

6 WEEK ASSESSMENT (WA4)

Ward: Dunino Date Completed: 11/02/12 CHI/ ID No: 1703751191/f5153833

Patients Name: Leon Gratton

Date of Birth: 17/03/75

MENTAL STATE

Delusions: Various delusions regarding "saving children". Using all street drugs that children are dying from using to try save them.

Gangs of drug dealers are after him. Violence from gangs towards him. Explicit details such as a M5 (machine gun) being against him and been hit over the head with a sledge hammer.

Obsession with the Nazi's, the drug scene, gangs in Inverkeithing, Wester Hailes and other places in Edinburgh, Hell's Angels, Jimi Hendrix and Martial arts.

Voiced delusions of having been gang raped and abused. A pain that tells him that he has been raped either at home or out in the street when he was younger. Leon also states that his grandfather is a paedophile.

Believes cheques will be worth 'millions' so is thinking about keeping them for 'future prosperity'. Believes he may have cancer, HIV and wounds to the head where he 'had a gash stapled'. Stated that on swatting a fly it was full of human blood. Believes that's elves and dwarfs are real.

Hallucinations: Evidence of auditory hallucinations; laughing, talking to self.

Stating people coming out of walls and going through him.

Hears voices, mostly screams which can be 'people being crushed in car crushers' or 'just loud screaming of hundreds of people'.

Laughs to himself and sometimes denies laughing or says that he is laughing 'like a mad man' (he often is in a sitting position in the corridor when he laughs)

Thought: Fixed thoughts. Unable to distract self from same. Repetitively seeking medication, when refused by staff for one reason states another reason for same.

Paranoia about other patients stealing from him and about staff who are deliberately working against him

Speech: Coherent normally but does loss track of own conversation due to delusions.

Behaviour: Sitting on floor in the corridor with wet floor cones in front of him as a barrier due to paranoia.

K & L CHP - Mental Health Services
Rehabilitation Services
Seeks out staff.

Manipulating conversations with staff. Made allegation that S/N Hynd has told him that he is "mad as a hatter" and had torn a letter up from the DWP.

Makes some female staff feel uncomfortable.

Mood: States is low at times due to thoughts that he is having and when he thinks of past events.

Has laughed out hysterically on a few occasions and has appeared manic at times voicing grandiose ideation.

Risk to Self: History of overdosing on medication including over the counter medication (paracetamol).

Risk to Others: Paranoia and delusional ideation. Has become fixated on female staff members who for safety reasons try to prevent being alone with Leon. Leon has made allegations against staff stating that S/N Hynd has told him that he is "mad as a hatter" and had torn a letter up from the DWP. Other female staff have stated that they do not feel comfortable or safe around Leon on a 1:1 basis.

PHYSICAL WELLBEING

Weight	06/01/12	89LB	BMI	25
	31/01/12	90LB	BMI	25

Gains adequate sleep.

Attending the community dentist and still receiving treatment.

Attended optician appointment and due to get spectacles when has funds for same.

Continues to receive appointments for investigations surrounding blisters around under arms and groin area. Has already received a course of antibiotics for same and attended the breast clinic for investigations.

MAINTAINING A SAFE ENVIRONMENT

Smoking: Found smoking in his room on several occasions. Cigarette butts found in empty juice tin. Cigarette ash found on the floor and at window ledge.

From Others: Exploitation for cigarettes and belongings (money, coffee).

Self: States feels he wants to put his head through the wall at times.

Stating he will continue to take street drugs "to save the children"

COMMUNICATION

K & L CHP - Mental Health Services
Rehabilitation Services

Staff: Constantly seeking 1:1

Fellow Patients: Good relations with fellow patients.

Barriers: Delusional. Paranoia.

NUTRITION

General: Gains good nutritional intake, no concerns.

Self Catering: Reluctant to shop for self catering as states he does not like ready meals and would rather cook from scratch. Limited due to funds provided.

Shopping: Able to shop independently. Has got lost trying to get back to the hospital due unfamiliar area.

Cooking: Shown ability to cook easy meals. States able to cook a variety of meals. Not assessed on the ward.

HOUSEHOLD SKILLS

Laundry: Carries out on personal laundry independently.

Bed Space: Reasonably tidy. Some prompting required to tidy same.

Fire Risks: Smoking in shared room. Providing cigarettes to others who are not allowed cigarettes on their person and lighting their cigarettes in the ward.

BUDGETING SKILLS

Budget plan: Budgeting is not always successful but does have a post office account. Does stick to budget when prompted to do, set budget plan always altered due to not budgeting daily money i.e. forgetting to buy cigarettes.

SOCIAL SKILLS

Room (Shared): Smoking in room and bed space on numerous occasions despite being informed of the no smoking policy.

Bed area normally reasonably tidy but does require some prompting to tidy same.

Ward: Gets involved in ward activities and enjoys watching television with fellow patients. Also enjoys talking to staff and fellow patients.

Community: No concerns felt whilst out in the community.

K & L CHP - Mental Health Services
Rehabilitation Services

Overall: Generally socialises well in and around the ward with both staff and fellow patients. Some delusional ideation, manipulation in conversation and paranoia that set some boundaries in communication but mainly only with trained staff.

PERSONAL CARE

Washing/Dressing: Independent. Some prompting required but generally washes/showers. Prompting required when blisters burst, Leon sometimes does not recognise strong smell.

COMMUNITY SKILLS

Transport: Has lost his way on public transport whilst in Cupar and trying to get back to the ward. Sought advice from the bus driver and returned to the ward on another bus. Agitated on return but coped with same.

Road Safety: No concerns felt, basic road safety skills.

Shops: Appropriate in shops.

MEDICATION

History: History of over dosing on medication.

Current: Nitrazepam 10mg x 1 22:00
Citalopram 20mgs x1 08:00
Omeprazole 20mgs x1 08:00
Pizotifen 1.5 mgs x1 22:00
Paracetamol 1 gm x 4 08:00, 13:00, 18:00 and 22:00
Trifluoperazine 10mgs x2 08:00 and 22:00

Seeking as required medication of diclofenic and haloperidol on a frequent basis. When denied will return to staff asking for another as required medication or give a different reason for requesting same.

POTENTIAL FOR DISCHARGE

Home: Paranoia around house and area of Inverkiething. States will not return to area as people are after him.

If house in a different area with community support available in terms of CPN and addictions could possibly be discharged.

Discharge View: Medication altered to provide best chance of reducing perceptual disturbances and paranoia. Able to return to the community when home environment is suitable with some support for mental health and addiction services.

FEEDBACK FROM RELATIVES

K & L CHP - Mental Health Services
Rehabilitation Services

None given.

AGREED AIMS AND OBJECTIVES WITH CLIENT AND NAMED NURSE

Leon states that he likes the ward and feels 'safe' and that his mental health has improved since he came here and he enjoys the time he is allowed for 1:1's with the staff.

He still likes to write poetry and he enjoys reading, especially science fiction and fantasy, and bought books whilst out shopping in Cupar. Leon stated that he enjoys music and is hoping to have his mother bring some of his CD's to the hospital for him as he prefers music to television.

Leon also stated that's he does not want to keep his tenancy in Inverkeithing because he says he 'wants out of the drug scene'.

HIGHLIGHTED AREAS OF NEED TO BE CONSIDERED FOR 6 WEEK ASSESSMENT

Stabilisation of mental health.

Support networks.

Build upon social and community skills.

Leon Gratton 6 week assessment

Informal: time out has been escorted to appointments

Medication:

Nitrazepam 10mg x 1 22:00

Citalopram 20mgs x1 08:00

Omeprazole 20mgs x1 08:00

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Trifluoperazine 10mgs x2 08:00 and 22:00

Prn diclofenac sodium 50mgs and haloperidol 5mgs utilised frequently.

Using diclofenac for 'headaches' at first and more recently has been asking for diclofenac for rib pain, dental pain, knee pain and back pain. Says he now realises that diclofenac is not really the drug for him as he does not have 'arthritis'. Wishes to change the anti-inflammatory for ibuprofen.

Seeks out staff constantly for 1.1's and is often talking about the following subjects/delusions/paranoia:

- Sexual abuse
- Grandfather is a paedophile
- Mother has interfered sexually with him and concerned that she is doing the same to his son
- Being raped
- Obsession with the Nazi's, the drug scene, gangs in Inverkeithing, Wester Hailes and other places in Edinburgh and Hell's Angels, Jimi Hendrix, Martial arts
- Patients stealing cigarettes from him
- Being drugged
- Elves and dwarfs are real
- Time in the care homes and friends and acquaintances he met whilst in care
- Time in the Royal Hospital, Edinburgh and QMH.

- Let son watch horror movies at age 3
- Believes cheques will be worth 'millions' so is thinking about keeping them for 'future prosperity'
- Believes he may have cancer, HIV and wounds to the head where he 'had a gash stapled'.
- Rubbish bins have been 'filled' and on swatting a fly it was full of human blood

Mental State:

- Hallucinations both olfactory and visual.
- Hears voices, mostly screams which can be 'people being crushed in car crushers' or 'just loud screaming of hundreds of people'.
- Laughs to himself and sometimes denies laughing or says that he is laughing 'like a mad man' (he often is in a sitting position in the corridor when he laughs)
- Paranoia about other patients stealing from him and about staff who are deliberately working against him (believes staff nurse Hynd has ripped up a letter of his from the DWP)

Vulnerability:

- Is known to hand out tobacco/cigarettes/money to people despite him not having enough for himself.
- Budgeting is not very successful but does have a post office account.

Leon's personal views:

- He likes the ward and feels 'safe' he says.
- He feels that his mental health has improved since he came here and he enjoys the time he is allowed for 1:1's with the staff.
- He still likes to write poetry and he enjoys reading, especially science fiction and fantasy. He has bought books whilst out shopping in Cupar.
- He does not want to keep his tenancy because he says he 'wants out of the drug scene'.

- He enjoys music and is hoping to have his mother bring some of his CD's to the hospital for him. He says he prefers music to television.

Physical:

- Leon sleeps an average of 5-6 hours through the night
- He has an eye appointment on 6 Feb in Cupar
- He has been attending the dentist and is still undergoing treatment
- Constantly complaining of headaches and various 'muscle pain'

Concerns:

- Smoking in his bed/bathroom
- Vulnerable with money and cigarettes
- Constant use of prn's

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- Thought:**
- Fixed thoughts. Unable to distract self from same. Repetitively seeking medication, when refused by staff for one reason states another reason for same.
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- Speech:**
- Coherent normally but does loss track of own conversation due to delusions.
- Behaviour:**
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HIGHLIGHTED AREAS OF NEED TO BE CONSIDERED FOR 6 WEEK ASSESSMENT

Stabilisation of mental health.

Support networks.

Build upon social and community skills.

Fife Primary Care

NHS TRUST

Ward: 2
Queen Margaret Hospital
Dunfermline
KY12 0SU

NURSING TRANSFER LETTER

From: GMH WARD 2
Name: LEON GRATTON
Address: 85 Spittalfield Road
Inverkeithing
Tel no: 07922 56497

To:
DOB: 17/03/75
Unit No: F5153855
GP: Dr Curran
Address: Inverkeithing med Practice
Dunfermline

NOK: Mrs Lorna Gratton
Address: Unknown

Relationship: Mother
Informed of Transfer Yes / No

TEL NO: 07762602112

LEGAL STATUS:

OBSERVATION STATUS:

informal
General observations

Mental Health Officer

MENTAL STATE:

RISK FACTOR:

Suicidal Ideation ✓
Self Harm
Absconding

Verbal / Physical Aggression ✓

Confused / Disorientated

Other also see risk assessment

PHYSICAL STATE:

MOBILITY:

fully mobile

COMMUNICATION:

Communicates well, able to express needs. No concerns

SLEEP PATTERN:

Sleeps well ✓

Early morning waking

Difficulty in getting to sleep

Night sedation: Regular / As required / Other

Broken sleep pattern

Disturbed sleep

DIETARY INTAKE/REQUIREMENTS:

Normal Diet

SELF CARE / HYGIENE

Leon is capable of attending to his personal care needs. However, from a previous O.T. assessment, Leon's ADL processing falls below both skill and age expectation, combined with motivational issues. Reluctant to attend to above despite regular prompting

OTHER AGENCIES INVOLVED:

CPN

Social Worker

Day Hospital

Depot Clinic

Continuous Community Treatment Team - Dawn Stanley - 01383 4329725

Care Programme Approach

Lithium Clinic

Other

Richmond - Dave Chaplin 01383 622 133

MEDICATION

Last Given

See attached kardex

Depot

Last Given

Next Due

OTHER RELEVANT INFORMATION / COMMENTS

- No change from referral to rehabilitation service on 12/10/11 (see copy)
Leon has continued to seek P.N.D. pain relief. He has now commenced attending OT sessions.
Mental state has been ok, settled on ward mostly passes as wishes
Leon has an appointment at QMHP out patients (biopsy) on 10/01/12 at 14.30

Signature



Date

6/01/12

Patients/Client Name Leon Gratton	Unit/CHI Number: F5153833 170375191
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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
	Mrs Gratton stated Leon has had no heating from last January - Stated "Haldane House should have known." Leon's back windows of house have been painted blue, and door previously kicked in. His good furniture is in storage at parent's garage books + bookcase still to be moved. On 29/12/11 his mother will collect him to cash his benefit and see his son for a few hours. Mother has ^{completed} a post office application form, as post office to stop paying by giro and will start putting money into post office account/bank account. Leon has decided to get a post office account. Mother plans to be at biopsy appointment, QMH when rehab staff escort Leon to appointment. Leon asked to decide what to do about his debt.	A. Graham
28.12.11	No concerns overnight settled in presentation	
06.45	prior to retiring to bed. Has slept well.	QBC EIU
12.45	Settled morning - Evident around ward. No concerns.	Atter
28.12.11	Presenting as generally settled throughout the P.M. no concerns noted	
20.30	although continues to complain of headaches, requesting and given Diclofenac 50mg at 15.50 hrs	J. A. Callaghan
29/12/11	NIR Leon appeared to be in good at 30 the commencement of the shift interacting with staff and fellow-patients. Slept fairly well with short spells in bed although from 0400am. Requested and given diclofenac 50mg as per kardex for sore back.	Records.
29.12.11	Early to rise this morning, unable to attend to diet or personal care needs. Relatively settled in his presentation. Leon is currently on short pass, into town to collect his benefits and meet his mother due to return to the ward 14.00 hrs.	J. A. Callaghan
20.30	Presenting as generally settled throughout the day. No other complaints.	
30/12/11	NIR Leon reasonably settled with no complaints offered	
06.35	retired to bed early and appeared to sleep well overnight waking around 0500hrs, requested and given Diclofenac 50mg at 0615hrs for back pain.	Amis, W. J.
30.12.11	Settled morning, no change to presentation or issues to report.	J. A. Callaghan
11.40 am		

Patients/Client Name

Leon Gratton

Unit/CHI Number:

F 5153833

170375191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
1210	Leon has appeared settled. He has utilised papers off the ward to go to the co-op to acquire items for other patients (bags checked on return) —	L7ylb
15:05	1:1 with Leon Gratton regarding transfer to Dunino ward for 6 week assessment on 6/1/12. Leon aware that his move to Dunino is for a 6 week assessment at present, Leon also confirmed that Dr Cavanagh discussed same last ⁵⁰ with him previously. Leon also said that he could not return to his present home due to difficulties with neighbours and local drug dealers. Advised that I would discuss same with Dr Cavanagh. Leon is also wishing input from social work to apply for bankruptcy due to accumulating debts. Leon also informed me that his mother will collect him from Dunino in two weeks time when his new account card from post office arrives. Advised Leon that I will contact his mother on 4/12/11.	ED Duff
1655	Dr Cavanagh's meeting 29/12/11 — no changes —	WJW Intake
30/12/11 1932	No change in presentation. Continues to pace corridor. Requested given PRN Diclofenac sodium 50mg at 1845 hrs for headache and general body ache. —	Ben nlsq
31/12/11 06:20	(NR) Has been awake for much of the night. Spending short periods at bed area and most of the night in sitting room/courtyard. Continues to complain of various aches and pains —	LSingh
12:30	Remained in bed all morning refusing to attend to ADL's —	Ben
19:50	Leon was in his bed until his evening meal arrived he refused his meal, he has paced up the corridor at a fast pace. At one point he made a very loud shout from the music room when staff approached he said he was yawning, no concerns to report —	SBen
1/1/12 06:15	(NR) Requested and given Diclofenac sodium 50mg at 22:40 hrs for various aches and pains. Slept long spells although awake at times. Laughing inappropriately on occasions. —	LSingh

Patients/Client Name

Leon Gration

Unit/CHI Number: F553333

1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
11/1/12 11-00	Time spent between the ward & staff canteen. Prompted to attend to his ADLS but still was not done so	U. Keane
19/6/5	Requested and given diclofenac 50mg for sore head at 1655 hrs. Generally settled, walking up and down corridor at times.	Almei
2.1.12 06:40	NIR Leon continues to require firm boundaries re fellow patient's privacy. Slept little overnight, says he wants to stay on ward & for ever and doesn't understand why he can't spend lengthy periods in the sitting room overnight. Diclofenac Sodium 50mg given at 02:50.	ENAFord
11-30	Leon complained of diarrhoea when asked to provide a sample Leon became disgruntled same to be obtained	M. Doherty
1910	Continues to pace corridor. Requested and given PRN diclofenac sodium 50mg at 1700 hrs for sore head.	RA mboq
3.1.12 (NR) 06:35	No complaints of loose stools overnight. Retired to bed reasonably early and has slept well overnight.	K. Singh
12-00	Leon has been quiet and settled on the ward. Showered this morning and put fresh clothes on.	adwight
2-00	Leon approached staff on several occasions requesting PRN Diclofenac - advised that he had not attended for regular 1pm pain relief, vital obs taken & within normal limits for Leon - P-87, B.P. 125/76 @ 14:5pm P. 85, B.P. 117/84 @ 16:00 hrs. Received 6pm paracetamol 1g @ 5pm, as per pathway Received PRN Diclofenac 50mg @ 18:00 hrs - continues to complain of a headache @ time of writing	Parmer
4.1.12 (NR) 06:20	No change in presentation. Continues to require firm boundaries regarding other patients privacy. Late to settle. Requested and given PRN Diclofenac sodium 50mg at 02:10	

Patients/Client Name

Leon Gratton

Unit/CHI Number: F5153833

1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
10.00 (cont) 4.1.12	200 per Karclex. Slept long spells.	KS
11.45	Settled morning - not attended to his ADUS. Seen by Dr. Cavanagh - then to gain feedback. Mrs. Gratton phoned requesting to meet Leon & Karclex at 6.30 hrs 4/1/12.	KS
15.35	Dr Cavanagh's meeting. Leon nervous about going to Rehab & staffed. Dr Cavanagh reassure him. It will be of benefit to Leon. He has appointment at 14.30, Rehab informed of same.	KS
17.45	Met with Leon, Mrs Gratton and his stepfather as arranged. Leon's mother went onto say that she wanted to meet altogether as Leon was telling them different accounts from the staff. Leon began talking about various people and threats being made to him. When asked when these threats had been made? Leon replied "I don't know, years ago". Leon's mum went onto say to Leon "you need to put the past behind you and look forward". Leon became very agitated stating "I can't move forward they will always be after me". Reassurance was given to Leon but he refused to accept same. Leon and his mum started arguing over past events and Leon's mum became tearful. Leon walked out the interview room at this time. Leon's mother continued to vent to myself about past events with Leon, allowed Mrs Gratton time to vent same. Advised Mrs Gratton that I would contact her 5/1/12 with time of Leon's appointment on 10/1/12 as Leon's mum wished to collect Leon and take to same. Leon's mother left money with Leon and left ward.	KS
20.35	Initially unsettled, seeking medication, advised could not have until 18.00hrs. Given citalopram 50mg at 19.05hrs. Given firm boundaries regarding bringing doors, accepted same. Settled since, no new concerns to report.	KS
5-1-12 0600	Bathed and ordered take-away meal.	KS

Patients/Client Name _____

Unit/CHI Number: F 51 S 3 833

LEON CRATION

1703751191

Date:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
Time:	LEON SUTTON	
5-1-12	Had to be reminded not to sit	
0600	in ward corridor leaves-dropping and reminded to stop going in and out of the dormitory noisy disturbing other patients. Appears to have slept for long periods overnight.	2.1.12
1145	Settled morning, has new haircut, smartly dressed. Usual presentation up and down the corridor interacting with staff, requesting prn medication.	2.1.12
1-30	Long waiting PRN Diclofenac - regular paracetamol given, as per Kardex - did not want Diclofenac. Settled	2.1.12
05 06.01.12	at time of writing Settled evening, requested and given as required Diclofenac 50mg at 2300 for toothache. Slept well overnight	2.1.12

Ward /Dept DUNINO

Name: <u>LEON CRATTON</u>		Care Plan Number R - 0	
C.H.I. Number <u>0703751191</u>	Unit Number	Date Commenced <u>02.01.12</u>	
Consultant/G.P. <u>DR DASGUPTA</u>	Prescribed By Named Nurse: <u>ANGELA BARBIERI</u>	Date Resolved <u>10.1.12</u>	
Description of Need: The patient s' requirement to be assessed for treatment within the Rehabilitation Service			
Objective/Expected Outcome To complete a nursing assessment of the client's mental state for admission/transfer, thus providing a basis for the formulation of the care particular to the client's need on admission.			
Actual Outcome <u>Client admission 6/1</u>			
Evaluation/Review No	Date Due	Evaluation/Review No	Date Due
1	<u>6/01/12</u>	6	
2		7	
3		8	
4		9	
5		10	

Pre - Admission to Rehabilitation Service StrathedenPatient/Client Name LEON GRATTON Unit/CHI No 0703751191**ACTION TO BE TAKEN: -
Services****CARE PLAN - Pre Admission checklist for Rehabilitation**

Signature

1 To be completed before the Admission

1. Arrange a date for admission
2. Allocate:
 - 2.2. Named Nurse
 - 2.3. Associate Nurse
3. Prepare nursing folder
4. Phone SWD to check if a Single Shared Assessment has previously been completed
5. Order client's medication
6. Allocate and prepare bed area
7. Add client's name to menu sheet and order meals
8. Check that Named/Associate nurse is on duty on day of client's admission
9. Issue relative with an information booklet.

