

Subject Access Request



Patient	Miss Kirsty Heggie
Date of birth	19-Oct-1990 (age 35)
Gender	F
NHS number	
Patient's address	59 Mariner Road CAMELON FALKIRK FK1 4LE
Date range selected	Full record
Organisation	
Reference	

Problems

Active

19-Mar-2026 Mrs Courtney Shaw (CDS)
DNA surgery appointment - 2nd letter

01-Oct-2025 Mrs Courtney Shaw (CDS)
DNA surgery appointment - 1st letter

13-May-2024 Mrs Courtney Shaw (CDS)
[X]Mixed and other personality disorders

13-May-2024 Mrs Courtney Shaw (CDS)
History of complex trauma in childhood

13-May-2024 Mrs Courtney Shaw (CDS)
History of substance misuse

13-May-2024 Mrs Courtney Shaw (CDS)
Alcohol misuse

08-Feb-2023 Mrs Elizabeth Rodger (ELIZABETH_18751)
Cervical smear defaulter

09-Jan-2021 Mrs Courtney Shaw (CDS)
Confirmed 2019-nCoV (novel coronavirus) infection

Significant Past

04-Jan-2018 Mrs Laura Fraser (LF1523)
Drug dependence
Pre 2014 heroin, cocaine, all hallucinogenics

02-Jun-2017 Mrs Laura Fraser (LF1523)
Homeless single person
also in 2015- sofa surfing, occasional camping

20-Jun-2015 Mrs Laura Fraser (LF1523)
H/O: repeated overdose
2014, 2009

25-Sept-2014 Mrs Laura Fraser (LF1523)
Suicidal ideation

06-Aug-2010 Mrs Laura Fraser (LF1523)
Herpes simplex

01-Jan-2009 Mrs Laura Fraser (LF1523)
Low mood

01-Jan-2008 Mrs Laura Fraser (LF1523)
H/O: deliberate self harm

04-July-2002 Mrs Laura Fraser (LF1523)
Fracture of clavicle

27-Feb-2001 Mrs Laura Fraser (LF1523)
Recurrent urinary tract infection
Grade 1 reflux evident to mid right ureter

01-Feb-2000 Mrs Laura Fraser (LF1523)
History of vesicoureteric reflux

01-Jan-1997 Mrs Laura Fraser (LF1523)
Chickenpox - varicella

Minor Past

09-Sept-2025 Nurse Tracy Warriner (TW)

Did not attend - no reason

17-Apr-2020 Mrs Courtney Shaw (CDS)

Notes summary on computer
Papernotes and Docman

28-Aug-2019 Mr Gordon Christie (GC1520)

Suspected UTI

28-Aug-2019 Mr Gordon Christie (GC1520)

[D]Insomnia NOS

11-May-2011 Dr Kenny Nelson (KENNY_18751)

Mixed bipolar affective disorder, NOS
Diagnosis discounted 2024.

Consultations

10-Jun-2026 Mrs Courtney Shaw (CDS) iGPR

History	Medical report sent Subject Access Request sent to third party (MMA Legal, Ref: 100243)
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10-Jun-2026 Mrs Courtney Shaw (CDS) iGPR

History	Medical report requested Subject Access Request requested by third party (MMA Legal)
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09-Jun-2026 Mrs Courtney Shaw (CDS) Data Entry

Comment	Comment Text sent to patient to offer CVD review appointment with our HCA.
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04-Jun-2026 Dr Kenny Nelson (KENNY_18751) Data Entry

Comment	Comment Acute Rx
Medication	Medication Mirtazapine Tablets 15 mg 56 TABLET ONE TABLET TO BE TAKEN AT NIGHT

16-Mar-2026 Dr Kenny Nelson (KENNY_18751) Telephone Consultation

History	History Mirt helping but lost 2 strips, about to run out. Rx done.
Medication	Medication Mirtazapine Tablets 15 mg 56 TABLET ONE TABLET TO BE TAKEN AT NIGHT

10-Feb-2026 Nurse Tracy Warriner (TW) CAMELON MEDICAL PRACTICE Main Surgery

Comment	Comment Bus pass form application signed for 1 year to allow her to complete private counselling sessions in Ediburgh. See below.
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06-Feb-2026 Dr Kenny Nelson (KENNY_18751) Telephone Consultation

History	History Has PMS as well as other affective problems. Read about using a-d's during worst times of month. Tried with old supply of mirt - seemed to work well. Rx given, let us know how she gets on.
Medication	Medication Mirtazapine Tablets 15 mg 56 TABLET ONE TABLET TO BE TAKEN AT NIGHT

13-Jan-2026 Nurse Tracy Warriner (TW) CAMELON MEDICAL PRACTICE Main Surgery

Problem Problem Anxiety

Examination Examination Good eye contact. Reactive. Normal speech. Engaged in skills work. Appeared settled. No agitation or distress. She has insight.

Comment Comment F2f appt. Noted arrived 30 mins early. See past note. Discussed anxiety management - fight or flight responses. Feeling the fizz. Recognising the physical and psychological effects of anxiety. A big trigger is the way her ex partner treated her. Understandably she feels angry. She has some of her own coping strategies that she uses like playing her keyboard. Often gets lost in her thoughts about past trauma rather than being in the moment. I encouraged her to use distress tolerance techniques - 54321 and STOPP. Take deep breaths. Use other types of distractions that she can absorb herself in - she likes writing and free style dance. . Try progressive muscle relaxation. There is a meditation website that she follows. Suggest start setting the scene during the day from early morning to keep herself in a calm headspace. Try sensory approaches - candles. Putting on soothing background music. I printed off the Decider skills booklet for her. She has been offered counselling privately in Edinburgh - therefore agreed to sign a bus pass form to allow her to attend. Signposted to CAB for support with PIP application.

08-Jan-2026 Dr Paul Sparks (PAULS_18751) Telephone Consultation

History History recent domestic abuse- court case on Feb 19th, essentially asking to start diazepam and continue it until the court case, discussed that this is not a great idea, would likely lead to addiction/tolerance and probable worse anxiety coming off it in 6 weeks time

History History describes episodes of panic attack in random situations

Examination Examination very calm on the phone

Comment Comment short term low dose diazepam - discussed at length that it is not a long term medication, she did persist on asking for longer term script. discussed that hopefully work she does with Tracy next week will be helpful

Medication Medication Diazepam Tablets 2 mg 21 tablet ONE TABLET TO BE TAKEN THREE TIMES DAILY IF REQUIRED

05-Jan-2026 Dr Hannah Fennerty (HF) Phone Encounter

History History worsening mental health - see mental health assessment from 3rd jan and A&E in docman
recent domestic abuse - struggling post events - partner has bail conditions - plenty of family and friends checking in on her daily, awaiting counseling for domestic abuse
not managing out of bed currently, feels safe there
anxiety through the roof - physical symptoms, palpitations - struggling sleeping
thought of SH but no plans/actions - safety plan discussed, has things in place
has appointment with PMHN booked for 13th
requesting bb as previously helped with physical symptoms of anxiety - agree trial, reiew with PMHN
also requesting short course of sleeping tabs as previously helped get back into rhythm with sleep - small supply, not for further, discussed sleep hygiene etc

Medication Medication Zopiclone Tablets 7.5 mg 5 tablet TAKE ONE AT NIGHT

Medication Medication Propranolol Hydrochloride Tablets 10 mg 28 tablet TAKE ONE UP TO THREE TIMES A DAY AS REQUIRED FOR PALPITATIONS/ANXIETY

18-Dec-2025 Nurse Tracy Warriner (TW) CAMELON MEDICAL PRACTICE Main Surgery

Comment Failed encounter I called the mobile x 2. Message left.

15-Dec-2025 Dr Hannah Fennerty (HF) Phone Encounter

History History requesting more zopiclone whilst she awaits tracey
been helping her sleep, feels more rested but feels she needs more to tie her over till a plan in place re longer term Mx
has good sleep hygiene
takes a "natural stimulant" before exercise - avoid at present given sleep issues
further 7 tabs - reitirated not a long term option

Medication Medication Zopiclone Tablets 7.5 mg 7 tablet TAKE ONE TABLET AT NIGHT ONLY WHEN REQUIRED TO HELP SLEEP

11-Dec-2025 Dr Rosie Peat (ROS) CAMELON MEDICAL PRACTICE Main Surgery

History	History Struggling again with sleep. Mood and anxiety worse over last few months as below, break up with partner a few days ago. She feels she pushed him away. Not sleeping, lying awake for hours. Feels sleep is impacting mental health and worried this will go downhill quickly. Previously has been trying to deal with mental health with spiritual and nutritional methods but feels now needs to be more proactive - has been referred to psychology, has appt with MHN next week. Is considering whether she wants to take medication or not. Some suicidal thoughts at night but no plans/intent, forward planning evident today. Enjoys performing - music and singing, has upcoming gigs. She feels she has cPTSD
Examination	Examination Quite intense eye contact, tearful initially but then variable affect. No signs psychosis.
Comment	Comment Agree short course zopiclone again to reset sleeping pattern. Note had 3 days in August as well. Discussed not a longterm option due to tolerance/dependence. Once sleep better can assess mental health to see if would benefit from further trial on SSRI while awaiting psychology. Has f/u appt with MHN already
Medication	Medication Zopiclone Tablets 7.5 mg 7 tablet TAKE ONE TABLET AT NIGHT ONLY WHEN REQUIRED TO HELP SLEEP

03-Dec-2025 Dr May Hagerty (MAYH) Telephone Consultation

History	History wanted to ask for assessment for mental health. Has been seen psych > referred for , social anxiety > struggled to complete course. some struggles recently. she thinks she may have > PTSD, (complex) . also PMDD. 1st memories are of abuse > was placed in foster care. mental and physical abuse. ***** Then in abusive relationships.
Social	Social arriamusic2023 gmail.com
Comment	Comment I'll refer psychol > also appt trac for intermine sx management. Prefers TC due to social anxieties

09-Sept-2025 Nurse Tracy Warriner (TW) CAMELON MEDICAL PRACTICE Main Surgery

Problem	Did not attend - no reason
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29-Aug-2025 Dr Hannah Fennerty (HF) CAMELON MEDICAL PRACTICE Main Surgery

History	History mental health poor
finished a months show at the edinburgh fringe - had a month of commuting in, little socialisation as full focus on show and out of routine
however past few weeks sleep been poor
on a break from her partner as felt needed time alone
at night - not able to fall into REM sleep as fear of dreaming - when dreaming have dreams that don't appear to be her own, don't make sense, as if in someones mind - wakes up with electric spasms and utter fear, shaking in terror and heart palpitations
last night still awake at 2am as too scared to let herself drift off, room felt not like her own, didn't recognise objects, felt like an imposter
always sees faces in everything - day and night
ears feel misbalanced, sense of pressure, not hearing herself
no thoughts of SH but worried where this might take her if shes doesn't get sleep
anxiety background - enjoys socialising and having interactions with people however, always bumping into people in street etc
mood low as so tired and worried
carer for her mum who has severe mental health issues

wants to see a psychiatrist
has little faith in the process - partner encouraging engagement
denies any drug or alcohol use
Comment	Comment note mental health Hx
sleep seems to be the big issue here at present - requesting something for sleep - trial of sleeping tabs to try get a rest/re-regulate things, maybe things will improve?!
nightmares - prazosin appropriate?
not been keen on ADx previously and not convinced indicated at present
review with mental health nurse please
Medication	Medication Zopiclone Tablets 7.5 mg 3 tablet TAKE ONE TABLET AT NIGHT AS REQUIRED

03-Apr-2025 Ms Ann Canning (ANN) Data Entry

Comment *Comment* pt has not responded to two letters asking them to make an appointment at ENT FVRH , pt has been removed from waiting list unless they make contact within 21 days . Letter in docman .

18-Feb-2025 Mrs Courtney Shaw (CDS) iGPR

History Medical report sent Subject Access Request sent to patient

13-Feb-2025 Dr May Hagerty (MAYH) Telephone Consultation

History *History* was to request a fit line Assessment > limited capacity to work. asked to be referred back to psych for ongoing f/u but referral rejected > for fdamh input.

Attachment eMED3 (2010) new statement issued, not fit for work *FitNote.pdf, (Diagnosis: mixed personality traits, childhood trauma; Duration: 13/02/2025 - 13/05/2025)*

06-Feb-2025 Mrs Courtney Shaw (CDS) iGPR

History Medical report requested Subject Access Request requested by patient

16-Jan-2025 Nurse Tracy Warriner (TW) CAMELON MEDICAL PRACTICE Main Surgery

Comment *Comment* Telephone encounter. Has support worker input. Not able to maintain employment due to her bipolar illness. . It goes around in a cycle. Universal credits have given her a form to complete for PIP benefits. Hx had medication but due to side effects she could not tolerate these. Prefers to use CBT and lifestyle approaches to manage her mental health. . She requested a print out of all her mental health information so she has a timeline for her benefit claim. . Stated she was Hx referred to Psychology and Psychiatry. Psychiatry signposted her to FDAMH and suggested to titrate sertraline to maximum dosage> I read out Dr Hughes letter from September. He also advised discontinuing propranolol due to overdose risk. Kirsty was dismissive and asked if she could have a propranolol prescription, stating that it was not dangerous in overdose? Advised her that I could not request this medication at this time. She could discuss same with the GPs. She was accepting of this advice. She stated had horrible side effects from sertraline therefore stopped it and she cannot believe we are prescribing this medication to vulnerable people? Plan: she will speak with ***** or ***** re accessing her notes.

07-Jan-2025 Nurse Tracy Warriner (TW) CAMELON MEDICAL PRACTICE Main Surgery

Comment Failed encounter I called her mobile x2. Message left.

23-Dec-2024 Dr May Hagerty (MAYH) CAMELON MEDICAL PRACTICE Main Surgery

History *History* Trouble with ears. hearing fuzzy/ foggy. comes and goes., got NS, breathing exercises.

Examination *Examination* ? fluid level R TM.

Comment *Comment* refer audiology.

History *History* also constipated. asking for fybogel > use before and prefers

Medication *Medication* Ispaghula Husk Sugar and Gluten Free Effervescent granules 3.5 grams/sachet 60 sachet ONE IN THE MORNING AND EVENING AFTER FOOD

28-Aug-2024 Dr Adeniran Odeleye (AO) CAMELON MEDICAL PRACTICE Main Surgery

History *History* struggling with mental health. has background history of unstable personality disorder. anxiety has been worse. she was seen in woodlands but she said she was alright and was discharged to group therapy which she feels was not suitable as she is anxious. in crowded places. mirtazapine made her drowsy. propranolol helps. wants psychiatry and psychology referral. she wants a support worker.

Comment *Comment* referred to psychiatrist in April. will re-refer. advised to contact FDAMH. meanwhile . I have issued sertraline and propranolol. if helping, can change them to repeat meds.

28-Aug-2024 Dr Adeniran Odeleye (AO) Data Entry

New Referral *New Referral* JHCRE4: Referral to mental health service (SCI Gateway Referral)

10-Jun-2024 Ms Ashley Harkin (ASH) CAMELON MEDICAL PRACTICE Main Surgery

History *History* For around 2/52 has felt that her hearing has been reduced but comes and goes. Has ringing in both ears again this comes and goes. Can feel like there is pressure in her ears. No blood or DC from ears. No pain from ears. Can feel like she is under water. No recent flights. No pulsatile tinnitus. Has had an issue with her nose recently where it was blocked.

Examination *Examination* RR 16, HR 62 reg, SpO2 99%, temp 36.5. Cervical LN's non-palpable.
ENT: R ear no tragal/mastoid tenderness. Canal normal, no redness/inflammation. TM visible and intact appears opaque with air bubbles.
L ear no tragal or mastoid tenderness. Canal normal, no redness/inflammation. TM visible and intact also opaque with air bubbles.
Throat has no inflammation/redness. Tonsils not enlarged/red/inflamed. No white spots on tonsils. Uvula central. Tongue hydrated.
Nasal cavities look to be red and inflamed.

Comment *Comment* Imp: Eustachioan tube dysfunction. Plan: Try nasal spray for 1/12 and if Sx worsen or are not improving contact back.

Medication *Medication* Mometasone Furoate Nasal spray 50 micrograms/dose 140 dose TWO SPRAYS TO BE USED IN EACH NOSTRIL EACH DAY

15-Apr-2024 Dr Kenny Nelson (KENNY_18751) CAMELON MEDICAL PRACTICE Main Surgery

History *History* Dressed outlandishly with black hat with black veil, what looks like stage makeup. a brown and gold faux fur stole. Says she feels much better since deciding yesterday tht she's going to kill herself by the end of the year, though she says she goes by the Celtic calendar so this would mean October. Asking if she can be referred to Mental Health Services though she then says that talking about things doesn't change anything. Says no imminent plans to self-harm. No drugs or alcohol. On exam is very calm and matter-of-fact.

Comment *Comment* Refer Psych.

Attachment *eMED3 (2010) new statement issued, not fit for work FitNote.pdf, (Diagnosis: Bipolar affective disorder; Duration: 08/04/2024 - 08/07/2024)*

New Referral *New Referral* 8H49.: Psychiatric referral (SC) Gateway Referral)

Medication *Medication* Omeprazole Capsules (Gastro-Resistant) 20 mg 28 capsule ONE CAPSULE TO BE TAKEN ONCE DAILY

18-Jan-2024 Dr Kenny Nelson (KENNY_18751) CAMELON MEDICAL PRACTICE Main Surgery

History *History* Seems line needs backdated to 2/1/24. Online DWP site doesn't accept "indefinite" by the sounds of it.

Attachment *eMED3 (2010) new statement issued, not fit for work FitNote.pdf, (Diagnosis: Bipolar affective disorder.; Duration: 02/01/2024 - 08/04/2024)*

History *History* problem with nose is pale warty growth on floor of left nostril in vestibule. Visible to her in mirror. She's tried cutting it out with nail scissors before - wasn't painful.

Comment *Comment* Treat as wart - histofreezer applied. See 4w.

15-Jan-2024 Dr Kenny Nelson (KENNY_18751) Telephone Consultation

History *History* DWP online log says her fit note expired yesterday, despite me issuing an indefinite one! New one issued, for 3m this time. Asking if can restart propranolol and mirt. Element of SAD. Agreed.

Attachment *eMED3 (2010) new statement issued, may be fit for work FitNote.pdf, (Diagnosis: Bipolar affective disorder.; Duration: 14/01/2024 - 08/04/2024)*

History *History* Nasal congestion, told polyp prev. See.

Medication *Medication* Mirtazapine Tablets 15 mg 56 TABLET ONE TABLET TO BE TAKEN AT NIGHT

Medication *Medication* Propranolol Hydrochloride Tablets 10 mg 84 tablet ONE TO BE TAKEN UP TO THREE TIMES DAILY AS REQUIRED

18-Sept-2023 Dr Kenny Nelson (KENNY_18751) Telephone Consultation

History *History* Long term mental health problems. Can't work more than 15 hours per week. Univ Credit have reassessed her recently and asking for fit note to this effect.

Attachment *eMED3 (2010) new statement issued, may be fit for work FitNote.pdf, (Diagnosis: Bipolar affective disorder.; Duration: Indefinite)*

23-Aug-2023 Mr Anonymous User (ANON) MJog

Read Code SMS text sent to patient Summary of text message sent to patient / Dear Kirsty Heggie, Please call the surgery to discuss results, thanks Reception01324 622854 Camelon Medical Practice

21-Aug-2023 Dr Rosie Peat (ROS) Data Entry

History History Looks like she did STI swabs wrong and ?put urine in STI screen bottle. Needs repeated. Suggest appt with PN to do this

17-Aug-2023 Mr Anonymous User (ANON) MJog

Read Code SMS text sent to patient Summary of text message sent to patient / Dear Kirsty Heggie, Please can you hand in a further Urine Sample to the practice in a red top bottle, these can be collected from the reception, due to the results we have received back from the lab being invalid. Thank you. Reception01324 622854 Camelon Medical Practice

16-Aug-2023 Dr Rosie Peat (ROS) Data Entry

History History Needs repeat MSSU

15-Aug-2023 Sister Elaine Powell (EP) Data Entry

Comment Comment Urine and chlamydia handed in as per GP directive

09-Aug-2023 Dr Rosie Peat (ROS) CAMELON MEDICAL PRACTICE Main Surgery

History History Urinary symptoms. previous ureteric reflux as a child. Has sensation of incomplete emptying of bladder. Longstanding but worsening recently. Occ pelvic pains with this. Passes urine okay but feels residual left, squeezes this out throughout rest of day. Thinks has flared recently due to increase sexual intercourse. LMP 2 weeks ago. Isn't on contraception but this is purposeful. No dysuria/smell to urine, no increased frequency or urgency

Examination Examination Abdo soft, mild tenderness R&LIF, no masses. No guarding.

Comment Comment For MSSU, STI screen, will refer for post void USS to see if any retention

History History Asking for propranolol. Has used in past and helps with racing HR and sweating related to anxiety. Keen to try further. Agree. Also missed appt Woodlands, says was in a muddled place when appt came through - keen to see them now as feels in a better place, is getting counselling. No suicidal thoughts. Will re-refer

01-Jun-2023 Ms Ann Canning (ANN) Data Entry

Comment Comment Pt has been offered two appointments for assessment and has been unable to attend she has now been discharged from Woodlands Resource Centre 11/05/2023

24-May-2023 Dr Kirsten Glen (KIRSTEN_18751) Data Entry

History History requests line

26-Apr-2023 Dr Kirsten Glen (KIRSTEN_18751) CAMELON MEDICAL PRACTICE Main Surgery

History History having more issues with mental health Has quit job and her studies Looking for line has been referred to psychology but also had emergency contact a couple of months ago Not clear what happened then so she will contact them directly Limited records available in Docman re mental health issues in Aberdeen Asking for Rx for pregabalin says used in the past and also took some of her ***** supply while she was in hospital Advised I am not keen to issue this for mental health problems unless been assessed and authorised by MH team given prior h/o drug dependency issues Has stopped mirtazepine again - was only taking half a tablet Is going to stress control class at the hospital

Attachment eMED3 (2010) new statement issued, not fit for work FitNote.pdf, (Diagnosis: Mental health problems; Duration: 26/04/2023 - 24/05/2023)

09-Jan-2023 Dr Paul Sparks (PAULS_18751) CAMELON MEDICAL PRACTICE Main Surgery

History History she has various theories about what might be underlying her long term struggle with mental health- she mentioned adhd/autism/depression/bipolar. Diagnosis from psych in Aberdeen after a 10 day admission was emotional instability. she does describe big swings in mood, difficulties with relationships, was in care previously, hx of drug misuse and self harm. I think eupd prob fits.

History History discussed referral to psychology as being prob the best option. she was very dismissive of any help offered but not clear what her goals for the consultation was, she did agree to psychology referral ,

18-Oct-2022 Dr Kirsten Glen (KIRSTEN_18751) Telephone Consultation

History History mood lower Tends to happen in winter months but also has a lot going on within the family with ill health and recent death of partner's family member Reluctantly wishes to restart meds Prefers mirtazepine to help sleep pattern -is prone to get weight gain with it - advice

History History requests MAP UPSI last night Uses app on phone to track cycle Knows she should restart OCP Phone then cut off and unable to get reply when I called back

Medication Medication Mirtazapine Tablets 15 mg 56 TABLET ONE TABLET TO BE TAKEN AT NIGHT

Medication Medication Levonelle 1500 Tablets 1 tablet ONE TO BE TAKEN AS DIRECTED

24-Aug-2022 Dr May Hagerty (MAYH) CAMELON MEDICAL PRACTICE Main Surgery

History History for implant removal. Prefers to use COCP. No CI. verbal consent for procedure

Examination Examination 2ml 1% lidocaine inserted. 4/24 108501 implant removed, wound closed with steristrips. Wound care advice

Examination O/E - BP reading 1

Examination Systolic blood pressure 118 mm Hg

Examination Diastolic blood pressure 68 mm Hg

Medication Medication Millinette 20/75 Tablets 63 TABLET ONE DAILY AS DIRECTED

Read Code Informed consent for procedure

Read Code Minor surgery - enhanced services administration

Read Code Removal of subcutaneous contraceptive

05-Apr-2022 Mrs Lorna Ballantine (LORNA_18751) Data Entry

Comment Comment Px's issued 9th March for Nitrofurantoin 100mg and Sertraline 50mg never collected, destroyed

04-Apr-2022 Dr May Hagerty (MAYH) CAMELON MEDICAL PRACTICE Main Surgery

History History re implant. on WL to have removed. Can call sexual health and see if can be seen sooner. decided not to take sertraline. knew sertraline took 2 weeks to take effect and felt that was too long. Was looking for immediate relief of sx. sx have passed so no need ongoing script .

Comment Comment Also never too nitrofurantoin as felt sx due to urinary retention. Has been managing with exercises and diet/ fluid intake.

09-Mar-2022 Dr May Hagerty (MAYH) Telephone Consultation

History History new assignment. Problems prev with ?UTI. difficulty peeing. passing sm volumes. urgency.

History History prev registered in ****, was on antidepressant for anxiety, stopped earlier this year. Also has PMDD Mood worse around time of period. Was on mirtazepine. Uses that when really bad relapse. AR to citalopram/ Thought lorazepam might be useful. Adv I wouldn't be looking to prescribe that for this situation.

Social Social no meds currently no allergies

Comment Comment Has expired implant which needs removed. > onto vl. Needs appt PN for contraception adv. can try sertraline for mood

Medication Medication Nitrofurantoin M/R capsules 100 mg 6 capsule ONE TO BE TAKEN TWICE A DAY

Medication Medication Sertraline Hydrochloride Tablets 50 mg 28 tablet TAKE ONE DAILY

17-Feb-2022 Mrs Mairi Moggach (MM1527) Muiredge Surgery Main Surgery

Result Result Left message on mobile number asking Kirsty to confirm her address in Falkirk, if she calls back and gives this please alert PM Mairi thanks

17-Jan-2022 Mrs Tracey Marshall (TM1522) Muiredge SurgeryMain Surgery

Comment **Comment** Rx posted to Tesco Pharmacy, Cnetral Retail Park, Grahams Road, Falkirk, FK1 1LW

17-Jan-2022 Dr Guy Platten (GP1517) Muiredge SurgeryMain Surgery

History Telephone encounter Failed no answer- VM left.

14-Jan-2022 Dr Emma Henning (EH1511) Telephone Consultation

28-Sept-2022 Medication **Medication** Zopiclone Tablets 7.5 mg 7 tablet ONE TO BE TAKEN AT NIGHT

History **History** Phoned at half past 4 this afternnon wanting to speak to Dr P. No appt able to be given this late in the day on a Friday so I called her back when able in my capacity as on call GP. History of mental health issues and hasn't been so good lately. Had been doing well for a while but things have deteriorated in the last while. Was on mirtazapine and stopped this - no longer on meds. Started cutting again and feels not coping. Not keen to restart mirtazapine as didn't like the way it made her feel although it did help her sleep. Really anxious - pregabalin worked well before and wondering if can start over weekend. She has arranged appointment with counsellor next week

Comment **Comment** When I asked if she was able to come and collect prescription she asked if it could be sent to the pharmacy at Tesco in the Retail Park in Falkirk. She has been living there snce April - says it takes while to get registered with GP there! I advised as pregabalin a cotrolled drug I couldn't phone this through, only thing I could suggest is a short course of zopiclone for over weekend to aid sleep. would like me to do this. She said Dr Platten always used to get her prescriptions sent through. Asking if I could post a prescription for pregabalin to pharmacy. Advised needs to register with a local GP as matter of priority. Says she has a number for practioner services when I offered it. I wouldn't be able to post prescription now on Friday night anyway. I have made appt with Dr P on Monday to discuss intermim plan whilst she registers in Falkirk.

12-Nov-2021 Ms Caitlin Baillie (CB1526) Muiredge SurgeryMain Surgery

Comment **Comment** Patient reviewed for Serial Rx by PP and not suitable as on anti-depressants.
 Comment Medication review of medical notes
 Comment Not eligible for chronic medication service
 Read Code [DEGRADE PHARMACY SUPPORT WORKER]

06-Aug-2021 Ms Sharon McBride (SM1525) Muiredge SurgeryMain Surgery

Comment **Comment** Rx dated 06.08.21 Posted to: Graeme Pharmacy as per previous entries

25-Jun-2021 Ms Sharon McBride (SM1525) Muiredge SurgeryMain Surgery

Comment **Comment** Rx called to Graeme Pharmacy 01324 625889 - Posted to address below - Patient aware

23-Apr-2021 Mrs. Nicolle Struthers (NS1524) Muiredge SurgeryMain Surgery

Comment **Comment** Rx posted to Graeme Pharmacy, 276 Main Street, Falkirk, FK1 4EG

23-Apr-2021 Dr Guy Platten (GP1517) Muiredge SurgeryMain Surgery

History Telephone encounter Had been doing pretty well but past couple of months more anxious at times and feeling lower too, has had some problems with boyfriend and also starting a new job (door security) + issues with dad arisen all of which has caused stress so I am not surprised that this has happened. No DSH thoughts and is sleeping ok. Stable on mirtazapine and we had talked about re-introducing pregabalin to help with the anxiety... she is keen for this but is mindful that she used to have opiate issues (no longer takes opiates at all and fully alert and orientated and appropriate during phone call). Does not drive or operate heavy machinery. Agreed on weekly dispensing and review in a month. Says had been feeling better so decided to try missing a mirtazapine dose or having a glass of wine the odd night but advised at present to refrain from this as we do not want to take unnecessary risks and she agreed. Meantime will do more with moodcafe. Remains living with sister. Suspects may stay where she is longer term which she knows is outwith our practice area. I am happy to continue reviewing her just now as decision not yet made especially whilst we are adjusting medications.

23-Feb-2021 Ms Sharon McBride (SM1525) Muiredge Surgery

Comment Comment Rx posted to Graeme Pharmacy, Falkirk

23-Feb-2021 Dr Guy Platten (GP1517) Muiredge SurgeryMain Surgery

28-Sept-2022 Medication Medication Mirtazapine Tablets 15 mg 56 tablet ONE TO BE TAKEN AT NIGHT

28-Sept-2022 Medication Medication Diazepam Tablets 5 mg 10 tablet TAKE ONE AT NIGHT ONLY WHEN REQUIRED

History Telephone encounter Has found mirtazapine very helpful, sounds brighter, sleeping better and mood improved. Has the odd night every few weeks where she becomes more agitated and cannot sleep. She is completely clean and has improved lifestyle and exercising/meditating etc which I have encouraged. For these occasional nights I have prescribed diazepam 5mg. I will issue 10 tablets which should last her a couple of months. On the whole things seem positive and I have advised tel r/v in 2/12

08-Feb-2021 Ms Sharon McBride (SM1525) Muiredge Surgery

Comment Comment Rx called to Graeme Pharmacy, Falkirk - sent in post to pharmacy

08-Feb-2021 Dr Guy Platten (GP1517) Muiredge SurgeryMain Surgery

28-Sept-2022 Medication Medication Mirtazapine Tablets 15 mg 28 tablet ONE TO BE TAKEN AT NIGHT

History Telephone encounter found pregabalin helpful- took 100mg at times and found this helped her anxiety- advised I would prefer if she stuck to the prescribed dose in future. Not had for weeks. Didn't help sleep and wondering if mirtazapine could be tried for this as this helped her before. Currently on nothing. Agreed trial mirtazapine 15mg ON and r/v in 2-4 weeks (before they run out) we can consider restarting pregabalin if required but I have advised best to approach things one step/change at a time and she is agreeable.

11-Jan-2021 Mrs Margaret Seath (MS1515) Muiredge SurgeryMain Surgery

Comment Comment TESTED POSITIVE FOR COVID - 10/01/21

18-Dec-2020 Ms Sharon McBride (SM1525) Muiredge Surgery

Comment Comment Rx called in to Murray's of Camelon Pharmacy, Falkirk as requested by Dr Platten. Posted.

17-Dec-2020 Mrs Laura Fraser (LF1523) Telephone Consultation

Comment *Comment* Telephone encounter due to Covid 19 pandemic- is struggling with mood and sleep. Feels this is worsening and doesn't understand as has a happy life, lives with partner, works as a substitute music teacher but hasn't had the hours due to Covid. Feels extremely anxious which she can't control, no thoughts of self harm or suicide but has felt like this in the past, Runs daily, social alcohol and smoking. Has previous had drug dependence but she states this is in the past and she successfully completed a 3 months detox course. Kirsty moved to the practice approx 2 1/2 years ago and was under ADAT, FIRST and had a CPN, no evidence of that in Docman, states was discharged prior to moving to *****. I have sign posted her to the mental health websites and advised her to work through these prior to starting medication but she advises me she wouldn't be phoning if she didn't feel the need for medication as she knows about self help. I will discuss with Dr and Kirsty knows this and I will get back to her

17-Dec-2020 Dr Guy Platten (GP1517) Muiredge SurgeryMain Surgery

28-Sept-2022 **Medication** *Medication* Pregabalin Capsules 50 mg 56 capsule 1 CAP TWICE DAILY

History Telephone encounter Years of anxiety and low mood. Has substance abuse issues but engaged with services and managed to get over this and I saw her last year toward the end of her treatment. Finds her mood is sometimes high, but on exploring this it does not sound like a manic phase but rather more euthymic (cleaning, creative, doesn't ever regret doing anything) but other times mood lower although no self harm thoughts or plans to self harm. Feels it is anxiety which brings on the low mood. Hardly takes any alcohol and no other substance abuse. Feels she would like to try medication. Has tried mirtazapine before which helped a bit but remained very anxious and would prefer to try something more for anxiety and isn't looking for anything long term. ***** It is licensed for GAD and as it would appear her anxiety is driving her mood I have agreed to try 50mg BD initially and review in a month.

Comment *Comment* In view of h/o substance abuse we need to be watchful for early ordering etc so I think if any signs of this then low threshold to reduce but comes across today as responsible and wishing to engage- is doing various self help techniques also. Review in a month. (Is currently staying with sister in Camelon, Falkirk- expects to be there until Feb- I am happy to review by phone on this basis but if this is becoming a more permanent situation or worse/needling seen then will need to register locally even as a TR)

21-Nov-2019 Mr Locum1 Locum1 (LL1512) Muiredge SurgeryMain Surgery

Comment *Comment* Benefit form sent.

31-Oct-2019 Dr Guy Platten (GP1517) Muiredge SurgeryMain Surgery

History Patient reviewed off subutex altogether now. Been off it for 3 weeks +, withdrawals all settled and doing well. Feels not yet fit for work, attending drug rehab group which is going to help her chances with re-establishing employment which is her aim but meantime med3 to cover from last one and through another 3 months from now. Review at this time if needing further.

Attachment eMED3 (2010) new statement issued, not fit for work *FitNote.pdf, (Diagnosis: History of drug dependency, in recovery, emotional instability. Will be attending group to help ...; Duration: 30/08/2019 - 31/10/2019)*

Attachment eMED3 (2010) new statement issued, not fit for work *FitNote.pdf, (Diagnosis: History of drug dependency, in recovery, emotional instability. Will be attending group to help ...; Duration: 31/10/2019 - 31/01/2020)*

04-Oct-2019 Dr Guy Platten (GP1517) Muiredge SurgeryMain Surgery

History Did not attend - no reason

30-Sept-2019 User Previous Practice (PP283) Original Pathology Report

27-Sept-2019 **Result** **(Non Coded Event - Urine investigation):**
Urine investigation (Non Coded Event - Urine investigation) (No range available)

27-Sept-2019 Dr Guy Platten (GP1517) Muiredge SurgeryMain Surgery

28-Sept-2022 Medication	Medication Diazepam Tablets 5 mg 7 tablet TAKE ONE AT NIGHT
28-Sept-2022 Medication	Medication Trimethoprim Tablets 200 mg 14 tablet ONE TO BE TAKEN TWICE A DAY
History	History See below. New patient. Brought letter from addictions worker showing she is now down to 0,2mg subutex and starting to miss doses out in an attempt to come off completely. Been off all drugs for some time. has appt with them in a couple of weeks. Struggling with insomnia and depression whilst coming off and looking for something to help short term. Consults below noted. Gets subutex weekly... 1 week diazepam 5mg ON given and r/v in one week and consider starting SSRI such as mirtazapine but feels needs something to work quicker than this today. I explained this is not longterm and will only be for a week and she was agreeable to this and not to take dose other than that outlined on script. Appt in 1 week given.
History	History h/o VUR as a child. Ongoing suprapubic discomfort with incomplete emptying feeling. No time to properly assess today. Urinalysis shows leucocytes and trimethoprim helped before. Afebrile and systemically well. For trimethoprim for 1 week, worsening statement given and at next appt consider referral for renal tract USS in view of recurrent symptoms. MSU sent for C&S

17-Sept-2019 Mrs Maureen Marshall (MM1508) Muiredge SurgeryMain Surgery**28-Aug-2019 Ms Stephanie Christie (SC1509) Muiredge SurgeryMain Surgery****28-Aug-2019 Mr Gordon Christie (GC1520) Muiredge SurgeryMain Surgery**

28-Sept-2022 Medication	Medication Trimethoprim Tablets 200 mg 6 tablet ONE TO BE TAKEN TWICE A DAY
28-Sept-2022 Medication	Medication Zopiclone Tablets 7.5 mg 7 tablet ONE TO BE TAKEN AT NIGHT
Problem	Suspected UTI
History	History HPC; ptn has apparently a long h/o urinary issues, was investigated as a child but can't see any reference in pmh; past few days increase lower abdo discomfort and feeling urge to pass urine but feels bladder not emptying fully; is drinking plenty of fluids, diet as normal; no fever or d/c pv
Examination	Examination O/E appears systemically well; T 36.4; Abdo snt; no guarding or rebound tenderness; no renal angle pain; Urinalysis - blood trace; prot +; nit/leu neg
Comment	Comment Will trx as possible uti; suggest ptn hand in sample for dip testing Monday
Problem	[D]Insomnia NOS
History	History During consultation ptn raised concerns regarding sleep pattern; felt things had improved, note Dr LO consultation & comments; advised ptn that this was only a short term solution and Dr LO had commented not for repeat; ptn stated that she has just found new employment working as a carer in ***** which she is pleased about, was due to start today but the ptn she was to care for has been taken to hospital; thinks her sleep pattern has been difficult due to prospect of starting new job etc; is trying alternative approaches she did provide an articulate and rational reason for another short supply
Comment	Comment I have advised ptn that she needs to find other addaptive techniques as this is not a longterm option and should really be the last issue

31-July-2019 Dr Laide Olugbile (LO1516) Muiredge SurgeryMain Surgery

28-Sept-2022 Medication	Medication Zopiclone Tablets 3.75 mg 7 tablet ONE TO BE TAKEN AT NIGHT
History	History New to surgery. Asking for med3 . Says past hx of bipolar disorder emotional instability and previous drug dependence. Has recently stopped taking her buprenorphine as wanted to stop . Has been in work till last month but feels wont be able to cope with coming off buprenorphine and going to work at the same time. More so quite stressful commuting to Edinburgh. Has another work in waiting in ***** but feels not quite ready to resume.
Comment	Comment med3 given . short course of zopiclone . not for repeat.
Attachment	eMED3 (2010) new statement issued, not fit for work <i>FitNote.pdf, (Diagnosis: 1. Past history of mixed bipolar disorder 2. Emotional instability 3. Past history of drug depe...; Duration: 01/06/2019 - 30/08/2019)</i>

26-July-2019 Dr Lynne Christie (LC1510) Muiredge SurgeryMain Surgery

History History Did not attend

17-July-2019 Dr Kirsty McQuitty (KM1518) Muiredge SurgeryMain Surgery

Problem Problem called back and hung up at other end.

17-July-2019 Dr Kirsty McQuitty (KM1518) Muiredge SurgeryMain Surgery

Problem Problem failed encounter by phone at 11.30 and 12.56

11-July-2019 Dr Kirsty McQuitty (KM1518) Telephone Consultation

Problem Problem called back from triage - failed encounter message left.

08-May-2019 Mrs Judith Weall (JW1519) Muiredge SurgeryMain Surgery

Comment Pharmacists
 Comment Patient on smoking cessation program - currently on Niquitin Mini Lozenge 1.5mg PRN. Rxs issued from community pharmacy. Info only.
 Read Code Outpatient clinic letter received

Medications (inc. issues)

Acute

04-Jun-2026 Mirtazapine Tablets 15 mg
 56 TABLET - ONE TABLET TO BE TAKEN AT NIGHT

04-Jun-2026 Mirtazapine Tablets 15 mg
 56 TABLET - ONE TABLET TO BE TAKEN AT NIGHT

24-Aug-2022 Etonogestrel Subdermal implant 68 mg
 1 DEVICE - TO BE USED AS DIRECTED

Repeat

Past

16-Mar-2026 Mirtazapine Tablets 15 mg Acute Medication (Past)
 56 TABLET - ONE TABLET TO BE TAKEN AT NIGHT

06-Feb-2026 Mirtazapine Tablets 15 mg Acute Medication (Past)
 56 TABLET - ONE TABLET TO BE TAKEN AT NIGHT

06-Feb-2026 Mirtazapine Tablets 15 mg Acute Medication (Past)
 56 TABLET - ONE TABLET TO BE TAKEN AT NIGHT

08-Jan-2026 Diazepam Tablets 2 mg Acute Medication (Past)
 21 tablet - ONE TABLET TO BE TAKEN THREE TIMES DAILY IF REQUIRED

08-Jan-2026 Diazepam Tablets 5 mg Acute Medication (Past)
 15 tablet - ONE TABLET TO BE TAKEN UP TO THREE TIMES A DAY IF REQUIRED

08-Jan-2026 Diazepam Tablets 2 mg Acute Medication (Past)
 21 tablet - ONE TABLET TO BE TAKEN THREE TIMES DAILY IF REQUIRED

05-Jan-2026 Propranolol Hydrochloride Tablets 10 mg Acute Medication (Past)
 28 tablet - TAKE ONE UP TO THREE TIMES A DAY AS REQUIRED FOR PALPITATIONS/ANXIETY

05-Jan-2026 Zopiclone Tablets 7.5 mg Acute Medication (Past)
 5 tablet - TAKE ONE AT NIGHT

05-Jan-2026 Zopiclone Tablets 7.5 mg Acute Medication (Past)
 5 tablet - TAKE ONE AT NIGHT

05-Jan-2026 Propranolol Hydrochloride Tablets 10 mg Acute Medication (Past)
 28 tablet - TAKE ONE UP TO THREE TIMES A DAY AS REQUIRED FOR PALPITATIONS/ANXIETY

15-Dec-2025 Zopiclone Tablets 7.5 mg Acute Medication (Past)
 7 tablet - TAKE ONE TABLET AT NIGHT ONLY WHEN REQUIRED TO HELP SLEEP

11-Dec-2025 Zopiclone Tablets 7.5 mg Acute Medication (Past)
 7 tablet - TAKE ONE TABLET AT NIGHT ONLY WHEN REQUIRED TO HELP SLEEP

11-Dec-2025 Zopiclone Tablets 7.5 mg Acute Medication (Past)
 7 tablet - TAKE ONE TABLET AT NIGHT ONLY WHEN REQUIRED TO HELP SLEEP

29-Aug-2025 Zopiclone Tablets 7.5 mg Acute Medication (Past)
 3 tablet - TAKE ONE TABLET AT NIGHT AS REQUIRED

29-Aug-2025 Zopiclone Tablets 7.5 mg Acute Medication (Past)
 3 tablet - TAKE ONE TABLET AT NIGHT AS REQUIRED

23-Dec-2024 Ispaghula Husk Sugar and Gluten Free Effervescent granules 3.5 grams/sachet Acute Medication (Past)
 60 sachet - ONE IN THE MORNING AND EVENING AFTER FOOD

23-Dec-2024 Isphaghula Husk Sugar and Gluten Free Effervescent granules 3.5 grams/sachet Acute Medication (Past)
60 sachet - ONE IN THE MORNING AND EVENING AFTER FOOD

28-Aug-2024 Sertraline Hydrochloride Tablets 50 mg Acute Medication (Past)
28 tablet - TAKE ONE DAILY

28-Aug-2024 Propranolol Hydrochloride Tablets 10 mg Acute Medication (Past)
84 tablet - ONE TO BE TAKEN UP TO THREE TIMES DAILY AS REQUIRED

28-Aug-2024 Propranolol Hydrochloride Tablets 10 mg Acute Medication (Past)
84 tablet - ONE TO BE TAKEN UP TO THREE TIMES DAILY AS REQUIRED

28-Aug-2024 Sertraline Hydrochloride Tablets 50 mg Acute Medication (Past)
28 tablet - TAKE ONE DAILY

10-Jun-2024 Mometasone Furoate Nasal spray 50 micrograms/dose Acute Medication (Past)
140 dose - TWO SPRAYS TO BE USED IN EACH NOSTRIL EACH DAY

10-Jun-2024 Mometasone Furoate Nasal spray 50 micrograms/dose Acute Medication (Past)
140 dose - TWO SPRAYS TO BE USED IN EACH NOSTRIL EACH DAY

15-Apr-2024 Omeprazole Capsules (Gastro-Resistant) 20 mg Acute Medication (Past)
28 capsule - ONE CAPSULE TO BE TAKEN ONCE DAILY

15-Apr-2024 Omeprazole Capsules (Gastro-Resistant) 20 mg Acute Medication (Past)
28 capsule - ONE CAPSULE TO BE TAKEN ONCE DAILY

15-Jan-2024 Mirtazapine Tablets 15 mg Acute Medication (Past)
56 TABLET - ONE TABLET TO BE TAKEN AT NIGHT

15-Jan-2024 Mirtazapine Tablets 15 mg Acute Medication (Past)
56 TABLET - ONE TABLET TO BE TAKEN AT NIGHT

15-Jan-2024 Propranolol Hydrochloride Tablets 10 mg Acute Medication (Past)
84 tablet - ONE TO BE TAKEN UP TO THREE TIMES DAILY AS REQUIRED

15-Jan-2024 Propranolol Hydrochloride Tablets 10 mg Acute Medication (Past)
84 tablet - ONE TO BE TAKEN UP TO THREE TIMES DAILY AS REQUIRED

09-Aug-2023 Propranolol Hydrochloride Tablets 10 mg Acute Medication (Past)
84 tablet - ONE TO BE TAKEN UP TO THREE TIMES DAILY AS REQUIRED

09-Aug-2023 Propranolol Hydrochloride Tablets 10 mg Acute Medication (Past)
84 tablet - ONE TO BE TAKEN UP TO THREE TIMES DAILY AS REQUIRED

18-Oct-2022 Levonelle 1500 Tablets Acute Medication (Past)
1 tablet - ONE TO BE TAKEN AS DIRECTED

18-Oct-2022 Mirtazapine Tablets 15 mg Acute Medication (Past)
56 TABLET - ONE TABLET TO BE TAKEN AT NIGHT

18-Oct-2022 Mirtazapine Tablets 15 mg Acute Medication (Past)
56 TABLET - ONE TABLET TO BE TAKEN AT NIGHT

18-Oct-2022 Levonelle 1500 Tablets Acute Medication (Past)
1 tablet - ONE TO BE TAKEN AS DIRECTED

24-Aug-2022 Millinette 20/75 Tablets Acute Medication (Past)
63 TABLET - ONE DAILY AS DIRECTED

24-Aug-2022 Millinette 20/75 Tablets Acute Medication (Past)
63 TABLET - ONE DAILY AS DIRECTED

09-Mar-2022 Sertraline Hydrochloride Tablets 50 mg Acute Medication (Past)
28 tablet - TAKE ONE DAILY

09-Mar-2022 Nitrofurantoin M/R capsules 100 mg Acute Medication (Past)
6 capsule - ONE TO BE TAKEN TWICE A DAY

09-Mar-2022 Nitrofurantoin M/R capsules 100 mg Acute Medication (Past)
6 capsule - ONE TO BE TAKEN TWICE A DAY

09-Mar-2022 Sertraline Hydrochloride Tablets 50 mg Acute Medication (Past)
28 tablet - TAKE ONE DAILY

14-Jan-2022 Zopiclone Tablets 7.5 mg Acute Medication (Past)
7 tablet - ONE TO BE TAKEN AT NIGHT

14-Jan-2022 Zopiclone Tablets 7.5 mg Acute Medication (Past)
7 tablet - ONE TO BE TAKEN AT NIGHT

06-Aug-2021 Mirtazapine Tablets 15 mg Repeat Medication (Past)
56 tablet - ONE TO BE TAKEN AT NIGHT

06-Aug-2021 Mirtazapine Tablets 15 mg Repeat Medication (Past)
56 tablet - ONE TO BE TAKEN AT NIGHT

25-Jun-2021 Mirtazapine Tablets 15 mg Acute Medication (Past)
56 tablet - ONE TO BE TAKEN AT NIGHT

25-Jun-2021 Mirtazapine Tablets 15 mg Acute Medication (Past)
56 tablet - ONE TO BE TAKEN AT NIGHT

23-Apr-2021 Mirtazapine Tablets 15 mg Acute Medication (Past)
56 tablet - ONE TO BE TAKEN AT NIGHT

23-Apr-2021 Mirtazapine Tablets 15 mg Acute Medication (Past)
56 tablet - ONE TO BE TAKEN AT NIGHT

23-Apr-2021 Pregabalin Capsules 50 mg Acute Medication (Past)
56 capsule - 1 CAP TWICE DAILY

23-Apr-2021 Pregabalin Capsules 50 mg Acute Medication (Past)
56 capsule - 1 CAP TWICE DAILY

23-Feb-2021 Mirtazapine Tablets 15 mg Acute Medication (Past)
56 tablet - ONE TO BE TAKEN AT NIGHT

23-Feb-2021 Mirtazapine Tablets 15 mg Acute Medication (Past)
56 tablet - ONE TO BE TAKEN AT NIGHT

23-Feb-2021 Diazepam Tablets 5 mg Acute Medication (Past)
10 tablet - TAKE ONE AT NIGHT ONLY WHEN REQUIRED

23-Feb-2021 Diazepam Tablets 5 mg Acute Medication (Past)
10 tablet - TAKE ONE AT NIGHT ONLY WHEN REQUIRED

08-Feb-2021 Mirtazapine Tablets 15 mg Acute Medication (Past)
28 tablet - ONE TO BE TAKEN AT NIGHT

08-Feb-2021 Mirtazapine Tablets 15 mg Acute Medication (Past)
28 tablet - ONE TO BE TAKEN AT NIGHT

17-Dec-2020 Pregabalin Capsules 50 mg Acute Medication (Past)
56 capsule - 1 CAP TWICE DAILY

17-Dec-2020 Pregabalin Capsules 50 mg Acute Medication (Past)
56 capsule - 1 CAP TWICE DAILY

27-Sept-2019 Diazepam Tablets 5 mg Acute Medication (Past)
7 tablet - TAKE ONE AT NIGHT

27-Sept-2019 Trimethoprim Tablets 200 mg Acute Medication (Past)
14 tablet - ONE TO BE TAKEN TWICE A DAY

27-Sept-2019 Diazepam Tablets 5 mg Acute Medication (Past)
7 tablet - TAKE ONE AT NIGHT

27-Sept-2019 Trimethoprim Tablets 200 mg Acute Medication (Past)
14 tablet - ONE TO BE TAKEN TWICE A DAY

28-Aug-2019 Trimethoprim Tablets 200 mg Acute Medication (Past)
6 tablet - ONE TO BE TAKEN TWICE A DAY

28-Aug-2019 Zopiclone Tablets 7.5 mg Acute Medication (Past)
7 tablet - ONE TO BE TAKEN AT NIGHT

28-Aug-2019 Trimethoprim Tablets 200 mg Acute Medication (Past)
6 tablet - ONE TO BE TAKEN TWICE A DAY

28-Aug-2019 Zopiclone Tablets 7.5 mg Acute Medication (Past)
7 tablet - ONE TO BE TAKEN AT NIGHT

31-July-2019 Zopiclone Tablets 3.75 mg Acute Medication (Past)
7 tablet - ONE TO BE TAKEN AT NIGHT

31-July-2019 Zopiclone Tablets 3.75 mg Acute Medication (Past)
7 tablet - ONE TO BE TAKEN AT NIGHT

Allergies

This section is empty.

Vaccinations

12-Jun-2008 Mrs Laura Fraser (LF1523)
First hepatitis A and typhoid vaccination

07-Feb-2005 Mrs Laura Fraser (LF1523)
Booster DT(double)+polio vacc.

27-May-2004 Mrs Laura Fraser (LF1523)
Typhoid vaccination

27-May-2004 Mrs Laura Fraser (LF1523)
1st hepatitis A junior vaccination

16-May-2000 Mrs Laura Fraser (LF1523)
Single meningitis C vaccination

04-Jun-1991 Mrs Laura Fraser (LF1523)
Third DTP (triple)+polio vacc.

05-Feb-1991 Mrs Laura Fraser (LF1523)
Second DTP (triple)+polio vacc

08-Jan-1991 Mrs Laura Fraser (LF1523)
First DTP (triple)+polio vacc.

19-Oct-1990 Mrs Laura Fraser (LF1523)
Booster DT(double)+polio vacc.

Referrals

23-Dec-2024 Dr May Hagerty (MAYH)

8HT3.: Referral to audiology clinic (SCI Gateway Referral)

. Referral Type: Self Referral; Reason: Out Patient

28-Aug-2024 Dr Adeniran Odeleye (AO)

JHCRE4: Referral to mental health service (SCI Gateway Referral)

. Referral Type: Self Referral; Reason: Out Patient

15-Apr-2024 Dr Kenny Nelson (KENNY_18751)

8H49.: Psychiatric referral (SCI Gateway Referral)

. Referral Type: Self Referral; Reason: Out Patient

16-Aug-2023 Dr Rosie Peat (ROS)

8H7A.: Refer to mental health worker (SCI Gateway Referral)

. Referral Type: Self Referral; Reason: Out Patient

Test Requests

This section is empty.

