Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Proposed Outcome	Enable Leon to reach his optimum physical health and maintain his skin integrity.
Update	Last dermatology review was 26/2/25 via telephone, prescribed betnovate cream. Further follow up due in 2 weeks time, considering increasing Methotrexate. The hope is that Dermatology will accommodate Cupar based appointments going forward. Leon is certain that he is maintaining adequate personal hygiene (3-4 baths a week) and applying prescribed creams, however, support staff query full compliance with this treatment. Leon has been attending all other medical appointments and has a Diabetic review coming up but unsure of the date, he has a letter. Recent flare up of Asthma, is currently using 2 different inhalers. Has been advised to contact 999 should he experience a further flare up that is causing significant breathing difficulties. Recent blood results indicated infection markers, Dr Olley has requested repeat FBC and Bone profile which will be checked at next Clozapine clinic.

Needs Identified	Social Work Support
Plan of Action	Assess Leon for social work support.
Person Responsible	Michael Ireland SW
Proposed Outcome	Identify needs through annual social work reviews.
Update	Annual review is now due and will be arranged by the Adults East 3 Team in due course - Leon is on the duty SW list for annual review. Michael intends to explore the possibility of organising a deep clean at Leon's house.

Are there any unmet service needs? Yes (●) No ( )

Unmet Needs

It has been identified that a consistent approach needs to be taken by all staff supporting Leon, with an emphasis on promoting his independence and improving his motivation. Graham Lumsden has agreed for Richmond staff to attend an educational session with OT Shona McInnes to develop strategies to work towards this.

What action has been taken to address the need(s)?

CMHN Amanda White will make enquiries with Shona and feedback to Graham.

Client/Patient 

Date 13/03/2025

Care Coordinator Amanda White

Designation Staff Nurse

Date 27/02/2025

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Fife MH CPA Template

Fife Health & Social Care Partnership
Supporting the people of Fife together

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Service MH

Patient Details

Address 3 MAKGILL ROW
SPRINGFIELD
CUPAR
FIFE
KY15 5SA

Tel: 01334 769 473

Partner / Relative

Name Mr George Martin

Address 114 Duke Street
Denny
FK6 6PR

Tel: 01324 310 958

Named Person

Name N/A

Address N/A

Tel: N/A

Relationship N/A

Share Info Yes (●) No ( )

Contacts

Contact Care-Coordinator
Name Amanda White
Address Weston House
West Port
Cupar
KY15 4AN
Tel: 01334 652 163

Invited to meeting Yes (●) No ( )
Attending meeting Yes (●) No ( )

Contact Psychiatrist
Name Dr Christopher Olley
Address Medical Offices
Stratheden Hospital
Cupar
KY15 5RR
Tel: 01334 696 353

Invited to meeting Yes (●) No ( )
Attending meeting Yes (●) No ( )

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Contact	Social Worker	Invited to meeting	Yes	◉	No	○
Name	Michael Ireland	Attending meeting	Yes	◉	No	○
Address	Adults East 3 Team County Buildings St Catherine Street Cupar KY15 4TA					
Tel:	03451 555555 Ext 456825					

Contact	Community Nurse	Invited to meeting	Yes	◉	No	○
Name	Amanda White	Attending meeting	Yes	◉	No	○
Address	Weston House West Port Cupar KY15 4AN					
Tel:	01334 652 163					

Contact	Community Nurse	Invited to meeting	Yes	◉	No	○
Name	Cameron Brougham	Attending meeting	Yes	◉	No	○
Address	Weston House West Port Cupar KY15 4AN					
Tel:	01334 652 163					

Contact	Other	Invited to meeting	Yes	◉	No	○
Name	Graham Lumsden	Attending meeting	Yes	◉	No	○
Address	Senior Support Worker Richmond Fellowship Unit S1, The Granary Coal Road Cupar KY15 5YQ					
Tel:	01334 657 517					

Contact	GP	Invited to meeting	Yes	◉	No	○
Name	Kathryn MacLaren	Attending meeting	Yes	○	No	◉
Address	Bank Street Medical Group Adamson Hospital Bank Street Cupar					

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

KY15 4JN

Tel: 01334 651 201

Basic Information

Crisis/out of hours arrangements

If Leon requires additional support during Mon-Fri 9-5pm, he should contact Weston House on 01334 652 163. If his regular CMHNs are not available and it is an urgent matter, then Leon can access the Duty Worker on 01592 729765.

If Leon requires additional mental health support out with the above hours, he should contact crisis helplines or if necessary, NHS 24.
Samaritans: 116 123; Breathing Space: 0800 838 857; NHS24: 111; Community Police: 101

Date of Risk Assessment: 13/03/2025

Sensory requirements:

Wears spectacles for long and short sighted eyesight - Leon was last tested in January 2024 and has been issued with new glasses.
Attends routine diabetic eye appointments, last had in August 2024.

First Language: English Interpreter required? Yes ○ No ◉

Ethnic Origin: White Scottish

AWIA applies: Yes ○ No ◉

Details:

MHA applies: Yes ○ No ◉ For details see below:

Date of previous CPA review: 27/02/2025

Next CPA review: 28/08/2025

Time: 10:00

Venue: Weston House, Cupar.

Advance Statement: Yes ○ No ◉

Where held:

Admission to/discharge from hospital since last review

Hospital / Ward: No admissions.

Date from:

Date to:

Mental Health

Mental Health (Care and Treatment) (Scotland) Act 2003 Section 76 Details

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

To be completed by the RMO and ONLY to be used when the patient is subject to a Compulsory Treatment Order or a Compulsion Order.

Type of order:

Section No.

Date of order:

Period of next statutory review

Date of last statutory review

Compulsory Measures:

Recorded Matters:

RMO Details:

Progress report:

Progress since last review

Leon continues to attend his appointments within Weston House for Clozapine monitoring and to collect his medication.

Leon has kept his regular engagement with CMHN appointments and is working on identified goals. Since December CMHN Brougham has also become involved with Leon's care provision and the plan is for them to work towards Leon leaving the house more to engage in leisure activities, such as fishing and a music group in Ladybank.

Leon continues to receive an hour of support on a daily basis from Richmond Fellowship.

Leon is no longer allocated a befriender through LINK befriending, this service has been withdrawn due to them not leaving the house for their sessions, which is the expectation of LINK.

A referral has been made, by Social Work, to Crossroads in the hope of matching Leon with a new befriender who shares similar interests with Leon, to encourage activities out with the home environment.

Issues arising/ Areas of concern

Richmond are currently supporting Leon with making the transition from ESA benefit to Universal Credit, this has not been an easy process and is ongoing. They are seeking a letter of support regarding Leon's employment status, Dr Olley has directed them to GP to assist with this in the first instance.

Ongoing issue remains that Leon is rarely leaving his house due to low motivation, anxiety and physical health issues. He will only do so by car or a taxi, which is very limiting for him. Discharged from OT in April 2024 due to lack of readiness to progress towards his goal. Leon could be referred back to this service in the future but needs to display positive changes and a readiness to engage in active work. Leon does identify this as a goal of his and CMHN Brougham is now involved and will be taking forward some graded exposure type work to improve this situation.

Discussion's had about ongoing poor condition of Leon's tenancy, and how this poses environmental risks. Shona McInnes OT has previously offered to do a supportive session for Richmond staff in order to develop strategies and skills to support Leon in this area, CMHN White will follow this up and feedback to Graham Lumsden.
George has suggested the possibility of Leon paying to have a deep clean, which was

discussed and considered to be a valid option, with the expectation that a schedule would be devised in order to keep on top of domestic chores going forward. SW Michael Ireland agreed to look in to this.

Person completing review:	Amanda White
Designation:	Staff Nurse
Date signed	27/02/2025

Needs

Needs Identified	Medical review to assess mental health and review medication.
Plan of Action	Leon continues to receive medical outpatient appointments at Weston House. Leon prefers face to face appointments for this. Leon is and will be supported by Richmond staff to attend all medical reviews.
Person Responsible	Dr Olley and Leon.
Proposed Outcome	Annual medical review and 6 monthly CPA, in the company of Richmond staff.
Update	Last medical review 7/11/24, next one due November 2025. At this review to was agreed that no medication changes were necessary at present.
Needs Identified	Monitoring of mental health
Plan of Action	Therapeutic sessions for ongoing monitoring of mental state and support for Leon's mental wellbeing. Regular 1:1 contact with CMHN, either face to face at home/Weston or via telephone. Frequency of contact to be agreed upon by CMHN and Leon, depending on his needs at the time.
Person Responsible	CMHN Amanda White, CMHN Cameron Brougham and Leon.
Proposed Outcome	Reduce risk of relapse of mental health, support Leon in reaching his optimum level of mental health and wellbeing.
Update	Leon does contact Weston between scheduled appointments if he requires additional support, this has been noted to have lessened in frequency since last CPA. CMHNs continue to support Leon with reducing anxiety levels, working collaboratively to develop techniques for this. There are plans for CMHN Brougham to work with Leon on some graded exposure in order to attend leisure activities. Leon has chosen to do fishing

	in the first instance, but is also hoping to work towards attending a music group in Ladybank too.
Needs Identified	Clozapine monitoring.
Plan of Action	Leon to attend Weston every 4 weeks for blood monitoring, medication collection and physical healthcare checks in accordance with the guidelines for Clozapine monitoring.
Person Responsible	CMHN Amanda White, CMHN Cameron Brougham and Leon.
Proposed Outcome	Follow Clozapine care plan and monitor for side effects of Clozapine.
Update	Leon has been attending all necessary Clozapine related appointments, he is fully compliant with his Clozapine care plan.
Needs Identified	Housing support
Plan of Action	Richmond Fellowship provide 8 hrs per week to support Leon with: Budgeting, cleaning, cooking, shopping and attending appointments. Encourage and support Leon to go out for short walks and to work on his graded exposure plan as much as possible, to reach the goal of using public transport once more. Support workers to use key from key box (back door) when unable to access the house in an emergency situation.
Person Responsible	Richmond Fellowship Support Workers and Leon.
Proposed Outcome	Assist Leon in maintaining his tenancy and giving support in the community to aid mental health, enabling Leon to achieve going out independently.
Update	Ongoing issues remain, in regards to the untidy condition of Leon's house. Sessions tend to mostly consist of sitting and talking with Leon, due to lack of social contact. Discussions had at CPA today of using the allocated time to support Leon to establish a domestic schedule and to encourage him to keep to it as far as possible. Whilst also recognising the progress that Leon has made already. Richmond have also been supporting Leon to sort out his benefits as previously mentioned. Graham remains open to a supportive session for Richmond staff from OT as previously mentioned, CMHN will look in to this.
Needs Identified	Physical Health Needs. Atopic Dermatitis - prescribed Methotrexate. Diabetes Mellitus Type 2 Asthma
Plan of Action	Leon to contact GP for any issues with his physical health. Blood monitoring at Weston 3 monthly for FBC, U&Es and LFTs due to Methotrexate prescription. Medical staff will monitor blood results and liaise with Dermatology Consultant via GP.
Person Responsible	GP, Dr Olley, CMHN Amanda White and Leon.

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Proposed Outcome	Enable Leon to reach his optimum physical health and maintain his skin integrity.
Update	Last dermatology review was 26/2/25 via telephone, prescribed betnovate cream. Further follow up due in 2 weeks time, considering increasing Methotrexate. The hope is that Dermatology will accommodate Cupar based appointments going forward. Leon is certain that he is maintaining adequate personal hygiene (3-4 baths a week) and applying prescribed creams, however, support staff query full compliance with this treatment. Leon has been attending all other medical appointments and has a Diabetic review coming up but unsure of the date, he has a letter. Recent flare up of Asthma, is currently using 2 different inhalers. Has been advised to contact 999 should he experience a further flare up that is causing significant breathing difficulties. Recent blood results indicated infection markers, Dr Olley has requested repeat FBC and Bone profile which will be checked at next Clozapine clinic.

Needs Identified	Social Work Support
Plan of Action	Assess Leon for social work support.
Person Responsible	Michael Ireland SW
Proposed Outcome	Identify needs through annual social work reviews.
Update	Annual review is now due and will be arranged by the Adults East 3 Team in due course - Leon is on the duty SW list for annual review. Michael intends to explore the possibility of organising a deep clean at Leon's house.

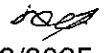
Are there any unmet service needs? Yes (●) No ( )

Unmet Needs

It has been identified that a consistent approach needs to be taken by all staff supporting Leon, with an emphasis on promoting his independence and improving his motivation. Graham Lumsden has agreed for Richmond staff to attend an educational session with OT Shona McInnes to develop strategies to work towards this.

