

We are a smoke free organisation and to improve public health, smoking is not permitted anywhere on the hospital site. Thank you for your co-operation.

NHS Number: 400 067 0514
Our Ref: 670524AL/CM/YANSG

Medway Maritime Hospital
Windmill Road
Gillingham
Kent
ME7 5NY
Tel: 01634 830000

Date of clinic: 07/09/2023
Telephone Clinic

Date of letter: 11/10/2023

Acute Specialist Medicine Programme
Respiratory Department
Direct Line: 01634 830000 ext.

DR F IGWE
ST GEORGES MEDICAL CENTRE
55 ST GEORGES AVENUE
SHEERNESS
KENT
ME12 1QU

Dear Dr IGWE

Re: MRS KATRINA MARGERY DoB: 24/05/1967
FLAT 1, WING HOUSE, WING ROAD, LEYSDOWN-ON-SEA, SHEERNESS, KENT
ME12 4QR

Diagnoses:

1. COPD
2. Ex-smoker, still vaping
3. Taking Trimbow inhaler

I reviewed this 56 year old lady. She is still quite symptomatic from the COPD. She is wheezing and has been coughing up green phlegm for a while, but has not been able to get a prescription for antibiotics. She is on Trimbow inhaler 2 puffs twice a day and uses the Salbutamol nebuliser twice a day which she finds helpful. She was reviewed by the Community Respiratory Team in Sittingbourne but has not heard from them regarding Pulmonary Rehabilitation which she would definitely benefit from and which is evidenced based and recommended in the COPD guidelines. She is eating well, her weight is stable, she has had no haemoptysis. She has really cut back down on the amount of alcohol she drinks. She is on the same medication as before.

On examination, she weighed 75kg, her respiratory rate was 16 breaths per minute, her pulse was 72 and regular and her blood pressure was 120/70 mm Hg. She had some wheeze on auscultation but no peripheral oedema and oxygen saturation was 97% on air at rest with no de-saturation on exertion.

As she appears to have symptoms of a chest infection, I have prescribed Doxycycline 200mg for 1 day and then 100mg a day for 6 days. She will take Prednisolone 20mg a day for 7 days. I have encouraged her to stop vaping completely. Please ensure that she has a rescue pack of steroids and antibiotics which she can take in an emergency and that she has all her vaccinations. As she is under the care of the Community Respiratory Team, I am discharging her.

Yours sincerely,

Letter electronically verified by clinician
Shanthi Paramothayan PhD FRCP
Consultant Respiratory Physician

CC:

Private and Confidential
MRS KATRINA MARGERY
FLAT 1, WING HOUSE
WING ROAD, LEYSDOWN-ON-SEA
SHEERNESS
KENT
ME12 4QR

CC:

Community Respiratory Team
vcl.dgss-ccc@nhs.net

In accordance with the Medway NHS Trust policy, a copy of this letter has been sent to the patient for information purposes.

Have you thought about becoming a member of the Trust?

Membership is open to residents and patients aged 16 years or more who are based in the areas served by Medway NHS Foundation Trust (Medway and Swale). As a member, you will be able to help us improve patient care by feeding in your views and ideas, and become involved in plans for future development.

If you are interested in becoming a member, you can apply by completing the membership application form on our website. This can be found along with further information about membership and governors at the following address: <https://www.medway.nhs.uk/membership/become-a-member.htm>