Test Results

27-Sept-2019 User Previous Practice (PP283)**Result:** (Non Coded Event - Urine investigation)

Urine investigation (Non Coded Event - Urine investigation)

(No range available)

Other Items

19-Oct-2055	Recall	Influenza vaccination	
19-Mar-2026	Read Code	DNA surgery appointment - 2nd letter	
12-Jan-2026	Read Code	SMS text sent to patient ***** Message Details.	Type: Appointment Reminder Status: Message Delivered Message: See MJog for
06-Jan-2026	Read Code	SMS text sent to patient ***** Message Details.	Type: Appointment Reminder Status: Message Delivered Message: See MJog for
17-Dec-2025	Read Code	SMS text sent to patient ***** Message Details.	Type: Appointment Reminder Status: Message Delivered Message: See MJog for
13-Dec-2025	Read Code	SMS text sent to patient ***** Message Details.	Type: Appointment Reminder Status: Message Delivered Message: See MJog for
01-Oct-2025	Read Code	DNA surgery appointment - 1st letter	
10-Sept-2025	Read Code	Fail encntr-SMS delivry failur See MJog for ***** Message Details.	Type: Appointment Reminder Status: Message Delivery Failed Message:
04-Sept-2025	Read Code	Fail encntr-SMS delivry failur See MJog for ***** Message Details.	Type: Appointment Reminder Status: Message Delivery Failed Message:
15-Jan-2025	Read Code	SMS text sent to patient ***** Message Details.	Type: Appointment Reminder Status: Message Delivered Message: See MJog for
09-Jan-2025	Read Code	SMS text sent to patient ***** Message Details.	Type: Appointment Reminder Status: Message Delivered Message: See MJog for
09-Jan-2025	Read Code	SMS text sent to patient ***** Message Details.	Type: Appointment Reminder Status: Message Delivered Message: See MJog for
07-Jan-2025	Read Code	SMS text sent to patient ***** Message Details.	Type: Appointment Reminder Status: Message Delivered Message: See MJog for
13-May-2024	Read Code	[X]Mixed and other personality disorders	
13-May-2024	Read Code	History of complex trauma in childhood	
13-May-2024	Read Code	History of substance misuse	

13-May-2024	Read Code	Alcohol misuse
17-Jan-2024	Read Code	SMS text sent to patient Type: Appointment Reminder Status: Message Delivered Message: See MJob for ***** Message Details.
16-Jan-2024	Read Code	SMS text sent to patient Type: Appointment Reminder Status: Message Delivered Message: See MJob for ***** Message Details.
20-Apr-2023	Read Code	SMS text sent to patient Summary of text message sent to patient / The Practice will be closed on 08.05.23 for the Kings Coronation Public Holiday. From Tues 09.05.23 - Thurs 11.05.23 due to an essential computer upgrade we will be unable to access our computer systems. We will NOT be able to book appointments, process prescriptions, fit notes or access results. We are unable to offer routine appointments but if you require URGENT medical attention during this period please call the Practice. As you can appreciate this is 4 days we will not have normal access to our systems so please ensure you order any prescriptions to accommodate this.«Hospital Name» / Server upgrade information
08-Feb-2023	Read Code	Cervical smear defaulter
08-Feb-2023	Read Code	Cervical smear defaulter Exclusion From SCCRS Until 08/11/2026. Reason: Defaulter
07-Oct-2022	Read Code	SMS text sent to patient Summary of text message sent to patient / In order to accommodate training of our new members of staff and the increasing administrative pressures we will be closing the Practice daily between 1pm - 2pm from Monday 17th October. / Practice closed 1-2pm
28-Sept-2022	Read Code	Notes summary on computer
09-Jan-2021	Read Code	Confirmed 2019-nCoV (novel coronavirus) infection
17-Apr-2020	Read Code	Notes summary on computer Papernotes and Docman
15-Sept-2019	Read Code	Cervical smear defaulter Exclusion From SCCRS Until 15/06/2021. Reason: Defaulter
17-Jan-2019	Read Code	White British
04-Jan-2018	Read Code	Drug dependence Pre 2014 heroin, cocaine, all hallucinogenics
02-Jun-2017	Read Code	Homeless single person also in 2015- sofa surfing, occasional camping
20-Jun-2015	Read Code	H/O: repeated overdose 2014, 2009
25-Sept-2014	Read Code	Suicidal ideation
11-May-2011	Read Code	Mixed bipolar affective disorder, NOS Diagnosis discounted 2024.
06-Aug-2010	Read Code	Herpes simplex
01-Jan-2009	Read Code	Low mood
01-Jan-2008	Read Code	H/O: deliberate self harm
04-July-2002	Read Code	Fracture of clavicle
27-Feb-2001	Read Code	Recurrent urinary tract infection Grade 1 reflux evident to mid right ureter
01-Feb-2000	Read Code	History of vesicoureteric reflux
01-Jan-1997	Read Code	Chickenpox - varicella

Attachments

Scanned Document
15-July-2026 CDS
Additional:Scanned Document

Filename: iGPRDA_77.pdf
Extension:.tif
Pages:

File Identification Page**Name:** HEGGIE, KIRSTY**CHI No:** 1910900389

THIRD PARTY COPY

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**THIS FILE CONTAINS
POOR QUALITY ORIGINALS**

Capture All Ltd - Scanning & Archiving

NHS Confidential: Personal data about a patient

208 042119

HEGGIE KIRSTY

FEMALE **NHS**

SURNAME (BLOCK LETTERS)

FORENAMES (BLOCK LETTERS)

DATE OF BIRTH: 19/10/1990

SINGLE

MARRIED (DATE)

WIDOWED (DATE)

NATIONAL HEALTH SERVICE No. 7120850474

0389 ADDRESS: FLAT 12 CHARLWOOD HOUSE MIDHOPE STREET LONDON W14 8AL

DOCTOR'S NAME: A.H

CIPHER & DATE

TEL. No. 07883 207 339

DISPENSING

MILEAGE

712 085 0474

HEGGIE KIRSTY

TEL. No. DofB: 19.10.1990 Sex: (F)

Removal Date: 21.10.2015

Ded. From: LND CAMDEN & ISLINGTON

Ded. Type: R (01.10.2015)

REMOVAL TO NEW HA S LOTHIAN

TEL. No.

177 Taylor Street Methil Leven

KY8 3AY

DISPENSING

MILEAGE

Form FP 111A Printed for The Astron Group J209916 06/04

PROPERTY OF THE NATIONAL HEALTH SERVICE

MR00C1DD7

CHI No: 191090 - 0389

NHS No: 7120850474

Name: HEGGIE KIRSTY

501048

F2 10

V2531
14/14/22
RD

HEGGIE 501048

NHS Confidential: Personal data about a patient

FEMALE**NHS****Surname****Forenames**

712 085 0474

**HEGGIE****KIRSTY**

DofB: 19.10.1990 Sex: (F)

FLAT 12 CHARLWOOD HOUSE

QAT

MIDHOPE STREET

LONDON

WC1H 8HL

Date Added: 18.09.14

P/23840 THE BLOOMSBURY SURGERY (F83044)

GP: A HUGHES (23898) (***)

Tel No.

Tel No.

Tel No.

(Note changes and insert
year of change)

Occupations	Year	Occupations	Year
.....			
.....			
.....			

FORENAMES

SURNAME

Date of Death 20

Cause of Death

Doctor's Signature

10-12-01 NHSBSA 24728

This column is provided for doctors to enter A, V or C at their discretion

			CLINICAL NOTES
	Date	*	
FORENAMES			
SURNAME			

THIS RECORD IS THE PROPERTY
OF THE NATIONAL HEALTH SERVICE

FORM FP6B

NHS Confidential: Personal data about a patient

 Aberdeen Royal Infirmary Virology / Microbiology
 CPA Accredited

Name & Address	Patient No.	Report Address	Ward
HEGGIE, KIRSTY	1910900389	Dr Jennifer Vorenkamp	ZKIN1
313 HECTOR BOECE COURT	1910900389	Old Machar Medical Practice	
HILLHEAD		526 King Street	
ABERDEEN	19/10/1990	ABERDEEN	

Herpes simplex type 1 DNA DETECTED
 Herpes simplex type 2 DNA Not Detected
 TESTED BY:- Tested by Real Time PCR

Where applicable, name & address of Reference Laboratory
 available if required.

Authorised by: Dr. Patricia Stewart

=====

Spec. No:306550	Specimen Date:06/08/2010	Date received:10/08/2010
Page:1	Specimen:Swab	Date reported:13/08/2010 11:00

=====

 Aberdeen Royal Infirmary Virology / Microbiology
 CPA Accredited

Name & Address	Patient No.	Report Address	Ward
HEGGIE, KIRSTY	1910900389	Dr Jennifer Vorenkamp	ZKIN1
313 HECTOR BOECE COURT	1910900389	Old Machar Medical Practice	
HILLHEAD		526 King Street	
ABERDEEN	19/10/1990	ABERDEEN	

Herpes simplex type 1 DNA DETECTED
 Herpes simplex type 2 DNA Not Detected
 TESTED BY:- Tested by Real Time PCR

Where applicable, name & address of Reference Laboratory
 available if required.

Authorised by: Dr. Patricia Stewart

=====

Spec. No: 306550	Specimen Date: 06/08/2010	Date received: 10/08/2010
Page: 1	Specimen: Swab	Date reported: 13/08/2010 11:00

=====

0005 Confidential: Personal data about a patient

FORTH VALLEY ACUTE HOSPITALS NHS TRUST		SURNAME HEGGIE	FORENAME KIRSTY	UNIT No. F304640										
		20 LONGDALES ROAD NEW CARRON VILLAGE		DATE OF BIRTH 19/10/1990										
MICROBIOLOGY														
CONSULTANT Unknown	WARD Dr. L. Hillan	5386												
CLINICAL DATA		G.P. Stenhousemuir Health Centre												
		CPA ACCREDITED												
Copy from : Urology Secretary														
FUOPD														
<u>Urine Culture</u>														
<u>Microscopy.</u>														
White blood cells /cmm nil														
Red blood cells /cmm nil														
Epithelial cells . nil														
<u>Culture.</u>														
No growth														
<table border="1"> <tr> <td>FILE</td> <td></td> </tr> <tr> <td>SAY OK</td> <td></td> </tr> <tr> <td>REPEAT</td> <td></td> </tr> <tr> <td>NOTES</td> <td></td> </tr> <tr> <td>PASS TO</td> <td></td> </tr> </table>					FILE		SAY OK		REPEAT		NOTES		PASS TO	
FILE														
SAY OK														
REPEAT														
NOTES														
PASS TO														
24 FEB 2000														
EXAMINATION Urine Culture		LAB No. MUCB13885		AUTHORISED D. Robertson										
NATURE OF SPECIMEN Midstream specimen of Urine		DATE COLLECTED 22/02/2000		DATE RECEIVED 22/02/2000										
				DATE REPORTED 23/02/2000										

0015 Confidential: Personal data about a patient

STIRLING ROYAL INFIRMARY NHS TRUST AREA LABORATORY SERVICE		SURNAME HEGGIE 20 LONGDALES ROAD NEW CARRON VILLAGE		FORENAME KIRSTY		UNIT No. F304640	
MICROBIOLOGY		WARD Dr. J. Barron		SS14		17/11/1998	
CONSULTANT Mr. M. Smith		G.P. Stenhousemuir Health Centre					
CLINICAL DATA		REFLUX, COPY TO GP, SS14				CPA ACCREDITED	
Copy from : Urology Secretary				FUORD			
<u>Urine Culture</u>							
<u>Microscopy.</u>							
White blood cells /cmm 20							
Red blood cells /cmm nil							
Epithelial cells +							
<u>Culture.</u>							
No growth							
Copy sent to GP.							
EXAMINATION Urine Culture				LAB No. MU072027A		AUTHORISED D. Robertson	
NATURE OF SPECIMEN Midstream specimen of Urine				DATE COLLECTED 17/11/1998		DATE RECEIVED 17/11/1998	
						DATE REPORTED 18/11/1998	

0015 Confidential: Personal data about a patient

STIRLING ROYAL INFIRMARY NHS TRUST		SURNAME PRESTON		FORENAME KINSY		UNIT No. F304640																	
AREA LABORATORY SERVICE		20 LUNGHILLS ROAD NEW CARRON VILLAGE		DATE OF BIRTH 1990		SEX																	
MICROBIOLOGY		WARD Dr. J. Barron		5514																			
CONSULTANT Unknown		G.P. Stenhousemuir Health Centre																					
CLINICAL DATA UTI				CPA ACCREDITED																			
Copy from : Urology Secretary				FOUO																			
<u>Urine Culture</u>																							
<u>Microscopy</u>																							
White blood cells /cmm nil																							
Red blood cells /cmm nil																							
Epithelial cells nil																							
<u>Culture</u>																							
No growth																							
177 SEP 1998																							
				<table border="1"> <tr><td>FILE</td><td></td></tr> <tr><td>SAY OK</td><td></td></tr> <tr><td>REPEAT</td><td></td></tr> <tr><td>NOTES</td><td></td></tr> <tr><td>PASS TO</td><td></td></tr> <tr><td>SB</td><td>JB</td></tr> <tr><td></td><td>LH</td></tr> <tr><td></td><td>SB</td></tr> </table>				FILE		SAY OK		REPEAT		NOTES		PASS TO		SB	JB		LH		SB
FILE																							
SAY OK																							
REPEAT																							
NOTES																							
PASS TO																							
SB	JB																						
	LH																						
	SB																						
EXAMINATION Urine Culture		LAB No. MJ065834Y		AUTHORISED A. Bundy																			
NATURE OF SPECIMEN Midstream specimen of Urine		DATE COLLECTED 15/09/1998		DATE RECEIVED 15/09/1998		DATE REPORTED 16/09/1998																	

2001 Confidential Personal data about a patient

STIRLING ROYAL INFIRMARY NHS TRUST AREA LABORATORY SERVICE		SURNAME HEGGIE	FORENAME KIRSTY	UNIT No. ST1348639
MICROBIOLOGY		DATE OF BIRTH U		SEX F
CONSULTANT Unknown	WARD UNKNOWN		U	
CLINICAL DATA NO FORM REC'D		G.P. Unknown HCO		
		Dr Barrak		CPA REGISTERED
<u>Urine Culture</u> <u>Microscopy.</u> White blood cells /cmm 600 Red blood cells /cmm nil Epithelial cells nil <u>Culture.</u> Escherichia coli >100,000 orgs./ml Amp/Amoxycillin S Nitrofurantoin S Trimethoprim S Ciprofloxacin S Nalidixic acid S Cephradine S NO REQUEST FORM RECEIVED WITH SPECIMEN				
EXAMINATION Urine Culture		LAB No. MU062131Y	AUTHORISED Dr J McGavigan	
NATURE OF SPECIMEN Urine		DATE COLLECTED 10/08/1998	DATE RECEIVED 10/08/1998	DATE REPORTED 11/08/1998

0003 Confidential: Personal data about a patient

FORTH VALLEY HEALTH BOARD				CULTURE REQUEST				BACTERIOLOGY			
Addressograph label on all copies											
SURNAME (Block letters) HEGIE				FORENAME(S) Kirsty		Date of Birth 19.10.90		CLINICAL DIAGNOSIS AND RELEVANT DETAILS ? eye inf			
Mr. [REDACTED]				Mrs. [REDACTED]		Sex F		DW'S SIGNATURE [Signature]			
ADDRESS [REDACTED]				VALE NUMBER		G.P. Code Number					
Hospital Forth Valley Health Board				Ward/Department [REDACTED]		Consultant G.P. [REDACTED]					
MICROSCOPY											
AAFB	WBC	RBC	SQUAMES	BACTERIA	CASTS	YEASTS	Y.V.	GRAM + VE COCCI	GRAM + VE BACILLI	GRAM - VE COCCI	GRAM - VE BACILLI
	+										+
CULTURE											
S = SENSITIVE R = RESISTANT M = MODERATELY SENSITIVE ORGANISM											
Haemolytic strept. +											
DATE 22 MAY 1999											
BACTERIOLOGIST DM											
NATURE OF SPECIMEN Eye swab				EXAMINATION REQUIRED cep. plate.				DATE & TIME COLLECTED 10.45 AM 27/11/90		LAB REF NUMBER 611 5346	

Registration Details - Patient No: 19697

Personal details...		Address details...	
Date of birth	19/10/1990	Post Code	KY8 3AY
Sex	F	House Name Flat No	
Surname	Heggie	No and Street	177 Taylor Street
Previous Surname		Village	Methil
Forenames	Kirsty	Town	Leven
Calling Name	Kirsty	County	
Title	Miss		
Birth Surname			
Marital Status			
Ethnic Origin	(White) British		

HA/HB Details...		Contact details...	
Trading partner	Fife	Home Tel No	
Registered GP	Dr Guy Platten	Work Tel No	
Usual GP	Dr Guy Platten	Mobile Tel No	07526594405
Residential Inst		E Mail Address	
Branch Surgery		Emergency Contact No	
CHI Number	1910900389		

Practice Information...		Distances	
Dispensing	N	Rural Mileage	
Hospital Number		Blocked Special	
Records At		Walking Quarters	
NHS Number	712 085 0474		

Further Information		Upload Consent	
Long/Short stay or Dead		SCI-DC Consent	Implied Consent (default)
Date of registration	14/01/2022		

AMS/MCR Details		ECS (GP Summary) Consent	
AMS Consent	Yes	Patient Consent	Implied Consent (default)
Pharmacy Details			
Item Collected Check	No		
MCR Suitability Status	-2		
MCR Registration Status	1		

Medical Record

Problems

Active Problems		Authorised By	Code
09/01/2021	Confirmed 2019-nCoV (novel coronavirus) infection	Mrs Ritchie	EMISNQCO303
17/04/2020	Notes summary on computer Papernotes and Docman	Mrs Fraser	9344
11/05/2011	Mixed bipolar affective disorder, NOS	Mrs Fraser	E116z

Past Problems		Authorised By	Code
04/01/2018	Drug dependence Pre 2014 heroin, cocaine, all hallucinogenics	Mrs Fraser	E24
02/06/2017	Homeless single person also in 2015- sofa surfing, occasional camping	Mrs Fraser	13D2
20/06/2015	H/O: repeated overdose 2014, 2009	Mrs Fraser	14K0
25/09/2014	Suicidal ideation	Mrs Fraser	18D1
06/08/2010	Herpes simplex	Mrs Fraser	A54
2009	Low mood	Mrs Fraser	18T-1
2008	H/O: deliberate self harm	Mrs Fraser	146B
04/07/2002	Fracture of clavicle	Mrs Fraser	S20

Medical Record Printout - Patient No: 19697

18/03/2022

27/02/2001	Recurrent urinary tract infection Grade 1 reflux evident to mid right ureter	Mrs Fraser	K190-1
01/02/2000	History of vesicoureteric reflux	Mrs Fraser	ESCTH12
1997	Chickenpox - varicella	Mrs Fraser	A52
1995	Adopted	Mrs Fraser	1337
1992	Child on protection register	Mrs Fraser	131M

Due Diary Entries	Authorised By	Code
19/10/2055 Influenza vaccination	Dr Platten	65E..

Overdue Diary Entries	Authorised By	Code
06/09/2021 Medication review OVERDUE	Mrs Tail	8B314

Alerts	Authorised By	Code
11/01/2021 Alert Tested positive for COVID - 10/01/21	Mrs Seath	EMISALERT

Drug Allergies	Authorised By	Code
None		

Non Drug Allergies	Authorised By	Code
None		

Health Status

Consultations

17/02/2022 Mrs Main Moggach at Muiredge Surgery
 Result Left message on mobile number asking Kirsty to confirm her address in Falkirk, if she calls back and gives this please alert PM Mairi thanks

17/01/2022 13:18 Mrs Tracey Marshall at Muiredge Surgery
 Comment Rx posted to Tesco Pharmacy, Cnetral Retail Park, Grahams Road, Falkirk, FK1 1LW

17/01/2022 Dr Guy Platten at Muiredge Surgery
 History Telephone encounter Failed no answer- VM left

14/01/2022 Dr Emma Henning at Telephone Consultation
 History Phoned at half past 4 this afternoon wanting to speak to Dr P. No appt able to be given this late in the day on a Friday so I called her back when able in my capacity as on call GP. History of mental health issues and hasn't been so good lately. Had been doing well for a while but things have deteriorated in the last while. Was on mirtazapine and stopped this - no longer on meds. Started cutting again and feels not coping. Not keen to restart mirtazapine as didn't like the way it made her feel although it did help her sleep. Really anxious - pregabalin worked well before and wondering if can start over weekend. She has arranged appointment with counsellor next week
 Comment When I asked if she was able to come and collect prescription she asked if it could be sent to the pharmacy at Tesco in the Retail Park in Falkirk. She has been living there since April - says it takes while to get registered with GP there! I advised as pregabalin a controlled drug I couldn't phone this through, only thing I could suggest is a short course of zopiclone for over weekend to aid sleep. would like me to do this. She said Dr Platten always used to get her prescriptions sent through. Asking if I could post a prescription for pregabalin to pharmacy. Advised needs to register with a local GP as matter of priority. Says she has a number for practioner services when I offered it. I wouldn't be able to post prescription now on Friday night anyway. I have made appt with Dr P on Monday to discuss interim plan whilst she registers in Falkirk.
 Medication Zopiclone Tablets 7.5 mg 7 TABLET ONE TO BE TAKEN AT NIGHT

12/11/2021 15:04 Ms Caitlin Baillie at Muiredge Surgery
 Comment Medication review of medical notes
 Not eligible for chronic medication service
 Patient reviewed for Serial Rx by PP and not suitable as on anti-depressants.
 Additional PHARMACY SUPPORT WORKER

Medication

Medical Record Printout - Patient No: 19697

18/03/2022

Current				
Date Commenced	Drug Details	Date Last Issue	Authorised By	Type
06/08/2021	Mirtazapine Tablets 15 mg ONE TO BE TAKEN AT NIGHT 56 tablet	06/08/2021P	Dr Emma Henning	REPEAT

Heggie Kirsty

CHI: 1910900389

Final Discharge Letter

Dr. IM Kennedy
Ashton Medical Practice
Ashton House
3 Ashton Road
Glasgow
G12 8SP

Glasgow Royal Infirmary
Alexandra Parade
Glasgow
G31 2ER

Main Switchboard: 0141 211 4000

Date of Completion: 26/06/2014

Email Enquiries to:
Contact Tel Details:

Dictated:
Transcribed:

Dear Dr. IM Kennedy,

Patient

Name: Heggie Kirsty
CHI: 1910900389
DOB: 19/10/1990
Address: FLAT 213

Glasgow
G21 3AL

Admission

Admitted: 25/04/2014 01:03
Discharged: 26/04/2014 15:06
Admission Type: In Patient
Discharge to: Private Residence -
living with relatives or
friends
Consultant: Dr Brian Choo-Kang
Specialty: General Medicine

Reason for Admission: Self-inflicted injury - Any injury caused by self harm, or attempted self harm

Diagnosis

Diagnosis	Code
Deliberate self poisoning by nonopioid analgesics, antipyretics and antirheumatics	X60.9

Clinical Comments:

Dear Doctor, This 23year old woman was admitted to Ward 50 on 25/4/14 following an overdose of paracetamol. She has no past medical history and takes no regular medications. On admission her systemic examination was normal, her observations were stable and GCS was 15/15. Her paracetamol level was 430mg/L so Miss Heggie was commenced on treatment with Parvaalex infusion. Other bloods were all normal, and there was no evidence of salicylates. Liason

Created on 26/06/2014 11:57 by Helen Johnston

Page 1 of 2

Heggie Kirsty

CHI: 1910900389

FDL 26/04/2014 v1

psychiatry reviewed her on the ward and felt she was fit for discharge once medically fit. Referral to local CMHT for further review has been arranged and crisis contact details have been given to the patient. Kind regards, Coralie Turner FY1

Final Discharge Letter:

Nil further to add.

With Kind Regards,

Dr A McDonald - GPST

Follow-up arranged: referral to CMHT

Electronically Signed: Dr Lyn Smith, Consultant

●

●

Mental Health Services

Glasgow Liaison Psychiatry Service
2nd Floor, St Mungo Building
Royal Infirmary
84 Castle Street
GLASGOW
G4 0SF



Date rec'd. 25 April 2014
Date typed. 29 April 2014

Our ref. JS/DF/T-2563191

Direct Line. 0141 211 4417 (24417)
Fax. 0141 232 0846 (20846)

Dr S G Davidson
Garthdee Medical Group
Health Centre
Garthdee Road
ABERDEEN
AB10 7QQ

Dear Dr Davidson

RE: KIRSTY HEGGIE D.O.B. 19.10.90 (CHI:1910900389)
FLAT 21/3, 198 BALGRAYHILL ROAD, GLASGOW G21 3AL

Thank you for referring this lady to our service. She arrived at the Accident & Emergency Department of Glasgow Royal Infirmary on 24 April 2014 at 9:43 p.m. She arrived by ambulance which she had called herself at 8:51 p.m. and this was following taking an overdose 20 minutes prior to this. The overdose was of Paracetamol x 60 tablets which was taken with alcohol. Miss Heggie also cut off her hair. Her Paracetamol level was 430 4 hours post-ingestion.

I was asked to carry out a psychiatric assessment of Ms Heggie while an in-patient in Ward 50 of Glasgow Royal Infirmary on 25 April 2014 at 11:00 a.m. At the time of assessment she was alert and orientated and willing to participate in psychiatric assessment. She informs me the overdose was an impulsive act. She states the night prior to her actions she had a gathering with friends and had had an enjoyable evening. On the morning of her actions she had breakfast with friends and again had enjoyed this and then planned to go out for a run. She initially went out for a run and then went into a local shop where she shoplifted wine, cookies and Paracetamol. She states this was an impulsive act and she had not been planning to take an overdose. She returned to her flat and took 60 Paracetamol with half a bottle of wine. She then wrote a suicide note to her flatmates. She informs me she quickly regretted her actions and called for an ambulance within 20 minutes of taking the tablets. At the time of assessment she was glad to be alive with no ongoing suicidality and no active suicide plan. She states prior to shoplifting she had an overwhelming feeling of worthlessness. She was unsure where this feeling came from but responded to this by taking an overdose.

Past Psychiatric History

Stabbed her wrist with a broken mirror as a suicide attempt 3 years ago, one previous overdose 4 years ago. She has had two psychiatric admissions to-date to

Delivering better health

www.nhs.uk

RE: KIRSTY HEGGIE
CHI:1910900389

-2-

29 APRIL 2014

Cornhill Hospital, a 1 week admission 2 months ago and another 1 week admission 2 years ago. The admission was in relation to depression and fleeting thoughts of suicide. She is currently not open to services. She informs me she has been on Lithium medication and Mirtazepine medication in the past, although last took any of these medications 2 years ago. She stopped this medication without any medical advice. Her past psychiatric history appears to be in relation to depression.

Past Medical History

No abnormalities.

Drug, Alcohol & Smoking History

Ms Heggie described herself as a social drinker and occasional smoker. She has dabbled with illicit substance use, approximately 1 year ago she was dabbling with Speed, Cocaine and Ecstasy. She has abused Ketamine in the past, the last time being 3 months ago. She used to be a regular user of Cannabis although denies this at present.

Forensic History

She has two charges for shoplifting and a charge for possession of Cannabis. These resulted in fines. She has nothing pending and has spent no time in prison.

Personal History & Social Circumstances

Ms Heggie was born in Stirling and brought up in the Falkirk area by her adoptive parents. She was adopted with her three blood siblings and describes her upbringing as happy. She left Falkirk in 2008 and went to Aberdeen University where she studied English and completed her degree. From then she went travelling for a couple of months, walking on a pilgrim route in Spain. Over the past year she has lived with various friends in Edinburgh and Aberdeen and is currently in Glasgow. She has been in Glasgow for the past 2-3 months and plans to stay here. She is currently looking for employment as she is unemployed. She would like to work as a teacher or journalist. Ms Heggie has a distant relationship with her adoptive parents. She has close contact with her three siblings. She is the second eldest and has an older sister and a younger brother and sister. Her sister and brother remain in Falkirk, her older sister is currently studying in Edinburgh. She has close contact with her siblings. Ms Heggie has contact with her biological mum. She is aware her mum has a mental illness and believes she has a schizophrenic illness. She has never met her biological father but is aware that he had mental health problems. She is not currently in a relationship. She has several close friends. Financially she is managing, she is on benefits, currently Job Seeker's Allowance. She sometimes busks in Glasgow City Centre where she can make some extra money. Ms Heggie also informs me that her younger sister has ADHD and her older sister has a Bipolar Disorder.

Mental State Examination

At the time of assessment her eye contact was good and her speech was clear and coherent and of normal tone. She appeared fairly well-kempt dressed in her own clothing, her hair was uneven as she had cut it off the night before. When asked about her mood she states she has been feeling low over recent months. She states her mood can be variable but she feels there is no spark. She is aware her mental health is problematic at present. She currently rates her mood as 2/10, 1 being the

RE: KIRSTY HEGGIE
CHI:1910900389

-3-

29 APRIL 2014

lowest and 10 being the highest. She believes she has had three good days in the past seven. Her sleep pattern is intact, she has no difficulty falling asleep and no wakening throughout the night. Her appetite is good and she continues to enjoy her food. Her concentration is variable, she has been trying to read lately although has been struggling with this. She believes her memory to be poor which has been an ongoing problem. When asked about psychosis, she denied any auditory hallucinations. She appeared to have ideas of reference and believed when she was having conversations with people that they were scratching or touching their faces and that this had another meaning. She believes that when buses pass by with advertisements that this is in relation to her. She did complain of visual hallucinations. She states this is only on occasion. On suicidality, she is not actively suicidal at the time of assessment with no active plan. She has future plans to work and, as previously stated, would like to work as a teacher.

Impression

A 23 year old lady who appeared bizarre in affect at the time of psychiatric assessment. She had been admitted to GRI with an impulsive overdose and impulsively cutting off her hair. There is a detailed psychiatric history within this lady's family and she appears to have a psychiatric history from when she lived in Aberdeen, including two psychiatric admissions. She appeared emotionally blunted at the time of assessment. I felt this lady would benefit from further psychiatric assessment with further exploration of psychotic phenomenon. I discussed referral to Springpark CMHT with Ms Heggie and she was in agreement to same. She currently has concerns about her mental health. She made no demands but was in agreement with referral being made to the CMHT.

Yours sincerely



JACQUI SUMMERS
PSYCHIATRIC LIAISON NURSE

copy: Allocation Meeting, Springpark CMHT, 101 Denmark Street, GLASGOW G22
5EU

**Glasgow City
Community Health Partnership
North East Sector**

Springpark Centre
101 Denmark Street
Glasgow
G22 5EU
Tel: 0141 531 9300
Fax: 0141 531 9304

NHS
Greater Glasgow
and Clyde

CONFIDENTIAL

Dr Kennedy
Ashton Medical Practice
Cardonald Medical Centre
1831 Paisley Road West
Glasgow
G52 3SS

Dictated: 21/05/2014
Typed: 04/06/2014
Our Ref: AW/TL

18 JUN 2014

Dear Dr Kennedy

Re: Kirsty Heggie, 21/3, 198 Balfargyhill Road, Glasgow, G21 3AL
CHI: 1910900389 PIMS: 2563191

Re: New referral by Liaison Psychiatry

Paracetamol overdose on a background of ? Psychotic Episode

Past Psychiatric History: Previous diagnosis of Depression.
Previous suicide attempt

Follow Up: Re-send urgent appointment

This 23 year old lady was referred to us by Liaison Psychiatry as a new referral. Ms Heggie was recently admitted to GRI A&E following a case of paracetamol overdose. She was treated with Parvolex infusion and was reviewed by Liaison Psychiatry while an in-patient. Ms Heggie noted that the act itself was impulsive but for the psychiatric assessment it brought up a query of whether there was a psychotic episode in this incident. I note Ms Heggie has a significant mental illness family history where her biological mother possibly has Schizophrenia and her sister has ADHD and Bipolar Disorder respectively.

Ms Heggie was sent an urgent appointment. I understand that our secretary tried to contact Ms Heggie by telephone but there was no telephone number in the records. Ms Heggie unfortunately did not attend her appointment for this morning. We will arrange to send another appointment to Ms Heggie.

Kind regards



Dr Alfred Wong
FY2 (Psychiatry)
Consultant – Dr Ward

18 JUN 2014

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www.nhsggc.org.uk

**Grampian Specialist
Psychotherapy Service**

Psychotherapy Department
Garden Villa Building
Entrance 4
Royal Cornhill Hospital
ABERDEEN
AB25 2ZH



IN CONFIDENCE

Dr Jane Lolley
Consultant Psychiatrist
Adult Mental Health Directorate
Block A
Clerkseat Building
Royal Cornhill Hospital

Date: 25th November 2011
Our Ref: HN/246467
CHI: 1910900389
Enquiries to: Psychotherapy Dept
Extension: 57398
Direct Line: 01224 557398
Fax No: 01224 557709

Dear Dr Lolley

Re: Kirsty Heggie (19/10/90) – 358 George Street, Aberdeen, AB25 1HD

Thank you for referring the above patient to the Psychotherapy Department. As part of the referral process we ask the patient to complete psychotherapy questionnaires to let us have some information about themselves, their presenting difficulty and their background. This is helpful to the Department in the beginning to understand the patient's motivation for treatment. It is also designed to encourage the patient to start thinking about themselves in relation to their history and relationships.

Once they have returned the questionnaires we will discuss the referral within the team and let you know what we consider to be the most appropriate pathway into the service. If the patient does not return the questionnaires to us within four weeks we shall not continue with the referral process.

Yours sincerely

H. W. Strachan

Medical Team Secretary
On behalf of the Psychotherapy Department

cc:

Dr P Strachan
Oldmachar Medical Practice
526 King Street
ABERDEEN
AB24 5RS



Kirsty Heggie
198 Balgrayhill Road
Springburn
Glasgow, G21 3AL

16th of April 2014

Dear Kirsty

Re: Application through Equality Internship Programme

This is to confirm your application to Interfaith Glasgow / Interfaith Scotland for the position of Publications and Communications Intern through the Equality Internship Programme.

We have not yet set a closing date for this post and expect to be in a position to shortlist candidates for interview by the 2nd of May if not before. At that point we will let you know if you have been selected to attend an interview.

If you secure employment during this time or decide you no longer wish to be considered for this post I would be grateful if you could let me know either by email info@interfaithglasgow.org or by phone 0141 420 6982

In the meantime if you have any questions or require clarification please do not hesitate to contact me

Yours Sincerely

Michael Wilson
Project Manager
Interfaith Glasgow

513 Shields Road,
Glasgow, G41 2RF

T. 0141 420 6982
E. info@interfaithglasgow.org
W. www.interfaithglasgow.org

Interfaith Glasgow is a project of Interfaith Scotland 

07.FEB.2014 11:45

CORNHILL OSER-1

#6718 P.001 /001

- 5 FEB 2014

OUT OF HOURS ACCESS MENTAL HEALTH SERVICES - CHECK LIST



Grampian

STAGE I - To be completed by Attendee/ Receptionist

1. ARE YOU ON THE ENHANCED ACCESS LIST?

Y/N

☐ ☐
2. YOUR NAME
(please print)

KIRSTY HEGGIE

3. YOUR DATE
OF BIRTH

19.10.90

4. NAME OF YOUR
GP & PRACTICE
(please print)

GARTHDEE

5. PLEASE SIGN CONSENT TO INFORM
GP OF YOUR VISIT (signature)

Y/N

6. CONSENT GIVEN?

☒ ☐

STAGE II - To be completed by Receptionist

7. DATE OF VISIT

6/2/14

8. TIME OF VISIT

4pm

9. WAS BLEEP HOLDER CALLED FOR ASSISTANCE?

Y/N

☐ ☒
10. ACCESS TO MENTAL HEALTH SERVICE INFORMATION
SHEET ISSUED.

ACCEPTED

Y/N

☐ ☒

11. NHS24 CALLED ON BEHALF OF ATTENDEE

Y/N

☐ ☒

12. NAME OF CATCHMENT TEAM

Y/N

13. WAS THE ATTENDEE BROUGHT IN BY THE POLICE?

☐ ☒

Any other relevant information:

Information sent from Main Reception, Royal Cornhill Hospital, Tel. No. 01224 557201

Name of person completing form (block capitals)

KIRSTY HEGGIE CBARRON

Signature

Date

6/2/14

10th September 2012

Le Barron

07.FEB.2014 11:39

CORNHILL OSER-1

#6713 P.001 /001

7 FEB 2014

**OUT OF HOURS ACCESS
MENTAL HEALTH SERVICES - CHECK LIST****STAGE I - To be completed by Attendee/ Receptionist**

1. ARE YOU ON THE ENHANCED ACCESS LIST?

Y/N

☐ Y ☐ N2. YOUR NAME
(please print)

KIRSTY HEGGIE

3. YOUR DATE
OF BIRTH

19.10.90

THIRD PARTY COPY

Page 1 of 4

Adult Mental Health Directorate

Block A
Clerkseat Building
Royal Cornhill Hospital
ABERDEEN
AB25 2ZH

In Confidence

Direct Line: 01224 557535
Fax: 01224 557433
Email to: lynngreig@nhs.net

SS/LG

Dr. S. J. Sheperd,
Garthdee Medical Group
Health Centre
Garthdee Road
Aberdeen
AB10 7QQ

CHI: 1910900389

NO Paper Copy Required For GP

Date Dictated: 13/02/2014
Date Typed: 13/02/2014

Dear Dr Shepherd,

**Miss Kirsty Heggie (19 October 1990) 52 Cairnvale Terrace, Aberdeen,
AB12 5PJ**

Miss Heggie was admitted to Royal Cornhill Hospital on the 5th February 2014 following an urgent referral by her GP. She initially presented early that morning to Royal Cornhill Hospital although at the time she denied any previous contact with the psychiatric services therefore she was asked to go to her GP. She had in fact had a previous admission under Dr. Lolley in June 2012 with suicidal ideation and was diagnosed as having a bipolar affective disorder. Unfortunately, she was lost to follow up since then as she had no permanent address. She was seen by her GP on the 16th January, 2014 requesting a repeat referral for psychiatric support. However, she was uncertain if she received an appointment.

Mr. Heggie was seen out-of-hours following an urgent referral by her GP for suicidal ideation. Kirsty felt as though she was being "possessed by darkness" and "disconnected from reality". Miss Heggie has felt this way since before Christmas and identified separating from her boyfriend which led to him becoming jealous and attacking a male friend leading to his imprisonment. Following this, she visited her foster parents who asked her to take responsibility for her actions which left her feeling rejected. In addition, a further violent outburst from her sister claimed she "stamped on her head" and called her evil.

Kirsty Heggie (1910900389)

This letter is viewable in SCI Store

Page 2 of 4

On the night prior to her admission, she was staying with a male friend and was feeling particularly stressed though could not identify a reason. She drew herself a bath and held her head under the water for a long time and had feelings of wanting to end her life thinking the water may cure her of her evilness. However, after hearing her friend in the next room, she decided not to drown herself as she did not want him to find her body. In the morning she found herself thinking of jumping in front of a car "to test my will" and "see what the world has planned for me". She debated shoplifting Paracetamol in order to take an overdose although said that she would not wish to kill herself that way.

Miss Heggie felt that her emotions could change frequently for 30 minutes at a time but overall has been feeling very low and depressed since Christmas. She felt she was responsible for all the thoughts in head but that strangers on the street "could read her mind". Miss Heggie also reported seeing auras around trees and suggestions of shapes.

She reported that her concentration had been poor though eating well and sleeping excessively for 10 hours a day.

Past Psychiatric History

Previous admission under Dr. Lolley in 2012 with suicidal ideation with a diagnosis of bipolar affective disorder.

Past Medical History

Nil

Medications

No regular medication. No known drug allergies.

Social History

As previously documented, Miss Heggie has had a difficult childhood. She was adopted with her 3 other siblings and lived in Stirling. She has no memories of her biological parents but thinks that both suffered bipolar illness. Kirsty had a difficult relationship with her adopted parents though denied any sexual abuse. She graduated at Aberdeen University in 2012 with English and Film Studies. Following University she described herself as "sofa hopping" ever since. She enjoyed a 3 month trip following University where she travelled around Europe and on return applied for JSA but couldn't attend the appointments and so therefore is not currently on benefits or in employment. She drinks occasionally, approximately 4 beers every 3 days and smokes intermittently, sometimes up to 4 a day. She denied any recreational drug use in the past 3 months though did not want to discuss this matter any further. She met her mother for the first time since she was 4 years old last year which "went well" but she is institutionalised with a psychotic depression.

Kirsty Heggie (1910900389)

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Page 3 of 4

Mental State Examination

Miss Heggie appeared appropriately dressed and relatively well kempt. On admission rapport was established easily and speech was still and quiet with odd content, not always appropriate to the question. She was unable to concentrate on all questions and appeared perplexed by her own thoughts. She felt that people can hear her thoughts and worried that she would be attacked by something dark inside her. She seemed to have some chaotic thoughts and ideas regarding deliberate self-harm and suicide.

Impression

It was felt that Miss Heggie's presentation was in keeping with a personality disorder, however, as she was relatively unknown to the services it was felt safer to admit her and observe her for a period of time. She was kept on constant obs overnight.

Management

Miss Heggie remained as a voluntary patient and was reviewed by Dr. Calder. Her mood was low on the ward although there were no concerns over her behaviour once she was removed from constant observations. When reviewed on the 11th February 2014 it was felt that there was no current evidence of illness though became tearful when asked about plans for discharge.

Miss Heggie was discharged today, 11th February, 2014 with a follow up appointment on Tuesday 11th March, 2014 with Dr. Calder and a referral will be sent to Clinical Psychology for out-patient assessment.

Yours sincerely



Ms Sophie Stenton
FY2 Doctor

Copy to:

Dr. Fiona Smith,
Clinical Psychologist,
Block A,
Royal Cornhill Hospital

Kirsty Heggie (1910900389)

This letter is viewable in SCI Store



PATIENT DISCHARGE INFORMATION

Admission Date : 05/02/2014 Discharge Date : 12/02/2014 7:00 PM

Name :	Kirsty Heggie	D.O.B. :	19/10/1990
Address :	50 Cairnvale Terrace	Aberdeen	Unit No : 1618713D
			CHI No : 1910900389
Postcode :	AB12 5PJ	Weight :	

HOSPITAL Royal Cornhill Hospital

THE PEOPLE WHO WERE IN CHARGE OF YOUR CARE

Consultant : Calder Ward : RCH - Brodie Ward
 Tel : Crathes Ward: (01224) 557228
 Drum Ward: (01224) 557241
 Corgarff Ward: (01224) 557626
 Brodie Ward: (01224) 557634

INFORMATION FOR GP

☒ Emergency OR ☐ Elective

Specify any results awaited :

If no further letter to follow, read and approved by : _____ (signature of Post-Registration Doctor)

COMMENTS

Dear Doctor,

Miss Heggie was admitted to RCH on 5/2/14 as an emergency. She initially presented to Cornhill early that morning although as she denied any previous psychiatric contact was asked to go to her GP.

She was referred later that day by her GP with feeling 'disconnected from reality' and feeling possessed by darkness'. She had been feeling under stress recently but she could not identify a reason why. Miss Heggie expressed thoughts of suicidal ideation and wanting to test her ability to survive.

The impression was of affective component to her presentation, however she remained settled on the ward and there was no evidence of illness. She is to be discharged today with a referral to psychology for an assessment as an outpatient. Further, she will receive a follow-up appointment with Dr Calder in six weeks time.

Many thanks

WHY YOU WERE IN HOSPITAL

Suicidal ideation

Other Problems :

Procedure / Treatment : Observation, assessment

Diagnosis :

WHAT HAPPENS NEXT ?

An appointment will be sent to the address above

Name of Prescriber : Sophie Stanton
 Date : 12/02/2014 9:38:48 AM
 Bleep / Contact No : 2981
 Ward Pharmacist :

Drug / Medicine Sensitivity

nkda



PATIENT DISCHARGE INFORMATION

Admission Date : 05/02/2014 Discharge Date : 12/02/2014 7:00 PM

Name :	Kirsty Heggie	D.O.B. :	19/10/1990
Address :	50 Cairnvale Terrace	Unit No :	1618713D
	Aberdeen	CHI No :	1910900389
Postcode :	AB12 5PJ	Weight :	

CHANGES TO ADMISSION MEDICATION

Name of Prescriber : Sophie Stenton
Date : 12/02/2014 9:38:48 AM
Bleep / Contact No : 2981
Ward Pharmacist :

Drug / Medicine Sensitivity

nkda

Adult Mental Health Directorate

Ronnie Blacklaw
 Community Psychiatric Nurse
 Dr Lolley's Community Mental
 Health Team
 Block "A"
 Royal Cornhill Hospital
 Cornhill Road
 Aberdeen
 AB25 2ZH



Dr A Sneddon
 Oldmachar Medical Practice
 526 King Street
 Aberdeen
 AB24 5RS

Date 22/1/14
 Your Ref [your ref]
 Our Ref CHI - 191090 0389

Enquiries to (01224) 557453 (Secretaries)
 Answering Machine: (01224) 557661
 Mobile 07747 101 408
 Email r.blacklaw@nhs.net

Dear Alison

Re: Kirsty Heggie, 358 George Street, Aberdeen. DoB: 19/10/90. 0389

Thank you for your referral of this young woman. We discussed this referral at our Community Mental Health Team meeting yesterday.

We strongly believe that, given the success of her previous prescription of Lithium, that she should again try this as this would be a large part of the therapeutic programme we would suggest. If she is unwilling to countenance this she may prefer an alternative medicine, such as Lamotragine.

As I said, the medicine would be the main thrust of our treatment plan. Should Ms Heggie require further input for this, please re-refer her and we can arrange appropriate treatment and support.

Yours sincerely

Ronnie

Ronnie Blacklaw
 Cc: Dr J Calder, RCH.

Page 1 of 1

Adult Mental Health Directorate

Block A
Clerkseat Building
Royal Cornhill Hospital
ABERDEEN
AB25 2ZH

In Confidence

Direct Line: 01224 557535
Fax: 01224 557433
Email to: lynngreig@nhs.net

JL/LG

Dr Gordon Sim
Oldmachar Medical Practice
526 King Street
Aberdeen
AB24 5RS

CHI: 1910900389

NO Paper Copy Required For GP

Date Dictated: 13/09/2012
Date Typed: 13/09/2012

Dear Dr Sim

**Miss Kirsty Heggie (19 October 1990) 55 Beachview Court, Aberdeen,
Aberdeenshire, AB24 1WD**

Ms. Heggie telephoned to re-arrange a further appointment she having missed her last appointment Professor St. Clair on the 7th August, 2012.

Unfortunately she failed to attend to see me in the out-patient department, Royal Cornhill Hospital on the 12th September, 2012 and neither did she telephone to cancel.

I do not intend to send her another appointment routinely.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Jane Lolley', with a stylized flourish at the end.

**Dr Jane Lolley
Consultant Psychiatrist**

Kirsty Heggie (1910900389)

This letter is viewable in SCI Store

Adult Mental Health Directorate

Block A
Clerkseat Building
Royal Cornhill Hospital
ABERDEEN AB25 2ZH



Date: 8th August, 2012
Our Ref: JL/LMG/ 246467
CHI: 1910900389

Ext. No: 557535
Direct Line: 557535
Email: lynngreig@nhs.net

In Confidence

Miss Kirsty Heggie,
55 Beachview Court,
ABERDEEN,
AB24 1WD.

Dear Miss Heggie,

Professor St. Clair (Locum Consultant) was sorry that you could not attend for your out-patient appointment with him on the 7th August, 2012 at Royal Cornhill Hospital.

Dr. Lolley has now returned from her sickness absence and if you would like another appointment, this can easily be arranged. Could you let me know by calling me on 557535. I work from Monday to Thursday, 8.00 a.m. to 4.00 p.m. and also have an answering machine. However, if I have not heard from you by the end of this month, your case will be closed and re-referral can be done in the future through your General Practitioner.

I look forward to hearing from you.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Lynn Greig'.

Lynn Greig,
Secretary to Dr. Jane Lolley

Copy to:

Dr. G. Sim,
The Oldmachar Medical Practice,
526 King Street,
ABERDEEN.
AB24 5RS.

Page 1 of 3

Adult Mental Health Directorate

Block A
Clerkseat Building
Royal Cornhill Hospital
ABERDEEN
AB25 2ZH

In Confidence

Direct Line: 01224 557535
Fax: 01224 557433
Email to: lynngreig@nhs.net

GM/LG

Dr Gordon Sim
Oldmachar Medical Practice
526 King Street
Aberdeen
AB24 5RS

CHI: 1910900389

NO Paper Copy Required For GP

Date Dictated: 05/07/2012
Date Typed: 05/07/2012

Dear Dr Sim

**Miss Kirsty Heggie (19 October 1990) 55 Beachview Court, Aberdeen,
Aberdeenshire, AB24 1WD**

Date of Admission: 12.06.12
Date of Discharge: 18.06.12
Diagnosis: Suicidal ideation
Medication on discharge: None
Follow up: Out-patient appointment with Professor St.
Clair on 07/08/12

Kirsty is a 21 year old English student who was referred with suicidal ideation. Kirsty had gone to the window ledge of her high storey building contemplating jumping but was prevented with thoughts of how it would affect others and she felt selfish. Kirsty describes her mood as erratic and up and down. The reason for suicide was to stop emotional thoughts in her head that were "causing physical pain". She did not report problems with sleep, appetite or concentration and there was no anhedonia. She described taking an overdose of Tramadol a week previous and had been to her GP to ask for help and was advised that as she had not attended two previous referrals to Dr. Lolley, it may not be appropriate. This was the reason she took the Tramadol, smoked a joint and fell asleep. The next day she felt sick but there were no further repercussions of this.

Past Psychiatric History

Kirsty Heggie (1910900389)

This letter is viewable in SCI Store

Kirsty saw Dr. Buruju in May 2011 complaining of chronic fluctuations in her mood, involving alcohol, drugs and sex with strangers. Dr. Buruju wondered if potentially she had a bipolar illness and started he commenced on her Olanzapine which Kirsty stopped after feeling sedated.

Drug History

None No known drug allergies.

Family History

Family history of psychiatric illness. Biological parents apparently both had bipolar affective disorder.

Personal History

Kirsty was born in Stirling. She was adopted with her three other siblings, two sisters and one brothers by a couple in Stirling. She has no memories of her biological parents but said that both biological parents had bipolar illness but her mother was still in hospital. Kirsty described her adoptive parents as "horrors and emotionally abusive". Apparently they would line the children up and smack them until they found who was responsible for an act. Her father apparently drank excessively. She denied a history of sexual abuse. She described being very shy at school, only ever having one friend. However, she completed advanced Highers and moved to Aberdeen to go to University. She describes a poor relationship with her parents who did not support her financially and she has been working as a stripper to pay bills but has recently stopped this. Her oldest sister ran away from home at the age of 16 and her two younger siblings still live at home. Kirsty self-harmed by cutting as a teenage and say she is a "part-time bulimic". She abused a lot of drugs and alcohol at University especially MKat. She only drug she hasn't tried is heroin. Both her sisters have diagnosis of bipolar illness. Kirsty has been in trouble with the police and has been arrested for possession of drugs and shop lifting. She has not completed any prison time.

On Examination

Kirsty was very relaxed with good eye contact. At interview she was reactive and calm. Her speech was normal, expressive, reactive and spontaneous. She described her mood as neutral at 5/10. Subjectively she was neither low or hypomanic. She did not describe any thought broadcasting, thought insertion or withdrawal, no paranoia and no passivity. There was no abnormal perception identified. Kirsty initially said that she felt safe in hospital but was afraid of what she might do if she was at home.

Impression

I did not get the impression that Kirsty was severely depressed. She has a background of childhood adverse events, self-harm, eating disorder and labile mood. Kirsty did not have difficulties whilst on the Brodie Ward and interacted

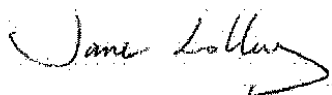
Kirsty Heggie (1910900389)

This letter is viewable in SCI Store

Page 3 of 3

well and was bright and reactive with other patients. She did not express any suicidal ideation on discharge. She will be followed up in 2 weeks time in the out-patient department by Professor St. Clair.

Yours sincerely



Dr Jane Lolley
Consultant Psychiatrist
Signed on behalf of: Dr Grainne Mcgrath
GPST2

THIRD PARTY COPY

Kirsty Heggie (1910900389)

This letter is viewable in SCI Store

Hospital use only	Clinic	Day Date	Time	Hospital No.
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SCI GATEWAY ELECTRONIC REFERRAL LETTER

MEDICAL IN CONFIDENCE

Patient Consent has been given for information sharing

Date Referral Created
06-Jun-2012
Date Referral Submitted
06-Jun-2012 @ 09:50:46

Unique Care Pathway Number: **101003724964H**CHI No: **1910900389****REFERRAL TO**Adult PsychiatryG1C
Gramp Adult PsychiatryRoyal Cornhill Hospital
Cornhill Road
Aberdeen
AB25 2ZHConsultant / receiving
practitioner and/or specialty clinic

Hospital and hospital address

Hospital unit no.

N198H

Email address

Urgency of referral	Routine
Sensitivity of referral	Sensitive

PATIENT DETAILS

Surname	Heggie
Forename(s)	Kirsty
Title	Miss
Sex	Female
Date of birth	19-Oct-1990
CHI No.	1910900389

Patient's address55 Beachview Court
Aberdeen
AB24 1WD**Contact number(s)**

E-mail: k.heggie.08@aberdeen.ac.uk

REFERRING PRACTITIONER DETAILS

Name	Dr. Gordon Sim		
GP Code	67806	GMC Code	3283376
Practice name	Oldmachar Medical Practice (30504)		
Practice code	30504		

Practice address526 KING STREET
ABERDEEN
AB24 5RS**Contact number(s)**

Voice: 0845 3370510

ADMINISTRATIVE INFORMATION

This referral letter is complete, has been checked by the referring GP and authorised for transmission.

Referred By: Other registered GP

Social circumstances

Ethnic Origin: (White) Scottish

CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting complaint****Description:** POSSIBLE BIPOLAR AFFECTIVE DISORDER**Comment:** Thank you for reviewing this 21 year old lady whom you last saw in October 2011. I realise that she has not attended several review appointments with yourselves. However, it would appear that you have the wrong address. Her new address is the one quoted on this letter.

She has requested re-referral although she is currently on no medication. She has been abstaining from alcohol and illicit substances and her mood has improved markedly. She finds that her self-control has also improved, although she describes her mood as being variable throughout the day, being up one hour and down the next. She does not have any prolonged episodes of low mood and is currently performing reasonably well at her University course. However, she has had the last three weeks off due to a dip in her mood which has now settled.

I would be grateful for review of this lady and any advice you may have regarding her further management.

Thank you for your help and attention.

Dr. Gordon Sim: GMC 3283376
gs.ab 6.6.2012

Examinations and Investigations

Cigarette smoker, 1 Cigarettes/day	- 18-May-2011
Current smoker	- 18-May-2011
Cigarette smoker, 1 Cigarettes/day	- 17-May-2011
Current smoker	- 17-Apr-2009
Alcohol intake within recommended sensible limits	- 18-May-2011
Enjoys moderate exercise	- 18-May-2011

Investigations

Patients validated depression score (QOF) at onset	No QOF Onset Score Selected	-
Patients validated depression score (QOF) at six weeks	No QOF Six Week Score Selected	-
Drugs currently prescribed from the antidepressant selector guideline	No Antidepressant Selected	-
NB:	THE PAST MEDICAL HISTORY SECTION MAY CONTAIN ONLY DATA JUDGED OF THE HIGHEST SIGNIFICANCE TO THE PATIENT'S GP RECORD	-
NB:	IT MAY NOT CONTAIN DATA FROM LABS OR RADIOLOGY FOR WHICH SCI STORE SHOULD BE CONSULTED	-
Patient Weight in Kilograms	62.6	-
Patient Height in Metres	161	-
Patient BMI	24.15	-

Reason for referral**Care type requested:** Out Patient**Expected outcome:** Not Specified**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>
Mixed bipolar affective disorder	-	-	-	11-May-2011

file://C:\Documents and Settings\mariab02\Local Settings\Temp\MedexDecompress\006... 10/10/2014

H/O: deliberate self harm	-	-	-	01-Jan-2008
Fracture of clavicle	-	-	- (R)	04-Jul-2002
Vesicoureteric reflux	-	-	- MAG3 and micturating renogram normal in 2002	01-Jan-2000

Past procedures

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Date performed</u>
Insertion of subcutaneous contraceptive	-	-	17-Dec-2008

Medication Details**Current and recent medication**

No medications recorded

Past Medication Section

No medications recorded

Clinical warnings

No clinical alert data available

Additional relevant information

No family history information available

Signature of referring doctor (or other professional)_____
Date

Please email any feedback to: grampian.cisteam@nhs.net
Please note that any change or support requests to the above address will be ignored

**Grampian Specialist
Psychotherapy Service**

Psychotherapy Department
Garden Villa Building
Entrance 4
Royal Cornhill Hospital
ABERDEEN
AB25 2ZH



IN CONFIDENCE

Dr J Lolley
Consultant Psychiatrist
Adult Mental Health Directorate
Block A
Clerkseat Building
Royal Cornhill Hospital

Date: 28th March 2012
Our Ref: HN/246467
CHI: 1910900389
Extension: 57398
Direct Line: 01224 557398
Fax No: 01224 557709

Dear Dr Lolley

Re: Kirsty Heggie (19/10/90) – 358 George Street, Aberdeen, AB25 1HD

"Thank you for referring the above patient. Unfortunately, she did not return the Psychotherapy Questionnaires within the required 4 week period. Consequently, we will not be proceeding with the referral and have closed her case to the department."

