



EAST RENFREWSHIRE
HEALTH AND SOCIAL CARE
PARTNERSHIP



STRICTLY CONFIDENTIAL

Dr Lockhart
Elmwood Medical Centre
Eastwood Health and Care Centre
Drumby Crescent
Clarkston
G76 7HN

Bridges Primary Care Mental Health Team

Eastwood Health and Care Centre
Drumby Crescent
Clarkston
G76 7HN

Tel: 0141-451-0590

Date Typed: 04.10.2016

Dear Dr Lockhart

Referral to Bridges PCMHT

Re: Ann Mathers, 14 Maybole Crescent, Newton Mearns, G77 5SY
Chi: 1410786102

Thank you for referring the above named patient to Bridges Primary Care Mental Health Team. The patient was discussed at our allocations meeting and based on their current needs would be more suitable for RAMH Services. We have encouraged her to self refer to this service. I trust this meets with your approval however if not please do not hesitate to contact the service on the telephone number above.

Yours sincerely

Bridges PCMHT



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Ann Mathers
14 Maybole Crescent
Newton Mearns
G77 5SY

Bridges Primary Care Mental Health Team

Eastwood Health and Care Centre
Drumby Crescent
Clarkston
G76 7HN

Tel: 0141-451-0590

Date Typed: 04.10.2016

Dear Miss Mathers

Referral to Bridges PCMHT

We recently received a referral from your GP to our service. The referral was discussed at our allocations meeting and based on your current needs, has been decided that your needs would be best met by RAMH Services. We have enclosed a leaflet to self refer to this service. If you have any questions or queries, please do not hesitate to contact the service on the telephone number above.

Yours sincerely

Bridges PCMHT

CHI: 1410786102

Mathers Ann

14 Maybole Crescent,

Newton Mearns,

GLASGOW,

Lanarkshire G77 5SY

T/1386752/1 Female

RRAL SCREENING FORM

COPY

DATE: 4/10/16

☐ Opt In Letter

☐ Contact GP/Referrer for more info

☐ RAMH Referral

☐ Send to CMHT

☐ Send to other service

☐ Send to South/North/East/West PCMH

☐ Send back to GP

☐ Face to Face Screening

☐ Discharge send info

Other notes:

Sign post to RAMH,

28 SEP 2016

Hospital use only	Clinic	Day Date	Time	Hospital No. 1386752
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REFERRAL LETTER**MEDICAL IN CONFIDENCE**GGC Mental Health PCMHT Referral Protocol - Glasgow
(Glasgow, v17.0)

REFERRAL TO	
Bridges - PCMHT GGC Mental Health PCMHT	— Consultant / receiving practitioner and/or specialty clinic
PCMHT (Primary Care Mental Health Team) SCI Gateway Virtual Location Code	— Hospital and hospital address
	Hospital location code. G006G
	Email address -
Urgency of referral Routine	Date sent 28-Sep-2016
Date of referral 28-Sep-2016	

PATIENT DETAILS		Patient's address
Surname Mathers		14 Maybole Cres Newton Mearns GLASGOW G77 5SY
Forename(s) Ann		
Title Miss		
Sex Female		Contact number(s)
Date of birth 14-Oct-1978		Voice: 0141 239 6394
CHI no. 1410786102		Voice: 078186 27872
Area of Residence		

1010122246760

Unique Care Pathway Number: 1010122246760

REGISTERED GP DETAILS		Practice address
Name Dr Gillian Lockhart		1 Drumby Crescent Clarkston Glasgow G76 7HN
GMC code 3490675	GP code 07579	
Practice name Elmwood Medical Practice		Contact number(s)
Practice code 49619		Facsimile: 0141 451 0650

REFERRING GP DETAILS		Practice address
Name Dr. Gillian Lockhart		Eastwood Health & Care Centre Drumby Crescent Clarkston G76 7HN
GMC code 3490675	GP code 07579	
Practice name Elmwood Medical Practice (49619)		Contact number(s)
Practice code 49619		Voice: 0141-451-0650

CLINICAL INFORMATION**History of presenting complaint****Presenting complaint**

Description: Anxiety

Date of onset: 28-Sep-2016

Comment: Dear Colleagues,

I would be grateful if you could see this delightful 37 year old lady who has increasing problems with anxiety.

I am seeing her regularly but I think would also benefit from your input regarding anxiety management and I would be grateful if you could see her as soon as you can manage.