What action has been taken to address the need(s)?

CMHN Amanda White will make enquiries with Shona and feedback to Graham.

Client/Patient 

Date 13/03/2025

Care Coordinator Amanda White

Designation Staff Nurse

Date 27/02/2025

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Fife MH CPA Template

Fife Health & Social Care Partnership
Supporting the people of Fife together

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Service MH

Patient Details

Address 3 MAKGILL ROW
SPRINGFIELD
CUPAR
FIFE
KY15 5SA

Tel: 01334 769473

Partner / Relative

Name Mr George Martin (Step Father)

Address 114 Duke Street
Denny
FK6 6PR

Tel: 01324 310958

Named Person

Name

Address

Tel:

Relationship

Share Info Yes ◉ No ○

Contacts

Contact Care-Coordinator
Name Amanda White
Address Weston House
Westport
Cupar
KY15 4AN
Tel: 01334 652163

Invited to meeting Yes ◉ No ○
Attending meeting Yes ◉ No ○

Contact Psychiatrist
Name Dr Olley
Address Medical Offices
Stratheden Hospital
CUPAR
Fife
KY15 5RR
Tel: 01334 696353

Invited to meeting Yes ◉ No ○
Attending meeting Yes ◉ No ○

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Contact	Social Worker	Invited to meeting	Yes	◉	No	○
Name	Michael Ireland	Attending meeting	Yes	○	No	◉
Address	Adults East 3 Team County Buildings St Catherine Street Cupar KY15 4TA					
Tel:	03451 555555 Ext 456825					

Contact	Community Nurse	Invited to meeting	Yes	◉	No	○
Name	Amanda White	Attending meeting	Yes	◉	No	○
Address	Weston House West Port Cupar KY15 4AN					
Tel:	01334 652 163					

Contact	GP	Invited to meeting	Yes	◉	No	○
Name	Kathryn MacLaren	Attending meeting	Yes	○	No	◉
Address	Bank Street Medical Group Adamson Hospital Bank Street Cupar KY15 4JN					
Tel:	01334 651 201					

Contact	Other	Invited to meeting	Yes	◉	No	○
Name	Graham Lumsden	Attending meeting	Yes	○	No	◉
Address	Senior Support Worker Richmond Fellowship Unit S1, The Granary Coal Road Cupar KY15 5YQ					
Tel:	01334 657 517					

Basic Information

Crisis/out of hours arrangements

If Leon requires additional support during Mon-Fri 9-5pm, he should contact Weston House on 01334 652 163. If his regular CMHNs are not available and it is an urgent matter, then Leon can access the Duty Worker on 01592 729765.

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

If Leon requires additional mental health support out with the above hours, he should contact crisis helplines or if necessary, NHS 24.
Samaritans: 116 123; Breathing Space: 0800 838 857; NHS24: 111; Community Police: 101

Date of Risk Assessment: 21/08/2025

Sensory requirements:
Wears spectacles for long and short sighted eyesight - Leon was last tested in January 2024 and has been issued with new glasses. Next check up 2026.
Attends annual routine diabetic eye appointments, last had in August 2024. Leon is chasing up his next annual review.

First Language: English Interpreter required? Yes ◯ No ◉

Ethnic Origin: White Scottish

AWIA applies: Yes ◯ No ◉
Details:

MHA applies: Yes ◯ No ◉ For details see below:

Date of previous CPA review: 28/08/2025

Next CPA review: 05/02/2026

Time: 10:00

Venue: Weston House

Advance Statement: Yes ◯ No ◉
Where held:

Admission to/discharge from hospital since last review

Hospital / Ward: No admissions.

Date from:

Date to:

Mental Health

Mental Health (Care and Treatment) (Scotland) Act 2003 Section 76 Details
To be completed by the RMO and ONLY to be used when the patient is subject to a Compulsory Treatment Order or a Compulsion Order.

Type of order: Section No.

Date of order:

Period of next statutory review

Date of last statutory review

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Compulsory Measures:

Recorded Matters:

RMO Details:

Progress report:

Progress since last review

Leon continues to attend his appointments within Weston House for Clozapine monitoring and to collect his medication.
Leon has kept his regular engagement with CMHN appointments and has been working on identified goals with CMHN Brougham. Some progress has been made in regards to Leon going fishing, twice with staff and once on his own but with support with transport. The hope is that there will be further opportunities for this with support from Richmond. It has been suggested that Leon use his own money for paying for a taxi to/from fishing lake.
Leon continues to receive an hour of support on a daily basis from Richmond Fellowship. Leon reports that he is trying hard to keep on top of housework with support.
Leon remains on the waiting list for a befriender through Crossroads, he has recently made enquiries to confirm this.

Issues arising/ Areas of concern

Ongoing issue remains that Leon is rarely leaving his house due to low motivation, anxiety and physical health issues. He will only do so by car or a taxi, which is very limiting for him. Reports that he has not been out at all over the summer. (Apart from a couple of trips to Burger King with Richmond Staff).
Discharged from OT in April 2024 due to lack of readiness to progress towards his goal. Leon could be referred back to this service in the future but needs to display positive changes and a readiness to engage in active work.
Leon does identify this as a goal of his and CMHN Brougham is now involved and will be taking forward some graded exposure type work to improve this situation. This work has been on hold recently due to staff absence.
Discussion's had about ongoing poor condition of Leon's tenancy, and how this poses environmental risks. Previous CPA review highlighted need for a deep clean, which SW Michael Ireland had agreed to look in to. There has been no feedback regarding this and as SW not present at this review CMHN will make contact to follow this up.

Person completing review:	Amanda White
Designation:	Staff Nurse
Date signed	11/09/2025

Needs

Needs Identified	Medical review to assess mental health and review medication.
Plan of Action	Leon continues to receive medical outpatient appointments at Weston House. Leon prefers face to face appointments for this. Leon is and will be supported by Richmond staff to attend all medical reviews.
Person Responsible	Dr Olley and Leon.
Proposed Outcome	Annual medical review and 6 monthly CPA, in the company of Richmond staff.

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Update	At review Leon reports struggling with dark thoughts and voices in the evening time, this is a long standing issue that is thought to be anxiety related rather than a side effect of Clozapine. Next medical review is 06/11/25 at 1pm.
Needs Identified	Monitoring of mental health
Plan of Action	Therapeutic sessions for ongoing monitoring of mental state and support for Leon's mental wellbeing. Regular 1:1 contact with CMHN, either face to face at home/Weston or via telephone. Frequency of contact to be agreed upon by CMHN and Leon, depending on his needs at the time.
Person Responsible	CMHN Amanda White, CMHN Cameron Brougham and Leon.
Proposed Outcome	Reduce risk of relapse of mental health, support Leon in reaching his optimum level of mental health and wellbeing.
Update	Leon does contact Weston between scheduled appointments if he requires additional support, this has been noted to have lessened in frequency since last CPA. CMHNs continue to support Leon with reducing anxiety levels, working collaboratively to develop techniques for this. CMHN Brougham has supported Leon in engaging with leisure activities, however, sessions have stopped due to staff absence. CMHN White and Leon to consider input required going forward.
Needs Identified	Clozapine monitoring
Plan of Action	Leon to attend Weston every 4 weeks for blood monitoring, medication collection and physical healthcare checks in accordance with the guidelines for Clozapine monitoring.
Person Responsible	CMHNs White and Brougham and Leon.
Proposed Outcome	Follow Clozapine care plan and monitor for side effects of Clozapine.
Update	Leon has been attending all necessary Clozapine related appointments, he is fully compliant with his Clozapine care plan.
Needs Identified	Housing support
Plan of Action	Richmond Fellowship provide 8 hrs per week to support Leon with: Budgeting, cleaning, cooking, shopping and attending appointments. Encourage and support Leon to go out for short walks and to work on his graded exposure plan as much as possible, to reach the goal of using public transport once more. Support workers to use key from key box (back door) when unable to access the house in an emergency situation.
Person Responsible	Richmond Fellowship Support Workers and Leon.
Proposed Outcome	Assist Leon in maintaining his tenancy and giving support in the community

	to aid mental health, enabling Leon to achieve going out independently.
Update	No update from Richmond at this CPA review. Leon's house remains unkempt. CMHN to discuss this ongoing issue with Graham Lumsden about the condition of Leon's house and the nature of the sessions with Richmond Support Workers.
Needs Identified	Physical Health Needs. Atopic Dermatitis - prescribed Methotrexate. Diabetes Mellitus Type 2 Asthma
Plan of Action	Leon to contact GP for any issues with his physical health. Blood monitoring at Weston 3 monthly for FBC, U&Es and LFTs due to Methotrexate prescription. Medical staff will monitor blood results and liaise with Dermatology Consultant via GP.
Person Responsible	GP, Dr Olley, CMHN Amanda White and Leon.
Proposed Outcome	Enable Leon to reach his optimum physical health and maintain his skin integrity.
Update	Dermatology - last had a telephone review on 25/07/25 with no change to his treatment plan. Expectation is that review in October will be face to face. Leon maintains that he is having frequent baths (approx. 5 times a week). Diabetes - Leon has an upcoming annual diabetic review which he intends to chase up as unsure of the date. Asthma - Currently using 2 different inhalers, reporting no recent flare ups of Asthma and knows to contact 999 if experiencing severe breathing difficulties. 2 days after CPA review, Leon contacted ambulance services due to breathing difficulties and was admitted to VHK where he was treated for sepsis secondary to pneumonia. Successfully treated and discharged home.
Needs Identified	Social Work Support
Plan of Action	Assess Leon for social work support.
Person Responsible	Michael Ireland SW
Proposed Outcome	Identify needs through annual social work reviews.
Update	Leon is on the duty SW list for annual review. Annual review is over due. Michael Ireland intends to explore the possibility of organising a deep clean at Leon's house - no update since CPA in February about this.

Are there any unmet service needs? Yes ◉ No ○

Unmet Needs

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Condition of Leon's house remains poor. Nature of the sessions with Richmond staff are inconsistent depending on the staff on duty.
No feedback regarding annual social work review or the possibility of a deep clean.

What action has been taken to address the need(s)?

Email sent to Senior Support Worker Graham Lumsden to explore this further.
Email sent to Social Work regarding annual review for Leon.

Client/Patient
Date 11/09/2025

Care Coordinator Amanda White
Designation Staff Nurse
Date 11/09/2025

Fife MH CPA Template

Fife Health & Social Care Partnership
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Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Service MH

Patient Details

Address 3 MAKGILL ROW
SPRINGFIELD
CUPAR
FIFE
KY15 5SA

Tel: 01334 769473

Partner / Relative

Name Mr George Martin (Step Father)

Address 114 Duke Street
Denny
FK6 6PR

Tel: 01324 310958

Named Person

Name

Address

Tel:

Relationship

Share Info Yes ◉ No ○

Contacts

Contact Care-Coordinator
Name Amanda White
Address Weston House
Westport
Cupar
KY15 4AN
Tel: 01334 652163

Invited to meeting Yes ◉ No ○
Attending meeting Yes ◉ No ○

Contact Psychiatrist
Name Dr Olley
Address Medical Offices
Stratheden Hospital
CUPAR
Fife
KY15 5RR
Tel: 01334 696353

Invited to meeting Yes ◉ No ○
Attending meeting Yes ◉ No ○

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Contact	Social Worker	Invited to meeting	Yes	◉	No	○
Name	Michael Ireland	Attending meeting	Yes	○	No	◉
Address	Adults East 3 Team County Buildings St Catherine Street Cupar KY15 4TA					
Tel:	03451 555555 Ext 456825					

Contact	Community Nurse	Invited to meeting	Yes	◉	No	○
Name	Amanda White	Attending meeting	Yes	◉	No	○
Address	Weston House West Port Cupar KY15 4AN					
Tel:	01334 652 163					

Contact	GP	Invited to meeting	Yes	◉	No	○
Name	Kathryn MacLaren	Attending meeting	Yes	○	No	◉
Address	Bank Street Medical Group Adamson Hospital Bank Street Cupar KY15 4JN					
Tel:	01334 651 201					

Contact	Other	Invited to meeting	Yes	◉	No	○
Name	Graham Lumsden	Attending meeting	Yes	○	No	◉
Address	Senior Support Worker Richmond Fellowship Unit S1, The Granary Coal Road Cupar KY15 5YQ					
Tel:	01334 657 517					

Basic Information

Crisis/out of hours arrangements

If Leon requires additional support during Mon-Fri 9-5pm, he should contact Weston House on 01334 652 163. If his regular CMHNs are not available and it is an urgent matter, then Leon can access the Duty Worker on 01592 729765.