However, if in the future you feel her circumstances have changed, we would be happy to receive a re-referral.

Yours sincerely

W. Newson

Medical/Team Secretary
On behalf of the Psychotherapy Department

ccy

Dr P Strachan
Oldmachar Medical Practice
526 King Street
ABERDEEN
AB24 5RS

RCH records

Adult Mental Health Directorate

Block A
Clerkseat Building
Royal Cornhill Hospital
ABERDEEN
AB25 2ZH



Date: 7th March, 2012
Our Ref: IC/LMG/ 246467
CHI: 1910900389

Ext. No: 57535
Direct Line: 557535
Email: lynngreig@nhs.net

In Confidence

Dr. R. Stewart,
The Oldmachar Medical Practice,
526 King Street,
ABERDEEN.
AB24 5RS.

Dear Dr. Stewart,

RE: **MISS KIRSTY HEGGIE, 358 GEORGE STREET, ABERDEEN, AB25 1HD.**
DATE OF BIRTH: 19.10.90

Your patient, Miss Heggie, did not appear for an appointment with me at Royal Cornhill Hospital on the 6th March 2012. I have looked through the records and note that she did not attend in December of last year. I am not sending her any further appointments but would do so if you request it.

Yours sincerely

A handwritten signature in black ink, appearing to be 'I. Clark', written over a large, faint 'THIRD PARTY COPY' watermark.

DR. IAN CLARK, FRCPsych
LOCUM CONSULTANT PSYCHIATRIST.

Adult Mental Health Directorate

Block A
Clerkseat Building
Royal Cornhill Hospital
ABERDEEN AB25 2ZH



Date: 1st February 2012
Our Ref: JL/LMG/ 246467
CHI: 1910900389

Ext. No: 57535
Direct Line: 557535
Email: lynngreig@nhs.net

In Confidence

Miss Kirsty Heggie,
358 George Street,
ABERDEEN,
AB25 1HD.

Dear Miss Heggie,

Dr. Lolley was sorry that you could not attend your last appointment with her on the 14th December, 2011 and we would now like to offer you another one. However, Dr. Lolley is on sick-leave at the moment and will be off for approximately 3 months. Dr. Ian Clark, Locum Consultant Psychiatrist, will be looking after her patients and would like to offer you an appointment on **Tuesday 6th March, 2012 at 1.45 p.m.**

If there is a problem with this appointment date, please contact me on the above number and we can arrange an alternative. I work Monday to Friday from 8.45 a.m. to 3.15 p.m. and also have an answering machine where you can leave a message.

Dr. Clark looks forward to meeting you then.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Lynn Greig'.

Lynn Greig,
Secretary to Dr. Ian Clark.

Copy for information to:

Dr. R. Stewart,
The Oldmachar Medical Practice,
526 King Street,
ABERDEEN.
AB24 5RS.

SQUARE 13
 CENTRE FOR REPRODUCTIVE HEALTH
 DENBURN HEALTH CENTRE
 ROSEMOUNT VIADUCT
 ABERDEEN
 AB25 1QB
 TEL APPOINTMENTS 0845 337 9900
 FAX NO (01224) 555255



Ref:

Date: 11/01/2012

Dear Dr Jack, St. Machar M/P

RE Name: Kirsty Heggie
 DOB: 19/10/1990
 Address: 358 George Street, AB25 1HD

The above patient attended clinic on 11/01/2012

Her existing progestogen contraceptive implant was removed from her ~~right~~ / left arm

A Nexplanon contraceptive implant was inserted on the medial aspect of her ~~right~~ / left arm.

The procedure was straightforward.
 This device will provide contraception for 3 years.

We have not made a follow up appointment but she has been asked to contact us if she has any problems.

Yours sincerely

Staff Member Name: SABGOK

Job title: GPST3

Progestogen Implant - out and in

Adult Mental Health Directorate

Block A
Clerkseat Building
Royal Cornhill Hospital
ABERDEEN AB25 2ZH

NHS**Grampian**

Date: 15th December, 2011
Our Ref: JL/LMG/ 246467
CHI: 1910900389

Ext. No: 57535
Direct Line: 557535
Email: lynngreig@nhs.net

In Confidence

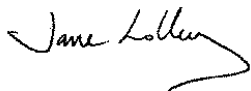
Dr. R. Stewart,
The Oldmachar Medical Practice,
526 King Street,
ABERDEEN,
AB24 5RS.

Dear Dr. Stewart,

RE: MISS KIRSTY HEGGIE, 358 GEORGE STREET, ABERDEEN, AB25 1HD.
DATE OF BIRTH: 19.10.90

A brief note to let you know that Miss Heggie did not attend her appointment with me in the out-patient department, Royal Cornhill Hospital on the 14th December, 2011. I assume that her term may have finished and therefore I will send a further appointment in January.

Yours sincerely,



JANE LOLLEY,
CONSULTANT PSYCHIATRIST.

**Grampian Specialist
Psychotherapy Service**

Psychotherapy Department
Garden Villa Building
Entrance 4
Royal Cornhill Hospital
ABERDEEN
AB25 2ZH



IN CONFIDENCE

Dr Jane Lolley
Consultant Psychiatrist
Adult Mental Health Directorate
Block A
Clerkseat Building
Royal Cornhill Hospital

Date: 25th November 2011
Our Ref: HN/246467
CHI: 1910900389
Enquiries to: Psychotherapy Dept
Extension: 57398
Direct Line: 01224 557398
Fax No: 01224 557709

Dear Dr Lolley

Re: Kirsty Heggie (19/10/90) – 358 George Street, Aberdeen, AB25 1HD

Thank you for referring the above patient to the Psychotherapy Department. As part of the referral process we ask the patient to complete psychotherapy questionnaires to let us have some information about themselves, their presenting difficulty and their background. This is helpful to the Department in the beginning to understand the patient's motivation for treatment. It is also designed to encourage the patient to start thinking about themselves in relation to their history and relationships.

Once they have returned the questionnaires we will discuss the referral within the team and let you know what we consider to be the most appropriate pathway into the service. If the patient does not return the questionnaires to us within four weeks we shall not continue with the referral process.

Yours sincerely

J. Newell

Medical Team Secretary
On behalf of the Psychotherapy Department

cc:

Dr P Strachan
Oldmachar Medical Practice
526 King Street
ABERDEEN
AB24 5RS

Adult Mental Health Directorate

Block A
Clerkseat Building
Royal Cornhill Hospital
ABERDEEN AB25 2ZH



Date: 11th November, 2011
Our Ref: JL/LMG/ 246467/Re-referral
CHI: 1910900389

Ext. No: 57535
Direct Line: 557535
Email: lynngreig@nhs.net

In Confidence

Dr. R. Stewart,
The Oldmachar Medical Practice,
526 King Street,
ABERDEEN.
AB24 5RS.

Dear Dr. Stewart,

RE: **MISS KIRSTY HEGGIE, 358 GEORGE STREET, ABERDEEN, AB25 1HD.**
DATE OF BIRTH: 19:10:90

Thank you for referring Miss Heggie back to us. I saw her in the out-patient department, Royal Cornhill Hospital on the 9th November 2011.

As you probably know, she had only taken **OLANZAPINE** for a week feeling rather sedated by it and also being frightened by the prospect of significant weight gain. She has had a further thought about **LITHIUM** therapy and having spoken to some people on **LITHIUM**, is now keen to give it a try.

I have thus asked her to make arrangements to be seen again at the Surgery so that baseline bloods can be taken. She told me that she has had renal problems in the past and I have advised her that this may put a spanner in the works as far as **LITHIUM** is concerned but we will see.

Should her renal function be fine then I would suggest that she start on **LITHIUM CARBONATE (PRIADEL)** 400 mgs. nocte and would ask that a repeat 12 hour post dose blood level be done a week later. We can then adjust the dose accordingly.

As you know, Dr. Buruju's assessment was curtailed as Miss Heggie did not attend her second appointment with him but today she talked more about the difficulties she has had in the past particularly with her relationship with her foster parents. She presented me with an account of her difficulties which suggested longstanding personality issues as well.

On a more positive note, she is taking steps to try and re-gain some control and is aiming to give up alcohol and the use of drugs and has also moved away from sharing a flat with people who she recognises as having an unhealthy influence on her. She has also split from her boyfriend who has his own mental health difficulties but who still provides her with a degree of support.

She was keen to pursue a psychotherapy contact and have agreed to ask for her name to be put on the waiting list and was also happy that she ask for a short course of sleeping tablets, possibly **ZOPICLONE**, to help re-establish more normal sleep routines for her. I have asked her to raise this with you.

2.

RE: **KIRSTY HEGGIE** (cont)

I plan to see her again for review in a few weeks time but she knows to contact me should there be any problems in the interim.

Yours sincerely,



● Dr. Jane Lolley,
Consultant Psychiatrist

THIRD PARTY COPY

Adult Mental Health Directorate

Block A
Clerkseat Building
Royal Cornhill Hospital
ABERDEEN AB25 2ZH



Date: 20th October, 2011
Our Ref: JL/LMG/246467
Chi No: 1910900389

Ext. No: 57535
Direct Line: 557535
Email: lynngreig@nhs.net

In Confidence

Miss Kirsty Heggie,
358 George Street,
ABERDEEN,
AB25 1HD.

Dear Miss Heggie,

Your General Practitioner, Dr. R. Stewart, has referred you to our psychiatric team and I would like to offer you an appointment with Dr Jane Lolley, Consultant Psychiatrist in her out-patient clinic at Block A, Clerkseat Building, Royal Cornhill Hospital. This appointment will take approximately one hour.

Due to the clinics being busy, I am initially offering you a provisional appointment for Wednesday 9th November, 2011 at 2.30 p.m. I would be grateful if you would confirm this appointment by calling me on my direct telephone number of 01224 557535. I work Monday to Friday from 8.45 a.m. to 3.15 p.m. and also have an answering machine where you can leave a message.

I look forward to hearing from you.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Lynn Greig', written over a large, faint, diagonal watermark that says 'PATIENT COPY'.

**LYNN GREIG,
SECRETARY TO DR JANE LOLLEY.**

ENC. Map

Copy for information to:

Dr. R. Stewart. The Oldmachar Medical Practice, 526 King Street, ABERDEEN, AB24 5RS.

Patients in receipt of Income Support, Family Credits, Job Seekers Allowance or Disability Working Allowance are entitled to a refund of bus fares which will be paid on proof of benefit and production of appointment card at the Patients' Fund Office. Patients in receipt of low income may also be entitled to a refund of travelling expenses and applications forms in this respect are available from Patients' Funds Office.

Hospital use only	Clinic	Day Date	Time	Hospital No.
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SCI GATEWAY ELECTRONIC REFERRAL LETTER **MEDICAL IN CONFIDENCE**

Patient Consent has been given for information sharing

Date Referral Created
10-Oct-2011
Date Referral Submitted
10-Oct-2011 @ 10:09:48

Unique Care Pathway Number: **101002641736M**

CHI No: **1910900389**

REFERRAL TO

Adult PsychiatryG1C
 Gramp Adult Psychiatry

— **Consultant / receiving practitioner and/or specialty clinic**

Royal Cornhill Hospital
 Cornhill Road
 Aberdeen
 AB25 2ZH

— **Hospital and hospital address**

Hospital unit no.

N198H

Email address

Urgency of referral Routine
Sensitivity of referral Sensitive

PATIENT DETAILS

Surname Heggie

Forename(s) Kirsty

Title Miss

Sex Female

Date of birth 19-Oct-1990

CHI No. 1910900389

Patient's address

358
 George Street
 Aberdeen
 AB25 1HD

Contact number(s)

E-mail: k.heggie.08@aberdeen.ac.uk

REFERRING PRACTITIONER DETAILS

Name Dr. Rorie Stewart

GP Code 68241

GMC Code 3198265

Practice name Oldmachar Medical Practice (30504)

Practice code 30504

Practice address

526 KING STREET
 ABERDEEN
 AB24 5RS

Contact number(s)

Voice: 0845 3370510

ADMINISTRATIVE INFORMATION

This referral letter is complete, has been checked by the referring GP and authorised for transmission.

Referred By: Other registered GP

Social circumstances

Ethnic Origin: (White) Scottish

CLINICAL INFORMATION

History of presenting complaint / examination findings / investigation results

Presenting complaint**Description:** FOR ASSESSMENT

Comment: I would be grateful if you could see this girl who was seen in May by Dr Buruju. When seen it was suggested that this girl was suffering from bipolar affective disorder or mixed episodes. It was discussed with her Lithium and Olanzapine but she was not keen on either of these and did not attend for review. However she has been having continuing problems with her mood over the few months. She has been particularly low recently but still having fluctuations and fast thinking. She is attending University at present. She has had some thoughts of harm but no actions or plans. She has support in that she lives with her partner and I believe she has also contacted counselling at the university. As she is struggling at present she has agreed to take Olanzapine 5 mg which I have started and I have arranged to see her early next week. However I would be most grateful if she could be seen in the very near future at one of your clinics so that she can be reassessed and followed up. Today she had no altered thoughts and she certainly was a little low in her mood although good eye contact and was well kempt. She is rather questioning on whether she could just start taking an antidepressant and I tried to explain to her that this may not be in her best interest and it may make her go too high. There is no evidence of psychosis today or delusional thoughts. I am very grateful for your help and assessment in this case and hopefully you will be able to see her in the near future.

DR R J STEWART GMC: 3198265 rjs.cam 10.10.11

Examinations and Investigations

Cigarette smoker, 1 Cigarettes/day	- 18-May-2011
Current smoker	- 18-May-2011
Cigarette smoker, 1 Cigarettes/day	- 17-May-2011
Current smoker	- 17-Apr-2009
Alcohol intake within recommended sensible limits	- 18-May-2011
Enjoys moderate exercise	- 18-May-2011

Investigations

Patients validated depression score (QOF) at onset	No QOF Onset Score Selected	-
Patients validated depression score (QOF) at six weeks	No QOF Six Week Score Selected	-
Drugs currently prescribed from the antidepressant selector guideline	No Antidepressant Selected	-
NB:	THE PAST MEDICAL HISTORY SECTION MAY CONTAIN ONLY DATA JUDGED OF THE HIGHEST SIGNIFICANCE TO THE PATIENT'S GP RECORD	
NB:	IT MAY NOT CONTAIN DATA FROM LABS OR RADIOLOGY FOR WHICH SCI STORE SHOULD BE CONSULTED	
Patient Weight in Kilograms	62.6	-
Patient Height in Metres	161	-
Patient BMI	24.15	-

Reason for referral**Care type requested:** Out Patient**Expected outcome:** TreatPast medical historyPre-existing conditions

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>
H/O: deliberate self harm	-	-	-	01-Jan-2008
Fracture of clavicle	-	-	-(R)	04-Jul-2002

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Patient Health Questionnaire – PHQ 9 Nine Symptom Depression Checklist

Date: 7/1/10

Patient's Name: Kelsey Hesse

DOB: 19/10/90

I.D. Number: 40128

Over the last 2 weeks, how often have you been bothered by any of the following problems?		"Not at all" (score: 0)	"Several days" (score: 1)	"More than half the days" (score: 2)	"Nearly every day" (score: 3)	Score:
1	Little interest or pleasure in doing things		✓			
2	Feeling down, depressed or hopeless			✓		
3	Trouble falling or staying asleep or sleeping too much				✓	
4	Feeling tired or having little energy		✓			
5	Poor appetite or overeating	✓	✓			
6	Feeling bad about yourself – or that you are a failure or have let yourself or your family down		✓			
7	Trouble concentrating on things, such as reading the newspaper or watching television		✓			
8	Moving or speaking so slowly that other people could have noticed. Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual		✓			
9	Thought that you would be better off dead, or of hurting yourself in some way	✓				

Total number of symptoms:

Total score:

 11

Thinking about the problems you have ticked above, how difficult have these problems made it for you to work; take care of things at home; or get along with other people?
(Tick the appropriate box below):

Not Difficult At All	Fairly Difficult	Very Difficult	Extremely Difficult
		✓	

Patient Health Questionnaire – PHQ 9

Nine Symptom Depression Checklist

Date: 7/1/10

Patient's Name: Kisty Hesse

DOB: 14/10/90

I.D. Number: 40128

Over the last 2 weeks, how often have you been bothered by any of the following problems?		"Not at all" (score: 0)	"Several days" (score: 1)	"More than half the days" (score: 2)	"Nearly every day" (score: 3)	Score:
1	Little interest or pleasure in doing things		✓			
2	Feeling down, depressed or hopeless			✓		
3	Trouble falling or staying asleep or sleeping too much				✓	
4	Feeling tired or having little energy		✓			
5	Poor appetite or overeating	✓	✓			
6	Feeling bad about yourself – or that you are a failure or have let yourself or your family down		✓			
7	Trouble concentrating on things, such as reading the newspaper or watching television		✓			
8	Moving or speaking so slowly that other people could have noticed. Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual		✓			
9	Thought that you would be better off dead, or of hurting yourself in some way	✓				

Total number of symptoms:

Total score:

Thinking about the problems you have ticked above, how difficult have these problems made it for you to work; take care of things at home; or get along with other people?
(Tick the appropriate box below):

Not Difficult At All	Fairly Difficult	Very Difficult	Extremely Difficult
		✓	

[Return to Menu](#)**Patient Details**[Logoff](#)

Origin N013A Consortium

⚠ Last Updated 20/04/2009

UPI Status **Current record, owner of historical, redundant or copy data**
 CHI Number **1910900389** CHI **N** Namesake/MBirth?
 UPI Number **1910900389** UPI **N** ⚠ None

Patient Details

Surname	HEGGIE	Forename	KIRSTY
Previous Surname		Alt. Forename	
Surn.Changed		Middle Name	
Initials		Birth	
Marital Status	Not Known	Title	
DOB	19/10/1990 (UNCONFIRMED)	Sex	Female
Temporary Resident		NHS Number	460/90/413
		Gone Away Code	

Addresses

Current Address	283A HECTOR BOECE COURT HILLHEAD HALLS ABERDEEN	Prev.Address	
Postcode	AB241WU	Prev. Postcode	
Inst.Code	43	Address Changes	00
		Address Changed	

GP Information

Practice Telno	0845 337 0510	GMC Number	2330789	OLD MACHAR MED/PRACTICE
GP	N6826(8)	GP Name	Dr. IAIN R AFFLECK	GP Practice
Transfer Reason	T	Date Accept	17/04/2009	N3050
Road Mileage		Footpath Mileage		Immigrant Code
Date Into Practice	17/04/2009	Dispensing Dr.?	No	Water Mileage
Previous GP		Date Accept		Concentration
Area/District	N	Old Area	V	Reas.Reg.
⚠ MRE Data Exists				T
				New Area

Comments

14/5/09
K.S.

[Amend](#)[Links](#)[MRE](#)[Return to List](#)[Print Medical Card](#)[Death Details](#)

Vesicoureteric reflux - - - MAG3 and micturating renogram 01-Jan-2000
normal in 2002

Past procedures

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Date performed</u>
Insertion of subcutaneous contraceptive	-	-	17-Dec-2008

Medication Details**Current and recent medication**

No medications recorded

Past Medication Section

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>
Olanzapine Tablets 5 mg	-	28 tablet	ONE DAILY	-	07-Oct-2011	28Days

Clinical warnings

No clinical alert data available

Additional relevant information

No family history information available

Signature of referring doctor (or other professional)

Date

Please email any feedback to: grampian.cissteam@nhs.net
Please note that any change or support requests to the above address will be ignored

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Adult Mental Health Directorate

Block A
Clerkseat Building
Royal Cornhill Hospital
ABERDEEN AB25 2ZH



Date: 7th June, 2011
Our Ref: DB/L/LMG/246467
CHI: 1910900389

Ext. No: 57535
Direct Line: 557535
Email: lynngreig@nhs.net

In Confidence

Miss Kirsty Heggie,
358 George Street,
ABERDEEN,
AB25 1HD.

Dear Miss Heggie,

Dr. Buruju was sorry that you could not attend your second out-patient appointment with him at Royal Cornhill Hospital on Tuesday 7th June, 2011. If you would like another appointment, please contact me on 557535 and I can offer you another one. I work Monday to Friday from 8.45 a.m. to 3.15 p.m. and also have an answering machine where you can leave a message. If we do not hear from you in the next 10 days we will assume all is well with you and your case will be closed. If there are problems in the future, you can be re-referred by your GP, Dr. Strachan.

Kind regards.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Lynn Greig', written over a large, diagonal 'DRAFT' watermark.

**LYNN GREIG,
SECRETARY TO DR. DHEERAJ BURUJU.**

Copy to:

Dr. P. Strachan,
The Oldmachar Medical Practice,
526 King Street,
ABERDEEN.
AB24 5RS.

Adult Mental Health Directorate

Block A
Clerkseat Building
Royal Cornhill Hospital
ABERDEEN AB25 2ZH



Date: 11th May, 2011
Our Ref: DB/L/LMG/246467/New
CHI: 1910900389

Ext. No: 57535
Direct Line: 557535
Email: lynngreig@nhs.net

In Confidence

Dr. P. Strachan,
The Oldmachar Medical Practice,
526 King Street,
ABERDEEN,
AB24 5RS.

Dear Dr. Strachan,

RE: **MISS KIRSTY HEGGIE, 358 GEORGE STREET, ABERDEEN, AB25 1HD.**
DATE OF BIRTH: 19:10:90

I saw Miss Heggie for review in my out-patient clinic at Royal Cornhill Hospital on the 10th May, 2011. She turned up 40 minutes late for her appointment as a result of which I had to spend only limited time with her.

Miss Heggie complains of chronic fluctuations in her mood over the past couple of years. She complains of "highs and lows" in her mood. When she is high, she can be full of energy and feels special. She feels that she has some special abilities and can do anything. She is full of energy and often was involved in some risk-taking behaviours like drinking too much alcohol, taking drugs or having sex with strangers. She also feels that she has many thoughts in her mind and gets new creative ideas and ends up doing a lot of activities. On a few occasions, she ended up spending more than usual and has stolen food and alcohol from the supermarket. She was once caught and charged for that. These episodes happen along with episodes of low mood where she lacks motivation and concentration. She feels tired and gets quite irritable and angry, does not enjoy doing any activities. She says that even when she feels low, she sometimes ends up taking alcohol and recreational drugs. Her fluctuations in mood occur quite frequently and sometimes within a day she can feel high and low. She also complained of some unusual thoughts when she gets fixed with certain numbers and can be quite obsessed with them. Although she felt that this was delusional, I did not feel like that. There was no evidence of any symptoms suggestive of psychosis.

All these symptoms have had a significant impact on her life and she has been struggling to cope at the university, mainly with exams which have been causing quite a bit of stress for her. When she is high, she ends up meeting a lot of people and when she is low, she isolates herself. She lives with her boyfriend who, according to her, also suffers from bipolar affective disorder and both of them mutually help each other. Though she was using recreational drugs excessively in the past, she said she uses them very occasionally. She drinks alcohol on a few occasions but it did not appear that she was using alcohol in harmful amounts. In terms of family history, she said that both her biological parents suffered from bipolar disorder.

2. RE: **KIRSTY HEGGIE (cont)**

Due to lack of time, I could not go into detail of her personal and social histories which I would like to do during our next appointment.

At interview, she was well dressed and kempt. She engaged well in our conversation and appeared normally reactive. There was no evidence of any anxiety or agitation.

Impression

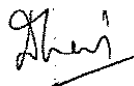
From her history, it does appear that Miss Heggie has features of both depression and hypomania and these episodes happen together. Hence we could say that she is suffering from a bipolar affective disorder, of mixed episode.

I have discussed **LITHIUM** and **OLANZAPINE** with her, both of which are mood stabilisers. She wasn't keen on **LITHIUM** but wanted to try **OLANZAPINE**. I would appreciate if you could start her on 5 mgs. of **OLANZAPINE** at night. I would be useful to do a baseline blood glucose as **OLANZAPINE** sometimes can increase blood glucose levels. I have explained about the side-effects of **OLANZAPINE**. Can you please check her thyroid function as well.

I will see her in 4 weeks time on 6th June, 2011 when I would like to gather more history from her and monitor her response to medication.

Thank you.

Yours sincerely



Dr. Dheeraj Buruju
ST4 in Psychiatry to Dr. Jane Lolley.

Adult Mental Health Directorate

Block A
Clerkseat Building
Royal Cornhill Hospital
ABERDEEN AB25 2ZH



Date: 17th June, 2011
Our Ref: DB/L/LMG/246467
CHI: 1910900389

Ext. No: 57535
Direct Line: 557535
Email: lynngreig@nhs.net

In Confidence

Dr. P. Strachan,
The Oldmachar Medical Practice,
526 King Street,
ABERDEEN.
AB24 5RS.

RE: Miss Kirsty Heggie, 358 George Street, ABERDEEN, AB25 1HD.
Date of Birth: 19:10:90

Following on from our letter of the 7th June, 2011, Miss Heggie has not responded to us and for the time being her case will be closed. However, if she requires input from our service in the future, please re-refer her through the normal way.

Kind regards,

Yours sincerely

A handwritten signature in black ink, appearing to read 'L. Greig'.

**LYNN GREIG,
SECRETARY TO DR. DHEERAJ BURUJU.**

Adult Mental Health Directorate

Block A
Clerkseat Building
Royal Cornhill Hospital
ABERDEEN AB25 2ZH



Date: 20th April, 2011
Our Ref: DB/LMG
CHI: 1910900389

Ext. No: 57535
Direct Line: 557535
Email: lynngreig@nhs.net

In Confidence

Miss Kirsty Heggie,
358 George Street,
ABERDEEN,
AB25 1HD.

Dear Miss Heggie,

Your General Practitioner, Dr P. Strachan, has referred you to our department and in this regard I would like to offer you an appointment with Dr D Buruju, ST4 in Psychiatry on **Tuesday 10th May, 2011 2010 at 3.30 p.m.**

Dr Buruju's office is situated in Block A of the Clerkseat Building at Royal Cornhill Hospital and I enclose a map for you. On arrival, please speak to the receptionist who will direct you to the waiting area.

Aberdeen is a Teaching Centre for Medical Students and it is possible that you will be asked if a Senior Medical Student can sit in on the first session. If you are uncomfortable with this, you can refuse and this will not affect your treatment in any way.

Should the above appointment not prove convenient, please contact me on my direct telephone number 01224 557535 so that an alternative appointment can be arranged. I work Monday to Friday from 8.45 a.m. to 3.15 p.m. and also have an answering machine where you can leave a message. However, we look forward to meeting with you on the above date.

Yours sincerely

LYNN M GREIG
SECRETARY TO DR DHEERAJ BURUJU.

Enc Map

Copy for information to:

Dr. P. Strachan, The Oldmachar Medical Practice, 526 King Street, ABERDEEN AB24 5RS.

Patients in receipt of Income Support, Family Credits, Job Seekers Allowance or Disability Working Allowance are entitled to a refund of bus fares which will be paid on proof of benefit and production of appointment card at the Patients' Fund Office. Patients in receipt of low income may also be entitled to a refund of travelling expenses and applications forms in this respect are available from Patients' Funds Office.

Page 1 of 3

Hospital use only	Clinic	Day Date	Time	Hospital No.
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SCI GATEWAY ELECTRONIC REFERRAL LETTER **MEDICAL IN CONFIDENCE**

Patient Consent has been given for information sharing

Date Referral Created
12-Apr-2011
Date Referral Submitted
12-Apr-2011 @ 14:57:48

Unique Care Pathway Number: **1010018549777**

CHI No: **1910900389**

REFERRAL TO

Adult Psychiatry G1C
 Gramp Adult Psychiatry

Consultant / receiving practitioner and/or specialty clinic

Royal Cornhill Hospital
 Cornhill Road
 Aberdeen
 AB25 2ZH

Hospital and hospital address

Hospital unit no.

N198H

Email address

Urgency of referral
 Sensitivity of referral

Routine
 Sensitive

PATIENT DETAILS

Surname: Heggie
 Forename(s): Kirsty
 Title: Miss
 Sex: Female
 Date of birth: 19-Oct-1990
 CHI No.: 1910900389

Patient's address

358
 George Street
 Aberdeen
 AB25 1HD

Contact number(s)

Voice: 07936544860

E-mail: k.heggie.08@aberdeen.ac.uk

REFERRING PRACTITIONER DETAILS

Name: Dr. Peter Strachan
 GP Code: 86932 GMC Code: 6143385
 Practice name: Oldmachar Medical Practice (30504)
 Practice code: 30504

Practice address

526 KING STREET
 ABERDEEN
 AB24 5RS

Contact number(s)

Voice: 0845 3370510

ADMINISTRATIVE INFORMATION

This referral letter is complete, has been checked by the referring GP and authorised for transmission.

Referred By: GP Registrar

Social circumstances

Ethnic Origin: (White) Scottish

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CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting complaint****Description:** BIPOLAR DISORDER

Comment: Thank you for seeing this 20 year old girl who is currently studying English literature at University. She presented in an emergency appointment this afternoon because she feels she may have bipolar disorder. She reports several months of manic episodes during which she feels productive and creative and able to catch up with her university work. Also during these times she feels in touch with nature and describes odd ideas about being connected to some numbers but not all numbers. She describes herself as scared of those numbers to which she does not feel connected. She has had grandiose ideas too in that she has considered coming to the doctor about them before but felt that she was in her own words "above doctors" and so he had not attended before now. She has had lots of risk taking behaviour with drink, drugs, sex and stealing and has apparently been convicted for ship lifting.

At times she has tried to stay sober but if she does she sits in for the weekend and bites the inside of her mouth and cheeks. She showed me ulcerated areas on her gums and cheeks and she has had previous treatment for ulcers in May 2010.

In terms of her past psychiatric history she has been diagnosed with and treated for depression in the past. However reviewing her records it appears that she has always abandoned the medication fairly quickly. Additionally she has recorded an episode of having deliberate self harm in 2008 though this was before she was registered with our practice and I do not have any further details about this unfortunately. In May 2009 she was admitted to A&E following a mixed overdose of Paracetamol and Mirtazapine but she discharged herself from A&E before she was assessed by the Liaison Team.

Her other past medical history appears to be unremarkable.

In terms of her personal history she told me that both her biological parents had bipolar disorder. I understand that she was fostered at the age of 4 and grew up in the Falkirk area where she was eventually adopted by her foster parents. She came to Aberdeen to study and now feel that this is home. She lives at home with her boyfriend whom she also reports has bipolar disorder. However she describes him as very supportive and seemed relaxed when discussing the relationship today.

At interview she was tearful at times and spoke quite rapidly reading from 4 pages of hand written notes. Her speech content was littered with psychological jargon.

Certainly I could not exclude the possibility of bipolar disorder this afternoon and I would be grateful for your further assessment. I have not initiated any further treatment in the meantime. Thank you for seeing her.

Dr Peter Strachan GP ST3 GMC: 6143385 ps.cam 12.4.11

Examinations and Investigations

Current smoker

- 17-Apr-2009

Investigations

Patients validated depression score (QOF) at onset	No QOF Onset Score Selected	-
Patients validated depression score (QOF) at six weeks	No QOF Six Week Score Selected	-
Drugs currently prescribed from the antidepressant selector guideline	No Antidepressant Selected	-
NB:	THE PAST MEDICAL HISTORY SECTION MAY CONTAIN ONLY DATA JUDGED OF THE HIGHEST SIGNIFICANCE TO THE PATIENT'S GP RECORD	
NB:	IT MAY NOT CONTAIN DATA FROM LABS OR RADIOLOGY FOR WHICH SCI STORE SHOULD BE CONSULTED	
Patient Weight in Kilograms	69	-
Patient Height in Metres	166	-
Patient BMI	25.04	-

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Reason for referral**Care type requested:** Out Patient**Expected outcome:** Treat**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>
Overdose of drug	-	-	16 Paracetamol	17-May-2009
H/O: deliberate self harm	-	-	-	01-Jan-2008
Fracture of clavicle	-	-	- (R)	04-Jul-2002
Vesicoureteric reflux	-	-	- MAG3 and micturating renogram normal in 2002	01-Jan-2000

Past procedures

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Date performed</u>
Insertion of subcutaneous contraceptive	-	-	17-Dec-2008

Medication Details**Current and recent medication**

No medications recorded

Past Medication Section

No medications recorded

Clinical warnings

No clinical alert data available

Additional relevant information

No family history information available

Signature of referring doctor (or other professional)**Date**

(N) OLD machan MED PRACTICE
Dr JAIN R AFFLECK
N3050(4)

25 MAY 2009

NHS Grampian

Accident and Emergency Ward
Accident and Emergency Department
Aberdeen Royal Infirmary
Foresterhill
Aberdeen AB25 2ZN
Direct Line 01224-553177/550506
Fax 01224-550718

NHS
Grampian

Email to sarahwalton@nhs.net

JB/SEW/1618713

Dr W H Mouat
Old Aberdeen Medical Practice
12 Sunnybank Road
Aberdeen AB24 3NG

CRN: 1618713D

Date Dictated: 17/05/2009

Date Typed: 21/05/2009

Dear Dr Mouat

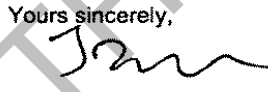
Miss Kirsty Heggie (19/10/1990) Hillhead Halls Of Residence, Don Street, Old
Aberdeen, Aberdeen, AB24 1WU

Date of Admission: 17 May 2009
Date of Discharge: 18 May 2009 (against medical advice)
Consultant: Mr J Hiscox
Diagnosis: Overdose

Kirsty took 16 Paracetamol tablets and 4 Mirtazepine tablets with the intention of going to sleep and harming herself. On assessment she was fully alert and orientated and examination was normal. Blood tests showed a mildly elevated Paracetamol level not requiring treatment and were otherwise normal.

She was admitted to the ward for observation and to be seen by the psychiatric liaison team but chose to discharge herself against medical advice before this could take place. She sees a counsellor at university regularly and feels she gets benefit from these sessions and intends to see them again in the near future. She denied any further intent for suicide. She was advised against discharge but felt capable of making the decision and therefore no accident and emergency follow up has been arranged.

Yours sincerely,


JONATHAN BRODIE
Foundation Doctor 1

countersigned by


FRASER GILL
Specialist Registrar

**SQUARE 13**

CENTRE FOR REPRODUCTIVE HEALTH
13 GOLDEN SQUARE, ABERDEEN, AB10 1RH
TEL APPOINTMENTS (01224) 642711
FAX NO (01224) 555123

Ref: LMC/ah

CHI:

Date: 17 December 2008

Dr Hillan
Medical Centre
Park Drive
STENHOUSEMUIR

Dear Dr Hillan

RE: KIRSTY HEGGIE, 283 HECTOR BOICE COURT, HILLHEAD HALLS, ABERDEEN

The above patient attended the Sexual & Reproductive Health Clinic on 15 December 2008.

An Implanon was inserted in the medial aspect of her left arm uneventfully today

The implant will provide effective contraception for 3 years.

We have not made a formal follow up appointment but she has been asked to contact us if she has any problems.

Yours sincerely

DR L M CRAIG
Associate Specialist

29 DEC 2008

Implanon - inserted

NH&S Confidential: Personal data about a patient

Livlands, Stirling FK8 2AU

Forth Valley

Consultant: Mrs U. Mackintosh ☒

CRN

DR

Consultant: Dr G. N. Olverman ☐

P A T I E N T	SURNAME	MEGGIE		DATE	12/1/04	TIME OF ARRIVAL	13.08	A&E NO.	1056
	FORENAME	KIRSTY		SEX	F	MARITAL STATUS	S	DATE OF INCIDENT	12/1/04
	MAIDEN NAME			TIME OF INCIDENT	AM				
	ADDRESS	26 ROWANTREE WALK		DOB	19/10/90	LOCATION OF INCIDENT			
N O K	POST CODE	FK5 4FT		AGE	13	COMPLAINT			
	TEL.	01324 553537		OCCUPATION	SCHOOL	FALL			
	TEMPORARY ADDRESS			PREVIOUS ATTENDANCE	GP				
	TEL.	M		RTA	Y	N			
N O K	NAME	ROBERT		REFERRED BY	GP DR MILLAN				
	ADDRESS	A/A		ARRIVAL:	AMBULANCE				
	TEL.			ARRIVAL:	AMBULANCE				
	NOTIFIED	N/Y	RELATIONSHIP	DAD					

TO BE COMPLETED BY DOCTOR AFTER SEEING PATIENT

Dear Doctor, Dr. Millan

the above named patient attended the Accident & Emergency Department today

DIAGNOSIS Muscular back painX RAY / ECG / INVESTIGATIONS SHOW (N) L-spine + -raysTREATMENT GIVEN - Came on trampolining- Tender C2- (N) + -ray- d/c = back book & advised to take ibuprofen

DRUGS

TETANUS PROPHYLAXIS
COVERED / HAS BEEN GIVEN

ADT COURSE

ADT BOOSTER

IMMUNOGLOBULIN

OUTCOME

ADMITTED TO

OP CLINIC

DISCHARGED TO

home

TIME OF DISCHARGE

14.00

DOCTORS / ENP NAME (print)

SIGNATURE

11

Consent to immunisation formPatient name Kirsty HeggieDOB/CHI 14/10/90 0389**Checklist of health assessment**

Are you well today

Yes / No

Are you pregnant or breast feeding

Yes / No

Have you had any allergies- including those to eggs or medication

Yes / No

Have you had any reaction to a vaccine

Yes / No

Are you taking steroid tablets

Yes / No

Do you or anyone you live with, have any blood disorder or condition which might be affected by immunisation

Yes / No

Have you had any immunisations in the past 3 months

Yes / No

I understand the purpose and possible side effects of

The immunisations I am receiving today

Yes / No

I give my consent

Yes / No

Signature of patient

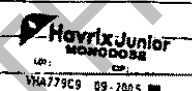
K. HeggieMum + Dad
for

Signature of Dr/nurse administering vaccine

Ages Care

Date

27/1/14

Vaccine	Site	Exp	Batch no
 TYPHIA VI Typhoid vaccine Diphtheria, Tetanus, Pertussis DTPa-IPV NHS N1532-2	<u>Rt back del</u>		
 Havrix Junior MONODOSE DTPa-IPV N1A779C9 09-2005	<u>Rt front del</u>		

SCREENING INVESTIGATIONS CONTINUED OVERLEAF

Forth Valley Acute Hospitals NHS Trust

Falkirk & District Royal Infirmary
Major's Loan
Falkirk
FK1 5QE
Telephone 01324 624000
Fax 01324 616006
www.show.scot.nhs.uk/nhsfv



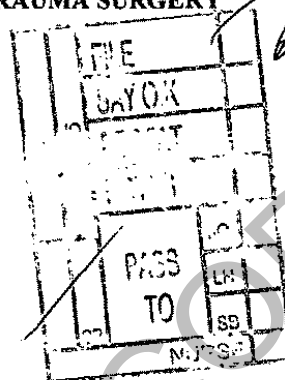
DEPARTMENT OF ORTHOPAEDICS AND TRAUMA SURGERY

TK/KB/SJ

Unit No: F 304640

17th July 2002

Dr Brown
Health Centre
Park Drive
Stenhousemuir FK5 3BB



24 JUL 2002

Dear Dr Brown,

RE: KIRSTY HEGGIE, 26 ROWANTREE WALK, LARBERT DOB: 19.10.90

DIAGNOSIS FRACTURE R) CLAVICLE 1 MONTH AGO

Kirsty has made an excellent recovery from this injury and was apparently treated in extension brace in America where she went on holiday. Clinically, there is no tenderness at the injury site and she has made an excellent range of movement in the right shoulder.

I have reassured her and discharged her from further follow up.

Yours sincerely

T. Khan
Locum Orthopaedic SHO III

Forth Valley Acute Hospitals NHS Trust
Trust Headquarters Westburn Avenue Falkirk FK1 5SU

Chairman Ian Mullen
Chief Executive Jim Currie

Forth Valley Acute Hospitals NHS Trust

Falkirk & District Royal Infirmary
 Major's Loan
 Falkirk
 FK1 5QE
 Telephone 01324 624000
 Fax 01324 616006
 www.show.scot.nhs.uk/nhsfv



DEPARTMENT OF ORTHOPAEDICS AND TRAUMA SURGERY

SA/KB/SJ

Unit No: F 304640

19th June 2002

Dr Brown
 Health Centre
 Park Drive
 Stenhousemuir FK5 3BB

Dear Dr Heggie,

RE: KIRSTY HEGGIE, 26 ROWANTREE WALK, LARBERT DOB: 19.10.90

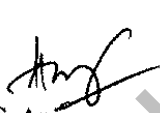
DIAGNOSIS FRACTURE SHAFT R) CLAVICLE

I reviewed this patient in the Clinic today. She injured her right clavicle while rolling over. On examination today she is tender over the clavicle. There is mild swelling. Movement of the shoulder produces pain at the fracture site. Distal neurology and circulation intact.

I am arranging for her to have an elbow pouch for immobilisation of the shoulder as she has got sore over the back of the neck because of the knot.

Review in 4 weeks.

Yours sincerely


 S. Anjum
 Orthopaedic SHO III

04 JUL 2002

	FILE	
JO	SAY O.K	
	REPEAT	
	NOTES	
LH	PASS TO	JO
		LH
SB		SB
NURSE		

Forth Valley Acute Hospitals NHS Trust
 Trust Headquarters Westburn Avenue Falkirk FK1 5SU

Chairman Ian Mullen
 Chief Executive Jim Currie

NHS Confidential: Personal data about a patient

SURNAME HEGGIE		DATE 18. 6. 02.	ARRIVAL TIME 9. 30.	TRIAGE TIME 0000
FORENAME KIRSTY		COMPLAINT # RIGHT CLAVICLE		
ADDRESS 26 ROWANTREE WALK LARBERT		DATE OF INCIDENT	TIME OF INCIDENT	TYPE OF INCIDENT
POST CODE	AGE 11	SEX F	GP BROWN.	
TEL NUMBER 553537	DATE OF BIRTH 19. 10. 90.	ADDRESS PARK DR.		
TEMPORARY ADDRESS	OCCUPATION/SCHOOL Senhousen P.S.	PHONE NO.		
POST CODE	RELIGION	X-RAY No.		
TEL NUMBER	CHI No.	T. P. R.		
NOK ADDRESS MUM	R.T.A.	B.P. SPO2 TET. TOX		
TEL NUMBER NOTIFIED	MODE OF ARRIVAL			
TIME SEEN 10.02.02	PATIENTS PERMISSION TO RELEASE INFO FOR LEGAL PURPOSES	RESEARCH		
HISTORY Sustained injury to right clavicle 2/7 ago while rolling over. Attended Park R.I. → # clavicle. To attend FRU for one follow-up				
EXAMINATION Broad arm shape in situ				
INVESTIGATIONS Xray right clavicle				
DIAGNOSIS				
TREATMENT → XRAY				
R# 19.6.02 @ 9.30.				
DISPOSAL One follow up				
TIME 0915				
CONSULTANT - G. OLVERMAN		SPECIALITY CONSULTANT		GMC CODE
EXAMINING DOCTOR		SIGNATURE		GMC CODE

Forth Valley Acute Hospitals NHS Trust

Falkirk Royal Infirmary
 Major's Loan
 Falkirk
 FK1 5QE
 Telephone 01324 624000
 Fax 01324 616006
 www.show.scot.nhs.uk/nhsfv



DEPARTMENT OF UROLOGY

Tel: 01324 616026

Ref:MFS/MSM/F304640

Dictated: 10.06.02

Typed: 11.06.02

Dr LR Hillan
 Ochilview Practice
 The Health Centre
 Park Drive
 Stenhousemuir
 FK5 3BB

14 JUN 2002

FILE	
SAY O.K	
REPEAT	
NOTES	
PASS TO	
SB	SB
JO	LH
NURSE	

Dear Dr Hillan,

KIRSTY HEGGIE (19.10.90) 26 ROWANTREE WALK, LARBERT

The isotope MAG3 renogram and micturating renogram has been carried out. There was a technical problem in injection hence the curves were flat but no evidence of any obstruction on either side the right contributing 54% and the left 46%. There was no evidence of vesico-ureteric reflux on the examination and bladder emptying was complete. This would therefore suggest that Kirsty has grown out of reflux and therefore probably does not need to come for further review when she is brought back to the next clinic.

Yours sincerely

MF Smith
 Consultant Urologist

Forth Valley Acute Hospitals NHS Trust
 Trust Headquarters Westburn Avenue Falkirk FK1 5SU
 Telephone 01324 678532 Fax 01324 617421

Chairman Ian Mullen
 Chief Executive Jim Currie

Forth Valley Acute Hospitals NHS Trust

Falkirk Royal Infirmary
 Major's Loan
 Falkirk
 FK1 5QE
 Telephone 01324 624000
 Fax 01324 616006
 e-mail: fva@nhs.uk

DEPARTMENT OF UROLOGY



Tel: 01324 616026

Ref: MFS/MSM/F304640

Dictated: 21.05.02

Typed: 22.05.02

Dr LR Hillan
 Ochilview Practice
 The Health Centre
 Park Drive
 Stenhousemuir
 FK5 3BB

Dear Dr Hillan,

KIRSTY HEGGIE (19.10.90) 26 ROWANTREE WALK, LARBERT

Kirsty seems to have been fine over the last year with no infection and not on antibiotics. I've arranged for another MAG3 micturating renogram and Kirsty is keen to come back and hear the result once it is to hand. A urine has also been sent for culture the result of which I hope will be appended.

Yours sincerely

MF Smith
 Consultant Urologist

P.S. Urine 20 white cells and 1+ epithelial cells in micro. No growth on culture.

06 JUN 2002

FILE	
SAY OK	
REPEAT	
NOTES	
PASS	JO
TO	LH
	SB
NURSE	

Forth Valley Acute Hospitals NHS Trust
 Trust Headquarters Westburn Avenue Falkirk FK1 5QE
 Telephone 01324 678532 Fax 01324 617421

Chairman Ian Mullen
 Chief Executive Jim Currie



FALKIRK & DISTRICT ROYAL INFIRMARY

Department of Urology

Major's Loan
Falkirk FK1 5QE
Telephone: 01324 624000
Fax: 01324 616068

REF:MFS/MSM/F304640

TYPED:14.05.01
DICTATED:14.05.01

Dr L R Hillan
Ochilview Practice
Health Centre
Park Drive
STENHOUSEMUIR
FK5 3BB

Dear Dr Hillan,

KIRSTY HEGGIE (19.10.90) 26 ROWANTREE WALK, LARBERT

The recent MAG3 micturating renogram has shown both kidneys functioning symmetrically, being of normal shape and size. Reflux was still identified during the voiding stage, bilateral reaching the renal pelvis.

I understand from my paediatric consultant colleagues that current practise is not to ^{work}work about reflux as long as the urine is clear of infection and indeed I understand that they fairly routinely discharge patients at about 6 years of age. I keep hoping that guidelines will be issued from Yorkhill or nationally. As I've been waiting for well over 6 months, and indeed perhaps a year I am hopeful that these guidelines will not be too long delayed! For the moment I would propose a further years review.

Yours sincerely

M F Smith
M F Smith
Consultant Urologist

16 MAY 2001



**FALKIRK & DISTRICT ROYAL INFIRMARY**

Major's Loan
Falkirk FK1 5QE
Telephone: 01324 624000
Fax: 01324 616068

UROLOGY DEPARTMENT

MFS/CC

20th FEBRUARY, 2001

Unit No. F. 304640

Dr. L.R. Hillan,
Health Centre,
Park Drive,
STENHOUSEMUIR.

Dear Dr. Hillan,

Kirsty HEGGIE, (d.o.b. 19.10.90), 26 Rowantree Walk, Larbert FK5 4FT

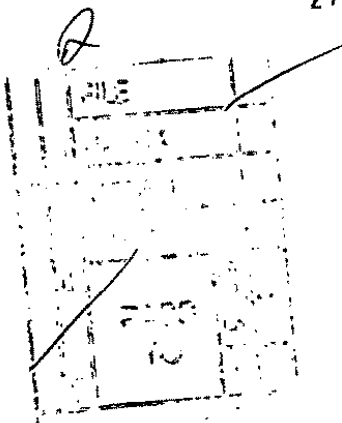
This girl has remained asymptomatic over the last year in terms of urinary tract infections and is not on antibiotics. I have arranged for a further MAG3 micturating renogram to see if she has stopped refluxing up the right ureter.

I will write with the result once it is through to save a further appointment.

Yours sincerely,

Michael F. Smith
Consultant Urologist

27 FEB 2001

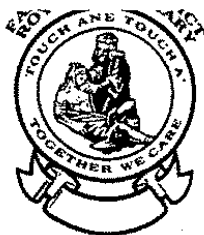


NHS Confidential: Personal data about a patient

Meningococcal group C vaccine programme: notification to GP (do not detach)

GP's Name <i>Dr Hillan</i>	Address <i>Stenhurst</i>	Postcode
Child's Name <i>Kwame Heggwe</i>	Date of Birth <i>19/10/90</i>	<i>2</i>

This child has been given the MenC vaccine. 16 MAY 2000



FALKIRK & DISTRICT ROYAL INFIRMARY

Department of Urology

Major's Loan
Falkirk FK1 5QE
Telephone: 01324 624000
Fax: 01324 616068

Dr L R Hillan
Ochilview Practice
Health Centre
Park Drive
STENHOUSEMUIR
FK5 3BB

MFS/jsh/F304640

13 March 2000

Dear Dr Hillan

KIRSTY HEGGIE (19.10.90)
20 Longdales Road, New Carron Village

There was no culture from the urine sent at this girl's recent out-patient clinic visit.

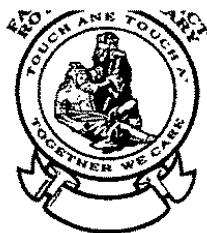
Yours sincerely

M F SMITH
Consultant Urologist

14 MAR 2000

FILE	
SAY OK	
REPEAT	
NOTES	
PASS TO	
NURSE	





FALKIRK & DISTRICT ROYAL INFIRMARY

Major's Loan
Falkirk FK1 5QE
Telephone: 01324 624000
Fax: 01324 616068

UROLOGY DEPARTMENT

MFS/CC

22nd FEBRUARY, 2000

Unit No. F. 304640

Dr. Hillan,
Health Centre,
Park Drive,
STENHOUSEMUIR.

Dear Dr. Hillan,

Kirsty HEGGIE, (d.o.b.19.9.90), 2d Longdales Road, Falkirk

I have seen this girl for review following the most recent of the isotope reflux renograms. Unfortunately there is still reflux evident to the mid right ureter on voiding with complete bladder emptying. She is asymptomatic. This is a moot point whether she should be on antibiotics, she is not at the moment and I think as long as she remains free of urine infection that is reasonable. A review appointment in a years time has been requested. I will probably arrange a further MAG3 scan thereafter in the hope that there will be some evidence at some stage that she no longer refluxes and then can be discharged.

Yours sincerely,

Michael F. Smith
Michael F. Smith
Consultant Urologist

29 FEB 2000

JB	FILE	
JB	SAY OK	
JB	REPEAT	
JB	NOTES	
JB	PASS TO	JB
JB		LH
JB		SB
NURSE		





FALKIRK & DISTRICT ROYAL INFIRMARY

Major's Loan
Falkirk FK1 5QE
Telephone: 01324 624000
Fax: 01324 616068

UROLOGY DEPARTMENT.

Unit No: 304640

30th November 1999

Dr. Hillan,
Park Dr.,
Stenhousemuir

Dear Dr. Hillan,

Kirsty Heggie (19.10.90) 2D Longdales Rd., Falkirk

The urine sent from this girl's recent clinic visit failed to grow anything on culture.
There was no evidence of red nor white cells on microscopy.

Yours sincerely,

M.F. Smith.
Consultant Urologist.

07 DEC 1999

NAME	KIRSTY HEGGIE
DATE	07 DEC 1999
TIME	10:00
PLACE	PASS TO
BY	LM
TO	CS





FALKIRK & DISTRICT ROYAL INFIRMARY

Major's Loan
Falkirk FK1 5QE
Telephone: 01324 624000
Fax: 01324 616068

UROLOGY DEPARTMENT.

Unit No: 304640

16th November 1999

Dr. Hillan,
Park Dr.,
Stenhousemuir

Dear Dr. Hillan,

Kirsty Heggie (19.10.90) 2D Longdales Rd., Falkirk

This girl was brought to my clinic. This is for follow-up of reflux up the right ureter. She hasn't had any symptoms to her mother's knowledge over the last year although I note there was a little blood on testing urine, just a trace.

I have arranged for a further isotope reflux renogram and Mrs. Heggie is going to make an appointment for review once the scan has been carried out.

Yours sincerely,

M.F. Smith.
Consultant Urologist.

FILE	
BACK	
REPEAT	
NOTES	
PROG TO	

23 NOV 1999





FALKIRK & DISTRICT ROYAL INFIRMARY NHS TRUST

Major's Loan
Falkirk FK1 5QE
Telephone 01324 624000
Fax 01324 616068

UROLOGY DEPARTMENT

Unit No. 304640

17th November 1998

Dr. Barron,
Park Dr.,
Stenhousemuir

Dear Dr. Barron,

Kirsty Heggie (19.10.90) 2D Longdales Rd., Falkirk

I have seen this young lady now that she has had the various investigations to investigate the urinary tract infection she had in early to mid August. She has been asymptomatic.

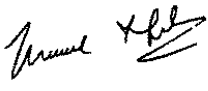
The ultrasound scan showed both kidneys to be of normal size with good cortical thickness and no dilatation of the collecting system. The full bladder outline was normal.

MAG3 isotope scan showed normal function from both kidneys but there was reflux on micturition to the right mid ureter. Bladder emptying was complete.

She therefore has Grade 1 reflux on the right, a finding which she is likely to grow out of as she grows older. As she is currently asymptomatic I am not sure that it is necessary she stay on long term low dose antibiotics unless she should develop further infection, although asymptomatic I have had a urine sent for culture and asked for a copy of the report to be sent directly to you.

A review appointment for one year's time has been made and I will probably arrange for a further MAG3 isotope reflux renal scan then.

Yours sincerely,


M.F. Smith,
Consultant Urologist.



✓	FILE	
JB	SAY OK	
	REPEAT	
✓	NOTES	
	PASS TO	JB ✓
SB		LH
		SB

24 NOV 1998



FALKIRK & DISTRICT ROYAL INFIRMARY NHS TRUST

Major's Loan
Falkirk FK1 5QE
Telephone 01324 624000
Fax 01324 616068

UROLOGY DEPARTMENT.

MFS/JW

Unit No. 304640

15 September, 1998.

Dr. Barron,
Health Centre,
Stenhousemuir.

Dear Dr. Barron,

KIRSTY HEGGIE (19.10.90), 2D Longdales Road, Falkirk

Mr. Hehir passed your letter referring this lass on to one of my clinics. She has not seemingly had any further abdominal discomfort since the episode last month.

Examination was unrevealing and therefore I have offered the screen which has been accepted of further urine culture, an ultrasound scan of the urinary tract and a MAG 3 isotope scan with reflux renogram. The urine culture should reach you direct, but I will see Kirsty after the scans have been carried out.

