



DUMFRIES AND GALLOWAY MENTAL HEALTH SERVICE

Community Mental Health Team (*Wigtownshire*)
Cromarty, Sun Street, Stranraer DG9 7JL
Tel: (01776) 889300 Fax: (01776) 707348
Email: dg-primarycare.scot.nhs.uk



BJ/FO

9th August 2005

Confidential Patient Information

Dr Wooff
Waverley Medical Centre
Dalrymple Street
Stranraer

Dear Dr Wooff

RE: SHARON HOLMES D.O.B: 18/09/1973
2 OLD PORT AVENUE, STRANRAER

The above lady was referred to the Community Mental Health Team on the 7th February 2005 for anxiety Management.

Initially Sharon was cancelling appointments on the day she was due to be seen at home and was going to be discharged from the caseload. However, Sharon made contact with Cromarty and anxiety sessions were carried out.

We discussed "What is Anxiety" and looked at breathing and relaxation exercises and challenging negative thinking. I offered Sharon goals to try out using her Anxiety Management techniques, however, she was not prepared to engage in the goals set out.

I have now discharged her from the caseload, however please do not hesitate to re-refer in the future.

Yours sincerely

A handwritten signature in cursive script that reads 'Bill Johnston'.

BILL JOHNSTON
COMMUNITY PSYCHIATRIC NURSE

C.c Mic Gowing, Child care Services, George Street, Stranraer

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RCGP Scotland
2004-2007

PARTNERS:

Dr John C McTaggart MB ChB
Dr Derek J Wooff MRCGP
Dr Paul A Carnaghan MRCGP
Dr Nashat Kirbaa MD
Dr Jane F Gall MRCGP
Dr Rena Young MRCGP

Waverley Medical Centre

Dalrymple Street
STRANRAER DG9 7DW
Tel. No. 01776 706513
Fax No. 01776 704825
Secretary: Linda Murdoch
E.mail: linda.murdoch@nhs.net

DJW/lm
2005

14 July

Procurator Fiscal
Lewis Street
STRANRAER

Dear Fiscal

Re: Sharon Holmes dob 18/09/73
2 Old Port Avenue Stranraer DG9 7BQ

This lady is due to appear in court on 21 July '05. I am unclear whether she is being prosecuted or appearing as a witness.

She has asked me to write to you explaining her current medical problems.

Sharon has a long history of anxiety and stress and currently this is manifesting with a significant degree of agorophobia. She finds it difficult to leave her house or go to public places. She did recently manage to come to the surgery for review but was obviously finding it very stressful.

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She has been receiving support via medication and psychiatric nursing input and in some ways is making some progress.

Her life is complicated by a number of stresses relating to the death of her previous partner and ongoing social work involvement with her children.

I would be grateful if these points could be borne in mind during Sharon's presence at court as she may genuinely find it more stressful and difficult than the average person.

Yours sincerely

Dr Derek J Wooff

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FAIRBAIRNS

Criminal Defence Lawyers
2 Young Street Lane South
EDINBURGH EH2 4JF
TEL : 0131-226-5955
E MAIL : fairbairns@fsmail.net

Fax : 0131-220-3155

DATE 07 July 2005
OUR REF RF/NF/3

Dr Woolfe
Waverley Medical Centre
STRANRAER

Dear Sirs

SHARON HOLMES, 2 Old Port Avenue, Stranraer
STRANRAER DISTRICT COURT
TRIAL 21ST JULY 2005 @ 10:00AM

We refer to the above and write to advise we act on behalf of the above named. We understand our client has spoken to you in relation to her concerns about attending Court. When she requested a letter with a Doctor's opinion on her condition and ability to attend Court she was advised her solicitor should write requesting this information.

We would be obliged if you could provide a short letter on soul and conscience outlining our client's condition and possible difficulties, if any, she may have in sitting through a Trial.

We have advised Ms Holmes that we are not in a position to meet any fee your practice may consider charging. In the circumstance, given the brief information needed there may be no necessity for a fee, in any event.

We look forward to your urgent comments as the Trial is on 21ST July 2005.

Yours faithfully,

Fairbairns

PARTNER Robert Fairbairn LLB NP
24 Hour Emergency Helpline : 07774 180 554

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DJW/lm
2005

12 May

Procurator Fiscal
Lewis Street
STRANRAER

Dear Procurator Fiscal

Re: Sharon Holmes dob 18/09/73
2 Old Port Avenue Stranraer DG9 8BQ

This lady has asked me to write a letter in support of her regarding a court appearance due within the next week for a breach of peace.

