

Personal high blood pressure action plan

Name	 2806625653 M		Date of birth
GP name	FERGUSON William		
Practice nurse name	40 Drovers Bank 3-40 Hailesland Park Edinburgh EH14 2RF		
My blood pressure 28/06/1962			
 Medication	Dose	When I take it	Target BP



Blood pressure readings option if you want to write any down

Date	Time	Reading 1 mmHg	Reading 2 mmHg
28/02/21	THUR	147 / 90	1
	FRI	143 / 96	143 / 95
	SAT	145 / 101	1
	SUN	129 / 87	137 / 90
	MON	152 / 95	1
	TUE	153 / 97	149 / 91
	WED	148 / 93	139 / 95
	THUR	126 / 89	1
	FRI	147 / 92	139 / 88
	SAT	142 / 90	1
	SUN	140 / 90	136 / 86
	MON	143 / 90	135 / 83
9/3/21	TUE	139 / 93	1
		1	1
		1	1
		1	1

Some tips to make sure your blood pressure reading is accurate

Wear loose clothing.

Don't rush straight in from exercising or a stressful journey to take your blood pressure.

Do not have a drink containing caffeine, eat a heavy meal or smoke within the half hour before taking your blood pressure.

Sit quietly for at least 5 minutes with your back against a chair, and your arm supported, uncovered, at the level of your heart. You will need to wrap the cuff of the machine around the bare skin of your arm.

Don't talk while taking your blood pressure.

Take two measurements of your blood pressure, and if these are very different, take a third, and send in the lowest of these to Flo.

Average BP 140 / 91

William Ferguson	CHI:2806625653
Protocol:	National BP Protocol Weekly reading v3[3M]

BP Readings				
Date	Time	Systolic	Diastolic	Alert
09/03/2021	12:52	146	90	BP Above Desired Range
10/03/2021	06:49	141	90	BP Above Desired Range
11/03/2021	07:46	138	94	BP Above Desired Range
24/03/2021	06:40	137	95	BP Above Desired Range
24/03/2021	18:18	138	94	BP Above Desired Range
25/03/2021	07:13	134	97	
25/03/2021	18:30	132	93	
26/03/2021	07:12	134	87	
26/03/2021	18:02	137	88	BP Above Desired Range
27/03/2021	07:45	138	91	BP Above Desired Range
28/03/2021	00:53	141	93	BP Above Desired Range
28/03/2021	18:23	135	89	BP Above Desired Range
29/03/2021	09:59	136	89	BP Above Desired Range
29/03/2021	18:02	129	88	
30/03/2021	06:26	137	97	BP Above Desired Range
30/03/2021	18:29	125	94	
31/03/2021	07:04	131	98	
31/03/2021	17:26	137	96	BP Above Desired Range
01/04/2021	07:13	113	83	
02/04/2021	07:06	134	91	
02/04/2021	18:49	134	93	
03/04/2021	07:31	130	89	
03/04/2021	21:03	123	87	
04/04/2021	07:20	132	90	
04/04/2021	18:00	131	95	
05/04/2021	07:06	127	89	
05/04/2021	17:22	123	86	
06/04/2021	09:21	133	89	
07/04/2021	10:12	131	89	
07/04/2021	17:37	131	86	
08/04/2021	08:00	122	87	
08/04/2021	17:54	131	89	
09/04/2021	07:20	134	89	
14/04/2021	18:03	130	87	
15/04/2021	07:08	125	82	
15/04/2021	18:48	127	82	
16/04/2021	07:48	128	89	
16/04/2021	17:16	124	87	
17/04/2021	07:37	130	92	
18/04/2021	07:39	130	87	
18/04/2021	18:47	123	83	
19/04/2021	08:00	130	87	
19/04/2021	18:08	131	86	
20/04/2021	08:39	129	88	
20/04/2021	17:54	127	82	
21/04/2021	06:44	132	87	
21/04/2021	17:54	128	86	
22/04/2021	09:11	119	85	
22/04/2021	17:33	126	86	
23/04/2021	06:12	125	92	