Yours sincerely,

Michael F. Smith

an MICHAEL F. SMITH
Consultant Urologist

21 SEP 1998



	FILE	
JR	SAY OK	
	REPEAT	
	NOTES	
LH	PASS TO	JB
		LH
SB		SB

Falkirk Royal

13.08.98

0 3 8 9

UROLOGY

Mr Hehir

HEGGIE
KIRSTY20 Longdales Road
FALKIRK

19.10.90

F304640

Dear Mr Hehir

Kirsty is an adopted child.

I saw her at my surgery on 11.8.98. She had a 4 day history of abdominal pain. There had been some diarrhoea and ? dysuria. Abdominal examination was negative. I prescribed Trimethoprim 10mls bd.

MSU on 10.8.98 has shown E-coli UTI with 600 white blood cells on microscopy. The infection was sensitive to all antibiotics.

I can confirm that Kirsty has had no previous urinary problems and there is no family history of urinary problems. There is a family history of asthma.

I would be grateful if you could see her and advise.

Yours sincerely



Falkirk & District Royal Infirmary NHS Trust

Major's Loan
Falkirk FK1 5QE

Telephone 01324 624000
Fax 01324 612340

ORTHOPAEDIC & TRAUMA SURGERY

KR/MSV/ECM Unit No: F304640

26 February 1997

Dr J Barron
Health Centre
Park Drive
STENHOUSEMUIR

Dear Dr Barron

Kirsty Heggie (19.10.90) 20 Longdales Road, New Carron Village,
Falkirk

Date of Injury: 1.2.97
Diagnosis: Contusion right elbow.
Treatment: Conservative.

I reviewed this patient in the Clinic today. She hasn't got any pain and she has got full range of elbow movements. There is no distal neurovascular deficit. I have discharged her from our Clinic.

Yours sincerely

K RAJ
Orthopaedic Registrar.

MM 624000

		FILE	
		SAY OK	
	JB	REPEAT	
		NOTES	
	LH		JB
		PASS TO	LH
	SB		SB



Falkirk & District Royal Infirmary NHS Trust

Major's Loan
Falkirk FK1 5QE

Telephone 01324 624000
Fax 01324 612340

DEPARTMENT OF ORTHOPAEDIC & TRAUMA SURGERY

12 February 1997

MSV/JC Unit No.F304640

Dr J Barron
Health Centre
Park Drive
STENHOUSEMUIR

Dear Dr Barron

KIRSTY HEGGIE (d.o.b. 20 Longdales Road, New Carron Village, Falkirk

Date of injury - 01.02.97.

Diagnosis - Contusion right elbow.

Treatment - Collar and cuff sling.

I reviewed this patient in the clinic today. She still has some pain over the elbow but most of the swelling has gone now. She has a full range of movements and is not tender over the distal humerus or the upper end of radius and ulna. I have advised her to continue with the sling for another two weeks until the pain settles down. We will review her again in two weeks for a final check.

Yours sincerely

MSV
M S VISHWANATH
Consultant Orthopaedic Surgeon

18 FEB 1997

	FILE	
JB	SAY OK	
	REPEAT	
	NOTES	
U	PASS TO	JS
		LH
SB		SS



Falkirk & District Royal Infirmiry NHS Trust

Major's Loan
Falkirk FK1 5QE

Telephone 01324 624000
Fax 01324 612340

ORTHOPAEDIC & TRAUMA SURGERY

MSV/ECM Unit No: F304640

3 February 1997

Dr Barron
Health Centre
Park Drive
STENHOUSEMUIR

Dear Dr Barron

Kirsty Heggie (19.10.90) 20 Longdales Road, New Carron Village,
Falkirk

Date of Injury: 1.2.97
Diagnosis: Contusion right elbow.
Treatment: Collar and Cuff sling.

This patient fell on a trampoline and her sister landed on top of her. She complains of a lot of pain in her elbow. X-Rays taken in Casualty do not show a fracture but evidence of a small hemarthrosis in the elbow joint. Clinically she has slight swelling, tenderness mainly over the front of the elbow but no tenderness over the bony prominences and a good range of movements passively. I reviewed her X-Rays today and do not see any fracture.

I think she should rest her arm in a sling for another week. We will review her again in a weeks time.

Yours sincerely

MSV
M S VISHWANATH
Consultant Orthopaedic Surgeon.

13 FEB 1997

	FILE	
JB	SAY OK	
	REPEAT	
	NOTES	
UH	PASS TO	JB
		LH
SB		SB

NH&S Confidential: Personal data about a patient

SURNAME	HEGGIE	DATE	1.2.97	ARRIVAL TIME	13.45	TRIAGE TIME	14.00 (3)
FORENAME	KIRSTY	COMPLAINT	INJ RIGHT ARM				
ADDRESS	20 LONGJALUS RD NEW CARRON VILL.	DATE OF INCIDENT	31.1.97	TIME OF INCIDENT		TYPE OF INCIDENT	0
POST CODE	FK2 7ER	AGE	6	SEX	F	GP	DR. BARRON
TEL NUMBER	632485	DATE OF BIRTH	19.10.90	OCCUPATION/SCHOOL	CARRON H.M.	ADDRESS	MAIN ST SP/MAIN.
TEMPORARY ADDRESS	632485	RELIGION		PHONE NO.		X-RAY No.	97/4282
POST CODE		CHI No.		T.	P.	R.	
TEL NUMBER		MODE OF ARRIVAL		B.P.	SPO2	TET. TOX.	
NOK	MOTHER						
ADDRESS							
TEL NUMBER NOTIFIED							
TIME SEEN:	14:00	PATIENT PERMISSION TO RELEASE INFO FOR LEGAL PURPOSES				RESEARCH	
HISTORY	fell on trampoline and sister landed atop of her yesterday not using arm today						
EXAMINATION	tender olecranon PAINFUL rotating 2° no obvious deformity visible no swelling no bruising						
DIAGNOSIS	small fat pop?						
TREATMENT	collar half # 1.2.97 10.30						
DISPOSAL	None						
TIME:	15.00						
DOCTOR IN CHARGE	C.H. PERRY	SPECIALITY CONSULTANT					
EXAMINING DOCTOR	BORROWMAN	SIGNATURE	[Signature]				
		GMC CODE					
		GMC CODE					

0005 Confidential: Personal data about a patient

NAME (Mrs, Miss)		Heggie		OCCUPATION	
SURNAMES (BLOCK LETTERS)		Kirsty		PHONE NUMBER	
BIRTH	0389	SINGLE		N.H.S. NUMBER	
	19/10/90	MARRIED (DATE)		460.93.413	
	10	DIVORCED (DATE)			
		WIDOWED (DATE)			
SEXES		SPECIAL HAZARDS			
ADDRESS		D	M	DOCTOR'S NAME	CIPHER & DATE
20 Longdale Rd FALKIRK				Dr L.R. Hillan	4/8/95
Miss Kirsty Heggie 26 Rowantree Walk, The Inches LARBERT FK54ET V55067 Dr L.R. Hillan F 1910900399					

FORTH VALLEY HEALTH BOARD

GP CHS (EXAM)

NOTIFICATION OF EXAMINATION

Child's Name: HECONE

Date of Birth or CHI No: 11/11/1992

Address: [REDACTED]

Doctor's Name and Address: HEALTH CENTRE
185 SOUTH
STREET

☐ TWO MONTH EXAMINATION
☐ EIGHT MONTH EXAMINATION
☐ EIGHTEEN MONTH EXAMINATION
☒ THREE YEAR EXAMINATION PLUS
 RETURN OF COMPLETED RECORD SHEET (ONLY IF DONE)

DATE _____

DATE _____

DATE _____

DATE 11/12/92

I confirm that the above examination has been carried out in accordance with the Forth Valley CHS procedures and relevant medical guidelines.

Please tick all appropriate separate notification required for each examination.

SIGNATURE: [Signature]

RETURN PINK COPY TO FORTH VALLEY HEALTH BOARD, CHILD HEALTH DEPARTMENT

CHILD HEALTH SURVEILLANCE RECORD SHEET

SURNAME (Block Letters)	FORENAMES (Block Letters)	Date of Birth or CHI No.
HEGGIE		11/11/11
ADDRESS		Doctor's Name and Address
		Dr. King
		123 Main St
		London

TWO MONTH ASSESSMENT

RISK FACTORS

Social History

Family History

Birth History

Illness

Feeding

MOTOR DEVELOPMENT

Prone

Supine

Pull to sit

Ventral susp.

Primitive responses

Muscle tone

VISION

Following

Fixates

HEARING

Response to sound

Vocalisation

SOCIAL

Smiling in response

Alertness

HEARING AND VISION CHECKLIST ☐

	2 MONTHS DATE	8 MONTHS DATE	18 MONTHS DATE	3 YEARS DATE
Head Circumference (cm)				Visual Acuity
Fontanelle				
Skin				Height
Lungs				
Abdomen				
Ears				
Fem. Pulses				
Genitalia				
Hearing				
Heart				
Congenital Abnormality				
Eyes / Squint				
Hips / Gait				
Developmental Screening				

Action Taken:

NHS Confidential: Personal data about a patient

CHILD HEALTH SURVEILLANCE RECORD SHEET

SURNAME (Block Letters) HEGGIE	FORENAMES (Block Letters) KIRSTY	Date of Birth or CHI No. 19/10/90
ADDRESS [REDACTED]		Doctors Name and Address Dr WALTERS Allea HC MARSHILL Allea.

TWO MONTH ASSESSMENT

RISK FACTORS

Social History
Family History
Birth History
Illness
Feeding

N/A

MOTOR DEVELOPMENT

Prone
Supine
Pull to sit
Ventral susp.
Primitive responses
Muscle tone

N/A

VISION

Following
Fixates

N/A

HEARING

Response to sound
Vocalisation

N/A

SOCIAL

Smiling in response
Alertness

N/A

HEARING AND VISION CHECKLIST ☐

	2 MONTHS DATE	6 MONTHS DATE	18 MONTHS DATE	3 YEARS DATE
Head Circumference (cms)	38 ¹ / ₂			Visual Acuity
Fontanelle	✓			
Skin	✓			Height
Lungs	✓			
Abdomen	✓			
Ears	✓			
Fem. Pulses	✓			
Genitalia	✓			
Hearing	✓			
Heart	✓			
Congenital Abnormality	NIL			
Eyes / Squint	NIL			
Hips / Gait	NIL			
Developmental Screening	✓			
Action Taken	NIL			

CLINICAL NOTES	National Health Service Number	
	Surname (Block Letters) HEGGIE	Forenames (Block Letters) KIRSTY
	Address [REDACTED]	
		Date of Birth

Date	
1/9/92	In October: eczema hoarseness (E) temple white for face. Rt side R - calibration, endscreen polyester Bubbles - in R - as speech - must enter - Speech therapy

*This column has been provided for doctors to enter A, V or C at their discretion

NHS Confidential: Personal data about a patient

CLINICAL NOTES	S	Miss Kirsty Meggie 26 Rowantree Walk, The Inches LARBERT FK54FT V55867 Dr L R Hillan F 1910900389	Block Letters)
	A		Date of Birth 19-10-90

Date	
11/8/98	see above in L. Hunter
	To 40 days. PM 10/1/98
	11/8/98 Hunter from 15/2 (10/1/98)

FALDOC		GP/PRACTICE DR BARRON	TR
PATIENT'S NAME KIRSTY HEGGIE		PHONE 632485	M/F F
PATIENT'S ADDRESS 20 LONGDALES RD FK.		DOB 19/10/90	
DOCTOR'S NAME Hunter		DOCTOR'S SIGNATURE [Signature]	
ADVICE	DATE 9/8/98	Admission	Script
PCEC	TIME OF CALL 1849	Revisit	NV
VISIT	TIME ARRIVED	ET	
FTA	TIME SEEN	Add par for 2-3 days LWB when she runs, & when she Pers	
Eating & drinking well not ill - Administered paracetamol, flucloxacillin arrange MSSU			

12/5/04	Going to Mexico needs HepA and Typhoid vac.
27/5/04	Give vaccination see consent

*This column has been provided for doctors to enter A, V or C at their discretion

FORM GP111F
355 2095

* This column has been provided for doctors to enter A, V or C at their discretion

Call #: 69050 Received: 17-May-2009 23:00 (Action: 17-May-2009 22:51)

Patient's Name:	Kirsty Heggie	Surgery:	Old Machar Med/Practice
Date of birth:	19-Oct-1990 (Age: 18 years)	Sex:	Female
Home Address:	283A Hector Boece Court Hillhead Halls	Received:	22:51
	Aberdeen AB24 1WU	Passed:	:-
Home Tel No:		Advised:	:-
Urgency:	4 Hours	Arrived:	:-
	Origin: NHS24	Departed:	:-
	Type: No Action		
Time taken from reception to final consultation:			? mins
Consulted by:		Own Doctor:	Affleck, Iain

Message received:
OVERDOSE 1 HR SEE AV

NHS24 Clinical Summary:

Clinical summary created: 17-May-2009
divisor) (Edinburgh) [17/05/2009 22:59:04]
OVERDOSE FOR 1HR AND DIZZY AND NOT TAKEN PARACETAMOL X16 TABS AND
MIRTAZEPINE15MGS X4 WEIGHS 66.68 KG -TOXBASE ADVISES INGESTED 0.9MG/KG
MIRTAZEPINE +119.7MGS/KG PARACETAMOL (NO IMMEDIATE TREATMENT REQUIRED)
AMBULANCE BOOKED WITHIN 1HR TO ABERDEEN ROYAL INFIRMARY

Triage:

HAS TAKEN 20 500MG PARACETAMOL AND APPROX 6 MIRTAZEPINE 15MG. ((Non-Clinical User) (Glasgow))

Consultation:

History
Examination
Diagnosis
Treatment

Prescriptions:

Follow-ups:

Call #: 69050 Patient: Kirsty Heggie DOB: 19-Oct-1990 (Age: 18 years)

TRANSMISSION COMPLETE

Heggie, Kirsty
DoB: 19/10/1990

Report Valid On 21/04/09 09:38

Dr's Hilan Oliver Quyn
 Page number 1

Registration

Miss Kirsty Heggie
26 Rowantree Walk
The Inches
LARBERT
FK5 4FT

Service Code: Permanent
 DoB: 19/10/1990
 Age: 18

Telephone:

Contact: ? Contact/Relship: ?
 Email: ?
 CHI Number: 1910900389 NHS Number: 460/90/413
 Patient ID: 0389
 Occupation:
 Registered GP: Dr L. R. Hillan
 Repeat Consultation: ?
 Registered: 04/08/1995 Confirmed: 04/08/1995
 BMI: 0.0 Height: 0 m Weight: 0 kg
 Parity: 0 Gravida: 0

Dispensing: No
 Road: 0 Water: 0 FootPath: 0
 Marital Status: Single
 Seen By GP: Dr L. R. Hillan
 Acute Consultation: 12/06/2008
 Records Received: 05/12/1995
 BP: 105/60

Priority Clinical / User Marker

Date Recorded Start Date Priority Description

Repeat Medication

Drug/Preparation Quantity/Dose/Frequency Start Last Pres. Review

Adverse Reactions

Read Code Description

Clinical / User Marker

Date Recorded Start Date Priority Description Modifier

02/08/2008 None Medium Ex smoker
 18/04/2007 None Medium Notes summary on computer
 01/06/2002 01/06/2002 Medium Fracture of clavicle
Fretext: right
 01/09/1988 01/09/1988 Medium Urinary tract infection, site not specified
Fretext: Grade I reflux right ureter
 15/12/2008 15/12/2008 Low Insertion of subcutaneous contraceptive
Fretext: Implanon
 12/06/2008 None Low First hepatitis A and typhoid vaccination
Fretext: AHAVB193AC hepatyrix consented it del
 07/02/2005 None Low Booster diptherie tetanus pertussis (DTaP) vaccination
 27/05/2004 None Low 1st hepatitis A junior vaccination
Fretext: VHA779C9
 27/05/2004 None Low First typhoid vaccination
Fretext: W1532-2
 18/06/2002 None Low Trauma self-referral
 16/05/2000 None Low Meningitis vaccination
 23/05/1997 None Low Chickenpox - varicella

Summary Sheet: Data Protection

Printed at 21/04/2009 09:38:19

Heggie, Kirsty
DoB: 19/10/1990

Report Valid On 21/04/09 09:38

Drs Hillan Oliver Guyn
 Page number 2

19/05/1997	None	Low	Booster MMR Vacc.
03/02/1997	None	Low	Booster MMR Vacc.
01/02/1997	01/02/1997	Low	Contusion, elbow area
Freetext: right			
05/12/1996	None	Low	Patient MRE received from HB
04/08/1995	None	Low	Pat. GP7B/GP6B card from HB
04/08/1995	None	Low	Patient signed reg. form

Screening

24/08/1995	Mmr Immunis.\$	Measles/mumps/rubella vaccn.
No Action Required		
30/05/1995	Polio Immunis.\$	Booster polio vaccination
No Action Required		
30/05/1995	Tetanus Immunis.\$	Booster tetanus vaccination
No Action Required		
25/05/1993	Mmr Immunis.\$	Measles/mumps/rubella vaccn.
No Action Required		
04/06/1991	3rd Primary Immunis.\$	Third DTP (triple)+polio vacc.
Repeat after an interval - 32 Weeks		
05/02/1991	2nd Primary Immunis.\$	Second DTP (triple)+polio vacc.
Repeat after an interval - 4 Weeks		
08/01/1991	1st Primary Immunis.\$	First DTP (triple)+polio vacc.
Repeat after an interval - 4 Weeks		

Referrals

Date Rec.	Priority	Provider	Speciality	Nature	Type
Ref. Appt.		Reason For Referral	Referred By	Attendance Type	
01/02/1997	High	Falkirk and District Royal Infirmary LEFT - Dr S Brown	A+E		
13/08/1998	High	Falkirk and District Royal Infirmary LEFT - Dr S Brown	Urological Surgery		

Acute Prescriptions

Drug/Preparation	Quantity/Dose/Frequency	Date
Microgynon 30 TABS	126 1 Tab Daily as dir	02/06/2008
Hepatitis B Prefilled Syringe 1ml VACC	1 to be injected	29/05/2008
Amoxicillin 500 SYRUP 250MG/5ML	100 5 ml 3 times daily	04/04/2006
Havrix Junior Monodose Prefilled Syringe 1440 Eliss Units/MI 0.5ml VACC	1	12/05/2004

Summary Sheet: Data Protection

Printed at 21/04/2009 09:38:19

Heggie, Kirsty
DoB: 19/10/1990

Report Valid On 21/04/09 09:38

Drs Hilan Oliver Guyn
Page number 3

Typhim Vi Prefilled Syringe 0.5ml
VACC 50MCG/ML

1

12/05/2004

Inactive Repeat Drugs

Drug/Preparation

Quantity/Dose/Frequency

Start

Last

Intervals

Pres. Review

Last Encounter

Clinical / User Markers:

Insertion of subcutaneous contraceptive - - Implanon

Practice Nurse

Date: 12/06/2008

given hepatyrix injection

Clinical / User Markers:

First hepatitis A and typhoid vaccination - - AHAVB193AC hepatyrix consented it del

Disease Protocol Sessions:

Acute - FV Travel Vaccines

12/06/2008 Recall Period - N/A

LEFT - Dr Mary Peddie

Date: 02/06/2008

wants o/c. to regulate periods as well as contraception. periods heavy, still a bit irreg. LMP 3 wks ago. stopped smoking. 105/60 => mcg. usual warnings given re d&v, a/b etc

Clinical / User Markers:

Ex smoker - -

Acute Prescriptions:

Microgynon 30 - TABS

1 Tab - Daily as dir

126

Practice Nurse

Date: 29/05/2008

going to Brazil 07/08 needs hepA typhoid cover

Acute Prescriptions:

Hepatyrix - Prefilled Syringe 1ml VACC

to be injected -

1

Clinical / User Markers:

Summary Sheet: Data Protection

Printed at 21/04/2009 09:38:19

Heggie, Kirsty
DoB: 19/10/1990

Report Valid On 21/04/09 09:38

Drs Hilan Oliver Guyn
 Page number 4

Contusion, elbow area - - right

Fracture of clavicle - - right

Notes summary on computer - -

Urinary tract infection, site not specified - - Grade I reflux right ureter

Dr L R Hillan

Date: 04/04/2006

Acute Prescriptions:

Amoxicillin - Sf SYRUP 250MG/5ML

5 ml - 3 times daily

100

Clinical / User Markers:

Booster diphtheria tetanus pertussis (DTaP) vaccination - -

Disease Protocol Sessions:

Acute - FV Vaccine

07/02/2005 Recall Period - N/A

Practice Nurse

Date: 27/05/2004

Clinical / User Markers:

1st hepatitis A junior vaccination - - VHA779C9

First typhoid vaccination - - W1532-2

Disease Protocol Sessions:

Acute - FV Travel Vaccines

27/05/2004 Recall Period - N/A

Acute Prescriptions:

Havrix Junior Monodose - Prefilled Syringe 1440 Elisa Units/ML
 0.5ml VACC

-

1

Typhim Vi - Prefilled Syringe 0.5ml VACC 50MCG/ML

-

1

Clinical / User Markers:

Trauma self-referral - -

Summary Sheet: Data Protection

Printed at 21/04/2009 09:38:19

Heggie, Kirsty
DoB: 19/10/1990

Report Valid On 21/04/09 09:38

Drs Hillan Oliver Quyn
 Page number 5

Clinical / User Markers:

Meningitis vaccination - -

=====

Migrated Data

Screening:

1st Primary Immunis.\$ - First DTP (triple)+polio vacc. - Repeat after an interval - (Review 4W)

2nd Primary Immunis.\$ - Second DTP (triple)+polio vacc - Repeat after an interval - (Review 4W)

3rd Primary Immunis.\$ - Third DTP (triple)+polio vacc. - Repeat after an interval - (Review 32W)

Mmr immunis.\$ - Measles/mumps/rubella vaccin. - No Action Required

Polio immunis.\$ - Booster polio vaccination - No Action Required

Tetanus immunis.\$ - Booster tetanus vaccination - No Action Required

Clinical / User Markers:

Chickenpox - varicella - -

Pat. GP7B/QP8B card from HB - -

Patient MRE received from HB - -

Patient signed reg. form - -

Booster MMR Vacc.

Referrals:

Falkirk and District Royal Inf(NHS) Urological Surgery

Falkirk and District Royal Inf(NHS) A+E

=====

Dr L R Hillan Date: 11/08/1998

Acute Consultation

=====

=====

Appointments List:

Practice Nurse Jun 12 2008 5:10PM

Practice Nurse Jun 5 2008 5:10PM

LEFT - Dr Mary Peddie Jun 2 2008 9:20AM

Dr L R Hillan Apr 4 2006 4:25PM

Summary Sheet: Data Protection

Printed at 21/04/2009 09:38:19

Heggie, Kirsty
DoB: 19/10/1990

Report Valid On 21/04/09 09:38

Drs Hilien Oliver Quyn
Page number 6

Practice Nurse

May 27 2004 4:40PM

Last 4 Clinical Notes

Date	Clinical Notes
12/06/2008	given hepetyrix injection
02/06/2008	wants c/c. to regulate periods as well as contraception. periods heavy, still a bit irreg. LMP 3 wks ago. stopped smoking.105/60=> mcg. usual warnings given re d&v, a/b etc
29/05/2008	going to Brazil 07/08 needs hepA typhoid cover
27/06/2000	Migrated Data

THIRD PARTY COPY

Heggie, Kirsty
DoB: 19/10/1990

Report Valid On 21/04/09 09:38

Dr's Hilan Oliver Guyn
 Page number 1

Registration

Miss Kirsty Heggie
 26 Rowantree Walk
 The Inches
 LARBERT
 FK5 4FT

Service Code: Permanent
 DoB: 19/10/1990
 Age: 18

Telephone:

Contact: ? Contact/Relship: ?
 Email: ?
 CHI Number: 1910900389 NHS Number: 460/90/413

Patient ID: 0389

Occupation:

Registered GP: Dr L. R. Hillan

Repeat Consultation: ?

Registered: 04/08/1995

Confirmed: 04/08/1995

BMI: 0.0

Height: 0 m

Weight: 0 kg

Parity: 0

Gravida: 0

Dispensing: No

Road: 0 Water: 0 FootPath: 0

Marital Status: Single

Seen By GP: Dr L. R. Hillan

Acute Consultation: 12/06/2008

Records Received: 05/12/1996

BP: 105/60

Priority Clinical / User Marker

Date Recorded Start Date Priority Description

Modifier

Repeat Medication

Interval

Drug/Preparation

Quantity/Dose/Frequency

Start

Last

Pres.

Review

Adverse Reactions

Read Code

Description

Clinical / User Marker

Date Recorded Start Date Priority Description

Modifier

02/06/2008 None Medium Ex smoker

18/04/2007 None Medium Notes summary on computer

01/06/2002 01/06/2002 Medium Fracture of clavicle

Freetext: right

01/09/1988 01/09/1988 Medium Urinary tract infection, site not specified

Freetext: Grade I reflux right ureter

15/12/2008 15/12/2008 Low Insertion of subcutaneous contraceptive

Freetext: Implanon

12/06/2008 None Low First hepatitis A and typhoid vaccination

Freetext: AHAVB193AC hepatyrix consented it del

07/02/2005 None Low Booster diphtheria tetanus pertussis (DTaP) vaccination

27/05/2004 None Low 1st hepatitis A junior vaccination

Freetext: VHA779C9

27/05/2004 None Low First typhoid vaccination

Freetext: W1532-2

18/06/2002 None Low Trauma self-referral

16/05/2000 None Low Meningitis vaccination

23/05/1997 None Low Chickenpox - varicella

Summary Sheet: Data Protection

Printed at 21/04/2009 09:38:19

Heggie, Kirsty
DoB: 19/10/1990

Report Valid On 21/04/09 09:38

Drs Hillan Oliver Guyn
 Page number 2

19/05/1997	None	Low	Booster MMR Vacc.
03/02/1997	None	Low	Booster MMR Vacc.
01/02/1997	01/02/1997	Low	Contusion, elbow area
Freetext: right			
05/12/1996	None	Low	Patient MRE received from HB
04/08/1995	None	Low	Pat. GP7B/GP6B card from HB
04/08/1995	None	Low	Patient signed reg. form

Screening

24/08/1995	Mmr Immunis.\$	Measles/mumps/rubella vaccn.
No Action Required		
30/05/1995	Polio Immunis.\$	Booster polio vaccination
No Action Required		
30/05/1995	Tetanus Immunis.\$	Booster tetanus vaccination
No Action Required		
25/05/1993	Mmr Immunis.\$	Measles/mumps/rubella vaccn.
No Action Required		
04/08/1991	3rd Primary Immunis.\$	Third DTP (triple)+polio vacc.
Repeat after an interval - 32 Weeks		
05/02/1991	2nd Primary Immunis.\$	Second DTP (triple)+polio vacc.
Repeat after an interval - 4 Weeks		
08/01/1991	1st Primary Immunis.\$	First DTP (triple)+polio vacc.
Repeat after an interval - 4 Weeks		

Referrals

Date Rec.	Priority	Provider	Speciality	Nature	Type
Ref. Appt.		Reason For Referral	Referred By	Attendance Type	
01/02/1997	High	Falkirk and District Royal Infirmary LEFT - Dr S Brown	A+E		
13/08/1998	High	Falkirk and District Royal Infirmary LEFT - Dr S Brown	Urological Surgery		

Acute Prescriptions

Drug/Preparation	Quantity/Dose/Frequency	Date
Microgynon 30 TABS	126 1 Tab Daily as dir	02/06/2008
Hepatyrix Prefilled Syringe 1ml VACC	1 to be injected	29/05/2008
Amoxicillin Sf SYRUP 250MG/5ML	100 5 ml 3 times daily	04/04/2006
Havrix Junior Monodose Prefilled Syringe 1440 Elisa Units/0.5ml VACC	1	12/05/2004

Summary Sheet: Data Protection

Printed at 21/04/2009 09:38:19

Heggie, Kirsty
DoB: 19/10/1990

Report Valid On 21/04/09 09:38

Drs Hillen Oliver Quyn
Page number 3

Typhim Vi Prefilled Syringe 0.5ml
VACC 50MCG/ML

1

12/05/2004

Inactive Repeat Drugs

Drug/Preparation

Quantity/Dose/Frequency

Start

Last

Intervals

Pres. Review

Last Encounter

Clinical / User Markers:

Insertion of subcutaneous contraceptive - - Implanon

Practice Nurse

Date: 12/06/2008

given hepatyrix injection

Clinical / User Markers:

First hepatitis A and typhoid vaccination - - AHAVB193AC hepatyrix consented if del

Disease Protocol Sessions:

Acute - FV Travel Vaccines

12/06/2008 Recall Period - N/A

LEFT - Dr Mary Peddie

Date: 02/06/2008

wants o/c, to regulate periods as well as contraception, periods heavy, still a bit irreg. LMP 3 wks ago, stopped smoking, 105/60=
mcg, usual warnings given re d&v, a/b etc

Clinical / User Markers:

Ex smoker - -

Acute Prescriptions:

Microgynon 30 - TABS

1 Tab - Daily as dir

126

Practice Nurse

Date: 29/05/2008

going to Brazil 07/08 needs hepA typhoid cover

Acute Prescriptions:

Hepatyrix - Prefilled Syringe 1ml VACC

to be injected -

1

Clinical / User Markers:

Summary Sheet: Data Protection

Printed at 21/04/2009 09:38:19

Heggie, Kirsty
DoB: 19/10/1990

Report Valid On 21/04/09 09:38

Drs Hilan Oliver Quyn
 Page number 4

Contusion, elbow area - - right

Fracture of clavicle - - right

Notes summary on computer - -

Urinary tract infection, site not specified - - Grade I reflux right ureter

Dr L R Hillan

Date: 04/04/2006

Acute Prescriptions:

Amoxicillin - ST SYRUP 250MG/5ML

5 ml - 3 times daily

100

Clinical / User Markers:

Booster diphtheria tetanus pertussis (DTaP) vaccination - -

Disease Protocol Sessions:

Acute - FV Vaccine

07/02/2005 Recall Period - N/A

Practice Nurse

Date: 27/05/2004

Clinical / User Markers:

1st hepatitis A junior vaccination - - VHA779C9

First typhoid vaccination - - VV1532-2

Disease Protocol Sessions:

Acute - FV Travel Vaccines

27/05/2004 Recall Period - N/A

Acute Prescriptions:

Havrix Junior Monodose - Prefilled Syringe 1440 Elisa Units/ML
 0.5ml VACC

1

Typhim Vi - Prefilled Syringe 0.5ml VACC 50MCG/ML

1

Clinical / User Markers:

Trauma self-referral - -

Summary Sheet: Data Protection

Printed at 21/04/2009 09:38:19

Heggie, Kirsty
DoB: 19/10/1990

Report Valid On 21/04/09 09:38

Drs Hillan Oliver Quyn
 Page number 5

Clinical / User Markers:

Meningitis vaccination - -

Migrated Data

Screening:

1st Primary Immunis.\$ - First DTP (triple)+polio vacc. - Repeat after an interval - (Review 4W)

2nd Primary Immunis.\$ - Second DTP (triple)+polio vacc - Repeat after an interval - (Review 4W)

3rd Primary Immunis.\$ - Third DTP (triple)+polio vacc. - Repeat after an interval - (Review 32W)

Mmr Immunis.\$ - Measles/mumps/rubella vaccin. - No Action Required

Polio Immunis.\$ - Booster polio vaccination - No Action Required

Tetanus Immunis.\$ - Booster tetanus vaccination - No Action Required

Clinical / User Markers:

Chickenpox - varicella - -

Pat. GP7BA/68B card from HB - -

Patient MRE received from HB - -

Patient signed reg. form - -

Booster MMR Vacc.

Referrals:

Falkirk and District Royal Inf(NHS) Urological Surgery

Falkirk and District Royal Inf(NHS) A+E

Dr L R Hillan Date: 11/08/1998

Acute Consultation

Appointments List:

Practice Nurse Jun 12 2008 5:10PM

Practice Nurse Jun 5 2008 5:10PM

LEFT - Dr Mary Peddie Jun 2 2008 9:20AM

Dr L R Hillan Apr 4 2005 4:25PM

Summary Sheet: Data Protection

Printed at 21/04/2009 09:38:19

Heggie, Kirsty
DoB: 19/10/1990

Report Valid On 21/04/09 09:38

Drs Hilan Oliver Guyn
Page number 6

Practice Nurse

May 27 2004 4:40PM

Last 4 Clinical Notes

Date	Clinical Notes
12/06/2008	given heptyrix injection
02/06/2008	wants o/c. to regulate periods as well as contraception. periods heavy, still a bit irreg. LMP 3 wks ago. stopped smoking.105/60=> mcg. usual warnings given re d&v, a/b etc
29/05/2008	going to Brazil 07/08 needs hepA typhoid cover
27/05/2008	Migrated Data

THIRD PARTY COPY

Heggie, Kirsty
DoB: 19/10/1990

Report Valid On 21/04/09 09:37

Drs Hilan Oliver Guyn
Page number 1

Clinical / User Marker

Date Recorded	Start Date	Priority	Description	Modifier
02/06/2008	None	Medium	Ex smoker	
18/04/2007	None	Medium	Notes summary on computer	
01/06/2002	01/06/2002	Medium	Fracture of clavicle	
Freetext: right				
01/09/1988	01/09/1988	Medium	Urinary tract infection, site not specified	
Freetext: Grade I reflux right ureter				

Last 4 Clinical Notes

Date	Clinical Notes
12/06/2008	given hepalyrix injection
02/06/2008	wants o/c. to regulate periods as well as contraception. periods heavy, still a bit irreg. LMP 3 wks ago. stopped smoking.105/60=> mcg. usual warnings given re d&v, a/b etc
29/05/2008	going to Brazil 07/08 needs hepA typhoid cover
27/05/2000	Migrated Data

Summary Sheet: Grey summary sheet

Printed at 21/04/2009 09:37:43

Heggie, Kirsty
DoB: 19/10/1980

Report Valid On 21/04/09 09:37

Drs Hilan Oliver Guyn
Page number 1

Clinical / User Marker

Date Recorded	Start Date	Priority	Description	Modifier
02/06/2008	None	Medium	Ex smoker	
18/04/2007	None	Medium	Notes summary on computer	
01/06/2002	01/06/2002	Medium	Fracture of clavicle	
Freetext: right				
01/09/1988	01/09/1988	Medium	Urinary tract infection, site not specified	
Freetext: Grade I reflux right ureter				

Last 4 Clinical Notes

Date	Clinical Notes
12/06/2008	given hepalyrix injection
02/06/2008	wants o/c. to regulate periods as well as contraception. periods heavy, still a bit irreg. LMP 3 wks ago. stopped smoking.105/60=> mcg. usual warnings given re d&v, a/c etc
29/05/2008	going to Brazil 07/08 needs hepA typhoid cover
27/06/2000	Migrated Data

NHS IN SCOTLAND

Application to Register with a General Medical Practitioner

GPR

Please complete in block capitals and tick relevant boxes

Patient details

Surname HEGGIE Address 283A
 Forename KIRSTY RECTOR
 Previous Surname BOE
 Date of birth 10/11/1990 Male ☐ Female ☒
 I wish the child named above to be registered at the practice for Child Health Surveillance ☐ Post code HA82 4WU
 Relationship to patient _____ I will be in the area for more than three months ☒

Patient's / Patient's representative signature

Date 1.7.09

Voluntary consent to organ donation

If you wish to register on the NHS Organ Donor Register as someone whose organs can be used for transplantation purposes after your death, please tick relevant box(es) below:

Any Organ ☐ Kidneys ☐ Liver ☐ Lungs ☐ Heart ☐ Corneas ☐ Pancreas ☐

Patient's signature

Date 1.7.09

Please help us to trace your previous medical records by providing the following information if known:

NHS No. (not National Insurance No.)

Community Health Index (CHI) No.

Previous address in U.K.

Name and address of previous doctor in U.K.

26 ROWANTREE WALK,STENHOWEMUIRLARBERTMEDICAL PRACTICECounty STIRLINGSHIRE Post code FK8 4FTDOCTOR HILLAN

If returning from abroad

If returning from HM Forces

Date of departure from U.K.

Date enlisted

Service / Personnel No.

Date of return to U.K.

If none of the above information is known then please complete the following:

Town of birth

Reg. district of birth (see birth certificate)

STIRLING

Mother's maiden name

County of birth

Doctor's agreement

Enter 'D' if supplying drugs ☐Mileage claim road ☐ water ☐ footpath ☐

CHS acceptance

yes ☐no ☐

Enter date if registration

examination completed

I accept this patient on my list and I claim payment in accordance with the Regulations.

CHS Ref No. of GP providing service if different from below

Doctor's signature

Date

Doctor's name

GP Ref. No.

[Signature]11/11/09DR AFFLECK168268

THE OLD MACHAR MEDICAL PRACTICE

TELEPHONE NUMBER	HOME		
	DAYTIME CONTACT No. 07936514860		
NEXT OF KIN	NAME JANETTE HERGIE		
	RELATIONSHIP MOTHER	CONTACT Tel. No. 01324 553537	
ETHNIC GROUP - You are not obliged to complete this section (please circle)			
☒ WHITE	CHINESE	INDIAN	BANGLADESHI
PAKISTANI	BLACK-AFRICAN	BLACK CARIBBEAN	
OTHER - Please state			

Registration Details - Patient No: 40128

Personal details...		Address details...	
Date of birth	19/10/1990	Post Code	AB25 1HD
Sex	F	House Name Flat No	
Surname	Heggie	No and Street	358 George Street
Previous Surname		Village	
Forenames	Kirsty	Town	Aberdeen
Calling Name	Kirsty	County	
Title	Miss		
Birth Surname			
Marital Status	Single		
Ethnic Origin	(White) Scottish		

HA/HB Details...		Contact details...	
Trading partner	Grampian HB	Home Tel No	
Registered GP	Dr Craig G Beattie	Work Tel No	
Usual GP	Dr Craig G Beattie	Mobile Tel No	07849057436
CHI Number	1910900389	E Mail Address	k.heggie.08@aberdeen.ac.uk
Residential Inst			
Branch Surgery	King Street Surgery		
NHS Number	460/90/413		

Practice Information...		Distances	
Dispensing	N	RPP Road Miles	
Hospital Number		Blocked Special	
Records At	KS	Water Miles	
Footpath Miles			

Further Information		Upload Consent	
Long/Short stay or Dead		SCI-DC Consent	Implied Consent (default)
Date of registration	12/03/2013		

AMS/CMS Details		ECS (GP Summary) Consent	
AMS Consent	Yes	Patient Consent	Implied Consent (default)
CMS Status	Not Registered		
Pharmacy Details			
Compliance Check	Yes		

Medical Record

Problems

Active Problems		Authorised By	Code
17/12/2008	Insertion of subcutaneous contraceptive	Mr Kelman	61KA
11/05/2011	Mixed bipolar affective disorder	Dr Beattie	E116

Past Problems		Authorised By	Code
1992	Child on protection register	Mr Kelman	13IM
1995	Adopted	Mr Kelman	1337
1997	Chickenpox - varicella	Mr Kelman	A52
2000	Vesicoureteric reflux - MAG3 and micturating renogram normal in 2002	Mr Kelman	K137
04/07/2002	Fracture of clavicle - (R)	Mr Kelman	S20

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2008	H/O: deliberate self harm	Mr Kelman	1468
20/04/2009	Low mood	Dr McLeish	1BT-1
17/05/2009	Overdose of drug 16 Paracetamol	Ms Shirron	SL-5
01/06/2009	Low mood low	Dr McLeish	1BT-1
07/01/2010	Low mood	Dr Taylor	1BT-1
06/08/2010	Tonsillitis	Dr Vorenkamp	H03-2
31/05/2012	Further opinion sought	Dr Sim	9Y
31/05/2012	Low back pain	Dr Sim	N142-1
12/06/2012	Suicidal intent	Ms Shirron	EMISNQSU41

Health Admin Problems	Authorised By	Code
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Investigations	Authorised By	Code
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06/08/2010	Throat swab taken (Source: LAB) 5. Infection Present, on correct script Strep throat.	4JF4.
18/05/2011	Cervical Cytology (Source: Manually filed) . 6 months - Infection present : Fungal, Koilocytosis.	4K29.
18/11/2011	(Non Coded Event - LC=279461) (Source: LAB) 1. Satisfactory, no action Biochemistry, pre-lithium renal function test.]	
05/12/2011	(Non Coded Event - LC=300957) (Source: LAB) 1. Satisfactory, no action Biochemistry. Starting on Lithium.]	
05/12/2011	(Non Coded Event - LC=133286) (Source: LAB) Normal TPO Abs. Starting on Lithium.]Thyroid peroxidase antibody reference ranges:[Normal <60 IU/ml]Equivalocal 60-100 IU/ml]Positive >100 IU/ml[Please note a change in the testing platform for TPO abs has taken place, effective 21st June 2011. The reference ranges remain the same.]	

Values			
Date	Last Entry	Normal Range Indicator	Normal Range
07/12/2011	Body Mass Index 24.15		20-25
05/12/2011	Thyroid peroxidase antibody level 2		
05/12/2011	Serum sodium 141		137-144
05/12/2011	Serum potassium 4.2		3.5-4.9
05/12/2011	Serum chloride 106		98-106
05/12/2011	Serum urea level 3.6		3.4-7
05/12/2011	Serum creatinine 68		84-116
05/12/2011	GFR calculated abbreviated MDRD >60		60-150
05/12/2011	Serum TSH level 3.5		0.35-3.3
05/12/2011	Serum free T4 level 16		10-25
05/12/2011	Serum lithium level 0.44		0.4-1
05/12/2011	Haemolysis - -		
05/12/2011	Lipaemia -		
05/12/2011	Icteric - -		
18/11/2011	Serum albumin 43		37-49
18/11/2011	Total bilirubin 11		1-22
18/11/2011	Serum alanine aminotransferase level 14		1-40
18/11/2011	Serum alkaline phosphatase 54		45-105
18/11/2011	Serum gamma-glutamyl transferase level 8		4-35
18/05/2011	Cerv.smear: borderline changes 6 months - Infection present : Fungal, Koilocytosis.		
18/05/2011	Cigarette smoker 1 Cigarettes/day		>0
18/05/2011	Ideal weight 59.62 Kg		
18/05/2011	O/E - weight 62.6 Kg		
18/05/2011	O/E - height 161 cm		10-250
18/05/2011	Blood pressure reading 102/56 mm Hg		
18/05/2011	Alcohol intake 10 units/week		
06/08/2010	Throat swab taken Culture] PEN] Profuse growth of Group ...		
07/01/2010	Patient health questionnaire (PHQ-9) score 11 score		0-27
03/07/2009	Parity status		>0

Attachments		Authorised By	Code
17/05/2009	Letter encounter Emergency Hospital Admission Emergency Hospital Admission	D7_00152965.XXX	Mr Docman
19/05/2009	Attachment New Label	New Label.doc	Ms Fraser

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12/04/2011	TWMC Letter. PS.CAM	Document1.doc	Ms McIntosh	EMISATTACHMENT
12/04/2011	Psychiatric referral SCI REF SENT PS.CAM	Referral6341416.htm	Ms McIntosh	8H49
17/05/2011	Attachment uni line	uni line.doc	Dr McKay	EMISATTACHMENT
17/05/2011	Attachment uni line.doc uni line	uni line.doc	Dr McKay	EMISATTACHMENT
10/10/2011	Psychiatric referral SCI REF SENT RJS.CAM	Referral7481757.htm	Ms McIntosh	8H49
14/10/2011	Letter to patient. RJS.CAM	Document1.doc	Ms McIntosh	EMISATTACHMENT
09/12/2011	Attachment Lithium Chart	Document1.doc	Ms Davidson	EMISATTACHMENT
04/01/2012	Attachment DNA letter SR	Document1.doc	Ms Ross	EMISATTACHMENT
04/04/2012	Attachment Final DNA Warning Letter	Document1.doc	Ms Mackie	EMISATTACHMENT
06/06/2012	Psychiatric referral SCI REF SENT gs.ab	KH.htm	Ms Brand	8H49
06/06/2012	Letter TWIMC gs.ab To collect KS + £15 to pay	Document1.doc	Ms Brand	EMISATTACHMENT
06/06/2012	Letter 2 - TWIMC gs.ab	Document1.doc	Ms Brand	EMISATTACHMENT
12/06/2012	Attachment Psych letter	Psych letter.doc	Dr Cooper	EMISATTACHMENT
12/02/2013	Severe mental illness monitoring invite 1 MH Review	letter.doc	Ms Barron	EMISNQSE2
20/09/2013	Mental health monitoring first letter	Mental Health - Annual Review Invite CB.doc	Ms Barron	90i0
12/11/2013	Mental health monitoring second letter	Mental Health - Annual Review Invite CB.doc	Ms Sinclair	90i1

Due Diary Entries	Authorised By	Code
03/07/2014	Contraception GP Review	Dr McKay
		PCS756CO1

Overdue Diary Entries	Authorised By	Code
03/07/2010	Contraception OVERDUE	Dr McKay
05/03/2012	Lithium monitoring OVERDUE	Ms Davidson
		61...
		6657.

Alerts	Authorised By	Code
04/01/2012	Alert DNA letter sent 04/01/2012 MUST attend all future appts. SR	Ms Ross
21/10/2013	Alert please get patients correct address mail being returned 21/10/2013	Ms Barron
		EMISALERT
		EMISALERT

Drug Allergies	Authorised By	Code
None		

Non Drug Allergies	Authorised By	Code
None		

Family History	Authorised By	Code
None		

Referrals	Authorised By	Code
12/04/2011	8H49.: Psychiatric referral (SCI Gateway Referral)	Dr Strachan
		8H49
07/10/2011	Referral for further care agree to start rx as letter write back for review, due to studies and work can only return for review tuesday pm, review next week to see how things are, letter to psychi for review,	Dr Stewart
		8H
10/10/2011	8H49.: Psychiatric referral (SCI Gateway Referral)	Dr Stewart
		8H49
06/06/2012	8H49.: Psychiatric referral (SCI Gateway Referral)	Dr Sim
		8H49

Immunisations	Authorised By	Code
08/01/1991	First DTP (triple)+polio vacc. (GMS)	Mr Kelman
		6511
04/06/1991	Third DTP (triple)+polio vacc. (GMS)	Mr Kelman
		6513
05/12/1991	Second DTP (triple)+polio vacc (GMS)	Mr Kelman
		6512
30/05/1995	Booster DT(double)+polio vacc.	Mr Kelman
		65K4
19/05/1997	Measles mumps and rubella booster vaccination	Mr Kelman
		65MA
16/05/2000	Single meningitis C vaccination	Mr Kelman
		6571
27/05/2004	First typhoid vaccination	Mr Kelman
		6521
27/05/2004	1st hepatitis A junior vaccination	Mr Kelman
		65FF
07/02/2005	Low dose diphtheria, tetanus and inactivated polio vaccinati	Mr Kelman
		65K5
12/06/2008	First hepatitis A and typhoid vaccination	Mr Kelman
		65ML

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Health Status

17/05/2009	Notes summary on computer
18/05/2011	Cervical smear result Cerv.smear: borderline changes
18/05/2011	Weight 62.6 Kg
18/05/2011	Height 161 cm
07/12/2011	Body Mass Index 24.15 kg/m2
18/05/2011	Blood pressure reading 102/56 mm Hg
18/05/2011	Tobacco consumption Cigarette smoker, 1 Cigarettes/day Alcohol consumption Alcohol intake within recommended sensible limits

Other Observations

		Authorised By	Code
17/04/2009	Scottish - ethnic category 2001 census	Ms Gorshkov	9I21
17/04/2009	Current smoker	Ms Gorshkov	137R
17/05/2009	Notes summary on computer	Mr Kelman	9344
22/06/2009	Low mood (REVIEW)	Dr Morley	1BT-1
03/07/2009	Contraception	Dr McKay	61
03/07/2009	Medication review	Dr McKay	8B3S
03/07/2009	Patient breast aware	Dr McKay	9OHE
03/07/2009	Advice about long acting reversible contraception	Dr McKay	8CAw
09/12/2009	Did not attend - no reason	Dr Vorenkamp	9N42
07/01/2010	Depression screening using questions	Dr Taylor	6896
03/02/2010	Low mood (REVIEW)	Dr Stewart	1BT-1
07/05/2010	Did not attend - no reason	Dr Stewart	9N42
06/08/2010	Herpes simplex Type 1 DETECTED	Ms Shirron	A54
06/08/2010	Herpes simplex TYPE 2 DNA NOT DETECTED	Ms Shirron	A54
19/10/2010	Ex patient of Dr Affleck	Ms Mackie	PCS756EX1
04/11/2010	Cervical smear - 1st call	Ms Mair	9O81
19/03/2011	Did not attend - no reason	Dr McKay	9N42
17/05/2011	Smoking cessation advice	Dr McKay	8CAL
18/05/2011	Cervical smear taken	Ms Ewen	7E2A2
18/05/2011	O/E - no vaginal discharge	Ms Ewen	26A1
18/05/2011	Current smoker	Ms Ewen	137R
18/05/2011	Alcohol intake within recommended sensible limits	Ms Ewen	136L
18/05/2011	Enjoys moderate exercise	Ms Ewen	1384
18/05/2011	Smoking cessation advice	Ms Ewen	8CAL
18/05/2011	O/E Cervix: transitional zone seen	Ms Ewen	EMISHGT62
18/05/2011	Examines own breasts	Ms Ewen	9OHB
18/05/2011	Well woman health check	Ms Ewen	69D2-5
11/10/2011	Did not attend - no reason - message left on mobile answer machine to contact practice if any concerns with response to Olanzapine. Will inform RJS as well.	Dr Beattie	9N42
14/10/2011	Did not attend - no reason	Dr Stewart	9N42
18/11/2011	Blood sample -> Biochem Lab	Ms McGillvray	4143
07/12/2011	Contraception	Dr Grant	61
15/12/2011	Did not attend - no reason	Dr Jack	9N42
29/12/2011	Did not attend - no reason	Dr Wearden	9N42
30/03/2012	Medication review	Dr Beattie	8B3S
03/04/2012	Did not attend - no reason	Dr Sneddon	9N42
29/05/2012	Did not attend - no reason	Dr Leong	9N42
31/05/2012	Mixed bipolar affective disorder (REVIEW)	Dr Sim	E116
28/09/2012	Other smoking information - requires smoking status	Dr Beattie	EMISOTS1
12/02/2013	Cervical smear defaulter Exclusion From SCCRS Until 12/11/2014. Reason: Defaulter	Ms Shirron	9O8S

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26/02/2013	Except from mental health quality indicators: Informed diss Not living at address we have	Ms Barron	9h92
24/09/2013	Other smoking information	Dr Beattie	EMISOTS1

Consultations20/04/2009 Dr Kelly McLeish at King Street Surgery

Problem (FIRST)

Low mood

History

New patient. Hx of this a few years ago with self harm (cutting). Saw GP but no treatment or referral. All settled. Over last 4-5 month - low mood, tearful, unmotivated, conc poor, appetite poor. initial insomnia and EMW a big issue. No self harm this time and no intent re this or suicide. Uni going fine and enjoying course. Crisis point over last few weeks and struggling to cope - row with adopted parents re wishing to see birth parents, split from boyfriend, lost job

Comment

Obvious social stressors at present but sounds like on the background of depressive illness. Advice re counsellor at uni and letting them know. Me in 2 weeks or sooner if worse. Letter done for uni - missed a class because I was running so late.

Medication

Mirtazapine Tablets 15 mg 28 TABLET(S) ONE NOCTE

17/05/2009 Mr Docman Docman at Docman

Additional

Letter encounter Emergency Hospital Admission Emergency Hospital Admission
Emergency Hospital Admission

01/06/2009 Dr Kelly McLeish at King Street Surgery

Problem (NEW)

Low mood low

History

Been off zispin for 1 week. Feeling low again. was havign some good days whilst on and felt a bit better. Saw G med sheet though and asked her re this. Had a bad spell then and took OD paracetamol. Seen in A and E - she asked them not to tell us - did not see psych nurse there. Regrets +++ and would not repeat again. No thoughts of harm at all. Zispin was working well and helping her sleep. keen for again. Family situation improving and sister up staying with her at the moment. See me in 3 weeks

Medication

Mirtazapine Tablets 15 mg 28 TABLET(S) ONE NOCTE

22/06/2009 Dr Maria Morley at King Street Surgery

Problem (REVIEW)

Low mood

History

feel better with mirtazapine, sleep better ask if can increase the dose, agreed, nil suicidal, no SE

Comment

rev in 8 weeks or earlier

Medication

Mirtazapine Tablets 30 mg 56 tablet ONE NOCTE

03/07/2009 Dr Alexander R McKay at King Street Surgery

Problem

Contraception

History

has implanon but takes microgynon for heavy and frequent periods.

Examination

Blood pressure reading 111/57 mm Hg

O/E - height, 166 cm

O/E - weight, 69 Kg

Body Mass Index, 25.04

Medication

Microgynon 30 Tablets 126 tablet ONE DAILY 21 DAYS OUT OF 28

Social

Parity status, 0

Follow up

Contraception (03/07/2010)

Contraception GP Review (03/07/2014)

Additional

Medication review

Patient breast aware

Advice about long acting reversible contraception

History

Flu symptoms since Mon and sent home from work cineworld. To A&E last night and given rx for UTI. Work asking for line.

Comment

Shouldn't need. Check with work and if does need I will leave private line.

