

ESend/Ref: 182712
07/11/2018

Orthopaedic Clinical Assessment Service

Unit 7-8
Ambley Green
Gillingham Business Park
Kent
ME8 0NJ

(No appointments held from this location):

Appointments: 0300 123 3444

Enquires: 01634 333998

Email: MEDCH.CAS@nhs.net

PRIVATE AND CONFIDENTIAL

Consultant Neurologist

PATIENT CHOICE

**ORTHOPAEDIC CLINICAL ASSESSMENT SERVICE
ASSESSMENT SUMMARY**

13 NOV 2018

Dear Colleague

Name: Miss Katrina Margery

Address: 1 Wing House, Wing Road, Leysdown-on-sea, Sheerness, Kent, ME12 4QR

DOB: 24/05/1967

NHS No: 400 067 0514

Mobile No: 07718846357

Infection Status: Unknown

Allergies: Unknown

Medication Changed / Stopped: N/A

Any Safeguarding Issues: No

Clock Start Date*: 04.07.2018

Clinic Date: 05.09.2018

First Appointment Offered: 05.09.2018

First Appointment Taken (if different): N/A

Imaging Requested On: N/A

Imaging Carried Out On: N/A

Results Available On: N/A

Discussed with Patient: Yes

Action Summary: Referred to Consultant Neurologist. MRI requested.

The assessment and treatment plan were discussed and agreed with the patient.

I would be grateful if you would kindly see this 51 year old lady who presents with a four year history of progressive bilateral peripheral neuropathy. The numb feeling and decreasing sensation is now up to the knees in both legs, and continuing to creep more proximally. She has pain all the time worse on weight bearing. She also clearly describes a Raynaud's phenomenon in both hands and her feet. She has persistent lower back pain radiating down from the lower back into the coccyx, only using analgesia at



present. She has been using neuropathic analgesics including Gabapentin without any improvements in symptoms. She has difficulty standing on her feet because of the pain in her feet and lower legs. She also has been treated over active bladder including an anti-cholinergics and Botox injections, which also haven't helped. She has an old radial nerve palsy on the right arm, secondary to a spiral fracture of the right humerus.

On examination today the cervical spine shows limitation in flexion and extension with trapezius in the middle and upper fibres, but there is no motor weakness or sensory loss specific to the left arm, over and above the radial palsy. The lumbar spine shows a global decrease in range of movement. Straight leg raise was to 60° and Lasagues test was positive bilaterally, but no specific motor weakness or reflexes were brisk. There is no sensory feeling below the knees and loss of joint position sense in all the toes. Peripheral pulses were normal. Capillary refill was normal.

This lady has a bilateral lower leg peripheral neuropathy and a Raynaud's phenomenon. There is a possibility of L5-S1 root irritation bilaterally, but there is no further radicular symptoms. I have arranged an MRI scan of the whole spine, but would be grateful for your assessment of her peripheral neuropathy as to the cause.

Many thanks for your help.

Yours sincerely

Dictated but not signed to avoid delay

Dr Paul Staker
Orthopaedic Physician
Clinical Assessment Service

Following the principles within the General Data Protection Regulation (GDPR), MCH processes your data for purposes of:

- provision of health or social care or treatment
- medical diagnosis
- preventative or occupational medicine
- management of health or social care systems and services, carried out by, or under the supervision of health professional or another person, who in the circumstances owes a duty of confidentiality under an enactment or rule of law

Our privacy notice is available on our website

<https://www.medwaycommunityhealthcare.nhs.uk/privacy/>

If you would like to view or request a copy of your patient record, please contact MCH Governance team via email medch.dataprotection@nhs.net or telephone 01634 334640. In most instances this service is free and we aim to provide the requested information within 30 days.

More information can be found by visiting:

<https://www.medwaycommunityhealthcare.nhs.uk/contact-us/information-about-me/>



Cc: (ESend)GP

PRIVATE AND CONFIDENTIAL

St Georges Medical Centre (G82057)
55 St Georges Avenue
Sheerness
Kent
ME12 1QU

Cc: Patient

PRIVATE AND CONFIDENTIAL

Miss Katrina Margery
1 Wing House
Wing Road
Leysdown-on-sea, Sheerness
Kent
ME12 4QR
(For Information Only)