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

If Leon requires additional mental health support out with the above hours, he should contact crisis helplines or if necessary, NHS 24.
Samaritans: 116 123; Breathing Space: 0800 838 857; NHS24: 111; Community Police: 101

Date of Risk Assessment: 21/08/2025

Sensory requirements:
Wears spectacles for long and short sighted eyesight - Leon was last tested in January 2024 and has been issued with new glasses. Next check up 2026.
Attends annual routine diabetic eye appointments, last had in August 2024. Leon is chasing up his next annual review.

First Language: English Interpreter required? Yes ○ No ◉

Ethnic Origin: White Scottish

AWIA applies: Yes ○ No ◉
Details:

MHA applies: Yes ○ No ◉ For details see below:

Date of previous CPA review: 28/08/2025

Next CPA review: 05/02/2026

Time: 10:00

Venue: Weston House

Advance Statement: Yes ○ No ◉
Where held:

Admission to/discharge from hospital since last review

Hospital / Ward: No admissions.

Date from:

Date to:

Mental Health

Mental Health (Care and Treatment) (Scotland) Act 2003 Section 76 Details
To be completed by the RMO and ONLY to be used when the patient is subject to a Compulsory Treatment Order or a Compulsion Order.

Type of order: Section No.

Date of order:

Period of next statutory review

Date of last statutory review

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Compulsory Measures:

Recorded Matters:

RMO Details:

Progress report:

Progress since last review

Leon continues to attend his appointments within Weston House for Clozapine monitoring and to collect his medication.
Leon has kept his regular engagement with CMHN appointments and has been working on identified goals with CMHN Brougham. Some progress has been made in regards to Leon going fishing, twice with staff and once on his own but with support with transport. The hope is that there will be further opportunities for this with support from Richmond. It has been suggested that Leon use his own money for paying for a taxi to/from fishing lake.
Leon continues to receive an hour of support on a daily basis from Richmond Fellowship. Leon reports that he is trying hard to keep on top of housework with support.
Leon remains on the waiting list for a befriender through Crossroads, he has recently made enquiries to confirm this.

Issues arising/ Areas of concern

Ongoing issue remains that Leon is rarely leaving his house due to low motivation, anxiety and physical health issues. He will only do so by car or a taxi, which is very limiting for him. Reports that he has not been out at all over the summer. (Apart from a couple of trips to Burger King with Richmond Staff).
Discharged from OT in April 2024 due to lack of readiness to progress towards his goal. Leon could be referred back to this service in the future but needs to display positive changes and a readiness to engage in active work.
Leon does identify this as a goal of his and CMHN Brougham is now involved and will be taking forward some graded exposure type work to improve this situation. This work has been on hold recently due to staff absence.
Discussion's had about ongoing poor condition of Leon's tenancy, and how this poses environmental risks. Previous CPA review highlighted need for a deep clean, which SW Michael Ireland had agreed to look in to. There has been no feedback regarding this and as SW not present at this review CMHN will make contact to follow this up.

Person completing review:	Amanda White
Designation:	Staff Nurse
Date signed	11/09/2025

Needs

Needs Identified	Medical review to assess mental health and review medication.
Plan of Action	Leon continues to receive medical outpatient appointments at Weston House. Leon prefers face to face appointments for this. Leon is and will be supported by Richmond staff to attend all medical reviews.
Person Responsible	Dr Olley and Leon.
Proposed Outcome	Annual medical review and 6 monthly CPA, in the company of Richmond staff.

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Update	At review Leon reports struggling with dark thoughts and voices in the evening time, this is a long standing issue that is thought to be anxiety related rather than a side effect of Clozapine. Next medical review is 06/11/25 at 1pm.
Needs Identified	Monitoring of mental health
Plan of Action	Therapeutic sessions for ongoing monitoring of mental state and support for Leon's mental wellbeing. Regular 1:1 contact with CMHN, either face to face at home/Weston or via telephone. Frequency of contact to be agreed upon by CMHN and Leon, depending on his needs at the time.
Person Responsible	CMHN Amanda White, CMHN Cameron Brougham and Leon.
Proposed Outcome	Reduce risk of relapse of mental health, support Leon in reaching his optimum level of mental health and wellbeing.
Update	Leon does contact Weston between scheduled appointments if he requires additional support, this has been noted to have lessened in frequency since last CPA. CMHNs continue to support Leon with reducing anxiety levels, working collaboratively to develop techniques for this. CMHN Brougham has supported Leon in engaging with leisure activities, however, sessions have stopped due to staff absence. CMHN White and Leon to consider input required going forward.
Needs Identified	Clozapine monitoring
Plan of Action	Leon to attend Weston every 4 weeks for blood monitoring, medication collection and physical healthcare checks in accordance with the guidelines for Clozapine monitoring.
Person Responsible	CMHNs White and Brougham and Leon.
Proposed Outcome	Follow Clozapine care plan and monitor for side effects of Clozapine.
Update	Leon has been attending all necessary Clozapine related appointments, he is fully compliant with his Clozapine care plan.
Needs Identified	Housing support
Plan of Action	Richmond Fellowship provide 8 hrs per week to support Leon with: Budgeting, cleaning, cooking, shopping and attending appointments. Encourage and support Leon to go out for short walks and to work on his graded exposure plan as much as possible, to reach the goal of using public transport once more. Support workers to use key from key box (back door) when unable to access the house in an emergency situation.
Person Responsible	Richmond Fellowship Support Workers and Leon.
Proposed Outcome	Assist Leon in maintaining his tenancy and giving support in the community

	to aid mental health, enabling Leon to achieve going out independently.
Update	No update from Richmond at this CPA review. Leon's house remains unkempt. CMHN to discuss this ongoing issue with Graham Lumsden about the condition of Leon's house and the nature of the sessions with Richmond Support Workers.
Needs Identified	Physical Health Needs. Atopic Dermatitis - prescribed Methotrexate. Diabetes Mellitus Type 2 Asthma
Plan of Action	Leon to contact GP for any issues with his physical health. Blood monitoring at Weston 3 monthly for FBC, U&Es and LFTs due to Methotrexate prescription. Medical staff will monitor blood results and liaise with Dermatology Consultant via GP.
Person Responsible	GP, Dr Olley, CMHN Amanda White and Leon.
Proposed Outcome	Enable Leon to reach his optimum physical health and maintain his skin integrity.
Update	Dermatology - last had a telephone review on 25/07/25 with no change to his treatment plan. Expectation is that review in October will be face to face. Leon maintains that he is having frequent baths (approx. 5 times a week). Diabetes - Leon has an upcoming annual diabetic review which he intends to chase up as unsure of the date. Asthma - Currently using 2 different inhalers, reporting no recent flare ups of Asthma and knows to contact 999 if experiencing severe breathing difficulties. 2 days after CPA review, Leon contacted ambulance services due to breathing difficulties and was admitted to VHK where he was treated for sepsis secondary to pneumonia. Successfully treated and discharged home.
Needs Identified	Social Work Support
Plan of Action	Assess Leon for social work support.
Person Responsible	Michael Ireland SW
Proposed Outcome	Identify needs through annual social work reviews.
Update	Leon is on the duty SW list for annual review. Annual review is over due. Michael Ireland intends to explore the possibility of organising a deep clean at Leon's house - no update since CPA in February about this.

Are there any unmet service needs? Yes ◉ No ○

Unmet Needs

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Condition of Leon's house remains poor. Nature of the sessions with Richmond staff are inconsistent depending on the staff on duty.
No feedback regarding annual social work review or the possibility of a deep clean.

What action has been taken to address the need(s)?

Email sent to Senior Support Worker Graham Lumsden to explore this further.
Email sent to Social Work regarding annual review for Leon.

Client/Patient
Date 11/09/2025

Care Coordinator Amanda White
Designation Staff Nurse
Date 11/09/2025

Fife MH CPA Template

Fife Health & Social Care Partnership
Supporting the people of Fife together

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Service MH

Patient Details

Address 3 MAKGILL ROW
SPRINGFIELD
CUPAR
FIFE
KY15 5SA

Tel: 01334 769 473

Partner / Relative

Name Mr George Martin (Step-Father)

Address 114 Duke Street
Denny
FK6 6PR

Tel: 01324 310 958

Named Person

Name N/A

Address N/A

Tel: N/A

Relationship N/A

Share Info Yes ◉ No ○

Contacts

Contact Care-Coordinator
Name Amanda White
Address Weston House
West Port
Cupar
KY15 4AN
Tel: 01334 652 163

Invited to meeting Yes ◉ No ○
Attending meeting Yes ◉ No ○

Contact Psychiatrist
Name Dr Christopher Olley
Address Medical Offices
Stratheden Hospital
Cupar
KY15 5RR
Tel: 01334 696 353

Invited to meeting Yes ◉ No ○
Attending meeting Yes ◉ No ○

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Contact	Social Worker	Invited to meeting	Yes	◉	No	○
Name	Sade Aworinde	Attending meeting	Yes	◉	No	○
Address	Adults East 3 Team County Buildings St Catherine Street Cupar KY15 4TA Email: cupar.swadult@fife.gov.uk					
Tel:	03451 555555 Ext. 474402					

Contact	Community Nurse	Invited to meeting	Yes	◉	No	○
Name	Amanda White	Attending meeting	Yes	◉	No	○
Address	Weston House West Port Cupar KY15 4AN					
Tel:	01334 652 163					

Contact	Other	Invited to meeting	Yes	◉	No	○
Name	Graham Lumsden	Attending meeting	Yes	◉	No	○
Address	Senior Support Worker Richmond Fellowship Unit S1, The Granary Coal Road Cupar KY15 5YQ					
Tel:	01334 657 517					

Contact	GP	Invited to meeting	Yes	◉	No	○
Name	Kathryn MacLaren	Attending meeting	Yes	○	No	◉
Address	Bank Street Medical Group Adamson Hospital Bank Street Cupar KY15 4JN					
Tel:	01334 651 201					

Basic Information

Crisis/out of hours arrangements

If Leon requires additional support during Mon-Fri 9-5pm, he should contact Weston House on 01334 652 163.

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

If Leon requires additional mental health support out with the above hours, he should contact crisis helplines or if necessary, NHS 24.
Samaritans: 116 123; Breathing Space: 0800 838 857; NHS24: 111; Community Police: 101

Date of Risk Assessment: 22/08/2024

Sensory requirements:
Wears spectacles for long and short sighted eyesight - Leon was last tested in January 2024 and has been issued with new glasses.
Attends routine diabetic eye appointments, last had in August 2024.

First Language: English Interpreter required? Yes ◯ No ◉

Ethnic Origin: White Scottish

AWIA applies: Yes ◯ No ◉
Details:

MHA applies: Yes ◯ No ◉ For details see below:

Date of previous CPA review: 22/08/2024

Next CPA review: 27/02/2025

Time: 10:00

Venue: Weston House, Cupar

Advance Statement: Yes ◯ No ◉
Where held:

Admission to/discharge from hospital since last review

Hospital / Ward: No admissions.

Date from:

Date to:

Mental Health

Mental Health (Care and Treatment) (Scotland) Act 2003 Section 76 Details
To be completed by the RMO and ONLY to be used when the patient is subject to a Compulsory Treatment Order or a Compulsion Order.

Type of order: N/A Section No. N/A

Date of order:

Period of next statutory review

Date of last statutory review

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Compulsory Measures:
N/A

Recorded Matters:
N/A

RMO Details:

Progress report:

Progress since last review

Leon continues to attend his appointments within Weston House for Clozapine monitoring and to collect his medication.

Leon has kept his regular engagement with CMHN appointments and has been working on identified goals. The frequency of contact at present is 4-6 weekly, face to face or via telephone contact.

Receives an hour of support on a daily basis from Richmond Fellowship.

Leon continues to maintain regular contact with his befriender.

Since last review Leon has had input from OT services, he was discharged from this in April due to a lack of engagement in the work required to move towards his goal of using public transport.

Issues arising/ Areas of concern

Ongoing issue remains that Leon is rarely leaving his house due to poor motivation, anxiety and physical health issues. He will only do so if getting in to someone's car or a taxi, which is very limiting for him. Discharged from OT in April due to lack of readiness to progress towards his goal. Leon could be referred back to this service in the future but needs to display positive changes and a readiness to engage in active work.

Leon is supported by Richmond staff, but there are ongoing concerns around motivating Leon to take more responsibility for his domestic chores. OT Shona McInnes has offered to do a supportive session for Richmond staff to develop strategies and skills in this area.