2/1 JS
2/1 JS
2/1 JS
2/1 JS

10. Proceed to admission procedure*Individual Nursing Actions Required: -*

Written Information sent to patient or carer on admission

Discuss plan of care with Patient/Client and if appropriate their Relative/Carer. Where appropriate ask the patient to sign that they agree/disagree with this care plan. If you do not ask for acceptance please record reason in 'Care Notes'

I have had the care plan explained to me and I do/do not wish this to be initiated:

Leon Gratton

Ward / Dept DUNINO

Name: <u>LEON GRATTON</u>		Care Plan Number R-1	
C.H.I. Number <u>0703751191</u>	Unit Number	Date Commenced <u>6-1-12</u>	
Consultant/G.P. <u>DR DASGUPTA</u>	Prescribed By Named Nurse: <u>ANGELA BARBIERI</u>	Date Resolved <u>10-1-12</u>	
Description of Need: Patients' require to be Admitted/Transferred in to the Rehabilitation service ensuring dignity and minimal distress.			
Objective/Expected Outcome To Admit/Transfer a patient in to the Rehabilitation service with minimal stress to patient and their carer, by providing information advising them of their rights, observational status and services other than nursing that will be assisting in their care. Nursing staff will require obtain accurate information to ensure the patients physical and mental wellbeing.			
Ref: <i>NHS QIS Best Practice Statement: April 2004</i>			
Actual Outcome <u>Transfer of patient to rehab service, minimal stress to patient</u>			
Evaluation/Review No	Date Due	Evaluation/Review No	Date Due
1	<u>8-1-12</u>	7	
2	<u>10-1-12</u>	8	
3		9	
4		10	
5		11	
6		12	

Admission / Transfer into Rehabilitation Service StrathedenPatient/Client Name LEON GATTON Unit/CHI No _____

ACTION TO BE TAKEN	Initial Admission/Transfer to Rehabilitation Services	Date	Signature
1. Conduct initial assessment of need	✓		
2. Where appropriate include Carer	n/a		
3. Establish if patient has or has not a Named Person	- mother		
4. Establish if patient has or has not an Advanced Statement	no		
5. Assess if an MHO is required			
5.1 Establish legal status and transfer papers	n/a		
6. Observation status established			
7. Medication Kardex in place and the following recorded	✓		
7.1. Allergies	✓		
7.2. Concordance to medicine regime	✓		
7.3. Check patient does not have any medication on their person and determine disposal	✓		
8. Depot injection time and frequency established	n/a		
9. High dose monitoring regime established	n/a		
10. Record any Relapse Signatures			
11. Baseline nursing observations recorded			
11.1. Pulse	✓		
11.2. Respiration	✓		
11.3. Blood pressure	✓		
11.4. Weight	✓		
12. Record out-patient appointments previously arranged	✓		
13. Clothing and property to be listed and held in line with NHS Fife policy	✓		
14. Laundry time established			
15. Electrical Equipment checked			
16. Note any information not obtained in the group diary			
17. Information given to the patient should consist of:			
• Condition and presentation of symptoms	✓		
• Effects and side effects of medication			
• Orientation into the environment and Fire Procedure			
• Visiting hours	✓		
• Advocacy services	✓		
• Patients rights under detention	✓		
• Ward routine e.g. meal times, case reviews, medication, use of telephone	✓		
• Other disciplines involved in their care e.g. OT, psychology, physiotherapist	✓		
• Chaplaincy service	✓		
• Benefits	Income report		
• Key worker/named nurse	✓		
• Current ongoing assessment of risk, dependant on patients' condition and understanding at the time.	✓		
Any other Nursing Actions or information given		26/01/11	J. Khan

Discuss plan of care with Patient/Client and if appropriate their Relative/Carer. Where appropriate ask the patient to sign that they agree/disagree with this care plan. If you do not ask for acceptance please record reason in 'Care Notes'

I have had the care plan explained to me and I do/do not wish this to be initiated:

..... Leon Gattton

Ward/Dept: DUNINO

Name: <u>LEON GRATTON</u>		Care Plan Number R-2	
C.H.I. Number <u>010375 1191</u>	Unit Number	Date Commenced <u>07.01.12</u>	
Consultant/G.P. <u>DR DASGUPTA</u>	Prescribed By Named Nurse: <u>ANGELA BARRISON</u>	Date Resolved <u>17.1.12</u>	
Description of Need: An accurate assessment of need to provide the basis for care planning and ensure a patient-centred approach			
Objective/Expected Outcome By utilising a combination of Assessment tools and outcome measures will initiate patient centred care plans and reviews which minimises risk to the patient and service providers.			
Actual Outcome			
Evaluation/Review No	Date Due	Evaluation/Review No	Date Due
1	<u>10.1.12</u>	8	
2		9	
3		10	
4		11	
5		12	
6		13	
7		15	

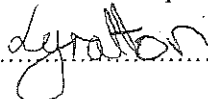
Mental Health Service
Assessment of ongoing need - Rehabilitation Service Stratheden

Patient/Client Name _____ Unit/CHI No _____

ACTION TO BE TAKEN Ongoing Need - Rehabilitation Services	Date	Signature
1. Conduct initial assessment of need 2. Where appropriate include Carer 3. Information given to the patient should consist of: • Condition and presentation of symptoms • Effects and side effects of medication • Orientation into the environment • Visiting hours • Advocacy services • Patients rights under detention • Ward routine e.g. meal times, case reviews, medication , use of telephone • Other disciplines involved in their care e.g. OT, psychology. physiotherapist • Chaplaincy service • Benefits • Key worker/named nurse • Current ongoing assessment of risk. Recapping on the above, to ensure patient clearly understands and is able to discuss above issues. <i>Any other Nursing Actions or information given</i>		

Discuss plan of care with Patient/Client and if appropriate their Relative/Carer. Where appropriate ask the patient to sign that they agree /disagree with this care plan. If you do not ask for acceptance please record reason in 'Care Notes'

I have had the care plan explained to me and I do/do not wish this to be initiated:

.....




Fife Primary Care NHS Trust – Mental Health Directorate
Evaluation/Review [E1]

Page No 1

Patients/Client Name:

Leon Guelton

Unit / CHI No.

Named Nurse/Key worker

Angela Botton

Care Plan No

R-2

Date:
Time:

Record of Evaluation and / or Review

Signature

1.1.17 Patient has been given 'my view'
to complete and I will do care
plan from this date
J. Botton

**Fife Primary Care NHS Trust – Mental Health Directorate
Evaluation/Review [E1]**

Page No 2

[illegible]

Ward /Dept DUNINO

Name: LEON GRATTON		Care Plan Number R-3	
C.H.I. Number 1703751191	Unit Number FS153833	Date Commenced 10.1.12	
Consultant/G.P. DR DASGUPTA	Prescribed By Named Nurse: ANGELA BARBIERI	Date Resolved 12.4.12	
Description of Need: To encapsulate a person-centred assessment of financial need, benefits received and budgeting skills.			
Objective/Expected Outcome To ensure that the patient is in receipt of the appropriate financial benefits and has an understanding of budgeting skills			
Actual Outcome <i>checked Capital</i>			

Evaluation/Review No	Date Due	Evaluation/Review No	Date Due
1	17.1.12	8	
2	24.1.12	9	
3	3.2.12	10	
4	18.2.12	11	
5	19.3.12	12	
6	19.4.12.	13	
7		15	

Mental Health Service
Financial Assessment - Rehabilitation Service Stratheden

Patient/Client Name Leon GANTON Unit/CHI No _____

ACTION TO BE TAKEN Financial Assessment - Rehabilitation Services	Date & Time	Signature
1. Conduct initial assessment of received benefits, where appropriate include Carer; 1.1. Assess budgeting skills in conjunction with patient. ✓ 1.2. Does the patient control his/her own finances ✓ 1.3. Is there an approved person who manages the patients finances e.g. Welfare Power of Attorney. 1.4. Is the patient Incapax/Incapacity X 1.4.1. Initiate/continue Incapax/Incapacity procedure 2. Discuss what benefits are received and explain any additional benefits etc that they should be receiving <i>Income support</i> 2.1. What Job Centre Plus office does the patient utilise. Where possible inform Job Centre Plus, of admission to allow appropriate benefit payment. 2.2. What benefits are received 2.3. What method are benefits paid e.g. giro, Post Office, Bank etc ✓ 2.4. How often does patient receive benefit(s) e.g. weekly, monthly 3. Discuss with the patient their ability / possession of banking facilities; ✓ 3.1. Do they have their own bank account/post office account ✓ 3.2. Do they have a cheque book 3.3. Do they use bank services e.g. cashline, switch, visa etc 3.4. Do they utilise Hospital banking facilities and discuss budget planning ✓ 3.4.1. If yes prepare the appropriate Financial forms (PF...) 3.5. Do they spend their earnings appropriately 4. Order self catering monies 4:1 Arrange a shopping trip 4:2 Refer to O.T. Services if felt appropriate. ✓	08/4	<i>[Signature]</i>
<i>Any other Nursing Actions or information given</i>		

Discuss plan of care with Patient/Client and if appropriate their Relative/Carer. Where appropriate ask the patient to sign that they agree /disagree with this care plan. If you do not ask for acceptance please record reason in 'Care Notes'

I have had the care plan explained to me and I do/do not wish this to be initiated:

..... *[Signature]*

Patients/Client Name:

LEON GRATTON

Unit / CHI No. 1703751191

Named Nurse/Key worker

ANGELA BARBIERI

Care Plan No

Date: Time:	Record of Evaluation and / or Review	Signature
17/1/12 18:30	Leon feels he is managing his current budgeting plan to the best of his ability. He took out a lump sum at the start of the week and bought 100 cigarettes but these have now gone due to other patients smoking them. Advised Leon he can use the office to store his cigarettes and they will be given only to him when he asks for them. Leon is happy with current budget plan and will be shown where to access his post office account on his next visit to Cupar.	LBR L. BROWN STUDENT
7.1.12	No significant change since last review, continue to follow budget plan, chd of staff advice regarding keeping cigarettes but still giving away	J. J. J.
4.2.12	Conf to John budget plan with the other directions	J. J. J.
19.2.12	Conf to John budget plan but still	J. J. J.
18.3.12	Leon has stated that he would like to put "just tobacco money" into his hospital account and have the rest to himself. He says he wants to be "able to save". Will go over Budget with him before the next evaluation date.	MON. 18.3.12 MON. 18.3.12
12.4.12	Met Leon at Cupar advice to investigate if entitled to more benefits. Still struggling with budget challenge. Refused	

[illegible]

Ward /Dept DUNINO

Name: <u>LEON GRATTON</u>		Care Plan Number R-4	
C.H.I. Number <u>1703751191</u>	Unit Number <u>FS53833</u>	Date Commenced <u>10.1.12</u>	
Consultant/G.P. <u>DR DASGUPTA</u>	Prescribed By Named Nurse: <u>LENA BARRION</u>	Date Resolved <u>12.4.12</u>	
Description of Need: To ascertain an individual hygiene programme for the patient			
Objective/Expected Outcome To ensure that the patient is aware of accepted methods in obtaining personal hygiene.			
actual outcome <i>excellent compliance</i>			
Evaluation/Review No	Date Due	Evaluation/Review No	Date Due
1	<u>17.1.12</u>	8	
2	<u>24.1.12</u>	9	
3	<u>3.2.12</u>	10	
4	<u>19.4.12</u>	11	
5		12	
6		13	
7		15	

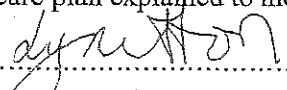
Mental Health Services
Personal Hygiene - Rehabilitation Service Stratheden

Patient/Client Name LEON SMITH Unit/CHI No _____

ACTION TO BE TAKEN	Date & Time	Signature
Personal Hygiene - Rehabilitation Services 1. Discuss with the patient the following topics, checking that they understand the accepted requirement and rational for achieving good personal hygiene. 1.1. Bathing/Showering 1.2. Hair care 1.3. Teeth/Denture care 1.4. Shaving 1.5. Changing clothing 2. Explain the procedure on how to use the Washing machine and dryer/washing line, checking that the have understood the procedure and rational for keeping clothes clean etc. 2.1. Collecting personal laundry ✓ 2.2. Sorting out the laundry items ✓ 2.3. Loading laundry into machine ✓ 2.4. Loading powder into the machine ✓ 2.5. Choosing the laundry programme/cycle ✓ 2.6. Switching the washing machine on and safety issues ✓ 2.7. Unloading laundry from washing machine ✓ 2.8. Operating Dryer and safety issues ✓ 2.9. Hanging out washing to dry ✓ 3. Explain the procedure of ironing clothes and safety issues 3.1. Putting clothes away neatly 4. Observe all of the above tasks allowing patient to work through the methods assisting if necessary. 4.1. Recording observations in the care notes. 5. Explain to patient the requirements and rational for keeping their bed area tidy ✓ 6. Explain to patient the requirements and rational for changing their bed ✓	8/04	
<i>Any other Nursing Actions or information given</i>		

Discuss plan of care with Patient/Client and if appropriate their Relative/Carer. Where appropriate ask the patient to sign that they agree /disagree with this care plan. If you do not ask for acceptance please record reason in 'Care Notes'

I have had the care plan explained to me and I do/do not wish this to be initiated:



Patients/Client Name:

LEON GRATTON

Unit / CHI No. 1703751911

Named Nurse/Key worker

ANGELA BARBIERI

Care Plan No

Date: Time:	Record of Evaluation and / or Review	Signature
17/1/12 18:55	Leon feels he can take care of his personal hygiene independantly however is still to be shown how to use the washing facilities and needs to buy soap, shampoo etc. Advised him the hospital shop is available to purchase these items for now until he can get them in Cupar.	LBR L. Black SUBST J. Brown
1.1.12	Continue to provide support standard of personal hygiene	J. Brown
4.2.12	Continue to achieve a comfortable standard, although does require prompts scheduling, bed-over etc becomes entirely	J. Brown
19.2.12	Continue to achieve a comfortable standard, although does require prompts, bed-over etc becomes entirely	J. Brown
18.3.12.	Leon has been trying hard to keep clean and tidy. He admits his clothing is often all over the table tops but he has said he will try to keep his clean clothes tidier.	J. Brown

[illegible]

Ward /Dept Junino

Name: <u>LEON GRATTON</u>		Care Plan Number R-5	
C.H.I. Number <u>1703751191</u>	Unit Number <u>FS153833</u>	Date Commenced <u>17.01.12</u>	
Consultant/G.P. <u>DR DASGUPTA</u>	Prescribed By Named Nurse: <u>ANJANA BALSURI</u>	Date Resolved	
Description of Need: To be able to plan a shopping trip, purchase items and cook food in a safe and accepted manner.			
Objective/Expected Outcome In a safe and methodical method be able to plan a shopping trip, purchase items and cook a balanced and nutritional meal.			
Actual Outcome onemed copied			

Evaluation/Review No	Date Due	Evaluation/Review No	Date Due
1	<u>3.2.12</u>	8	
2	<u>18.2.12</u>	9	
3	<u>19.3.12</u>	10	
4	<u>19.4.12</u>	11	
5		12	
6		13	
7		15	

Discuss plan of care with Patient/Client and if appropriate their Relative/Carer. Where appropriate ask the patient to sign that they agree /disagree with this care plan. If you do not ask for acceptance please record reason in 'Care Notes'

Mental Health Nursing Service
Care plan – R5 rehab. July 2005; Review July 2007

Patients/Client Name: Leon Grattan

Unit / CHI No.

Named Nurse/Key worker A. [Signature]

Care Plan No

R-5

[illegible]

[illegible]

Patients/Client Name

LEON GRATTON

Unit Number / CHI

170375 1191

Date of Birth

17/03/75

Named Nurse/Key Worker

ANGELA BARRIEM

Date:

Multi Disciplinary Record of Important Information not held in Evaluation/Review/Variation Records etc

Signature

Time:

06:12 Planned admission of this informed 36 year
1145 old gentleman from Ward 2 Q.M.H. for
6 week treatment of mental health. He
feels unable to return home as he is vulnerable
to exploitation from drug dealers. Spends long
spells in bed. Significant history of alcohol
drinking. History of alcohol. History of
assault on mother step-father, this is
not current behaviour.
Contacted Duty Doctor who will attend ward
around 1700. Due to workload, agreed
also have general intervention. Refers
with escorted time - at least 10-15 mins
as Leon unfamiliar with procedures,
which he appreciates to some. Indicated
into ward and appears quite happy to
be at Dunino.

Current medication plan

Nitrazepam 10mg nocte
Citalopram 20mg
omeprazole 20mg
Trifluoperazine 15mg
Prazosin 1.5mg
Doxycycline 1g 4 times

Angela Barriem

18:30

Met Mr 6-week treatment and I.C.P. Coe plans
1145 who Leon signed. Complaint of pain
in his muscles and joints and headaches.
He has an appointment on 10 January 2012 @ 14:30
to which transport will be arranged as
Monday. His mother will meet him at DPH
Some parts of conversation could not
follow a disjointed. Tried to get Leon to
explain about his work but well on about
people after him. Mother appears to have killed
it. Ward and happy to be here.
Arrived for evening meet and headache still
affecting duty doctor at time of shift
report.