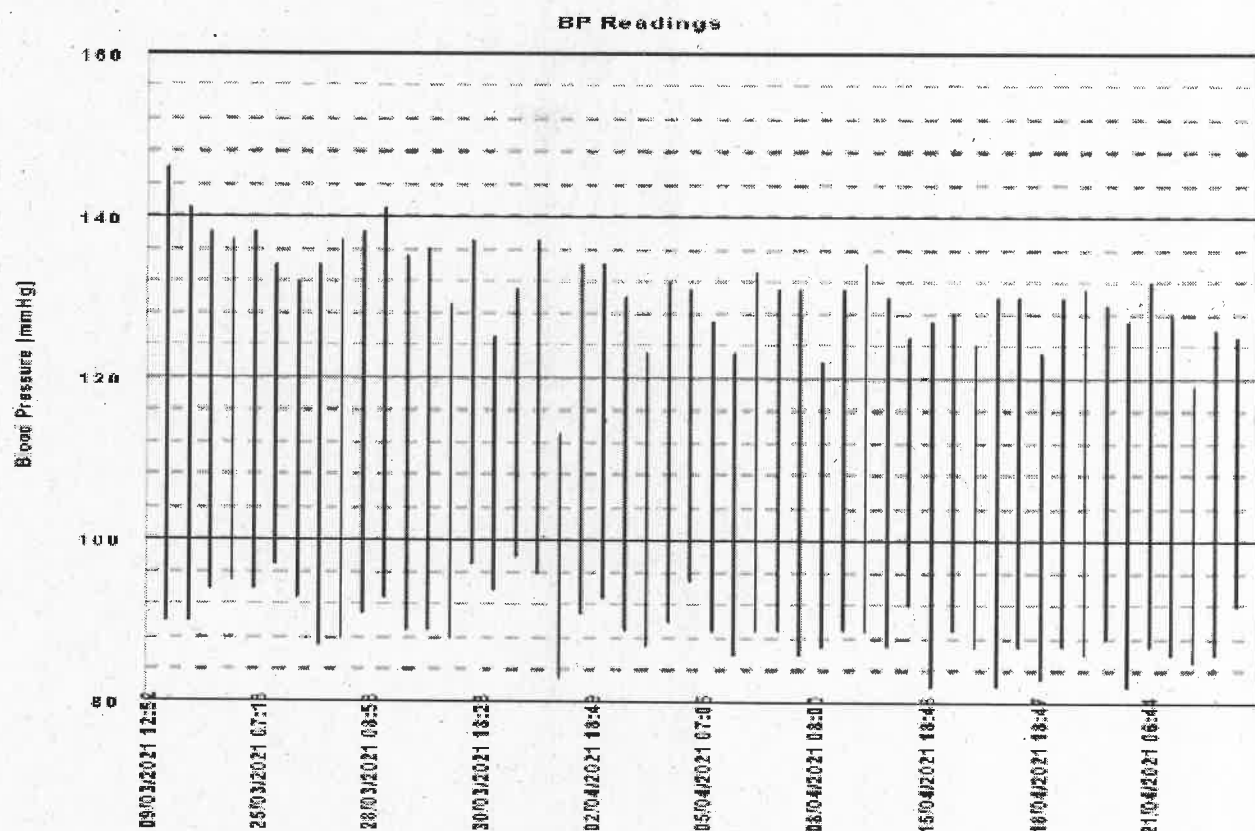
BP Statistics	
Avg Systolic	131
Avg Diastolic	89
Max Systolic	146
Min Systolic	113
Max Diastolic	98
Min Diastolic	82
Target	<135/85

ALERT

READINGS SUGGEST THAT BLOOD PRESSURE IS NOT CONTROLLED. CONSIDER ADHERENCE OR CHANGE IN THERAPY.

Report Date: 26/06/2021

Report Period: All Patient BPs Up To and Including 25/06/2021.



Department of Neurology

13 APR 2021

Dr Cowell
Wester Hailes Medical Practice
Wester Hailes Healthy Living Centre
30 Harvesters Way
Edinburgh
EH14 3JF

Date First Created 08/04/2021

Date Authorised

Date/Time Printed 08/04/2021 10:48

Our Ref 700480849A

CHI 2806625653

Patient:	Mr William Ferguson 40 Drovers Bank 3/40 Hailesland Park Edinburgh EH14 2RF	UHPI:	700480849A
		Date of Birth:	28/06/1962
Clinic Code:	DCNPL/RJD/THU	Attendance Date:	01/04/2021
Specialty:	Neurology		
Consultant:	Dr RJ Davenport		

Neurology:

DCN Tel (Appointments)
Tel: 0131 312 1552

Dear Dr Cowell,

Dictated: 1 April 2021

Typed: 8 April 2021

Diagnosis:

- 1 Right L5 root lesion ?cause
- 2 Hypertension
- 3 Previous left ulnar neuropathy 2011

Current medication: Amlodipine 25mg once a day

THIS CONSULTATION TOOK PLACE DURING THE COVID-19 PANDEMIC

History:

Further to your letter, I had a face to face consultation with Mr Ferguson, he is 58, right-handed and has just been made redundant from his job with World Books, lives alone and has four grown up children (one daughter and three sons). About a year ago, he first became aware of some modest pain in his right buttock, and then became aware of a numbness affecting the dorsum of the right foot radiating up the lateral aspect of the right lower leg. The pain seemed to settle, although more recently has recurred, although not severely. Motor wise, he has noticed he occasionally slaps his foot, but does not trip over it. He has

NHS Lothian

Sighthill Health Centre
380 Calder Road
Edinburgh
EH11 4AU

Physiotherapy - MSK

Dr Cowell
Wester Hailes Medical Practice
Wester Hailes Healthy Living Centre
30 Harvesters Way
Edinburgh
EH14 3JF

Date: 12/05/2021

Outpatient Clinic Letter

Patient	William Ferguson 40 Drovers Bank 3/40 Hailesland Park Edinburgh EH14 2RF	CHI	2806625653
		Date of Birth / Age	28/06/1962 (58 years)
		UHPI	700480849A
Attendance Date			
Consultant	Gordon Clark		

Dear Dr Cowell

Physiotherapy discharge report.

Resolving right foot drop and L5 radicular symptoms. Right foot drop resolved, and ongoing weakness improving with strengthening exercises and regular walking. Awaits nerve conduction studies. Agreed to SOS appointment until the end of August 2021.

Gordon Clark
Band 7 physiotherapist.

Cont'd...

Ref: 700480849A

Patient Name: Mr William Ferguson

no symptoms elsewhere, and his sphincters are intact. He smokes roll ups, about 11 per day, drinks little alcohol presently because of the lockdown, and has a driving licence, and is able to drive without difficulty.

Examination:

He looked well with a regular pulse. The neurological examination was normal with the exception of the right lower leg. There was some wasting of the peroneal but also posterior muscle compartments. Power testing was normal except for weakness of right ankle dorsiflexion, he can overcome gravity. The reflexes were preserved (both ankle jerks with reinforcement), plantars flexor and he indicated a sensory disturbance conforming to the L5 dermatome. His gait was consistent a foot drop, and he could not walk on heels.

Impression:

I reviewed his electronic record, in 2011 he was seen in a rheumatology clinic primarily because of problems with his right knee, but he also had on examination some numbness in the left ulnar region, he underwent nerve conduction studies which were said to reveal a mild left ulnar compressive neuropathy.

I think this looks more like a root lesion, and although I might have expected more pain with a compressive radiculopathy, an MR lumbar spine is the first investigation which I have organised. I have also requested nerve conduction studies, although we may cancel these if the scan confirms a structural explanation. It transpired he had been very worried about today's visit, and I reassured him I could not see any sinister features, and he was quite relieved.

With kind regards

Yours sincerely

authorised to send by
Dr Richard Davenport
Consultant Neurologist
Email: richard.davenport@nhslothian.scot.nhs.uk

Tel: 0131-312 0691
Appts: 0131-312 1552

cc: William Ferguson, 40 Drovers Bank, 3/40 Hailesland Park, Edinburgh EH14 2RF
Dr F Shaikh, Consultant Neurophysiologist, DCN

NHS Lothian

Royal Infirmary of Edinburgh

Dept. of Clinical Neurosciences
50 Little France Crescent
Edinburgh BioQuarter
EH16 4TJ

Neurology

Dr Cowell
Wester Hailes Medical Practice
Wester Hailes Healthy Living Centre
30 Harvesters Way
Edinburgh
EH14 3JF

Date: 07/05/2021

Outpatient Clinic Letter

Patient	William Ferguson 40 Drovers Bank 3/40 Hailesland Park Edinburgh EH14 2RF	CHI	2806625653
		Date of Birth / Age	28/06/1962 (58 years)
		UHPI	700480849A
Attendance Date	01/04/2021		
Consultant	Dr RJ Davenport		

Dear Dr Cowell

Dictated: 7 May 2021

Typed: 7 May 2021

Further to my letter, his MR spine revealed some mild degenerative change but no evidence of root compression to explain his symptoms. We are awaiting nerve conduction studies, which now do become relevant in the absence of any obvious structural explanation and I shall revert to you with the results of these in due course.