Sharon is very well known to me and has a current problem with agoraphobia, panic attacks, social difficulties where her children have been in care and a currently successful battle against alcohol addiction. Understandably she finds the prospect of being in court stressing but more worryingly that she may have to wait around all day before her case is heard with the result in increase in tension and panic this often entails.

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6th April 2005

Confidential Patient Information

Dr Wooff
Waverley Medical Centre
Dalrymple Street
Stranraer

Dear Dr Wooff

RE: SHARON HOLMES D.O.B: 18/09/1973
2 OLD PORT AVENUE, STRANRAER

The above lady was re-referred to The Community Mental Health Team on the 7th February 2005.

The Team agreed I should offer Sharon sessions of anxiety management at home. I offered Sharon appointments on the 10th and 15th March 2005. However, on these dates Sharon left messages at Cromarty canceling the appointments. I suggested she contact Cromarty and arrange a suitable time which would be appropriate for her.

I have had no further contact from Sharon since. Given her history of not attending appointments, I have now discharged her from the caseload.

However please do not hesitate to re-refer in the future.

Yours sincerely

A handwritten signature in black ink that reads 'Bill Johnston'.

BILL JOHNSTON
COMMUNITY PSYCHIATRIC NURSE

C.c Mic Gowing, Child care Services, George Street, Stranraer

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originally from your area and is keen to move back in order to have a fresh start and be able to access more easily the support of her family.

I feel that this would be of great benefit to Sharon's mental physical health and would be grateful if you could give it your full consideration.

Yours sincerely

Dr Derek J Wooff

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DJW/lm
2005

04 March

To Whom It May Concern:
Re: Sharon Holmes dob 18/09/73
2 Old Port Avenue
STRANRAER DG9 7BQ

Dear Sir or Madam:

Re: Housing

I have known Sharon for a long time and she has a number of complex issues. Over the past couple of years she has had a problem with alcohol which she is now addressing much more successfully. Sadly this has led to problems with caring for her children who are currently in social work supervision. She has also developed panic attacks, which makes it difficult for her to get out of the house. Life has become further complicated by the sudden death of her boyfriend a few months.

Sharon seems to be making a determined effort to come to terms and overcome many of these problems but is feeling extremely isolated in our local community. She is

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00160940

Passport Note Created during Passport to Docman Conversion
Created: 06/04/2005

Added: 01/03/2005 12:18:00
By: Dr Derek Wooff

wants letter to support moving to glasgow.

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I am writing to explain some of her medical background and ask if these problems could be borne in mind in order to facilitate her appearance in court.

Yours faithfully

Dr Derek J Wooff
MB ChB DCH MRCP DRCOG

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00160941

Passport Note Created during Passport to Docman Conversion
Created: 06/04/2005

Added: 17/03/2005 11:44:00
By: Dr John McTagga

Tel request for diazepam/inderal. Not left. TCTS

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00160942

Passport Note Created during Passport to Docman Conversion
Created: 06/04/2005

Added: 22/03/2005 17:37:00
By: Dr Derek wooff

Tel-sounds calmer,not drinking.Rx-reduce diazepam.-8 for a month.

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Dr Nashat Kirbaa Dr.med.univ.
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DJW/lm

07 February 2005

Community Mental Health Team
Cromarty
Sun Street
STRANRAER

Dear Team

Re: Sharon Holmes dob 18/09/73
2 Old Port Avenue Stranraer DG9 7BQ

This lady was referred to you in the middle of last year because of her anxiety, panic attacks and agoraphobia. I note from a letter in September she did not attend your appointment which perhaps isn't surprising given the above diagnosis!

Sadly Sharon's life has become more complex in that her boyfriend died suddenly and unexpectedly before Christmas and currently her two children are in care. She continues to find herself extremely stressed, panicky and agoraphobic which she feels can only be resolved by Diazepam which I am resisting to the best of my ability.

She has been treated by Clomipramine, which she stopped, as she didn't think it was beneficial, Half Inderal LA which I have restarted and Buspirone which again she has not much faith in.

In view of her quite significant problems, I wonder if it would be possible to consider assessing her and it may require domiciliary contact initially in view of her problems. Thank you for your help.

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15 February 2005

Ms Sharon Holmes
2 Old Port Avenue
Stranraer
DG9 7BQ

CHI No: 1809735386

Dear Ms Holmes

Dr Wooff has asked me to see you to discuss your recent difficulties. I would like to meet with you on:

Date 21 February 2005 **Time** 2.00 pm **Place** your home

This appointment will last approximately 45 minutes and I may have a colleague with me. If you wish to be accompanied by a friend or relative please do so.