Angela Barriem

19:45

Requested and given a signed discharge form
5mg @ 1940 for pre-bed. Angela Barriem

20:30

Phone call received from duty doctor advising
that Leon's time out can remain, negotiated

Patients/Client Name	Unit/CHI Number:
LEON GRATTON	170375191/170375491

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
	with staff as he is informal Duty Doctor also advised that Leon had already been clerked in at QMH.	U. Gupoo
7/1/12 0705	Pleasant & Polite with staff & other patients. Played pool with AV & all ended for supper. Complained of a headache but stated his 10pm dose of Pizotifen & Prazepam should help which he later confirmed, had. Apparent family settled in his presentation. Requested & given some fruit preparation. Went to bed at 0100 & appears to have slept well.	LAING
7/1/12 1150	Up at 0900, playing pool. Later approached staff alleged his mobile phone and cigarettes had been stolen, when staff went to help had to be held back as he offered but declined opportunity to go to an escorted walk to furniture. He insisted on going. U. Gupoo	
7/1/12 1850	Requested and received as required diazepam one as per Kardex at 18:55. —	U. Gupoo
7/1/12 1955	Some agitation and paranoia noted early this evening but coped with same independently. Time spent between bed area and lounge. Attended evening meal. Completed relapse signature check list.	U. Gupoo
7/1/12 0725	Stated he had a headache again at pill time but that same improved after 10pm medication. Played pool & wrote poetry. Pk Laxial. Pleasant & appropriate in chatting to staff. Has slept well.	SP10 LAING

Patients/Client Name

Unit/CHI Number:

LEON GRATTON FS153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
8/1/12 11:05	Leon took advantage of having a long lie this morning. Up at eleven o'clock. Appears bright in affect. General chat to staff and fellow patients. No concerns noted or voiced.	M HINDSIN M HINDSIN
13:55	Requested and received diclofenac 50mg as required as per Kardex at 1350 for a headache.	M HINDSIN M HINDSIN
12:40	Requested and received diclofenac 50mg for a headache at 1835hrs.	M HINDSIN M HINDSIN
19:45	Quiet afternoon spent between bed area and sitting room.	M HINDSIN M HINDSIN
9/1/12 7:10	Pleasant and appropriate chatting to staff said he had a headache last night given 22 on the ward and advised the paracetamol may help. Slept until around 4:00am. asked for Dydolene, unable to give at this time, accepted this and returned to bed. Sleep at time of writing.	M HINDSIN M HINDSIN
9/1/12 11:50	Physically examined by Dr Brown. Carrying out some washing/laundry this morning. Hygiene poor but asked to wash when clothes washed. Telephone call to dental access and message left regarding recent complaints of headache.	M HINDSIN M HINDSIN
12:15	Also presented fine of 15th Sept. 1st 9 months, but fine was not to court. Tomorrow, blood to be done in 6 months.	M HINDSIN M HINDSIN
15:10	Complained of headache requested + given 100 Diclofenac 50mg @ 14:05 for same.	M HINDSIN M HINDSIN
20:15	Looking for 100 Diclofenac several times this afternoon. not given. Otherwise settled and amenable whilst in ward areas.	M HINDSIN M HINDSIN
10/1/12	Leon was chatty last night, says he is feeling anxious about his appointment to play at QM Breast Clinic. Re assurance given - went off to bed and appears to have slept.	M HINDSIN M HINDSIN
11:40	Leon has remained in the ward this morning and has appeared settled.	M HINDSIN M HINDSIN
18:00	Escorted by staff to out-patient dept of QM at Breast Clinic. Legally lump in axilla. Leon went in to appointment on his own at his request. After the appointment he stated he was examined and will get another appointment for a biopsy of lump. Littered to follow Leon's mother who is at hospital and this.	M HINDSIN M HINDSIN

Patients/Client Name

Unit/CHI Number:

LEON GRATTON

FS153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
	gave her opportunity to discuss with staff that she was given date of time for Leon to be interviewed. She discussed how in the past she has been assaulted by Leon and also false accusations he made to police, ending up in her getting whisked & work as a nurse made by Leon. Not he was raped. She was always quite proud when telling this. Leon's last son (Charles) is a regular bike and picks up mail. She gave Leon (letter) from post office and he needs to go to Cape to activate to be can get his card. She will pick up his gas payment (not before being paid into p.a account) tomorrow and post it and staff have requested to Leon that he put in hospital bill account. His agreement to a budget plan. Budgeting all monies, she feels that Leon has needs as she will give marks away or just spend as soon as he gets. She feels that he is vulnerable when out in community as he is giving his benefits away and living in Scotland. She had agreed following a discussion with staff & staff after Leon left. Leon at all became angry and extremely paranoid. He didn't do his mum. Not he was not with in the 6-week period. He was not to discuss the plan with staff. One man R-3 and R-4. He was a budget plan discussed. He had been needs. Not he was not talking to staff in Cape. He was not paranoid. He didn't do his mum. Not he was not with in the 6-week period.	
20.00	Requested & received Sony Diclofenac for Dental and head pain @ 100.45 hrs.	G. McNeill
10/1/12 2105	Sat with Leon for half an hour in sitting room. Told me things from his past including sexual abuse and drug problems. Many stories about his mother most of which appeared delusional e.g. she set Nazis on him and had a swastika tattoo. Did not seem disturbed or distressed but reassurance offered that he can	Libroch Support

Patients/Client Name	Unit/CHI Number:
LEON GRATTON	FS153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
11/1/12	dear with his problems. Leon has not slept at all, came asking for diclofenac after 4.15pm his 22-cobis medication advised he could not have it at this time asked if he could speak with me, said he wanted to discuss his mother, she was a bad person. Spoke about how he may have HIV and he has been tested awaiting results says he may have caught it from his partner of 5 yrs, they have a baby a year old. Spoke about his appointment at QMH. He has to go back for a biopsy but wishes it was over, reassurance given. Spoke about growing up and his past asked to try and listen to relaxing music and try to fall asleep. When going in to check on patients around 4:00pm. It was noted there was a strong smell of smoke (cigarette) he had a pack of forbes lighter and papers on his bed asked if he had been smoking but he denied this. Entered in Smoking incidents folder. Asleep at this time	Many Grease Many Grease
0930	Declined to get up and refused regular sleep no medication	
1930	Leon complained of "the stress in this world" and requested "diclofenac" for pain. We discussed in going to Cuper on Friday and he appeared to be quite happy about getting his post office card she said that he should "collect cheques because they are going to be phased out" she repeated they would be gone "loads in 20 years".	MAISON Many Grease
12/1/12	Leon has slept much better than the night before. 1035 Leon was escorted to the dentist this morning and he has been told that he needs an X-ray before his Pulas up appointment. A car has been booked for Leon to attend St Andrews X-ray department tomorrow morning.	MAISON Many Grease
1025	REQUESTED & GIVEN AS REQUIRED DICLOFENAC 50mg FOR HEADACHE. SALLY MACDONALD	J. Macdonald
1930	Quite loud and chatty this evening asked when he could get a Diclofenac advised this was only for times when regular medication was not working but he cannot have any until after 1930 - has not asked for any Red as of the 1st of writing	MAISON Many Grease
2025	DICLOFENAC 50mg given as required at 2025 for pains all over his body.	ANNA
12/1/12	Again complaining of 2020 headaches. Suggested that perhaps he	

Patients/Client Name: LEON GRATTON Unit/CHI Number: F5153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
3-1-12	Finishes receiving too much Paracetamol & that his headaches were being induced by same. Leon agrees he's been on same too long. Slept well from midnight.	SP.N L.A.N.G. Oleary
11:40	Attending Xray appointment with member of staff.	SP.N Oleary
11:50	Leon was accompanied to St Andrews hospital for dental x-ray this morning. He had been very tired and yawned in the back of the car. He was interested in the surrounding area and we talked a little about film. He looked at books in the hospital and said he likes to read fantasy and sci-fi books. He talked a lot about violent films but he also said he enjoyed cartoons like Shrek. He said he had given his son, at 3 years old, a scary film and was cheered by his wife. His son is now 13 years old and Leon says his son enjoys the films now. He spoke about not wanting to keep his lenency because he doesn't want to keep living in the "drug scene". He said he has "been in loads of fights" and believes that he has "damaged his veins". He was very chatty and when prompted he put his cigarette butt in the appropriate litter bin. He has received his giro this morning and will be going to Cupar this afternoon.	SP.N Oleary
15:00	Escorted Leon into Cupar to get his new Post Office A/c card. He was appropriate and attentive to what he was doing. He went into three shops in the High Street and bought a book to read. Apparently Leon "loves to read". Leon said that he had befriended a fellow patient because he used to keep company with children with learning disabilities, when he was 10, when he went to work with his mother. He appeared to enjoy the afternoon trip and appears settled on the ward.	SP.N Oleary
17:15	Requested and received diclofenac 50mg at 17:10 hours for knee/leg pain.	SP.N Oleary
18/1/12	Leon approached staff asking if he could see an optician as he feels his headaches could be caused by poor vision. Asked when his last review was.	SP.N Oleary

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	informed he was four years old. Spoke to colleagues regarding same. Informed that there is a optician in Cupar hean informed of same and asked if he would like to be supported to make an appointment tomorrow. Agreed to same. Bright but apprehensive, no concerns	MTT/MSW 16/4/12
	Refused loan class of medication although late returned for same, encouraged to see if he could manage without same, which he did sleep well overnight	MTT/MSW 16/4/12
14/1/12	Took advantage of a longer leave this morning	
11/15	Considering going into Cupar with fellow patient this afternoon. Bright and apprehensive	MTT/MSW 16/4/12
16/4/12	Joint pain, requested and received PRN	
20/10	Did not go to Cupar as he had planned sleep in room. Again spoke with Leon regarding going to his coffee, sugar and milk to other parts of he is vulnerable to this and other parts will check the kitchen	MTT/MSW 16/4/12
	Seemed a little 'excitable' in his presentation, seeing out staff a lot. Accepted all prescribed loan medication. Continues to complain of headaches. Still up, although in bed space of 10 Retained to bed with links encouragement & appears to have slept.	MTT/MSW 16/4/12
11/55	Up at 0400. Patient on approach of night	
15/1/12	Engaged in the ward. Requested a one to one loan asked if there were any results received from a HIV test	MTT/MSW 16/4/12

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he received "about four weeks ago" at the Queen Margaret Hospital. Leon continued by saying that his now ex girlfriend apparently has it (informed by a doctor at Queen Margaret Hospital) and he has a one year old daughter to her who may also have it. Leon continued by saying that his 'lumps' at his groin are getting bigger and he is worried in case it is cancer. Leon continued saying that if he had HIV and cancer that he would rather kill himself because he states he knows that it would be painful. Leon then began to state his dislikes surrounding people he knows in Inverkeelting and that he can't go back there as they call him a "gross and beast". Leon then stated that if people knew what he had been through he would not be called that. Leon then stated that he had been abused by a "guy with a Manchester accent" but not sure who. Staff checked nursing notes, medical investigations and DCI stores for results on HIV test. No test evident on scene.

2030 Requested and received as required diclofenac
Soma at 2020hrs for joint pain.

16.11.20 Was going to refuse
0205 bpm paracetamol
but took some in the
end. Again, seeing
out staff for a medical
exam. Didn't fall asleep
on, getting to bed.
Up at 0235, requesting
& given as required
diclofenac Soma
at 0240 time for joint
pain. Also spoke about
hearing voices which

W. H. P. S.
M. H. P. S.
W. H. P. S.
M. H. P. S.

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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
1/12	distress him at times, although not distressed at the time he told me. States he has been experiencing 'the voices' for x 2 days. States he has some other stressed & he fears stressed just now as worried about an HIV test he had x 4 weeks ago. Leon not prescribed any as required medication for distress/agitation but informed staff that haloperidol has helped him in the past. Slept shortly after returning to bed.	
17/10	Staff phoned Urd2 Q.m.H. who advised that Leon did have a HIV blood test, mainly due to long-standing alcohol belief to remove Leon. Staff at Ward 2 Q.m.H. will try and locate blood results and inform staff, agreed that staff had not ignored. Dm. Staff. regarding this. Leon attended pharmacy clinic for 20.0. Registered and given as required. Discharge Sony for 20.0. 19.55 Asked for Diclofenac tablet for headache - reminded he had paracetamol @ 18.00 and was due more at 22.00 - reminded Diclofenac was not for headaches - appeared to accept this.	
17/11/12	Leon talked about hearing voices. He said they were being derogatory towards him. He said he used to listen to his MP3 player but "it was stolen". He admitted to feeling anxious because he did not have any cigarettes. He had a hot chocolate and some biscuits and he appears to have slept since he went up to bed at midnight.	no grass on
11.50	Asked if his notes were here yet - informed Leon the staff were trying to get these for him and could take a while.	ENSLAPHER QAPW

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17/12	Went over budgeting and budgeting care plans	LBR
19:00	with Leon. Happy with same. Issued him	L. BLACK
(1:1)	with my view. Will complete same by end	STUDENT
	of the week. Displayed paranoid ideation	
	the other patients coming into his bed space	
	and stealing cigarettes (Leon has been	
	noted to readily offer cigarettes to	
	others). More paranoid ideation about his	
	mother refusing to send him money and ^{error}	
	and other items he thinks she is withholding	
	from him. Leon is not distressed by any of	
	this though and no other problems noted.	
19:30	Requested and given a request for a song	
	Rock Song at 19:00 for a song	
	Joan	
19:55	Asked for and given symptomatic relief	
	Morax 20mls for dyspepsia at 19:55	
18/12	Leon requested a chat with staff. She requested Morax	
00:15	which he received 20mls at 21:55. She said the "pain	
	in my guts" came from the idea that he had been	
	sexually penetrated from behind. She talked about his	
	mother having abused him from a young age and his	
	worry that she was "interfering" with his son. She	
	talked about the martial arts he has done and	
	about a group of men who were "doing drugs" and	
	supposedly enticing 15yr old girls to "take drugs" and	
	"show themselves". Leon said he "took a battering	
	with a pot of glue" so that he could leave the home.	
	She also talked about being in a gang in Western	
	Islands and the weapons he was able to get hold	
	of with the aid of Raymond, his mother's partner. She	
	talked for about half an hour and then rose to go	
	saying that all he wanted now was "a house and	
	a nice woman and to start afresh."	
04:25	Leon has been kept awake by fellow patient who	
	demanded that he help him get up at 02:00. Leon	
	had a hot chocolate and went away to bed but his	
	fellow patient would not give him peace. Eventually	
	Leon was moved to another room at 03:30 to get	
	some sleep.	
06:15	Leon did not manage more than half an hour sleep and	
	woke up working around the music room at 05:00. She	

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18/1/12 0615	Said that he had been giving fellow patient (AP) cigarettes through every night to "try to shut him up" but tonight, he has no cigarettes and AP apparently has been restless. Nurse told Leon that we will see about him moving bed spaces today when the charge nurse comes on shift.	
10.55	Complained of knee & rib pain requested + given Par Diclofenac 50mg @ 10.50	W. Gibson Shore End J. P. D.
13.05	Complained of dyspepsia requested medication before lunch - offered & accepted milk however requested medication after lunch - Symptomatic Relief of Mucos 20mg @ 12.45	W. Gibson Shore End J. P. D.
19/1/12	Leon has been settled on the ward pleasant in manner. Noted to be laughing hysterically at 6pm. Stated his head was 'sore' and he felt like smashing it through the wall. Continued laughing. Received regular paracetamol 1g AD per kadox at 6pm. Appears to have settled.	W. Gibson Shore End J. P. D.
19/1/12	Leon sat on the mat in the hallway outside the clinic door and he laughed out loud. Although he was plainly laughing he denied making any noise. Leon slept in a spare bed this evening. He went straight to bed at 22.00 and has slept his way through the night.	W. Gibson Shore End J. P. D.
11+5	Again, on yesterday Cigarette mats x6 found in bed - space. He later denied & belittled to do. Explained to Leon that he must return to his original bed - area as he is a fire-risk.	W. Gibson Shore End J. P. D.
19.35	Very restless about ward, pacing and excitable. Given as required haloperidol 5mg at 19.30 hrs. Also given diclofenac 50mg at 17.15 hrs for rib pain.	W. Gibson Shore End J. P. D.
20/1/12	Leon showed concern that he would not be able to sleep in his bed because his fellow patient had been shouting at 23.45 and he said he wanted to sleep. Advised Leon that he was known to smoke in his room so sleeping upstairs had been arranged upon. Leon handed in his tobacco and lighter immediately and was offered a bed upstairs which he took. He wanted to talk before going to bed and he re-iterated his concerns about his mother, his son and the people he knew in Inverkeithing. He said he found it hard not to keep thinking about what has happened in the past and how, he believes, things	W. Gibson Shore End J. P. D.

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20/1/12 0635	are still happening now, and in the future. He talked again about paedophiles and the worry he has that his mother is dominating him, his life and his family. He eventually got himself off to bed at midnight. — Leon has slept right through the night without any interruption. —	M. HARRISON M. HARRISON
20/1/12 11:45	Leon has had a fairly quiet morning on the ward. Attended for morning needs with prompting. — C/N MURKINSON	L.B. L-BLACK STUDENT M. HARRISON
1300	Requested and received paracetamol 1g at 0900hrs & 1300hrs for headache, also given haloperidol 5mg at 1300hrs for disorder of thought. On racing thought. —	M. HARRISON M. HARRISON
20/1/12 19:30	Some paranoia noted this afternoon and evening. Asking staff to 'run away' with him. Stating that everyone 'out' to get him! No requirements for as required medication. —	M. HARRISON M. HARRISON
21/1/12 0635	Episode of Leon laughing loudly without any obvious reason. Spending a lot of time appearing ^{more} near nursing staff for no particular reason, i.e. - outside treatment room for long periods of time with paranoid ideas expressed, however. Retired to bed at around midnight - 2 bed dormitory - Zone 5 of the ward. Slept soundly. —	M. HARRISON M. HARRISON
21/1/12 11 50	Noted to have been smoking in bed space 5, when asked about same stated was earlier on today. Informed about no smoking policy and that he has to use his bed space in zone 2. Not happy with same. —	M. HARRISON M. HARRISON
21/1/12 13 50	Requested and received diclofenac 50mg at 1345. as required. Did receive paracetamol regular at around 12:50 but with little effect. Asked Leon if he has been hearing voices or seeing anything. Stated	M. HARRISON M. HARRISON

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21/1/12 1350	he has been and confirmed that when he normally laughs "like a mad man". Advised Leon to approach staff before some gets too much.	M.H.N.S. [Signature]
21/1/12 1505	Spoke to Leon regarding his wish to move beds. Informed Leon that a bed is not available at this moment but staff are hoping to move beds around on Monday so he will not be disturbed at night with a fellow patient banging on the partition. Agreeing both decisions. Incident noted at 1630 Cup of tea time where Leon accidentally spilt milk and some went over a fellow patient. The other patient TD swore at Leon but Leon remained calm and cleaned some up.	M.H.N.S. [Signature]
2000	Generally settled and bright in mood. Some delusional ideation re joints/joints of his body.	[Signature]
21/1/12 0715	Leon was given symptoms of a cold as Leon had a cold Leon at 2155. Leon fairly settled & has slept well.	[Signature]
1150	Leon has been settled on the ward this morning. Noted to be passing cigarette to fellow peer AP in bedspace. Leon was advised not to do same as it created a potential fire risk. Leon accepted same. Requested diclofenac as per Kardex at a required as per Kardex, however, cannot receive same until 1345.	[Signature]
1335	Requested and received diclofenac 50mg as required as per Kardex at 1350 for headache.	[Signature]
22/1/12 2020	Requested and received diclofenac 50mg for a headache at 2020 as per Kardex. Settled around the ward. Continues to voice delusional thoughts.	M.H.N.S. [Signature]
23/1/12 0705	Spending a lot of evening in the vicinity of nursing	[Signature]

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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
23/11/12 11:12	Staff, often standing in corridor or outside treatment room when staff in there. Complained of earache in both ears. Asked to let staff know if same continued &/or got worse, but hasn't reported any symptoms or appears to have slept well.	SFA LANS Ollings
23/11/12 11:35	Ears checked by Dr Eason, appears to have a build up of wax. Cerumen ear drops prescribed for same. Advised to go for self catering this morning as due to do some today.	M Hyams with you
23/11/12 15:10	Leon was supported to telephone and make an appointment with the optician. Same done. Appointment made for PLM optician in Cupar on 06/02/12 at 14:40. Same noted in diary.	M Hyams with you
16:10	Requested and received Diclofenac 50mg, as required as per hardex at 16:05 for a headache.	M Hyams with you
23/11/12 19:45	Leon has had a quiet afternoon on the ward. Did not have an evening meal due to not having anything for his self catering.	M Hyams with you
24/11/12 06:00	Leon to move away from treatment room after receiving his 10pm medication. Leon crawling outside same as other patients attending for their medication. Slept on bed, however, up at 03:00, complaining of having had a nightmare. Requested help.	M Hyams with you

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24/1/12 cont	informed that he couldn't have same due to a nightmare. Leon then went onto say that he was hearing voices. No evidence of any agitation & so Haloperidol not given & was instead, encouraged to try some of relaxation techniques. Checked on by staff a short while later & found to be settled & no further complaints of voices. @ 10, requested some LAINC for joint pain. Slept well thereafter. —	W. Hynes
24/1/12 11:10	Much of the morning spent in bed space. Was up briefly to get breakfast and shop but has returned back to bed.	W. Hynes
24/1/12 14:25	16:45 Advocacy contacted ward to say they will visit Leon on ward on Thursday 26th at 3:30pm to assist with Muvion.	J. Coote
18:50	Complaining of head pain and looking for Diclofenac for relief. Asked several times but deemed an inappropriate request. Spoke to Path several times about anxiety from past interactions in Q&A. Then complained of psychotic symptoms. Given 5mg Haloperidol @ 18:20 hrs for relief of same. Advised Leon that he could transfer his bedspace to Bed next to his as it was more spacious. Is keen and grateful but has not moved at time of writing.	J. Coote
20:55	Complaining of back pain and requesting Diclofenac to ease this. Given 5mg @ 20:50 hrs —	J. Coote
25/1/12	Leon asked for medication early and went away to bed. When he was up at 03:00 "desperate for a fag". Gave him a cup of tea and some biscuits and he returned to his bed space.	W. Hynes

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25/11/12	Has been up for medicine and cigarettes and spent time lying in his bed. Prior to lunch he was sitting watching TV with others.	A Coche
1705	Requested and received Haloperidol 5mg at 1700hrs for increased auditory hallucinations.	Dr. M. L. Black
25/11/12	Requested PRN for auditory hallucinations but was refused ^{advised} to try distraction as a coping strategy. In bed at time of writing.	L. Black
19:25	Food about 1600 approached staff requesting a revised medical for Leon, as he did not appear distressed, suggested to Leon that he try several techniques and if he did not feel the to approach staff further.	Mary Greave
26/11/12	Leon was requesting his medication early but he had to wait as his paracetamol was last given at 1750. He did wait and while doing so discussed illegal drugs with another patient. Discussion was elated and it appeared to bring back "happy" memories for Leon. He went to bed at 2300hrs but was up at 0400 asking for diclofenac for a "sore back and foot". Given 50mg diclofenac at 0410hrs. He returned to bed.	M. Greave
12:00	Leon went into Canteen with Bill O.T. purchased food and got his money out of post-office, returned and has gone down to cook at Canteen Centre.	M. Greave
	Clinical meeting. - Interviewed at meeting (Mick refer to medical notes) - High profile incident to long (30) - Outcomes will be discussed, but no medical change at a time - Legal paracetamol remains as helps his headache - Safety in room - Leon advised regarding work looking - Policy - Leon will need in cigarettes & lighter at night	M. Greave
1430	S/B Behavioural Review & M. V. V. completed	M. Greave
1520	Leon requested to speak with staff concerned regarding Outcomes and not being stopped the to Canteen induction. Staff not receptive given and that he has been with a slight change concerning regarding this.	M. Greave
2000	Given 50mg diclofenac for dyspepsia @ 1713. Generally settled evening.	M. Greave