With kind regards

Yours sincerely

authorised to send by

NHS Lothian

Royal Infirmary of Edinburgh

Dept. of Clinical Neurosciences
50 Little France Crescent
Edinburgh BioQuarter
EH16 4TJ

Neurology

Dr Cowell
Wester Hailes Medical Practice
Wester Hailes Healthy Living Centre
30 Harvesters Way
Edinburgh
EH14 3JF

Date: 03/09/2021

Outpatient Clinic Letter

Patient	William Ferguson 40 Drovers Bank 3/40 Hailesland Park Edinburgh EH14 2RF	CHI	2806625653
		Date of Birth /	28/06/1962 (59 years)
		Age	
		UHPI	700480849A
Attendance Date	01/04/2021		
Consultant	Dr RJ Davenport		

Dear Dr Cowell

Dictated: 2 September 2021

Typed: 3 September 2021

Further to my letter, I now have the results of the nerve conduction studies, which confirm the clinical impression of a chronic L5 radiculopathy on the right. There was however no evidence of ongoing axonal loss to suggest an active disease process, and no underlying evidence of a peripheral neuropathy. Imaging has excluded a structural cause for this. I think at the moment therefore no further action is required, and we have no evidence here of any more sinister progressive disorder. If his foot drop interferes with his walking, then he could consider an AFO (available via orthotics), but this looks like an isolated and chronic lesion.

With kind regards

Rheumatic Diseases Unit

Dr Cowell
Wester Hailes Health Centre
7 Murrayburn Gate
Edinburgh
EH14 2SS

Date First Created 15/06/2011
Date Authorised
Date/Time Printed 17/06/2011 14:02
Our Ref 700480849A
CHI 2806625653

Patient: Mr William Ferguson 3/40 Hailesland Park Drovers Bank Edinburgh EH14 2RF	UHPI: 700480849A Date of Birth: 28/06/1962
Clinic Code: EMCR/TUE Specialty: Rheumatology Consultant: Dr E McRorie	Attendance Date: 17/05/2011

Dear Dr Cowell,

Please find enclosed a copy of my letter regarding Mr Ferguson. If, following the anticipated intra-articular steroid injection into the right knee, his knee flares again prior to his next appointment please let me know.

Kind regards.

Yours sincerely


Dr Euan McRorie
Consultant Rheumatologist

Date dictated: 17.05.11
Date typed: 14.06.11
(EMCR/AN)

Rheumatology

Dr N Amft
Secretary
0131 537 3564

Dr P L Riches
Secretary
0131 536 8330

Dr V B Dhillon
Secretary
0131 537 1806

Dr M K Gray
Secretary
0131 537 3564

Dr C M Lambert
Secretary
0131 537 1798

Dr Neil McKay
Secretary
0131 537 1806

Dr E R McRorie
Secretary
0131 537 1016

Professor S Raiston
Secretary
0131 537 1813

Dr A Daroszevska
Secretary
0131 537 1813

Nurse Practitioners
Secretary
0131 537 3677
Helpline - 0131 537 1405

Osteoporosis Nurses
Jackie Berg 0131 537 3903
Gina De Lara 0131 537 2583

Ward 11
0131 537 2676
Clinic Appointments
0131 537 1340/46
Fax: 0131 537 1051

Outpatient Clinic Letter

17 JUN 2011

Rheumatic Diseases Unit

Gill Daly
Extended Scope Physiotherapist
OPD6
RIE

Date First Created 15/06/2011
Date Authorised
Date/Time Printed 15/06/2011 11:43
Our Ref 700480849A
CHI 2806625653

Patient: Mr William Ferguson 3/40 Hailesland Park Drovers Bank Edinburgh EH14 2RF	UHPI: 700480849A Date of Birth: 28/06/1962
Clinic Code: EMCR/TUE Specialty: Rheumatology Consultant: Dr E McRorie	Attendance Date: 17/05/2011

Rheumatology

Dr N Amft
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0131 537 3564

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0131 537 1806

Dr M K Gray
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0131 537 3564

Dr C M Lambert
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0131 537 1798

Dr Neil McKay
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Dr E R McRorie
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Professor S Ralston
Secretary
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Dr A Daroszevska
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Jackie Berg 0131 537
3903
Gina De Lara 0131 537
2583