If this appointment is not convenient I would be grateful if you could call me on the above number to make alternative arrangements.

Yours sincerely,

A handwritten signature in dark ink, appearing to read 'Eddie McMahon'.

Eddie McMahon
Community Mental Health Team

cc Dr D J Wooff

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00160939

Passport Note Created during Passport to Docman Conversion
Created: 06/04/2005

Added: 02/02/2005 13:08:00
By: Dr Derek Wooff

Has stopped clomipramine. Still feeling panicky. Agreed to have Diazepam (10) to last all month.

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00160938

Passport Note Created during Passport to Docman Conversion
Created: 06/04/2005

Added: 22/12/2004 10:25:00
By: Dr Derek wooff

Kids now in care--wants Diazepam.Refused.Increase clomipramine to 30mg

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00160937

Passport Note Created during Passport to Docman Conversion
Created: 06/04/2005

Added: 09/12/2004 14:55:00
By: Dr Derek Wooff

Dizzy,sick,achy,tired....sound like panic aattacks.O/E sinus,well,120/80.
Px graduated walking,clomipramine 10 mg for 1 week then 20mg.Buspar prn for
crisis.Reduce smioking/coffee-eat better.Sober.will phone me 2 weeks re
progress.

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00160936

Passport Note Created during Passport to Docman Conversion
Created: 06/04/2005

Added: 02/12/2004 09:38:00
By: Janet Johnston

DNA WWC

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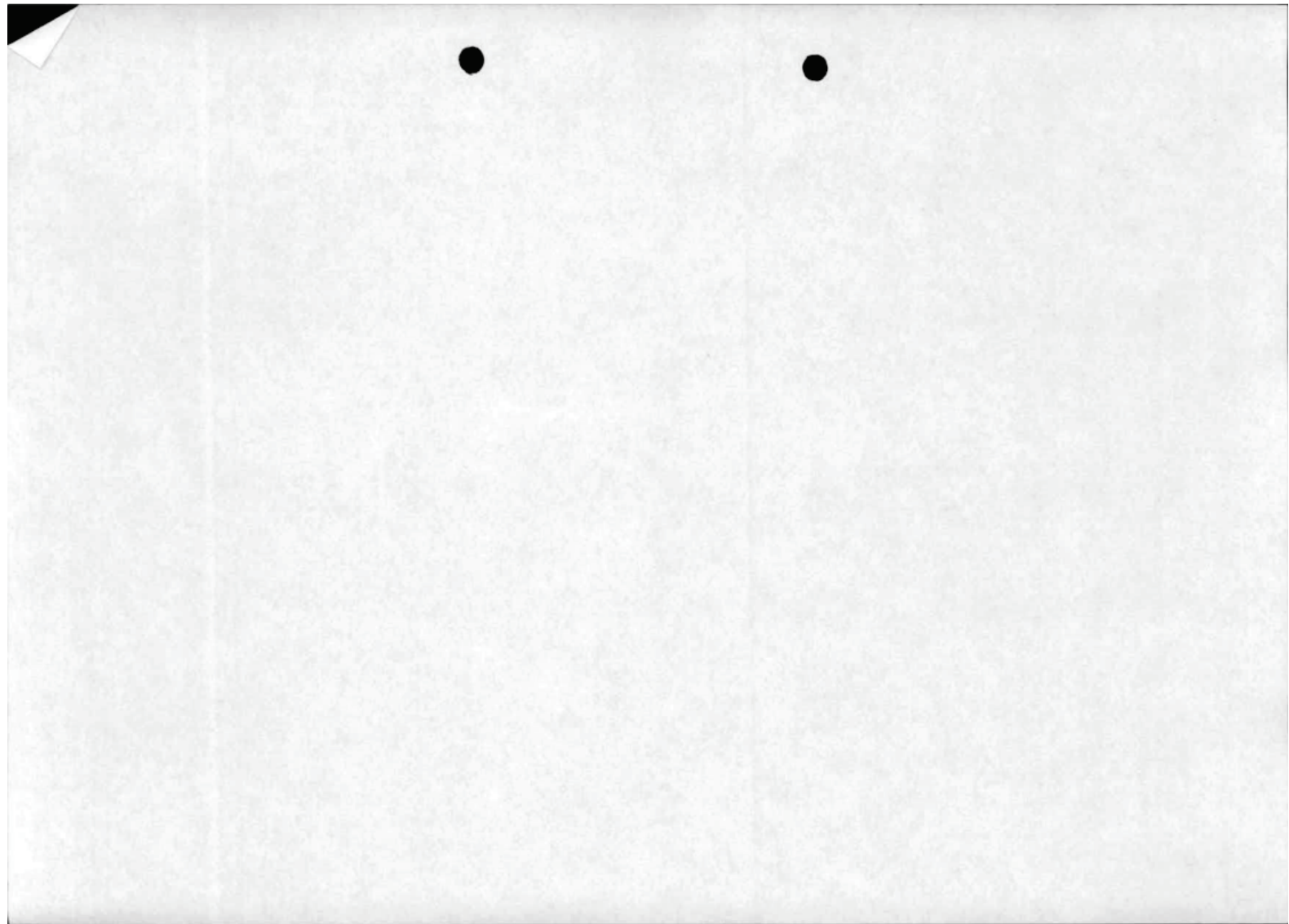
00160935