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27/1/12 0435	Leon complained of pain in his chest and asked for maox. Given 20mls maox at 2305 as requested. Leon said his "head hurt" where he had had stitches. He asked staff to look at the scar where the staples had been but there was nothing visible. Leon gave staff some of his writing for a "quick read through".	MOH/ASW
0630 1210	Leon requested and was given 20mls maox at 0630. As Required MAOX 20ml x 3 Daily Prescribed (Due to Use of Symptomatic Relief) Requested & Given As Required Diclofenac 50mg Film Coated Tablet (EAS). 50mg. MacDonald J. MacDonald	MOH/ASW
1915 (1:1)	1:1 to discuss "My View" and plan care plans, during the time period not fully productive as Leon pre-occupied with delusions concerning his money and quite angry. Did identify vulnerability but expressed delusions. He's angry about being here, that it had need to be a rehab. Decided to terminate and try at after 1:1 regarding "my View".	J. MacDonald
28/1/12 0600	Leon complained of heartburn and was given Maolox 20ml at 0100hrs. He was asked to turn off his television at 0130hrs which he did. Leon was up again at 0230 complaining that Darren Skelton was playing music in his room. He remained awake and asked for diclofenac for a headache at 0330. He was persuaded to try to get some sleep instead and have a hot chocolate and a sandwich. He went back to his bed space at 0430 and has remained there until this time.	MOH/ASW
1910 2005	1100 Took advantage of a long lie up at 1100. Requested and received 50mg Diclofenac PRN for sore back @ 1905hrs. Initial part of afternoon in bed. Woke up at 1730hrs for tea. Has been up since. Quite pleasant, laughing & joking. No complaints.	J. MacDonald
29/1/12 002	No complaints & no obvious change in his presentation. Has slept well.	J. MacDonald

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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
29/1/12	Took advantage of a long lie today. Settled on rising and offering no complaints.	J. MURPHY
1940	1:1 to go NW 4.4-5.5 ad get lean to completed. Int ad fished presentation, stated that he had no fun of nights but wanted to be done for him. ADAR. ON 1/1/12	
2035	Requested all go a legged chicken solem. Say for back ad neck ad. ADAR. ON 1/1/12	
30.1.12	21.00 as required haloperidol 5mg at 22.40 ad complaining of threatening voices & screaming. Stated he the screaming sounded like it was coming from someone who was being crushed in a car compressor. Later stated that same had happened 23.35, 24.00 & given as required molar 20mg ad 24.00 for heart rate. Slept well thereafter.	SF/D LAIN OLING
1135	Attended for reduction, got moved ad visited hospital 8.00	SF/D LAIN
16.00	Complaining of threatening voices and they will not go away given haloperidol. 5mg at 16.00	SF/D LAIN
31.1.12	1.02 complaints of voices but asked could he get on haloperidol if he needed it. Asked Leon to try some diversional techniques in the first instance. Stated he would try yoga or some tai chi. Continues to seek out staff regularly to chat about various issues relating to his mental health.	SF/D LAIN

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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
1/2/12	Found to be sleeping soundly just after midnight. Remains asleep at time of visiting.	SEIN LAIN
12.05	Gramps discontinued by Dr Case on this morning - Leon was spent morning in red area - sleeping no complaints	OLIVIA
16.35	Complained of knee + back pain - requested + given Plavix Diclofenac 50mg for use @ 16.30	CHS SADI
19.00	Leon asked for a 1:1 interaction and stated he was struggling to wait for his medication at 22.00hrs. - encouraged him to try reading between suppertime and medication time and see if that helped as he enjoys reading and poetry. He went on to say he was bullied at school and his Mum told him to 'harden up' or it would kill him. Leon admitted he was into drugs and believes he was raped or plate raped. Before medication time, he sometimes starts hallucinating and believes he hears a woman getting raped and screaming. This is awful for him. Leon then went on to say a girlfriend he went out with, had HIV, and she never told him so he has had a test. He spoke about how he saw a poisonous spider just outside his house door and that a neighbour died and cause was never found. He also stated the drain outside his house was blocked when it shouldn't have been and he squatted a fly and it had blood in it - (human blood he said). He stopped after this as he was getting a headache.	OLIVIA
1/2/12	Leon asked for his medication early as his voices were "disturbing him" she was talking about hearing a man get crushed in a car crusher and he could hear "all sorts of screaming". She had his meds early except paracetamol, then returned for the paracetamol at 22.05hrs. She then went away to bed and slept.	A. CORD
0530	Woke up for his medication and has been in and around the ward this morning, watching TV	

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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
1/2/12	and playing pool.	A Cooke
1/2/12	Leon requested a one to one. Vorcoed concerns	
20/5	regarding a HIV test that he had done at the Queen Margaret Hospital. No results found on SCI stores for same. Contacted ward 2 QMH to see if they had received any results for same, no feedback received. Staff informed that they will consult their doctor regarding same. Leon voiced some delusional thoughts regarding HIV and paranoia regarding people being after him. Leon also asked for as required haloperidol. Same refused and advised to use diversional therapies. Reluctantly agreed to same.	MT Mansel MT Mansel
2/2/12	Leon sought out staff asking for early medication. He said he had "an excruciating headache" which had been brought on by fellow patient Kerry Summers' heavy and loud dance music. He had his medication at 2125 but waited until 2200hrs for his paracetamol. He went away to bed but returned at 0050 requesting haloperidol because his "head is going to explode". He said he had "hundreds" of voices and he couldn't settle. Given 5mg haloperidol at 0050hrs and then Leon returned to bed. He has been asleep at the last two checks and is asleep at this time.	MT Mansel
2/2/12	1440 Attended the dentist this morning and got further extracts. Telephone call from dentist to say that she hopes to get a mould done on Tuesday but unsure of time. Will phone when to attend. Telephone call made to GUM clinic regarding HIV testing. Message left to contact the nurse. Leon continues to show paranoia and anxiety regarding same.	MT Mansel MT Mansel
17.20	Asked for and received Diglofenac 50mg as required at 17.15hrs for dental pain.	A Cooke
1830	Approached staff, expressing delusional ideas about staff of 1 AP. up (affs) for hospital cell. Celling him in a letter. upset regarding it got	

Patients/Client Name

LEON GRATTON

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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
	Results for HIV test issued. Met. H. H. Left Maud Lodge. No. 1. Top of. Ince. great energy. <i>AKHARU</i>	
3/2/12 0545	Leon did not complain of any particular pain. He had early medication and returned for paracetamol at 2200hrs. He said he was tired and went away to bed. Appears to have slept through the night. <i>moderate.</i>	
1145	Despite several prompts by staff Leon is bed. Tried to get Leon up and offered to period (he did bed) <i>AKHARU</i>	
3/2/12 1655	Leon has been approaching staff for as required diclofenac. Staff reluctant to give same due to stating he wants it for dental pain. Advised not to smoke as it can irritate the gum and cause pain after extractions. Leon continued to ask for same. Shown indication in BNF and agreed that the same is not suitable for dental pain. Leon is on regular pain relief of paracetamol. Leon stated that he wishes paracetamol to be as required and diclofenac to be stopped as he states he does not have musculoskeletal problems or arthritis. <i>MT HMD</i>	
3/2/12 2005	Continues to voice delusional ideation regarding drug gangs and crimes, specific detail of weapons and actions. Also speaking haloperidol which was derived as did not appear distressed by perceptual disturbances. <i>MT HMD</i>	
4/2/12 1115	Leon sought out staff for 11 and talked about gangs, his family and fights that he had either been in or had tried to stay away from. He also talked about politics, talking about voting labor and the state of the country. He complained of olfactory hallucinations saying that he has been "smelling cheese all day" and was obsessed, before informing about the hallucinations to duck out of the clinic very quickly. He sought staff all evening until after 0200hrs. He was given as requested 5mg haloperidol at 2355 because he said that he felt his mind was running "thoughts over his head like a train going back and forth". He also spoke about "other faces he is feeling over his arm". He cut his finger nails and a hot chocolate and informed staff how he felt his six weeks had gone.	

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LEON GRATTON	F5153833 / 1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
4/2/12	He said that he felt "safe" in the ward. He said he felt his mental state was "much better". He also appreciated the time nursing staff had given him to be able to speak about what was on his mind. He said he liked the staff and thought Dinnico was "much better than word 2".	MORISON
0635	Leon was up at 0600 hrs asking for discharge for gym pass. He wants to change the discharge to 1000 hrs.	MORISON
9:40	Leon has gone into Super Mart. At 9:40 says he will be back by lunch time.	MORISON
11:55	Still remains out in Community of the written report.	MORISON
3:5	Had not returned to home placed. However Leon returned well. 13:15 ad' had got on the way bus. Note signed of safe return.	MORISON
4/2/12	Approaching staff seeking as required haloperidol.	MORISON
18:45	Advised to try diversional therapies to distract from auditory hallucinations. Leon stated that he sees faces going over and into his. Advised Leon that medication is last resort and he needs to try and distract himself from diversional perceptual disturbances. Agreed with much persuasion to listen to music in the music area.	MORISON
4/2/12	Self catered this afternoon. Requested haloperidol on receiving his 10pm medication but as he was receiving anti-psychotic medication at this time & as there was no evidence of distress, same not given. Leon accepted this. Settled in his flat. Went to bed.	MORISON
5/2/12	Took advantage of leave in this morning. When for medication this morning. No concerns voiced. Sleeping before tea, got out of bed quickly.	MORISON

Patients/Client Name

LEON GRATTON

Unit/CHI Number:

F5153833 / 1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
6/2/12	Asks for extra medication haloperidol, asked to go and relax and see how he gets on. Requested haloperidol on a few occasions, same not given as not needed. Spent 1 hour happy with some work. Has slept in.	A. Cech
11.50	Has been in and around the ward this morning - spending time watching TV.	A. Cech
6/2/12 1915.	Requested diclofenac for swollen mouth. Same denied as not indication for diclofenac. Some paranoid this evening believing that people are stealing belongings from his space including locked drawer. Planned physio appointment this afternoon cancelled due to requesting staff and missing public transport. Phone call made to physio and further appointment made. Also made an appointment at town house to get photograph done for bus pass.	M. H. W. S. W.
7/2/12 07.15	Leon has slept well over night still asleep at time of writing.	M. H. W. S. W.
7/2/12 1130	Settled morning around the ward. Prescribed benzla adult. Due to go to the dentist today. Agreed to speak to medical students this morning.	M. H. W. S. W.
1720	Requested and received as required benzla at 1703hrs for sore gums.	M. H. W. S. W.
1905	Complaining of voices shouting at him and appearing distressed by same. Given haloperidol 5mg at 1905hrs.	M. H. W. S. W.
8/2/12 0650	7/2/12, requested & given 5mg benzla. Leon has slept well over night still asleep at time of writing. No other complaints & no evidence of Leon experiencing any perceptual disturbances. Slept until 0500. Got up at this time but returned to bed & to sleep, soon after, with encouragement.	M. H. W. S. W.

Patients/Client Name	Unit/CHI Number:
LEON GRATTON	FS153853/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
11.40	Noted to have cigarette butts in a plastic cup and ash on the carpet asked to tidy up his bed space - prompted to rise several times - still to do so	CHS/Agnes Stepie
20.10	Chatty in afternoon but less so later but no problems noted.	SH/Ernie Ernie
01.12.12	Scaring staff out	SF/10
06.20	plc letter. No complaints or evidence of perceptual disturbances. Has slept well.	LAIN LAIN
cont	Requested & received banjo for some gums at 2215	Oliver
1100	Up for 0800 medication then went back to bed spending most of the morning there.	SH/10 SH/10
1930	ONS TO LIPAN TO VISIT OFFICER WITH SPEC TND AFTERNOON. STATES HE REQUIRES SPECTACLES FOR READING. REQUESTED & GIVEN AS REQUIRED. DISCREPANCY SOM @ 1715 FOR HEADPHONE selny. Mpc	SH/10 SH/10
10/2/12	Leon has been unsettled all night. He wanted to make sure that he had his passport in STV's, which he has. He spoke to staff about how "lawbreaking based" dangerous people. He talked about ex-women in his life and about a "mild cardiac marchin". He said he had had the requested and was given Maelox at 0155 hrs. He was up at 0300 hrs for a hot chocolate. He was up again at 0410 hrs for diclofenac for a "headache". Advised diclofenac was not for a headache but Leon said it was a "swelling above his left eyebrow, causing the headache". Given 5mg diclofenac at 0410 hrs. He returned to bed but is still not sleeping.	SH/10 SH/10
1120	Up for meds today. When taking 0800 hrs med, stated he would be asleep soon. Encouraged by staff to keep awake and not go to bed. Has remained up all morning.	SH/10 SH/10
12.20	Leon came saying he could not settle, said there was crawling and voices coming out of the walls and it was distressing him. Given as required Haloperidol 5mg at 12.10.	SH/10 SH/10
10/2/12	Complaining of having a headache and requested 1940 diclofenac. Advice refused as not indicated in BNF.	SH/10 SH/10

Patients/Client Name

LEON GRATTON

Unit/CHI Number:

FS153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
Cont. 10/2/12	Disgruntled with decision but has not requested any further time spent in bed space. Continued asking S/N HYMN if she was okay, appears fixated on same	M. Harrison M. Harrison
11/2/12 0540	Leon complained of a "really bad headache". He asked that if he were unable to sleep, that he could have a 1:1 with staff. He looked heavily lidded and had a wearying look on his face as though something was really troubling him. However, he went away to his bed and slept so soundly that he never woke, when lights were put on to clean his room after another patient had urinated all over the carpet.	M. Harrison M. Harrison
11/2/12 1145 20.00	Leon took advantage of having a long lie this morning. Bright and pleasant. Requesting that medication this evening but settled at the - accepted that we didn't appear to require same	M. Harrison M. Harrison S. Harrison S. Harrison
2310	Leon has been speaking to his mother on the telephone and became highly agitated. Apparently his mother has only just checked his mail and there was a letter from QMH asking Leon to return for a second appointment about his lumps under his arms. He is due to go to QMH on Tuesday for an appointment at 9.45hrs. Leon requested a haloperidol because he said "the voices were talking to him about having cancer". Gave 5mg haloperidol at 2305hrs. He went away to his room.	M. Harrison S. Harrison
12/2/12	Leon has appeared to have slept through the night without concerns.	M. Harrison S. Harrison
1025	Requested and received MALOX 20mg as required so per Kardox at 10:20 for heart burn.	M. Harrison S. Harrison
13.15	Complaining of pain in left arm pit - lump quite obvious - Leon feels he will need anti-biotics for this. Advised he has a hospital appointment on Tuesday but will get put him in Dr's book for tomorrow.	M. Harrison S. Harrison
12/2/12 1935	Appeared settled around the word watching martial arts theatre performance and attending for meals and medication. Offered one to one which he accepted and allowed student nurse to observe. Refusional thoughts of gang and drugs. Verbalised delusional aggressive thoughts towards parents and drug dealers. Obvious signs	M. Harrison S. Harrison

Patients/Client Name

LEON GRATTON

Unit/CHI Number:

FS153833 / 170375 NAI

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
6.00	of racing thoughts focused on past events and delusional ideation of body in sewers next to his house and finding a cure for HIV. One to one ended as was too preoccupied to continue. No signs of agitation afterwards. Voiced and appeared to be hallucinating. Stated same was mother and the queen.	MH-MSD Mthgn
13/2/12 0630	Leon said that he was having voices in his head and he looked agitated so given haloperidol 5mg at 2340hrs. He eventually went to bed and slept.	M. S. D. S. S. S. S.
10.00	Phoned to arrange transport for appointment at Queen Margaret Hospital tomorrow 9.45. Ref: 4071021	A Cook
11.45	Spent most of morning in bed despite being prompted to rise.	Oliver CH
13/2/12 1500	Attended appointment at local council office for bus pass. When arrived informed that he did not have ^{have} documentation to state that he was an inpatient at Strathclyde. A further appointment made for 15/2/12 at 15.45. Request a letter from Dr Duggan for same.	MH-MSD Mthgn
13/2/12 1740	Requested haloperidol but same refused as did not try any diversional therapies prior to seeing. Advised to have a soak in the bath, go for a walk or listen to music. Reluctantly accepted same. No further complaints of hearing voices or hallucinations.	MH-MSD Mthgn
14/2/12	Leon asked for medication. After he had his 22.00hrs medication advised he would be better to go to bed and give himself the chance to sleep. Went to bed and within 5 mins very sound asleep.	M. S. D. S. S. S. S.
9.30	Left the ward at 8.30 to attend an ultrasound appt at Queen Margaret Hospital escorted by staff.	A Cook
14/2/11 11.50	Returned from appointment. Informed biopsy taken from under arm. Informed by staff that he has voiced delusional ideation.	MH-MSD Mthgn
14/2/11 19.55	Leon has been asking about his appointment this morning and staff have informed him they do not know the results yet. Has attended mealtimes and for 18.00hrs medication. He has been spending time with AP in the seating area.	Oliver R. D. S. S. S. S. S.

Patients/Client Name	Unit/CHI Number:
LEON GRATTON	F5153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
05:30	Leon had a glass of milk come and asked for Duloxetine for a sore head, said it had been sore for quite a while given as req Duloxetine 50mg at 05:15 am	Mary Grace
7:00	Went back to bed for an hour	Mary Grace
15/2/12	Leon appeared to be in a good mood this morning	
11:00	Went down to hospital shop with him and had a 1:1 chat with him about how he was feeling and spoke about the football.	M. Gordon DANIELLE MITCHELL
	Leon said he was fine but was slightly tired as he had been awake since 4.30am and couldn't get back to sleep due to noisy pipes.	Mitchell
14:50	Contacted Cupar Council regarding Leon's bus pass. he already has had a bus pass due to expire. The 2013 min is under his address in Inverkeithing they will send a new bus pass to Stratheden before Leon doesn't need to attend the appointment this afternoon	S. A. A. A. A. S. A. A. A. A.
15/2/12	Attended for meal times and 1800hrs medication. Has been spending time in bedside area and interacting with fellow patients.	R. A. A. A. A.
19:45	Mum phoned him this evening and he seems fine about this.	A. A. A. A. A.
16/2/12	Leon attended for 22. on his knees with prompting appear to have slept well.	Mary Grace
7:15	Leon came to speak about 01:00am said he was worried about 6 week assessment, to day and hope his mum would present reassurance given, returned asking for his req. medication given haloperidol 5mg at 01:10 am and also Double base gel for a sore leg.	Mary Grace
11:15	Attended for breakfast this morning and has remained in and around the ward. Awaiting his 6 week assessment.	A. A. A. A. A.
15:00	6 Week Assessment - present Dr Dasgupta; Alison Henderson, Bill Booth, S/N A. A. A. A. and S/N R. Day. Leon will remain in Dunino to build on his skills and daily structure. He states he likes to cook from scratch and follow recipes. Leon, his Mum and step-Father also present. Leon needs assistance with budgeting skills and to increase social skills + independence. Also to work with OT. Trifluoperazine has been increased by 5mg - instead of 10mg BD; now on 10mg in morning and 15mg night. His Mum brought in photos of Leon's accommodation	

Patients/Client Name

Unit/CHI Number:

LEON GRATTON

FS153833/17 03 751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
16/2/12	which was in a state and this was apparently when he was getting community support. Leon stated Richmond just left him, however admitted to being up all night reading and studying, so wasn't complying. The sewage drain was burst and no heating. Leon still has his house although he wants a transfer away from the area. At present it is getting fitted with a new kitchen and Mum is negotiating for a new bathroom. He has bills for repairs and Mum has a housing application put in for soon ^{1c} to Elizabeth Sear. Leon went into hospital in October so has until October before housing benefit stops. His Mum stated Leon has difficulty letting go of the past, and if he doesn't like what direction he is going in, he refuses to engage. Leon has a son whom he saw for the first time at Xmas, and has a daughter who has been adopted out. Leon stopped his Mum taking his son on holiday by stating she would abuse him, which caused a lot of trouble for her, + using Haloperidol for more than once daily - high dose monitoring. Dr Dasgupta wants high dose monitoring carried out for Leon.	A George
20/20	Spoke about his mother attending his 6/52 assessment said he was worried his mother would get upset apart. Leon concerned re his HIV results + results from his bosses	Chris George Bepo
17/2/12	Leon was seeking out staff continually last night needed a lot of reassurance. Had been upset about seeing his mum. Spoke about abuse and how it was in his family, but he doesn't accept it happening to his son. Some bizarre conversations, had upset fellow patients. J. shook hands with him, and felt around his hand said he had HIV. Leon upset by this advised not to talk so openly about HIV. And private confidential things. Has not slept looking very distracted and distant. Given Haloperidol 5mgs at 02.55. Slept from around 4.00 am	Chris George Bepo
11:10	Leon attended for his medication this morning then spent the rest of the morning in his bed.	Chris George Bepo D. M. Bell S/N