Ward 11
0131 537 2676
Clinic Appointments
0131 537 1340/46
Fax : 0131 537 1051

Dear Gill Daly,

Diagnoses
Mono arthritis right knee
Left ulnar neuropathy

Medication at end of visit
Nil

Many thanks for referring Mr Ferguson, a 48 year old right handed gentleman, to the Rheumatology Clinic. There is a 2 year history of pain and swelling affecting the right knee which gives way at times and limits his exercise tolerance to around half a mile. There has also been some sleep disturbance. There is also a 2 year history of numbness affecting the medial aspect of the left hand. There have been no symptoms of extra-articular rheumatic disease and there is no relevant family history. He is a former rigger but is unemployed at the moment because of the problems he has had with the right knee.

On examination he looked well. BMI 27. Blood pressure 154/93. Urinalysis was clear. There was no cutaneous vasculitis and no psoriasis. The nails were normal. There was diminution in fine touch in the distribution of the left ulnar nerve but no motor weakness and no muscle wasting. On locomotor assessment there was synovitis at the right knee where flexion was restricted to 140 degrees. There was no local warmth or tenderness. There was no leg length discrepancy. Examination of hips and other peripheral joints was unremarkable as was spinal assessment. He has modest right-sided quadriceps wasting.

Outpatient Clinic Letter

Cont'd...

Ref: 700480849A

Patient Name: Mr William Ferguson

I note that the MRI scan of the right knee demonstrated synovial enhancement and a 1.5 cm flap of articular cartilage affecting the left femoral trochlea.

The cause of Mr Ferguson's mono arthritis and left ulnar neuropathy is as yet unclear. He has no features to suggest systemic vasculitis or a connective tissue disease that may link the two. I have checked his basic blood tests today as well as autoimmune serology and arranged nerve conduction studies and a chest x-ray. If the results of the basic blood tests are fine I plan to recall him to arrange a local steroid injection into the right knee. Any fluid aspirated will be sent for culture and crystals. Thereafter I have asked him to resume quadriceps exercises. Whether he needs further investigation and/or second line drug therapy will depend on the response to the first steroid injection. I am afraid his next routine review appointment is not for a further 6 months but if he runs into any difficulties before then I would be grateful if Dr Cowell could let me know as I will try and squeeze him in sooner.

Kind regards.

Yours sincerely



Dr Euan McRorie
Consultant Rheumatologist

Date dictated: 17.05.11
Date typed: 14.06.11
(EMCR/AN)

CC:

Dr Cowell
Wester hailes Health Centre
7 Murrayburn Gate
Edinburgh

7 JUN 2011

Rheumatic Diseases Unit

Dr Cowell
Wester Hailes Health Centre
7 Murrayburn Gate
Edinburgh
EH14 2SS

Date First Created 23/08/2011
Date Authorised
Date/Time Printed 23/08/2011 12:22
Our Ref 700480849A
CHI 2806625653

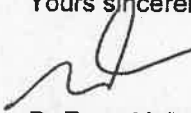
Patient: Mr William Ferguson 3/40 Hailesland Park Drovers Bank Edinburgh EH14 2RF	UHPI: 700480849A Date of Birth: 28/06/1962	Rheumatology Dr N Amft Secretary 0131 537 3564 Dr P L Riches Secretary 0131 536 8330 Dr V B Dhillon Secretary 0131 537 1806 Dr M K Gray Secretary 0131 537 3564 Dr C M Lambert Secretary 0131 537 1798 Dr Neil McKay Secretary 0131 537 1806 Dr E R McRorie Secretary 0131 537 1016 Professor S Ralston Secretary 0131 537 1813 Dr A Daroszevska Secretary 0131 537 1813 Nurse Practitioners Secretary 0131 537 3677 Helpline - 0131 537 1405 Osteoporosis Nurses Jackie Berg 0131 537 3903 Gina De Lara 0131 537 2583 Ward 11 0131 537 2676 Clinic Appointments 0131 537 1340/46 Fax : 0131 537 1051
Clinic Code: EMCR/TUE Specialty: Rheumatology Consultant: Dr E McRorie	Attendance Date: 17/05/2011	

Dear Dr Cowell,

Please find enclosed a copy of the report relating to Mr Ferguson's recent nerve conduction studies. As you will see the report provides evidence of a mild compressive neuropathy.