09/12/2009 Dr Jennifer Vorenkamp at King Street Surgery

Comment

Did not attend - no reason

07/01/2010 Dr Zoe Taylor at King Street Surgery

Problem (NEW)

Low mood

History

Feeling low again. Been off mirtazapine for several months, friend persuaded her good idea to stop, had only been taking for a couple of months. Started taking drugs in autumn m-cap and occasional cocaine, stopped 1/12 ago. Student. Adopted, no unresolved issues. Birth parents both depressive. No ongoing drug use. High when taking drugs. Now persisting low in mood, isolating herself from friends, when in their company feels not worthy. Very poor self esteem. Poor sleep

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Examination	- initial and middle. No psychotic features. Has supportive boyfriend. No suicidal ideation.
Comment	Patient health questionnaire (PHQ-9) score, 11 score
Additional	Agreed to restart mirtazapine. Aware time for effect, se and need for compliance. See 1/12 or sooner if concerns.
Additional	Depression screening using questions
03/02/2010	<u>Dr Rorie J G Stewart at King Street Surgery</u>
Problem (REVIEW)	Low mood
History	see below, sleep helped, a bit more relaxed, getting counselling.
Examination	look more relaxed, good rapport,
Comment	has lost some of old tabs, reissue, over all improving, review 6 weeks on rx, would be in 3 weeks time
07/05/2010	<u>Dr Rorie J G Stewart at King Street Surgery</u>
Problem	Did not attend - no reason
11/05/2010	<u>Dr David Cooper at King Street Surgery</u>
Problem	"bender at weekend" was taking NRG drugs - stimulant. since then feeling achy/mouth ulcers/sore throat. gradually improving.
History	Em
Examination	significant multiple mouth ulcers. else afebrile. GCS 15. alert orientated. hydrated ok.
Medication	Benzylamine Hydrochloride Oral Rinse Sugar Free 0.15 % 300 ml GARGLE TDS - ANTISEPTIC
Comment	? viral. ? drug effect diffam for ulcers. fluids. simple paracetamol for muscle aches. see how goes. tcb if not settling. may need letter for uni as failed to hand in letter. Warned would need to give medical reason as drug ingestion - she will consider if wishes to have letter for uni.
06/08/2010	<u>Dr Jennifer Vorenkamp at General Practice Surgery</u>
Result	Throat swab taken 5. Infection Present, on correct script Strep throat
06/08/2010	<u>Dr Jennifer Vorenkamp at King Street Surgery</u>
Problem (FIRST)	Tonsillitis
History	sore throat - prev genital herpes, worried the same, fever, STI screen sexual health clinic
Examination	bilat swollen tonsils and pus +++
Comment	not convinced tonsillitis - swabs taken inc herpes, fluids, analgesia
Medication	Penicillin V Tablets 250 mg 56 tablet TWO TO BE TAKEN FOUR TIMES A DAY
Test Request	FBC, Glucose, TFTs Throat, Herpes simplex
19/03/2011	<u>Dr Alexander R McKay at King Street Surgery</u>
Comment	Did not attend - no reason
31/03/2011	<u>Dr Peter Strachan at King Street Surgery</u>
Problem	?bipolar
History	em appt. several month Hx of "manic episodes" during which feels in touch with nature and connected to some numbers but not all - "scared" of those number to which she does not feel connected. Spells of grandiose ideas - thinks better than coming to doctor so hasn't been before now. Lots of risk taking behaviour with drugs, stealing (apparently convicted for shop lifting) sex and drink. Struggles to stay sober - if does at weekend then stays in and bites inside of mouth/cheeks - showed ulcerated areas of gums/cheeks. Brought to a head by uni assessment being over due. Both biological parents bipolar, fostered then adopted at age of 4. At home with boyfriend who is also bipolar but is mostly a "father figure" to her.
Examination	prolonged eye contact with head tilted forward - tearful at times, rapid speech and flight of ideas - reading from four pages of handwritten notes, psychological jargon in speech.
Comment	agree refer psych for assessment and letter for uni - aware RE charge and wait. r/v in 2/52 whilst awaiting psych appt.
12/04/2011	<u>Dr Peter Strachan at Secretaries</u>
Additional	Psychiatric referral SCI REF SENT PS.CAM
12/04/2011	<u>Dr Peter Strachan at Secretaries</u>
New Referral	Outpatient (NHS), Routine, , ,
Additional	TWIMC Letter. PS.CAM
17/05/2011	<u>Dr Alexander R McKay at King Street Surgery</u>

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History	See psych letter. Not keen on medication at present, but line for uni. for fasting bloods.
Comment	EMIS attachment reference code uni line.doc uni line
Test Request	Glucose - <i>Requested</i> , Lipid Profile - <i>Requested</i> , TFT : Thyroid function test - <i>Requested</i> , U&E : Renal Function - <i>Requested</i>
18/05/2011	<u>Ms Sandie Ewen at King Street Surgery</u>
Examination	Alcohol intake, 10 units/week Blood pressure reading 102/56 mm Hg O/E - height, 161 cm O/E - weight, 62.6 Kg Body Mass Index, 24.15 Ideal Weight, 59.62 Kg Cervical smear taken O/E - no vaginal discharge
Social	Current smoker Cigarette smoker, 1 Cigarettes/day Alcohol intake within recommended sensible limits Enjoys moderate exercise
Comment	speculum lot: 02696, id: 1008720, exp: 05/12
Additional	Smoking cessation advice O/E Cervix: transitional zone seen Examines own breasts Well woman health check
07/10/2011	<u>Dr Rorie J G Stewart at King Street Surgery</u>
Problem	moods low,
History	months now, no clear trigger, had rx before, been psychi in past, only thoughts of harm. not at high risk, has local support.
Examination	see letter, eye contact fine, rather difficult girl to assess, deep, rather unbelieaving of psychi apt, looking for antidepressant but with psychi letter, best try there ideas, do not want her going manic,
Comment	Referral for further care agree to start rx as letter write back for review, due to studies and work can only return for review tuesday pm, review next week to see how things are, letter to psychi for review,
Medication	Olanzapine Tablets 5 mg 28 tablet ONE DAILY
10/10/2011	<u>Dr Rorie J G Stewart at Secretaries</u>
Additional	Psychiatric referral SCI REF SENT RJS.CAM
11/10/2011	<u>Dr Craig G Beattie at Did Not Attend</u>
Comment	Did not attend - no reason - message left on mobile answer machine to contact practice if any concerns with response to Olanzapine. Will inform RJS as well.
12/10/2011	<u>Dr Rorie J G Stewart at Telephone Consultation</u>
History	message left on phone, also will send letter re this,
14/10/2011	<u>Dr Rorie J G Stewart at King Street Surgery</u>
Problem	Did not attend - no reason
14/10/2011	<u>Dr Rorie J G Stewart at Secretaries</u>
Additional	Letter to patient. RJS.CAM
18/11/2011	<u>Dr Rorie J G Stewart at General Practice Surgery</u>
Result	(Non Coded Event - LC=279461) 1. Satisfactory, no action Biochemistry
18/11/2011	<u>Ms Jackie McGillivray at King Street Surgery</u>
Result	Blood sample -> Biochem Lab
Test Request	U&E : Renal Function - <i>Completed</i>
29/11/2011	<u>Dr Colin Jack at King Street Surgery</u>
History	in to request being started on Priadel. TSH was 7, no sx of hypothyroid. See psychiatry letter and agree to start with blood test in one week
Comment	I've not added Lithium to request as asks time of last dose and don't know which appt she will get
Medication	Priadel M/R tablets 400 mg 28 tablet ONE AT 10PM. Zopiclone Tablets 3.75 mg 7 tablet 1 NOCTE
Test Request	TFT : Thyroid function test - <i>Requested</i> , U&E : Renal Function - <i>Requested</i> , Thyroid peroxidase Ab. - <i>Requested</i>

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05/12/2011	<u>Dr Craig G Beattie at General Practice Surgery</u>
Result	(Non Coded Event - LC=133286) Normal TPO Abs
05/12/2011	<u>Dr Colin Jack at General Practice Surgery</u>
Result	(Non Coded Event - LC=300957) 1. Satisfactory, no action Biochemistry
05/12/2011	<u>Ms Margaret Sinclair at Jesmond Surgery</u>
Test Request	Li : Lithium - Completed, TFT : Thyroid function test - Completed, U&E : Renal Function - Completed, Thyroid peroxidase Ab. - Completed
07/12/2011	<u>Dr Neil Grant at King Street Surgery</u>
Problem	Contraception
History	changeover due 17/12/11
Examination	Body Mass Index, 24.15
Comment	Rx, advised re alternative contraception if unable to get appt before 17/12/11
Medication	Zopiclone Tablets 7.5 mg 14 <i>TABLET 1 NOCTE</i> Etonogestrel Subdermal implant 68 mg 1 <i>DEVICE TO BE USED AS DIRECTED</i>
Problem	insomnia
History	not finding zopiclone 3.75 effective, has been seen by psych
Comment	agreed rx 7.5mg, advised not for longterm use
14/12/2011	<u>Dr Colin Jack at King Street Surgery</u>
History	Message left on Mobile at 13.45. Req to call back re a letter for Uni
15/12/2011	<u>Dr Colin Jack at King Street Surgery</u>
Comment	Did not attend - no reason
29/12/2011	<u>Dr David Wearden at King Street Surgery</u>
Problem	Did not attend - no reason
30/12/2011	<u>Dr Amy Pickles at King Street Surgery</u>
History	needs more lithium and also wanting something else to help sleep as not finding zopiclone helpful - they do help her sleep but feels the need for them on nights she doesn't take them and gets a metallic taste in her mouth in the morning - doesn't wish to continue them
Comment	try sedating antihistamine instead and rv sos. Recent lithium levels low end of normal - will come in for rpt in 2/52
Medication	Promethazine Hydrochloride Tablets 25 mg 56 <i>tablet ONE OR TWO AT NIGHT IF REQUIRED FOR SLEEP</i>
03/04/2012	<u>Dr Alison S Sneddon at King Street Surgery</u>
History	Did not attend - no reason
29/05/2012	<u>Dr Laura Leong at King Street Surgery</u>
Comment	Did not attend - no reason
31/05/2012	<u>Dr Gordon Sim at King Street Surgery</u>
History	Psych and 2 letters for Uni dictated
Problem (FIRST)	Further opinion sought
31/05/2012	<u>Dr Gordon Sim at King Street Surgery</u>
History	requests letter for Sept 2011 - Dec 2011 for university. been off for last 3 weeks as mood low, further letter for Uni. Off medication feels no difference, off alcohol, and increased exercise is helping mood. Would like further referral for a check up. Discussed missed appts. Feels mood can change hour by hour and only affected by self control which deteriorates if has been drinking alcohol.
Problem (REVIEW)	Mixed bipolar affective disorder
History	Noted lumps on low ant abd wall in last few weeks/months
Examination	Abdo soft, non tender, LKKS nad, no masses palpable, no herniae, bs active.
Comment	advice
History	2 years low back pain, requested to make a further appt for examination of back due to length of consultation so far
Problem (FIRST)	Low back pain
06/06/2012	<u>Dr Gordon Sim at Secretaries</u>
New Referral	(NHS) . . . 8H49 : Psychiatric referral (SCI Gateway Referral)
Additional	Psychiatric referral SCI REF SENT gs.ab

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Letter TWIMC gs.ab To collect KS + £15 to pay
Letter 2 - TWIMC gs.ab

<u>12/06/2012</u>	<u>Dr David Cooper at King Street Surgery</u>
History	EM essentially threatening to throw self out of window. note above psych review - ? Bipolar. no obvious precipitant. no meds.
Examination	lucid. no clouding of thoughts. affect - predominantly annoyed at current situation. adamant wishing to see psychiatry. awaiting OPC, but keen for review tonight. no obvious psychosis this evening.
Comment	Suicidal thoughts and voicing suicidal intent. No obvious significant psychiatric disturbance noted by myself.
Additional	d/w psychiatry - they will review tonight. EMIS attachment reference code Psych letter
<u>14/05/2013</u>	<u>Susan Shirron at King Street Surgery</u>
Comment	Patient requires the following for mental health review: Alcohol, BMI, Blood Pressure,

Medication

Current				
Date Commenced	Drug Details	Date Last Issue	Authorised By	Type
None				
Past				
Date Commenced	Drug Details	Date Last Issue	Authorised By	Type
30/12/2011	Promethazine Hydrochloride Tablets 25 mg ONE OR TWO AT NIGHT IF REQUIRED FOR SLEEP 56 tablet	30/12/2011P	Dr Amy Pickles	ACUTE
07/12/2011	Zopiclone Tablets 7.5 mg 1 NOCTE 14 TABLET	07/12/2011P	Dr Neil Grant	ACUTE
07/12/2011	Etonogestrel Subdermal implant 68 mg TO BE USED AS DIRECTED 1 DEVICE	07/12/2011P	Dr Neil Grant	ACUTE
29/11/2011	Zopiclone Tablets 3.75 mg 1 NOCTE 7 tablet	29/11/2011P	Dr Colin Jack	ACUTE
07/10/2011	Olanzapine Tablets 5 mg ONE DAILY 28 tablet	07/10/2011P	Dr Rorie J G Stewart	ACUTE
06/08/2010	Penicillin V Tablets 250 mg TWO TO BE TAKEN FOUR TIMES A DAY 56 tablet	06/08/2010P	Dr Jennifer Vorenkamp	ACUTE
11/05/2010	Benzydamine Hydrochloride Oral Rinse Sugar Free 0.15 % GARGLE TDS - ANTISEPTIC 300 ml	11/05/2010P	Dr David Cooper	ACUTE
07/01/2010	Mirtazapine Tablets 15 mg ONE NOCTE 28 TABLET(S)	03/02/2010P	Dr Zoe Taylor	ACUTE
22/06/2009	Mirtazapine Tablets 30 mg ONE NOCTE 56 tablet	22/06/2009P	Dr Maria Morley	ACUTE
01/06/2009	Mirtazapine Tablets 15 mg ONE NOCTE 28 TABLET(S)	01/06/2009P	Dr Kelly McLeish	ACUTE
20/04/2009	Mirtazapine Tablets 15 mg ONE NOCTE 28 TABLET(S)	20/04/2009P	Dr Kelly McLeish	ACUTE
29/11/2011	Priadel M/R tablets 400 mg ONE AT 10PM. 28 tablet	30/12/2011P	Dr Craig G Beattie	REPEAT
03/07/2009	Microgynon 30 Tablets ONE DAILY 21 DAYS OUT OF 28 126 tablet	03/07/2009P	Dr Alexander R McKay	REPEAT

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Registration Details - Patient No: 40128

Personal details...		Address details...	
Date of birth	19/10/1990	Post Code	AB241VUJ
Sex	F	House Name Flat No	
Surname	Heggie	No and Street	283a Hector Boece Court
Previous Surname		Village	Hillhead Halls Don Street
Forenames	Kirsty	Town	Aberdeen
Calling Name	Kirsty	County	Aberdeenshire
Title	Miss		
Birth Surname			
Marital Status	Single		
Ethnic Origin	(White) Scottish		

HA/HB Details...		Contact details...	
Trading partner	Grampian HB	Home Tel No	07936544860
Registered GP	Dr Iain R Affeck	Work Tel No	
Usual GP	Dr Iain R Affeck	Mobile Tel No	
CHI Number	1910900389	E Mail Address	k.heggie.08@aberneth.ac.uk
Residential Inst			
Branch Surgery	King Street Surgery		
NHS Number	460/90/413		

Practice Information...		Distances	
Dispensing	N	RPP Road Miles	
Hospital Number		Blocked Special	
Records At	KS	Water Miles	
Footpath Miles			

ECS (GP Summary) Consent		Further Information	
Patient Consent	Implied Consent (default)	Long/Short stay or Dead	
Date of registration	06/05/2009		

Medical Record

Problems

Active Problems		Authorised By	Code
20/04/2009	Low mood	Dr McLeish	1BT-1
17/12/2008	Insertion of subcutaneous contraceptive	Mr Kelman	61KA

Past Problems		Authorised By	Code
2008	H/O: deliberate self harm	Mr Kelman	148B
04/07/2002	Fracture of clavicle - (R)	Mr Kelman	S20
2000	Vesicoureteric reflux - MAG3 and micturating renogram normal in 2002	Mr Kelman	K137

Due Diary Entries		Authorised By	Code
19/10/2005	Influenza vaccination	Dr Affeck	65E..

Overdue Diary Entries		Authorised By	Code
None			

Alerts		Authorised By	Code
None			

Not Confidential: Personal data about a patient

Drug Allergies	Authorised By	Code
None		

Non Drug Allergies	Authorised By	Code
None		

Health Status

17/05/2009

Notes summary on
computer

17/04/2009

Tobacco
consumption
Current smoker

Consultations

20/04/2009

Dr Kelly McLeish at King Street Surgery

Problem (FIRST)

Low mood

History

New patient. Hx of this a few years ago with self harm (cutting). Saw GP but no treatment or referral. All settled. Over last 4-5 month - low mood, tearful, unmotivated, conc poor, appetite poor, initial insomnia and EMVW a big issue. No self harm this time and no intent re this or suicide. Uni going fine and enjoying course. Crisis point over last few weeks and struggling to cope - row with adopted parents re wishing to see birth parents, split from boyfriend, lost job

Comment

Obvious social stressors at present but sounds like on the background of depressive illness. Advice re counsellor at uni and letting them know. Me in 2 weeks or sooner if worse. Letter done for uni - missed a class because I was running so late.

Medication

Mirtazapine Tablets 15 mg 28 TABLET(S) ONE NOCTE

Medication

Current	Date Commenced	Drug Details	Date Last issue	Authorised By	Type
	20/04/2009	Mirtazapine Tablets 15 mg ONE NOCTE 28 TABLET(S)	20/04/2009P	Dr Kelly McLeish	ACUTE

FORM GP111F

Full Report**Miss Kirsty Heggie****19/10/1990****Female****Transferred Out****Address**

52 Cairnvaie Terrace Kincorth Aberdeen AB12 4PJ

Address Type: Main address

Communication numbers

Email k.heggie.08@aberdeen.ac.uk
 Mobile phone 07543245853

Problems

Currently Relevant

Started: 30/01/2014

Ended:

Medical History

16/05/2014 Administration - Docman only to PSD Mrs Karen Clark
 16/05/2014 Total notes on computer Mrs Karen Clark
 25/04/2014 Letter from specialist Clinical Letter Royal Infirmary Glasgow Psychiatry Department Mrs Eileen Woods
 24/04/2014 Overdose of drug - Paracetamol x 60 plus alcohol
 28/02/2014 Computer summary updated Mrs Karen Clark
 13/02/2014 [X]Bipolar affective disorder
 13/02/2014 Letter from specialist Clinical Letter Royal Cornhill Hospital Psychiatry Department Mrs Diane Cummine
 06/02/2014 OOH report Out of Hours Royal Cornhill Hospital OOH Access - Mental Health Services - Check List Mrs Elizabeth Young
 05/02/2014 Letter from specialist Discharge Letter/Summary Royal Cornhill Hospital Psychiatry Department Mrs Eileen Woods
 05/02/2014 Consultation Patient co 'mood and character changing day to day' feels disconnected from reality . feels she is 'dysfunctional' . Lost perception of reality' Having suicidal thoughts of stepping in front of a car or taking a paracetamol overdose .. On asking re hallucinations no definite hallucinations but feels 'part of me is evil' and once mentioned feels possessed. PMH says was in Cornhill about 2 years ago for 10 days on medication and was supposed to have FU from OPD psychs but stopped attending cannot recall name of psychiatrist. Previous GP was at King street no notes thru yet mentions in the past she was on lithium and mirtazapine also at one point SH Loves with a friend (not partner Brian) in his house in Kincorth but officially homeless at present . Got an English degree from Aberdeen University but not worked yet wants to get into volunteer work at Camp Hill Alcohol - 8 units x1 a fortnight no illicit drugs FH adopted parents in Falkirk little contact last seen at Xmas has 3 siblings one older sister one younger sister and brother Demenour Good eye contact and weepy at times in interview appropriate and cleanly dressed well kempt . Able to get some rapport but patient not really able to fully explain some of her feels of disconnection from reality Discussed options patient feels she needs to see psych tonight as will otherwise take OD Discussed with psychs will see Thank you Dr Susan Shepherd
 05/02/2014 Telephone encounter patient feels 'manic' and too much going on Went to Cornhill asking to be seen there but they asked her to see own GP asked to come to surgery this am will walk to us from cornhill as no bus money . Dr Susan Shepherd
 31/01/2014 Letter received Admin Letter New Patient Questionnaire Miss Natalie Pyper
 22/01/2014 Letter from specialist Clinical Letter Royal Cornhill Hospital Psychiatry Department Mrs Diane Cummine

Recall

02/04/2014 Recall on 02/10/2014 for Mental health review with Ms Temi Kuti

Status: Outstanding

Consultation

16/05/2014 Administration Mrs Karen Clark
 16/05/2014 Administration Mrs Karen Clark
 15/05/2014 Third Party Consultation Mrs Eileen Woods
 02/04/2014 Other Ms Temi Kuti
 28/02/2014 Administration Mrs Karen Clark
 28/02/2014 Third Party Consultation Mrs Diane Cummine
 25/02/2014 Third Party Consultation Mrs Diane Cummine
 17/02/2014 Third Party Consultation Mrs Eileen Woods
 11/02/2014 Third Party Consultation Mrs Elizabeth Young
 05/02/2014 Surgery consultation Dr Susan Shepherd
 05/02/2014 Telephone call to a patient Dr Susan Shepherd
 03/02/2014 Third Party Consultation Miss Natalie Pyper
 30/01/2014 Other Ms Temi Kuti

Smoking

30/01/2014 Ex-smoker cigarettes per day Ex smoker
 Temi Kuti

Ms

Alcohol

30/01/2014 Current drinker 10 units per week Alcohol consumption
 Temi Kuti

Ms

Health Promotion - Smoking

30/01/2014 Smoking cessation advice for Smoking

Health Promotion - Alcohol

30/01/2014 Health education offered for Alcohol

Weight

30/01/2014 Weight: 63.503 kgs BMI: 21 O/E - weight

Height

30/01/2014 Height: 1.737 metres O/E - height

Ms Temi Kuti

Exercise

30/01/2014 Exercise grading Moderate 5

Ms Temi Kuti

Absence of condition

Garthdee Medical Group, Health Centre, Garthdee Road, Aberdeen, AB10 7QQ

Tel: 01224 551627 Prescription

Page 1/2

Printed by CLARKK on 16/05/14 11:31:12

Full Report**Miss Kirsty Heggie****19/10/1990****Female****Transferred Out**

30/01/2014 No known allergies of

H/O: drug allergy

Ms Temi Kuti

Occupation

30/01/2014 Occupations

Ms Temi Kuti

Ethnicity

30/01/2014 Ethnicity: White

Ms Temi Kuti

Total patients for report 1

THIRD PARTY COPY

Garthdee Medical Group, Health Centre, Garthdee Road, Aberdeen, AB10 7QQ

Tel: 01224 551627 Prescription

Page 2/2

Printed by CLARKK on 16/05/14 11:31:13

Registration Details - Patient No: 20036

Personal details...		Address details...	
Date of birth	19/10/1990	Post Code	FK3 8HG
Sex	F	House Name Flat No	
Surname	Heggie	No and Street	49 Devon Street
Previous Surname		Village	
Forenames	Kirsty	Town	GRANGEMOUTH
Calling Name	Kirsty	County	STIRLINGSHIRE
Title	Miss		
Birth Surname			
Marital Status	Single		
Ethnic Origin	(White) Scottish		

HAMB Details...		Contact details...	
Trading partner	Forth Valley	Home Tel No	
Registered GP	Dr Trudy Foster	Work Tel No	
Usual GP	Dr Trudy Foster	Mobile Tel No	07873737152
Residential Inst		E Mail Address	
Branch Surgery			
CHI Number	1910900389		
NHS Number			

Practice Information...		Distances	
Dispensing	N	Rural Mileage	
Hospital Number		Blocked Special	
Records At		Walking Quarters	

Further Information		Upload Consent	
Long/Short stay or Dead		SCI-DC Consent	Implied Consent (default)
Date of registration	08/01/2014		
next of kin	Simon Heggie brother 01324 553537		
previous address			

AMSCMS Details		ECS (GP Summary) Consent	
AMS Consent	Yes	Patient Consent	Implied Consent (default)
CMS Status	Not Registered		
Pharmacy Details			
Compliance Check	Yes		

Medical Record

Attachments	Authorised By	Code
None		

Due Diary Entries	Authorised By	Code
19/10/2055 Influenza vaccination	Dr Foster	65E..

Overdue Diary Entries	Authorised By	Code
None		

Alerts	Authorised By	Code
None		

Drug Allergies	Authorised By	Code
None		

Medical Record Printout - Patient No: 20036

05/02/2014

Page 2 of 2

Non Drug Allergies	Authorised By	Code
None		

Family History	Authorised By	Code
08/01/2014 No relevant family history	Mrs Newlands	122
06/01/2014 Family history taken	Mrs Newlands	121

Referrals	Authorised By	Code
None		

Immunisations	Authorised By	Code
None		

Health Status	Smoking Status
06/01/2014	Current smoker

Other Observations	Authorised By	Code
06/01/2014 Alcohol intake within recommended sensible limits	Mrs Newlands	136L
06/01/2014 Current smoker	Mrs Newlands	137R
06/01/2014 Scottish - ethnic category 2001 census	Mrs Newlands	9/21

Consultations

Medication

Current	Drug Details	Date Last Issue	Authorised By	Type
None				

Past	Drug Details	Date Last Issue	Authorised By	Type
None				

NHS Confidential: Personal data about a patient

NEW PATIENT
QUESTIONNAIRESURNAME HEGGIE FORENAMES KIRSTYADDRESS 4a Devon
street, DATE OF BIRTH 19/10/90
Grangemouth

TELEPHONE NUMBERS: (confidential)

Home:

Mobile: 07873737152

1. Have you any current medical problems? (If yes, please give details) NO
2. Have you had any serious or recurrent medical problems in the past? NO
3. Have you had any operations in the past? NO
4. What medication are you on?
- | | | |
|----|-------------|----|
| a) | | f) |
| b) | <u>NONE</u> | g) |
| c) | | h) |
| d) | | i) |
| e) | | j) |
5. Are you allergic to anything? NO
6. Are you seeing any Specialists just now? NO
7. What immunisations have you had? ALL BCG
8. Women only :-
- a) When did you have your last cervical smear? Year & a half ago
- b) Where was this done? (please circle) GP Family Planning Hospital
- c) When is your next smear due?
- d) Have you had your breasts checked recently? NO
9. Men only :-
- Have you recently had a Men's Health Check? Please give any details :

NHS Confidential: Personal data about a patient

1. What do you work as? UNEMPLOYED
2. What does your partner work as?
3. Is your housing satisfactory? YES
4. Smoking status (for aged 15 upwards)
- a) Smoker : How many cigars/cigarettes/tobacco per day 2-3
- b) Ex-smoker : How long since stopped
- c) Never smoked (please tick)
5. Do you eat a healthy diet? YES
6. How much alcohol do you drink in a week (if any)? 4 Units
7. Do you take non-prescribed drugs? NO
8. FAMILY Age State of health Cause of death / Age State of Health Cause of death
- Mother Birth mother - ill health Adopted mother - ill health
- Father ~~Birth father~~ Unsure about father
- Siblings (please state sister/brother)
- 1) (4)
- 2) 5)
- 3) 6)
- Children
- 1)
- 2)
- 3)
- 4)
- 5)
- 6)
9. Next of kin : Name Simon HEGGIE Relationship Brother
- Address 26 Rowantree Walk Telephone No. 01324 553537
- FMS 4FT
- Date: 30/1/14

MEDICAL EXAMINATIONHeight: 5'7

BP :

Weight: 10 stone

Urine:

Notes:

.121.. Family history taken

.12C2. FH: IHD <60

.12C3. FH: IHD >60

.679.. Lifestyle advice given

.122.. No family history

.12C4. FH: CVA/Stroke

Date: _____

APPLICATION TO REGISTER PERMANENTLY WITH A GENERAL MEDICAL PRACTICE



1. PERSONAL DETAILS (ALL FIELDS MARKED * ARE MANDATORY AND MUST BE COMPLETED AS FULLY AS POSSIBLE)

Male* ☐ Female* ☒ Is this your first registration with a GP Practice in the UK? Yes ☐ No ☒ Will you be in the area for more than 3 months? Yes ☒ No ☐
(If 'No', please ask for form GMSTRF001)

Date of Birth* 19 10 90 Address* 52 Cairnvale Terrace
Title* Miss AB12 4PJ
Surname* HEGGIE
Forenames* KIRSTY
Postcode*
Previous Surname*
Telephone #
email address # k.heggie.08@berdeen.ac.uk Mobile # 07543245853

The following information can be found on your current medical card:

Community Health Index (CHI) Number* NHS Number*

The following information can be found on your birth certificate:

Place of birth* Stirling Country of birth* Scotland

Registered district of birth (Scotland only) Mother's maiden name Marshall Turiff

If the data supplied in these fields did not get input to, or updated in, the Community Health Index (CHI), but will be held on the GP Practice's system

2. HELP US TO TRACE YOUR PREVIOUS GP HEALTH RECORDS BY PROVIDING THE FOLLOWING INFORMATION

Address in UK when you were last registered with a GP* Name and address of previous GP Practice in UK*
12/11 December 2013 Grangemouth Medical Practice
521 Kelvin Street Boness Road
Grangemouth
Postcode* Postcode*

If you are from abroad:

Date you first came to live in the UK* If previously resident in the UK, date of leaving*

Your most recent country of residence

If you have served in the British Armed Forces:

Enlistment date* Service Number
Are you a Reservist? Yes ☐ No ☐ If yes, please provide your address before enlisting*
Leaving date*
Is this your first registration with a GP since leaving the Armed Forces? Yes ☐ No ☐ Postcode*

3. VOLUNTARY CONSENT TO ORGAN DONATION

I would like to join the NHS Organ Donor Register as someone whose organs may be used for transplantation after my death. Please tick the boxes that apply. Your consent to organ donation will be shared with NHS Blood and Transplant together with the information you have provided in Section 1 including your name, gender, date of birth address and CHI number. For more information on being an organ donor or privacy, please ask for the leaflet on joining the NHS Organ Donor Register or visit www.organdonation.nhs.uk.

Any of my organs and tissue ☒ Or my
Kidneys ☐ Eyes ☐ Heart ☐ Lungs ☐ Liver ☐ Pancreas ☐ Small bowel ☐ Tissue ☐

Patient signature Date 31 01 14

GMSGPR001 v1 (05-201)

4. HOW WE USE YOUR INFORMATION

The information you have provided will be used by the GP Practice to carry out its various functions and services including scheduling appointments, ordering tests, hospital referrals and sending correspondence.

Your information, including your name, gender, date of birth and address, will be passed to NHS National Services Scotland where it will be held on the Community Health Index (CHI). This information is used to register you with the GP Practice, transfer your medical records between GP practices in the UK, make payments to GP Practices for medical services provided, and to process and issue medical cards, medical exemption certificates and entitlement cards.

NHS National Services Scotland shares information about you within NHS Scotland to assist in the provision and improvement of NHS services and the health of the public. When we do this, we make sure that the information which identifies you as a person and your health information are separated or anonymised. Health condition and treatment information which could identify you will not be used for research purposes by the NHS unless you have consented to this.

For more information on how NHS National Services Scotland uses your personal information visit www.nhs.uk. If you have any queries or concerns about how your personal information is used by the NHS please ask for the leaflet 'Confidentiality - it's your right', visit the Health Rights Information Scotland website at www.hris.org.uk or ask your GP surgery.

NHS National Services Scotland is the common name of the Common Services Agency for the Scottish Health Service.

5. PATIENT DECLARATION

I declare that the information I have given on this form is correct and complete. I understand that, if it is not, appropriate action may be taken.

This form is to be used for the purpose of registering a patient with a GP Practice for the purposes of prevention, detection, and treatment of disease and for the purposes of providing health care services. It is to be used by the patient or their representative, the GP Practice, NHS National Services Scotland, NHS Forth Valley, NHS Forth Valley Health Board, NHS Forth Valley Health Board, the General Registrar Office and Local Authorities.

Patient/Patient's representative signature _____

Date 31-11-14

Representative's name (if applicable) _____

Relationship to patient (if applicable) _____

6. FOR PRACTICE USE

GP reference number

67534

GP name

DR DAVIDSON

Practice code

30030

Mileage (No.)

Road

Water

Footpath

Identification seen - do not take or retain photocopies

Please initial each relevant box (it is recommended that at least one form of identification is seen to positively identify the applicant)

Birth Cert. ☐

Student ID Card ☐

Driving Licence ☐

Passport or HC2 Cert. ☐

Home Office App Reg Card ☐

Other/None - specify

Job Seekers Allowance

Receptionist Initials

DR

I accept this patient onto the practice list and declare that, to the best of my knowledge, this information is correct. I acknowledge that the details may be authenticated from appropriate records, and that payments generated from this patient registration will be subject to Payment Verification.

Authorised Practice signature

SG Duncan

Date 30-11-14

7. OFFICIAL USE ONLY

Input by

DR

Checked by

DR

Date

30-11-14

GMSGPR001 v1 (05-2013)

LH 19361.

APPLICATION TO REGISTER PERMANENTLY WITH A GENERAL MEDICAL PRACTICE



1. PERSONAL DETAILS (ALL FIELDS MARKED * ARE MANDATORY AND MUST BE COMPLETED AS FULLY AS POSSIBLE)

Male ☐ Female ☒ Is this your first registration with a GP Practice in the UK? Yes ☐ No ☒ Will you be in the area for more than 3 months? Yes ☐ No ☒
(If 'No', please ask for form GMSTRF001)

Date of Birth* Address*
 Title*
 Surname*
 Forenames*
 Previous Surname*
 Postcode*
 Telephone #
 email address # Mobile #

The following information can be found on your current medical card:

Community Health Index (CHI) Number* NHS Number*

The following information can be found on your birth certificate:

Town of Birth* Country of Birth*
 Registered district of birth (Scotland only) Mother's maiden name

* the date supplied in these fields will not be input to, or updated in, the Community Health Index (CHI), but will be held on the GP Practice's system

2. HELP US TO TRACE YOUR PREVIOUS GP HEALTH RECORDS BY PROVIDING THE FOLLOWING INFORMATION

Address in UK when you were last registered with a GP*

Postcode*

Name and address of previous GP Practice in UK*

Postcode*

If you are from abroad:

Date you first came to live in the UK* If previously resident in the UK, date of leaving*

Your most recent country of residence

If you have served in the British Armed Forces:

Enlistment date* Service Number
 Are you a Reservist? ☐ Yes ☒ No If yes, please provide your address before enlisting*
 Leaving date* Postcode*
 Is this your first registration with a GP since leaving the Armed Forces? ☐ Yes ☒ No

3. VOLUNTARY CONSENT TO ORGAN DONATION

I would like to join the NHS Organ Donor Register as someone whose organs may be used for transplantation after my death. Please tick the boxes that apply. Your consent to organ donation will be shared with NHS Blood and Transplant together with the information you have provided in Section 1 including your name, gender, date of birth address and CHI number. For more information on being an organ donor or privacy, please ask for the leaflet on joining the NHS Organ Donor Register or visit www.organdonation.nhs.uk.

Any of my organs and tissue ☒ Or my
 Kidneys ☐ Eyes ☐ Heart ☐ Lungs ☐ Liver ☐ Pancreas ☐ Small bowel ☐ Tissue ☐
 Patient signature Date

GMSGPR001 v1 (05-2013)

4. HOW WE USE YOUR INFORMATION

The information you have provided will be used by the GP Practice to carry out its various functions and services including scheduling appointments, ordering tests, hospital referrals and sending correspondence.

Your information, including your name, gender, date of birth and address, will be passed to NHS National Services Scotland where it will be held on the Community Health Index (CHI). This information is used to register you with the GP Practice, transfer your medical records between GP practices in the UK, make payments to GP Practices for medical services provided, and to process and issue medical cards, medical exemption certificates and entitlement cards.

NHS National Services Scotland shares information about you within NHS Scotland to assist in the provision and improvement of NHS services and the health of the public. When we do this, we make sure that the information which identifies you as a person and your health information are separated or anonymised. Health condition and treatment information which could identify you will not be used for research purposes by the NHS unless you have consented to this.

For more information on how NHS National Services Scotland uses your personal information visit www.nhs.uk. If you have any queries or concerns about how your personal information is used by the NHS please ask for the leaflet 'Confidentiality - it's your right', visit the Health Rights Information Scotland website at www.hris.org.uk or ask your GP surgery.

NHS National Services Scotland is the common name of the Common Services Agency for the Scottish Health Service.

5. PATIENT DECLARATION

I declare that the information I have given on this form is correct and complete. I understand that, if it is not, appropriate action may be taken.

To enable NHS National Services Scotland to confirm my eligibility to lawfully register with a GP and for the purposes of prevention, detection, and investigation of crime, relevant information from this form will be disclosed to the NHS Business Services Authority, NHS National Services Scotland, the Home Office, Identity and Passport Service, HM Revenue and Customs, the General Register Office and Local Authorities.

Patient/Patient's representative signature _____

Date 08 / 11 / 2012

Representative's name (if applicable) _____

Relationship to patient (if applicable) _____

6. FOR PRACTICE USE

GP reference number _____

GP name _____

Practice code _____

Mileage (No.) _____

Road _____

Water _____

Footpath _____

Identification seen - do not take or retain photocopies

Please initial each relevant box (it is recommended that at least one form of identification is seen to positively identify the applicant)

Birth Cert. ☐

Student ID Card ☒

Driving Licence ☐

Passport or HC2 Cert. ☐

Home Office App Reg Card ☐

Other/None - specify _____

Receptionist Initials _____

I accept this patient onto the practice list and declare that, to the best of my knowledge, this information is correct. I acknowledge that the details may be authenticated from appropriate records, and that payments generated from this patient registration will be subject to Payment Verification.

Authorised Practice signature _____

Date DD / YY / YYYY

7. OFFICIAL USE ONLY

Input by _____

Checked by _____

Date _____

DD / YY / YYYY

Practice Stamp

GMSGPR001 v1 (05-2013)

Name:

Date of birth:

Today's date:

New Patient Medical Dr Milburn & Partners

Welcome to the Practice. Please could you fill in as much of the following details as possible, as this will help us better plan the care you need. If you have problems reading this please speak to one of our receptionists.

What height are you? 5'7 What weight are you? 10 stoneAre you a smoker? Yes ☐ No ☒

If yes, how many cigarettes do you smoke a day? 1-10 10-20 20-30 30+

Do you drink alcohol? Yes ☐ No ☒

If yes, how many units of alcohol do you drink per week? _____

(½ pint of beer/cider is 1 unit, a small glass of wine is 1 unit, and a pub measure of a spirit is 1 unit)

Do you suffer from any of the following?

Diabetes Asthma High blood pressure Heart disease

Epilepsy Stroke Hypothyroidism

Does anyone in your immediate family suffer from the following?

Diabetes Asthma High blood pressure Heart disease

Epilepsy Stroke Hypothyroidism

Please list any treatment/medication taken at present, including contraception.

IMPLANT CONTRACEPTION

Do you suffer from any allergies? NO

Are you "looking after (caring for) someone?"

Yes ☐ No ☒

Next of kin

Janette Haggan

Tel No

01324 553537

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NHS Lothian

Dr AR Harrison
 Sighthill Green Medical Practice
 Sighthill Health Centre
 Calder Road
 Edinburgh
 EH11 4AU

Royal Infirmary of Edinburgh
 51 Little France Crescent
 Old Dalkeith Road
 Edinburgh EH16 4SA

Date: 21/06/2015

Emergency Discharge Summary

Patient	Kirstie Heggie 19/4 Broomhouse Medway Edinburgh EH11 3SR	CHI	1910900369
Date of Birth / Age		UHPJ	19/10/1990 (24 years) 701001272H
Attendance Date	19/06/2015	A&E Attendance Number	E3016880
Attendance Time	22:31		
Mode of Arrival	Emergency Ambulance		
Source of Referral	999 Emergency		
Discharge Date	20/06/2015		
Discharge To			

Dear Dr AR Harrison

Presentation: od/drinking ink

Clinical note: FLEMING CT1 ACCS ANAESTHETICS

Presenting Complaint - Overdose

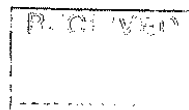
HPC - 24 year old, background of previous overdoses, previously diagnosed as bipolar affective disorder in Aberdeen (not on mood stabilisers). Seen briefly by IHTT last year after presenting with suicidal ideation. Has moved around Scotland frequently and came back to Scotland in Jan 2015. Went to Register with GP today, described having to discuss issues with GP which "brought things up again", but refuses to discuss further. Went home and decided to write her feelings down (she states this often helps) but found she had writers block. Then describes becoming convinced by the idea that if she were to drink fountain pen ink, this would clear her writers block. Ingested a small amount but then found this didn't help, so smeared fountain pen ink all over her. Then decided to take mixed overdose to "see how far she could push things" - at 1800 took citalopram, paracetamol, fluoxetine, ibuprofen, aspirin. Uncertain of amounts but ingested all tablets within a few minutes. Denies harming self in any other way. Went to sleep for 2 hours, then awoke feeling scared, so called 999. Uncertain if ongoing suicidal ideation.

PMH - Bipolar affective disorder, previous ODs, DSH

Meds - See ECS NKDA

SH - Lives alone, unemployed, non smoker, no alcohol

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O/E

T36, P 91, BP 113/79, RR 12, SPO2 100% ra, bm 5.0

Covered in ink - Hair and skin

WAWP, CR < 2 sec

Pulse regular

HS I+II+O

Chest clear to auscultation

Abdomen SNT, BS heard.

Neuro - GCS 15 E4V5M6 PERL FROEM No facial asymmetry, fluent speech

Power 5/5 in all NR distributions, sensation intact, plantars downgoing, No clonus.

ECG - Sinus rhythm, normal QTc

Bloods

IMP - Mixed overdose

Plan

Bloods including paracetamol level

Admit CAA for 10 hours observation post citalopram ingestion with MHAS review mane.

Yours Sincerely,

Dr Gillian Bethany Fleming, Doctor

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Kirsty Heggie

CHI No 1910900389

Same notes to tell the doctor

I think that much of my depression is caused by a lack of concentration & therefore - engagement with life events & even personal thoughts.
- For instance - when I am reading - it reads clearly for a few lines, then it becomes abstract - just a shape, a texture on the page - I can't extract my focus & my vision looks at the surrounding world - I try to read each word, but it has become meaningless.
- I am listening or speaking to someone & the same thing will happen - I don't understand what is being said - & even although my mouth is producing words - it sounds like a buzzed, other language or just mere sound - I feel as missing - I get a tense feeling on my forehead & my nose - feels tight - & feels strange - confused, disengaged.

This can be brought on by negative thinking.
- the sudden feeling that life is pointless & superficial

However, it can also be brought on with no corresponding thoughts - days & nights - life sometimes has flicked a switch.
Memory less - as if I have lived separate lives.
- drug use
- post-traumatic stress
- disengagement with society & a consistent conception of reality
- habitable, nervous, dark thoughts have prevented me from settling for long enough in any place - (now I am beginning to settle)

ADHD
Bipolar
Anxiety
Depression

- tested for ADHD
- diagnosis for bi-polar - should have, but kept missing
- medication for above
- psychiatrist / regular therapy
- group therapy
- confidence building
- carer
- exercise & meditation

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APPLICATION TO REGISTER PERMANENTLY WITH A GENERAL MEDICAL PRACTICE



1. PERSONAL DETAILS (ALL FIELDS MARKED * ARE MANDATORY AND MUST BE COMPLETED AS FULLY AS POSSIBLE)

Male ☐ Female ☒ Is this your first registration with a GP Practice in the UK? Yes ☐ No ☒ Will you be in the area for more than 3 months? Yes ☒ No ☐
(If 'No', please ask for form GMSTRF001)

Date of Birth* 19.10.1990 Address* 11 BT Grove St.
EH3 8AA
Title* MISS
Surname* ~~KIRSTY~~ HEGGIE
Forenames* KIRSTY Postcode* EH3 8AA 07927033848
Previous Surname* Telephone # ~~01330 486 559~~
email address # project38rid@gmail.com Mobile #

The following information can be found on your current medical card:

Community Health Index (CHI) Number* NHS Number*

The following information can be found on your birth certificate:

Town of Birth* Stirling Country of Birth* Scotland
Registered district of birth (Scotland only) Mother's maiden name Marshall

the data supplied in these fields will not be input to, or updated in, the Community Health Index (CHI), but will be held on the GP Practice's system

2. HELP US TO TRACE YOUR PREVIOUS GP HEALTH RECORDS BY PROVIDING THE FOLLOWING INFORMATION

Address in UK when you were last registered with a GP* Name and address of previous GP Practice in UK*
358 George St Aberdeen St Machar Medical Practice
King St.
Aberdeen
Postcode* AB24 1HD Postcode*

If you are from abroad:

Date you first came to live in the UK* If previously resident in the UK, date of leaving*

Your most recent country of residence

If you have served in the British Armed Forces:

Enlistment date* Service Number
If yes, please provide your address before enlisting*

Are you a Reservist?

Leaving date* Postcode*

Is this your first registration with a GP since leaving the Armed Forces?

3. VOLUNTARY CONSENT TO ORGAN DONATION

I would like to join the NHS Organ Donor Register as someone whose organs may be used for transplantation after my death.
Please tick the boxes that apply. Your consent to organ donation will be shared with NHS Blood and Transplant together with the information you have provided in Section 1 including your name, gender, date of birth, address and CHI number. For more information on being an organ donor or privacy, please ask for the leaflet on joining the NHS Organ Donor Register or visit www.organdonation.nhs.uk.

Any of my organs and tissues ☒ Or my
Kidneys ☐ Eyes ☐ Heart ☐ Lungs ☐ Liver ☐ Pancreas ☐ Small bowel ☐ Tissue ☐

Patient signature Date 19.6.15

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Patient/Patient's representative signature

[Signature]

Date 19/6/15

Representative's name (if applicable)

Relationship to patient (if applicable)

6. FOR PRACTICE USE

GP reference number

GP name

Practice code

Mileage (No.)

Road

Water

Footpath

Identification seen - do not take or retain photocopies

Please initial each relevant box (it is recommended that at least one form of identification is seen to positively identify the applicant)

Birth Cert. ☐

Student ID Card ☐

Driving Licence ☐

Passport or HC2 Cert. ☐

Home Office App Reg Card ☐

Other/None - specify

Receptionist Initials

☐

I accept this patient onto the practice list and declare that, to the best of my knowledge, this information is correct. I acknowledge that the details may be authenticated from appropriate records, and that payments generated from this patient registration will be subject to Payment Verification.

Authorised Practice signature

Date

7. OFFICIAL USE ONLY

Input by

Checked by

Date

Practice Site

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Received By: _____

Basis of authority (if not signed by user): _____

Signed: _____

Date: 19/6/15

Print Name: KIRSTY HEGGIE

- I understand why information needs to be held about me.
- I understand that information will only be shared for the purposes of arranging services best suited to my needs.
- I consent to the information being shared for this purpose, subject to my wishes noted overleaf.
- I consent to the sharing of medical information on a need to know basis where NHS Lothian feel this is appropriate
- I understand that I have rights to see records held about me.
- I understand that information will be transmitted securely in accordance with NHS/CEC policies.
- I have read and understood the leaflet of which this consent form is a part.

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Registration Form

Welcome to Edinburgh Access Practice.
If you would like help to complete this form, please ask one of our receptionists.

Please Circle	Mr	Mrs	<u>Miss</u>	Ms	
Please Circle	<u>Single</u>	Married	Divorced	Widowed	Separated
Full Name	KIRSTY HEGGIE				
Previous Surname(s)					
Date Of Birth	19.10.90	If Not Born In UK, Date Of Entry To UK			
Place of Birth	Stirling				
Next of Kin Name Address & Telephone Number	Sam Waylen 07748986739				
Mother's Maiden Name	Marshall				
Current Address (If)	131 Grove street EH3 8AA				
Contact Number	07927033848				
Previous Address	358 George Street Aberdeen				
Previous GP Practice	St. Machar Medical Practice Transferred out 10/01/14 ABERDEEN				

0389
460/90/413.

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FindPatientResults

Page 1 of 1

Scottish Health Executive Patient Details

Friday, June 19, 2015

Transferred Out on 01.09.2014

UPI Status Current record, owner of historical, redundant or copy data

CHI Number	1910900389	CHI	S	Mult.Birth/Namesake? N
UPI Number	1910900389	UPI	S	

Surname	HEGGIE	Forename	KIRSTY	Middlename	
Previous		Birth		Other Inits.	
Surn.Changed		Marital State	Not Known	Alt. Forename	
Sex Indicator	Female	DOB	19.10.1990	UNCONFIRMED	
NHS Number	460/90/413	Title			

Address Line1	19-4 BROOMHOUSE MEDWAY	Prev.Addr.L1	
Address Line2	EDINBURGH	Prev.Addr.L2	
Address Line3		Prev.Addr.L3	
Address Line4		Prev.Addr.L4	
Postcode	EH113SR	Prev. Postcode	
Address Changes		Address Changed	

GP Reference	S4628	Date Accept	280614	GP Practice	705
GP Name	Dr. JOSEPH TAY	GMC Number	5072628	Reas.Reg.	
Previous GP		Date Accept			

Area/District	S	Old Area		New Area	QAT
Date In	280614	Reas. Transf. off	C	Date Transf. off	01.09.2014
Temp Res		Gone Away		Mapped AoR	

[Links](#) [Contacts](#) [Take a Local Copy](#)

[Find Another Patient](#)

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[Sign Off](#)

<https://cpxmlp1.nds.scot.nhs.uk/chi24/FindPatientResults.aspx?CHIId=S&CHI=191...> 19/06/2015

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Cowgate Clinic
20 Cowgate
Edinburgh

Practice Mental Health Team
Initial Assessment Clinic / Allocation



Name of 100002 0131 240 2810

Date: 15.7.15

Route of Referral: Locum

Name		Date of Birth/CHI Number:	1910900389
Address	HEGGIE Kirsty Care Of 131-131 Grove Street Edinburgh	Contact details/ Phone number	07927033848
Consent to share information Yes <i>[Signature]</i>			
Reason for referral - Seeking substitute script/Detox/Relapse prevention/presenting with mental health problem <i>Would like assessed by Cons Psych. for ADHD and B. Polar Disorder. Recently self discharged from R.E.H.</i>			
Other Supports <i>Friend who would like to be carer.</i>			
Current drug/alcohol use/IVDU <i>No IVDU. Heroin last smoked 2 years ago. No drug use in over 2 years.</i>			
Diagnosis/ Past Psychiatric History /Presenting With Problems Or Symptoms <i>PTSD No obvious signs of distress Euthymic in Disengagement mood. Came with journal of thoughts, Docman. Describes her mood as extremes of highs + lows. Recently inpt in Balcarres, R.E.H.</i>			
Any Current Prescription - Prescriber/ Pharmacy/Next due			

\\GP70963SRVusers\john.meikle\Desktop\Initial Assessment Clinic Form.doc

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Risks - PVP/Overdoses/Mental & Physical health/Suicidality Recent O.D 20.6.13 - Drunk w/ik + took someone else's meds - Paracetamol, Aspirin, Fluoxetine. Admitted to RIE → REH.			
Harm Reduction Information - Naloxone/safer injecting/overdose N/A			
Child Protection N/A			
Priority	<u>LOW</u>	<u>MEDIUM</u>	<u>HIGH</u>
Instant Drug Screen - (Reason why if not carried out) No drug use in 2 years other than intentional O.D			
Completed Drug Diary Returned/ 2nd Diary Issued			
Outcome of Assessment - <u>Awaiting allocation</u> /Discharge/DNA Further Appointment			
Plan 1/ Signposted to Stafford Centre 2/ For discussion at PMHT.			

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RECEIVED
4 - AUG 2015
 Royal Edinburgh Hospital
 Morningside Terrace -
 Edinburgh
 EH10 5HF



Dr John Budd
 Edinburgh Access Practice
 The Access Point
 17&23 Leith Street
 EDINBURGH
 EH1 3AT

Date Rec'd: 20th July 2015
 Date Typed: 26th July 2015
 CHI: 1910900389
 Our Ref: BC/di 391640

Enquiries to: Helen Logan
 Direct Line: 0131 537 6249

Dear Dr Budd

KIRSTIE HEGGIE (dob 19-10-90)
19/1 BROOMHOUSE MEDWAY, EDINBURGH, EH11 3SR

Date of Admission:	20 th June 2015
Date of Discharge:	25 th June 2015
Hospital Consultant:	Dr McConville
Legal status in hospital:	Informal
Legal Status on Discharge:	Informal
Diagnoses:	Emotional instability
Medication on Discharge:	Nil
Community Consultant:	Nil
Follow Up Arrangements:	Ms Heggie has been offered a follow-up appointment with Simon Mallon from the intensive Home Treatment Team in 1 - 2 weeks. GP care.

Presenting Complaint and Circumstances of Admission

This 24-year-old lady took a mixed overdose of the contents of her medicine cabinet which included Citalopram, Fluoxetine, Ibuprofen, Aspirin, but it is unclear of the quantities. She also drank pen ink. This is in the context of feeling exposed and vulnerable.

History of presenting complaint

Ms Heggie reports a 2-year history of her mood being more up and down but feels that it has actually been this way since the age of 4. She said that her mood could vary from hour to hour and it largely depended on her perception of what others thought about her. She said she often felt vulnerable with low self-esteem. In addition she stated she worried that people were able to access her thoughts and that she was paranoid. However, on closer questioning she stated that this only might be possible and was perhaps related to her own feelings of vulnerability and low self-esteem. Her self-image has been an issue for her for a number of years, of note she used to be a dancer. The day prior to the overdose, she described having a normal day but had signed up with a new GP in order to get ESA. During the consultation she told the GP about her problems with mood and he made her an appointment to come back the following week. However, whilst talking about these problems she felt raw and exposed and she continues to dwell on this consultation all day. In her thoughts she saw some fountain-pen ink and wondered what would happen if she drank it. She tried some and, as it did not taste noxious, she drank half the bottle. She then went to sleep for a few hours and when she awoke, she wished to "push things" as far as she could and took a mixture of what was in her medicine cabinet. Ms Heggie reports leaving it up to chance whether her flatmate would find her or if she would die. She then woke up a few hours later feeling nauseated and scared and, therefore, contacted an ambulance herself. She was assessed in the Royal Infirmary of Edinburgh and, on psychiatric review, she reported this time feeling ambivalent about being alive. In addition, she had further plans to possibly take another overdose. She self-reported that the only thing that would keep her safe would perhaps be a short-admission to hospital and that she did not wish to liaise with IHTT as they were "useless".

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Medication on Admission, Substance Use, Sensitivities to Medication, Allergies

Nil
No known drug allergies

Past Psychiatric History

Over the past 4 years Ms Heggie has had two 10-day admissions to Cornhill Hospital. It was considered whether she had bipolar affective disorder but following a recent attendance at MHAS she was reviewed by Dr Kader who felt that her fluctuations in mood did not meet the criteria for episodes of depression or hypomania. It was recommended that she should work with a psychologist for CBT but she disengaged with this.

Past Medical History

Nil

Family History

Ms Heggie reports that her mother may have a psychotic illness possibly schizophrenia and that her father has mental health problems and again she felt this may be schizophrenia. She has a younger sister who has ADHD and an older sister who has bipolar affective disorder.

Personal History

Ms Heggie was born in Clackmannanshire and adopted at the age of 3 with her 3 siblings. She reports that her biological parents have mental health problems and her birth mother was frequently in hospital with a psychotic illness. Her relationship with her adopted parents was difficult and distant, but they were supportive when required. She only contacts them infrequently now and she did not wish to tell them about her hospitalisation. Ms Heggie described herself as creative and as doing well in school. She left school with a number of good grades and Highers, including an Advanced Higher. She went on to study Film and English Literature at the University of Aberdeen, and completed this course to be awarded a 2.2 level degree. In 2014 she did a walking pilgrimage across France and northern Spain, and from this time she has had a fairly nomadic lifestyle. Occasionally she had been busking to earn money and has since moved from Aberdeen to Glasgow in the hope of finding work. This was unsuccessful which affected her self-confidence it seems. She later moved to Edinburgh as her sister was here. She lives with a male friend and her sister lives nearby but she has no other support. She does not currently work. She receives Job Seeker's Allowance and is applying for ESA. Ms Heggie reports occasional alcohol intake and has used cannabis and amphetamines over the years.

Mental State Examination on Admission

Ms Heggie is a young lady with short blond hair and, at time of admission, was stained with blue fountain-pen ink. She had good eye contact and it was possible to establish a rapport. There was no evidence of abnormal behaviour. Her speech was over-inclusive, vague but articulate. Currently Ms Heggie reported her mood as unpredictable but, objectively, she was euthymic and reactive. She denied any biological symptoms of pervasive mood disorder and there was no evidence of hypomanic episodes. At this time she reported ongoing ambivalence as to whether she lived or died. She reported clear worries of taking a further overdose. There was no evidence of formal thought disorder or psychotic symptoms. Ms Heggie was orientated to time, place and person and seemed to have reasonable insight that she wished help with her mental health issues.

Physical Assessment on Admission, including the Results of Investigations

A physical examination was completed in the Royal Infirmary of Edinburgh following overdose.