Patients/Client Name

Unit/CHI Number:

LEON GRATTON

FS153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
17/20 (1:1)	Misery at outcome of 6-week treatment yesterday felt he had an argument with mother, knees tired, body cold, not sleep, lost night of roller heek upset him	[Signature]
18/2/12 11:50	Took advantage of a day he has been repaid £16.00 for fellow patient as	[Signature]
18/2/12	Req entered and received Hala period 5mg AD required as per Kardox at 1500 for complaint of hearing voices Leon does not feel his increased dose of triplu perazine is helping as he feels he is not more tired, however continued to hear voices. Advised same would be passed on to medical staff.	[Signature] M. Gordon
20/2/12	Leon has been settled on the ward this evening spending time in the company of fellow patients. Appears bright and sociable in manner. No further complaints of hearing voices at time of writing.	[Signature] M. Gordon
19/2/12 0505	Leon talked about bothering SC with a "made up song from Westerkhales" using "My Ding-a-ling". Leon had not meant it to annoy Sima. However after Leon had chatted to staff about the gangs, his mother and HIV he went away for a shower. He returned later and asked for a hot chocolate, which he was given. He then went to bed and slept.	[Signature] M. Gordon
0615	Leon requested and received Moxox 20mls at 0100hrs	[Signature] M. Gordon
1120	Took Advantage of King's. SPENT MOST OF MORNING IN BEDSPACE - SC/24-M. Gordon	[Signature] J. Macdonald
(1:1) 1540	1:1 with Leon to discuss Care Plan no 6 regarding recovery and what Leon's goals are. Agreed that all contact with the programme going to parallel and will do with the programme as his goals to have a uniform and get a new home.	[Signature] M. Gordon

Patients/Client Name

Unit/CHI Number:

LEON GRATTON

FS153833 / 170375491

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
20/2/12 0620	Leon read to Pallas patient A.P. until A.P. started to sing then he came for his medication. He appeared to be in a settled mood and went to bed at 2300 hrs.	MOD/1080W 3/12
17/10	Several prompts to attend for bloods, Leon went down several times and claim plethystox after at the end of the day to return in 10 minutes. Unable to contact plethystox to confirm this.	AMM
20/2/12	Leon has asked for as required medication, asked for an alternative technique has tried this came back agitated given as required Haloperidol 5mg at 2015.	AMM
21/2/12	Leon brought poetry for staff to read this evening. No complaints though later to settle though has slept well since then.	J Wilson J Wilson s/n
11/40	Leon appeared to be in a pleasant mood this morning, he was down at the hospital shop and down at the ceter center for his bloods also.	AMM AMM s/n
14/30	Requested and given as required Diloxene 5mg at 1430 for headache.	AMM
22-2-12 0630	Leon has appeared to have had a good nights sleep.	AMM
1155	Placed and drank with OT and back reading. Occupied programme and AM care and spoke to Leon and all primary concerns next week.	AMM
20/10	Spent time in his bed space conversation delirious in content at times.	AMM
23/2/12 0645	Chatty but pleasant before returning to bed. Seems to have slept well all night.	AMM
1150	Expressing concerns about his head being pressed up due to being abused when he was 14. Appearing quite settled soon after.	AMM
1350	Clinical Meeting:- Discussed Leon's use of P.R. medication (Haloperidol) which makes him high dose. Dr has increased to 15mg 5mg twice daily and asked him to refrain from using his P.R. medication but will be made High Dose if he uses same. Citalopram reduced to 10mg daily. Leon has been discharged on 27.2.12.	AMM
2/20	Concerned that he has if become more call ball film into legacy has good return.	AMM

Patients/Client Name	Unit/CHI Number:
LEON GRATTON	FS153833 / 1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
24.2.12 07:00	Very restless all night. Has not slept. esp several times looking for interaction but advised to try and sleep. Complained of heartburn - given 20mls Maalox 2 or 30 for relief.	S. G. Macrae
24/2/12 11:30	Spent time in bed sore and has phoned Ward 2 at Queen Margaret Hospital enquiring about HIV results. NO word back from them regarding the results.	H. G. Macrae R. G. Macrae
16/4/12	Complained of chest pain late afternoon - B.P. & pulse checked, & within acceptable limits, colour & breathing fine. He did admit that it could have been anxiety related. Happy to try some distraction techniques but will approach staff if no better. Spoke to re spraying cleaner excessively in his room, he states he'll not spray same in the room again.	S. G. Macrae
19/30	Recurring chest pain adapting to same. No further to during the evening.	S. G. Macrae
25/2/12 06:35	Complained of hearing voices at start of shift but no PRP given. accepted Regular medication @ 21:30 and retired shortly after. Has slept until 6am.	S. G. Macrae
17/04	Generally settled over afternoon no complaints. Post office ACC card found by young boy on in bathroom, encouraged to see the nurse on S-T-V. however declined same, offered to use locked drawer within bedroom.	S. G. Macrae
20/30	Leon has been asking for as requested medication, advised to try alternative techniques has been listening to music and writing.	S. G. Macrae
25/2/12	Attended for medication then retired to bed up at 02:30hrs stating he could sleep any more as the	S. G. Macrae

Patients/Client Name

LEON GRATTON

Unit/CHI Number:

FS153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
20/12/12 0700	had slept all day. Requested & received as required MATHOX 20mls for Dipsia 02 20hrs. Strong smell of cigarette smoke in bed area. Leon denies it was him but only person awake. Has slept since 3am.	LMCT
17.05	Leon has been in bed asleep all morning. Remains there at time of writing.	LMCT
20.12.2010	100 complaints of voices or chest pain this shift. Has been pleasant & settled in his presentation.	LMCT
27/12/12 0700	90 painful knees requested & received as required Jickie Song as per protocol at 00.15hrs. Expressing delusional thoughts about past events. Encouraged to return to bed & reminder of no smoking policy. Appears to have slept well.	LMCT
12.15	Quiet morning spent in ward area — follow patient JJ quite paranoid towards him — accused Leon of wanting to kill him — Leon denied this but when stated he must have been ill.	LMCT
1825 (1.1)	Discussed budgeting with Leon. Leon has been following agreed budget plan. Before full agreement the staff should be able to see Leon's plan. Leon has been following the plan.	LMCT
28/12/12 0700	Leon spent some time speaking with staff, expressing usual delusional beliefs. Settled & appears to have slept well.	LMCT
1130	At 1130 this morning with Occupational Therapy for Self-Care. Leon has been happy but already prescribed 1-45 has requested diposce. Requested & given as Leon needed diposce. Song at 1515hrs.	LMCT

Patients/Client Name

LEON GRATTON

Unit/CHI Number:

FS153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
26/01/12	Leon has been openly chattering and laughing to himself this evening. Not distressed by this	Mary Greave
29/1/12	Leon was saying last night that he thinks he "may have Alzheimer's". He had been reading about the symptoms in the newspaper apparently. He went to bed after 2200hrs and has slept through the night.	Mary Greave
10/02	Dr Datta would like to wait and see if Leon has further complaint of neck pain.	Mary Greave
12/02	Leon has spent most of the morning in his bed. Has been up on one occasion for a cigarette. Fairly bright in mood.	Mary Greave
19/15	More brighter in primed patient. Pleasant and in good humor.	Mary Greave
1-3-12	Retired shortly after evening medication and has slept well all night. No problems.	Mary Greave
07-05	Went to work at 11:00, playing pool with staff. Pleasant on approach.	Mary Greave
11/30	Leon approached staff requesting an interview in attending motorcyclists to staff contacted motorcyclists to register his interest. Conny stated he will contact with Leon and agreed with staff that he need structure and agreed to a five table.	Mary Greave
19/45	Noted to be getting/laying throughout the evening. Fairly bright in mood.	Mary Greave
2-7-12	Retired to bed. After medication got up at 01:00	Mary Greave
06-65	Complaining of heartburn. Given Maalox 20mls @ 01:00 hrs for relief. Up again at 04:15 looking for pain relief for headache. Unable to administer anything and advised Leon to get some sleep. Has been awake since then however.	Mary Greave
10-10	Leon contacted G.O.M clinic for results of HIV test and is negative.	Mary Greave
10-20	Results of ultrasound scans on lumps under axilla's are non-malignant.	Mary Greave
10/30	Leon went to Cepra this afternoon returning appropriately. Slightly disgruntled and was unable to cash check in his post office account.	Mary Greave

Patients/Client Name

LEON GRATTON

Unit/CHI Number:

FS153833 / 1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
21/3/12	Advised to discuss same with his Dad. 1930 Also given details of how to (Gt) have money paid into his hospital account. Leon had been settled on ward since requested to have clinical observations taken as he did not feel well same done and all within normal limits. Leon attended for dinner and is spending time in his room at time of writing.	M. Cooper
0303/12	In bed at start of shift. Required several prompts for medication and eventually taken to him. Slept all night.	J. M. M. M. M.
11.40	Long he this morning and ^{AC} wakened at 11.00pm when his Mum, Step father and son visited. Leon has gone out for lunch with them.	A. Cook
13.30	Returned from lunch with family said he enjoyed same	S. Brown
15.25	Leon mentioned that his Mum will bring in his debts. She had apparently phoned one but they became abusive. He states he was advised by Citizen's Advice to go black listed so he wouldn't get any credit for about 10 years. Requested to speak with staff he has been	A. Cook
19.30	states he has spoken to his mother & father & they agree he should write to police & name names around all the clinic doctors from he has been taking drugs. Advised that he should try to move on with life rather than dwell on past events. Advised he wishes to complain to police & "name names" advised that was his perception. He has requested that staff help him write letters but advised to contact advocacy & enable there help. He has continued to speak of past events & expressing delusional ideation.	M. Cooper

Patients/Client Name

LEON GRATTON

Unit/CHI Number:

FS153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
04.03/12	Telephone call received from Fife Constabulary to say Leon was in middle of conversation and would not hang up. Upon investigation Leon was speaking to police and took some persuasion to terminate the call. Said he had wanted to inform them of drug dealing and dangerous individuals from his and his neighbourhood family's area. Spoke at length about past dealings and very difficult to separate delusion from fact. Leon not agitated but refused to try to keep insisting he had too much to worry about. Advised to try listening to some music quietly to distract him - which he did.	<i>[Signature]</i>
06.40	Remained awake for rest of night but no further problems.	<i>[Signature]</i>
11.30	Quarantined around the ward. Continually seeking staff's attention.	<i>[Signature]</i>
19.30	Phone call received from Leon's Mother at 17.20hrs to inform staff that he has phoned 7 times today from early morning ^{as} wanting to discuss thoughts going through his head. He has also phoned his Aunt with allegations re his cousin. His Mum stated she put £20 credit on his phone but feels her visit with his son had unsettled him. She also informed me that when his Gran was alive, Leon used to tell her that he would not get better until his Mum died - this used to worry her. Leon phoned his Mum at one point to ask how her cancer is - but she doesn't have cancer, she has sarcoidosis in her lungs. Spoke with Leon and asked him if he phoned anyone today. He admitted he phoned his Aunt and 'lost it' with her. Encouraged in future to discuss his thoughts with staff so he doesn't lose it with relatives. Leon stated he enjoyed seeing his son but doesn't see him enough. He asked for a required Haloperidol, however encouraged to try reading up the quiet room first as he enjoys reading. He stated others in the ward get to him, how being punched in walls etc, and he feels	<i>[Signature]</i>

Patients/Client Name

LEON GRATTON

Unit/CHI Number:

F5153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
4/3/12	frustrated. Did attempt reading in the quiet room, however returned to request as required medication. Given as required Haloperidol 5mg at 19.30 as per Kardex for agitation.	A. Corrie
20.30	Stated he is sore on his @ ribs, spine and has a lump under his @ axilla. Name added to Dr's book for tomorrow.	A. Corrie
5.3.12 0615	Leon said that he no longer wished to take nitroglycerin and he wanted to stop it, but replace it with something else. He went to bed at 22.30 and slept through.	MOH/MSD
10.45	Seen & examined by DR Danta. No lumps under light axilla. DR Danta feels same is 'scarring' from previous boils. Leon informed DR Danta that diclofenac not helping back pain & same discontinued & commenced on as required Ibuprofen. Requested & given same 200mg at 10.25 for 3P/W back & shoulder pain. Leon appears more settled this morning.	DR Danta
12.45	DR Dasgupta informed Leon's presentation yesterday. She is of the opinion that perhaps Leon unsettled due to family visit Saturday morning meantime.	DR Dasgupta
16.50	Asked for and given as required Ibuprofen 200mg for pain relief, given at 16.50 hrs.	folon
19.50	Attended for his tea and has appeared a bit more settled. Has spent some time watching TV.	A. Corrie
20.25	Leon appears a bit grumpy this evening and states he is in a lot of pain with his back despite taking Ibuprofen.	A. Corrie

Patients/Client Name	Unit/CHI Number:
LEON GRATTON	F5153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
5/3/12	Continued to complain of back pain.	
1310	Requested and received Ibuprofen 200mg as required as per Kardex	
	at 2305.	
6/3/12	Leon appears to have slept fairly well overnight. Awake a couple of times overnight, however, has remained in bed.	
6/3/12	Reviewed by Dr. Datta re persistent complaints of back pain - examined yesterday & treatment prescribed. Moving freely this a.m. SCIN, MACDONALD	
1310	No pain checked this morning. Denies pain for self-care.	
1310	Requested & given as required Ibuprofen 200mg for back pain. SCIN, MACDONALD	
16.45	Leon became irate after being on the phone to his Mum. He wanted books from his flat and his son's phone number and she refused. He then wanted his keys for his flat so he could get them himself. Advised there was a library in the Ceres Centre he can go to for books. He was angry at his Mum - saying all he could see was his Mother with a knife at his son's throat. Tried to explain that hasn't happened but his illness makes him believe this. Leon stated that he didn't know this woman - she psychologically sexually abused him as a child and she was a slut going out with men behind her partner's back. Leon continued ranting and phone rang so asked Leon to get quietly for a spell to calm down and can talk later.	
20.40	Asked for and received as required Ibuprofen 200mg at 20.30 hrs for back pain. States he feels spiritual and sees cherubs.	
7/3/12	Appeared settled on commencement of shift. Accepted 10pm medication and retired to bed. Appears to have slept well overnight.	
9.45	Asked for and received Ibuprofen 200mg as required at 9.35 for back ache.	
11.45	Has been in and around the ward this morning. Complained re cracked heels and needing cream - put in	

Patients/Client Name

Unit/CHI Number:

LEON GRATTON

F5153833 / 1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
7/3/12	Dr's book	A Cook
1911 1525	Full capacity paranoid delusions regarding drug dealer and someone who had been agent planning the police and must come and speak to staff. But still capacity paranoid delusions "all the police are doing it eating donuts". When they hold the drug they are getting the person.	Abraham J. Brown
1955	Victim D.D.D. in Community setting. Loss of a few of the photos, appearing to again and appeared more clinical in presentation.	Abraham J. Brown
2025 (11)	Leon approached staff for a 1:1 with an outpouring of his delusions and paranoid ideas. Concerning thoughts he has about "gangs" and "vigilantes" and getting information about violent action that has happened to him in the past which often detail in recent information.	Abraham J. Brown
2035	Complaining of back pain, requested and given a bagged Tiger 2000 of 2035.	Abraham J. Brown
8/3/12 0630	Leon appeared settled on commencement of shift. Retired to bed around 2330 and appears to have slept reasonably well. Rose at 0240 requesting mouthwash for mouthwash. Same given and required AD per Kardex at 0240. Also given E45 cream to use AD required AD per Kardex for dry skin on his heels.	Sharon H. Gifford
1215	Clinical meeting. Dr. Dargatzis, all body of medication history, active and current. Healed plan / rehab programme. Leon left Ward around 1115 to go to GP for banking papers. Suspected of smoking in his room, although denied same.	Sharon H. Gifford
1945	In bed at time of writing said he was having horrible thoughts - violent delusional remains in bed at time of writing.	Sharon H. Gifford

Patients/Client Name

LEON GRATTON

Unit/CHI Number:

FS153833/1703751191.

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
09.03.12 06:35	Very unsettled night. Responding in bathroom or bedspace. Complained of neck and back pain stopping him sleeping. Given 200mg 16p/20p @ 01:55. Still awake for majority of night & rose around 06am.	<i>[Signature]</i>
10:15	Telephone call received from Leon's Mum this morning stating that Leon has been constantly phoning her - yesterday and this morning. She informed me that Leon was phoning her work yesterday and being abusive to her boss and to her. He has phoned her on numerous occasions this morning demanding she bring him all his books and also demanding to know what she is getting him for his birthday. He has also been phoning his Aunt (Mum's Sister) and telling her lies about his Mum. He wants to know his son's mobile number, but she has been refusing to give him it as he is only 13 years old and can sometimes talk inappropriately to his son (e.g. re drugs + dealers). She states she will bring his books up to ward tomorrow sometime. I went to inform Leon of same but he is currently sound asleep.	<i>[Signature]</i>
12nd	Complained of back pain - requested & given P20 200mg @ 11:55 for same	<i>[Signature]</i>
1305	Spoke with Leon regarding mother's telephone call. He said he cannot help himself nor stop himself from phoning her. He stated that he hears a lot of voices at night time and he finds phoning his Mum helps him. Advised to approach staff if voices bothering him. He stated there's a different side to his Mum and she is abusive to him. He did say that he would hand his phone into staff overnight and	

Unit/CHI Number:

FS153833 | 170375119 |

Mental Health Nursing Service
Care Notes: Cont Sheet [CN1B] Feb 03: Review Feb 05

Patients/Client Name	Unit/CHI Number:
LEON GRATTON	FS15 3833/1703751191.