Kind regards,

Yours sincerely


Dr Euan McRorie
Consultant Rheumatologist

Date dictated: 19.08.11
Date typed: 23.08.11
(EMCR/AN)

24 AUG 2011

Outpatient Clinic Letter

Department of Clinical Neurophysiology

Western General Hospital

Crewe Road, Edinburgh, EH4 2XU

Tel: 0131 537 2097 Fax: 0131 537 2096

Name William Ferguson
ID 5653
Sex Male
Age 49
Techut
Physician E McRorie
Diagnosis WGH

Height 0'0"
Birth date 28-06-62
Report date 16-08-11
Invest. date 16-08-11
Invest. nr 00010766

Conclusion : NCS are in keeping with a mild lesion of the left ulnar nerve at the elbow. I would not recommend surgery for this. I have emphasised he should refrain from leaning on the elbow.

Dr Gregory Moran
Consultant Clinical Neurophysiologist

MOTOR NERVES:

	Lat SD [ms]	Amp SD [mV]	CV SD [m/s]	Amp% SD [%]	F-M SD [ms]
Left Ulnaris					
Wrist - ADM	2.5	13.1			
Ab Elb - Wrist	9.6	11.4	46.5	-13	

SENSORY NERVES:

	Lat SD [ms]	Amp SD [uV]	CV SD [m/s]	Amp% SD [%]
Left Medianus				
Dig III - Wrist	2.1	56	60.5	
Right Ulnaris				
Dig V - Wrist	1.56	8.6		
Left Ulnaris				
Dig V - Wrist	1.77	5.1		

COPY TO GP
THEN FILE
DR E.R. McRORIE

Rheumatic Diseases Unit

Dr Cowell
Wester Hailes Health Centre
7 Murrayburn Gate
Edinburgh
EH14 2SS

Date First Created 25/05/2011
Date Authorised
Date/Time Printed 25/05/2011 15:43
Our Ref 700480849A
CHI 2806625653

Patient:	Mr William Ferguson 3/40 Hailesland Park Drovers Bank Edinburgh EH14 2RF	UHPI:	700480849A
		Date of Birth:	28/06/1962
Clinic Code:	AM/DCU	Attendance Date:	25/05/2011
Specialty:	Rheumatology		
Consultant:	Andrea K McBride		

Dear Dr Cowell,

25/5/11

Your patient detailed above attended the Rheumatology nurse specialists' clinic today, at Dr McRories request.
Right knee joint injection was performed as per referral instruction.

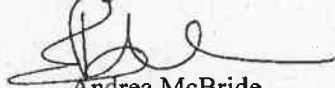
Right knee: 80mgs methyl prednisolone
2mls 1% Lidocaine

Apologies, inadequate sample of aspirate obtained for analysis as per request.

The procedures detailed above was prescribed and performed using aseptic technique.

All appropriate patient information was given in accordance with protocol.

Regards



Andrea McBride
Rheumatology nurse specialist

copy : medical records / Gp

27 MAY 2011

Rheumatology

Dr N Amft
Secretary
0131 537 3564

Dr P L Riches
Secretary
0131 536 8330

Dr V B Dhillon
Secretary
0131 537 1806

Dr M K Gray
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0131 537 3564

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2583

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0131 537 1340/46
Fax : 0131 537 1051

Outpatient Clinic Letter

Department of Trauma and Orthopaedic Surgery

Dr Cowell
 Wester Hailes Health Centre
 7 Murrayburn Gate
 Edinburgh
 EH14 2SS

Date First Created 22/03/2011
 Date Authorised
 Date/Time Printed 22/03/2011 17:01
 Our Ref 700480849A
 CHI 2806625653

Patient:	Mr William Ferguson 3/40 Hailesland Park Drovers Bank Edinburgh EH14 2RF	UHPI:	700480849A
		Date of Birth:	28/06/1962
Clinic Code:	KNEE/PM	Attendance Date:	25/11/2010
Specialty:	Orthopaedics		
Consultant:	Orthopaedic Gill Daly		

Orthopaedics

Mr C Adams
 Mr IH Annan
 Miss L Biant
 Prof SJ Brusch
 Mr R Burnett
 Dr J Campbell
 Prof C Court Brown
 Mr E Garrido
 Mr P Gaston
 Mr JNA Gibson
 Mr C Howie
 Mr J Keating
 Mr G Keenan
 Mr GM Lawson
 Miss JM McBirnie
 Mr J McKinley
 Prof M McQueen
 Mr M Moran
 Mr RW Nutton
 Mr CW Oliver
 Mr JTP Patton
 Mr D Porter
 Mr JJ Reid
 Mr C M Robinson
 Mr HS Shalaby
 Prof AHRW Simpson
 Mr T Tsirikos
 Mr FA Wade
 Mr T White