Passport Note Created during Passport to Docman Conversion
Created: 06/04/2005

Added: 23/11/2004 17:08:00
By: Dr Jane Gall

tel going to glasgow on thurs sounds ok
agree some diazepam last supply and given appt for review by DW

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Kind regards.

Yours sincerely

Dr Derek J Wooff

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Garrick Hospital, Stranraer - Accident & Emergency Department

CRN 180973K Episode No 3 Ref. from 999
 Attendance Date 16 November 2004 21:58 Accident Type N/A
 Name Miss Sharon Holmes EMC Patient
 Address 2 Old Port Avenue Stranraer DG9 7BQ Tel. No. 01776 702099
 GP Young NoK Tel.
 Next of Kin *SCAW*

Nursing Notes 999 call. Go upper sternal Pain Relief given by Nurse Pain Score
 patient. Very distressed O/A. Recent bereavement.
 Has had considerable alcohol. Nurse's Signature

Persistent chest pains since 10/11/04. No exacerbating
 or relieving factors. Has been drinking "
 Profound deal of ~~WAT~~ 1/52 ago

Temp 37' Pulse 136 BP 153/96 RR RR SpO2 98% *at am*

Tetanus Immunization Up to date Tetanus Toxoid Tetanus Immunoglobulin

Examination Smells of alcohol. P 120/min, reg. RS normal
 Chest - clear *IV* Tenderness
 also soft. 6 CKKs/waxels
 BS present

*0775102
5636*

Diagnosis Emotional distress / Bereavement

Treatment Has diazepam from own
 GP - Hasn't taken any today

Review in	days A&E	JWB/Clin
Home	Health Centre	As needed
Admitted	Surg Med	Transfer Died

JNWR JWB AGB DB PC CMD PF IDG
 JG EL JL JMcT FMcD NTM IR SR RJS
 RJW DJW DAV MARY GP Eng htrayed
 Ms Khan AS

Doctor's Signature *Ah Anby*

Nurse's Signature *PiO*

Kalera

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00160934

Passport Note Created during Passport to Docman Conversion
Created: 06/04/2005

Added: 19/11/2004 16:21:00
By: Dr Derek Wooff

Sounds sober,rational.Agreed 15 diazepam to last 1 wk and she will contact me in
1 wk re a few more as last prescription.

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00160932

Passport Note Created during Passport to Docman Conversion
Created: 06/04/2005

Added: 16/11/2004 17:18:00
By: Dr Derek Wooff

Tel-Mick in SWD and Moira Fraser-very drunk,not fit to look after child-being taken to a relative.Denies suicidal intent but obviously vulnerable.Referred Council on Alcoholism.

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00160933

Passport Note Created during Passport to Docman Conversion
Created: 06/04/2005

Added: 17/11/2004 16:21:00
By: Dr Derek Wooff

TE1-sounds drunk although denies it-hung up to walk the dog.

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Called 999 AGAIN 8 00 11.20pm.

Seen 11.50

Very unhappy - understandable
Unsteady on feet & smells of alcohol, though denies drinking.
Says was given 30 Diagonon tablets by Dr Swift yesterday.
Following a visit to her home, but has thrown them away.

I've tried to get a diagnosis sorted, but very hard work

Comes from Glasgow

Lived in S'war 9 yr

Runs - or ran - a market stall

Lived with boyfriend until he died

Has NO friends or family here

but wants to continue to live here.

otherwise appear to have no plans.

Asked several times for more diagnosis.

It I have given 8 x 5mg tabs Diagonon

I have insisted she see Dr Wolff given tomorrow

and if she does not do so I think she will

need chasing up.

She appears to be in a state of despair with no

workable strategy or coping or no support at all.

Can support be provided?

In the end she just went home.

* Follow up by GP tomorrow - thanks. *



12.10 AM 17th

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