Ongoing issue remains that the allocation of hours for Leon from Richmond (one hour a day) are limiting in regards to supporting him with socialisation. Leon maintains that despite his difficulties he wants to be able to get out of the house more. Graham Lumsden has said there is scope to adjust the hours when necessary to allow for this.

CMHN and Leon will explore anxiety management strategies in order to work towards his goal of getting out of the house more.

Discussions had around a recent incident whereby Leon spent £1,300 in a day when money that he did not have had accidently become available to him due to a bank error. This money has had to be repaid to the bank from Leon's trust account, which now has severely depleted funds available to him. Leon continues to have difficulty managing his own finances and continues to be fully supported with this by Richmond.

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Person completing review:	Amanda White
Designation:	Staff Nurse
Date signed	02/09/2024

Needs

Needs Identified	Medical review to assess mental health and review medication.
Plan of Action	Leon continues to receive medical outpatient appointments at Weston House. Leon prefers face to face appointments for this. Leon is and will be supported by Richmond staff to attend all medical reviews.
Person Responsible	Dr Olley and Leon.
Proposed Outcome	Annual medical review and 6 monthly CPA, in the company of Richmond staff.
Update	Next annual medical review due in November 2024. At CPA Leon was requesting that Clozapine medication be reduced. Dr Olley will check plasma levels and consider this request. Dr Olley intends to review anti-depressant medication at next review.

Needs Identified	Monitoring of mental health.
Plan of Action	Therapeutic sessions for ongoing monitoring of mental state and support for Leon's mental wellbeing. Regular 1:1 contact with CMHN, either face to face at home/Weston or via telephone. Frequency of contact to be agreed upon by CMHN and Leon, depending on his needs at the time.
Person Responsible	CMHN Amanda White and Leon. CMHN Amanda White and Leon.
Proposed Outcome	Reduce risk of relapse of mental health, support Leon in reaching his optimum level of mental health and wellbeing.
Update	Leon continues to contact Weston House between appointments for additional support when he requires this. CMHN to continue to support Leon with reducing anxiety levels, working collaboratively to develop anxiety management techniques.

Needs Identified	Clozapine monitoring.
Plan of Action	Leon to attend Weston every 4 weeks for blood monitoring, medication collection and physical healthcare checks in accordance with the guidelines for Clozapine monitoring.
Person Responsible	CMHN Amanda White and Leon.
Proposed Outcome	Follow Clozapine care plan and monitor for side effects of Clozapine.

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Update	Leon has been attending all necessary Clozapine related appointments, he is fully compliant with his Clozapine care plan. Leon has recently requested a reduction in Clozapine due to feelings of intense fear that he experiences in the late evening, which he believes to be a side effect. Dr Olley will consider this at next medical review.
Needs Identified	Housing Support
Plan of Action	Richmond Fellowship provide 8 hrs per week to support Leon with: Budgeting, cleaning, cooking, shopping and attending appointments. Encourage and support Leon to go out for short walks and to work on his graded exposure plan as much as possible, to reach the goal of using public transport once more. Support workers to use key from key box (back door) when unable to access the house in an emergency situation.
Person Responsible	Richmond Fellowship and Leon.
Proposed Outcome	Assist Leon in maintaining his tenancy and giving support in the community to aid mental health, enabling Leon to achieve going out independently.
Update	Concerns were raised at CPA review in February regarding the condition of Leon's house being untidy to the extent it posed environmental risks to both Leon and staff attending his house, eg, risk of falling due to clutter on the floor. Graham Lumsden reported today that no improvements have been made in this area and the house remains in an untidy condition. Lengthy discussions had around this at today's CPA. Graham Lumsden has provided an email address for OT Shona McInnes to arrange an education session for Richmond Staff to support Leon in promoting motivation and independence.
Needs Identified	Physical health needs. Prescribed Methotrexate for Atopic Dermatitis. Diabetes Mellitus, type 2. Asthma.
Plan of Action	Leon to contact GP for any issues with his physical health. Blood monitoring at Weston 3 monthly for FBC, U&Es and LFTs due to Methotrexate prescription. Medical staff will monitor blood results and liaise with Dermatology Consultant via GP.
Person Responsible	GP, Dr Olley, CMHN Amanda White and Leon.
Proposed Outcome	Enable Leon to reach his optimum physical health and maintain his skin integrity.
Update	Next dermatology review in September 2024. Skin integrity has been variable over recent months, Leon maintains adequate personal hygiene,

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

	bathing 3-4 times a week and applying all creams as prescribed. Richmond report that they do not think this is the case. Leon attends all his diabetes related health check appointments - no current issues regarding this.
Needs Identified	Social Work Support.
Plan of Action	Assess Leon for social work support.
Person Responsible	Sade Aworinde
Proposed Outcome	Identify needs through annual social work reviews.
Update	Annual review is now due and will be arranged by the Adults East 3 Team in due course. Sade intends to explore community resources that are relevant to Leon's particular areas of interest. (Crossroads have made contact with Leon since the CPA meeting regarding looking in to finding a guitar player befriender for Leon)

Are there any unmet service needs? Yes ◉ No ○

Unmet Needs

It has been identified that a consistent approach needs to be taken by all staff supporting Leon, with an emphasis on promoting his independence and improving his motivation. Graham Lumsden has agreed for Richmond staff to attend an educational session with OT Shona McInnes to develop strategies to work towards this.

What action has been taken to address the need(s)?

Shona has Graham's email address and will contact him directly to arrange this.

Client/Patient [signature]

Date 05/09/2024

Care Coordinator Amanda White

Designation Staff Nurse

Date 02/09/2024

22/06/21
LEON GRATTON
CH1 1703751191

The Warwick-Edinburgh Mental Well-being Scale (WEMWBS)

Below are some statements about feelings and thoughts.

Please tick the box that best describes your experience of each over the last 2 weeks

STATEMENTS	None of the time	Rarely	Some of the time	Often	All of the time
I've been feeling optimistic about the future					✓
I've been feeling useful					✓
I've been feeling relaxed					✓
I've been feeling interested in other people					✓
I've had energy to spare		✓			
I've been dealing with problems well					✓
I've been thinking clearly			✓		
I've been feeling good about myself					✓
I've been feeling close to other people					✓
I've been feeling confident					✓
I've been able to make up my own mind about things			✓		
I've been feeling loved					✓
I've been interested in new things				✓	
I've been feeling cheerful					✓

62

Gratton, Leon
Male
17.03.1975 (49 Years)

Vent. rate	112	bpm
PR interval	142	ms
QRS duration	78	ms
QT/QTc-Baz	334/455	ms
P-R-T axes	21 6 60	

Patient ID: 1703751191
Sinus tachycardia with premature atrial complexes
Otherwise normal ECG

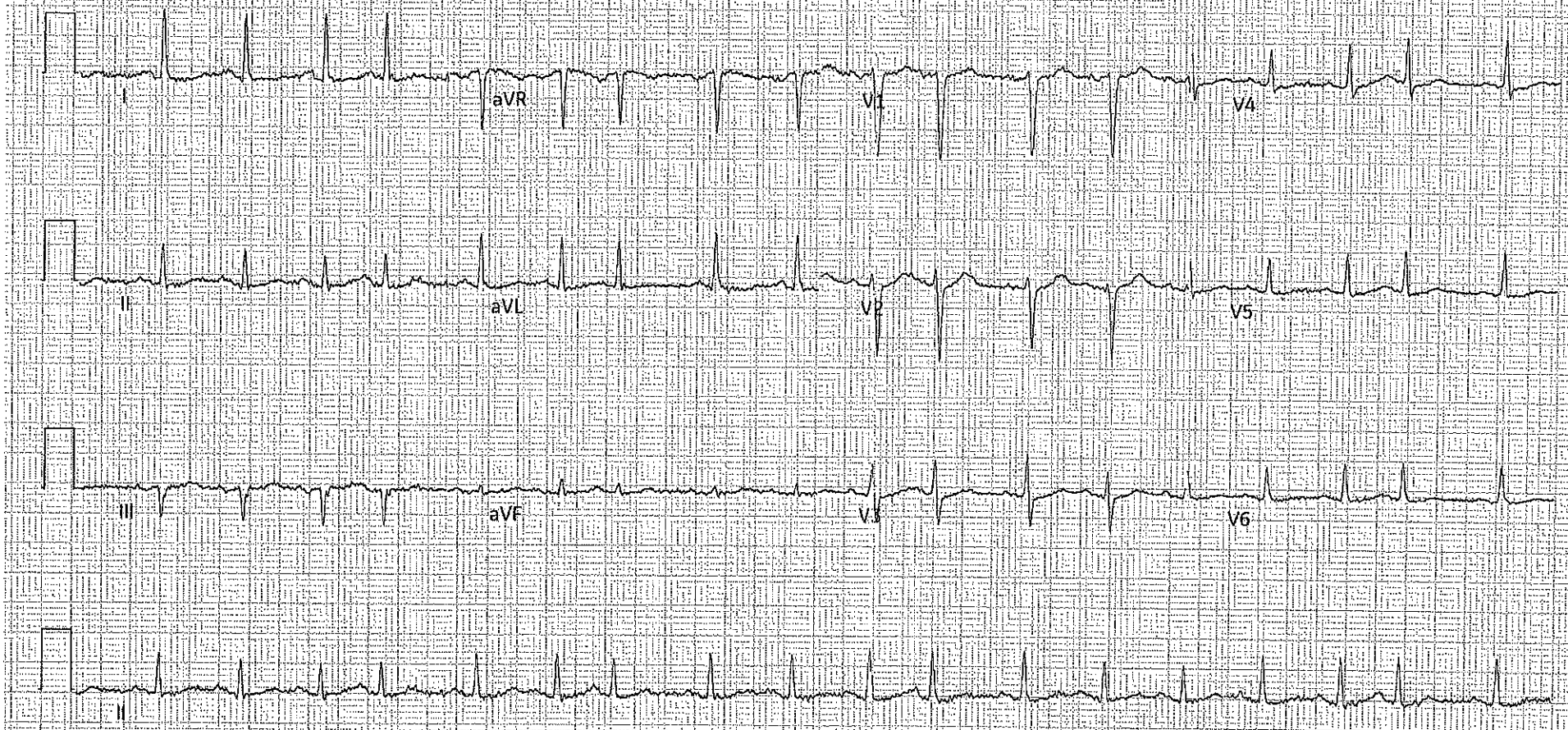
10.12.2024 11:31:43
Weston Day Hospital

Technician ID: l mckenna

location: wrston
comments:

Referred By: Dr olley

Unconfirmed



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Gratton, Leon
Male
17.03.1975 (48 Years)

Vent. rate	121	BPM
PR interval	142	ms
QRS duration	80	ms
QT/QTc-Baz	312/443	ms
P-R-T axes	20 11 87	