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
	Wrote to inform him he should approach nursing staff for a 1:1 as we are monitoring his mental state. Leon was accepting of this. Able to contact C. Dine regarding his GP. Will do on Tuesday. Requested last year 10mg of 200mg of 1925. for backache. <i>ABR</i>	
12.3.12	In bed shortly after medication and has slept all night. <i>ABR</i>	<i>ABR</i>
07.05	Again discussed with Leon. He says he is happy to see me. Just says he is not well. He has lost all his teeth. Acknowledges he has been in hospital. <i>ABR</i>	
11.25	1130 FRIENDS DENTIST TODAY - PLEASE TAKEN FOR REPAIR DUE BACK 13.3.12 SC/NY. MACDONALD	<i>MACDONALD</i>
17.15	Asked for and given as requested 10mg of 200mg at 16.30 for back pain. <i>ABR</i>	<i>ABR</i>
20.10	No mention of back pain, just a guest evening about the ward. <i>ABR</i>	<i>ABR</i>
22.40	Requested + given PAIN BLEN 200mg @ 22.30 for back pain. Also asked to speak to me regarding fellow patients - SC as he is annoying him and he feels he will hit him - advised to stay away from him. Asked for staff to speak to SC who was doing sleep. <i>SHARER</i>	<i>SHARER</i>
11.10.12	Sitting on floor beside bed prior to retiring - appeared to sleep well overnight. <i>SHARER</i>	<i>SHARER</i>
13/3/12	Not done much this morning, sitting on the carpet outside office. Not asking yet for pain relief. Dentist phoned to say Leon's denture ready & for him to attend for fitting. Leon informed & over at dentist at time of writing. <i>SPRO LAMPS</i>	<i>SPRO LAMPS</i>
11.20	Contact made with C. Dine regarding his GP. Leon said he will see the GP on Tuesday at 10.00. Under 11.10.12. <i>ABR</i>	<i>ABR</i>

Patients/Client Name

Unit/CHI Number:

LEON GRATTON

FS153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
1940	Have gone over a daily maintenance plan with Leon who is happy to have it on his Ward - she	
14.3.12	Settled evening appears to have slept well.	
11.50	Visited by Bill. Book to return to room (Mersey gardens)	
1930	Leon complained of pain in his back after sleeping most of the day. Requested and given 200mg ibuprofen at 1710hs she has been settled on the ward and is happy with his Bandana from his father	WARDEN
22.25	Again complained of back pain - requested & given Par 200mg ibuprofen @ 22.00	Sharon
15.3.12	Asked to speak to me this evening - mentioned an ex patient from the ward who he feels is turning other patients against him - mentioned several incidents with this person from the past others said he had asked fellow patient Phil what had been said about him. Leon said the ex patient had said he (Leon) had asked someone in a bet - Leon repeat about this and given reassurance consent of conversation became delusional after this	Sharon
15.3.12	Appears to have slept well overnight	Sharon
1140	Leon has gone to motorway in Cupra this morning	WARDEN
19.20	Returned from motorway and appeared to have enjoyed this. Attended for his tea and had a game of pool. Asked for and received as required Ibuprofen 200mg at 18.25 for back and neck pain	A Cooke
19.50	Leon asked to speak to staff. His Mother has his house here and the kitchen is sorted and items shipped. To phone housing to enquire whether it is best for him to keep his house and get a transfer or give house up, as he doesn't want Inverhulking area.	A Cooke
16/3/12	Attended for supper at 10 pm medication	
0740	Bright & cheerful Requested as required Brufen for various aches & pains some declined and Leon was asked to allow Paracetamol time to work. Retained to bed & has slept well	WARDEN
11.20	Has been in and around the ward this morning. Email sent to Lyn Kinghorn to enquire if he	

Patients/Client Name		Unit/CHI Number:
LEON GRATTON		FS153833/1703751191
Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
	should give up tenancy or keep it and ask for transfer. He stated he wanted any area but Inverhunting.	A. George A. George
1940	Leon has been fine this evening. Watching tv with pears. Requested & received 200mg Ibuprofen PRN at 1915hrs for neck and back pain. No other complaints or concerns expressed.	Jul-Ceste.
17.3.12	Complaining of hearing a loud screaming but could not account for this. No agitation and no request for PRN. Took a bath to relax. Requested Maxon for indigestion. Given 20mls @ 11.55. Retired to bed and slept well at night.	Sp L. Aswani
1145	Enjoyed long lie. Mostly settled upon rising. No requests for PRN medications. Encouraged to tidy bed-space.	Sp L. Aswani
1925	Leon has been quiet this afternoon. He received gifts from the ward staff which brightened him apparently. He has been settled but he is concerned that his parents have not phoned for his birthday.	Sp L. Aswani
2030	Leon requested and received 200mg Ibuprofen for his shoulder pain at 2025hrs.	Sp L. Aswani
18.3.12	watched T.V. until late then retired. Slept all night.	Sp L. Aswani
06.35	all night.	Sp L. Aswani
1135	Leon was up at breakfast but he returned to his bed. He admitted to smoking cigarettes in his room and putting the danks into a polystyrene cup. The cup had a hole burned through it so an incident form has been completed. Leon to hand in his smoking materials.	Sp L. Aswani
1340	Went through Leon's care plans with him. He said he would like to do self-medication one day but he feels that he is not confident in himself at this time and doesn't trust himself with meds or with keeping a razor.	Sp L. Aswani
2045	Settled this evening and quite chatty. Requested and received 200mg Ibuprofen @ 2020hrs for arm pain. No concerns.	Julie Ceste.
19.3.12	Retired and sleeping by 10.30. Woken by fellow patient S.C. about going into his bedspace. Leon denies this and not happy that he had been disturbed.	Sp L. Aswani

Patients/Client Name LEON GRATTON	Unit/CHI Number: F5153833/1703751191
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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
14.3.12	Advised to not let it bother him. Returned to Cont. Sleep and still so at time of writing.	Sp. C. H. W. C. S.
1210	Seen by ward Doctor. Bad? under keens (L) Albeit no perfection no treatment	Anter
1415	REQUESTED & GIVEN NO REQUIRED IBUPROFEN 300mg FOR PAIN IN (R) THUMB. —> SCUNY MACDONALD	J. Mack
1455	Message received from Lyn Kingham re whether or not Leon should keep his current house as he wants to relocate elsewhere in Fife — she recommends he keep his house — Leon informed of same.	Sp. C. H. W. C. S. Clair
1920	Spoke to Leon. He talked about his finances and how he was to save for a "kettle or a TV" otherwise we discussed his large telephone bill cutbacking. He decided that Leon will discuss with staff regarding a financial budget once he speaks to the citizens advice people about his benefits and his swapping his council decaying to somewhere in Cupar. He talked about reiki medicines and martial arts. He seemed quite settled.	no person
1930	Complaining of painful knees, back & ribs. Requested & received Ibuprofen 300mg (as req.) at this time stating that he thinks no one in the ward likes him. Reassured that this is not the case	
20.3.12	Complaining of Pain to Ribs. Given 200mg	Sp. C. H. W. C. S.
0135	Ibuprofen @ 01.35 for relief	
0705	still awake at 7am but has achieved sleep sometime before 4.30. No problems however.	Sp. C. H. W. C. S.
1140	Leon never asked for pain relief this morning and he appeared to be settled in the ward.	no person
2025	Asked for Ibuprofen but same refused as he had just had bpm dose of paracetamol. Did not return & ask	

Patients/Client Name	Unit/CHI Number:
LEON GRATTON	FS153833/1703751191

Date:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
Time:		
20/3/12	for same. Family settled SPK in his presentation. Enjoyed Park Farm apartment in the evening. 10:15	
21/3/12	Attended for supper and medication. Fell asleep 6:35 reading his book so book moved and glasses taken off. Appeared to have slept well overnight. A Cochrane	
12:00	he has been up since 11:00. He appears settled	
2015	Leon has appeared bright and settled in mood this afternoon. Requested as required Ibuprofen shortly after receiving from paracetamol, as per Kardex. Advised to go for a bath first to try to relax which he did. Appears to have had good effect. No further complaints of back pain at time of writing. M. Gifford	
22/3/12	Attended for supper and medication. Retired 6:25 to bed and appears to have slept well overnight. A Cochrane	
11:15	Leon left ward this morning to go to motorcars. However, returned quickly, informed staff he was not going. Questioned re same, Leon stated he did not want to paint a wall all day as it would be boring. Spending time in his room at time of writing. M. Gifford	
15:00	Requested & received as required Ibuprofen 200mg. Pain relief. M. Gifford	
2000	NO REQUEST FOR SUPPLY OF PARACETAMOL. SC/N 19/10/12	
23/3/12	Attended for ^{AC} breakfast ^{supper} and medication. Asked for 6:55 and received as required Ibuprofen 200mg at 23:45 for sore head + neck. A Cochrane	
11:50	REQUESTED & GIVEN AS REQUIRED Ibuprofen 200mg. CHERRY FOR BACK PAIN. SC/N 19/10/12	
2000	Presentation remains the same. Day continued as for time. M. Gifford	
24/3/12	Attended for supper and medication. Sat up watching 6:40 TV for a while. Asked for and received as required	

Patients/Client Name

LEON GRATTON

Unit/CHI Number:

FS153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
24/3/12	Ibuprofen 200mg at 23.40hrs for back and neck pain. Was up a few times from 1am onwards.	A. Corrie
6.45	Leon stated he had a very distressing nightmare which made him sick on his carpet during the night. Nightmare was about slaughter, cannibalism and anarchy.	A. Corrie
11.20	Up & about on ward this morning. Quite pleasant. Requested and received 200mg Ibuprofen PRN for neck pain at 10.20hrs.	A. Corrie
15.15	Leon says he is in a lot of pain for his "fear head teeth". He requested and was given 200mg ibuprofen at 15.10hrs. He is extremely irritable on the ward.	W. G. 10321
19.40	Leon has been extremely agitated this afternoon. He has requested a change of room. He said that his fellow down stairs has been "stealing fags" and he has been very angry at another patient on the ground floor who bangs his door all the time. Leon also said that he is going to "hit Simon Cowley" because they are both arguing and annoying each other. He said the reason he is "high" he is angry at his mother. He has been calling her names and accusing her of "ruining his life". He also mentioned that the problem had come "after my birthday" when no-one contacted him. He said the pain in his mouth is "excruciating". Phoned and left a message with the dentist to see if Leon could be seen as soon as possible.	W. G. 10321
19.50	Leon was really irritable and shouting this afternoon so gave him 5mg haloperidol at 16.25hrs.	W. G. 10321
25.3.12	Unsettled early into shift. Complaining of dental pain and very agitated when approached by fellow patient P.C. 100. He requested however - requested 1600mg @ 00.30 and given for pain relief at this time. Slept well from 1am.	W. G. 10321
11.15	Leon has been up since 10.30hrs but has been quiet on the ward until this time.	W. G. 10321
20.30	LEON HAD 200MG IBUPROFEN 20.20HRS.	NA T. CRICK
20.50	Leon had been settled on the ward this evening. Did become more animated around 20.00 shouting to himself re 'neonazis uprising'. Quickly calmed down after	W. G. 10321

Fife Primary Care NHS Trust – Mental Health Directorate
Care Notes - Continuation Sheet [CN1B]

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Patients/Client Name

LEON GRATTON

Unit/CHI Number:

FS153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
25/3/12	receiving 1600mg ibuprofen stating same	
20:50	and made him feel better instantly.	
(G.M.)		
26-3-12	very subdued and seclusive before retiring	
07:05	to bed around 00:00. no problems disclosed	
	however.	
11:30	Attended dental dept & had extraction	
	this morning. Routine afternoon checkup.	
	Requested & received 200mg ibuprofen	
	for dental pain.	
	Another check, made for 5/4/12	
19:55	Leon has been picked up this evening by friend patient	
	Sima Century. Leon asked to speak to staff	
	saying that he can "only take so much" before he "cracks".	
	She spoke about gangs and fighting and said he could	
	not keep his calm for long. She went out for a walk	
	to "clear his head". She had 1600mg for tooth pain	
	at 17:55 as per kortex.	
27-3-12	In bed around midnight and left for shortly	
07:05	after. Poted to be banging on wall around 3am	
	but seems to have been an unconscious act	
	as he was still asleep when upon investigation.	
07:25	Complaining of pain and swelling to jaw. Given	
	200mg 1600mg for relief @ 07:25	
11:35	Leon has been unsettled this morning, talking about problems	
	he believes he will face when he goes back to the	
	community. She has been speaking in the same vein all	
	morning to staff and to patients.	
11:55	Advocacy spoke to Leon this morning. They are going to	
	phone with an appointment to visit the advice centre.	
15:55	Leon requested and received	
	200mg Ibuprofen PRN for	
	dental pain at 15:30	
19:50	Leon attended for his tea this evening. Has	
	been in or around the ward giggling quite	
	loudly, and responding openly.	
01:45	Complained of indigestion and claimed to have	
27-3-12	vomited given 20mls Maalox @ 01:45 for relief.	
03:15	Complaining of pain to mouth. Given 200mg	
	1600mg @ 03:10 for relief.	
05:55	Appears to have slept rest of night.	

Patients/Client Name LEON GRATTON	Unit/CHI Number: FS153833/1703751191
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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
28/3/12 1145	Leon was up late this morning due says he is still in a lot of pain in his groin	MD21230W
1300	Requested and received Ibuprofen 200mg and required ASD per Kardex at 1250 for toothache	SINCE 2012 H. Gault
1540	Feels victim of harassment from fellow school SC but is "walking away" from situation and pointed out that this is enjoying retirement and agreed to 15 weeks in 2 days self-checking per week agreed to keep going to work for on Thursday afternoon and that all about meeting with Cabinet	
1940	Attended for every med he has been brought in most of the way - transition	
2015	Leon requested & received 200mg Ibuprofen PRN for aching groin	J. Coote
29.3.12	Asked for Haloperidol as he would not settle - advised to use his coping skills to achieve	
31.15	rest - returned ten minutes later and said he would settle - advised to give himself a chance to settle - sleep when needed on an hour later	ALAN
1125	No Request for Pain Relief This Morning. set J. Macdonald	
1240	Clinical meeting • Dr. Dargatzis will review medication history • E.C.G. 2/04/12 • Leon requesting medication to deal with anger, adopt alternative coping strategies • all as anger management in the first instance. • High dose. form completed	ALAN
+ 15	Requested & given a 200mg Ibuprofen at 1255 for back pain	STO. LANS
1425	Discussed with Leon regarding coping mechanisms for dealing with his anger & requested go for walk and check on which he is agreeable to	ALAN
1955	Leon has been complaining about not being able to find somewhere "quiet to relax" he said he wanted "haloperidol" because "it is doing my mind" but staff advised him to try to find somewhere to read. There was music playing in the music	

Unit/CHI Number:

FS153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
21/3/12	room and people were visiting with guests in the guest room. This room was also being less managed to increase his frustration without a pro however.	~ [Signature]
30.3.12 00.45	Noted to be laughing loudly & responding openly ear or ear of shift - spent time in sitting room watching TV. Complained of gum/betwack - requested a given ear ear 200g @ 00.45. Leon had often gone to fellow patients bedside (J9) and had taken him. Leon said he had got to return a DVD to fellow patient and he had asked for cigarette papers. Spoke to Leon and reminded him of no smoking policy.	Shirley Opper
06.40	Read book for short period of the afternoon men from approx.	[Signature]
12.20	Has been in and around the ward this morning.	A Cooke
06.40	1635, requested & given 200g as requested. 1640 open for 200g of 1-1-1	[Signature]
1905 (1.1)	Discussed and Leon was given an anger self-help guide to use through knowing his anger feelings. Still felt that Leon was capable of going through the self-help guide and could choose program at future 1-1-1. Leon felt that fellow patient SC signed to give the manual but still requested that Leon "not feel" for this self-help guide.	[Signature]
22.45	Complained of tooth pain which was going up the side of his face - requested a given ear ear 200g @ 22.40	Shirley Opper
31.3.12 1205	Refused to bed and appears to have slept well. Fully advantage of a long day and very fed & fine of which report [Signature]	[Signature]
2005	Leon has been settled on the ward this afternoon. Spending most of his time in his room. Appears bright in mood.	Shirley M. [Signature]
1.4.12 00.45	Requested a given ear ear 200g @ 21.50 for impacted wisdom teeth.	[Signature]
06.40	Appears to have slept well overnight - delivered 5	[Signature]

Patients/Client Name	Unit/CHI Number:
LEON GRATTON	FS153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
0640	Consent to conversation pre referral - regarding his mother.	SPIN LAIN
1120	Leon has been settled on the ward this morning. Spending time in the sitting room and smoking area. Appears quite bright in mood.	SPIN LAIN
1600	Requested at given a second Bunko 200g @ 1600 for fracture.	SPIN LAIN
1700	Both heels very dry & cracked & causing Leon pain - as required. Cream applied at 1650 hours.	SPIN LAIN
2230	Complaining of pain in mouth. Given 200g @ 2145 for relief.	SPIN LAIN
2412	Slept from around 11pm with no problems noted.	SPIN LAIN
0630	Still asleep at time of visiting.	SPIN LAIN
1050	Attended Physiotherapy Clinic for BCG, has been prescribed Ross Rule Green is received.	SPIN LAIN
1940	Given & settled then swimming. Spending time on ward. Requested to be moved to rooming therapeutic P.N. @ 1930 for shower etc.	SPIN LAIN
0640	Offered & accepted as requested. Toes freeze cream to apply to his cracked heels after his bath. No complaints voiced. P.N. noted. Has slept well.	SPIN LAIN
1120	Leon has remained in bed all morning. Prompted to ur. Expecting a visit from his mother today.	SPIN LAIN
2035	Leon has been settled on the ward this evening. Appearing bright and jovial in mood.	SPIN LAIN
2140	Given as required.	SPIN LAIN
0725	Reass freeze cream to apply to heels at 2240. Wanted blanket.	SPIN LAIN

Patients/Client Name	Unit/CHI Number:
LEON GRATTON	FS153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
4.12	at 10pm but same not given as received Regular Paracetamol at this time. Up in the night, requesting ibuprofen - 200mg, as received given at 04.10 for dental pain. Appeared to sleep after same	SFIN LATIVE
1140	Leon was up early this morning and attended for breakfast but has since returned to bed. Appeared bright enough in mood offering no complaints.	MAWILSON GOSTO
2020	Leon requested a 1:1 and talked about his fear of meeting "gangs" while he is outside the hospital. He said he feared "womans" he would bump into someone when he attended medication. We discussed how he would have to accept living in life he would have to learn how to cope with his insecurities.	MAWILSON
34.12	In good spirits. No noted that slept well	SFIN LATIVE
1200	Went to dentist this morning. Then disappeared to cupor without telling staff brought a radio taken from him, to be checked out.	MAWILSON
1300	On speaking to Leon he said he did NOT go to the dentist after all.	MAWILSON
1855	Requested and received ibuprofen 200mg for sore head as per Kardex.	MAWILSON
2000	Finally settled evening. No management concerns.	MAWILSON
6.4.12	Little sleep achieved overnight - requested + given Red Ibuprofen 200mg @ 02.45 - Sept for a couple	MAWILSON
0630	of hours - complaint of indigestion @ 0345 offered and accepted a glass of milk - said he would not sleep during the day	MAWILSON
1145	Leon has appeared settled on the ward this morning spending some time with fellow peers.	MAWILSON
1945	Offering to make "soup". Bright when lying in bed. Full	MAWILSON
7.4.12	06.35 Settled pre retreat, appears to have slept overnight	MAWILSON

Patients/Client Name	Unit/CHI Number:
LEON GRATTON	FS153833 / 1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
14/12 200	Leon intends going to Cupar this afternoon to purchase Good Grub Club food stuffs. Abraham John	
1505	Leon complained of pain in his back and his neck. Given 200mg ibuprofen at 14.55hrs.	WOB 1300M
1600	LEON PARTICIPATED WITH THE GOOD GRUB CLUB THIS EVENING. HE COOKED THE PASTA AND HELPED THE OTHER CLIENTS TO PREPARE A MEAL OF SPAGHETTI BOLONESE. HE ADHERED TO ALL ASPECTS OF HEALTH, HYGIENE AND SAFETY. - N/A TO CRUISE STAFF.	
1920	Leon has been quiet in the ward but has come to sit in the office for "no particular reason" he said.	WOB 108M
8.4.12	Retired to bed quite early - appears to have slept well overnight.	Abraham
09.30	Asked for and given as requested Brufen 200mg at 08.15 for pain.	Arden
1125	Leon discussed his finances today and he suggested that he would keep his cigarettes so that he does not have the chance to give any away. This will be tried for a week and will decide his finance care plans with a view to him keeping his smoking and cigarettes under control.	WOB 108M
1430	No significant change in presentation. Spending time in bed - space of going to a cigarette. Abraham John	
9.4.12	06.25: Leon initially settled and slept well however woke at 03.20 and requested Brufen 200mg for back and neck pain. Settled quickly to sleep and remains asleep at time of writing.	WOB 108M
1150	Leon advantage of a long lie, remains in bed at time of writing. Requested and given a repeat Brufen 200mg at 11.25 for back ache. Abraham John	
1910	attended for tea and GP medication. Leon had a quiet evening.	Arden
19.35	Complaining of back and neck pain - Given 200mg ibuprofen for relief @ 19.30 hrs.	WOB 108M
10/04/12	Leon was conversational pre-retired. No concerns. Stephen appears to have slept from midnight.	Arden
11.50	Been in bed all morning.	Arden
1900	Leon is trying to work his way through self-help anger management support and self-drive given that just to do	

Patient/Client Name	Unit/CHI Number:
LEON GRATTON	FS153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
	it at his "pace", but next 1:1 on this day, provided Leon has done some work on it, still will go over with him. Leon also expressing his self-esteem self-referencing staff. Not his loss but his responsibility. Over the years and not just an "act". Not the "spontaneous" about the ward described as a "Sometimes I feel I've just crawled out from under a stone". Just support and reassurance given. The relaying budgeting is a need and the staff suggested when he gets his bereavement payment to put in hospital bank account and follow budget plan. Refused to do this. <i>ABRAMSON</i>	
11/4/12 0645	Leon was quite conversational pre-retiral. Appeared to be following staff around and seeing them out. Had dinner and went to bed. After 11:00 appears to have slept soundly overnight. <i>Coote</i>	
11:10	1:10 Refer this morning for Community Visit and to purchase self-catering. Not refused: good referral. <i>ABRAMSON</i>	
12:15	LEON ATTENDED TO HIS SELF-CATERING THIS AFTERNOON. MANAGED WELL, ALL ASPECTS OF HEALTH, SAFETY AND HYGIENE ADHERED TO. <i>N/A T. CRUICKSHANK</i>	
18:20	Leon asked for and received 20mg Ibuprofen for back pain as per Kardex at 18:15. <i>ABRAMSON</i>	
18:40	Carried out self-catering this evening - had soup and bread. Required reminded to turn off cooker. <i>A Coote</i>	
12/4/12 0630	Leon was bright and chatty pre-retiral. Appears to have slept well overnight. <i>Coote</i>	
12:05	Leon has been selected on the ward this morning. Went to lie on top of bed prompted for lunch. <i>ABRAMSON</i>	
18:55 (1:1)	Offered my clinical 1:1 to go over his self-help Anger Mgmt, which he has requested on previous occasions. <i>ABRAMSON</i>	
19:45	Leon engaged with staff is using on Care Plan (7) + (8) regarding Vitherech. Ltd. and inclusion + budgeting. In Care Plan varied. <i>ABRAMSON</i>	

