

We are a smoke free organisation and to improve public health, smoking is not permitted anywhere on the hospital site. Thank you for your co-operation.

NHS Number: 400 067 0514
Our Ref: SP/njr 670524AL YANSO

Medway Maritime Hospital
Windmill Road
Gillingham
Kent
ME7 5NY
Tel: 01634 830000

Date of clinic: 02/03/2023
Date of letter: 16/03/2023

DR F IGWE
ST GEORGES MEDICAL CENTRE
55 ST GEORGES AVENUE
SHEERNESS
KENT
ME12 1QU

Acute Specialist Medicine Programme
Respiratory Department
Direct Line: 01634 830000 Ext.

Dear Dr IGWE

Re: MRS KATRINA MARGERY - DoB: 24/05/1967
FLAT 1, WING HOUSE, WING ROAD, LEYSDOWN-ON-SEA, SHEERNESS,
KENT ME12 4QR

Diagnosis: Clinical evidence of COPD plus asthma

I reviewed this lady who is now 55 years old. She stopped smoking a few years ago but she is still vaping twice a day. She has had three chest infections since I last saw her in September 2022. She has persistent pain in the left side of her chest from a previous rib fracture. Her main problem at the moment is severe toothache on the right side after a dental extraction and she has been diagnosed with trigeminal neuralgia. The doctor has recommended an MRI brain but she does not want to have it done as she is claustrophobic.

She is now on Trimbaw inhaler which she takes 2-3 times a day through the spacer. She is using the Salbutamol reliever 6-8 times a day and I have explained that this is probably too many times. I previously referred her to the Community Respiratory Team who sent her a DVD of pulmonary rehabilitation but this is not as good as a proper rehab course. She is reasonably active and takes her dog for a walk.

Her previous lung function which was done in November 2021 she found very difficult and it was suboptimal and therefore was not diagnostic. Her TLCO was vastly reduced at 53.2% at that time.

She is currently on Pregabalin 50mg bd, Co-codamol 500/30mg every three hours, Naproxen 50mg x 2, Betmiga 50mg a day, Esomeprazole 20mg a day, Fultium D3 800 iu a day, Alendronic Acid 70mg a week, vitamin B compound, Citalopram 50mg a day, Adcal D3 once a day and Amitriptyline 10mg a day. She is not allergic to any medication. She has had four Covid vaccines and the Influenza vaccine. She has not had the pneumonia vaccine. She has vastly reduced her alcohol intake.

On examination, she weighed 73kg. Her respiratory rate was 16 breaths a minute, her pulse

was 88 and regular and her blood pressure was 119/79 mmHg. On auscultation, she was wheezy but oxygen saturation was 97% on air at rest.

I have prescribed Prednisolone 30mg a day for seven days, then 20mg a day for seven days, then 15mg for seven days and then 10mg a day for seven days. She can stop it after that. I have strongly encouraged her to stop vaping. She would benefit from nebulised Salbutamol twice a day and I would be very grateful if you could prescribe this for her. I am copying this letter to the Community Respiratory Team and I will ask them to review her. I will see her once more in six months.

Thank you.

Yours sincerely,

Letter electronically verified by clinician
Shanthi Paramothayan PhD FRCP
Consultant Respiratory Physician

CC:

Private and Confidential
MRS KATRINA MARGER
FLAT 1, WING HOUSE
WING ROAD, LEYSDOWN-ON-SEA
SHEERNESS
KENT
ME12 4QR

CC:

SWALE COMMUNITY RESPIRATORY SERVICE
VIRGIN CARE
SITTINGBOURNE MEMORIAL HOSPITAL
BELL ROAD
SITTINGBOURNE
KENT
ME10 4DT

Vcl.dgss-ccc@nhs.net

In accordance with the Medway NHS Trust policy, a copy of this letter has been sent to the patient for information purposes.

Have you thought about becoming a member of the Trust?

Membership is open to residents and patients aged 16 years or more who are based in the areas served by Medway NHS Foundation Trust (Medway and Swale). As a member, you will be able to help us improve patient care by feeding in your views and ideas, and become involved in plans for future development.

If you are interested in becoming a member, you can apply by completing the membership application form on our website. This can be found along with further information about membership and governors at the following address: <https://www.medway.nhs.uk/membership/become-a-member.htm>