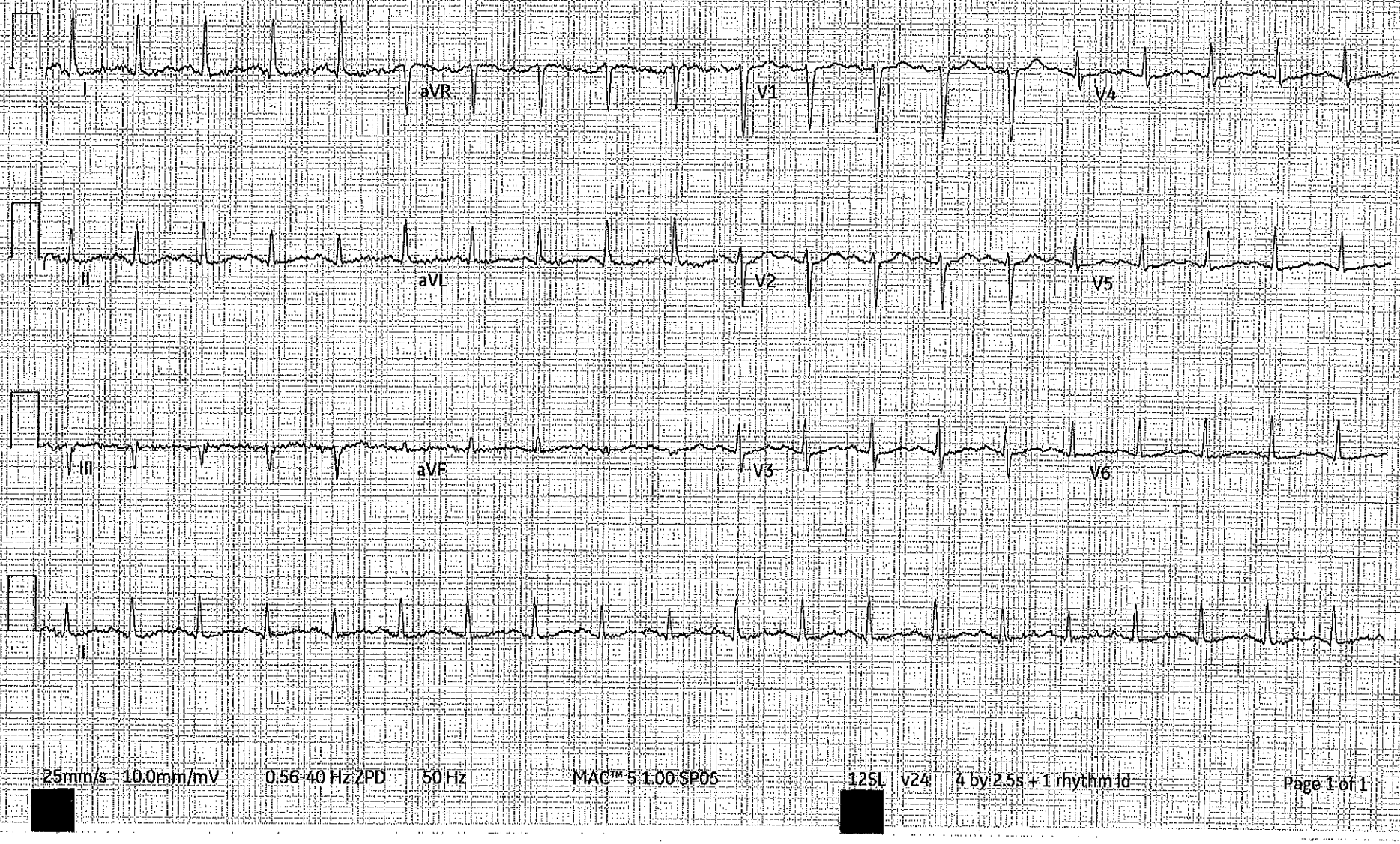
Patient ID: 1703751191
Sinus tachycardia
Otherwise normal ECG

12.12.2023 11:32:00
Weston Day Hospital

Technician ID: E Wilson

location: Weston
comments:

Unconfirmed



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Gratton, Leon
Male
17.03.1975 (50 Years)

Vent. rate	113	BPM
PR interval	134	ms
QRS duration	70	ms
QT/QTc-Baz	308/422	ms
P-R-T axes	45 14 48	

Sinus tachycardia with premature atrial complexes
Low voltage QRS
Borderline ECG

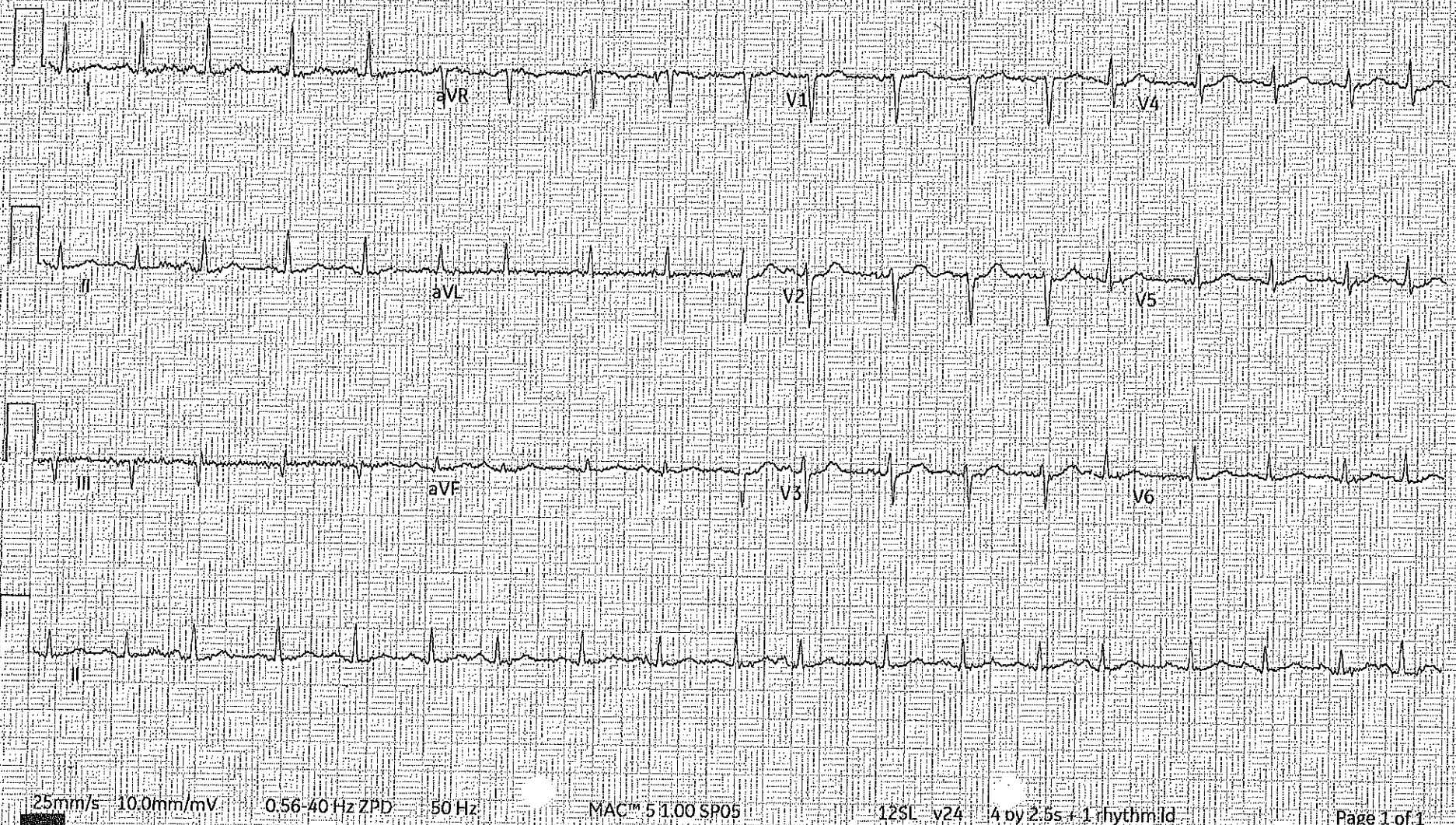
09.12.2025 11:59:12
Weston Day Hospital

Technician ID: C OBrien Hall

location: Weston
comments: annual

Referred By: Dr Olley

Unconfirmed



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Gratton, Leon
Male
17.03.1975 (50 Years)

Vent. rate	113	BPM
PR interval	134	ms
QRS duration	70	ms
QT/QTc-Baz	316/433	ms
P-R-T axes	24 11 49	

Sinus tachycardia with premature atrial complexes
Low voltage QRS
Borderline ECG

09.12.2025 11:59:57
Weston Day Hospital

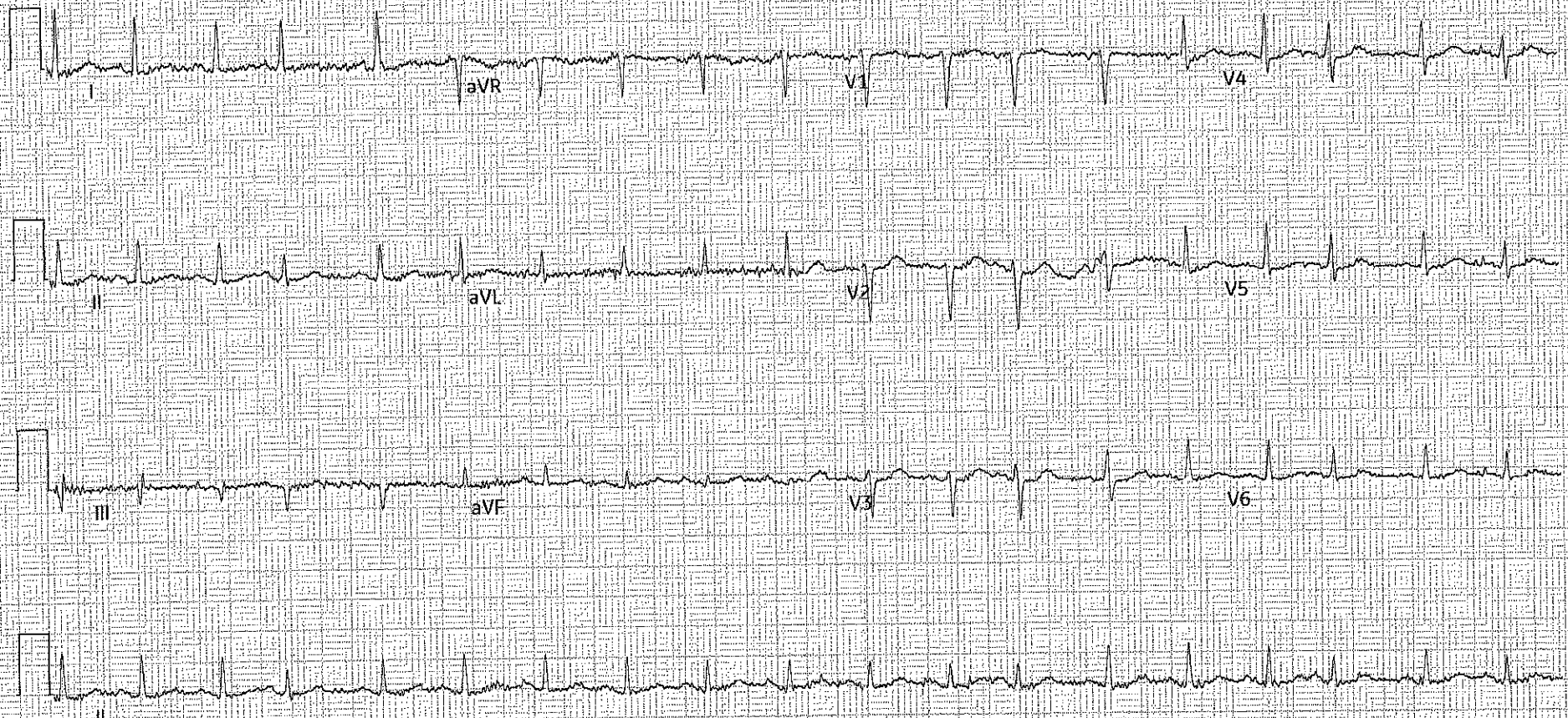
pg 2 of 2

Technician ID: C OBrien Hall

location: Weston
comments: annual

Referred By: Dr Olley

Unconfirmed



25mm/s 10.0mm/mV 0.56-40 Hz ZPD 50 Hz MAC™ 5 1.00 SP05 12SL v24 4 by 2.5s + 1 rhythm Id

Working with Risk

NHS Fife

Name Leon Gratton | CHI 170375 1191

Name	CHI/Social Work Number
Leon Gratton	170375 1191
Address: 3 MakGill Row, Springfield, Cupar, Fife.	Date of Birth: 17/03/75
	Gender: Male
	Post Code: KY15

Information sources

Discussion with Leon when known to mental health services

Assessment date	Review date (minimum of 3-monthly or if inpatient at clinical meeting)
Reviewed and rewritten 08/07/2020	

Continue overleaf to complete details of any identified risk

Working with Risk

NHS Fife

Name Leon Gratton | CHI 170375 1191

❁ WHERE RISK IS UNKNOWN, DETAIL ACTION PLAN INCLUDING REPSONSIBLE PARTIES ❁

REFER TO RISK INDICATORS WHEN COMPLETING

1. Risk from others	Historical (over 6 months)	Current (in last 6 months)
can be vulnerable with another known person to mental health services requesting money.	(Yes)/No/Unknown	(Yes)/No/Unknown
Action plan 1) Leon to report any incidences to Richmond fellowship staff, CPN or Weston.	**Responsible parties** Leon	

2. Risk to self	Historical (over 6 months)	Current (in last 6 months)
Took an overdose 11 + 1/years ago.	(Yes)/No/Unknown	Yes/(No)/Unknown
Action plan 1) monitor mental health 2) Has crisis phone numbers	**Responsible parties** CPN weston staff. Leon	

3. Risk to others (Name any specific persons, including staff members)	Historical (over 6 months)	Current (in last 6 months)
Aggressive towards mother when mentally unwell and taking illicit substances. 29 years ago.	(Yes)/No/Unknown	Yes/(No)/Unknown
Action plan 1) monitor mental health	**Responsible parties** CPN. weston staff.	