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13/04/12 0650	Pleasant & conversational pre-natal. Appears to have slept well from about 2am.	J Coote
0700	Requested and received 200mg Ibuprofen PRN for jaw pain @ 0650 hrs.	J Coote
1240	Leon had to borrow tobacco from another patient. Acknowledges budget needs. Leon says	
1935	Leon has been to (light) and talkative this afternoon. His main concern today is his charger has still not been checked for his radio and he wants to listen to a jazz programme tonight. I contacted estates regarding same. They are looking into this for Leon.	LAWA SMITH
13/4/12 11	Had 4 1-1 with Leon this evening. Leon paraded thoughts about gangster resurgence offered and discussed the need to move on and how to refocus his energy. Leon took this on board asking for as required but asked to try distraction technique.	LAWA SMITH
14.4.12	Awake quite early in the night - on a note noted to have his radio playing loudly and Leon wanted to be asleep - when it was turning off the radio he was noted to be wide awake and informed me of how to turn off the radio.	Gregor
1200	Leon has kept a low profile this morning spending majority of time in bedspace. Is currently sitting with family who are visiting.	NACWILSON
19.40	Went into Canteen this afternoon with fellow patients JG + AV, for shopping for Good Grib Club. This evening they made macaroni cheese between the three of them which they appeared to have enjoyed. Leon was ^{interesting} while staff was talking to a fellow patient re going to canteen who needed escorted, - Leon said he would go for him.	A Coote
15.4.12	Spent a period of time sitting in corridor outside treatment room in the evening appears	

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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
15.4.12	went to have sleep well overnight	
1145	Leon has taken advantage of a long lie this morning and has only recently got up.	Dr. J. C. Wilson A. C. C. C.
19.10	Requested & received also requested 10mg/phen 20mg for back pain. Appears brittle & intrusive at times	Lin. C. C. C.
16.4.12	Requested Red Ross liner cream for his feet, advised to have a bath first - returned within ten minutes and said he had bathed - applied by self @ 21.30. Returned approximately 45 mins after having his regular Paracetamol & requested Bupren - said he had pain in his ear - then went on to say it was arthritis - advised to let the Paracetamol work before taking any more medication - in bed asleep within 45 mins	Dr. J. C. Wilson
1205	Attended for pain medication but just stayed about the ward.	Ann
1936	Leon has been settled on the ward this afternoon and evening. He asked for 1000/phen along with his 1800 Paracetamol, but was advised to give Paracetamol a try. He requested for the same at 1845 and again at 1940. Leon advised to not have more pain relief and accepted same.	Dr. J. C. Wilson Ann
17.4.12	Leon advised staff he "could not sleep" due said he had "pain in his jaw" and it was "affecting his ear". He talked for a while about his parents due said his "Dad" had "not smiled since his (Leon's) illness started". He talked about his Dad being in the army and getting tired down for the SAS and failing the parachute jumping for the "para's". He talked about his mum, blaming her for moving him to Scotland to the "Aids Capital of the world". He said he had a "sense" when fire arms were discovered - and said that he had known that there was a "stash" and had been "waiting for them" to be found. He talked about "just wanting a woman" and to settle down. He asked for ibuprofen because of the "pain" he was experiencing so gave 200mg ibuprofen at 0015hrs. He said he was going to bed to read about yoga and how to become "serene".	Dr. J. C. Wilson Ann

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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
17/4/12 0030	Leon complained that certain other patients (A.V., A.F. and R.F.) had been "toy playing" as in "pretending to fight" but that it was becoming "increasingly difficult" for Leon not to "retaliate". He said they were name calling such as "bitch" and Leon said he had "had enough". He asked that this be brought up at the next community meeting.	NOT DSD
17/4/12 0630	Leon was up asking for her chocolate because he couldn't sleep. He had a hot drink and was asleep by 0230hrs.	MAISON
11.30	Leon has spent a settled morning on the ward. He has been quiet and spent some time resting in his room.	LAKE/SLR 5/11/12
19.50	Attended for his tea and has been in and around the ward, asked for 1:1 interaction. Stated he had chest pains but felt it was energy drink he had a few days ago. He was on about relaxation, books and martial arts. Leon stated he still experiences anger issues and feels like shouting out at times. Admitted to hearing voices and stated earlier they were threatening. He wants to see OT Bill Booth re activities and admitted to not always needing Paracetamol to go review at Clinical meeting on Thursday. Leon then depressed onto drugs and now he doesn't need or want them anymore but started talking about users and dealers.	A Corrie
18/4/12 0655	Pleasant and chatty pre-natural. Was in bed by midnight. Appears to have slept well overnight.	A Corrie
10.25	Dr Dally has completed a referral to Haematology for the lumps Leon was getting under his arms.	A Corrie
11.30	Leon has spent the majority of the morning in his bed rising at 11.20	LAKE/SLR KAR/SLR
19.30	Leon was complaining of a "headache" and then he said he had "jaw pain". He was asked if he had had a headache before his 1300hrs paracetamol and he said "yes". We discussed his taking paracetamol in a regular basis and his constantly asking for ibuprofen. Leon went on to say it was all due to the beating he had had on the right side of his head, how the bone was shattered and it causes him pain all the time.	

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Leon GRATTON	F5153833/1703751191

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18/4/12	blamed the "hit to the head" he says he sustained, she talked about gangs and that he has been "marked" and he is scared about going to Cupar because he feels it is strange and he is not safe. Discussed the fact that he has been to Cupar often for shopping and he said he prefers to go with company. She said he didn't like motivation because they asked him to "paint a wall" and he said that he "want" to work on cars, not to paint walls. She said he would like to join the library but he would like to have someone with him when he first visits the library. She chatted for about twenty minutes and eventually left for a smoke, but did not ask again for the ibuprofen.	
19/4/12 0625	Leon was quite inappropriate in content of conversation pre-natal - asking staff to go to 'pub with him and get drunk, but no sex though because the staff were married'. Over familiar with staff and very intrusive at med times. Played pool then went to bed. Appears to have slept well overnight.	J. Coles
12.05	Leon went to Cupar via taxi this morning. Purchased razor blades which he handed in. Appears bright in mood. Spending time in his room writing. Clinical Meeting: Discussed today as Leon was not in the ward. Paracetamol discontinued. INZ (Nifedipine) reduced to 10mg B.D. Plan to decrease weekly then discontinue. Commence Dispenicilone 1mg for treating hypids. Glucose & Prostate blood on 23/4/12. Review 23/4/12.	S. Macfarlane M. Gairdner
14.30	Requested pain relief (Paracetamol) @ 18.00 hrs but not prescribed. Then requested Paracetamol - claimed he had a headache. Given 200mg @ 18.05 for relief. Poted to be wearing sunglasses later due to sore eyes from reading.	L. Macfarlane

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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
20/4/12 0625	Bright pre-retinal. Intrusive at pull time. Had supper and went to bed after 2300hrs. Appears to have slept soundly overnight	
1200	When nurse came to the office after going to Cuhar, he was asked a lot of questions was told to stop asking as many questions and went away in the huff.	J Corte
1550	Go to fracture. Requested and received PRN Ibuprofen 200mg as per Roodex	AWM
1910	1805 - Heavily sedated & given as required Ibuprofen 200mg for toothache.	S/O LANE
21/4/12 0620	Leon was chatty pre-retinal. Watched F.V for a while and went to bed. Appears to have slept well overnight	J Corte
1155	Has appeared asleep throughout the morning. Encouraged to use the Cerech	J Corte
1530	Leon had not attended to go to Cuhar to buy food for the Good Grub Club. I spoke to Leon regarding same whilst in the dining room he became very defensive regarding same. Raising his voice and stating he had been in the last couple of times. I explained that whenever you are part of the Good Grub Club you need to go to the shop to purchase the food as this is part of the activity. Leon would not accept same. There were other patients in the dining room. Leon said it was not the time to discuss this and I apologised for bringing this up in front of others. Offered to discuss this at another opportunity but he refused the opportunity.	J Corte
1850	Leon attended to Good Grub Club cooking group this evening and appeared to have enjoyed his stein and chips. Asked for and received 90 requiring Ibuprofen 200mg at 1800hrs for generalised pain.	S/O LANE
2315	Requested and given 200mg Ibuprofen at 2335 for headache	A Cerech

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LEON GRATTON	F5153833 1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
22/4/12	Leon requested a I.I and appeared to be pretty low in mood. He complained of "pains in my ribs" and "pains in my 'front'", gesturing to his genital area. He said he feels like he is bruised and then the pain intensifies. He also said he has to "shut out the pain" by "cutting the pain of with my mind". Said he felt like "pushing a pen into my throat". Said he would not do that but he "felt really low". Blamed his mother for "starting the abuse", by "shutting a five year old in a cupboard saying children should be seen and not heard". During the I.I he made several references to newspapers and news stories and included the stories in his thoughts and claims of "personal" knowledge of these stories. He eventually went to bed after a hot chocolate at 0030.	
22/4/12	Leon has taken advantage of a long lie this morning on receiving his 08.00 medication he did not look too happy.	Observations ongoing
22/4/12	Leon asked for and received 200mg paracetamol for a headache as per Kardex at 1320.	1630 Pain relief received with duty Dr. Prescribed Paracetamol 1g per PRN
1745	To headache requested and received PRN Paracetamol 1g per PRN.	2000 Leon had complained about a headache and was given 1g paracetamol at 2225. He asked for his obs to be taken and they were quite low 108/80 sitting, 105/80 standing. Pulse 100 and sat 94. He appears to be quite irritable this evening and is low in mood.
23/4/12	Leon found it difficult to settle last night and he talked about gangs and what he would do to people who hurt or took advantage of himself or others. He kept going off at a tangent and would not actually answer the question of "what is it that is keeping you awake?" He kept checking out stuff until 0145 when he finally fell to sleep.	11.40 Fasting bloods done this morning. Evidence of Leon smoking in his room, which he

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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
13.4	denies, but cigarette ash all over bed space floor. —	SP10
13.4	Requested 1g of given 3g as required paracetamol 1g at 12.45 for a headache. —	Olis
13.4	Leon requesting Paracetamol for "Chest pain". Observations within normal limits, request denied due to time constraints. Further requested Paracetamol at 18.00 for headache 1g. Paracetamol 3g soluble at 18.00 required at this time. —	Olis
20.40	Leon asked to speak to staff and commented on his stabbing pains in his chest and ribs. Reassured he will be placed in the Doctor's book for him to review tomorrow. —	Wright
24.4.12	In bed for midnight rose at 03.25 complaining of headache asked if he wanted anything for it. Leon has declined since said he had had a drink of water - advised to go and lie in his bed, asleep within an hour. —	A Cooke
06.10	Leon asked for paracetamol for a headache, given 1 gram at 08.55 am. —	SP10
11.05	Attended for his breakfast and has been in or around the ward. No complaints offered. —	Mary Gorrice
11.15	Seen by Dr Datta this morning re pain he has been experiencing recently. Leon complained of an aural pain. Also described feeling stressed. Expressing old sexual Erection also. Advised by Dr Datta to utilise relaxation techniques to alleviate stress which may be manifesting as physical problem, and to utilise as required paracetamol when necessary. —	A Cooke
15.00	Leon asked for pain relief for a rose head given paracetamol 1 gram at 12.55. —	M. Gorrice
19.40	Leon had requested a 1:1 as soon as staff came on shift at 16.00 hrs. He said that he had "gone to sleep last night". —	M. Gorrice

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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
24th/12	after a bath and a hair wash and this morning (he) had woken with hair gel in (his) hair. Len felt that someone had been "messing" with him in his sleep. Asked Len if he had ever sleep-walked etc said he had. Discussed with him that he may have put the gel on himself while sleep walking. Len asked that staff check on him overnight to make sure he is not sleep walking. Staff have not, as yet found Len to be sleep walking at night. To monitor and check with Len tomorrow.	W.D. 28/12/05
25/12/05	No evidence of Leon sleep-walking over the past few nights however has been awake overnight both nights and had been to duty room to talk with staff. Wrote some poems prior to retiring - up x one but no issues at this time - appears to have slept well.	S. JAMES G.D.P.
1005	Len requested paracetamol 1gm for a headache and was given such at 0945.	W.D. 28/12/05
1120	Len has been asking to speak to staff to "tell them a story". Have not yet had the time to speak to Len and he has returned to bed.	W.D. 28/12/05
12th/12	Len returned in good order.	S.F. 10/12/05
25/12/05	Leon has had a settled afternoon and evening on the ward. He is very quiet, in presentation with an underlying irritability. He was complaining of a sore head and asked for and received 1g paracetamol at 1835 as per the Kardex.	K.S. 28/12/05 L.A. 28/12/05 S.M. 28/12/05
1945	2 empty bottles of Havana rum were found in Leon's wardrobe this evening. He stated that these have been there since he was admitted to the ward. Leon did a breathalyzer test which showed at 0.00. Also Leon was found to be smoking in his bed space at 1850 using a polyester cup to put his ash in to. Incident form 076427 completed and lighter retrieved and bottles confiscated. Leon understanding of same.	S.M. 28/12/05 L.A. 28/12/05 S.M. 28/12/05

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Leon GRATTION

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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
26/6/12 0625	Talkative pre-neural, had pills and supper and went to bed. Appears to have slept all night.	J Corbe
11-30	Wula 1-1 with Leon he looks very tired and seems to be struggling at the moment. He expresses feelings of pain through most of his body and extreme tiredness. I explained a referral to Rheumatology is in the process. Leon happy about this. He was unaware of twice daily Risperidone long and feels this may be sedatory. I explained that he needs to give changes in medication a chance to become effective which he agreed he would do. Coping strategies discussed which were effective some distress.	J Corbe
12.15	Discussed at Clinical Meeting - Trifluoperazine reduced to 10mg daily and Risperidone increased to 3mg daily.	A Corbe
1300	Leon asked for and received 1g paracetamol for headache at 1210 200 per Kardec	A Corbe
1710	Requested and given 1g paracetamol at 1705 for headache. A Corbe	A Corbe
1930	Presenting as quite drowsy. Staff requested and given 0.20mg at 1840. Leon has a headache to the drowsy of staff. Leon is following from other patients. Disrupted at quite large with staff. He drowsy but very happy. Leon is agreed to programme. A Corbe	A Corbe

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Leon Gratton	FS153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
27/6/12 0630	Leon appeared to have an irritable, paranoid edge to him pre-notral. Went to bed early but has not appeared to have slept well. Requested and received 1 gram Paracetamol @ 00:50hrs for a headache. Started speaking to me about his GC how he had not done his menu for Saturday then spoke about headaches and ecstasy/cocaine use. Conversation really disjointed and jumping from one subject to the next. Leon appeared to recognise this himself as he asked if he had been making sense and asked if he always jumps about in conversations. Stated he feels he cannot 'switch his mind off' at moment. Advised Leon that if this continues to inform staff the did state he was not happy that his trifuoperazine had been reduced. Leon was again up at 05:10hrs and stated he was worried as he had heard on the news that a man in England named 'James Allan' was being killed in connection with 2 people. He stated 'Allan' was GC is his mum's maiden name and he stated he feels paranoid that they are related. Reassurance given that it is a common name and there are loads of 'Allans'. Went back to bed, but has not slept.	
0930	Leon complained that he is feeling dizzy and "not well" obs taken and Leon to be monitored.	J. Costa
1050	Leon seems agitated. Observations normal. Talked of Madeleine McCann + someone he knew involved in slave trafficking. Appears to be fixating on bad thoughts + possesses a being unable to control them today. Requested not given as requested. Placed in 1g of Lorazepam.	W. Arnsper

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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
27/4/12 1540	Requested and received paracetamol 1g as required as per Kardex at 1535 for a headache.	Signature
19-45	Leon was having intrusive thoughts about his mother this evening and was becoming agitated about her presence in his life he was unable to distract himself from these thoughts and was offered analgesia. Sine haloperidol as per Kardex at 1915	Signature
28/4/12 0650	Leon went to bed early. Came to staff at 0600hrs stating he had been sick said it was due to heartburn. Requested and received 1g paracetamol for headache at 0815hrs. No further episodes of sickness.	Signature
1135	Leon has spent all morning in bed.	Signature
1345	Leon asked for and received 1g paracetamol for a headache as per Kardex at 1340. Then went into canteen to get the food and club food.	Signature
1940	Participated in good grub club. hoped to be more calm in presentation and acknowledging the feeling better.	Signature
2030	Requested and given 1g paracetamol at 2030 for headache.	Signature
29/4/12 0645	appearing more settled last night. appears to have slept all night.	Signature
1135	took advantage of bed time. visited by nurse at 1135 - fine at time of visit.	Signature
1900	Leon had a visit from his Mum today which he felt went well. he has been in good spirits since the visit. He asked for and received 1g paracetamol for a headache at 1745 as per Kardex this had good effect.	Signature
20412	found in fellow patients bed space taking cigarette papers as drug sleep - asked what he was doing but he said it was OK as DS knew he took them.	Signature

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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
21:12	Advised to leave the paper and get to bed as he should not be smoking and therefore	
22:20	didn't need paper, checked on Leon later & he was well and asleep saying with his partner	22:20
06:45	Has achieved little sleep overnight requested & given paracetamol 1g for headache per KARDLEX	06:45
11:20	Leon in or around the ward attended for meals and breakfast posing nil concerns.	11:20
11:35	Leon asked for and received 1g paracetamol for headache as per KARDLEX	11:35
16:40	at 11:35 he is as required up to 4g in 24hrs. Asked & was given 1g paracetamol for a headache at 16:40 was also stating that he feels quite low as if something bad is going to happen but quickly turned it round stating he had 'pay day' to look forward to at the end of the week and was picking up some new books from WHSmith. Also stating that he felt dizzy, obstinate and within normal limits at this time	16:40
19:45	Reported higher for headache since 18:00 encouraged by staff to discuss feelings such as doing his poetry to be if it's useful. Under he did not until time of with report her as reported	19:45
19:55	Requested and given as required. 1.5g for headache as per 19:55	19:55
19:55	No further complaints of dizziness/pain - appears to have slept well overnight - stated he had only slept for 30 mins yesterday	19:55
11:55	Attended for medication and refused to bed fully. Going to info for self-catering this afternoon	11:55
14:00	Requested and received paracetamol 1g as required as per KARDLEX at 13:55 for pain in muscles/headache	14:00
18:50	Leon has been bright during the afternoon and evening. Quite chatty at times talking about not going into CPA for self-catering as he perceived his life to be in danger. Reassurance offered at this time but Leon said he believed	18:50

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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
2.5.12	Complained of headache requested + given 1g Paracetamol 1g @ 2255 went on to say he had pains everywhere but especially in his knees which had been broken assured if this was the case he would have poor mobility and possibly his injuries weren't as severe as he thought	
2/5/12	1g paracetamol asked for and received as per Kardex for headache at 10am	82005 JH iain h
2/5/12	Leon has been up and on the ward all morning. Struggling to occupy his time and seems bored. No management concerns	28001 MAG S.M. JN
2/5/12 1640	Leon seeking out staff discussing his distress about his mother's opinion of him and other others who he has known in the past, stating that he feels like everyone is laughing at him. 5mg Haloperidol given as required at 1635 as per Kardex	ImMald
1950	Leon requested a talk with staff. He spoke about his paranoia about going into Cupar and "people out to get me" He said he thinks his paranoia is not helped by the fact his Risperidone has been reduced. He said he planned to go to Cupar tomorrow with fellow patient D. Stewart. Disarmed with Leon trying to keep his thoughts to the present and not to the past. Advised him to go to Cupar more often and try to overcome his paranoia.	
2035	Having initially refused a game of cards Leon bought out a game & enjoyed several hands. Said he'd had a terrible weekend due to paranoia, hallucinations & memories. However was able to concentrate on games.	WAG A.Coch WAG H. Fr N.
2035	Leon requested and received 1g paracetamol at 1750hrs	WAG
3.5.12 1105	Retired to bed early and appears to have slept well. Leon was prompted several times to attend for medication this morning. Did eventually get up and has since been into Cupar for shopping.	WAG WAG WAG
1805	Requested and received paracetamol 1g as required as per Kardex at 1800 for a headache	WAG WAG

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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
3/5/12 1940	Leon went into cupar to go and collect some books he went with another patient. They were asked to be back for 1730 but came back for 1800 after buying a fish shop supper Leon was found to be smoking in his bed space and was advised of the dangers of same.	Lawrence S. R.
4/5/12 0645	Leon came for 10pm medication was not very happy about Trifluoperazine being discontinued. Does not appear to have slept a lot overnight. Requested and received 1 gram paracetamol for headache at 2225hrs and again @ 0400hrs. Up at 0900hrs writing for salary purposes.	J. Coote
11/5/12	Leon's wife held until Dr. Datto attended yard to speak with Leon and advised him that he was prescribed for 20mg of Serenide 5mg of Risperdal by 1145. Leon Risperdal at 10pm and commenced Risperdal 2mg 8am - 10pm tomorrow.	J. Coote
19/5/12	Leon was complaining of a "headache of all headaches" and was given 1gm paracetamol at 1800hrs and per Risperdal.	W. A. Brown
19/5/12 (11:1)	Leon refused a lift but did state that he gets his medications early because he is "shattered and wants to sleep".	W. A. Brown
5/5/12 0630	Leon went to back after supper. Appears to have slept well overnight.	J. Coote
11/5/12	Leon woke up to go to Cupar for veg catering but he took a time to actually get up. He returned in good order at 11:40hrs.	W. A. Brown
18/5/12	Asked for and received as required Paracetamol 1g at 18:00hrs for a headache.	A. Coote
19/5/12	Participated in good group club this evening and appeared to enjoy spending time in bed with gay friends for a change.	J. Coote

