

We are a smoke free organisation and to improve public health, smoking is not permitted anywhere on the hospital site. Thank you for your co-operation.

NHS Number: 400 067 0514
Our Ref: SP/jkw 670524AL YANSG

Medway Maritime Hospital
Windmill Road
Gillingham
Kent
ME7 5NY
Tel: 01634 830000

Date of clinic: 29/09/2021
Telephone Clinic

Date of letter: 14/10/2021

Acute Specialist Medicine Programme
Respiratory Department
Direct Line: 01634 830000 ext.

DR F IGWE
ST GEORGES MEDICAL CENTRE
55 ST GEORGES AVENUE
SHEERNESS
KENT
ME12 1QU

Dear Dr IGWE

Re: MRS KATRINA MARGERY DoB: 24/05/1967
FLAT 1, WING HOUSE, WING ROAD, LEYSDOWN-ON-SEA, SHEERNESS, KENT ME12 4QR

Diagnosis: Likely COPD (still vaping and smoking)
No spinal cord compression.

I reviewed this lady in the clinic. When I last saw her she was very unwell with breathlessness as well as complaining of severe pain in her back with some numbness. I therefore urgently referred her to Medway Maritime Hospital. She was admitted to hospital for seven or eight days. She had steroids, nebulisers and improved a little bit. She had an MRI spine on the 27th of July which showed minor loss of lumbar lordosis but no evidence of spinal cord compression.

Mrs Margery continues to be much the same with wheeziness. She is now on Fostair inhaler 200/6 two puffs bd via a spacer and Incruze Ellipta 55mcg a day. She requires a Salbutamol Reliever three times a day. She also takes Amitriptyline 10mg at night, paracetamol prn, Citalopram 20mg a day, Omeprazole 20mg a day, Mirabegron 50mg a day and Cholecalciferol 800 units a day.

Her chest x-ray from the 28th of July was reported as normal.

On examination today, her respiratory rate was 18 breaths per minute. On auscultation, she was quite wheezy, but oxygen saturation was 96% on air at rest.

I am requesting an HRCT to see whether there is much in the way of emphysema which might be amenable for lung volume reduction surgery. I have also requested a lung function test and an echocardiogram.

I have prescribed Prednisolone 30mg a day for seven days and then 20mg a day for seven days and I have discussed the side effects with her.

I am copying this letter to Virgin care and I will ask them to review her and enrol her for pulmonary rehabilitation, even though she may be limited in what she can do because of her back.

I will see her again in my clinic in a few months.

Thank you,

Yours sincerely

Letter electronically verified by clinician
Shanthi Paramothayan PhD FRCP
Consultant Respiratory Physician

CC:

Private and Confidential
MRS KATRINA MARGER
FLAT 1, WING HOUSE
WING ROAD, LEYSDOWN-ON-SEA
SHEERNESS
KENT
ME12 4QR

CC:

VIRGIN CARE : SHEPPEY
MAUREEN MUNDAY DIPHE RESPIRATORY
RESPIRATORY SPECIALIST NURSE
KENT SCIENCE PARK
UNIT 187 CARVER DRIVE
SITTINGBOURNE
ME9 8NP

Virgin email: Maureen.munday@virgincare.co.uk

Secure email: maureenmunday@nhs.net

In accordance with the Medway NHS Trust policy, a copy of this letter has been sent to the patient for information purposes.