Working with Risk

NHS Fife

Name	Leon Cratton	CHI	1703751191

4. Risk to children (Name any specific persons, including staff members)	Historical (over 6 months)	Current (in last 6 months)
	Yes/No/Unknown	Yes/No/Unknown
Action plan	**Responsible parties**	

5. Risk from physical and/or cognitive impairment Prescribed Clozapine Atopic dermatitis Obese Tachycardia	Historical (over 6 months)	Current (in last 6 months)
	Yes/No/Unknown	Yes/No/Unknown
Action plan 1) Attend GP for physical health. 2) Physical health care as per clozapine policy.	**Responsible parties** Leon GP or other ward staff.	

6. Risks associated with engagement with services Has forgotten appointments in the past other wise engages well.	Historical (over 6 months)	Current (in last 6 months)
	Yes/No/Unknown	Yes/No/Unknown
Action plan 1) MHS Martin reviews copies of appointment times. 2) Remind Leon of appointments.	**Responsible parties** Leon MHS Martin CPN Ward staff	

Working with Risk

NHS Fife

Name	Leon Carlton	CHI	1	7	0	3	7	5	1	1	9	1

7. Risk from drug and/or alcohol abuse Historical drug and alcohol Abuse	Historical (over 6 months) (Yes)/No/Unknown	Current (in last 6 months) (Yes)/No/Unknown
Action plan 1) observe for signs of alcohol or drug abuse	**Responsible parties** CPN weston staff	

8. Environmental risk in the past when unwell and taking illicit drugs and alcohol	Historical (over 6 months) (Yes)/No/Unknown	Current (in last 6 months) (Yes)/No/Unknown
Action plan 1) monitor mental health	**Responsible parties** CPN weston staff	

9. Potential for positive risk taking Engages well with mental health service compliant with medication	Historical (over 6 months) Yes/No/Unknown	Current (in last 6 months) (Yes)/No/Unknown
Action will make contact if any worries or concerns		

Working with Risk

NHS Fife

Name	CHI
Leon Gallon	170375119 1

Forensic history
Nil

Client involved?	Yes/No	Carer involved?	Yes/No
Client agreed?	Yes/No	Carer agreed?	Yes/No
If no, please give details			
Discussed/shared with other agencies? (please specify)			

Is there a need for a more detailed assessment?	Yes/No	If YES, detail actions including responsible parties
Actions	Responsible parties	

Where the assessment is not complete	What actions have you taken to ensure completion within the required timescales?
Actions	Responsible parties

Working with Risk

NHS Fife

Name	Leon Gaston	CHI	170375 1191

Consent has been given to share this information	yes/no

Distribution List (copies sent to, for example):			
GP	yes/no		yes/no
Social Worker	yes/no		yes/no
MHO	yes/no		yes/no
Housing	yes/no		yes/no

Patient:		
Print Name	Signed	Date/Time

Staff			
Print Name	Signed	Designation	Date/Time
T. HEATHER	T. Heather	S/N	02/07/2020

Working with Risk

NHS Fife

Name Leon Cratton CHI 170375 1191

Notes

08/07/2020 - reviewed and rewritten. s/N Heather s/N HEATHER

30/12/2020 - reviewed. No further risks identified. mental health has been stable since last review s/N Heather s/N HEATHER

Leon Gaunton
DOB 1-7-1937 (87)

Vent. rate	117	BPM
PR interval	148	ms
QRS duration	78	ms
QT/QTc-Baz	322/449	ms
P-R-T axes	18 12	36

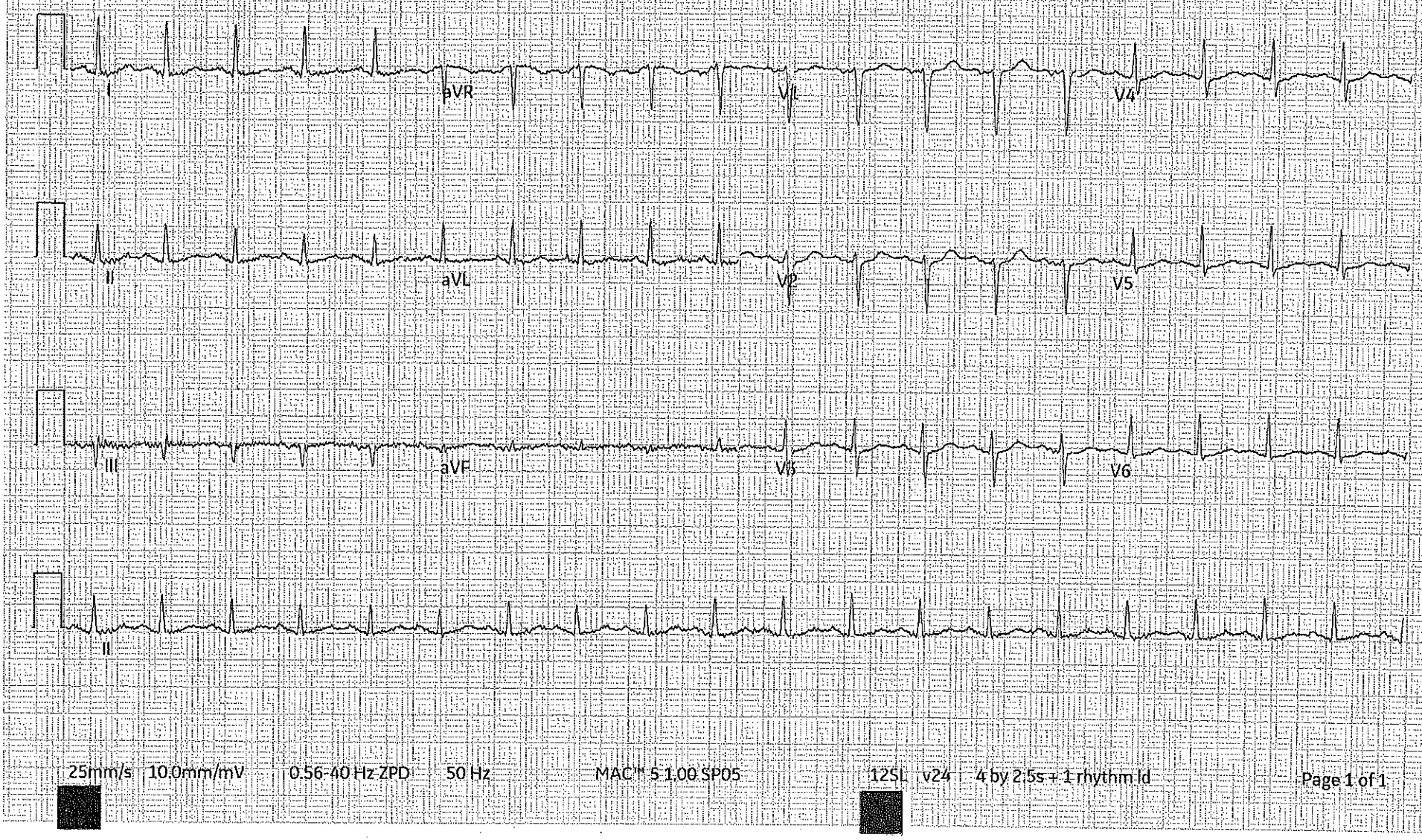
Sinus tachycardia
Otherwise normal ECG

07.01.2025 11:41:04
Weston Day Hospital

location:
comments:

DR OLLEY
WESTON

Unconfirmed



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NHS Fife

Fife MH Clozapine 6-Monthly Monitoring Form

Fife Health & Social Care Partnership
Supporting the people of Fife together

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

(Complete this form 6-months after last annual monitoring review)

Ward/ DH: Weston

FBC monitoring frequency: ◯ Weekly ◯ Fortnightly ● Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	**Result**		**Issues**
FBC available & green	☑		
Blood pressure	136/96	mmHg	
Pulse	107	bpm	
Height	188.00	cm	
Weight	134.20	kg	
BMI	38.00		
Waist circumference		cm	

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☑
Changes to medicines	☑
Pregnancy/ Contraception	☑

Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	++ moderate
Excess salivation	+ mild
Bed wetting/ nocturnal enuresis	- no side effect
Nausea/Vomiting	+ mild
Blurred vision	- no side effect

Biochemistry	Taken
Fasting plasma glucose	☑
Fasting Lipids TC/HDL	☑

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Patient Progress/ Review:

Leon continues his with his Clozapine medication regime. Attends for four weekly bloods. Mild to moderate side effects noted. Leon noted to be well at present ,Leon stating he has been keeping well, offers no further complaints.

Name: Eleanor Wilson Date: 22/06/2021

Designation: Support Worker

NHS Fife

Fife MH Clozapine 6-Monthly Monitoring Form

Fife Health & Social Care Partnership
Supporting the people of Fife together

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

(Complete this form 6-months after last annual monitoring review)

Ward/ DH: NEF/CMHT

FBC monitoring frequency: ○ Weekly ○ Fortnightly ● Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	**Result**		**Issues**
FBC available & green	☑		
Blood pressure	173/79	mmHg	
Pulse	108	bpm	
Height	188.00	cm	
Weight		kg	refused to have weight taken
BMI			
Waist circumference		cm	refused to have waist measurement taken

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☐
Changes to medicines	☐
Pregnancy/ Contraception	☐

Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	- no side effect
Excess salivation	- no side effect
Bed wetting/ nocturnal enuresis	- no side effect
Nausea/Vomiting	- no side effect
Blurred vision	- no side effect

Biochemistry	Taken
Fasting plasma glucose	☑

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Fasting Lipids TC/HDL ☑

Patient Progress/ Review:

GASS completed, score 10 mild side-effects

Name: Amanda Murdoch Date: 12/12/2023

Designation: Community Mental Health Nurse

Ward/ DH:

FBC monitoring frequency: ◯ Weekly ◯ Fortnightly ◉ Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	**Result**		**Issues**
FBC available & green	☑		
Blood pressure	133/93	mmHg	standing: 139/79
Pulse	112	bpm	
Height	188.00	cm	
Weight	132.80	kg	
BMI	38.00		
Waist circumference	129.54	cm	

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☑
Changes to medicines	☑
Pregnancy/ Contraception	☐

Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	- no side effect
Excess salivation	- no side effect
Bed wetting/ nocturnal enuresis	- no side effect
Nausea/Vomiting	- no side effect
Blurred vision	- no side effect

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Biochemistry	Taken
Fasting plasma glucose	☑
Fasting Lipids TC/HDL	☑

Patient Progress/ Review:

No concerns to note

Name: Clare O'Brien Date: 06/12/2022

Designation: Health Care Support Worker

Ward/ DH: NEF CMHT WESTON

FBC monitoring frequency: ○ Weekly ○ Fortnightly ● Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	**Result**		**Issues**
FBC available & green	☑		
Blood pressure	122/99	mmHg	
Pulse	126	bpm	
Height	188.00	cm	
Weight		kg	
BMI			
Waist circumference		cm	

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☑
Changes to medicines	☑
Pregnancy/ Contraception	☐

Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	
Excess salivation	
Bed wetting/ nocturnal enuresis	

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Nausea/Vomiting

Blurred vision

Biochemistry	Taken
Fasting plasma glucose	☐
Fasting Lipids TC/HDL	☐

Patient Progress/ Review:

SP02 98%
Temp 36.5

Lewis did not want to have his weight or waist measurement taken this morning due to feeling too anxious.

Name: Eleanor Wilson Date: 16/08/2022

Designation: Support Worker

Ward/ DH: NEF CMHT

FBC monitoring frequency: ◯ Weekly ◯ Fortnightly ● Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	**Result**	**Issues**
FBC available & green	☐	
Blood pressure	130/82	mmHg
Pulse	122	bpm
Height	188.00	cm
Weight	135.00	kg
BMI	38.00	
Waist circumference	119	cm

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☑
Changes to medicines	☑
Pregnancy/ Contraception	☐

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	
Excess salivation	
Bed wetting/ nocturnal enuresis	
Nausea/Vomiting	
Blurred vision	

Biochemistry	Taken
Fasting plasma glucose	☐
Fasting Lipids TC/HDL	☐

Patient Progress/ Review:
SP02 96%

Name: Eleanor Wilson Date: 29/03/2022

Designation: Support Worker

Ward/ DH: Weston

FBC monitoring frequency: ○ Weekly ○ Fortnightly ◉ Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	**Result**		**Issues**
FBC available & green	☑		
Blood pressure	136/96	mmHg	
Pulse	107	bpm	
Height	188.00	cm	
Weight	134.20	kg	
BMI	38.00		
Waist circumference		cm	

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☑

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Changes to medicines	☑
Pregnancy/ Contraception	☑
Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	++ moderate
Excess salivation	+ mild
Bed wetting/ nocturnal enuresis	- no side effect
Nausea/Vomiting	+ mild
Blurred vision	- no side effect
Biochemistry	Taken
Fasting plasma glucose	☑
Fasting Lipids TC/HDL	☑

Patient Progress/ Review:

Leon continues his with his Clozapine medication regime. Attends for four weekly bloods. Mild to moderate side effects noted. Leon noted to be well at present ,Leon stating he has been keeping well, offers no further complaints.