Initial Formulation

The impression was that of a young lady with emotional instability. The plan was for a short admission and for her to, initially, be allowed some short unescorted passes. It was felt that should she wish to leave, she was not at this time detainable.

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Treatment given and Progress on the Ward

On admission to the ward, Ms Heggie retired to bed and she kept a low profile the following day. She requested a small amount of 'as required' Lorazepam which did seem to help. On senior review, Ms Heggie described her recent overdose as testing out what might happen, rather than trying to die. She is currently homeless and suggested that she did not wish to go back to the hostel as she blamed them for her harming herself. It was felt that Ms Heggie had significant identity concerns with misuse of alcohol and drugs. Her symptoms were in keeping with a diagnosis of emotionally unstable personality disorder, but it was felt at this time that a further period of assessment and collateral history would be required to formally make this diagnosis. Again it was hoped that this would be a brief admission and that housing would require to be sorted out. No medication was prescribed at this point. Ms Heggie was keen for an overnight pass. However, it was noted that this was in order to visit a gentleman who was not allowed on to the ward. The nursing staff spent time with Ms Heggie trying to dissuade her, however, due to the fact that it was not felt that she was detainable and she was an informal patient, Ms Heggie left the ward with a plan to return the next morning. At this time there was no evidence of suicidal plans and Ms Heggie was settled and clearly orientated. She returned without incident the next morning and was settled. She was engaging with fellow patients and was pleasant on approach. She was further reviewed and wished to be discharged. As a result, she was advised to attend for emergency accommodation and that Simon Mallon from the IHTT could offer her an appointment in 1 – 2 weeks for follow-up. Again it was felt that no medication was required to be dispensed.

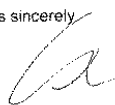
Mental State Examination on Discharge

Ms Heggie was settled, pleasant and appropriate. Her speech was normal and she denied current plans of self-harm or suicide. There was no evidence of psychotic symptoms and Ms Heggie was orientated and showed reasonable insight. She was now willing to engage with some forms of follow-up.

Follow Up Arrangements

Ms Heggie was discharged to GP care. As she had recently registered with the homeless practice, it is of note that she would now be under Dr Lefevre rather than Dr McConville, should further inpatient admission be required. Simon Mallon from the intensive home treatment team was going to offer an appointment for 1 – 2 weeks' time post-discharge. The likely diagnosis was that of emotional instability and no medications were dispensed at this time.

Yours sincerely



Dr Beth Cameron
CT1 to Dr McConville



Dr Pauline McConville
Consultant Psychiatrist

CC: Simon Mallon, North Intensive Home Treatment Team, CMHT, Royal Edinburgh Hospital

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www.edinburghlabmed.co.uk			
Clinical Bacteriology, Royal Infirmary of Edinburgh 51 Little France Crescent, EDINBURGH, EH16 4SA			
PIN/CHI: 1910900389 / 1910900389	D.O.B: 19/10/1990	Tel: 0131 242 6048 / 6025	
Patient: HEGGIE, KIRSTY	Sex: Female		
Report to: CNP Elaine Louise Hand	Taken: 25/09/2015 14:36		
Address: Edinburgh Access Practice	Received: 29/09/2015 08:55		
Clinical Details:		Date Reported: 30/09/2015	
STI screen.			
Lab. Ref. No.: MC827041B Spec.: Self taken Vaginal/Vaginal Swab			
Abbott realtime Chlamydia Negative			
Abbott realtime Gonorrhoea Negative			
Authorised by : Mike Shepherd for Dr A P Gibb			

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UNIVERSITY HOSPITALS DIVISION

Cervical Screening Office
Room A.01.27 Bioquarter
9 Little France Road
Edinburgh, EH16 4UX

Telephone: 0131 242 3115/3142/3145
Email: Lothian.CRO@nhs.net



Please find enclosed screening histories which we have received for women who have recently transferred into your Practice. All screening histories have already been entered onto SCCRS

with compliments

*** SUBJECT ACCESS PRINT ***

Requested for : HEDDIE Kizely Date of Birth : 10/10/1990 (MHS No. : 712 045 0404)
PLAN 64 NURSING HOME
WILDERMAN STREET
LONDON
W12 8BS
Q Code : . QAT

Analysis Date : 22-OCT-2015
Time : 7:49 AM
Print Date : 22-OCT-2015
Time : 7:56 AM

RECEIVED

NHS Scotland - Accessible Health Records

Printed : 22-OCT-2015 at 7:56 AM Page 1
Created : 22-OCT-2015 at 7:49 AM
- CAMDEN & ISLINGTON HEALTH AUTHORITY -
*** SUBJECT ACCESS PRINT ***

Requested for : NERGIE Nixey Date of Birth : 15/10/1990 NHS No. : 712 560 0474
FLAT 6A WHITEHORN HOUSE
WHITEHORN STREET
LONDON
W1D 5EG
Q Code : CAT
DESTRUCTED CYTOLOGY TEST(S)

DATA for Cytology : BLOOMSBURY
Positive/Doubtful : Y Recall Type : Repeat advised
Next Test Due : 18.11.2012 Recall Status : Patient informed
PNR Flag : 1

PREVIOUS TESTS

Test Number 1

Lab : UNKNOWN (XXXXX) Slide No. :
Test Date : 18.05.2011 Source : X
Gender :
Result : S-LINE squamous (R.codev8) Action Code : R Wpt in 06 months
Indication :
Comment : NHS LOTHIAN
QID NUMBER AND PRACTICE
LAB NO. 1181028374

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NHS Lothian

Dr J Budd
Edinburgh Access Practice
The Access Point
17&23 Leith Street
Edinburgh
EH1 3AT

Royal Infirmary of Edinburgh
51 Little France Crescent
Old Dalkeith Road
Edinburgh EH16 4SA

Date: 08/08/2015

Emergency Discharge Summary

Patient	Kirstie Heggie Cranston Street Hostel 2 Cranston Street Edinburgh EH8 8BE	CHI Date of Birth / Age UHP A&E Attendance Number	1910900389 19/10/1990 (24 years) 701001272H E3051282
Attendance Date	06/08/2015		
Attendance Time	02:21		
Mode of Arrival	Private Transport		
Source of Referral	Self Referral to A&E		
Discharge Date	06/08/2015		
Discharge To			

Dear Dr J Budd

Presentation: glass in foot

Clinical note: PC F/B to sole of left foot

HPC jumped and glass embedded itself in left foot. Had taken shoes off in nightclub.

PMH nil
DHX nil
Allergies NKDA
OCC musician

ON EXAM
Wound to plantar aspect left foot proximal to toes.
No F/B evident.
NV intact. F/B, probably glass palpable under skin.

PLAN X-ray left foot soft tissue views - Significant sized F/B evident. 1cm x 0.5cm.

TX LA infiltrated around wound.
Piece of glass removed from wound with fine suture forceps.
Check x-ray obtained to ensure complete F/B removal - No F/B detected.
1 X 4.0 suture to wound
Suture removal PN 1/52.

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Wound care advice

Yours Sincerely,

Janet M Craig, Nurse Practitioner

THIRD PARTY COPY

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HEGGIE, Kirsty (Miss)
Date of Birth: 19-Oct-1990

THE BLOOMSBURY SURGERY
NHS Number: 712 085 0474

HEGGIE, Kirsty (Miss) Date of Birth: **19-Oct-1990 (25y)**

Report Path: Local Record

Flat 54 Whidborne House, Whidborne Street, London, WC1H 8HG

NHS Number:	712 085 0474	Home Tel:	
Usual GP:	HUGHES, Annmara (Dr)	Work Tel:	07883207339
Patient Type:	Regular	Mobile Tel:	
Registered	18-Sep-2014	email	project38rio@gmail.com
Language:	Main spoken language English	Dispensing:	No
Advocacy Needs:		Transport Needs:	

Problems

Active

25-Sep-2014	Suicidal ideation
18-Sep-2014	Had a discussion with patient
11-May-2011	Mixed bipolar affective disorder
17-Dec-2008	Insertion of subcutaneous contraceptive

Significant Past

25-Apr-2014	Overdose of drug	paracetamol given Parvalex infusion	24-Oct-2014
12-Jun-2012	Suicidal intent		24-Oct-2014
01-Jun-2009	Overdose of drug	16 paracetamol	24-Oct-2014
2008	H/O: deliberate self harm		24-Oct-2014
04-Jul-2002	Fracture of clavicle		24-Oct-2014
2000	Vesicoureteric reflux	MAG3 and micturating renogram normal in 2002	24-Oct-2014
1995	Adopted		24-Oct-2014
1992	Child on protection register		24-Oct-2014

Minor Past

13-Oct-2014	Urine appearance symptom		11-Nov-2014
25-Sep-2014	Low mood		11-Nov-2014
31-May-2012	Low back pain		24-Oct-2014
03-May-2012	Further opinion sought		24-Oct-2014
08-Aug-2010	Herpes simplex	type 1 detected	24-Oct-2014
06-Aug-2010	Tonsillitis		24-Oct-2014
07-Jan-2010	Low mood		24-Oct-2014
20-Apr-2009	Low mood		24-Oct-2014
07-Jan-2009	Low mood		24-Oct-2014
1997	Chickenpox - varicella		24-Oct-2014

Medication

No Current Medication

Allergies

No allergies recorded.

Health Status

24-Oct-2014	Notes summary on computer	
18-Sep-2014	Alcohol consumption	1 U/week

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HEGGIE, Kirsty (Miss)
Date of Birth: 19-Oct-1990

THE BLOOMSBURY SURGERY
NHS Number: 712 085 0474

18-Sep-2014 Stopped smoking
07-Dec-2011 Cerv.smear: borderline changes GMS. GMS
(Another Practice)

Family History

18-Sep-2014 No relevant family history

Planned Events

22-Oct-2015 Risk Stratification - lifestyle data
22-Oct-2015 Named GP not informed
22-Oct-2015 Smoking Data Needed
22-Oct-2015 No BP recorded in past 5 years
22-Oct-2015 Mental Health Care Plan Outstanding
22-Oct-2015 Alcohol Consumption recording
22-Oct-2015 Patient on QOF Registers

Consultations

20-Mar-2015 GP Surgery (THE BLOOMSBURY SURGERY) MCDONNELL, Denise (Mrs)
Comment Called CMHT patient was seen in December but has not been see by them since - Denise

02-Feb-2015 Administration note (THE BLOOMSBURY SURGERY) PATERSON, Fiona HL (Dr)
Problem Mixed bipolar affective disorder (Review)
Assessment Mental Health Care Programme Approach (18-Sep-2014)

24-Nov-2014 Docman: DOCMAN, (Mr)
Additional Attachment @ Appointment Letter Highgate Mental Health Centre Mental Health Appointment

07-Nov-2014 Docman: DOCMAN, (Mr)
Additional Attachment @ Appointment Letter Highgate Mental Health Centre Personality Disorder Appointment date

13-Oct-2014 GP Surgery (THE BLOOMSBURY SURGERY) BASSI, Dilip (Dr)
Problem Low mood (Review)
History has been on SSRI for 10 days
felt a bit anxious and not sleeping well
also says unable to orgasm on the medication
mood is stable
Examination good eye contact
Comment suggested if she is happy to bear with SSRI for another 2 weeks
after this period try every other day to see if helps SEs
mentioned she should hear from the MH team PD unit soon for assessment

Problem Urine appearance symptom (First)
History says for some years feels she does not drain bladder well
no pain no infective symptoms
every 3-4 days passes urine and feels she must go again
no leakage or dribbling
Examination urine dip NAD
Comment for USS KUB to assess any residual volume
? incomplete voiding

13-Oct-2014 THE BLOOMSBURY SURGERY BASSI, Dilip (Dr)
Document Referral - other care @ Imaging Referral Form - UCLH v1 - EMIS WEB

13-Oct-2014 Docman: DOCMAN, (Mr)
Additional Attachment @ Referral University College London Hospital Ultrasound

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HEGGIE, Kirsty (Miss)
Date of Birth: 19-Oct-1990

THE BLOOMSBURY SURGERY
NHS Number: 712 085 0474

Refer for ultrasound investign

09-Oct-2014 Docman DOGMAN, (Mr)
Additional Attachment Clinical Letter Highgate Mental Health Centre Psychiatry
Mental state

07-Oct-2014 GP Surgery (THE BLOOMSBURY SURGERY) MCDONNELL, Denise (Mrs)
Comment Email received back from CMHT patient has been allocated to the PD team and will be given an appointment - they have noted KR/DH's comments and forwarded them onto the correct clinician - Denise

03-Oct-2014 GP Surgery (THE BLOOMSBURY SURGERY) BASSI, Dilip (Dr)
Problem Low mood (Review)

History feeling a bit better today
has joined group for MH helping others like minded people
using friends and boyfriend for support
has thought about medication and would like this
low mood for 6 months ++
no suicidal thoughts last 2 weeks

Examination neatly dressed
good eye contact
a bit guarded
appropriate conversation

Medication Citalopram 20mg tablets One To Be Taken Each Day 14 tablet

Comment long discussion about options
outlined that has been referred to MH team for assessment and this appt will aim to determine dx
in meantime she is very keen for medication
did not tolerate mirtazapine too sedating
agreed plan for SSRI 20mg initially and warned about SE of increased anxiety
review in about 10 days can do phone review if necessary and tolerating well
aware of crisis plan

02-Oct-2014 Administration note (THE BLOOMSBURY SURGERY) HORA, Dee (Dr)
Problem Low mood (Review)

Comment KR's ref letter updated and sent with copy of A+E assessment and prev notes, given to reception to email/fax today

26-Sep-2014 GP Surgery (THE BLOOMSBURY SURGERY) MCDONNELL, Denise (Mrs)
Comment Called PD Service (020 3 317 6999) and they haven't received a referral yet but it could be a bit too soon.
ICOPE called back and they haven't received the referral yet, but the advised that it would be conflicting to refer to both services, but if they do receive the referral they will assess the patient and refer her on appropriately - Denise

26-Sep-2014 GP Surgery (THE BLOOMSBURY SURGERY) MCDONNELL, Denise (Mrs)
Comment Called ICOPE to see if patient has been referred yet and left a message for them to call me back asap - Denise

25-Sep-2014 GP Surgery (THE BLOOMSBURY SURGERY) HORA, Dee (Dr)
Problem Low mood (New)

History for past 6/12 feeling low. last suicide attempt in March 2014. has been ref to CMHT and icope after A+E attendance yesterday. has been on multiple medications prev all of limited benefit. lives with partner who is supportive and aware of what is going on. he has encouraged her to attend. feeling better today than yesterday. also wanting to know about medication for bulimia. asked directly about suicidal thoughts - says now when has them is able to justify why she doesn't want to follow through with them and "talk herself out of it" nil current plans/intentions

Examination well kempt Good EC and rapport. nil psychotic.

Comment ds will try and find out time frame from CMHT of when she will be seen. ds SSRI medications and side effects and initial worsening of sx. needs to make sure good support in place given contact numbers for Crisis team and advise where or A+E if similar thoughts as yesterday. review in 1 week. em Denise to find out when she will be seen

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HEGGIE, Kirsty (Miss)
Date of Birth: 19-Oct-1990

THE BLOOMSBURY SURGERY
NHS Number: 712 085 0474

25-Sep-2014	Additional	Docman: DOGMAN, (Mr) Attachment 2 Attendance Summary University College London Hospital Foundation Trust A & E THE BLOOMSBURY SURGERY Seen in hospital casualty
	Problem	Suicidal ideation (First)
	Comment	Diagnosis: Suicidal ideation - seen by psych - GP referral and community service referral to follow up from psych team.
25-Sep-2014	Additional	Docman: DOGMAN, (Mr) Attachment 2 Presenting Situation & Ref Outcome Decision UCLH A&E Liaison CMHLT Other care
23-Sep-2014	Document	THE BLOOMSBURY SURGERY, MCDONNELL, Denise (Mrs) Referral to psychiatrist 2 referral to CMHT
	Comment	Not sent yet
23-Sep-2014	Additional	Docman: DOGMAN, (Mr) Attachment 2 Patient's med history Sighthill Health Centre Other care
19-Sep-2014	Comment	GP Surgery (THE BLOOMSBURY SURGERY), MCDONNELL, Denise (Mrs) Called Sighthill Practice Edinburgh and they will email patients medical summary to me today - Denise
18-Sep-2014	Problem	GP Surgery (THE BLOOMSBURY SURGERY), RITCHIE, Kevan (Dr) Had a discussion with patient (First)
	History	Springburn Medical practice, Glasgow Sighthill practice, Edinburgh Royal Edinburgh complicated PMH, adopted from Scotland here now for 3 weeks, perm address, artist, musician, poet, has been moving around has been on Mrtazpine and Lithium in teens, term Bipolar used since age 4, has Bulleamic episodes, now daily, since in London has paranoid thoughts, sometime grandiose, re talent, birth mom - Schizophrenia, has self harmed, paracetamol, OD earlier in year, admitted once or twice including this year no other PMH of note, used drugs till year ago, ie heroin, cocaine, all hallucinogenics, nil for year, no etoh now hear with boyfriend, he told her tci, been togethier for yeaer doesn't have self harm thoughts now, but says unpredictable advised needs CMHT ref, will try track some PMH, but if worse urgent, to A&E, will call when have info, but urgent appt if needs
18-Sep-2014	Assessment	GP Surgery (THE BLOOMSBURY SURGERY), OKELLO, Judith (Mrs) Alcohol consumption 1 U/week
	Additional	Alcohol use disorder identificatn test consumptn questionre 2 /12 • Alcohol screen - AUDIT C completed
18-Sep-2014	Additional	GP Surgery (THE BLOOMSBURY SURGERY), OKELLO, Judith (Mrs) Stopped smoking • British or mixed British - ethnic category 2001 census
	History	No relevant past medical hist.
	Family History	No relevant family history
	Social	Main spoken language English
	Comment	Patient's next of kin David Lee Morgan - Friend - 07570 554 241
	Examination	Had a smear test 3 years ago and results were normal. Information extracted from new patient registration form

Values and Investigations

18-Sep-2014	Alcohol use disorder identificatn test consumptn questionre	2 /12
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HEGGIE, Kirsty (Miss)
Date of Birth: 19-Oct-1990

THE BLOOMSBURY SURGERY
NHS Number: 712 085 0474

18-Sep-2014 Alcohol consumption 1 U/week
07-Dec-2011 Cerv. smear: borderline changes GMS: GMS
(Another Practice)

Referrals

Attachments

Date	Document Type	Details	Source
24-Nov-2014	Attachment	Appointment Letter Highgate Mental Health Centre Mental Health	
07-Nov-2014	Attachment	Appointment Letter Highgate Mental Health Centre Personality Disorder	
13-Oct-2014	Referral - other care	Imaging Referral Form - UCLH v1 - EMIS WEB	
13-Oct-2014	Attachment	Referral University College London Hospital Ultrasound	
09-Oct-2014	Attachment	Clinical Letter Highgate Mental Health Centre Psychiatry	
25-Sep-2014	Attachment	Attendance Summary University College London Hospital Foundation Trust A & E THE BLOOMSBURY SURGERY	
25-Sep-2014	Attachment	Presenting Situation & Ref Outcome Decision UCLH A&E Liaison CMHLT referral to CMHT	
23-Sep-2014	Referral to psychiatrist		
23-Sep-2014	Attachment	Patient's med history Sighthill Health Centre	

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University College London Hospitals – NHS
IMAGING GP REQUEST FORM

Imaging departmentX-ray: Walk in service (see X-ray address below), Monday to Friday 9am to 4.30pm.US/Other: An appointment will be sent to the patient in the post once a request form has been received. A request can be faxed, hand delivered or posted to:**Address:** X-Ray Dept., Lower Ground Floor, UCH, 235 Euston Rd NW1 2BU**Enquiries:** 020 7380 9010**Fax:** 020 7380 9068**GP Radiologist Advice Line:** 020 380 9070**Gynaecology pelvic U/S:** Please send all referrals to:**Address:** Clinic 3 Lower ground Floor, EGA Wing, 235 Euston Rd NW1 2BU**Enquiries:** 020 7380 9411**Fax:** 020 7891 5861**Surname:** Reggie**Forename:** Kirsty**Address:** Flat 12 Charlwood House, Midhope Street, London, WC1H 8HL**Date of Birth:** 19-Oct-1990**Sex:** F**Home Telephone:****Mobile Telephone:** 07883207339**Patient Signature:****Date:** 13-Oct-2014

To be completed on day of examination.

CLINICAL DETAILS**Referring GP:** BASSI, Dilip (Dr)**Practice Address:**

THE BLOOMSBURY SURGERY

1 Handel Street, London, Greater London, WC1N 1PD

Signature: BASSI**Date of Request:** 13-Oct-2014**RADIOGRAPHER COMMENTS****Radiographer:****Images Sent to PACS:** Yes No**Examination Confirmed on RIS:** Yes No**Radiographer's Signature:****Date:**

NHS NCL Camden - Converted to EMIS Web - 27/11/2012

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University College London Hospitals – NHS

Clinical history/findings:

Problems:

Active

Date	Problem	Associated Text	Date Ended
25-Sep-2014	Low mood		
18-Sep-2014	Had a discussion with patient		

What question do you want this test to answer?
assess KUB and bladder volume ? retaining urine

Allergies:

No allergies recorded.

Infection/Risk: (eg HIV, MRSA, Hepatitis, TB):
none

Clinical Alert:

Diabetic:	Yes	No	On Metformin:	Yes	No
Asthmatic:	Yes	No	Other:	Yes	No

LMP: 10/28 Day Rule: Observe Ignore

EXAMINATION(S) REQUESTED:

USS of KUB- Having ongoing intermittent urine sx of incomplete voiding

NHS NCL Camden - Converted to EMIS Web – 27/11/2012

1015 Contributor: Passcare della scuola a patient

Bloomsbury Surgery

1 Handel Street, London, WC1N 1PD
0207 837 8559 (T) 0207 520 8369 (F)
www.BloomsburySurgery.com

Dr Dilip Bassi
Dr Dee Hora
Dr Ammara Hughes
Dr Kevan Ritchie
Nurse Practitioner Jo Wickens

22 October 2015
NHS Number 712 085 0474

URGENT ASSESSMENT PLEASE

Camden Mental Health Assessment and Advice Team
Greenland Road Centre
4 Greenland Road
LONDON NW1 0AS
Sent via email

Dear Colleague

Re: Miss Kirsty Heggie 19-Oct-1990 Emis no: 501048
Flat 12 Charlwood House, Midhope Street, London, WC1H 8HL

Thank you very much for seeing this 23 year old young lady. She has recently moved from Scotland to live in London. She has a rather complicated past mental health history. She has had two admissions over the last two to three years for self-harm and suicidal thoughts. Earlier this year she took a paracetamol overdose, fairly impulsively and needed admission and parvolex in this regard. I have attached the letters that I have been able to get hold of regarding her previous treatment in Edinburgh and these contain numerous details with respect to her past history.

She indicates that she used to move around a lot seldom having a permanent address. She works as an artist, musician and poet. She indicates that she has previously been on mirtazapine and lithium but has not been on any medications recently. She indicates that since when she was young the term bi polar had been used in describing her. She also indicates that she has bulimic episodes very frequently and is currently inducing vomiting daily.

She at times has paranoid thoughts, sometimes grandiose and as you can see from the attached letters has indicated that at times she feels quite disconnected from reality and possessed by darkness. She stresses the impulsivity of her self-harm thoughts and acts and she says that she is unable to predict when she might do something such as this again.

She has a significant family history of mental health illness. As you can see she is adopted but her birth mum has schizophrenia and her sister has ADHD and bi polar disorder.

She indicates that she hasn't used any drugs in the last year or so but in the past has used numerous drugs extensively including speed, cocaine, ecstasy and ketamine. She has

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Bloomsbury Surgery

1 Handel Street, London, WC1N 1PD
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www.BloomsburySurgery.com

moved to London with her boyfriend and has never lived here previously. She indicates that currently she doesn't have any self-harm thoughts or plans but does stress that these have been unpredictable in the past.

On assessment she displayed no evidence of any psychosis, her thoughts were ordered, her mood seemed normal although her affect was slightly blunted and unusual. As I mentioned please find attached useful details from her treatment in Scotland. I would very much appreciate a detailed assessment of this young lady with a significant history of past self-harm as soon as possible.
Kind regards.

Yours sincerely

Dr Kevan Ritchie

Addendum 02/10: Just prior to this referral being sent, the patient attended UCLH A+E with significant suicidal ideation. I have attached their discharge summary. I am concerned about this patient's risk given her impulsive nature, past history and recent life changes and would again request an urgent review. Many thanks Dr Dee Hora



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NHS Lothian

Dr Budd
Edinburgh Access Practice
The Access Point
17&23 Leith Street
Edinburgh
EH1 3AT

Royal Edinburgh Hospital

Date: 02/03/2016

Outpatient Clinic Letter

Patient	Kirstie Heggie 15/1 Lochend Drive Edinburgh EH7 6DP	CHI Date of Birth / Age UHPi	1910900389 19/10/1990 (25 years) 701001272H
Specialty Consultant	AMH - MHAS Nick Hares	Attendance Date	02/02/2016

Dear Dr Budd

Date seen: 02 February 2016 at 0020hrs
Kate Bailey and Nick Hares

Kirstie self presented to the Mental Health Assessment Service, Royal Edinburgh Hospital, this morning.

History of Presenting Complaint:

Kirstie stated she had been playing at a gig earlier in the evening at Henry's Cellar Bar. She told us that she had stated to the host that she wanted to kill herself. Her friends had put her in a taxi and advised her to attend the Royal Edinburgh Hospital. Kirstie reported that she had felt suicidal since she was 4yrs old. She currently feels low and described feelings of low self worth and self consciousness in the company of others. She reported she had "a number of things" to complete before she ended her life including recording some music that she feels the world needs to hear. Kirstie reported that for the past 10 days she had experienced intense feelings of wanting to die but had also felt that she would like to cope and continue with her life. Kirstie said she drank 2 ciders earlier in the evening and had a BAC of 0.35 on assessment.

Past Psychiatric History:

Kirstie had 2 x 10 day admissions to Cornhill Hospital in Aberdeen and one informal admission to the Royal Edinburgh Hospital on 20/06/15 - 25/06/15 where she was given a diagnosis of emotional instability. She was admitted following a mixed overdose and had drunk fountain pen ink. Following discharge she was referred to PCLT but was felt to be unsuitable for their service by staff.

Past Medical History:

Nil significant.

Current Medication:

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Nil. Previously been prescribed medication but felt unable to be concordant with this.

Drug and Alcohol Use:

Kirstie had a BAC of 0.35 on assessment. She stated she drinks alcohol 3 times a week to cope with her feelings but was unsure of amounts, however said this was not to excess. Denied any recent drug history.

Personal/Social History:

Kirstie was born in Clackmannanshire and was adopted. She has 3 siblings, all of whom were also adopted when Kirstie was 3yrs old. She said her biological parents have mental health problems and she found the relationship with her adoptive parents difficult. Kirstie left school with good grades and studied Film and English Literature at Aberdeen University. She said she has little contact with her family currently. She lives alone in a council tenancy and denied any financial issues. She said she plays music at various venues and also busks for money, which she indicated was financially viable. She said she has good friends who are male and described herself as "a tomboy". She also reported that she is in a relationship with a male who is "an alcoholic and depressed". She said that earlier in the evening her boyfriend informed her that he had met another female who he liked.

Forensic:

None.

Mental State Examination:

Kirstie showed evidence of self care and had recently dyed green hair. She was tearful for the majority of the assessment and challenged us verbally at times, e.g. stating "are you taking the piss out of me?". Her speech was normal in all modalities. Kirstie indicated that she sleeps well and enjoys this. She also stated there were no issues with her appetite and she was able to motivate herself to play music and busk. She said she had full concentration. Kirstie reported her mood as low and objectively she was tearful but reactive. She stated she had intense suicidal thoughts, including jumping off a bridge as she could not cope with any pain. She said that she sometimes talks herself into being suicidal to help her to write music, but did not indicate any immediate plan prior to finish recording some music. Kirstie described feelings of low self worth "I think my friends and boyfriend could find someone else prettier and better than me. She described mild paranoid thoughts objectively driven by anxiety as she feels she is being stared at or that someone may steal something from her when she enters a bar. Kirstie reported that she cannot cope with "my mental instability" and feels that due to her own negative thoughts these can affect others and "bring them down".

Risk:

Kirstie remains a risk to herself and stated she has intense suicidal thoughts with no current active plan or intent. She had previously overdosed in June 2015 but did not report any deliberate self harm. Kirstie could not identify a trigger for these thoughts but objectively her feelings of low self worth would have been impacted upon by her boyfriend's statement that he likes another girl. Kirstie indicated a number of positives in her life including being a good musician, which helps her to manage her feelings. She also indicated that she often "artificially" creates suicidal feelings to help her write music.

Impression:

A 25yr old female with a previous diagnosis of emotional instability. She presented to MHAS this morning following informing her friend that she felt suicidal. She was tearful throughout

1916 Credit/Debit: Personal data about a patient

assessment but there were no clear biological symptoms of depression, but feelings of low self worth and social anxiety were evident. Kirstie said she had mixed feelings regarding her thoughts to end her life as she wished to die but also wanted help. She was unsure if she wished to take medication. There was no suicidal plan or intent but it was clear that she required an opportunity to speak about her feelings and would benefit from support to develop more robust coping mechanisms.

Plan:

- 1.Kirstie was supported to phone the Edinburgh Crisis Centre. She was happy with this and keen to engage with staff.
- 2.A contract taxi was arranged to take her to the Crisis Centre.
- 3.She was encouraged to attend her GP for referral to other supports as appropriate.
- 4.She is aware of the 24/7 nature of MHAS which she can use as required.

If you require any further information, please do not hesitate to contact us.

Yours sincerely

Kate Bailey
RMN6 - Mental Health Assessment Service

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LOTHIAN UNIVERSITY HOSPITALS DIVISION
www.edinburghlabmed.co.uk

Department of Laboratory Medicine

Biochemistry, RIE

PATIENT: HEGGIE, KIRSTY	UPI: 1910900389	CHI: 1910900389
DOB: 19/10/1990	SEX: F	CONSULTANT/GP: GP/Locum/Trainee/Unkno
SOURCE: Edinburgh Access Practice	SENDER: JAMIE LAMBIE	
CLINICAL DETAILS: Not taking thyroxine PATIENT REQ.		
Date Collected	19/06/2015	20/06/2015
Time Collected	22:36	14:19
Date Received	19/06/2015	20/06/2015
Time Received	23:11	14:49
Specimen Number	HB161039Y	HB161278X
Urea	2.5-8.8 mmol/L	4.4
Creatinine	60-130 umol/L	73
eGFR (/1.73m2)	ml/min	>60
Sodium	135-145 mmol/L	141
Potassium	3.6-5 mmol/L	3.9
TCO2	22-30 mmol/L	22
Bilirubin	3-21 umol/L	6
ALT	10-50 U/L	12
Alk.Phos	40-125 U/L	60
GGT	5-35 U/L	14
Albumin	30-45 g/L	42
Calcium	2.1-2.6 mmol/L	2.42
Adjusted Calcium	2.1-2.6 mmol/L	2.38
Paracetamol	mg/L	43
Salicylate	0-250 mg/L	243
TSH	0.2-4.5 mIU/L	1.6
Free T4	9-21 pmol/L	12

COMMENTS: Only comments on the most recent result are printed

DATE PRINTED: 03/06/2017
TIME PRINTED: 11:47

Specimen type is serum, plasma or blood unless otherwise stated

Scanned Document
15-July-2026 CDS
Additional:Scanned Document

NHS Confidential: Personal data about a patient

Full Report**Ms Kirsty Heggie****19/10/1990****Female****712 085 0474****Permanent****Address**

111-131 Grove Street Edinburgh Lothian EH3 8AA

Address Type: Main address

Communication numbers

Mobile phone 07597566783

Problems

Currently Relevant

Started: 19/06/2015

Ended:

Medical History

31/10/2016 Administration NOS REQUEST SENT THROUGH PARTNERS TO DEDUCT PATIENT, NOT SEEN FOR SIX MONTHS OR MORE Mrs Jean Graham

21/09/2016 Administration DNA arranged appt. for this afternoon, will wait for her to contact as wished

Mr Doneil Macleod

16/09/2016 Administration 07514355946, call returned twice, no answer, message left and will wait for her to contact

Mr Doneil Macleod

09/05/2016 Consultation Good continuity from previous consultation, with conversation focus on, "I find it hard to stay with people...as if I am not welcome, but I know I am...", thoughtful reflection on what may fuel this way of communicating, good rapport and happy that she has made 3 appt.'s in a row. Intending travelling, and welcomed when returns to Edinburgh to see me as appropriate for consultation, happy with this, wished her well Mr Doneil Macleod

06/05/2016 Consultation Good continuity from previous, appreciating opportunity to talk and be listened to, "with care...", as she states, appears to be making more sense of suicide self talk that she is familiar with, in a good way, good to see and continue with follow-up Mr Doneil Macleod

29/04/2016 Consultation Good continuity from previous consultations despite gap between them, states low mood a familiar state but manages to perform on stage and enjoy fact of doing okay with her music and performance. Remains poorly able to stay in relationship with self in company of another, sustaining being in a sexual relationship with current partner, "hard to be in company with people though...like I am not there...", noticing her own reticence in relation to getting too close to people, alongside maintaining a kind of closeness through paranoid thinking, "I think people are talking about me and I will get angry with them for it...but it gets laughed off because people like me..." Appears to have appreciated opportunity to talk, good rapport and appropriate to continue with follow-up Mr Doneil Macleod

20/04/2016 Administration Message left on her mobile encouraging her to make contact

Mr Doneil Macleod

19/04/2016 Consultation mood low. Tearful afraid of being alone. didn't take previous script for antidepressants, not self harming/drugs/alcohol but was in a graveyard yesterday and says she saw foxglove and spent an hour and a half deciding whether or not to eat it. Tearful when talking about that (odd though as I don't think foxgloves are in season yet) sister protective factor +++ also staying in backpacker hostel so that she's not a lone in one of dormitories although she has her own tenancy. long discussion re supports given if it's a crisis list of numbers encouraged re breathing space. Email sent to doneil to recontact -changed contact number in notes. see me again in 2 weeks discussed women's clinic. KHMear and bbr risk/sti risk at next consult KH Dr Katie Hawkins

12/02/2016 Administration DNA an appt., will wait for her to contact, message left on her answer machine

Mr Doneil Macleod

04/02/2016 Consultation Good, check-in appt., continues exploratory and changing mood and emotions well, good rapport and continue with follow-up Mr Doneil Macleod

29/01/2016 Consultation Called in to Cowgate Clinic asking for an appt., "I am just getting things sorted after a little 'close down', I shut everyone out and moved in to a squat...I am back in my flat now but things were closing in, getting on top of me. So this is me looking after myself and this is one of the things I think will help and maybe going back on my antidepressants...", good rapport and suggested a time for next week, happy with this Mr Doneil Macleod

19/01/2016 Computer summary updated

Mrs Jean Graham

19/01/2016 Notes summary on computer

Mrs Jean Graham

14/01/2016 Administration Old copy of letter just received indicating OD presentation/RHE back in June last year, has been dealt with previously so no action needed currently Mr Doneil Macleod

12/01/2016 Computer summary updated

Mrs Jean Graham

16/12/2015 Consultation Brief chat in waiting area, appears well, had made another arrangement for pm., I suggested we leave until convenient and she will contact me back likely early January, wished her well Mr Doneil Macleod

10/12/2015 Consultation Needs MED3. Now housed in Lochend and v pleased. Good discussion philosophy re lack of precise diagnosis over time - she comfortable with this. Finds anxiety easily triggered and mood can swing to each pole. Aware will need to explore new GP and given PSD number. Also bumped into Doneil and may arr appt with him. Doing gig for homeless at Xmas. Dr Digby Thomas

11/11/2015 Administration Called to say unable to attend pm. appt., will wait for her to contact back for next appt.

Mr Doneil Macleod

06/11/2015 Consultation States managing mood well and in general appreciating having her own space with tenancy which has enabled her to have a friend staying over, good rapport and making use of consultation, continue with follow-up

Mr Doneil Macleod

06/11/2015 Patient MRE received from HB

Mrs Margaret Whelan

27/10/2015 Consultation Good continuity and continue with follow-up

Mr Doneil Macleod

23/10/2015 Telephone encounter 07875292529, rearranged appt. time to 27.10.15 at 2.30pm at the Cowgate Clinic to see me, stated has been housed in a CEC tenancy and happy with location Mr Doneil Macleod

21/10/2015 Consultation ESA113 COMPLETED - 'MENTAL HEALTH ISSUE' - still to be formally diagnosed' - currently MED3 for 'depression' but prev admissions for 'BPAD and most recent for 'emotional instability'.

Dr Digby Thomas

09/10/2015 Consultation Attended for more paroxetine Left Edinburgh for 1/52 and missed CPN appoint.Explained that 4/52 Px issued, so 3 further installments at pharmacy. No problem with SEs during wk one Mood variable, Affect reactive. Encouraged to arrange further CPN appoint. GP review 3/52

Mr Doneil Macleod

08/10/2015 Administration I left a message at Cranston Street hostel/556 8939, with support worker Hannah, to encourage Ms H to contact as wished for a further appt.

Mrs Margaret Whelan

02/10/2015 Administration DNA arranged appt. for this afternoon, message left on her mobile and encouraged to contact back as wished Mr Doneil Macleod

25/09/2015 Consultation Good continuity from previous consultations and continues exploratory in conversation, considering antidepressants and encouraged to discuss with GP, good rapport and continue with follow-up Mr Doneil Macleod

25/09/2015 Consultation C/O on going anxiety. Keen for trial of anti-dep. Previously had mirtazapine + citalopram(caused agitation) when depressed.Discussionof potential benefits and need for 4 week trial to see if effective. Not keen for sedating anti-dep. SEs + likely length of Rx discussed Plan - trial paroxetine, review cPN 1/52, GP review 4/52

Dr John Budd

Edinburgh Access Practice, 20 Cowgate, Edinburgh, EH1 1JX

Tel: 01312402810

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Full Report

Ms Kirsty Heggie **19/10/1990** **Female** **712 085 0474** **Permanent**

25/09/2015 Consultation Not in waiting area when called Dr John Budd
 25/09/2015 Consultation Has nuxepalon in situ. Coming back for cx smear aware overdue. Nats test today Mrs Elaine Hand
 15/09/2015 Consultation Brief consultation to rearrange appt., was at a relative's funeral, happy to be given a further appt. Mr Doneil Macleod
 04/09/2015 Administration DNA appt. for this afternoon, will wait for contact from self/clinician/other Mr Doneil Macleod
 28/08/2015 Consultation Continues good continuity and rapport, continue with follow-up Mr Doneil Macleod
 21/08/2015 Consultation Good continuity from previous and remains interested and curious in self and emotional life, exploratory re what she experiences as problems in how she relates to others, good rapport and continue with follow-up Mr Doneil Macleod
 17/08/2015 Consultation Thanks Doneil. In Cranston St. Well turned out, has bicycle. Seems thoughtful re therapeutic approach - wary of medication (has had before) but 'men' mentioned by me and seemed interested that some might help with anxiety too.
 Dr Digby Thomas
 14/08/2015 Consultation First appt., on-going assessment, good rapport, surprised herself by being able to speak and notably, "I am surprised I felt okay and in speaking to a man..", continue with follow-up Mr Doneil Macleod
 07/08/2015 Consultation Met briefly in waiting area in Cowgate Clinic and appt. time arranged for 14 August at 12 mid-day at the Cowgate Clinic to see me Mr Doneil Macleod
 06/08/2015 Administration Returned call on this woman's mobile to encourage contact so that we can arrange an appt., I will try again Mr Doneil Macleod
 31/07/2015 Administration Ms H missed suggested appt. time on 29.07.15, I called her back and left a message on her answer machine to contact as wished to rearrange Mr Doneil Macleod
 27/07/2015 Telephone encounter 07927033848, I spoke with this woman and suggested an appt. time for 11am on 29 July 2015 at the Cowgate Clinic to see me Mr Doneil Macleod
 22/07/2015 Administration Discussed at PMHT meeting. Allocated to Doneil Ms Jo Nickson
 15/07/2015 Consultation Attended drop in IAC this afternoon. Pleasant and appropriate in her interactions. Recently in-pat in Balcarres following impulsive OD. Produced a note book with statements about how she feels and questions to ask, see Docman. She is looking for help with her mental health, seeking a diagnosis, looking for assessment for ADHD, thinks she has bi polar disorder. Signposted to Stafford Centre for support and advice re structure and benefits. PLAN-Discuss at PMHT, contact Kirsty after meeting. Collate info sent by IHTT. Mr John Meikle
 14/07/2015 Consultation Attended for "psych follow up". Ended up in RED after last attendance having "taken a cocktail of meds". There for a week. Took own discharge (according to RED) to go "to the country with a friend" so missed follow up. Pt feels needs to be on a mood stabiliser. O/E Bright, alert, calm. Kempst. Not obviously psychotic. Signposted to IAC tomorrow PM. Subsequent TC to medical records at RED, then Balcarres Ward. Confirms IP from 20th to 25th June under Dr McConville. Then discharged to IHTT (0131 537 6831) TC with Simon of IHTT who saw her prior to discharge and confirms pt failed to engage after discharge. They not partic concerned assuming that she will be picked up by CPN at EAP. He will forward details re admission to clinical email box, for IAC mane. CB Dr Locum Cpe
 20/06/2015 [X]Deliberate drug overdose / other poisoning + drinking ink Mrs Jean Graham
 19/06/2015 Consultation New patient - thanks JamieMENTAL HEALTH PROBLEM2 previous psych admissions, last one 1 yr ago in Aberdeen? Dx bipolar - previous on anti-deps. She worried her mental health deteriorating. Not keen to talk about it. Feels not able to work. Previous work Hx + degree in English. Sleeps in tent - feels safe. Some sofa surfing. Linked in c Stafford centre + crisis Imp Not acutely unwell - resourcefulPlan - for CPN appt to info gather + assess for possible Rx. Sign post rock trust Dr John Budd
 19/06/2015 Attended new patient screen. Newly reg patient, originally fom Falkirk where some family still are. Describes 'tenuous' existence past few years, some working in past but none past 2yrs. Recently in Aberdeen, then London, in temp accom & sofa-surfing. Unspecific about plans from now. Describes good support network in place locally in Edinburgh (friends/sister), appears resourceful & articulate. Main reason for attending- req sick line & to seek support for mental health. Feels physically well in herself. sl. low BP but asymptomatic. Mentions dx bipolar but unclear from whom, last had meds >6m ago. does not feel distressed but mentions paranoia only & mentions prev on Mirtazapine with a try of Lithium, unclear when. Suggested IAC drop-in due to lack of distress & we can obtain PMH notes meantime, ok with this general plan & wishes discuss sick line with GP today. Mr James Lambie
 19/06/2015 Patient registration status Mr James Lambie
 19/06/2015 Homeless single person sofa-surfing & occ camping (Bilston Glen) Mr James Lambie
 19/06/2015 Unemployed Last working 2yrs ago door to door charity, JSA since then Mr James Lambie
 19/06/2015 Interpreter not needed Mr James Lambie
 19/06/2015 Screening NOS literacy- no problems Mr James Lambie
 19/06/2015 O/E - pulse rhythm Pulse regular Mr James Lambie
 19/06/2015 No breathlessness Mr James Lambie
 19/06/2015 Number of offspring- No children Mr James Lambie
 19/06/2015 Does not misuse drugs Mr James Lambie
 19/06/2015 Obtaining consent Mr James Lambie
 01/11/2014 Insertion of Implanon In London Mrs Elaine Hand
 25/09/2014 Suicidal ideation Mrs Jean Graham
 25/04/2014 Overdose of drug paracetamol - given parvalet infusion Mrs Jean Graham
 12/06/2012 Suicidal intent Mrs Jean Graham
 11/05/2011 Mixed bipolar affective disorder Mrs Jean Graham
 01/06/2009 Overdose of drug 16 paracetamol Mrs Jean Graham
 01/01/2008 Deliberate self-harm Mrs Jean Graham
 04/07/2002 Fracture of clavicle Mrs Jean Graham
 01/02/2000 Vesicoureteric reflux Mrs Jean Graham
 01/01/1993 Adopted Mrs Jean Graham
 01/01/1992 Child on protection register Mrs Jean Graham

Acute and Repeat Issue Therapy

19/04/2016 issued Promethazine hydrochloride 25mg tablets Supply: (7) tablet ONCE DAILY AT NIGHT
 19/04/2016 issued Paroxetine 20mg tablets Supply: (14) tablet ONE TO BE TAKEN
 DAILY Instalments: Dispense weekly
 25/09/2015 issued Paroxetine 20mg tablets Supply: (28) tablet ONE TO BE TAKEN
 DAILY Instalments: Dispense weekly

Consultation

Edinburgh Access Practice, 20 Cowgate, Edinburgh, EH1 1JX

Tel: 01312402810

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Full Report

Ms Kirsty Heggie **19/10/1990** **Female** **712 085 0474** **Permanent**

03/11/2016	Administration	Mrs Jean Graham
31/10/2016	Administration	Mrs Jean Graham
21/09/2016	Clinic	Mr Doneil Macleod
16/09/2016	Clinic	Mr Doneil Macleod
09/05/2016	Clinic	Mr Doneil Macleod
06/05/2016	Clinic	Mr Doneil Macleod
29/04/2016	Clinic	Mr Doneil Macleod
26/04/2016	Clinic	Mr Doneil Macleod
20/04/2016	Clinic	Mr Doneil Macleod
19/04/2016	Other	Dr Katie Hawkins
26/02/2016	Surgery consultation	Mrs Elaine Hand
12/02/2016	Clinic	Mr Doneil Macleod
04/02/2016	Clinic	Mr Doneil Macleod
29/01/2016	Clinic	Mr Doneil Macleod
19/01/2016	Administration	Mrs Jean Graham
19/01/2016	Administration	Mrs Jean Graham
14/01/2016	Clinic	Mr Doneil Macleod
12/01/2016	Administration	Mrs Jean Graham
16/12/2015	Clinic	Mr Doneil Macleod
10/12/2015	Surgery consultation	Dr Digby Thomas
01/12/2015	Surgery consultation	Mrs Elaine Hand
11/11/2015	Clinic	Mr Doneil Macleod
06/11/2015	Clinic	Mr Doneil Macleod
06/11/2015	Administration	Mrs Margaret Whelan
27/10/2015	Clinic	Mr Doneil Macleod
23/10/2015	Clinic	Mr Doneil Macleod
22/10/2015	Clinic	Mr Doneil Macleod
21/10/2015	Administration	Dr Digby Thomas
09/10/2015	Surgery consultation	Dr John Budd
08/10/2015	Clinic	Mr Doneil Macleod
06/10/2015	Clinic	Mr Doneil Macleod
02/10/2015	Clinic	Mr Doneil Macleod
30/09/2015	Results recording	Dr John Budd
25/09/2015	Clinic	Mr Doneil Macleod
25/09/2015	Surgery consultation	Dr John Budd
25/09/2015	Surgery consultation	Mrs Elaine Hand
15/09/2015	Clinic	Mr Doneil Macleod
04/09/2015	Clinic	Mr Doneil Macleod
04/09/2015	Other	Mr John Meikle
28/08/2015	Clinic	Mr Doneil Macleod
28/08/2015	Surgery consultation	Mrs Elaine Hand
21/08/2015	Clinic	Mr Doneil Macleod
17/08/2015	Surgery consultation	Dr Digby Thomas
14/08/2015	Clinic	Mr Doneil Macleod
07/08/2015	Clinic	Mr Doneil Macleod
06/08/2015	Clinic	Mr Doneil Macleod
31/07/2015	Clinic	Mr Doneil Macleod
27/07/2015	Clinic	Mr Doneil Macleod
22/07/2015	Clinic	Mr Doneil Macleod
15/07/2015	Other	Ms Jo Nickson
15/07/2015	Other	Mr John Meikle
14/07/2015	Surgery consultation	Dr Locum Cge
19/06/2015	Surgery consultation	Dr John Budd
19/06/2015	Clinic	Mr James Lambie

Blood pressure

19/06/2015 14:23:00 BP 96/62 taken Sitting Cuff: Standard recall due: O/E - blood pressure reading

Smoking

19/06/2015 Smoker 2 cigarettes per day Current smoker Mr James Lambie

Alcohol

19/06/2015 Ex-drinker units per week Stopped drinking alcohol Some time ago binge pattern Mr James Lambie

Health Promotion - Smoking

19/06/2015 Smoking cessation advice for Smoking

Weight

19/06/2015 Weight: 72 kgs BMI: 24.3 O/E - weight

Height

19/06/2015 Height: 1.72 metres O/E - height Mr James Lambie

Contraception

Edinburgh Access Practice, 20 Cowgate, Edinburgh, EH1 1JX

Tel: 01312402810

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Full Report

Ms Kirsty Heggie 19/10/1990 Female 712 085 0474 Permanent

19/01/2016 Insertion of subcutaneous contraceptive recall due:
Mrs Jean Graham

Urine test

19/06/2015 Urinalysis = no abnormality =

Advice Given

19/06/2015 Health education - sexual health Advice Implanton in situ - no problems,
new one in 4m ago

Diet

19/06/2015 Dietary history NOS Eating habits: Type of diet: Eating & drinking
ok, 7weight gain 2yrs Mr James Lambie

Exercise

19/06/2015 Enjoys moderate exercise Mr James Lambie

Absence of condition

19/06/2015 No known medicine allergy of Mr James Lambie

Pulse (CVS/BP)

19/06/2015 C/E - pulse rate 80 beats/min Mr James Lambie

Infectious titres and antibodies

25/09/2015 Neisseria gonorrhoeae nucleic acid detection = N. gonorrhoeae nucleic acid detn -
Negative
25/09/2015 Chlamydia deoxyribonucleic acid detection = Chlamydia DNA detection - Negative

Scoring Test Result

19/06/2015 Score: 0 Method: for: Mr James Lambie

Other Bacteriology Tests

25/09/2015 Microbiology test = <None>

Ethnicity

19/06/2015 Ethnicity: Scottish - ethnic category 2001 census Mr James Lambie

Language Spoken

19/06/2015 Language Spoken: English Preferred: No Mr James Lambie

Total patients for report 1

Edinburgh Access Practice, 20 Cowgate, Edinburgh, EH1 1JX

Tel: 01312402810

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INTRODUCTION

Housing, Social Work and Health Care workers at The Access Point are often jointly involved in the care of people receiving TAP services.

Whether we are visiting you where you live or you are attending The Access Point or the Cowgate Clinic we ask you for information so that you can receive appropriate care and treatment.

We recognize that, if more than one person is involved in your treatment and care, it is very likely that you may be asked for the same information many times.

SHARING INFORMATION

The Access Point workers are aiming to change this. We would like to be able to share information about you between the City of Edinburgh Council (CEC) and NHS Lothian and with other agencies whom you have agreed will assist in providing support for you.

Everyone working for CEC and NHS Lothian must keep information about you confidential. By law, everyone who receives information from us must keep it confidential unless under exceptional circumstances.

There are a very few circumstances in which confidentiality cannot be guaranteed. These are as follows:

- When your behaviour constitutes a serious risk to yourself or to others including any children to whom you may have access.
- When your behaviour constitutes a serious risk to the health and safety of staff and/or other service users in any agency with whom you have, or may have contact.
- When it comes to our attention that you have been involved in serious criminal behaviour which may result in harm to yourself or to other people.

In such circumstances we may well contact the police and advise them of our concerns.

Why do you need to share information about me?

- To ensure we collect relevant information only once to support our joint care plans.
- To arrange services best suited to your needs.
- To help us monitor and improve services we also share anonymous summarised information.

Who will you give this information to?

- Anyone who may be directly involved in your care who has a genuine need for it and who is going to use it in your best interests, e.g. GP, nurse, social care worker, occupational therapist or housing worker.
- Anyone else with whom you have agreed that we may share information.

Will everyone know everything about me?

- We will only share information about you with other people involved in your care. Information will not be shared if it is not necessary to this care.
- The law forbids us to share your sensitive information without your explicit consent.

Am I allowed to find out what information is held about me?

- Yes, you are. The Data Protection Act 1998 allows you to ask for a copy of all the personal information we have about you.

- I understand why information needs to be held about me.
- I understand that information will only be shared for the purposes of arranging services best suited to my needs.
- I consent to the information being shared for this purpose, subject to my wishes noted overleaf.
- I consent to the sharing of medical information on a need to know basis where NHS Lothian feel this is appropriate
- I understand that I have rights to see records held about me.
- I understand that information will be transmitted securely in accordance with NHS/CEC policies.
- I have read and understood the leaflet of which this consent form is a part.

Print Name KIRSTY HEGGIE

Signed [Signature] Date 2/7/17

Basis of authority (if not signed by user):

Received By:

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Filename: iGPRDA_55.pdf
Extension: .tif
Pages:

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LOTHIAN UNIVERSITY HOSPITALS DIVISION
www.edinburghlabmed.co.uk

Department of Laboratory Medicine

Biochemistry, RIE

PATIENT: HEGGIE, KIRSTY	UPI: 1910900389	CHI: 1910900389
DOB: 19/10/1990	SEX: F	CONSULTANT/GP: CNF Paul L Novak
SOURCE: Edinburgh Access Practice	SENDER:	

CLINICAL DETAILS:

Collection Date/Time
26/04/2016 11:47

HE548122A

Oral Fluid Drugs of Abuse

Oral Fl Opiates	Negative
Oral Fl Amphetamine	Negative
Oral Fl Cocaine	Negative
Oral Fl Methadone	Negative
Oral Fl Buprenorphine	Negative
Oral Fl Gabapentin	Negative
Oral Fl Pregabalin	Negative
Oral Fl Benzos	Negative

(a)

(a) Benzo group includes: diazepam, temazepam, oxazepam, nitrazepam, nordiazepam (diaz/chlordiazepoxide metab.)

DATE PRINTED: 01/05/2016
TIME PRINTED: 11:50

INDEX OF COMMENT CODES

HM Haemolysed	IS Insufficient	UNK Unknown	LP Lipaemic	NDET Not Detected
T/F Results to Follow	TL Too late for satisfactory analysis	TC Test Cancelled	SB See Comment Below	

Printed on: 15/07/2026 14:00:00

12/4/18

Complaint

I would like to make a complaint about the stairs at this practice that lead to the interview room.

It is a scientific fact that unequal measures of the steps will most likely result in a fall or accident & considering the fragile condition of many of the patients (& at times even myself), I see this as an immediate risk that should be taken care of.

I hope you will consider my complaint & fix the problem before someone is hurt.

Yours faithfully

Kirsty Hoggie
(patient)

KA

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Extension: .tif
Pages:

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LOTHIAN UNIVERSITY HOSPITALS DIVISION
www.edinburghlabmed.co.uk

Department of Laboratory Medicine

Biochemistry, RIE

PATIENT:	HEGGIE, KIRSTY	UPI:	1910900389	CHI:	1910900389
DOB:	19/10/1990	SEX:	F	CONSULTANT/GP:	Giles William Elliott
SOURCE:	Edinburgh Access Practice	SENDER:			

CLINICAL DETAILS:

Collection Date/Time
31/05/2018 14:42

HES06699Y

Oral Fluid Drugs of Abuse

Oral Fl Opiates	Negative
Oral Fl Amphetamine	Negative
Oral Fl Cocaine	Negative
Oral Fl Methadone	Negative
Oral Fl Buprenorphine	Negative
Oral Fl Gabapentin	Negative
Oral Fl Pregabalin	Negative
Oral Fl Benzos	Negative

(a)

(a) Benzo group includes: diazepam, temazepam, oxazepam, nitrazepam, nordiazepam (diaz/chlordiazepoxide metab.)

