

We are a smoke free organisation and to improve public health, smoking is not permitted anywhere on the hospital site. Thank you for your co-operation.

NHS Number: 400 067 0514
Our Ref: SP/CC/670524AL

Medway Maritime Hospital
Windmill Road
Gillingham
Kent
ME7 5NY
Tel: 01634 830000

Date of clinic: 15/09/2022 – YANSO
Date of letter: 19/10/2022

DR F IGWE
ST GEORGES MEDICAL CENTRE
55 ST GEORGES AVENUE
SHEERNESS
KENT
ME12 1QU

Acute Specialist Medicine Programme
Respiratory Department
Direct Line: 01634 830000 ext.3907

Dear Dr IGWE

Re: MRS KATRINA MARGERY DoB: 24/05/1967
FLAT 1, WING HOUSE, WING ROAD, LEYSDOWN-ON-SEA, SHEERNESS, KENT
ME12 4QR

Diagnosis:

Likely COPD
HRCT normal
Fracture of the left lateral ribs in February

I reviewed this lady who continues to be extremely breathless although she is now taking the Trimbrow inhaler regularly. She stopped smoking but she vapes occasionally and I have recommended that she stops that too.

She sustained some rib fractures on the left side of her thorax secondary to coughing without any history of trauma. She had a DEXA scan on the 19th July (report attached) which showed osteopenia of the hip with a 9.1% decline in the bone densitometry and also a reduction in the femoral neck and the advice is that she continues to take the Alendronate 70mg a week. Please could you ensure that she has a repeat DEXA in 3 years.

Her high resolution CT thorax from November last year is normal with no evidence of emphysema, fibrosis or bronchiectasis. Her CT kidney, urethra and bladder which was done because she had flank pain and microscopic haematuria, did not show any renal stones but commented on acute and subacute left lateral rib fractures. She continues to complain of pain in that area and I do not know the reason for that. She has attended the A&E department a few times with this pain and very strangely they have not done any chest x-rays.

Her previous spirometry did not show any evidence of airway obstruction although her TLCO was slightly reduced at 55% predicted.

On examination today, she was very wheezy with a respiratory rate of 20 breaths per minute. Oxygen saturation was 97% on air at rest with no desaturation on exertion.

A chest x-ray today has been reported as normal with a normal thoracic cage.

I have prescribed Prednisolone 30mg a day for 7 days, 20mg a day for 7 days and then 10mg a day for 7 days. She is already on a proton pump inhibitor.

I am copying this letter to the Community Respiratory Team and I will ask them to review this lady and offer her pulmonary rehabilitation. I will arrange to see her again in 4 months' time. If she continues to have musculoskeletal pain, she may require referral to the musculoskeletal service.

Thank you

Yours sincerely

Letter electronically verified by clinician
Dr Shanthi Paramothayan PhD FRCP
Consultant Respiratory Physician

CC:

Private and Confidential
MRS KATRINA MARGER
FLAT 1, WING HOUSE
WING ROAD, LEYSDOWN-ON-SEA
SHEERNESS
KENT
ME12 4QR

CC:

COMMUNITY RESPIRATORY TEAM
187 CARVER DRIVE
KENT SCIENCE PARK
SITTINGBOURNE
KENT
ME9 8NP

In accordance with the Medway NHS Trust policy, a copy of this letter has been sent to the patient for information purposes.

Have you thought about becoming a member of the Trust?

Membership is open to residents and patients aged 16 years or more who are based in the areas served by Medway NHS Foundation Trust (Medway and Swale). As a member, you will be able to help us improve patient care by feeding in your views and ideas, and become involved in plans for future development.

If you are interested in becoming a member, you can apply by completing the membership application form on our website. This can be found along with further information about membership and governors at the following address: <https://www.medway.nhs.uk/membership/become-a-member.htm>