Name: Eleanor Wilson Date: 22/06/2021

Designation: Support Worker

NHS Fife

Fife MH Clozapine 6-Monthly Monitoring Form

Fife Health & Social Care Partnership
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Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

(Complete this form 6-months after last annual monitoring review)

Ward/ DH: NEF/CMHT

FBC monitoring frequency: ○ Weekly ○ Fortnightly ● Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	**Result**		**Issues**
FBC available & green	☑		
Blood pressure	173/79	mmHg	
Pulse	108	bpm	
Height	188	cm	
Weight	0	kg	refused to have weight taken
BMI	0		
Waist circumference		cm	refused to have waist measurement taken

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☐
Changes to medicines	☐
Pregnancy/ Contraception	☐

Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	- no side effect
Excess salivation	- no side effect
Bed wetting/ nocturnal enuresis	- no side effect
Nausea/Vomiting	- no side effect
Blurred vision	- no side effect

Biochemistry	Taken
Fasting plasma glucose	☑

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Fasting Lipids TC/HDL ☑

Patient Progress/ Review:
GASS completed, score 10 mild side-effects

Name: Amanda Murdoch Date: 12/12/2023

Designation: Community Mental Health Nurse

Ward/ DH:

FBC monitoring frequency: ◯ Weekly ◯ Fortnightly ◉ Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	**Result**		**Issues**
FBC available & green	☑		
Blood pressure	133/93	mmHg	standing: 139/79
Pulse	112	bpm	
Height	188	cm	
Weight	132.8	kg	
BMI	38		
Waist circumference	129.54	cm	

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☑
Changes to medicines	☑
Pregnancy/ Contraception	☐

Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	- no side effect
Excess salivation	- no side effect
Bed wetting/ nocturnal enuresis	- no side effect
Nausea/Vomiting	- no side effect
Blurred vision	- no side effect

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Biochemistry	Taken
Fasting plasma glucose	☑
Fasting Lipids TC/HDL	☑

Patient Progress/ Review:

No concerns to note

Name: Clare O'Brien Date: 06/12/2022

Designation: Health Care Support Worker

Ward/ DH: NEF CMHT WESTON

FBC monitoring frequency: ○ Weekly ○ Fortnightly ◉ Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	**Result**		**Issues**
FBC available & green	☑		
Blood pressure	122/99	mmHg	
Pulse	126	bpm	
Height	188	cm	
Weight	0	kg	
BMI	0		
Waist circumference		cm	

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☑
Changes to medicines	☑
Pregnancy/ Contraception	☐

Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	
Excess salivation	
Bed wetting/ nocturnal enuresis	

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Nausea/Vomiting	
Blurred vision	

Biochemistry	Taken
Fasting plasma glucose	☐
Fasting Lipids TC/HDL	☐

Patient Progress/ Review:

SP02 98%
Temp 36.5

Lewis did not want to have his weight or waist measurement taken this morning due to feeling too anxious.

Name: Eleanor Wilson Date: 16/08/2022

Designation: Support Worker

Ward/ DH: NEF CMHT

FBC monitoring frequency: ◯ Weekly ◯ Fortnightly ● Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	**Result**	**Issues**
FBC available & green	☐	
Blood pressure	130/82	mmHg
Pulse	122	bpm
Height	188	cm
Weight	135	kg
BMI	38	
Waist circumference	119	cm

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☑
Changes to medicines	☑
Pregnancy/ Contraception	☐

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	
Excess salivation	
Bed wetting/ nocturnal enuresis	
Nausea/Vomiting	
Blurred vision	

Biochemistry	Taken
Fasting plasma glucose	☐
Fasting Lipids TC/HDL	☐

Patient Progress/ Review:
SP02 96%

Name: Eleanor Wilson Date: 29/03/2022

Designation: Support Worker

Ward/ DH: Weston

FBC monitoring frequency: ○ Weekly ○ Fortnightly ● Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	**Result**		**Issues**
FBC available & green	☑		
Blood pressure	136/96	mmHg	
Pulse	107	bpm	
Height	188	cm	
Weight	134.2	kg	
BMI	38		
Waist circumference		cm	

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☑

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Changes to medicines	☑
Pregnancy/ Contraception	☑

Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	++ moderate
Excess salivation	+ mild
Bed wetting/ nocturnal enuresis	- no side effect
Nausea/Vomiting	+ mild
Blurred vision	- no side effect

Biochemistry	Taken
Fasting plasma glucose	☑
Fasting Lipids TC/HDL	☑

Patient Progress/ Review:

Leon continues his with his Clozapine medication regime. Attends for four weekly bloods. Mild to moderate side effects noted. Leon noted to be well at present ,Leon stating he has been keeping well, offers no further complaints.

Name: Eleanor Wilson Date: 22/06/2021

Designation: Support Worker

NHS Fife

Fife MH Clozapine Regular Monthly Monitoring Form

Fife Health & Social Care Partnership
Supporting the people of Fife together

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Ward/ DH: Weston

FBC monitoring frequency: ○ Weekly ○ Fortnightly ● Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	Result		Issues
FBC available & green	☑		
Blood pressure	119/76	mmHg	
Pulse	110	bpm	
Height	188.00	cm	
Weight	136.00	kg	
BMI	38.00		
Waist circumference		cm	

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☑
Changes to medicines	☑
Pregnancy/ Contraception	☑

Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	- no side effect
Excess salivation	- no side effect
Bed wetting/ nocturnal enuresis	- no side effect
Nausea/Vomiting	- no side effect
Blurred vision	- no side effect

Patient Progress/ Review:

Name: Kimberley Martin Date: 29/04/2021

Designation: Community Mental Health Nurse

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

v0.1

NHS Fife

Fife MH Clozapine Regular Monthly Monitoring Form

Fife Health & Social Care Partnership
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Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Ward/ DH: NEF/CMHT

FBC monitoring frequency: ○ Weekly ○ Fortnightly ● Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	**Result**		**Issues**
FBC available & green	☐		
Blood pressure	151/91	mmHg	
Pulse	108	bpm	
Height	188.00	cm	
Weight	134.20	kg	
BMI	38.00		
Waist circumference	125	cm	

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☑
Changes to medicines	☑
Pregnancy/ Contraception	☐

Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	
Excess salivation	
Bed wetting/ nocturnal enuresis	
Nausea/Vomiting	
Blurred vision	

Patient Progress/ Review:

temp 35.9
SP02 97

Name: Eleanor Wilson Date: 01/02/2022

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Designation: Support Worker

Ward/ DH: Weston

FBC monitoring frequency: ◯ Weekly ◯ Fortnightly ◉ Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	**Result**	**Issues**
FBC available & green	☐	
Blood pressure	154/94	mmHg
Pulse	108	bpm
Height	188.00	cm
Weight	136.00	kg
BMI	38.00	
Waist circumference	124	cm

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☑
Changes to medicines	☑
Pregnancy/ Contraception	☐

Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	- no side effect
Excess salivation	- no side effect
Bed wetting/ nocturnal enuresis	- no side effect
Nausea/Vomiting	- no side effect
Blurred vision	- no side effect

Patient Progress/ Review:

No side effects reported at appointment today. Leon did complain of feeling dizzy but had been rushing about and had not eaten this morning.

Name: Eleanor Wilson Date: 11/01/2022

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Designation: Support Worker

Ward/ DH: Weston

FBC monitoring frequency: ○ Weekly ○ Fortnightly ● Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	**Result**		**Issues**
FBC available & green	☑		
Blood pressure	119/76	mmHg	
Pulse	110	bpm	
Height	188.00	cm	
Weight	136.00	kg	
BMI	38.00		
Waist circumference		cm	

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☑
Changes to medicines	☑
Pregnancy/ Contraception	☑

Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	- no side effect
Excess salivation	- no side effect
Bed wetting/ nocturnal enuresis	- no side effect
Nausea/Vomiting	- no side effect
Blurred vision	- no side effect

Patient Progress/ Review:

Name: Kimberley Martin Date: 29/04/2021

Designation: Community Mental Health Nurse

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

NHS Fife

Fife MH Clozapine Regular Monthly Monitoring Form

Fife Health & Social Care Partnership
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Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Ward/ DH: NEF/CMHT

FBC monitoring frequency: ○ Weekly ○ Fortnightly ● Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	**Result**		**Issues**
FBC available & green	☐		
Blood pressure	138/92	mmHg	
Pulse	121	bpm	
Height	188.00	cm	
Weight	135.00	kg	
BMI	38.00		
Waist circumference	121	cm	

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☑
Changes to medicines	☑
Pregnancy/ Contraception	☑

Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	
Excess salivation	- no side effect
Bed wetting/ nocturnal enuresis	- no side effect
Nausea/Vomiting	- no side effect
Blurred vision	- no side effect

Patient Progress/ Review:

Temp-36
O2-96%

Name: Tammy Barclay Date: 01/03/2022

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Designation: Student Nurse

Ward/ DH: NEF/CMHT

FBC monitoring frequency: ○ Weekly ○ Fortnightly ● Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	**Result**	**Issues**
FBC available & green	☐	
Blood pressure	151/91	mmHg
Pulse	108	bpm
Height	188.00	cm
Weight	134.20	kg
BMI	38.00	
Waist circumference	125	cm

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☑
Changes to medicines	☑
Pregnancy/ Contraception	☐

Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	
Excess salivation	
Bed wetting/ nocturnal enuresis	
Nausea/Vomiting	
Blurred vision	

Patient Progress/ Review:

temp 35.9
SP02 97

Name: Eleanor Wilson Date: 01/02/2022

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Designation: Support Worker

Ward/ DH: Weston

FBC monitoring frequency: ○ Weekly ○ Fortnightly ● Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	Result		Issues
FBC available & green	☐		
Blood pressure	154/94	mmHg	
Pulse	108	bpm	
Height	188.00	cm	
Weight	136.00	kg	
BMI	38.00		
Waist circumference	124	cm	

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☑
Changes to medicines	☑
Pregnancy/ Contraception	☐

Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	- no side effect
Excess salivation	- no side effect
Bed wetting/ nocturnal enuresis	- no side effect
Nausea/Vomiting	- no side effect
Blurred vision	- no side effect

Patient Progress/ Review:

No side effects reported at appointment today. Leon did complain of feeling dizzy but had been rushing about and had not eaten this morning.

Name: Eleanor Wilson Date: 11/01/2022

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Designation: Support Worker

Ward/ DH: Weston

FBC monitoring frequency: ◯ Weekly ◯ Fortnightly ● Four weekly

Please note that FBC monitoring is mandatory and clozapine cannot be supplied without a current satisfactory FBC result.