DATE PRINTED: 05/06/2018
TIME PRINTED: 11:50

INDEX OF COMMENT CODES

HM Haemolysed
T/F Results to Follow

IS Insufficient
TL Too late for satisfactory analysis

UNK Unknown

LP Lipaemic
TC Test Cancelled

NDET Not Detected
SB See Comment Below

Scanned Document
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Filename: iGPRDA_57.pdf
Extension: .tif
Pages:

NHS Confidential: Personal data about a patient

LOTHIAN UNIVERSITY HOSPITALS DIVISION
www.edinburghlabmed.co.uk

Department of Laboratory Medicine

Biochemistry, RIE

PATIENT:	HEGGIE, KIRSTY	UPI:	1910900389	CHI:	1910900389
DOB:	19/10/1990	SEX:	F	CONSULTANT/GP:	Dr Ishbel Miller
SOURCE:	Edinburgh Access Practice	SENDER:			

CLINICAL DETAILS: smokes heroin. for IAC.

Collection Date/Time
04/01/2018 15:29

HE890638N

Oral Fluid Drugs of Abuse

Oral Fl Opiates	Negative
Oral Fl Amphetamine	Negative
Oral Fl Cocaine	Negative
Oral Fl Methadone	Negative
Oral Fl Benzos	Negative
Oral Fl Buprenorphine	Negative
Oral Fl Gabapentin	Negative
Oral Fl Pregabalin	Negative

DATE PRINTED: 10/01/2018
TIME PRINTED: 11:50

INDEX OF COMMENT CODES

HM Haemolysed	IS Insufficient	UNK Unknown	LP Lipaemic	NDET Not Detected
T/F Results to Follow	TL Too late for satisfactory analysis	TC Test Cancelled	SB See Comment Below	

Scanned Document
15-July-2026 CDS
Additional: Scanned Document

Filename: iGPRDA_51.pdf
Extension: .tif
Pages:

NHS Confidential: Personal data about a patient

LOTHIAN UNIVERSITY HOSPITALS DIVISION
www.edinburghlabmed.co.uk

Department of Laboratory Medicine

Biochemistry, RIE

PATIENT: HEGGIE, KIRSTY UPI: 1910900389 CRR: 1910900389
DOB: 19/10/1990 SEX: F CONSULTANT/GP: Phlebotomist Jessie An
SOURCE: Edinburgh Access Practice SENDER:

CLINICAL DETAILS:

Collection Date/Time
28/05/2018 15:01

HE50S71SV

Urine Drugs of Abuse Screen

Urine Opistes	Negative
Urine Amphetamine	Negative
Urine Cocaine Met.	Negative
U. Methadone Met.	Negative
U. Norbuprenorphine	Positive
Urine Gabapentin	Negative
Urine Pregabalin	Negative
Urine Benzos	Negative

(a)

(a) Benzo group includes: diazepam, temazepam, oxazepam,
nitrazepam, clonazepam, nordiazepam (chlordiazepoxide)

DATE PRINTED: 01/06/2018
TIME PRINTED: 11:50

INDEX OF COMMENT CODES

HM Haemolysed
T/F Results to Follow

IS Insufficient
TL Too late for satisfactory analysis

UNK Unknown

LP Lipaemic
TC Test Cancelled

NDET Not Detected
SB See Comment Below

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LOTHIAN UNIVERSITY HOSPITALS DIVISION MEDICAL MICROBIOLOGY SERVICES			
www.edinburghlabmed.co.uk			
Clinical Bacteriology, Royal Infirmary of Edinburgh 51 Little France Crescent, EDINBURGH, EH16 4SA			
PIN/CHI: 1910900389 / 1910900389		D.O.B: 19/10/1990	Tel: 0131 242 6048 / 6025
Patient: HEGGIE, KIRSTY		Sex: Female	
Report to: Dr Ishbel Miller		Taken: 04/01/2018 15:31	
Address: Edinburgh Access Practice		Received: 05/01/2018 19:18	
		Clinical Details:	Date Reported: 10/01/2018
		sti screen.	
Lab. Ref. No.: MC0197376 Spec.: Self taken Vulvo/Vaginal Swab			
Abbott realtime Chlamydia Negative			
Abbott realtime Gonorrhoea Negative			
Authorised by : William Blair for Dr I F Laurenson			

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LOTHIAN UNIVERSITY HOSPITALS DIVISION
www.edinburghlabmed.co.uk

Department of Laboratory Medicine

Biochemistry, RIE

PATIENT:	HEGGIE, KIRSTY	UPI:	1910900389	CHI:	1910900389
DOB:	19/10/1990	SEX:	F	CONSULTANT/GP:	Dr Digby P Thomas
SOURCE:	Edinburgh Access Practice	SENDER:			

CLINICAL DETAILS:

Collection Date/Time
06/02/2016 16:00

HE521576C

Urine Drugs of Abuse Screen

Urine Opistes	Negative
Urine Amphetamine	Negative
Urine Cocaine Met.	Negative
U. Methadone Met.	Negative
U. Norbuprenorphine	Positive
Urine Gabapentin	Negative
Urine Pregabalin	Negative
Urine Benzos	Negative

(a)

(a) Benzo group includes: diazepam, temazepam, oxazepam, nitrazepam, clonazepam, nordiazepam (chlordiazepoxide)

DATE PRINTED: 11/08/2016
TIME PRINTED: 11:50

INDEX OF COMMENT CODES

HM Haemolysed
T/F Results to Follow

IS Insufficient
TL Too late for satisfactory analysis

UNK Unknown

LP Lipaemic
TC Test Cancelled

NDET Not Detected
SB See Comment Below

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Edinburgh Access Practice



Private & Confidential

Ms Kirsty Heggie
c/o Grange Guest House
2 Minto Street
Edinburgh
EH9 1RG

Your Ref:

Our Ref: EAP/KW

Date Dictated:

Date Typed: 21st August 2018

Dear Ms Heggie

Many thanks for your letter highlighting the hazard of the uneven height of the steps leading down to the basement area of the Spittal Street Clinic.

Unfortunately we are extremely limited as to what structural changes we can make as our presence in this building is temporary only. We have however made some visual amendments to highlight the lower step to bring it to the attention of people using the steps.

We are grateful to you for pointing this hazard out. Feedback received from our patients is invaluable to us so we can ensure we continue to deliver a quality service.

With very best regards.

Yours sincerely

Kirsty Wyllie
Practice Manager

Please reply to

Edinburgh Access Practice ☐
Edinburgh Community Health Partnership
The Access Point
17 Leith Street
Edinburgh, EH1 3AT

Tel: 0131 240 2810
Fax: 0131 557 9918

☐ Edinburgh Access Practice
Edinburgh Community Health Partnership
The Spittal Street Centre
22-24 Spittal Street
Edinburgh, EH3 9DU

Tel: 0131 240 2810
Fax: 0131 240 2817

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APPLICATION TO REGISTER PERMANENTLY WITH A GENERAL MEDICAL PRACTICE



1. PERSONAL DETAILS (ALL FIELDS MARKED * ARE MANDATORY AND MUST BE COMPLETED AS FULLY AS POSSIBLE)

Male* ☐ Female* ☐ Is this your first registration with a GP Practice in the UK? Yes ☐ No ☒ Will you be in the area for more than 3 months? Yes ☒ No ☐
(If 'No', please ask for form GMSTRF001)

Date of Birth* 29 10 90 Address* ACORN 888
Title* Miss Pilsig St
Surname* HEGGIE Leith
Forenames* KIRSTY Postcode*
Previous Surname* Cummings Telephone #
email address # project38ria@gmail.com Mobile # 079514355946

The following information can be found on your current medical card:

Community Health Index (CHI) Number* ? NHS Number*

The following information can be found on your birth certificate:

Town of Birth* STIRLING Country of Birth* Scotland
Registered district of birth (Scotland only) Mother's maiden name Marshall

the data supplied in these fields will not be input to, or updated in, the Community Health Index (CHI), but will be held on the GP Practice's system

2. HELP US TO TRACE YOUR PREVIOUS GP HEALTH RECORDS BY PROVIDING THE FOLLOWING INFORMATION

Address in UK when you were last registered with a GP*

St Machar Medical
King St, Aberdeen

Postcode*

Name and address of previous GP Practice in UK*

(WAS REGISTERED
at COWGATE CLINIC
LAST YEAR)

Postcode*

If you are from abroad:

Date you first came to live in the UK* If previously resident in the UK, date of leaving*

Your most recent country of residence

If you have served in the British Armed Forces:

Enlistment date*

Are you a Reservist? Yes ☐ No ☐

Leaving date*

Is this your first registration with a GP since leaving the Armed Forces? Yes ☐ No ☐

Service Number

If yes, please provide your address before enlisting*

Postcode*

3. VOLUNTARY CONSENT TO ORGAN DONATION

I would like to join the NHS Organ Donor Register as someone whose organs may be used for transplantation after my death. Please tick the boxes that apply. Your consent to organ donation will be shared with NHS Blood and Transplant together with the information you have provided in Section 1 including your name, gender, date of birth address and CHI number. For more information on being an organ donor or privacy, please ask for the leaflet on joining the NHS Organ Donor Register or visit www.organdonation.nhs.uk.

Any of my organs and tissue ☒ Or my

Kidneys ☐ Eyes ☐ Heart ☐ Lungs ☐ Liver ☐ Pancreas ☐ Small bowel ☐ Tissue ☐

Patient signature Date 27 12

GMSGPR001 v1 (05-2013)

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4. HOW WE USE YOUR INFORMATION

The information you have provided will be used by the GP Practice to carry out its various functions and services including scheduling appointments, ordering tests, hospital referrals and sending correspondence.

Your information, including your name, gender, date of birth and address, will be passed to NHS National Services Scotland where it will be held on the Community Health Index (CHI). This information is used to register you with the GP Practice, transfer your medical records between GP practices in the UK, make payments to GP Practices for medical services provided, and to process and issue medical cards, medical exemption certificates and entitlement cards.

NHS National Services Scotland shares information about you within NHSScotland to assist in the provision and improvement of NHS services and the health of the public. When we do this, we make sure that the information which identifies you as a person and your health information are separated or anonymised. Health condition and treatment information which could identify you will not be used for research purposes by the NHS unless you have consented to this.

For more information on how NHS National Services Scotland uses your personal information visit www.nhss.org. If you have any queries or concerns about how your personal information is used by the NHS please ask for the leaflet 'Confidentiality - it's your right', visit the Health Rights Information Scotland website at www.hris.org.uk or ask your GP surgery.

NHS National Services Scotland is the common name of the Common Services Agency for the Scottish Health Service.

5. PATIENT DECLARATION

I declare that the information I have given on this form is correct and complete. I understand that, if it is not, appropriate action may be taken.

To enable NHS National Services Scotland to confirm my eligibility to lawfully register with a GP and for the purposes of prevention, detection, and investigation of crime, relevant information from this form will be disclosed to the NHS Business Services Authority, NHS National Services Scotland, the Home Office, Identity and Passport Service, HM Revenue and Customs, the General Register Office and Local Authorities.

Patient/Patient's representative signature

Date **27/17**

Representative's name (if applicable)

Relationship to patient (if applicable)

6. FOR PRACTICE USE

GP reference number

GP name

Practice code

Mileage (No.)

Road

Water

Footpath

Identification seen - do not take or retain photocopies

Please initial each relevant box (it is recommended that at least one form of identification is seen to positively identify the applicant)

Birth Cert. ☐

Student ID Card ☐

Driving Licence ☐

Passport or HC2 Cert. ☐

Home Office App Reg Card ☐

Other/None - specify

Receptionist Initials

I accept this patient onto the practice list and declare that, to the best of my knowledge, this information is correct. I acknowledge that the details may be authenticated from appropriate records, and that payments generated from this patient registration will be subject to Payment Verification.

Authorised Practice signature

Date

7. OFFICIAL USE ONLY

Input by

Practice Stamp

Checked by

Date

GMSGPR001 v1 (05-2013)

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Edinburgh Access Practice Registration Form

Welcome to Edinburgh Access Practice. If you would like help to complete this form, please ask one of our receptionists.

Please Circle	Mr	Mrs	<u>Miss</u>	Ms
Please Circle	<u>Single</u>	Married	Divorced	Widowed
Full Name	KIRSTY HEGGIE			
Previous Surname(s)				
Date Of Birth	19/10/90	If Not Born In UK, Date Of Entry To UK		
Place of Birth	STIRLING			
Next of Kin Name Address & Telephone Number	Sam Waylen 07927033848			
Mother's Maiden Name	Marshall			
Current Address	Acorn B&B Pirig St, Leith			
Contact Number	079514355946			
Previous Address	15/1 Lochend Drive EH7 6DP			
Previous GP Practice	St Machar medical, Aberdeen.			

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LOTHIAN UNIVERSITY HOSPITALS DIVISION
www.edinburghlabmed.co.uk

Department of Laboratory Medicine

Biochemistry, RIE

PATIENT: HEGGIE, KIRSTY	UPI: 1910900389	CHI: 1910900389
DOB: 19/10/1990	SEX: F	CONSULTANT/GP: Phlebotomist Jessie An
SOURCE: Edinburgh Access Practice	SENDER:	
CLINICAL DETAILS:		
Collection Date/Time 14/03/2018 16:47		
HE098522V		
Oral Fluid Drugs of Abuse		
Oral Fl Opistes	Positive	(a)
Oral Fl Morphine	Negative	
Oral Fl Codeine	Negative	
Oral Fl EMAM (heroin)	Negative	
Oral Fl Dihydrocodeine	Positive	
Oral Fl Amphetamine	Negative	
Oral Fl Cocaine	Negative	
Oral Fl Methadone	Positive	
Oral Fl Buprenorphine	Negative	
Oral Fl Gabapentin	Negative	
Oral Fl Pregabalin	Negative	
Oral Fl Benzos	Negative	
(a) Dihydrocodeine: Compatible with dihydrocodeine.		
DATE PRINTED: 20/03/2018 TIME PRINTED: 11:50		

INDEX OF COMMENT CODES

HM Haemolysed	IS Insufficient	UNK Unknown	LP Lipaemic	NDET Not Detected
T/F Results to Follow	TL Too late for satisfactory analysis	TC Test Cancelled	SB See Comment Below	

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NHS Lothian Unscheduled Care Service



Page 1 of 2

NHS Confidential: Personal data about a patient

Patient : Kirsty Heggle	Case No 34727
(Gender: Female) (DOB: 19/10/1990) (Age: 27 years) (CHI: 1910900389)	

Case No 34727	Case Date 25/05/2018 20:58
----------------------	-----------------------------------

Current Address St Albans Lodge 1 St. Albans Road Edinburgh	Home Address (If Different) Grange Guest House 2 Minto Street
--	---

EH9 2PA Current Phone 07923 427676	EH9 1RG Home Phone (If Different)
--	---

Case Type NHS24 Nurse Advice	
-------------------------------------	--

Call Origin NHS24	Tel	Name Kirsty
--------------------------	------------	--------------------

Reported Condition

NHS 24 Advice by Oria Heaton (Usc Call Taker) ()	Triage Start 21:00
MEDICATION ENQUIRY	Triage End 21:15

SCAI Patient given self care advice - For Information Only

Clinical summary created by: Oria Heaton (Usc Call Taker) () [25/05/2018 21:15:31]

Reason for call: MEDICATION ENQUIRY

Confirmed Symptom(s):

Medication enquiry - not overdose

Delayed or missed dose; or dose enquiry

25/05/2018 21:00:14 HEATON O., PT STATES SCRIPT HAS RUN OUT AND HAS MISSED TODAY'S DOSE - SUBUTEX BUPRONORPHINE., D/W PSL - OUTCOME SELF CARE...

Support Line Note:

ESSONK SUBUTEX IS A SPECIALISED AREA OF PRESCRIBING. UNFORTUNATELY THERE IS NO ECS FOR PT. ESSONK STAY SAFE. HAVE SUPPORTIVE PEOPLE. EAT RIGHT, DRINK FLUIDS - NO ALCOHOL. IBUPROFEN FOR ACHES AND CANNOT HELP WITH PROVIDING SUBUTEX SELF CARE GOOD WORSENING

Outcome: Patient given self care advice - For Information Only

Pocket Aremote Consult by	End Type	Consult Start
Start Type		Consult End

Adastra Consult by	End Type	Consult Start
Start Type		Consult End

History**Examination****Diagnosis****Treatment****Prescriptions**

For LUCS Admin queries please email: admin.LUCS@nhslothian.scot.nhs.uk
 For LUCS Clinical queries please email: clinical.LUCS@nhslothian.scot.nhs.uk

Report Statistics:

Report produced by Adastra Version 3 - 26/05/2018 22:59:14

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Page 2 of 2

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Informational Outcome(s)

THIRD PARTY COPY

For LUCS Admin queries please email: admin.LUCS@nhslothian.scot.nhs.uk
For LUCS Clinical queries please email: clinical.LUCS@nhslothian.scot.nhs.uk

Report Statistics:

Report produced by Adastra Version 3 - 26/05/2018 22:59:14

Filename: iGPRDA_53.pdf
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LOTHIAN UNIVERSITY HOSPITALS DIVISION MEDICAL MICROBIOLOGY SERVICES

www.edinburghlabmed.co.uk

Specialist Virology Centre
Royal Infirmary of Edinburgh, 51 Little France Crescent
EDINBURGH EH16 4SA

PIN/CHI: 1910900389 / 1910900389

D.O.B: 19/10/1990

Tel: 0131 242 6048
Internal 26048

Patient: HEGGIE, KIRSTY

Sex: Female

Report to: Dr Ishbel Miller

Date Taken: 04/01/2018

Address: Edinburgh Access Practice

Time Taken: 15:24

smokes heroin. for IAC.

Date Received: 05/01/2018

Time Received: 17:57

Sending Laboratory Reference Number:

Date Reported: 09/01/2018

Laboratory Number: MS621750K

Specimen: Clotted blood for serology

Hep B surface Ag qualitative 0.16 S/CO

Hepatitis B surface Antigen : NEGATIVE

Hepatitis C Antibody Index: 0.05

Antibody to Hepatitis C Virus : NEGATIVE (Index <0.2)

HCV antibody may take up to 3 months to develop

following an at risk exposure.

HIV Ag/Ab COMBO: 0.13

HIV Antigen/Antibody COMBO assay:NEGATIVE (Index <0.85)

Authorised by: Background Authorisation

for Dr J A G Bremner

*For ADULT SEROLOGY, RIE Virology is replacing analysis of white-capped clotted (serum) blood tubes with 7.5 ml S-Monovette Serum Gel (Sarstedt) clotted (brown-capped) ones - product code 01.1602.001. ADULT MOLECULAR ANALYSIS should continue to be performed on 7.5 ml S-Monovette Potassium EDTA (Sarstedt) (red-capped) tubes - product code 01.1605.001. Thank you!

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Thomas, Digby

From: MacLeod, Doneil
Sent: 29 May 2018 11:26
To: Thomas, Digby; Nickson, Jo; Meikle, John
Cc: Novak, Paul
Subject: RE: Allocation/transer KH 191090 0389

Follow Up Flag: Follow up
Flag Status: Flagged

Thanks Digby,

I know this woman well, she is actually well able to be organised around her care & treatment (prescription) but tends to seek care mostly defensively, and had clear message from Paul re transfer of care and knew to contact me. I would have expected some confusion around new prescription, no matter how well organised, I have spoken with her partner today and expecting a call from her re her availability and so on. Thank you for prescription meantime.

Best wishes

Doneil

From: Thomas, Digby
Sent: 28 May 2018 17:45
To: Nickson, Jo; Meikle, John; MacLeod, Doneil
Cc: Novak, Paul
Subject: Allocation/transer KH 191090 0389

Evening all

Kirsty Heggie came to my surgery this afternoon and was in need of a script. Said she'd tried to sort it on Saturday but was surprised to find we were not open! I advised that virtually no GP practice has routinely been open on a Saturday since 2004.

Last seen by Paul on 26 Apr for BPN script 24mg x28d from 27 Apr. ?was to move to Doneil's case list but pt had not heard anything and evidently got by on Fri 25 without the need to get in touch – actually got a couple of days' grace, by the sound of it.

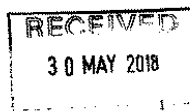
I apologised to her if we had not been in touch when we said we might; I reduced her dose to 16mg for 3d from today at RMP (where she had been taking script despite printed for Boots Newington) and confirmed her mobile number. Could someone get in touch with her about a review appt? – I suggested Thu 31 May morning when she could be seen without that day's dose but she has a small cleaning job and plays music so could not confirm availability as she'd left her tablet at her new accom, St Alban's Lodge.

Thank you!
Digby

Our Values Into Action

Quality | Dignity and Respect | Care and Compassion | Openness, Honesty and Responsibility | Teamwork

For more information visit: <http://www.nhsllothian.scot.nhs.uk/values>



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1045 Confidential: Personal data about a patient

Ms Kirsty Heggie : document please

MacLeod, Doneil

From: MacLeod, Doneil
Sent: 30 November 2018 18:12
To: 'D'MELLO, Paul (NHS [REDACTED])'
Subject: RE: Transfer to NHS [REDACTED]

Dear Paul,

I met with Ms H on Wednesday 28.11, she was travelling with friends for three days and we agreed to prescribe her 3 day's worth of buprenorphine to take away. We also gave a 19 day, 8mg tablet daily, prescription to begin on 02.12, for as normal care from Kirkaldy chemist/Boots High Street Kirkaldy/01592 263 781. This means her next prescription is due for 21.12, with the hope being that she will have secured a GP in Kirkaldy and be able then to meet with yourselves for further prescribing. I have told her that if all this proves too difficult to work out pre 21.12, we will prescribe for a further 2-3 weeks, depending on need, over Festive period; her long-term aim is to stay in Kirkaldy.

In brief this is a thoughtful and intelligent young woman who unfortunately picked up a heroin habit (short duration) which she has been able to abstain from successfully with buprenorphine. She has at times over estimated the speed she can go at to rid herself of heroin, on the back of a sound desire to be completely drug free, and gone from reducing her buprenorphine to having to increase it again. In general she is stable in treatment currently, and I have agreed that I will continue to meet with her for a brief period for psychotherapy input, and that this can continue even though she is transferring for prescription treatment needs to your own service.

This is brief but do get back to me next week.

Best wishes

Doneil

Doneil Macleod

Practice Mental Health Nurse (Specialising in mental health & homelessness)

Edinburgh Access Practice (NHS Lothian)
 22-24 Spittal Street
 Edinburgh
 EH3 9DU

0131 240 2810 & 07770542550

From: D'MELLO, Paul (NHS [REDACTED]) [mailto:paul.d'mello@nhs.net]
Sent: 23 November 2018 15:07
To: MacLeod, Doneil
Subject: Fw: Transfer to NHS [REDACTED]

Paul D'Mello
 Senior Addictions Nurse/NMP
 NHS [REDACTED] Addiction Services
 Whytemans Brae Hospital

NHS Confidential: Personal data about a patient

Kirkcaldy
Extension 21777

From: D'MELLO, Paul (NHS [REDACTED])
Sent: 23 November 2018 15:05
To: Doneil.Macleod@nhslothian.scot.nhs
Subject: Transfer to NHS [REDACTED]

re Kirsty Heggie DOB 09/10/90

Hello,

I am emailing in relation to the transfer to our service of the above patient. My colleague (Carrie) asked me to email your service to confirm that we will be willing to continue prescribing for Kirsty. Any information you can provide us would be welcome, and if you could issue a 28 day prescription prior to transfer it would be very much appreciated.

Kind Regards,

Paul D'Mello
Senior Addictions Nurse/NMP
NHS [REDACTED] Addiction Services
Whytemans Brae Hospital
Kirkcaldy
Extension 21777

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MacLeod, Doneil

From: MacLeod, Doneil
Sent: 21 December 2018 14:22
To: 'DIAMOND, Lynn (NHS [REDACTED])'
Subject: RE: Transfer

Ms Kirsty Heggie

Dear Lynn,

I spoke with Ms H on Thursday 20.12.18, and she is aware of need to follow-up with you to ensure transfer.

Yesterday we prescribed buprenorphine 8mg daily to begin 21.12.18, for 21 days, next due date being 11.01.2019.

Hopefully she will have met with you prior to the next prescription, but if not there is no problem as we will continue for another 14-21 days, whatever is best.

Best wishes

Doneil

Doneil Macleod

Practice Mental Health Nurse (Specialising in mental health & homelessness)

Edinburgh Access Practice (NHS Lothian)
22-24 Spittal Street
Edinburgh
EH3 9DU

0131 240 2810 & 07770542550

From: DIAMOND, Lynn (NHS [REDACTED]) [mailto:lynndiamond@nhs.net]
Sent: 13 December 2018 12:00
To: MacLeod, Doneil
Subject: Transfer

Hi Doneil

Hope things are well

I am the allocated nurse for KHeggie.

I am just wishing to update you on the transfer KH.

She has now been offered two appointments and did not attend either.

I am aware she has a prescription running up to the 20th December. I am just concerned with receiving input from two services the risk of double prescriptions is there.

I believe she has attended FIRST for support and I have briefly spoken to her on the telephone.

If you could keep in touch with any info in regards to prescriptions/appointments it would be appreciated.

KR Lynn
Lynn Diamond
Addictions Nurse

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MacLeod, Doneil

From: DIAMOND, Lynn (NHS) [lynndiamond@nhs.net]
Sent: 13 December 2018 12:00
To: MacLeod, Doneil
Subject: Transfer

Hi Doneil

Hope things are well

I am the allocated nurse for KHeggie.

Kirsty

I am just wishing to update you on the transfer KM.
She has now been offered two appointments and did not attend either.
I am aware she has a prescription running up to the 20th December. I am just concerned with receiving input from two services the risk of double prescriptions is there.
I believe she has attended FIRST for support and I have briefly spoken to her on the telephone.
If you could keep in touch with any info in regards to prescriptions/appointments it would be appreciated.

KR Lynn
Lynn Diamond
Addictions Nurse

Whytemans Brae Hospital
Kirkcaldy
01592716446
ext 20752

lynndiamond@nhs.net



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Edinburgh Access Practice



The Access Point



Private & Confidential

Ms Kirsty Heggie
22a Denend Crescent
Kirkcaldy
■
KY2 5JP

Your Ref:

Our Ref: IN/DMacL

Date Dictated: 3rd January 2019

Date Typed: 4th January 2019

Dear Ms Heggie

Re: Observation/complaint letter dated 12 April 2018

This is an additional response letter to your helpful observation of the hazard that you noticed at Spittal Street, leading down to consultation rooms used by the Edinburgh Access Practice. A response from the Practice Manager at the Edinburgh Access Practice has also been sent.

First let me thank you for taking the time to write to us, and second let me reiterate the apology already sent regarding the time it took to get back to you, it was not intentional. The adjustments we have been able to make regarding the hazard are purely visual; however we do recognise this as a temporary measure and not a long-term solution. We will be moving to new premises next year where such hazards will not exist, and therefore we have accepted a purely temporary measure in this case.

As a service we value suggested improvements made by those we offer support to. Thank you again for the time you took to write to us. I am sorry that our response to you was not as prompt as we would like it to have been.

Yours sincerely

Kirsty Heggie
pp

Isobel Nisbet
Inclusive Edinburgh Homelessness Manager

Please reply to

Edinburgh Access Practice ☐
Edinburgh Community Health Partnership
The Access Point
17 Leith Street
Edinburgh, EH1 3AT

Tel: 0131 240 2810
Fax: 0131 557 9918

☐ Edinburgh Access Practice
Edinburgh Community Health Partnership
The Spittal Street Centre
22-24 Spittal Street
Edinburgh, EH3 9DU

Tel: 0131 240 2810
Fax: 0131 240 2817

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THIS CONTAINS: Personal data about a patient

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **positive**

Patient Details

Surname	HEGGIE
Forename	KIRSTY
CHI	1910900389
Date of birth	1990-10-19
Sex	Female
Address	

Specimen Details

Specimen Processed Date	10-01-2021 21:33
Test Start Date	08-01-2021 21:00
Test End Date	08-01-2021 21:07
GP Practice	20108
Specimen Number	AAF03455265
Administration Method	self

End of Report

Report Date: 11/01/2021

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NHS Confidential: Personal data about a patient

EMIS 19697

ASSIGNMENT FORM**PATIENT ASSIGNMENT TO A NHS GENERAL MEDICAL PRACTICE**

- Please use **BLOCK CAPITALS** to complete the form and tick all relevant boxes.
- Failure to complete this form fully may delay locating any medical records promptly.
- All assignments are issued to practices on a strictly rotational basis.
- Patients are expected to remain with the practice for a **minimum of three months**.
- Eligibility to use the NHS services depends mainly on residence in the UK, and on other qualifying provisions set out in the Regulations.
- The patient, or their representative, **must** sign the declaration overleaf.

NHS
National
Services
Scotland

14 JAN 2019

PERSONAL DETAILS (ALL FIELDS MARKED *ARE MANDATORY AND MUST BE COMPLETED AS FULLY AS POSSIBLE)

WILL YOU BE IN THE AREA FOR MORE THAN THREE MONTHS?

YES ☒ NO ☐

IS THIS YOUR FIRST REGISTRATION WITH A GP PRACTICE IN THE UK? *

YES ☐ NO ☒

SURNAME *

HEGGIE

TITLE (Not held on CHI)

MISS

MALE *

☐

FEMALE *

☒

FORENAME *

KIRSTY

MIDDLE NAME *

PREVIOUS SURNAME *

DATE OF BIRTH *

01/01/1990

CURRENT ADDRESS *

11 MICHAEL STREET

BUCKHAVEN

POSTCODE *

KY8 1JP

TOWN OF BIRTH *

STIRLING

COUNTRY OF BIRTH *

SCOTLAND

MOTHER'S MAIDEN NAME *

MHEGGIE

CONTACT TELEPHONE NUMBER (Not held on CHI)

07895938248

PREVIOUS ADDRESS IN THE UK *

15 GROVE STREET

EDINBURGH

POSTCODE *

EH3 8AA

NAME AND ADDRESS OF PREVIOUS REGISTERED GP PRACTICE IN THE UK *

SPITAL STREET CLINIC

EDINBURGH

POSTCODE *

EH3 9DU

*COMMUNITY HEALTH INDEX NUMBER

1910900359

NATIONAL HEALTH SERVICE NUMBER

7100850474

* am changing address very soon
addres but yet earliest -

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Date Referral Submitted
(This date is fixed at hospital end):
16-Aug-2023

REFERRAL LETTER

MEDICAL IN CONFIDENCE

1910900389

CHI No: 1910900389

101030473282U

Unique Care Pathway Number: 101030473282U

REFERRAL TO	
Psychological Therapy ServicesR2V2 FV Psychological Therapies_F	— Consultant / receiving practitioner and/or specialty clinic
Stirling Community Hospital Livilands Gate Town Centre Stirling FK8 2AU Telephone: 01786 434000	— Hospital and hospital address Hospital location code: V201H
Urgency of Referral Routine Referral	
Administrative Information	
Please indicate suitability for Near Me or Telephone consult (preference Near Me): Suitable for a Phone Consultation	
Patient has special requirements: No	
Has the patient ever been a looked after child?: Yes	
Is this patient currently subject to any other detention order?: No	
Employment: Pharmacists	
Ethnic Origin: (White) British	

PATIENT DETAILS	
Surname	Heggie
Forename(s)	Kirsty
Title	-
Sex	Female
Previous Surname	-
Date of birth	19-Oct-1990
CHI no.	1910900389
Patient's address	
59 Mariner Road CAMELON FALKIRK FK1 4LE	
Contact number(s)	
Voice: 07778233869	

REFERRING PRACTITIONER DETAILS	
Name:	Dr. Rosie Peat (GMC: 7266153)
Practice:	Camelon Medical Practice (25313)
Phone:	Voice: 01324 622854
Practice address:	
3 Baird Street Camelon Falkirk FK1 4PP	

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CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting Complaint**

Description: Personality Disorder

Comment: Moderate

Examinations and Investigations

Acceptance?: Yes, information sharing accepted.

Outline of current difficulties / reason for referral: This patient was previously referred by my colleague back in January to psychology services. Please see attached referral. Unfortunately she missed two appointments and was discharged. She says she was 'a mess' back then and too disorganised to attend. She feels more able to attend appointments now and I would appreciate if she could be offered a further appointment with your services as the underlying issues remain unchanged.

Previous Mental Health difficulties: As per previous discharge

Intervention/Other Referral Details: As per previous referral

Risk of self harm?: Medium risk of self harm

History of self harm?: Yes

Any Current Suicide Ideation?: No

Current Risk to Others?: No

Known aggression towards healthcare staff?: No

History of substance abuse?: Non therapeutic drugs

Forensic History?: No

Risk of self-neglect?: Yes

Any history of non-compliance (with treatment or meds)?: Yes

Have they been referred to other agencies?: Yes

Can the patient leave the house?: Yes

Any past or current child protection concerns?: No

Will this person have difficulty attending appointments?: No

Reason for referral

Care type requested: Out Patient

Expected outcome: Not Specified

Medical history**Pre-existing Conditions (High Priority)**

Description	Laterality	Modifier	Extension	Date Started
Drug dependence	-	-	Pre 2014 heroin, cocaine, all hallucinogenics	04-Jan-2018
Homeless single person	-	-	also in 2015- sofa surfing, occasional camping	02-Jun-2017
H/O: repeated overdose	-	-	2014, 2009	20-Jun-2015
Suicidal ideation	-	-	-	25-Sep-2014
Mixed bipolar affective disorder, NOS	-	-	-	11-May-2011
Herpes simplex	-	-	-	06-Aug-2010
Low mood	-	-	-	01-Jan-2009
H/O: deliberate self harm	-	-	-	01-Jan-2008
Fracture of clavicle	-	-	-	04-Jul-2002
Recurrent urinary tract infection	-	-	Grade 1 reflux evident to mid right ureter	27-Feb-2001
Chickenpox - varicella	-	-	-	01-Jan-1997
Adopted	-	-	-	01-Jan-1995
Child on protection register	-	-	-	01-Jan-1992

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Active Repeat Therapy

Some Repeats may be Active but not Issued. In these instances, the Date Last Issued field contains the date authorised by the GP.

No current medications recorded

Issued Scripts for Acutes and Inactive Repeats (in last 90 days)

<u>Drug name</u>	<u>Drug code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>
Propranolol Hydrochloride Tablets 10 mg	0204000R0AAAH	84 tablet	ONE TO BE TAKEN UP TO THREE TIMES DAILY AS REQUIRED	- - 42 Days

Clinical warnings**Additional relevant information**

Signature of referring doctor (or other
professional)

Date

16-Aug-2023

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NHS Confidential: Personal data about a patient

*Dear Lynn please***MacLeod, Doneil**

From: MacLeod, Doneil
Sent: 10 January 2019 17:33
To: MacLeod, Doneil; 'DIAMOND, Lynn (NHS FIFE)'
Subject: RE: Transfer

Dear Lynn,

Ms Kirsty Heggie

We gave Ms H a prescription beginning 11.01.19, for 21 days, next due date will be 01.02.19. The prescription was as previous, buprenorphine 8mg daily and daily dispensed.

Hopefully this will give time for a transfer. She is aware of process to follow and is mostly an organised person, especially when life is going well, and she did come across today as happier in herself than has presented at times, and content with decisions she is making for her life, which was good to hear and see.

Best wishes

Doneil

From: MacLeod, Doneil
Sent: 21 December 2018 14:22
To: 'DIAMOND, Lynn (NHS [REDACTED])'
Subject: RE: Transfer

Dear Lynn,

I spoke with Ms H on Thursday 20.12.18, and she is aware of need to follow-up with you to ensure transfer.

Yesterday we prescribed buprenorphine 8mg daily to begin 21.12.18, for 21 days, next due date being 11.01.2019.

Hopefully she will have met with you prior to the next prescription, but if not there is no problem as we will continue for another 14-21 days, whatever is best.

Best wishes

Doneil

Doneil Macleod

Practice Mental Health Nurse (Specialising in mental health & homelessness)

Edinburgh Access Practice (NHS Lothian)
 22-24 Spittal Street
 Edinburgh
 EH3 9DU

0131 240 2810 & 07770542550

From: DIAMOND, Lynn (NHS [REDACTED]) [mailto:lynndiamond@nhs.net]
Sent: 13 December 2018 12:00
To: MacLeod, Doneil
Subject: Transfer

NHS Confidential: Personal data about a patient

Hi Doneil

Hope things are well

I am the allocated nurse for KHeggie.

I am just wishing to update you on the transfer KH.

She has now been offered two appointments and did not attend either.

I am aware she has a prescription running up to the 20th December. I am just concerned with receiving input from two services the risk of double prescriptions is there.

I believe she has attended FIRST for support and I have briefly spoken to her on the telephone.

If you could keep in touch with any info in regards to prescriptions/appointments it would be appreciated.

KR Lynn

Lynn Diamond
Addictions Nurse

Whytemans Brae Hospital
Kirkcaldy
01592716446
ext 20752

lynndiamond@nhs.net



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NHS Confidential: Personal data about a patient

NHS Forth Valley Microbiology	SURNAME HEGGIE 59 MARINER ROAD CAMELON	FORENAME KIRSTY	UNIT No. 1910900389	
			DATE OF BIRTH 19/10/1990	SEX F
CONSULTANT Dr Rosie Peat	WARD Dr Rosie Peat	V55450		
G.P. Camelon Medical Practice				
CLINICAL DATA	urinary symptoms			
EXAMINATION Urine exam	LAB No. MU667815X	AUTHORISED Cheryl Dunn		
NATURE OF SPECIMEN Midstream specimen of Urine	DATE COLLECTED 15/08/2023	DATE RECEIVED 15/08/2023	DATE REPORTED 15/08/2023	

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NHS Confidential: Personal data about a patient

 Microbiology	SURNAME HEGGIE 59 MARINER ROAD CAMELON	FORENAME KIRSTY	UNIT No. 1910900389	
			DATE OF BIRTH 19/10/1990	SEX F
CONSULTANT Dr Rosie Peat	WARD Dr Rosie Peat V55450 G.P. Camelon Medical Practice			
CLINICAL DATA urinary symptoms				
Red Blood Cells (u/l) :7 White Blood Cells (u/l) :36 Epithelial Cells (u/l) :22 <u>Urine culture</u> Please note this is a deviating specimen and reported results may therefore be invalid. Please see comment below for further details. Specimen not in boric acid container. Urine microscopy indicates no culture required. Test performed by UKAS accredited medical laboratory No.10825. Normal Ranges Red Blood Cells 0 - 40 /u/l White Blood Cells >400/u/l and negative culture is considered sterile pyuria. White Blood Cells >40 and <400/u/l with a negative culture, consider further investigation if clinically indicated.				
EXAMINATION Urine exam	LAB No. MU667815X	AUTHORISED Cheryl Dunn		
NATURE OF SPECIMEN Midstream specimen of Urine	DATE COLLECTED 15/08/2023	DATE RECEIVED 15/08/2023	DATE REPORTED 15/08/2023	

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NHS Confidential: Personal data about a patient

Camelon Medical Practice



CHANGE OF ADDRESS FORM

If you have changed your address please complete Part 1.
PART 1

Name KIRSTY HEEGIE
New Address 59 MARINE RD
Post Code EK1 4LE
Date of Birth 19/10/90
Telephone No. _____ Mobile No. 07778233869
Old Address 48 FLEMING Gdns EK1 4BP

Names of other persons in household also moving (only if registered at Camelton Medical Practice)

PART 2. For Reception Use Only

Is the new address within our Practice Area? ☒ YES ☐ NO

If No advise patient that they will have to register with another GP

Patient Advised ☐

If Yes, change all patients details on GPass and on the paper records and print labels.

Enter addresses in full e.g. Street not St. ☐

Receptionist A. Notall Date 24/6/23

PASS ALL FORMS TO DATA MANAGER, IF PATIENT'S NEW ADDRESS IS OUT WITH PRACTICE AREA PASS THIS FORM WITH NOTES TO DATA MANAGER

Patient Outwith Practice Area

Letter sent ☐

Patient Removed from list form completed ☐

Sign _____

Date _____

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NHS Confidential: Personal data about a patient

NHS Forth Valley Microbiology	SURNAME HEGGIE 59 MARINER ROAD CAMELON	FORENAME KIRSTY	UNIT No. 1910900389	
			DATE OF BIRTH 19/10/1990	SEX F
CONSULTANT Dr Rosie Peat	WARD Dr Rosie Peat V55450 G.P. Camelon Medical Practice			
CLINICAL DATA	STI screen			
EXAMINATION Chlamydia & gonorrhoea PCR	LAB No. MS803215L	AUTHORISED Auto authorised		
NATURE OF SPECIMEN Urine	DATE COLLECTED 15/08/2023	DATE RECEIVED 15/08/2023	DATE REPORTED 17/08/2023	

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NHS Confidential: Personal data about a patient

 Microbiology	SURNAME HEGGIE 59 MARINER ROAD CAMELON	FORENAME KIRSTY	UNIT No. 1910900389	
			DATE OF BIRTH 19/10/1990	SEX F
CONSULTANT Dr Rosie Peat	WARD Dr Rosie Peat V55450 G.P. Camelon Medical Practice			
CLINICAL DATA STI screen				
Chlamydia trachomatis PCR Not Detected Low vaginal swab requested for CTNG but swab received in empty boric acid container with MS803215 number. Multi collection container filled with urine with MU667815. Swab in boric acid completely rejected and discarded. Some urine decanted off for pyogenic culture on sample number and CTNG being run on urine sample under MS803215. If LVS still required for CTNG testing please send repeat. f11 N.gonorrhoeae PCR Not Detected Test performed by UKAS accredited medical laboratory No.10825. * Chlamydia / Gonorrhoea testing should only be done if there is a clinical indication OR if there is a concern following sexual risk. * All diagnosed with Chlamydia should have partner notification and be retested at 3-12 months. * For advice / help contact Central Sexual Health Helpline 01324 673563 (Mon-Fri 2-4pm).				
EXAMINATION Chlamydia & gonorrhoea PCR	LAB No. MS803215L	AUTHORISED Auto authorised		
NATURE OF SPECIMEN Urine	DATE COLLECTED 15/08/2023	DATE RECEIVED 15/08/2023	DATE REPORTED 17/08/2023	

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NHS Confidential. For use only about a patient

Version 4 - January 2019

**QUIT
YOUR
WAY**
with our
support

FIFE  PHARMACY

Voucher for Nicotine Replacement Therapy (NRT)
Please take to a Pharmacy in  for dispensing

Client Name: Kirsty Heggie CHI No.: 19/10/1990
Address: 177 Taylor Street GP Practice: Muirhead M.C.
Post Code: K18 3AY
The above client is attending week 2 of a programme of Stop Smoking support.

I have assessed this client as suitable for NRT. Please supply the following:

Name of preparation (state brand if applicable)	Formulation e.g. patch	Strength	Directions for use e.g. apply daily	State total quantity e.g. 4x7	Dispensing instructions e.g. weekly
<u>Niquitin</u>	<u>lozenges</u>	<u>1.5mg</u>	<u>max 15 a day</u>	<u>60 x 3</u>	<u>A11</u>
			FOR INFORMATION ONLY		
			NO ACTION REQUIRED		

Comments:

Signed: Caroline Date: 10/5/19
Name of Practitioner: CAROLINE MURDOCH Tel No: 0800 025 3000

To be completed by the pharmacy:

Contractor Code:

NRT Supplied					
Supply date	Brand	Form	Strength Supplied	Quantity	Checked by (on dispensing)
<u>07.01.19</u> Example	<u>NICOTINELL TTS</u> Example	<u>PATCH</u> Example	<u>21mg</u> Example	<u>1x7</u> Example	<u>WJ</u> Example

Pharmacy Stamp:

Pharmacist signature:

Date:

Once completed send to:
Smoking Cessation Administrator

Room 1.003, Haig House, Cameron Hospital, Windygates, Leven, KY8 5RG
Tel: 0800 025 3000

Top copy - Client
Pink copy - GP
Yellow copy - Practitioner

5356

NHS Confidential: Personal data about a patient

HH.
22926**ASSIGNMENT FORM****PATIENT ASSIGNMENT TO A NHS GENERAL MEDICAL PRACTICE**

- Please use **BLOCK CAPITALS** to complete the form and tick all relevant boxes.
- Failure to complete this form fully may delay locating any medical records promptly.
- All assignments are issued to practices on a strictly rotational basis.
- Patients are expected to remain with the practice for a **minimum of three months**.
- Eligibility to use the NHS services depends mainly on residence in the UK, and on other qualifying provisions set out in the Regulations.
- The patient, or their representative, **must** sign the declaration overleaf.

NHS
 National
 Services
 Scotland

 RECEIVE
 17 FEB 2022

PERSONAL DETAILS (ALL FIELDS MARKED * ARE MANDATORY AND MUST BE COMPLETED AS FULLY AS POSSIBLE)

WILL YOU BE IN THE AREA FOR MORE THAN THREE MONTHS? *		YES ☒	NO ☐
IS THIS YOUR FIRST REGISTRATION WITH A GP PRACTICE IN THE UK? *		YES ☐	NO ☒
SURNAME * HEGGIE		TITLE (Not held on CHI) * MISS	
FORENAME * KIRSTY		MIDDLE NAME * 	
PREVIOUS SURNAME * CUMMINGS		DATE OF BIRTH * D 19 M 10 Y 1990	
CURRENT ADDRESS * 48 FLEMING GARDENS FALKIRK		POSTCODE * FK1 4BP	
TOWN OF BIRTH * STIRLING		COUNTRY OF BIRTH * SCOTLAND	
MOTHER'S MAIDEN NAME * MARSHALL		CONTACT TELEPHONE NUMBER (Not held on CHI) 07526594405	
PREVIOUS ADDRESS IN THE UK * 171 TAYLOR STREET		POSTCODE * KY8 3AY	
NAME AND ADDRESS OF PREVIOUS REGISTERED GP PRACTICE IN THE UK * MUIREDGE SURGERY, BUCKHAVEN, FIFE		POSTCODE * ?	
COMMUNITY HEALTH INDEX NUMBER		NATIONAL HEALTH SERVICE NUMBER	

NHS Confidential: Personal data about a patient

IF YOU ARE FROM ABROAD:
DATE YOU FIRST CAME TO LIVE IN THE UK?

IF PREVIOUSLY RESIDENT IN THE UK, DATE OF LEAVING:

YOUR MOST RECENT COUNTRY OF RESIDENCE:

IF YOU HAVE SERVED IN THE BRITISH ARMED FORCES:
SERVICE / PERSONNEL NUMBER

ARE YOU A RESERVIST IN ANY OF THE BRITISH ARMED FORCES? YES ☐ NO ☒

DATE OF YOUR ENLISTMENT:

DATE OF YOUR LEAVING:

IS THIS YOUR FIRST REGISTRATION WITH A GP SINCE LEAVING THE ARMED FORCES? YES ☐ NO ☒

VOLUNTARY CONSENT TO ORGAN DONATION
I authorise the donation of (Please tick the boxes that apply)
any of my organs and tissue ☐ or my
Kidneys ☐ Eyes ☐ Heart ☐ Lungs ☐ Liver ☐ Pancreas ☐ Small bowel ☐ Tissue ☐
for transplantation after my death.
PATIENT SIGNATURE HA DATE 29/01/22

HOW WE USE YOUR INFORMATION
THE INFORMATION YOU HAVE PROVIDED WILL BE USED BY THE GP PRACTICE TO CARRY OUT ITS VARIOUS FUNCTIONS AND SERVICES INCLUDING SCHEDULING APPOINTMENTS, ORDERING TESTS, HOSPITAL REFERRALS AND SENDING CORRESPONDENCE.
YOUR INFORMATION, INCLUDING YOUR NAME, GENDER, DATE OF BIRTH AND ADDRESS, WILL BE PASSED TO NHS NATIONAL SERVICES SCOTLAND WHERE IT WILL BE HELD ON THE COMMUNITY HEALTH INDEX (CHI). THIS INFORMATION IS USED TO REGISTER YOU WITH A GP PRACTICE, TRANSFER YOUR MEDICAL RECORDS BETWEEN GP PRACTICES IN THE UK, MAKE PAYMENTS TO GP PRACTICES FOR MEDICAL SERVICES PROVIDED, AND TO PROCESS AND ISSUE MEDICAL CARDS, MEDICAL EXEMPTION CERTIFICATES AND ENTITLEMENT CARDS.
NHS NATIONAL SERVICES SCOTLAND SHARES INFORMATION ABOUT YOU WITHIN NHS SCOTLAND TO ASSIST IN THE PROVISION AND IMPROVEMENT OF NHS SERVICES AND THE HEALTH OF THE PUBLIC. WHEN WE DO THIS, WE MAKE SURE THAT THE INFORMATION WHICH COULD IDENTIFY YOU AS A PERSON AND YOUR HEALTH INFORMATION ARE SEPARATED OR ANONYMISED. HEALTH CONDITION AND TREATMENT INFORMATION WHICH COULD IDENTIFY YOU WILL NOT BE USED FOR RESEARCH PURPOSES BY THE NHS UNLESS YOU HAVE CONSENTED TO THIS.
FOR MORE INFORMATION ON HOW NHS NATIONAL SERVICES SCOTLAND USES YOUR PERSONAL INFORMATION VISIT OUR WEBSITE AT WWW.NHS.NHS.SS.ORG. IF YOU HAVE ANY QUERIES OR CONCERNS ABOUT HOW YOUR PERSONAL INFORMATION IS USED BY THE NHS PLEASE ASK FOR THE DEPARTMENT 'CONFIDENTIALITY - IT'S YOUR RIGHT'. VISIT THE HEALTH RIGHTS INFORMATION SCOTLAND WEBSITE AT WWW.HRIS.ORG.UK OR ASK YOUR GP SURGERY.

PATIENT DECLARATION
I DECLARE THAT THE INFORMATION I HAVE GIVEN ON THIS FORM IS CORRECT AND COMPLETE AND I UNDERSTAND THAT IF IT IS NOT APPROPRIATE ACTION MAY BE TAKEN.
TO ENABLE NHS NATIONAL SERVICES SCOTLAND TO CONFIRM MY ELIGIBILITY TO LAWFULLY REGISTER WITH A GP AND FOR THE PURPOSES OF PREVENTION, DETECTION AND INVESTIGATION OF CRIME, RELEVANT INFORMATION FROM THIS FORM WILL BE DISCLOSED TO THE NHS BUSINESS SERVICES AUTHORITY, NHS NATIONAL SERVICES SCOTLAND, THE HOME OFFICE, IDENTITY AND PASSPORTS SERVICES, HM REVENUE AND CUSTOMS, THE GENERAL REGISTER OFFICE AND LOCAL AUTHORITIES.

PATIENT / REPRESENTATIVE SIGNATURE HA **SIGN HERE**

REPRESENTATIVE'S NAME (IF APPLICABLE)

RELATIONSHIP TO PATIENT (IF APPLICABLE)

DATE 16/02/22

FOR PSD ** / PRACTICE USE ONLY 5933907 3293910M

PRACTICE CODE ** 10031 **GP SIGNATURE** M 312 H 303

GP REFERENCE NUMBER

Verification seen - Do not take or retain photocopies

STUDENT ☐ **DRIVING** ☐ **PASSPORT** ☐ **HOME OFFICE** ☐ **OTHER** ☐

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Hospital use only	Clinic	Day Date	Time	Hospital No.
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Date Referral Submitted

(This date is fixed at hospital end):

15-Apr-2024**REFERRAL LETTER****MEDICAL IN CONFIDENCE****1910900389**

CHI No: 1910900389

101032748791F

Unique Care Pathway Number: 101032748791F

REFERRAL TO	
Adult PsychiatryG1C FV MH Adult (Falkirk)	— Consultant / receiving practitioner and/or specialty clinic
Falkirk Community Hospital Westburn Avenue Falkirk FK1 5SU Telephone: 01324 624000	— Hospital and hospital address
	Hospital location code: V102H
Urgency of Referral Routine Psychiatric Referral	
Administrative Information	
Please indicate suitability for Near Me or Telephone consult (preference Near Me): Suitable for a Phone Consultation	
Patient has special requirements: No	
Employment: Pharmacists	
Ethnic Origin: (White) British	

PATIENT DETAILS		Patient's address
Surname	Heggie	59 Mariner Road CAMELON FALKIRK FK1 4LE
Forename(s)	Kirsty	
Title	- Sex Female	
Previous Surname	-	
Date of birth	19-Oct-1990	
CHI no.	1910900389	Contact number(s) Voice: 07778233869

REFERRING PRACTITIONER DETAILS		Practice address:
Name:	Dr. John Nelson (GMC: 4253895)	3 Baird Street
Practice:	Camelon Medical Practice (25313)	Camelon
Phone:	Voice: 01324 622854	Falkirk
		FK1 4PP

CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting Complaint**

Description: Personality Disorder

Comment: Moderate - Severe

Examinations and Investigations

Acceptance?: Yes, information sharing accepted.

What aspect of the service do you feel would help?: Assessment of her current mental health.

Specify signs and Symptoms that would be consistent with a mental disorder:: Moved to Forth Valley 2022. Diagnosis in past of mixed bipolar affective disorder but then changed to Emotionally Unstable Personality Disorder during admission to Royal Edinburgh Hospital in 2015 - please see attached discharge letter from that time.

Came for appointment today. Dressed outlandishly with black hat with black veil, what looks like stage makeup. a brown and gold faux fur stole. Says she feels much better since deciding yesterday that she's going to kill herself by the end of the year, though she says she goes by the Celtic calendar so this would mean October. Asking if she can be referred to Mental Health Services though she then says that talking about things doesn't change anything. Says no imminent plans to self-harm. No drugs or alcohol. On exam is very calm and matter-of-fact.

This is an unusual presentation and I don't know what to make of it. Bizarre aspects do make me think of bipolar more than EUPD.

I would welcome your assessment of her.

Past psychiatric history:: As above.

Risk of self harm?: Low risk of self harm

History of self harm?: No

Current Suicide Ideation?: Yes

Details suicide ideation: See above- not imminent

Current Risk to Others?: No

History of substance abuse?: Both

Details of substance abuse: Used heroin when with an addict partner but nil for some years now.

Forensic History?: No

Have they been referred to other agencies?: No

Can the patient leave the house?: Yes

Is the person referred involved with Looked After Children aged between 18 - 26?: No

Reason for referral

Care type requested: Out Patient

Expected outcome: Not Specified

Medical history**Pre-existing Conditions (High Priority)**

Description	Laterality	Modifier	Extension	Date Started
Drug dependence	-	-	Pre 2014 heroin, cocaine, all hallucinogenics	04-Jan-2018
Homeless single person	-	-	also in 2015- sofa surfing, occasional camping	02-Jun-2017
H/O: repeated overdose	-	-	2014, 2009	20-Jun-2015
Suicidal ideation	-	-	-	25-Sep-2014
Mixed bipolar affective disorder, NOS	-	-	-	11-May-2011
Herpes simplex	-	-	-	06-Aug-2010
Low mood	-	-	-	01-Jan-2009
H/O: deliberate self harm	-	-	-	01-Jan-2008
Fracture of clavicle	-	-	-	04-Jul-2002
Recurrent urinary tract infection	-	-	Grade 1 reflux evident to mid right ureter	27-Feb-2001
Chickenpox - varicella	-	-	-	01-Jan-1997
Adopted	-	-	-	01-Jan-1995
Child on protection register	-	-	-	01-Jan-1992

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Active Repeat Therapy

Some Repeats may be Active but not Issued. In these instances, the Date Last Issued field contains the date authorised by the GP.