Appointment Enquiries:
 Tel: 0131 242 3451
 0131 242 3529
 0131 242 3543

Arthroplasty Practitioner
 Enquiries:
 Tel: 0131 536 3724

Trauma Nurse
 Practitioners:
 Tel: 0131 242 3410

Dear Dr Cowell,

Dictated - 17/3/11.

I contacted Mr Ferguson with the results of his MRI scan. These showed there to be a significant, slightly irregular synovial enhancement, consistent with the a synovitis. There was a flap of articular cartilage affecting the lateral femoral trochlea with extensive subchondral bone marrow oedema. Cruciate and collateral ligaments were intact. Both medial and lateral compartments are also degenerate with blunting of both menisci but no frank tears. I was able to discuss this gentleman's case with Mr White, Consultant Orthopaedic Surgeon. It was felt that he had a monoarthritis and that he should be referred to Rheumatology for a further assessment and opinion. Mr Ferguson understands this referral will now be made and he will await an appointment from the Western General Hospital.

I have not arranged for any routine Orthopaedic review but would happily see him again at the request of the Rheumatologist.

Yours sincerely

Gill Daly

Gill Daly
 Extended Scope Physiotherapist

25 MAR 2011

Department of Trauma and Orthopaedic Surgery

Dr Cowell
 Wester Hailes Health Centre
 7 Murrayburn Gate
 Edinburgh
 EH14 2SS

Date First Created 10/02/2011

Date Authorised

Date/Time Printed 10/02/2011 08:55

Our Ref 700480849A

CHI 2806625653

14 FEB 2011

Patient: Mr William Ferguson
 3/40 Hailesland Park
 Drovers Bank
 Edinburgh
 EH14 2RF

UHPI: 700480849A

Date of Birth: 28/06/1962

Attendance Date: 25/11/2010

Clinic Code: KNEE/PM

Specialty: Orthopaedics

Consultant: Orthopaedic Gill Daly

Orthopaedics

Mr C Adams
 Mr IH Annan
 Miss L Biant
 Prof SJ Breusch
 Mr R Burnett
 Dr J Campbell
 Prof C Court Brown
 Mr E Garrido
 Mr P Gaston
 Mr JNA Gibson
 Mr C Howie
 Mr J Keating
 Mr G Keenan
 Mr GM Lawson
 Miss JM McBirnie
 Mr J McKinley
 Prof M McQueen
 Mr M Moran
 Mr RW Nulton
 Mr CW Oliver
 Mr JTP Patton
 Mr D Porter
 Mr JJ Reid
 Mr C M Robinson
 Mr HS Shalaby
 Prof AHRW Simpson
 Mr T Tsirikos
 Mr FA Wade
 Mr T White

Appointment Enquiries:

Tel: 0131 242 3451
 0131 242 3529
 0131 242 3543

Arthroplasty Practitioner

Enquiries:
 Tel: 0131 536 3724

Trauma Nurse

Practitioners:
 Tel: 0131 242 3410

Dear Dr Cowell,

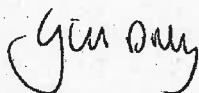
Dictated - 9/2/11.

Thank you for your letter regarding the above patient. I am unsure as to why you did not receive a copy of his Clinic Report from 1 December 2010. I have enclosed a copy of the Clinic Report for your further detailed information. My Secretary has looked into when a scan has been organised for his knee and I understand he has a date for a scan on 14 February. I will contact the patient once the results of the MRI are known and of course forward you a copy of the Clinic Note for your further information.

I am unsure as to why he did not receive a copy of the Clinic Note in the first instance. I apologise for any inconvenience this may have caused.

Kind regards.