Monitoring at each contact	**Result**	**Issues**
FBC available & green	☑	
Blood pressure	119/76	mmHg
Pulse	110	bpm
Height	188.00	cm
Weight	136.00	kg
BMI	38.00	
Waist circumference		cm

Check	Ask the patient about changes
Bowel function	☑
Smoking status	☑
Changes to medicines	☑
Pregnancy/ Contraception	☑

Side effects reported	Side effect code (- no side effect, + mild, ++ moderate, +++ severe)
Sedation	- no side effect
Excess salivation	- no side effect
Bed wetting/ nocturnal enuresis	- no side effect
Nausea/Vomiting	- no side effect
Blurred vision	- no side effect

Patient Progress/ Review:

Name: Kimberley Martin Date: 29/04/2021

Designation: Community Mental Health Nurse

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Fife MH CPA Template

Fife Health & Social Care Partnership
Supporting the people of Fife together

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Service MH

Patient Details

Address 3 MAKGILL ROW
SPRINGFIELD
CUPAR
FIFE
KY15 5SA

Tel: 01334 769 473

Partner / Relative

Name Mr George Martin (Step-Father)

Address 114 Duke Street,
Denny,
FK6 6PR

Tel: 01324 310 958

Named Person

Name N/A

Address N/A

Tel: N/A

Relationship N/A

Share Info Yes ◉ No ○

Contacts

Contact Care-Coordinator
Name Amanda White
Address Weston House,
West Port,
Cupar,
KY15 4AN
Tel: 01334 652 163

Invited to meeting Yes ◉ No ○
Attending meeting Yes ○ No ◉

Contact Other
Name Shona McInnes (Occupational Therapist and CPA Coordinator Cover)
Address Weston House,
West Port,
Cupar,
KY15 4AN
Tel: 01334 652 163

Invited to meeting Yes ◉ No ○
Attending meeting Yes ◉ No ○

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Contact	Psychiatrist	Invited to meeting	Yes	◉	No	○
Name	Dr Christopher Olley	Attending meeting	Yes	◉	No	○
Address	Medical Offices, Stratheden Hospital, Cupar, KY15 5RR					
Tel:	01334 696 353					

Contact	Social Worker	Invited to meeting	Yes	◉	No	○
Name	Ms Aggie Sikorska	Attending meeting	Yes	○	No	◉
Address	Cupar Social Work Department, Cupar County Buildings, St Catherine Street, Cupar, KY15 4TA					
Tel:	03451 55 15 03					

Contact	Community Nurse	Invited to meeting	Yes	○	No	◉
Name	Gavin Melville (representing Nursing today)	Attending meeting	Yes	◉	No	○
Address	Weston House, West Port, Cupar, KY15 4AN					
Tel:	01334 652 163					

Contact	Other	Invited to meeting	Yes	◉	No	○
Name	Suzanne Webster (Occupational Therapy Assistant Practitioner)	Attending meeting	Yes	◉	No	○
Address	Weston House, West Port, Cupar, KY15 4AN					
Tel:	01334 652 163					

Contact	Other	Invited to meeting	Yes	◉	No	○
Name	Graham Lumsden	Attending meeting	Yes	○	No	◉
Address	Senior Support Worker, Richmond Fellowship, Unit S1, The Granary, Coal Road,					

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Cupar,
KY15 5YQ

Tel: 01334 657 517

Contact	Other	Invited to meeting	Yes	◉	No	○
Name	Ms Lisa Nisbet	Attending meeting	Yes	◉	No	○
Address	Senior Support Worker, Richmond Fellowship, Unit S1, The Granary, Coal Road, Cupar, KY15 5YQ					
Tel:	01334 657 517					

Contact	GP	Invited to meeting	Yes	◉	No	○
Name	Kathryn MacLaren	Attending meeting	Yes	○	No	◉
Address	Bank Street Medical Group, Adamson Hospital, Bank Street, Cupar, KY15 4JN					
Tel:	01334 651 201					

Basic Information

Crisis/out of hours arrangements

If Leon requires additional support during Mon-Fri 9-5pm, he should contact Weston House on 01334 652 163.
If Leon requires additional mental health support out with the above hours, he should contact crisis helplines or if necessary, NHS 24.
Samaritans: 116 123; Breathing Space: 0800 838 857; NHS24: 111; Community Police: 101

Date of Risk Assessment: 22/03/2023

Sensory requirements:

Wears spectacles for long and short sighted eyesight - Leon was last tested in January 2024 and has been issued with new specs.

First Language: English Interpreter required? Yes ○ No ◉

Ethnic Origin: White Scottish

AWIA applies: Yes ○ No ◉
Details:

MHA applies: Yes ○ No ◉ For details see below:

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Date of previous CPA review: 22/08/2023

Next CPA review: 22/08/2024

Time: 10:00

Venue: Weston House, Cupar

Advance Statement: Yes ◯ No ◉

Where held:

Admission to/discharge from hospital since last review

Hospital / Ward: No Admissions.

Date from:

Date to:

Mental Health

Mental Health (Care and Treatment) (Scotland) Act 2003 Section 76 Details
To be completed by the RMO and ONLY to be used when the patient is subject to a Compulsory Treatment Order or a Compulsion Order.

Type of order: N/A Section No. N/A

Date of order:

Period of next statutory review

Date of last statutory review

Compulsory Measures:
N/A

Recorded Matters:
N/A

RMO Details:

Progress report:

Progress since last review

Leon continues to attend his appointments within Weston House for Clozapine monitoring and to collect his medication.

Leon has kept his regular engagement with CMHN appointments and has been working on identified goals. The frequency of contact at present is 4-6 weekly, face to face or via telephone contact.

Issues arising/ Areas of concern

Leon has been reluctant to engage in MHOT sessions, particularly when the weather is not fair. His progress is very slow, compounded by Leon not consolidating any of his learning with educational materials around managing his anxiety, distraction strategies and routine planning. He continues to avoid using buses and continues to isolate self at home due to his self-reported levels of unmanageable anxiety.

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Leon continues to see his befriender every fortnight.

Since referral to MHOT, Leon has engaged in eleven 1:1 sessions with Suzanne Webster. The focus of this work is engaging Leon in graded exposure activity, with a view to him being able to use public transport, whilst managing anxiety.

Leon is supported by Richmond staff to manage his daily activities of daily living, but will often refuse to engage in joint housework/cleaning/maintenance activities, instead, expecting staff to do tasks for him. Most recently Suzanne arrived to the home and witnessed support staff washing dishes, whilst Leon was sat watching a film.

Current Richmond hours are spent carrying out tasks which should and functionally could be carried out by or with Leon. This means that there is no spare time for socialisation support from staff, to attend the cinema, go into town etc.

Person completing review: Shona McInnes
Designation: Specialist Occupational Therapist
Date signed

Needs

Needs Identified	Medical review to assess mental health and review medication.
Plan of Action	Leon continues to receive medical outpatient appointments at Weston House. Leon prefers face to face appointments for this. Leon is and will be supported by Richmond staff to attend all medical reviews.
Person Responsible	Dr Olley and Leon.
Proposed Outcome	Annual medical review and 6 monthly CPA, in the company of Richmond staff.
Update	Leon has been contacted by the GP for review and stated he will organise an appointment in due course. Medical review was carried out in November 2023.
Needs Identified	Monitoring of mental health.
Plan of Action	Therapeutic sessions for ongoing monitoring of mental state and support for Leon's mental wellbeing. Regular 1:1 contact with CMHN, either face to face at home/Weston or via telephone. Frequency of contact to be agreed upon by CMHN and Leon, depending on his needs at the time.
Person Responsible	CMHN Amanda White and Leon.
Proposed Outcome	Reduce risk of relapse of mental health, support Leon in reaching his optimum level of mental health and wellbeing.

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Update	Leon continues to contact Weston House between appointments for additional support when he requires this. CMHN and MHOT are supporting Leon with reducing his anxiety levels.
Needs Identified	Clozapine monitoring.
Plan of Action	Leon to attend Weston every 4 weeks for blood monitoring, medication collection and physical healthcare checks in accordance with the guidelines for Clozapine monitoring.
Person Responsible	CMHN Amanda White and Leon.
Proposed Outcome	Follow Clozapine care plan and monitor for side effects of Clozapine.
Update	Leon has been attending all necessary Clozapine related appointments, he is fully compliant with his Clozapine care plan.
Needs Identified	Housing Support: Support workers to use key from key box (back door) when unable to access the house in an emergency situation.
Plan of Action	Richmond Fellowship provide 8 hrs per week to support Leon with: Budgeting, cleaning, cooking, shopping and attending appointments. Encourage and support Leon to go out for short walks and to work on his graded exposure plan as much as possible, to reach the goal of using public transport once more.
Person Responsible	Richmond Fellowship and Leon.
Proposed Outcome	Assist Leon in maintaining his tenancy and giving support in the community to aid mental health, enabling Leon to achieve going out independently.
Update	Lisa Nisbet attended the CPA to represent Richmond Fellowship. Leon continues to lack motivation to engage in household tasks with staff, and will often refuse to engage in these tasks, placing staff in a position whereby they are spending all support hours cleaning and carrying out the domestic activities which Leon is capable of engaging in functionally. Discussion held about the detriment to both staff and Leon by doing tasks for him, resulting in a disabling approach rather than an enabling one. Leon admitted that he will engage in these tasks with some staff, however this is not consistent. Health and safety in the home for Leon was also discussed due to the environmental risks in situ. These include floors being cluttered presenting as a falls risk, guitar strings lying on the floor which could result in serious injury to both Leon and any staff coming into the home. Leon admitted that he could not think of a reason for leaving things lying around, other than he is not motivated. He appeared to appreciate the message from the MH team during the CPA, that he is placing staff at risk as well as himself.
Needs Identified	Physical health needs, prescribed Methotrexate for Atopic Dermatitis.
Plan of Action	Leon to contact GP for any issues with his physical health. Blood monitoring at Weston 3 monthly for FBC, U&Es and LFTs due to Methotrexate prescription. Medical staff will monitor blood results and liaise with Dermatology

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

	Consultant via GP.
Person Responsible	GP, Weston staff and Leon.
Proposed Outcome	Enable Leon to reach his optimum physical health and maintain his skin integrity.
Update	Last know dermatology review was March 2023. Leon has seen improvements to his skin since then, however Lisa reported that personal hygiene remains poor and the importance of self care. Regular review with dermatology, FBC, U&Es, LFTs next due on March 5th 2024. Leon commenced Metformin prior to last CPA and has not had any long term side effects as diarrhoea has dissipated. In February of this year, Leon had lost 3kg and reports that since this weight loss, his breathing is much improved. Leon is due an appointment with his GP.
Needs Identified	Social Work Support.
Plan of Action	Assess Leon for social work support.
Person Responsible	Aggie Sikorska, Social Worker.
Proposed Outcome	Identify needs through annual social work reviews.
Update	Last known annual review was 03/04/2023. Aggie was unable to attend CPA and last update was that additional support hours for Leon could not be accommodated as he does not meet criteria.

Are there any unmet service needs? Yes ○ No ◉

Unmet Needs

OT discussed the importance of all staff following the same care plan approach with Leon, in order to offer a consistent message that staff are there to support Leon to support himself. Leon recognises that he isn't motivated and therefore will use avoidance tactics with staff, particularly if he knows that when refusing, the tasks will be done for him. Discussion held with Lisa around the offer of support session at Weston House from the OT for all staff if wanted, to educate on some approaches which can be used, including a contract with Leon if Richmond are agreeable to this, outlining expectations of Leon, in having continued support.

What action has been taken to address the need(s)?

As above: Lisa has agreed to speak with her senior Graham about the above suggestions.

Client/Patient

Date

Care Coordinator	Shona McInnes
Designation	Occupational Therapist
Date	23/02/2024

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Name: GRATTON, Leon CHI: 1703751191

General Referral

Fife Health & Social Care Partnership
Supporting the people of Fife together

Patient Details

Surname GRATTON Forename LEON Title

Date of Birth 17/03/1975 Age 46 CHI 1703751191

Address
3 MAKGILL ROW
SPRINGFIELD
CUPAR
FIFE

Postcode KY15 5SA

Preferred Contact

◯ Home Tel No (inc STD) 01334 769473 ◯ Work Tel No (inc STD)

◯ Mobile No 07368219976

Gender M

Registered GP

Kathryn MacLaren Tel No (inc STD) 01334 651201

Address
Bank Street Medical Group
The Health Centre
Bank Street
Cupar

KY15 4JN

Referrer Details

Date of Referral 07/03/2022 Referral Received Date 07/03/2022

Referral Priority	Urgent 2hrs	◯	Urgent 4hrs	◯	Planned	◉	Non-Urgent ◯
Vetted Priority	Urgent 2hrs	◯	Urgent 4hrs	◯	Planned	◉	Non-Urgent ◯

Reason for Referral

Name: GRATTON, Leon CHI: 1703751191

Leon has been struggling to get out and about and maintain a healthy level of activity. Leon would like to increase his physical activity and be able to get out and walk more. Leon currently is 135kg with a bmi of 38. Leon is currently receiving support from the Richmond Fellowship who are supportive of him joining the gym. Leon would like to improve his overall physical health and have support to do this. Leon has admitted to over eating and making unhealthy choices. Leon is keen to receive support to attend the gym.

Referral Source Different from GP? Yes ○ No ◉

Referral Source GP

History of Presenting Complaint / Diagnosis

Diagnosis of 1. Schizophrenia
2. Anxiety Disorder
3. Eczema

Longstanding history of mental health issues, well known to the services. Further information can be found on morse.

Past Medical History

Clinical Warning

Leon currently attends the clozapine clinic and receives his medication every 2 weeks.

Additional Information

Name: GRATTON, Leon CHI: 1703751191

Smoking Status 9:Not Known Alcohol Consumption Unknown