No current medications recorded

Issued Scripts for Acutes and Inactive Repeats (in last 90 days)

<u>Drug name</u>	<u>Drug code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>
Omeprazole Capsules (Gastro-Resistant) 20 mg	0103050P0AAAGAG	28 capsule	ONE CAPSULE TO BE TAKEN ONCE DAILY	- - 42 Days

Clinical warnings

Smoking status: Number per day: ? (not known)

Alcohol status: Units per day: ? (not known)

Exercise status: Not Known

Additional relevant information

Signature of referring doctor (or other professional)

Date

15-Apr-2024

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Hospital use only	Clinic	Day Date	Time	Hospital No.
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Date Referral Submitted
(This date is fixed at hospital end):
28-Aug-2024

REFERRAL LETTER
MEDICAL IN CONFIDENCE

1910900389

CHI No: 1910900389

101034045734L

Unique Care Pathway Number: 101034045734L

REFERRAL TO	
Adult PsychiatryGIC FV MH Adult (Falkirk)	☐ Consultant / receiving practitioner and/or specialty clinic
Falkirk Community Hospital Westburn Avenue Falkirk FK1 5SU Telephone: 01324 624000	☐ Hospital and hospital address Hospital location code: V102H
Urgency of Referral Routine Psychiatric Referral	
Administrative Information Please indicate suitability for Near Me or Telephone consult (preference Near Me):Not suitable for either Phone or Near Me Consultation Patient has special requirements:No Employment: Pharmacists Ethnic Origin: (White) British	

PATIENT DETAILS		Patient's address	
Surname	Heggie	59 Mariner Road CAMELON FALKIRK FK1 4LE	
Forename(s)	Kirsty		
Title	-		Sex Female
Previous Surname	-		
Date of birth	19-Oct-1990		
CHI no.	1910900389	Contact number(s) Voice: 07778233869	

REFERRING HCP DETAILS		Organisation address
Name:	Adeniran Odeleye	3 Baird Street Camelon Falkirk FK1 4PP Voice: 01324 622854
Organisation name:	Camelon Medical Practice (25313) (25313)	
Specialty:	- (-)	

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CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting Complaint**

Description: Personality Disorder

Comment: Moderate - Severe

Examinations and Investigations

Acceptance?: Yes, information sharing accepted.

Specify signs and Symptoms that would be consistent with a mental disorder:: This lady has made a request to be referred back to your services. She is struggling with her mental health since young age. she was referred to psychiatry but on review she says she downplayed her symptoms and did not express how she truly felt. She is struggling with anxiety. she has thoughts of self harm. She is increasingly paranoid due to past experiences. She has 2 different personalities and at times forgets what she did after a few hours. she is neat at times other periods she is laicadaisical and untidy. She was placed on mirtazepine and propranolol. propranolol helps with anxiety but only for a few minutes, mirtazepine does not help. She was sign posted by your team to FDAMH. She has refused to engage due to anxiety in crowded places. She is hoping she can be placed on medication for her symptoms and discuss how she is feeling. I have placed her on sertraline and propranolol, I encouraged her to contact FDAMH. I will appreciate a review

Thanks.

Risk of self harm?: Medium risk of self harm

History of self harm?: No

Current Suicide Ideation?: No

Current Risk to Others?: No

History of substance abuse?: Alcohol

Forensic History?: No

Have they been referred to other agencies?: Yes

Details of other agencies: has been advised to contact FDAMH

Can the patient leave the house?: Yes

Is the person referred involved with Looked After Children aged between 18 - 26?: No

Reason for referral

Care type requested: Out Patient

Expected outcome: Not Specified

Medical history**Pre-existing Conditions (High Priority)**

Description	Laterality	Modifier	Extension	Date Started
History of substance misuse	-	-	-	13-May-2024
[X]Mixed and other personality disorders	-	-	-	13-May-2024
Drug dependence	-	-	Pre 2014 heroin, cocaine, all hallucinogenics	04-Jan-2018
Homeless single person	-	-	also in 2015- sofa surfing, occasional camping	02-Jun-2017
H/O: repeated overdose	-	-	2014, 2009	20-Jun-2015
Suicidal ideation	-	-	-	25-Sep-2014
Herpes simplex	-	-	-	06-Aug-2010
Low mood	-	-	-	01-Jan-2009
H/O: deliberate self harm	-	-	-	01-Jan-2008
Fracture of clavicle	-	-	-	04-Jul-2002
Recurrent urinary tract infection	-	-	Grade 1 reflux evident to mid right ureter	27-Feb-2001
Chickenpox - varicella	-	-	-	01-Jan-1997
Adopted	-	-	-	01-Jan-1995
Child on protection register	-	-	-	01-Jan-1992

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Active Repeat Therapy

Some Repeats may be Active but not Issued. In these instances, the Date Last Issued field contains the date authorised by the GP.

No current medications recorded

Issued Scripts for Acutes and Inactive Repeats (in last 90 days)

<u>Drug name</u>	<u>Drug code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	
Sertraline Hydrochloride Tablets 50 mg	0403030Q0AAAAAA	28 tablet	TAKE ONE DAILY	-	- 42 Days
Propranolol Hydrochloride Tablets 10 mg	0204000R0AAAHAH	84 tablet	ONE TO BE TAKEN UP TO THREE TIMES DAILY AS REQUIRED	-	- 42 Days
Mometasone Furoate Nasal spray 50 micrograms/dose	1202010U0AAAAAA	140 dose	TWO SPRAYS TO BE USED IN EACH NOSTRIL EACH DAY	-	- 42 Days

Clinical warnings

Smoking status: Number per day: ? (not known)

<u>Description</u>	<u>Comment</u>	<u>Date Recorded</u>
Alcohol misuse	-	13-May-2024

Exercise status: Not Known

Additional relevant information

Signature of referring doctor (or other professional)

Date

28-Aug-2024

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Camelon Medical Practice

Dr. Kirsten A. Glen
Dr. Heather A. Haywood
Dr. J. Kenneth M. Nelson
Dr. Paul R. Sparks
Dr. May Hagerty
Dr. Rosie Peat



3 Baird Street,
Camelon,
Falkirk, FK1 4PP
Tel. (01324) 622854

Ref: - JMcN/CS

Date: 1st October 2025

Kirsty Heggie
59 Mariner Road
Camelon
Falkirk
FK1 4LE

Dear Kirsty,

According to our records you have failed to attend 4 appointments within the last 14 months. The first appointment was with Dr Popi on 28th August 2024, the second appointment was for our Mental Health Nurse on 7th January and the third appointment was with Dr Hagerty on 10th January. Most recently you failed to attend our Mental Health Nurse again on 9th September.

We are always reluctant to remove patients, but if you continue to book appointments and fail to attend you will be removed from our list.

Yours sincerely,

Mrs Courtney Shaw
Office Administrator

It is easy to cancel an appointment by calling our dedicated cancellation line.

Call 01324 622854, Press Option 2 and leave a message. Please give as much notice as you can as we can often fill appointments with a few hours notice.

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PRIVATE & CONFIDENTIAL

Date: 03/04/2025

Dr. HA Haywood
Camelon Medical Practice
3 Baird Street
Camelon
Falkirk
FK1 4PP

G.P. NOTIFICATION

Re:

Name: Kirsty
Heggie

CHI Number:
1910900389

Address: 59 Mariner Road
Falkirk
Stirlingshire
FK1 4LE

Specialty - Ear, Nose and Throat (ENT)

Your patient, named above, has not responded to two letters sent asking them to make an appointment for the above clinic.

We have therefore assumed that your patient no longer wishes or requires this appointment and have removed their name from our waiting list. If your patient still wishes to be seen they can contact us within 21 days from the date on this letter and we will arrange to add them back on to the waiting list. If, after this time, they request an appointment we will require a new referral.

Appointments Team
NHS Forth Valley

www.nhsforthvalley.com [Facebook.com/nhsforthvalley](https://www.facebook.com/nhsforthvalley) [@nhsforthvalley](https://twitter.com/nhsforthvalley)

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NHS Confidential: Personal data about a patient



PRIVATE & CONFIDENTIAL

Date: 30/05/2025

Dr. HA Haywood
Camelon Medical Practice
3 Baird Street
Camelon
Falkirk
FK1 4PP

G.P NOTIFICATION

Re:

Name: Kirsty
Heggie

CHI Number:
1910900389

Address: 59 Mariner Road
Falkirk
Stirlingshire
FK1 4LE

Specialty - Ear, Nose and Throat (ENT)

Your patient, named above, has not responded to two letters sent asking them to make an appointment for the above clinic.

We have therefore assumed that your patient no longer wishes or requires this appointment and have removed their name from our waiting list. If your patient still wishes to be seen they can contact us within 21 days from the date on this letter and we will arrange to add them back on to the waiting list. If, after this time, they request an appointment we will require a new referral.

Appointments Team
NHS Forth Valley

www.nhsforthvalley.com [Facebook.com/nhsforthvalley](https://www.facebook.com/nhsforthvalley) [@nhsforthvalley](https://twitter.com/nhsforthvalley)

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Hospital use only	Clinic	Day Date	Time	Hospital No.
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Date Referral Submitted
(This date is fixed at hospital end):
23-Dec-2024

REFERRAL LETTER
MEDICAL IN CONFIDENCE

1910900389

CHI No: 1910900389

101035146136P

Unique Care Pathway Number: 101035146136P

REFERRAL TO	
AudiologyCSA FV Audiology - Adult	— Consultant / receiving practitioner and/or specialty clinic
Stirling Community Hospital Livlands Gate Stirling FK8 2AU	— Hospital and hospital address Hospital location code: V201H
Urgency of Referral Routine Audiology Referral	
Administrative Information Please indicate suitability for Near Me or Telephone consult (preference Near Me):Unknown Preferred method of contact:Telephone Age in Years:34 Patient has special requirements:No Employment: Pharmacists Ethnic Origin: (White) British	

PATIENT DETAILS	
Surname	Heggie
Forename(s)	Kirsty
Title	- Sex Female
Previous Surname	-
Date of birth	19-Oct-1990
CHI no.	1910900389
Patient's address 59 Mariner Road CAMELON FALKIRK FK1 4LE	
Contact number(s) Voice: 07858571250	

REFERRING PRACTITIONER DETAILS	
Name:	Dr. May Hagerty (GMC: 4705512)
Practice:	Camelon Medical Practice (25313)
Phone:	Voice: 01324 622854
Practice address: 3 Baird Street Camelon Falkirk FK1 4PP	

CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting Complaint**

Description: ? eustachian tube dysfunction R, reduced hearing

Comment: ? ETD R. ? fluid level. reduced hearing comes and goes. 6months NS not helped. doing breathing exercises/ vasaiva.

Examinations and Investigations

Has the patient been diagnosed with Dementia?: NOT Recorded -

Murmur present: Not Recorded -

Is a 12 lead ECG: Not done -

Recent CXR: Not done -

FBC: Not Recorded -

Urea and Electrolytes: Not Recorded -

LFT: Not Recorded -

TFT: Not Recorded -

Lipid Profile: Not Recorded -

Glucose: Not Recorded -

Patient Measurements

Diastolic Systolic Height Weight BMI Date Recorded

118 68 24-Aug-2022

Reason for referral

Care type requested: Out Patient

Expected outcome: Not Specified

Medical history**Pre-existing Conditions (High Priority)**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date Started</u>
[X]Mixed and other personality disorders	-	-	-	13-May-2024
History of substance misuse	-	-	-	13-May-2024
Drug dependence	-	-	Pre 2014 heroin, cocaine, all hallucinogenics	04-Jan-2018
Homeless single person	-	-	also in 2015- sofa surfing, occasional camping	02-Jun-2017
H/O: repeated overdose	-	-	2014, 2009	20-Jun-2015
Suicidal ideation	-	-	-	25-Sep-2014
Herpes simplex	-	-	-	06-Aug-2010
Low mood	-	-	-	01-Jan-2009
H/O: deliberate self harm	-	-	-	01-Jan-2008
Fracture of clavicle	-	-	-	04-Jul-2002
Recurrent urinary tract infection	-	-	Grade 1 reflux evident to mid right ureter	27-Feb-2001
Chickenpox - varicella	-	-	-	01-Jan-1997
Adopted	-	-	-	01-Jan-1995
Child on protection register	-	-	-	01-Jan-1992

Active Repeat Therapy

Some Repeats may be Active but not Issued. In these instances, the Date Last Issued field contains the date authorised by the GP.

No current medications recorded

Issued Scripts for Acutes and Inactive Repeats (in last 90 days)

No recent medications recorded

Clinical warnings

Smoking status: Number per day: ? (not known)

<u>Description</u>	<u>Comment</u>	<u>Date Recorded</u>
Alcohol misuse	-	13-May-2024

Exercise status: Not Known

Additional relevant information

Signature of referring doctor (or other professional)

Date

23-Dec-2024

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NHS Lothian

Royal Infirmary of Edinburgh
51 Little France Crescent
Old Dalkeith Road
Edinburgh EH16 4SA

Dr HA Haywood
Camelon Medical Practice
3 Baird Street
Camelon
Falkirk
FK1 4PP

Date: 04/01/2026

Emergency Discharge Summary

Patient	Kirstie Heggie 59 Mariner Road Camelon Falkirk FK1 4LE	CHI Date of Birth / Age UHPI A&E Attendance Number	1910900389 19/10/1990 (35 years) 701001272H E6267041
Attendance Date	03/01/2026		
Attendance Time	18:44		
Mode of Arrival	Police		
Source of Referral	Police		
Discharge Date	04/01/2026		
Discharge To			

Dear Dr HA Haywood

Presentation: mental health mental illness - apparently hallucinating - T2 member of public called police - patient running around royal mile taking clothes off, acting irrationally - denies drugs and alcohol - breathalysed 0.74 - talking about being an assested sou

CLINICAL NOTES:

Clinical note: ST4 S.O'Brien

PC: Patient brought in by Police - Mental Health concerns

- Concerns from the public re: distressing behaviour

HPC:

The police were called by members of the Public re: Concerning / distressing behaviour

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Reports that she was screaming, taking her clothes off, shouting etc.
When the police attended - found her to be distressed on the Royal Mile with an empty 250mls bottle of Whisky on her
Patient was reportedly shouting that 'she was an assended soul'
Police noted a small amount of blood from her nose
No other immediate injuries noted
Police spoke to MHAS who advised for A&E attendance

Patient does not recall events this afternoon
Reported that she drank a quarter bottle of whisky on an empty stomach
Denies any drug or substance misuse
Reported that 'alot of her emotions built up over christmas and this was just a release'
Strongly denied any thoughts of self harm or suicide
Reports that she just wanted to go home - feels well in herself and calm

No physical health symptoms reported
Denies any pain
Denies any injuries or falls

PMHx:
Prev. similar presentations of Emotinal instability - seen and discharged by MHAS
Prev. anti-depressant use (reported by patient)

DHx:
NKDA

SHx:
Lives alone in Falkirk
Partner lives in Edinburgh - he will drive her home this evening
Non-smoker

O/E:
Alert, calm, GCS 15
Dressed appropriately
Engaging in conversation, answering questions appropriately
No slurring of words

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A: Maintaining own
B: No respiratory distress, good bilateral air entry
C: Warm peripheries, HS: I+II+0

No evidence of bleeding from the nose or injury to the nose

Observations:
RR 17 Sats 98%
HR 79 BP 106/75
Temp 36.9C

Bloods: Noted on TRAK
- within normal parameters

Imp: No acute abnormalities identified
- ?further episode of emotional instability
- Perceived low risk; denies any thought of self harm / suicide
- Patient has declined MHAS - has an appointment with her Mental health nurse in Falkirk and the patient thinks this would be a better environment to discuss her mental health

Plan:
Patient can be discharged home
Places of safety / support lines revised with patient
Patient happy with plan, no further questions

Yours Sincerely,

Sarah Elizabeth O'Brien, Doctor

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24

Public Protection Referral 1 (PPR 1)

Type of Concern	Adult Welfare
Reason for Concern	Mental Health/Self Harm (Adult)
Additional Categories of Concern	Carer Stress (Adult)
Date and Time of Call	29/11/2025 15:28:00
SAP Record Number	PA-281753
Respond Case ID number	PP-0042541

Caller Name	Caller Phone Number	Callers' relationship to patient	If Health Professional please specify
DEREK UNKNOWN	07799265103	Spouse/Partner	

Patient Details					
Name	D.O.B	Chi number	Gender	Age	Patient Phone Number
Miss Kirsty Heggie	19/10/1990	1910900389	Female	35 (26 to 50 Years)	07799265103

Patient Address
59 MARINER ROAD CAMELON FALKIRK FK14LE

Patient Location at Time of Call
24, STUART PARK, CRAIGMOUNT, EDINBURGH, EH128YD

Person/s 'at risk' or whom there is a concern about.				
Name	D.O.B	Chi number	Gender	Age
Miss Kirsty Heggie	19/10/1990	1910900389	Female	35 (26 to 50 Years)

GP Name	Practice Address	Practice Phone Number	Childs School (if known)
UNKNOWN	3 BAIRD STREET, CAMELON, FALKIRK, FK14PP	01324622854	

Situation: (risk/concern):
3RD PARTY CALL FROM PARTNER REPORTING LONG-TERM MENTAL HEALTH STRUGGLES WITH FREQUENT "BREAKDOWNS" AND ACCUSATIONS OF INFIDELITY. REPORTS PATIENT WALKING AROUND NAKED THROUGHOUT HOUSE (SOMETIMES EXPOSING SELF AT WINDOW). REPORTS PATIENT EXPRESSING THREATS TO CONSUME BLEACH AND VOICING SUICIDAL IDEATION. PATIENT SPOKE TO NHS24 STATING SHE IS PACKING BELONGINGS AND FEELS IT IS SERVICES DUTIES TO ENSURE SHE GETS

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Public Protection Referral 1 (PPR 1)

HOME SAFELY AND DOES NOT WISH TO SPEAK WITH SERVICE FOR ASSESSMENT. BOTH PARTIES SPOKE OF RELATIONSHIP SEPARATION AS UNABLE TO CONTINUE WITH HOW THINGS ARE. PARTNER DESCRIBING THIS AS DELUSIONS, BREAKDOWNS, AND NOT BEING ORIENTATED TO REALITY.

Background: (reason for call, include analysis of any relevant and proportionate information that is appropriate to share i.e. KIS, special notes, previous calls / previous public protection concerns, frequent caller:

NO APPARENT PREVIOUS CALLS TO NHS24.
NO PRIOR PUBLIC PROTECTION FORMS.
NO KIS/SPECIAL NOTES.

NO CURRENT MEDICATIONS OR MENTAL HEALTH SUPPORT.
NO FORMAL MH DIAGNOSIS

FAMILY HISTORY OF DIAGNOSIS OF SCHIZOPHRENIA & BI-POLAR (MATERNAL).
HISTORY OF SELF-HARM & SUICIDE ATTEMPTS. 3RD PARTY REPORTS FREQUENT THREATS OF SAME.
HISTORY OF RISK & ASSAULT TO OTHERS, CASE POSTPONED NO CURRENT CHARGES.
MOOD, RISK TO SELF & OTHERS - CHANGEABLE PRESENTATION. IMPULSIVE.
PATIENT CARER TO MOTHER WITH COMPLEX MENTAL HEALTH DIFFICULTIES - STRUGGLING WITH SAME.
HISTORY OF FREQUENT CYSTITIS AND WORSE WHEN CONSUMING ALCOHOL.
SUPPORTIVE PARTNER - CONCERNS IMPACTING SAME & NO FURTHER SUPPORT NETWORK.
HISTORY OF TRAUMA, AND PRONE TO SHUTTING OTHERS/SERVICES AWAY - POSSIBLE SELF-PRESERVATION MECHANISM.

Assessment: in relation to your risk/concern:

PATIENT AND 3RD PARTY WERE ARGUING ON CALL INITIALLY; 3RD PARTY ATTEMPTING TO SUPPORT PATIENT AND NO IMMEDIATE CONCERN TO 3RD PARTY'S SAFETY WAS REPORTED. 3RD PARTY STATES DURING EPISODES OF REPORTED DELUSIONS AND BREAKDOWNS, BRIEF RESTRAINT HAD TO BE USED WITH PATIENT YESTERDAY.

NO SPECIFIC PLAN STATED RE SUICIDAL IDEATION, FREQUENT THREATS OF SAME AND ESCALATED TO HANGING OUT OF WINDOW 2 WEEKS AGO. 3RD PARTY REPORTS ESCALATION TO ACTS OF HARM TOWARDS SELF AND MAY BE AT RISK OF COMPLETING SAME. BOTH PATIENT & 3RD PARTY REPORT CHANGEABLE RISK TO SELF AND IMPULSIVE.

NO HARM TO OTHERS EXPRESSED, HX OF SAME ALONG WITH HISTORY OF HARM TOWARDS PREVIOUS PARTNER, 3RD PARTY DID NOT FEEL AT RISK AND STATED ABLE TO MANAGE AT TIME OF CALL. EXPRESSED VOLATILITY AND RESTRAINT BEING USED RECENTLY, WITH PATIENT'S MOOD AND ANGER QUICK TO CHANGE.

REPORTS HISTORY OF CHRONIC CHANGEABLE MOOD AND RISK, SEEING FACES WHICH AREN'T THERE, AND STATE OF MIND EASILY TRIGGERED. PATIENT APPEARED INSIGHTFUL TO THESE CONCERNS AND RECOGNISED SHE IS NEEDING FURTHER MENTAL HEALTH SUPPORT. APPEARED GUARDED DUE TO PAST EXPERIENCES WITH SERVICES AND INSIGHTFUL TO ONGOING CONCERNS BEING UNMANAGEABLE FOR SELF AND PARTNER. UPKEEPING MOTHER'S CARE NEEDS BUT SAME BECOMING INCREASINGLY HARD TO UPKEEP. IMPACTING OWN MENTAL HEALTH.

MHNP B. BISSET FURTHER ASSESSED CONCERNS AND PATIENT STATED NO IMMEDIATE RISK TO SELF AND/OR OTHERS BY TIME OF CALL. INITIALLY CPN 1 HOUR OUTCOME HOWEVER AFTER FURTHER ASSESSMENT OF RISK AND PATIENT'S PRESENTATION AGREED SELF-CARE OUTCOME. BOTH PATIENT,

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NHS
24**Public Protection Referral 1 (PPR 1)**

AND 3RD PARTY RECOGNISED LIKELIHOOD RISK & MOOD MAY CHANGE QUICKLY AND AGREED TO CALL SERVICE BACK IN THE EVENT OF ANY CHANGE/WORSENING. FUTURE PLANNING IDENTIFIED.

3RD PARTY APPEARED SUPPORTIVE HOWEVER, EXPRESSED IMPACT BECOMING HARDER TO MANAGE FOR BOTH PARTIES.

Recommendation

PATIENT MAY BENEFIT FROM:

*FURTHER ASSESSMENT AND SUPPORT REGARDING MENTAL HEALTH CONCERNS.

*CONSIDERATION OF RE-REFERRAL TO LOCAL CMHT (WITH ACKNOWLEDGEMENT THAT PT'S INTERPERSONAL DIFFICULTIES WITH PROFESSIONALS ARE POSSIBLY A FEATURE OF HER MENTAL ILL-HEALTH).

*CONSIDERATION OF PSYCHOLOGICAL THERAPIES TO ADDRESS TRAUMA AND/OR EFFECTS OF TRAUMA ON CURRENT MENTAL STATE.

FAO - GP.

Final endpoint of call	Self Care For Information Only
-------------------------------	--------------------------------

If you took immediate action to ensure the adult/child was safe, provide the detail of any service/s contacted and include: names, incident numbers.

Service	Name	Information Shared	Incident Number
Police			
Social Work			
SAS			

Was Patient Sent to Primary Care Facility (A&E, PCEC, GP In-Hrs etc.)	No
--	----

Details of Attendance/Non-Attendance (If Applicable)	
---	--

Actions Taken if Patient Didn't Attend	
---	--

Is this a looked after and care experienced child?	
---	--

If yes, which local authority is the child known to?	
---	--

Public protection Specialist Nurse Follow Up

Concerns following call from Partner in relation to mental health with suicidal ideation reported. Frequent accusations of infidelity detailed and caller advised patient has been exposing self at window. Partner advised patient experiencing delusions. History of self harm and suicide attempts

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Public Protection Referral 1 (PPR 1)

NHS
24

reported. Risk of assault to others detailed with history of same detailed. Patient reported to be struggling with caring responsibilities for Mother. Caller advised they required to briefly restrain patient one day prior to call. History of harm towards partner detailed. Self care advice was given. Referral notes consent obtained in relation to information sharing.

Sharing with GP and Social Services for information and consideration may benefit from further assessment and support.

Iony Urquhart
Public Protection Nurse Practitioner

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Camelon Medical Practice

Dr. Kirsten A. Glen
Dr. Heather A. Haywood
Dr. J. Kenneth M. Nelson
Dr. Paul R. Sparks
Dr. May Hagerty
Dr. Rosie Peat



3 Baird Street,
Camelon,
Falkirk, FK1 4PP
Tel: (01324) 622854

Ref: - JMcN/CS

Date: 19th March 2026

Kirsty Heggie
59 Mariner Road
Camelon
Falkirk
FK1 4LE

Dear Kirsty,

Missed appointments are wasteful and prevent other patients from being seen. We are writing to all patients who have the highest number of missed appointments.

Since my last letter to you dated 1st October 2025, you have missed a telephone consultation with our Practice Mental Health Nurse on 18th December 2025 and most recently you failed to attend an appointment on 13th March for Dr Fennerty.

We are always reluctant to remove patients, but if you continue to book appointments and fail to attend you will be removed from our list. We now provide a text messaging reminder to your mobile phone the day before your appointment giving you the option to cancel if required. Please make sure we have your up-to-date mobile phone number.

Yours sincerely,

Mrs Courtney Shaw
Office Administrator

It is easy to cancel an appointment by calling our dedicated cancellation line.

Call 01324 622854, Press Option 2 and leave a message. Please give as much notice as you can as we can often fill appointments with a few hours notice.

eMED3 (2010) new statement issued, not fit for work

13-Feb-2025 Dr May Hagerty (MAYH)

Additional:eMED3 (2010) new statement issued, not fit for work

FitNote.pdf, (Diagnosis: mixed personality traits, childhood trauma; Duration: 13/02/2025 - 13/05/2025)

Filename: FitNote.pdf

Extension:.tif

Pages:

**Statement of Fitness for Work
For social security or Statutory Sick Pay**Patient's name Kirsty HeggieI assessed your case on: / / and, because of the following condition(s): I advise you that:
☒ you are not fit for work.
☐ you may be fit for work taking account of the following advice:-----

If available, and with your employer's agreement, you may benefit from:

☐ a phased return to work--- ☐ amended duties-----
☐ altered hours----- ☐ workplace adaptations-----

Comments, including functional effects of your condition(s):

previous harmful substance and alcohol use

This will be the case for or from / / to / / I will/will not need to assess your fitness for work again at the end of this period.
(Please delete as applicable)

Issuer's name Dr May Hagerty

Issuer's profession Doctor

Date of statement / / Issuer's address
CAMELON MEDICAL PRACTICE
3 Baird St, Camelon
Falkirk, FK1 4PP
Telephone: 01324 622854

Unique ID: Med 3 04/22

BAF5E774-0A82-4689-95FC-FEF1318B2AF5

What your advice means**'You are not fit for work'**

Your health condition means that you may not be able to work for the period shown. You can go back to work as soon as you feel able to and, with your employer's agreement, this may be before your fit note runs out.

'You may be fit for work'You could go back to work with the support of your employer. Sometimes your employer cannot give you the support you need and if this happens your employer will treat this form as though you are **'not fit for work'**. You do not need to get another of these forms.For more information please visit www.gov.uk and type **'fit note guidance for patients and employees'** into the search field. Fit note guidance for employers is also available.Data from **page 1** of this form may be collected to learn about national patterns of sickness absence. Individuals will not be identified. Find out more at www.gov.uk/dwp/fit-note-dataFill in the **Your details** section. You can ask someone to do this for you if you cannot fill in your details yourself.**Your details** – Please use BLOCK CAPITALS

Surname	Mr, Mrs, Miss, Ms- HEGGIE
Other names	KIRSTY
Address	59 MARINER ROAD
	CAMELON
	FALKIRK
	Postcode FK1 4LE
Date of birth	19 / 10 / 1990
NI number	Mobile

What you need to do now

- **If you are employed:** Please show this form to your employer. You could get Statutory Sick Pay (SSP) which is paid by your employer. If your employer cannot pay you SSP they will give you form **SSP1** to claim benefits.
- **If you are self-employed:** You could claim benefits.
- **If you are already claiming benefits:** Please send this form to the office dealing with your claim.
- **If you need to make a claim to benefits:** Visit www.gov.uk/browse/benefits or phone **0800 328 5644** (8am to 6pm Monday to Friday). Textphone users call **0800 328 1344**.

eMED3 (2010) new statement issued, not fit for work

15-Apr-2024 Dr Kenny Nelson (KENNY_18751)

Additional:eMED3 (2010) new statement issued, not fit for work

FitNote.pdf, (Diagnosis: Bipolar affective disorder; Duration: 08/04/2024 - 08/07/2024)

Filename: FitNote.pdf

Extension:.tif

Pages:

**Statement of Fitness for Work
For social security or Statutory Sick Pay**

Patient's name Mr, Mrs, Miss, Ms--- Kirsty Heggie

I assessed your case on: 15 /04 / 2024

and, because of the following condition(s): Bipolar affective disorder

I advise you that:

- ☒ you are not fit for work.
☐ you may be fit for work taking account of the following advice:-----

If available, and with your employer's agreement, you may benefit from:

- ☐ a phased return to work--- ☐ amended duties-----
☐ altered hours----- ☐ workplace adaptations.

Comments, including functional effects of your condition(s):

This will be the case for

or from 08 /04 / 2024 to 08 /07 / 2024

I will/will not need to assess your fitness for work again at the end of this period.
(Please delete as applicable)

Issuer's name Dr Kenny Nelson

Issuer's profession Doctor

Date of statement 15 /04 / 2024

Issuer's address

CAMELON MEDICAL PRACTICE
3 Baird St, Camelon
Falkirk, FK1 4PP
Telephone: 01324 622854

Unique ID: Med 3 04/22

3DE7DF43-7249-43D0-951F-3538FDB9CB05

What your advice means**'You are not fit for work'**

Your health condition means that you may not be able to work for the period shown. You can go back to work as soon as you feel able to and, with your employer's agreement, this may be before your fit note runs out.

'You may be fit for work'

You could go back to work with the support of your employer. Sometimes your employer cannot give you the support you need and if this happens your employer will treat this form as though you are **'not fit for work'**. You do not need to get another of these forms.

For more information please visit www.gov.uk and type **'fit note guidance for patients and employees'** into the search field. Fit note guidance for employers is also available.

Data from **page 1** of this form may be collected to learn about national patterns of sickness absence. Individuals will not be identified. Find out more at www.gov.uk/dwp/fit-note-data

Fill in the **Your details** section. You can ask someone to do this for you if you cannot fill in your details yourself.

Your details – Please use BLOCK CAPITALS

Surname

Mr, Mrs, Miss, Ms- HEGGIE

Other names

KIRSTY

Address

59 MARINER ROAD

CAMELON

FALKIRK

Postcode FK1 4LE

Date of birth

19 / 10 / 1990

Mobile

NI number

 What you need to do now

- **If you are employed:** Please show this form to your employer. You could get Statutory Sick Pay (SSP) which is paid by your employer. If your employer cannot pay you SSP they will give you form **SSP1** to claim benefits.
- **If you are self-employed:** You could claim benefits.
- **If you are already claiming benefits:** Please send this form to the office dealing with your claim.
- **If you need to make a claim to benefits:** Visit www.gov.uk/browse/benefits or phone **0800 328 5644** (8am to 6pm Monday to Friday). Textphone users call **0800 328 1344**.

eMED3 (2010) new statement issued, not fit for work

18-Jan-2024 Dr Kenny Nelson (KENNY_18751)

Additional:eMED3 (2010) new statement issued, not fit for work

FitNote.pdf, (Diagnosis: Bipolar affective disorder.; Duration: 02/01/2024 - 08/04/2024)

Filename: FitNote.pdf

Extension:.tif

Pages:

**Statement of Fitness for Work
For social security or Statutory Sick Pay**

Patient's name Mr, Mrs, Miss, Ms--- Kirsty Heggie

I assessed your case on: 18 /01 / 2024

and, because of the
following condition(s): Bipolar affective disorder.

I advise you that:

- ☒ you are not fit for work.
☐ you may be fit for work taking account of--
the following advice:-----

If available, and with your employer's agreement, you may benefit from:

- ☐ a phased return to work--- ☐ amended duties-----
☐ altered hours----- ☐ workplace adaptations.

Comments, including functional effects of your condition(s):

This will be the case for

or from 02 /01 / 2024 to 08 /04 / 2024

I will/will not need to assess your fitness for work again at the end of this period.
(Please delete as applicable)

Issuer's name Dr Kenny Nelson

Issuer's profession Doctor

Date of statement 18 /01 / 2024

Issuer's address

CAMELON MEDICAL PRACTICE
3 Baird St, Camelon
Falkirk, FK1 4PP
Telephone: 01324 622854

Unique ID: Med 3 04/22

F291169A-CF02-4C3C-8C37-C3CD637BD18B

What your advice means**'You are not fit for work'**

Your health condition means that you may not be able to work for the period shown. You can go back to work as soon as you feel able to and, with your employer's agreement, this may be before your fit note runs out.

'You may be fit for work'

You could go back to work with the support of your employer. Sometimes your employer cannot give you the support you need and if this happens your employer will treat this form as though you are **'not fit for work'**. You do not need to get another of these forms.

For more information please visit www.gov.uk and type **'fit note guidance for patients and employees'** into the search field. Fit note guidance for employers is also available.

Data from **page 1** of this form may be collected to learn about national patterns of sickness absence. Individuals will not be identified. Find out more at www.gov.uk/dwp/fit-note-data

Fill in the **Your details** section. You can ask someone to do this for you if you cannot fill in your details yourself.

Your details – Please use BLOCK CAPITALS

Surname

Mr, Mrs, Miss, Ms- HEGGIE

Other names

KIRSTY

Address

59 MARINER ROAD

CAMELON

FALKIRK

Postcode FK1 4LE

Date of birth

19 / 10 / 1990

Mobile

NI number

 What you need to do now

- **If you are employed:** Please show this form to your employer. You could get Statutory Sick Pay (SSP) which is paid by your employer. If your employer cannot pay you SSP they will give you form **SSP1** to claim benefits.
- **If you are self-employed:** You could claim benefits.
- **If you are already claiming benefits:** Please send this form to the office dealing with your claim.
- **If you need to make a claim to benefits:** Visit www.gov.uk/browse/benefits or phone **0800 328 5644** (8am to 6pm Monday to Friday). Textphone users call **0800 328 1344**.

eMED3 (2010) new statement issued, may be fit for work

15-Jan-2024 Dr Kenny Nelson (KENNY_18751)

Additional:eMED3 (2010) new statement issued, may be fit for work

FitNote.pdf, (Diagnosis: Bipolar affective disorder.; Duration: 14/01/2024 - 08/04/2024)

Filename: FitNote.pdf

Extension:.tif

Pages:

**Statement of Fitness for Work
For social security or Statutory Sick Pay**

Patient's name Mr, Mrs, Miss, Ms--- Kirsty Heggie

I assessed your case on: 15 /01 / 2024

and, because of the following condition(s): Bipolar affective disorder.

I advise you that:

- ☐ you are not fit for work----
- ☒ you may be fit for work taking account of the following advice:

If available, and with your employer's agreement, you may benefit from:

- ☐ a phased return to work--- ☐ amended duties-----
- ☒ altered hours ☐ workplace adaptations--

Comments, including functional effects of your condition(s):

Restricted to max 15 hours work per week.

This will be the case for

or from 14 /01 / 2024 to 08 /04 / 2024

I will/will not need to assess your fitness for work again at the end of this period.
(Please delete as applicable)

Issuer's name Dr Kenny Nelson

Issuer's profession Doctor

Date of statement 15 /01 / 2024

Issuer's address

CAMELON MEDICAL PRACTICE
3 Baird St, Camelon
Falkirk, FK1 4PP
Telephone: 01324 622854

Unique ID: Med 3 04/22

FA9A823D-BC01-4F75-9E73-A91B4EF1020E

What your advice means**'You are not fit for work'**

Your health condition means that you may not be able to work for the period shown. You can go back to work as soon as you feel able to and, with your employer's agreement, this may be before your fit note runs out.

'You may be fit for work'

You could go back to work with the support of your employer. Sometimes your employer cannot give you the support you need and if this happens your employer will treat this form as though you are **'not fit for work'**. You do not need to get another of these forms.

For more information please visit www.gov.uk and type **'fit note guidance for patients and employees'** into the search field. Fit note guidance for employers is also available.

Data from **page 1** of this form may be collected to learn about national patterns of sickness absence. Individuals will not be identified. Find out more at www.gov.uk/dwp/fit-note-data

Fill in the **Your details** section. You can ask someone to do this for you if you cannot fill in your details yourself.

Your details – Please use BLOCK CAPITALS

Surname

Mr, Mrs, Miss, Ms- HEGGIE

Other names

KIRSTY

Address

59 MARINER ROAD

CAMELON

FALKIRK

Postcode FK1 4LE

Date of birth

19 / 10 / 1990

Mobile

NI number

 What you need to do now

- **If you are employed:** Please show this form to your employer. You could get Statutory Sick Pay (SSP) which is paid by your employer. If your employer cannot pay you SSP they will give you form **SSP1** to claim benefits.
- **If you are self-employed:** You could claim benefits.
- **If you are already claiming benefits:** Please send this form to the office dealing with your claim.
- **If you need to make a claim to benefits:** Visit www.gov.uk/browse/benefits or phone **0800 328 5644** (8am to 6pm Monday to Friday). Textphone users call **0800 328 1344**.

eMED3 (2010) new statement issued, may be fit for work

18-Sept-2023 Dr Kenny Nelson (KENNY_18751)

Additional:eMED3 (2010) new statement issued, may be fit for work

FitNote.pdf, (Diagnosis: Bipolar affective disorder.; Duration: Indefinite)

Filename: FitNote.pdf

Extension:.tif

Pages:

**Statement of Fitness for Work
For social security or Statutory Sick Pay**Patient's name I assessed your case on: and, because of the following condition(s): I advise you that:
☐ you are not fit for work.---
☒ you may be fit for work taking account of the following advice:

If available, and with your employer's agreement, you may benefit from:

☐ a phased return to work--- ☐ amended duties---
☒ altered hours ☐ workplace adaptations.

Comments, including functional effects of your condition(s):

Restricted to no more than 15 hours work per week.

This will be the case for or from

I will/will not need to assess your fitness for work again at the end of this period.
(Please delete as applicable)

Issuer's name

Issuer's profession

Date of statement

Issuer's address

Unique ID: Med 3 04/22

438C80E9-961E-4DD4-AA63-C49AB0B7C456

What your advice means

'You are not fit for work'

Your health condition means that you may not be able to work for the period shown. You can go back to work as soon as you feel able to and, with your employer's agreement, this may be before your fit note runs out.

'You may be fit for work'

You could go back to work with the support of your employer. Sometimes your employer cannot give you the support you need and if this happens your employer will treat this form as though you are **'not fit for work'**. You do not need to get another of these forms.

For more information please visit www.gov.uk and type **'fit note guidance for patients and employees'** into the search field. Fit note guidance for employers is also available.

Data from **page 1** of this form may be collected to learn about national patterns of sickness absence. Individuals will not be identified. Find out more at www.gov.uk/dwp/fit-note-data

Fill in the **Your details** section. You can ask someone to do this for you if you cannot fill in your details yourself.

Your details – Please use BLOCK CAPITALS

Surname	Mr, Mrs, Miss, Ms- HEGGIE
Other names	KIRSTY
Address	59 MARINER ROAD
	CAMELON
	FALKIRK
	Postcode FK1 4LE
Date of birth	19 / 10 / 1990
NI number	

What you need to do now

- **If you are employed:** Please show this form to your employer. You could get Statutory Sick Pay (SSP) which is paid by your employer. If your employer cannot pay you SSP they will give you form **SSP1** to claim benefits.
- **If you are self-employed:** You could claim benefits.
- **If you are already claiming benefits:** Please send this form to the office dealing with your claim.
- **If you need to make a claim to benefits:** Visit www.gov.uk/browse/benefits or phone **0800 328 5644** (8am to 6pm Monday to Friday). Textphone users call **0800 328 1344**.

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eMED3 (2010) new statement issued, not fit for work

24-May-2023 Dr Kirsten Glen (KIRSTEN_18751)

Additional:eMED3 (2010) new statement issued, not fit for work

(Diagnosis: Mental health problems; Duration: 24/05/2023 - 21/06/2023)

Filename: FitNote_60b6cb4b-edaf-40a2-a4a6-91bd2db8824c.pdf

Extension:.tif

Pages:

Statement of Fitness for Work For social security or Statutory Sick Pay

Patient's name I assessed your case on: and, because of the following condition(s):

I advise you that:

- ☒ you are not fit for work.
- ☐ you may be fit for work taking account of the following advice:-----

If available, and with your employer's agreement, you may benefit from:

- ☐ a phased return to work--- ☐ amended duties-----
- ☐ altered hours----- ☐ workplace adaptations-----

Comments, including functional effects of your condition(s):

This will be the case for or from to I will/will not need to assess your fitness for work again at the end of this period.
(Please delete as applicable)

Issuer's name Dr Kirsten Glen

Issuer's profession Doctor

Date of statement

Issuer's address

CAMELON MEDICAL PRACTICE
3 Baird St, Camelon
Falkirk, FK1 4PP
Telephone: 01324 622854

Unique ID: Med 3 04/22

60B6CB4B-EDAF-40A2-AA6-91BD2DB8824C

What your advice means

'You are not fit for work'

Your health condition means that you may not be able to work for the period shown. You can go back to work as soon as you feel able to and, with your employer's agreement, this may be before your fit note runs out.

'You may be fit for work'

You could go back to work with the support of your employer. Sometimes your employer cannot give you the support you need and if this happens your employer will treat this form as though you are 'not fit for work'. You do not need to get another of these forms.

For more information please visit www.gov.uk and type 'fit note guidance for patients and employees' into the search field. Fit note guidance for employers is also available.

Data from **page 1** of this form may be collected to learn about national patterns of sickness absence. Individuals will not be identified. Find out more at www.gov.uk/dwp/fit-note-data

Fill in the **Your details** section. You can ask someone to do this for you if you cannot fill in your details yourself.

Your details – Please use BLOCK CAPITALS

Surname Other names Address Date of birth / / Mobile NI number

What you need to do now

- **If you are employed:** Please show this form to your employer. You could get Statutory Sick Pay (SSP) which is paid by your employer. If your employer cannot pay you SSP they will give you form **SSP1** to claim benefits.
- **If you are self-employed:** You could claim benefits.
- **If you are already claiming benefits:** Please send this form to the office dealing with your claim.
- **If you need to make a claim to benefits:** Visit www.gov.uk/browse/benefits or phone **0800 328 5644** (8am to 6pm Monday to Friday). Textphone users call **0800 328 1344**.

eMED3 (2010) new statement issued, not fit for work

26-Apr-2023 Dr Kirsten Glen (KIRSTEN_18751)

Additional:eMED3 (2010) new statement issued, not fit for work

FitNote.pdf, (Diagnosis: Mental health problems; Duration: 26/04/2023 - 24/05/2023)

Filename: FitNote.pdf

Extension:.tif

Pages:

Statement of Fitness for Work For social security or Statutory Sick Pay

Patient's name I assessed your case on: and, because of the following condition(s):

I advise you that:

- ☒ you are not fit for work.
- ☐ you may be fit for work taking account of the following advice:-----

If available, and with your employer's agreement, you may benefit from:

- ☐ a phased return to work--- ☐ amended duties-----
- ☐ altered hours----- ☐ workplace adaptations--

Comments, including functional effects of your condition(s):

This will be the case for or from to I will/will not need to assess your fitness for work again at the end of this period.
(Please delete as applicable)

Issuer's name Dr Kirsten Glen

Issuer's profession Doctor

Date of statement

Issuer's address

CAMELON MEDICAL PRACTICE
3 Baird St, Camelon
Falkirk, FK1 4PP
Telephone: 01324 622854

Unique ID: Med 3 04/22

58929803-A981-4E2D-9BE8-AE77E33AED32

What your advice means

'You are not fit for work'

Your health condition means that you may not be able to work for the period shown. You can go back to work as soon as you feel able to and, with your employer's agreement, this may be before your fit note runs out.

'You may be fit for work'

You could go back to work with the support of your employer. Sometimes your employer cannot give you the support you need and if this happens your employer will treat this form as though you are 'not fit for work'. You do not need to get another of these forms.

For more information please visit www.gov.uk and type 'fit note guidance for patients and employees' into the search field. Fit note guidance for employers is also available.

Data from **page 1** of this form may be collected to learn about national patterns of sickness absence. Individuals will not be identified. Find out more at www.gov.uk/dwp/fit-note-data

Fill in the **Your details** section. You can ask someone to do this for you if you cannot fill in your details yourself.

Your details – Please use BLOCK CAPITALS

Surname Other names Address Date of birth Mobile NI number

What you need to do now

- **If you are employed:** Please show this form to your employer. You could get Statutory Sick Pay (SSP) which is paid by your employer. If your employer cannot pay you SSP they will give you form **SSP1** to claim benefits.
- **If you are self-employed:** You could claim benefits.
- **If you are already claiming benefits:** Please send this form to the office dealing with your claim.
- **If you need to make a claim to benefits:** Visit www.gov.uk/browse/benefits or phone **0800 328 5644** (8am to 6pm Monday to Friday). Textphone users call **0800 328 1344**.

eMED3 (2010) new statement issued, not fit for work

31-Oct-2019 Dr Guy Platten (GP1517)

Additional: eMED3 (2010) new statement issued, not fit for work

FitNote.pdf, (Diagnosis: History of drug dependency, in recovery, emotional instability. Will be attending group to help ...; Duration: 30/08/2019 - 31/10/2019)

Filename: FitNote.pdf

Extension: .tif

Pages:

Statement of Fitness for Work For social security or Statutory Sick Pay					
Patient's name	Mr/Mrs/Miss, Ms--- Kirsty Heggie				
I assessed your case on:	31 /10 / 2019				
and, because of the following condition(s):	History of drug dependency, in recovery, emotional instability. Will be attending group to help get back to work				
I advise you that:	☒ you are not fit for work. ☐ you may be fit for work taking account of-- the following advice:-----				
If available, and with your employer's agreement, you may benefit from: <table border="0"> <tr> <td>☐ a phased return to work---</td> <td>☐ amended duties-----</td> </tr> <tr> <td>☐ altered hours-----</td> <td>☐ workplace adaptations--.</td> </tr> </table>		☐ a phased return to work---	☐ amended duties-----	☐ altered hours-----	☐ workplace adaptations--.
☐ a phased return to work---	☐ amended duties-----				
☐ altered hours-----	☐ workplace adaptations--.				
Comments, including functional effects of your condition(s):					
This will be the case for _____ or from 30 /08 / 2019 to 31 /10 / 2019					
I will/will not need to assess your fitness for work again at the end of this period. (Please delete as applicable)					
Doctor's signature					
Date of statement	31 /10 / 2019				
Doctor's address	Muirdege Surgery Buckhaven, Fife Fife, KY8 1HJ Telephone: 01592 713299				
Unique ID: Med 3 01/17	63BC1533-77B5-4F76-8C2B-3622DF3A8250				

Data from page 1 of this form may be collected to learn about national patterns of sickness absence. Individuals will not be identified. Find out more at www.gov.uk/dwp/fit-note-data

Help getting back to work if you are employed
 If you've been off work or are likely to be off work sick for 4 weeks or more, you may be able to have a free occupational health assessment. You will be able to discuss what advice and support you need to help you go back to work sooner. You can ask your GP or employer to refer you. For further information:
 • in England and Wales visit www.fitforwork.org or phone 0800 032 6235
 • in Scotland please visit www.fitforworkscotland.scot or phone 0800 019 2211.

What your doctor's advice means
'You are not fit for work': Your health condition means that you may not be able to work for the period shown. You can go back to work as soon as you feel able to and, with your employer's agreement, this may be before your fit note runs out.
'You may be fit for work': You could go back to work with the support of your employer. Sometimes your employer cannot give you the support you need and if this happens your employer will treat this form as though you are 'not fit for work'. You don't need to get another of these forms from your doctor.
 For more information please visit www.gov.uk and type 'patients and employees' into the search field.

Fill in the **Your details** section. You can ask someone to do this for you if you cannot fill in your details yourself.

Your details – Please use BLOCK CAPITALS

Surname	Mr/Mrs/Miss, Ms--- HEGGIE
Other names	KIRSTY
Address	177 TAYLOR STREET
	METHIL
	LEVEN
	Postcode KY8 3AY
Date of birth	19 / 10 / 1990
NI number	Mobile

What you need to do now
 • **If you are employed:** Please show this form to your employer. You could get Statutory Sick Pay (SSP) which is paid by your employer. If your employer cannot pay you SSP they will give you form **SSP1** to claim benefits.
 • **If you are self-employed:** You could claim benefits.
 • **If you are already claiming benefits:** Please send this form to the office dealing with your claim.
 • **If you need to make a claim to benefits:** Visit www.gov.uk/browse/benefits or phone 0800 055 6688 (8am to 6pm Monday to Friday). Textphone users call 0800 023 4888.

eMED3 (2010) new statement issued, not fit for work

31-Oct-2019 Dr Guy Platten (GP1517)

Additional: eMED3 (2010) new statement issued, not fit for work

FitNote.pdf, (Diagnosis: History of drug dependency, in recovery, emotional instability. Will be attending group to help ...; Duration: 31/10/2019 - 31/01/2020)

Filename: FitNote.pdf

Extension: .tif

Pages:

**Statement of Fitness for Work
For social security or Statutory Sick Pay**Patient's name I assessed your case on: and, because of the following condition(s): I advise you that: ☒ you are not fit for work.☐ you may be fit for work taking account of the following advice:-----

If available, and with your employer's agreement, you may benefit from:

☐ a phased return to work--☐ amended duties----☐ altered hours----☐ workplace adaptations--

Comments, including functional effects of your condition(s):

This will be the case for or from I will/will not need to assess your fitness for work again at the end of this period.
(Please delete as applicable)

Doctor's signature

Date of statement

Doctor's address

Muiredge Surgery
Buckhaven, Fife
Fife, KY8 1HJ
Telephone: 01592 713299

Unique ID: Med 3 01/17

BCF0B161-022E-403D-BD3D-DE840E345409

Data from page 1 of this form may be collected to learn about national patterns of sickness absence. Individuals will not be identified. Find out more at www.gov.uk/dwp/fit-note-data**Help getting back to work if you are employed**

If you've been off work or are likely to be off work sick for 4 weeks or more, you may be able to have a free occupational health assessment. You will be able to discuss what advice and support you need to help you go back to work sooner. You can ask your GP or employer to refer you. For further information:

- in England and Wales visit www.fitforwork.org or phone **0800 032 6235**
- in Scotland please visit www.fitforworkscotland.scot or phone **0800 019 2211**.

What your doctor's advice means**'You are not fit for work':** Your health condition means that you may not be able to work for the period shown. You can go back to work as soon as you feel able to and, with your employer's agreement, this may be before your fit note runs out.**'You may be fit for work':** You could go back to work with the support of your employer. Sometimes your employer cannot give you the support you need and if this happens your employer will treat this form as though you are 'not fit for work'. You don't need to get another of these forms from your doctor.For more information please visit www.gov.uk and type 'patients and employees' into the search field.Fill in the **Your details** section. You can ask someone to do this for you if you cannot fill in your details yourself.**Your details** – Please use BLOCK CAPITALSSurname Other names Address Postcode Date of birth Mobile NI number **What you need to do now**

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eMED3 (2010) new statement issued, not fit for work

31-July-2019 Dr Laide Olugbile (LO1516)

Additional: eMED3 (2010) new statement issued, not fit for work

FitNote_a5695b67-0f84-42da-848f-1a084ef50a12.pdf, (Diagnosis: 1. past history of bipolar disorder 2. Emotional instability. 3. Past hx of drug dependency; Duration: 31/07/2019 - 07/08/2019)

Filename: FitNote_a5695b67-0f84-42da-848f-1a084ef50a12.pdf

Extension: .tif

Pages:

**Statement of Fitness for Work
For social security or Statutory Sick Pay**Patient's name Kirsty HeggieI assessed your case on: / / and, because of the following condition(s):
1. past history of bipolar disorder
2. Emotional instability.
3. Past hx of drug dependencyI advise you that:
☒ you are not fit for work.
☐ you may be fit for work taking account of the following advice:-----

If available, and with your employer's agreement, you may benefit from:

☐ a phased return to work... ☐ amended duties....
☐ altered hours.... ☐ workplace adaptations....

Comments, including functional effects of your condition(s):

This will be the case for
or from / / to / / I will/will not need to assess your fitness for work again at the end of this period.
(Please delete as applicable)

Doctor's signature

Date of statement / /

Doctor's address

Muiredge Surgery
Buckhaven, Fife
Fife, KY8 1HJ
Telephone: 01592 713299

Unique ID: Med 3 01/17

A5695B67-0F84-42DA-848F-1A084EF50A12

Data from page 1 of this form may be collected to learn about national patterns of sickness absence. Individuals will not be identified. Find out more at www.gov.uk/dwp/fit-note-data**Help getting back to work if you are employed**

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Surname HEGGIE

Other names

Address

 Postcode

Date of birth / / Mobile

NI number

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31-July-2019 Dr Laide Olugbile (LO1516)

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FitNote_50af7794-61b5-4d50-8964-ce5fa7412b50.pdf, (Diagnosis: 1.Past history of Mixed bipolar affective disorder 2. Emotional instability. 3. Past history o...; Duration: 31/07/2019 - 28/08/2019)

Filename: FitNote_50af7794-61b5-4d50-8964-ce5fa7412b50.pdf

Extension:.tif

Pages:

**Statement of Fitness for Work
For social security or Statutory Sick Pay**Patient's name I assessed your case on: and, because of the following condition(s):
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☐ altered hours.... ☐ workplace adaptations..

Comments, including functional effects of your condition(s):

This will be the case for or from

I will/will not need to assess your fitness for work again at the end of this period.
(Please delete as applicable)

Doctor's signature

Date of statement

Doctor's address
Muiredge Surgery
Buckhaven, Fife
Fife, KY8 1HJ
Telephone: 01592 713299

Unique ID: Med 3 01/17

50AF7794-61B5-4D50-8964-CE5FA7412B50

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Your details – Please use BLOCK CAPITALS

Surname

Other names

Address

Postcode

Date of birth Mobile

NI number

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FitNote.pdf, (Diagnosis: 1. Past history of mixed bipolar disorder 2. Emotional instability 3. Past history of drug dependence...; Duration: 01/06/2019 - 30/08/2019)

Filename: FitNote.pdf

Extension: .tif

Pages:

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(Please delete as applicable)Doctor's signature Date of statement / / Doctor's address
Muiredge Surgery
Buckhaven, Fife
Fife, KY8 1HJ
Telephone: 01592 713299

Unique ID: Med 3 01/17

AC2EB412-3F62-4CF8-B6E9-E231754827A5

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