information about how Scotland's Redress Scheme will record and protect your personal information, please read the Privacy Notice for Scotland's Redress Scheme. You can find this on mygov.scot/redress.

Before you send your application you must agree to these statements:

I confirm that the details and information I have given in this application form are true and accurate to the best of my knowledge and belief.

I understand that I must notify Scotland's Redress Scheme of changes in my circumstances that may affect my application.

I confirm that if any of the information I gave in Part 1, Section 8 (related to previous payments and convictions) changes, I must let my case worker know.


I confirm that any documents I have provided in support of my application are genuine and any copy is a true copy of the original. I understand that if I provide a document which is not genuine, I may be subject to court proceedings.

I understand that if I give false or misleading information in support of my application or make a fraudulent application I may:

- be subject to court proceedings
- have to re-pay any money I was not entitled to

I confirm I have read and understood the Privacy Notice for Scotland's Redress Scheme which explains how the information I provide will be lawfully used and stored.

Your signature


Date

Application
form
Part 3

Next steps

This is the end of Part 3. You do not need to submit your forms all at once. Once you are ready, you can submit your forms by email.

Afterwards, a case worker will contact you to confirm:

- they have received your application
- if they have any follow up questions
- next steps

By email

Please submit your application and any relevant documents to:

apply@redress-scheme.scot

If you would like to contact a case worker

Please use these details to contact a case worker:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm
(except Scottish public holidays)
- **Email:** apply@redress-scheme.scot

Certificate of Authenticity

Document Details

Document ID: c88b3fb1-295f-4639-bd6e-a1a8c5a4810e
External Ref: 31a8639d-cc32-4a46-b9c2-ab7fc38ff5bd
Signer Email: garyscrimshaw@gmail.com
Signer IP: 90.204.130.161
Timestamp: 2026-03-03 17:59:34

Audit Trail

Event	Date/Time	IP Address	User Agent (Short)
CREATED	2026-03-03 17:58:58	System	
VIEWED	2026-03-03 17:59:03	74.125.208.44	Mozilla/5.0 (X11; Linux x
SIGNED	2026-03-03 17:59:33	90.204.130.161	Mozilla/5.0 (Linux; Andro

Security Hash

786b3f27c252a70357388e16ded6453116b5781b67e55997c89d3a7551c36876

This hash ensures the integrity of the signing metadata.