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LEON GRATTON	FS153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
6/5/12 0655	Leon was up reading a book (in bed) till approx. 0330hrs. Appears to have slept since then.	
1140	Took advantage of a long lie. Propped up at 11:15 to have a drink, but remained in bed at time of written report.	
1430	Spoke with Leon about his headaches and the fact he has not been using his glasses. Asked him to use his glasses to see if there would be a difference in his headaches. Spoke about reality and mixing it with what he hears or hears on the television. Leon did not accept he can mix reality with fiction but then went on to talk about his "mother being an assassin", he said "may be a mixing of reality with fiction". She said his mother had told him that when he was a baby he was in his cot and was "covered with ladybirds". Leon is not sure that this was true or not, but fully recalls his mother telling the story. She is not sure about the Risperdone he said and wanted to know if it was "like Largactyl" because he said it was "knocking him for six". We discussed that despite his tiredness he had been awake for long periods overnight. Leon said this was due to "reading newspapers straight through". She also said that he had been having a problem with another patient SC but has managed to keep out of his way and is happy with other patients. Advised Leon that he could not smoke in his room and had been caught so often that recommended he hand in his cigarettes. She said he would hand them in each night, but that DS never got into trouble for smoking. Advised Leon that anyone smoking will be "in trouble". Asked Leon to refrain from sitting in the corridor by the office. She said it is often the quietest place in the ward. Advised Leon that staff would find him "somewhere quiet" if he needed it.	
1600	Leon requested and received 20mg Ibuprofen 1550 at as per Kardex.	MOB: JBR
1910	Leon put his glasses on this afternoon. She requested marlox and was given 20mls at 1845 of Marlox, after complaining of "drinking too much fizzy juice".	MOB: JBR

Patients/Client Name	Unit/CHI Number:
LEON GRATTON	FS153833 / 1703751191

Date:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
7/5/12 0635	Leon requested to have his 9 ^{am} medication early as he was 'shattered' and wanting to go to bed. However was still up in U+V area at midnight. Requested and received 1 gram paracetamol at 0145hrs for headache. Appears to have slept well from this time.	J Costa
10-25	Asked for and received as required Maxlon 20mls as per Kardex at 9.30hrs.	A Gough A Cook
11-35	Has spent time in his bed this morning.	
1945	Reaching for fluids in his room. Leon feels his concentration has improved since commencing his period.	ABH/KRM
8/5/12 0615	Leon appeared quiet pre retiral although was pleasant in manner on approach. Retired around midnight. Appears to have slept well overnight.	SINCEPARD M. Cardona
1145	Leon had tried all morning to get rid of a headache but eventually he asked for and was given 1gm paracetamol at 10.55hrs.	WADSON
1500	Requested id given a severe Buge 2mg @ 1500 for pain.	
1915 (1.1)	Leon's complaint of chest pains and respiratory distressing but still reported a 1-1 activity by anxiety/delirium which is clearly under control. His general appears to be the every news. A staff to buy Charlie thoughts. No other things noted. Vetchy. He has chest pains and the blue knight net just the "K.K.K." I know dreamy his rights. The Bull directed the need for medicine.	ABH/KRM
9/5/12 0630	Leon appeared peacefully bright in mood pre retiral. Appears to have slept well over night.	SINCEPARD M. Cardona
11-45	Leon has been in bed all morning and remains there at present, has been encouraged to get out of bed.	ABH/KRM
1836	Complained of head & neck pain - said we had tried fresh air and had drank plenty fluids requested + given Paracetamol 1g @ 18.10	ABH/KRM

Unit/CHI Number:

F5153833 / 1703751191

0710

Patients/Client Name

Unit/CHI Number:

LEON CRATTON

F5153833/170875191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
10/9/12	opened and advised that the issue he had seen on the news may have caused nightmare. Advised to watch something more pleasant are retired to see if this helped. Leon accepted same. Leon went on to discuss rumours he had heard from fellow patient AV about another patient. Leon stated he had been told that another patient DM had 'bedded' a 14 year old girl when he was 21. Advised Leon he should not listen to rumours and Leon agreed. He went on to say he did not believe it was true anyway. 10/5 Leon also stated he heard a constant screaming throughout the day advised that same would be passed on to doctor today.	N. G. [Signature] N. G. [Signature]
11.35	Sitting outside treatment room, comes to the office a few times for a conversation does not do much about the word. <u>David Meeting</u> - Complaints regarding nicks and pain, refer to physician to rule out any physical issues. - Interviewed and extensively paranoid reflection about minor - Hyperbole moved to 3mg @ 12:00	Adrian [Signature]
1700	Leon requested a 1:1 this evening he was very fixed on delusional beliefs about gangs and people being out to get him. He does not feel in a "good place mentally" at present. Leon feels that the Risperidone is dampening down his voices and the Seroquel BUT still feels at a low point just now. He talked about hearing screams when he is out sick and states that whoever is screaming is doing so intentionally. I questioned if this is part of his illness but fixed that this is really	Laura Smith [Signature]

Patients/Client Name	Unit/CHI Number:
LEON GRATTON	FS153833 / 1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
10/5/12 18:50	happened, discussed coping strategies with Leon to try to distract him from these thoughts and he stated he would try reading to see if that helped	LDJ Kaviraj Smith
19.10	Asked for and received as required Paracetamol 1g at 18.00 for sore head	A. Cochrane
11/5/12 0630	Leon appeared fairly settled on commencement of shift. Appears to have slept well overnight	N. Gifford
11.45	Leon has been up early this morning and has been in / or around the ward all morning. Posing no management concerns. He appears relatively settled	LDJ Kaviraj Smith
16.45 14.00	Leon asked for and received 1g paracetamol for knee and back pain as per Kardex at 13.55	LDJ Kaviraj Smith
19.00	Leon asked for paracetamol for a headache given 1gram at 18.50	LDJ
19.55	Leon has been hanging around the office this afternoon and when he was asked if he wanted to talk he said, there's nothing I want to talk about.	LDJ
22.55	Leon had a 1:1 with staff to see how he may react when his mother comes to visit this weekend. He said his mother was talking about either a credit or a debit of over £1000 to a TSB account. Leon said he would "go bankrupt" and "not give them a penny". He talked about drugs and drug sellers, dealers and fellow "partakers". He talked about "being really bad on acid" and people should "watch out". He talked more about the Queen, the Maggie Thatcher regime and the Falklands. He then got up and went to ask junior patients for "a skin" for a cigarette.	LDJ
12/5/12 0645	Leon came for medication and went to bed. Appears to have slept well overnight	LDJ
11.30	Leon has been sleeping all morning and despite being prompted he has not yet got out of bed.	LDJ
18.30	Leon participated in the good grub club and managed well	LDJ

Patients/Client Name	Unit/CHI Number:
LEON GLATTON	F 5153833/170 3751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
2000	Leon more settled in presentation	ADP
2035	passing nil management concerns. Leon asked for and received Double base gel for his foot and paracetamol 1g for general pain as per Kardex at 2030	ADP LAWSON
13/12 0705	Leon appears to have slept well throughout the night. Requested double base gel for cracked heels but as already prescribed as required on 15, this was given instead at 0800 pile of ash evident beside the unit in his room - firmly asked not to smoke again in his room incident log book for smoking completed.	ADP LAWSON
1745	Leon settled in presentation this morning appropriate and quite bright in mood.	ADP LAWSON
13.15	Visited by his Mum at 12.30hrs. Attended the treatment room and asked for and received as required Paracetamol 1g at 12.55 for headache and general aches + pains.	ADP LAWSON
1330	Leon received 2 letters from his mum today regarding bills he needs to pay off along with phone on Monday about same.	ADP LAWSON
1340	Leon asked for and received £45 cream for his sore heel as per Kardex at 1340.	ADP LAWSON
1855	Leon complained about sore split heels so soaked his feet and then applied £45 cream to the dry, split area, as per Kardex at 1850.	ADP LAWSON
14/12 0650	Leon has achieved very little sleep on night. Was caught smoking in bedspace and a plastic cup with ash in it was on floor next to bed. Leon denied point blank that he had been smoking. He appeared to be	ADP LAWSON

Patient's/Client Name	Unit/CHI Number:
LEON GLEATON	F5153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
	in a bad mood with staff thereafter. He came for supper and was noted to tell my staff 'dirty looks'. He handed in his Cigarettes and went to bedspace - was still awake at 01:5hrs and asked and received 200mg Ibuprofen for sore neck. He then on further occasions between 01:5hrs and 03:30hrs, became quite intrusive to staff in office and was complaining of his dry skin on heels. Was advised to go to bed and sleep as it was 03:30hrs and he had to be up early for repeat appointment. He did go to bed and appears to have closed for a while. Came again and approached staff at 05:50hrs demanding paracetamol for his heels. Was advised by staff to wear socks and proper fitting footwear as his slippers are ill-fitting and he was not wearing socks. Leon did not like this and stormed off shouting 'Sieg Heil' and 'Now I know what JJ means about your' (referring to patient JJ). Staff did not have the chance to reply in respect of paracetamol. Leon given own time & space. He then came to office and demanded his tobacco and walked off. He appears to be erasing at staff. However he has apologised and stated he wants Ross (Vaseline) Cream to be prescribed again as he felt that really helped take the skin out of it.	
10.10	Leonard of bedspace - requested + given 200mg Paracetamol by @ 10.10 for sore	J. Certe B. R. P.

Patients/Client Name	Unit/CHI Number:
LEON GRATTON	FS153833/1703751196

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
14.5.12	Left with wife escort to attend hospital appointment has taken one specimen from him	2045
1330	Leon left for diabetes ^{haematology} appointment at 12.25. Prior to leaving, he was quite anxious about the possible outcome. He was also talking a great deal about HIV & how the virus multiplies & destroys cells. He conceded that he's tested negative for this in the past, but seemed more preoccupied than normal.	A. Cooke Senior Nurse H. Viper
1500	Returned from haematology appointment - Consultant shall write to DR Datta. No outcome of same.	SP10 LAIN OLIVE
19.00	No problems noted. Requested & received (green) paracetamol @ 18.00 hrs for a headache.	SP10 LAIN OLIVE
2045	Strong evidence of Leon smoking in his dead space - cigarette ends in plastic cup & ash piled up on floor. Happy to hand in tobacco to the office & asked not to smoke in ward again. Incident found completed.	SP10 LAIN OLIVE
15/5/12 0725	Quite subdued pre-natal. Stated he was 'just tired'. Appears to have slept well overnight.	2045
1005	DR Datta referring to Rheumatology due to frequent complaints of joint pain.	SP10 LAIN OLIVE
1030	Commenced on regular Ross Frase cream for cracked heels. To use as required. Yellow soft paraffin for cracked lips.	SP10 LAIN OLIVE

Patients/Client Name

LEON GRAMOS

Unit/CHI Number:

F5153833/1703751121

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
15/5/12	Leon has remained in bed all prompted to rise at 11:00am.	May Greiss
13:30	Leon asked for pain relief for a sore head given Paracetamol 1gram at 13:25.	May Greiss
18:00	Leon asked for 1 gram Paracetamol again for headache. (given 18:10)	R. Pateng S
19:30	Claimed headache had gone and he felt much better. No other issues.	S. Pateng S
23:45	Leon asked for a 11 at 2045 when the night shift came on work. He mentioned "rumors" about death and no caring for patients in Stratheden wards. Had a 11 at 22:30 for help on his end then again after his last cigarette. Leon talked about how at Dunfermline he had been told that Stratheden was a "bad place" and that people had died and one man had choked while nurses looked on. Advised Leon that people had passed away but of natural causes and that the care people received was always as thoughtful, caring and vigilant as possible. Leon agreed that he had not been ill treated but he did say that he felt "certain attitudes" were "difficult to live with". He said that he found talking to S. Cowley was difficult, as a patient and he said he had tried to get Simon to understand that revenge would make him bitter or at least the thought of revenge. He talked about his mother, his son and troubled people from Edinburgh hospital and from Wester Hailes. He discussed how Leon would cope if he got into any situation where he was offered drugs and how he would cope with both "friends" or strangers who wanted to keep talking but went away to his room at 23:15.	
16/5/12	01:55 Leon asked for something for his "voices". He said he would rather "cut my throat than hear these voices" she said they were calling him a "perv" and he appeared genuinely distressed. Given Sing haloperidol at 01:50m as per order and he returned to his room.	W. Pateng S
04:40	Requested and received 20mg Ibuprofen for a sore ankle. Leon has been up since 03:30h and has had a hot chocolate and has been reading in his bed space. Asked to return to his room to relax even if he can't sleep.	W. Pateng S

Fife Primary Care NHS Trust - Mental Health Directorate
Care Notes - Continuation Sheet [CN1B]

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Patients/Client Name	Unit/CHI Number:
LEON GLATTON	FSIS 3833/17 0375 1191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
16/5/12 0620	Leon has been up and down all night long. He has been "teaching himself card tricks" and eventually asked to wash his feet and apply the Ross Brown cream at 0600hrs. Advised Leon not to sleep through the day.	
0915	Applied as requested yellow soft paraffin to cracked lips at morning medication.	
11-15	Complained of heartbeats. Received 1 green paracetamol @ 10-10 for relief. No other issues so far.	
1120 (11)	Keenly read given of Squid. Perceived to be at 1600 for headache. Admitted that reading news / reading newspapers is a trigger for his disturbed thoughts and therefore helps him settle and sleep pattern. Reported that he tries relaxation pre-sleep. Abnormal life.	
1635	Leon asked for and received 20ml Valium for heartburn as per Kardex at 1635 effect unknown at time of writing.	
1925	Leon has returned for 1.25 for self-cleaning as he did not go in to pick up these items.	
17/5/12 0510	Leon complained of a sore lip and was given soft paraffin at 2140 then he complained of a sore knee and was given 20mg Ibuprofen at 22:15. He has managed to sleep through the night.	
17/5/12 10-15	Leon went into cupar to take funds out of the post office but forgot his pin number. He had a taxi waiting and returned to the ward to phone the Service Centre. He was told he could try the pin again. He went back into cupar to try again but was unable to withdraw. The taxi brought him back and he was taken to the taxi drive. He had to call A1's Taxis 01334 657 885. When the pin came in he called Post office and changed the address to Dunfermline.	

Patients/Client Name LEON GRATTON	Unit/CHI Number: FS153833 / 1703751191
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Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
17/5/12	Ward 50 the pin shall come here next Tue or Wednesday. DS has let Leon borrow and authorised by SEN Malcolm	DSR
1500	Phone to taxi in house of Peter Leon asked for and received 1g of paracetamol for knee pain as per Kerdex at 12-45 with good effect	DSR Laura Smith
1830	Company of Sue has stopped and given as signed paracetamol 1g at 1805 h. Leon has Admitted to "losing my grip" forgetting P.I.N number. Agreeing with staff general Angel Sue admitted could be able to walk in class. Challenged Leon as she felt he should be acknowledged that budgeting was a need and he originally agreed to a budget plan strongly suggested that what he gets pays for he puts notes in his dispensed but account of follow budget plan but not agreeable to his concern about pocket money	DSR
2245	Disputed option of using public library Leon complained of "pain in my legs" and requested and received 20mg ibuprofen at 2135. He asked that the doctor look at his legs tomorrow. He had been given cigarettes by fellow patient D.S. and when asked to hand them in had said that he had "lost them" when asked again he retrieved the pack from under his pillow and the cigarettes were put in the drawer.	DSR
18/5/12	Leon complained still of having pain in his legs and knees. Given 20mg ibuprofen and 1g paracetamol at 0255h. Leon then went away to bed.	DSR
1130	Again another polystyrene cup with a burnt cigarette causing a hole in cup. Leon spoke repeatedly this and it is unacceptable I thought from completed Disputed At 11:00 Leon was placed on Leon cancelled - is busy - a wife - physical as he is quite clearly unwell no change - feedback	DSR

Patients/Client Name	Unit/CHI Number:
LEON GRATTON	FS153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
1515	Leon asked for and recieved 1g paracetamol ad per Kardex for a headache given at 1510.	LSOL Laura Smith
1640	Leon still experiencing pain in his knees and asked for and recieved 200mg Ibuprofen as per Kardex at 1640.	LSOL Laura Smith
1830	Leon requested a 1:1 this evening. He is feeling very frustrated by the feelings towards his mother He said she understood him and physically abused him hitting him with different implements. He expressing anger and disgust when thinking of her and states he only sees her so he can see his son. I tried to reassure him but he just needed to vent these feelings.	LSOL Laura Smith
1155	Leon complained of knee pain and was given 1g paracetamol at 2240hrs. He had been asked twice to move away from the corridor at the word office. He appears low and pessimistic mood, although he was pleased to be offered the left over strawberry cheesecake from supper this evening. He has been coming to the word door every day for fifteen minutes but going away again. Suspect he wants to talk and will give him that opportunity.	LSOL
1515/12	Leon got up at 0200hrs to talk to staff. He became very unsettled talking about a female cousin who had "battered" him "since he was six". He talked about the family saying what he would do to them. He said he had not been in contact with the cousin for years but "that doesn't matter" because he said, that "they were always out to get me". His agitation appeared to be getting more unsettling so offered and accepted Singhalpendal at 0210hrs.	MOB.0301.
0640	Leon was up at 0300 for a hot chocolate saying that he had "had a sleep". Advised Leon that he had only just had medication so he had not even had one hour's sleep. He lay in his bed listening to music but was asked to turn off the light and the music at 0400hrs.	MOB.0301.
1150	Leon gone into Capri to get money as his pin number has a 1 in it.	LSOL Laura Smith
1450	Taxi fare repaid £24.00. Leon was	

Patients/Client Name	Unit/CHI Number:
LEON GRATTON	F5153833/1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
1:1	asked why only led 16:00 left He had sexual delus b reply Denial Not to go hoised to fellow patient for drink. Also denied Not led been drinking. A green b b/c Meds 0.04. Blinded it on a fire. ASHABISHI	
20:00	Leon asked for yellow soft paraffin for his lips given this at 18:00hrs	May Keane
20:10	Leon has remained around the ward to night, said he has a "bol" below his tummy button" this was checked and there is a red area and there is also one under left arm in Doctors book for Monday	
20:50	Leon requested and received 200mg Ibuprofen @ 22:55hrs for leg pain. Appears to have slept well overnight	J Coote
11:25	Complained of pain in knees - requested + given Pls Paracetamol 1g @ 10:55 for same - asked if he would put his back/leg into short term plaster but refused to do so. Reminded that these would be his own responsibility to keep safe	Depis
15:30	Leon accepted a 1:1 he was discussing delusional beliefs about gangs. I asked Leon how he feels he is progressing in the ward he feels he is doing well. I asked what he expects to progress he was discussing changing his housing application from Inverkeithing to the Copar area. I advise Leon that he should be trying to make his days more structured, he feels he is in too much pain at the moment. I explained he has rheumatology input next Thursday and afterwards he should be able to go to some therapies. He has agreed to go back to Motivators and also to try the Employ your mind courses. He has asked to have help at paying back the lock bill and to have his phone changed from 8am to 1pm.	Loth Laura Smith SN

Unit/CHI Number:

FS153833/1703751191

Mental Health Nursing Service
Care Notes: Cont Sheet [CN1B] Feb 03: Review Feb 05

Unit/CHI Number:

FS153833 / 1703751191

Date: Time:	Record of Important Information not held in Evaluation/Review/Variation etc	Signature
11-15	Leon advised that we would wait until after MDT meeting before sorting out bill and housing form. Leon accepts same.	28/2 14012 SM Smith
15:50	Leon Gatten asked for and received 1g paracetamol as per Kardex for a sore head at 1550.	28/2 14012 SM Smith
19.65	Asked for and received as required Ibuprofen 200mg at 18.00hrs for sore head.	A Cook
20:30	Leon asked for paracetamol for a headache asked if he has been drinking enough today, so away to have some cold water.	May Green
23:10	Complaining of headache - specifically behind his eyes. Given 1g paracetamol @ 23.10 and advised to lie in a dark room with no noise.	Sp G. M. E. L. W. C. C. S.
23/12	Retired to bed around 23:30 and appears to have slept rest of night. so around 07.00 with no issues so far.	Sp G. M. E. L. W. C. C. S.
11:55	Still appears pre-occupied at times although denies any perceptible disturbances.	
13:10	Requested 1g paracetamol for a headache. Requested 1g paracetamol for a headache at 17:50 for aches all over and headache.	28/2 14012 SM Smith
19:00	1g paracetamol offered and accepted for chest pain at 1810 as per Kardex.	28/2 14012 SM Smith
20:10	Leon settled on ward this evening.	28/2 14012 SM Smith
24/12	Leon attended for 19pm medication.	
06:00	appeared slightly abrupt in manner with staff. However quickly apologised for same. Asked if everything was ok which he stated it was. Retired to bed rose at midnight requesting paracetamol for pain in his head, knees and joints. Same given, paracetamol 1g as required as per Kardex at 0010 for same. Returned to bed and had slept well overnight.	Sp G. M. E. L. W. C. C. S.