Yours sincerely



Gill Daly
 Extended Scope Physiotherapist

GD/MF

Outpatient Clinic Letter

Department of Trauma and Orthopaedic Surgery

Dr Cowell
 Wester Hailes Health Centre
 7 Murrayburn Gate
 Edinburgh
 EH14 2SS

Date First Created 01/12/2010
 Date Authorised
 Date/Time Printed 01/12/2010 10:16
 Our Ref 700480849A
 CHI 2806625653

Patient: Mr William Ferguson
 3/40 Hailesland Park
 Drovers Bank
 Edinburgh
 EH14 2RF

UHPI: 700480849A
 Date of Birth: 28/06/1962

Clinic Code: KNEE/PM

Specialty: Orthopaedics

Consultant: Orthopaedic Gill Daly

Attendance Date: 25/11/2010

Orthopaedics

Mr C Adams
 Mr IH Annan
 Miss L Biant
 Prof SJ Breusch
 Mr R Burnett
 Dr J Campbell
 Prof C Court Brown
 Mr E Garrido
 Mr P Gaston
 Mr JNA Gibson
 Mr C Howie
 Mr J Keating
 Mr G Keenan
 Mr GM Lawson
 Miss JM McBirnie
 Mr J McKinley
 Prof M McQueen
 Mr M Moran
 Mr RW Nutton
 Mr CW Oliver
 Mr JTP Patton
 Mr D Porter
 Mr JJ Reid
 Mr C M Robinson
 Mr HS Shalaby
 Prof AHRW Simpson
 Mr T Tsiirikos
 Mr FA Wade
 Mr T White

Appointment Enquiries:
 Tel: 0131 242 3451
 0131 242 3529
 0131 242 3543

Arthroplasty Practitioner
 Enquiries:
 Tel: 0131 536 3724

Trauma Nurse
 Practitioners:
 Tel: 0131 242 3410

Dear Dr Cowell,

SEEN IN CONSULTANT-LED KNEE CLINIC BY GILL DALY (ESP)

DIAGNOSIS

Spontaneous onset of swelling, right knee.

HISTORY

This 48 year old gentleman complained of an insidious onset of right knee swelling around 18 months ago. More laterally, he has complained of increasing pain around the suprapatellar area and symptoms are aggravated by walking and climbing stairs as well as at night. He does not complain of any locking but the knee can intermittently give way as well as swell up further. He reports symptoms are well localised to the knee, although he complains of intermittent discomfort in his hip after walking for some time. He can intermittently waken at night and complains of 30 minutes of morning stiffness. No previous history of injury to the knee in the past. No relevant medical history and is otherwise very fit and well. There is no family history of inflammatory arthropathies. He denies any potential other sources of infection in the knee.

EXAMINATION

Slim gentleman who walks with an antalgic gait. He was able to stand with his knees in full extension. Squatting and single knee bend were significantly limited due to increasing pain. Marked effusion noted in the knee. Hip joint range was full and pain free. Knee range uncomfortable at

Outpatient Clinic Letter

Cont'd...

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120 degrees of flexion. The knee was stable to all ligamentous examination. Minimal tenderness provoked on palpation over the joint margin. Reduced quadriceps muscle strength.

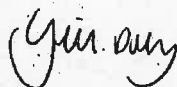
X-RAYS

Weightbearing A/P and lateral X-rays showed intact joint spaces in all 3 compartments. I will await the formal report on these.

OPINION & PLAN

In view of the insidious onset of swelling in Mr Ferguson's knee, I will organise an MRI scan to image the knee further. I have also organised some bloods. I will contact him once the results of all the tests are known.

Yours sincerely



Gill Daly
Extended Scope Physiotherapist

LANARKSHIRE HEALTH BOARD

B.C.G. VACCINATION OF SCHOOL LEAVERS

To:

Dr. Austin.....
18 $\frac{1}{2}$ Academy Street, CO.....
COATBRIDGE.....

Your Patient

William A. Ferguson..... (born) 28.6.62.....
120 Howlettnest Road, AIRDRIE.....

was one of those children dealt with at school this year under the Scheme for the
B.C.G. Vaccination of School leavers. The details are as follows:-

A. Tuberculin Test

The result of Mantoux Test (0.1cc of 1/1000 O.T.) was

~~POSITIVE~~ (area of induration mm. in diameter)
XXXXXXXXXX
NEGATIVE.

B. B.C.G. Vaccination

- (a) The Tuberculin test being ~~POSITIVE~~ vaccination was not done.
(b) The tuberculin test being NEGATIVE vaccination was carried out
on 13.2.76..... using 0.1cc. of Standard B.C.G.
Vaccine.

Yours faithfully,

ROBERT J. LUMSDEN
Medical Officer.

Health Department,
AIRDRIE.