Kind regards

Dr GD Lockhart

Reason for referral

Care type requested: Out Patient

Expected outcome: Not Specified

Past medical history**Pre-existing conditions (High & medium priority - all)**

Description	Date of onset	Date recorded
Generalised anxiety disorder	19-Sep-2016	19-Sep-2016
Viral sore throat NOS	19-Sep-2016	19-Sep-2016

Family conditions (All priorities)

Description	Comment	Date of Onset
No FH: Ischaemic heart disease	Disease: SPICE Basic Health Values, priority=2	18-Dec-2006
No family history diabetes	Disease: SPICE Basic Health Values, priority=2	18-Dec-2006

Current medication (Active Repeat medication issued within the last 12 months)

No current medications recorded

Recent medication (Any medication issued within last 90 days not shown above)

Drug name	Quantity	Formulation	Dosage	Frequency	Date started	Date last issued
Phenoxymethylpenicillin Tablets 250 mg	80	80 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY FOR 10 DAYS	-	22-Sep-2016	22-Sep-2016
Benzylamine Hydrochloride Oral Rinse Sugar Free 0.15 %	300	300 ML	RINSE OR GARGLE WITH 15ML (DILUTED WITH WATER IF STINGING OCCURS) EVERY 90 MINUTES TO 3 HOURS AS REQUIRED, USUALLY FOR NOT MORE THAN 7 DAYS	-	22-Sep-2016	22-Sep-2016
Sertraline Hydrochloride Tablets 50 mg	28	28 tablet	ONE TO BE TAKEN EACH DAY	-	19-Sep-2016	19-Sep-2016
Diazepam Tablets 2 mg	21	21 TABLET	ONE TO BE TAKEN THREE TIMES A DAY WHEN REQUIRED	-	19-Sep-2016	19-Sep-2016
Benzylamine Hydrochloride Oral Rinse Sugar Free 0.15	300	300 ML	RINSE OR GARGLE WITH 15ML (DILUTED WITH WATER IF STINGING OCCURS) EVERY 90 MINUTES	-	19-Sep-2016	19-Sep-2016

%			TO 3 HOURS AS REQUIRED, USUALLY FOR NOT MORE THAN 7 DAYS	2016	2016
Propranolol Hydrochloride Tablets 40 mg	84	84 TABLET	ONE TO BE TAKEN THREE TIMES A DAY	10- Aug- 2016	10- Aug- 2016
Phenoxymethylpenicillin Tablets 250 mg	80	80 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY FOR 10 DAYS	28-Jul- 2016	28-Jul- 2016
Benzylamine Hydrochloride Oral Rinse Sugar Free 0.15 %	300	300 ML	RINSE OR GARGLE WITH 15ML (DILUTED WITH WATER IF STINGING OCCURS) EVERY 90 MINUTES TO 3 HOURS AS REQUIRED, USUALLY FOR NOT MORE THAN 7 DAYS	28-Jul- 2016	28-Jul- 2016
Propranolol Hydrochloride Tablets 40 mg	84	84 TABLET	ONE TO BE TAKEN THREE TIMES A DAY	13-Jul- 2016	13-Jul- 2016
Blood Pressure No Blood Pressures Recorded					
Body Measurements No Body Measurements Recorded					
Lifestyle Risks and Alerts / Examinations and Investigations					
<u>Description/Question</u>		<u>Result/Comment</u>		<u>Date</u>	
Cigarette smoker, 5 cigarettes/day:				14-Mar-2013	
Current smoker, 5 per day:				09-Oct-2012	
Current smoker:		Disease: SPI CE Basic Health Values, priority=2		10-Jul-2009	
Current smoker:		Disease: SPI CE Basic Health Values, priority=2		18-Dec-2006	
Alcohol intake within recommended sensible limits:		Disease: SPI CE Basic Health Values, priority=2		10-Jul-2009	
Alcohol intake within recommended sensible limits:		Disease: SPI CE Basic Health Values, priority=2		18-Dec-2006	
Enjoys moderate exercise:		Disease: SPI CE Basic Health Values, priority=2		10-Jul-2009	
Enjoys light exercise:		Disease: SPI CE Basic Health Values, priority=2		18-Dec-2006	
Clinical warnings					
Additional relevant information					
Administrative information					
Risk of Suicide: No					
Past history of suicide attempt: No					
Risk of deliberate self harm: No					
Is patient responsible for children?: Yes					
Risk to others including children/dependents/clinicians/other: No					
Risk from others: No					
Risk of Self Neglect: No					
OK to send correspondence to home address?: Yes					
Patient will accept any site: Yes					
Patient will accept cancellation or short notice appointment (within 1-6 days): Yes					
Patient has disability or requires wheelchair access: No					
Referred By: Referring GP					
Electronic Attachment Present: No					
Social circumstances					
Ethnic Origin: (White) British					

Signature of referring doctor (or other professional) Date