

Clinical Notes

Patient & GP Information

UHPI Number	700617141K
CHI Number	2606679792
Episode Number	I0003287788
Surname/Forename	Mein, Craig
Date of Birth	26/06/1967
Sex	Male
Patient Address.	142 WOODSTOCK AVENUE Galashiels TD1 2EG
Registered GP	G Montgomerie
GP Address.	Waverley Medical Practice,The Health Centre,Currie Road,Galashiels TD1 2UA

Report Contents

The report bundle provides information on the following:

* IP/OP Clinical Notes

Surname/Forename	Mein, Craig	Episode Number	I0003287788
UHPI Number	700617141K		

Inpatient/Outpatient Clinical Notes

Note Details	Clinical Notes
Inpatient Discharge Summary Episode/Ref: I0003287788 Mr Andreas K Demetriades 11/10/2013 11:07 Nicholas Haslam	PRINCIPAL DIAGNOSIS/PROCEDURE,,This 46 year old gentleman was admitted for elective right L4/5 microdiscectomy. This was following a chronic history of lower back pain and a more recent history of right leg pain radiating to his big toe and lateral aspect of lower leg. There was no associated bowel or bladder dysfunction and no leg weakness reported. ,,On examination distal right leg power was reduced with ankle dorsiflexion and EHL scoring 3/5 on the MRC scale. There was also altered sensation in the right leg in a L5 distribution. ,,An MRI, however, demonstrated L4/5 disc herniation and compression of the right L5 nerve root.,,A right L4/5 microdiscectomy was performed on 10/10/13., ,TREATMENT, Right L4/5 microdiscectomy,,FUTURE INVESTIGATIONS AND FOLLOW-UP BEING ARRANGED BY HOSPITAL,Follow up clinic with Mr Demetriades, ,CHANGES TO DRUGS SINCE ADMISSION,Analgesia - codeine, tramadol ,PREVIOUS ADVERSE DRUG REACTIONS, NKDA,SIGNIFICANT CHANGES MADE TO CARE ARRANGEMENTS, ,GP to please consider the following...reducing analgesia as tolerated, ,Should you need further information please contact...Mr Demetriades Consultlant Neurosurgeon WGH, ,Information contained in this letter has been discussed with the patient/carer.,,Yours sincerely....., ,Staff Signature..... PrintName.....,Designation..... Date..... Time.....,Patient/Carer Signature.....,This is an immediate discharge letter and a further letter may follow.

Surname/Forename	Mein, Craig	Episode Number	I0003287788
UHPI Number	700617141K		

Note Details	Clinical Notes
Inpatient Discharge Summary Episode/Ref: I0003287788 Mr Andreas K Demetriades 02/12/2013 08:38 Jackie Alvin	DATE OF ADMISSION: 10/10/13,DATE OF DISCHARGE: 11/10/13,DIAGNOSIS: Right sided sciatica,PROCEDURE: Right L4/5 lumbar microdiscectomy and foraminotomy on 10/10/13,FOLLOW UP: Outpatient Clinic - routine,,Following our previous correspondence Mr Mein was admitted for his elective lumbar spine surgery and the above mentioned procedure was performed on 10th October 2013. He recovered well from the surgery and no perioperative complications were documented. He was reviewed by our ward physiotherapist on 11th October 2013 and discharged home later the same day.,,He will benefit from outpatient physiotherapy arranged through yourselves. We will review him in our outpatient clinic in due course.,,Yours sincerely,,,Mr H Shekhar,Specialty Doctor in Neurosurgery,Date of dictation: 15/11/13,,Secretary: Jackie Alvin Tel: 0131 537 2110 Fax: 0131 537 1134,,

Clinic Letters

Neurosurgery

Dr Montgomerie
Waverley Medical Practice
The Health Centre
Currie Road
Galashiels
TD1 2UA

Date First Created: 29/08/2013
Date/Time Printed: 11/05/2026 14:58
Our Ref: 700617141K
CHI: 2606679792

Patient:	Craig Mein 142 WOODSTOCK AVENUE Selkirkshire Galashiels TD1 2EG	UHPI:	700617141K
		Date of Birth:	26/06/1967
Specialty:	Neurosurgery	Consultant:	Mr Andreas K Demetriades

DIAGNOSIS: Right L5 radiculopathy

Thank you for referring this 46 year old gentleman who has been having back pain since the age of 16. He describes pain in his waist that radiates down the outside aspect of his right leg from the buttock all the way down to the foot. This is accompanied by pins and needles and numbness and his walking distance is no more than 100 metres. He has tried several medications including Tramadol and Dihydrocodeine, some of which have been intolerable.

Today he had on examination an antalgic gait with a short stance phase on the right. He had weakness in his right ankle dorsi flexion and extensor hallucis longus. He was unable to stand on his heels without support. An MRI from October 2012 and nearly a year old shows L4/5 stenosis with posterolateral disc bulge on the right compressing the right L5 nerve root.

I have offered the patient the option of surgical versus non surgical treatment and he is keen to go down the surgical route. He understands that if there is a need for a further MRI this will have to be done before treatment. We have it within a year of the date of surgery and we will see him in the preadmission clinic.

Kind regards
Yours sincerely

Mr A K Demetriades
Consultant Neurosurgeon
Date of dictation: 26/08/13

Secretary: Jackie Alvin Tel: 0131 537 2110 Fax: 0131 537 1134

Neurosurgery

Dr Montgomerie
Waverley Medical Practice
The Health Centre
Currie Road
Galashiels
TD1 2UA

Date First Created: 08/04/2014
Date/Time Printed: 11/05/2026 14:58
Our Ref: 700617141K
CHI: 2606679792

Patient:	Craig Mein 142 WOODSTOCK AVENUE Selkirkshire Galashiels TD1 2EG	UHPI:	700617141K
		Date of Birth:	26/06/1967
Specialty:	Neurosurgery	Consultant:	Mr Andreas K Demetriades

I reviewed this gentleman today in clinic on behalf of Mr Demetriades. He is now six months following his surgery which was a right L4/5 lumbar microdiscectomy and foramenotomy. This was performed for his right L5 radiculopathy which has changed somewhat in character. Postoperatively his leg pain now goes down to behind the knee but doesn't go all the way down to the tip of his toe, which it did preoperatively. Another one of his more pertinent symptoms at the moment is that of low back pain heading in to the right side of his hip and buttock on that side. He has continued altered sensation over the dorsal aspect of his right foot fitting with his L5 dermatome. As he is aware the symptoms of pain we are good at helping but the symptoms of numbness and tingling, if they are going to improve, can take a bit more time. He has no problems with bowel or bladder.

I think things are not straight forward in this particular case. He has not had any postop imaging at this point. His preop imaging certainly fits with a right sided L4/5 lumbar disc prolapse and perhaps a small medial sequestered fragment. I will discuss the case with Mr Demetriades on his return and we will organise if appropriate further follow up MRI imaging and take things from there.

Yours sincerely

Mark White
SpR to Mr Demetriades
Date of dictation: 31/03/14

Secretary: Jackie Alvin Tel: 0131 537 2110 Fax: 0131 537 1134

Neurosurgery

Dr Montgomerie
Waverley Medical Practice
The Health Centre
Currie Road
Galashiels
TD1 2UA

Date First Created: 06/11/2014
Date/Time Printed: 11/05/2026 14:58
Our Ref: 700617141K
CHI: 2606679792

Patient:	Craig Mein 142 WOODSTOCK AVENUE Selkirkshire Galashiels TD1 2EG	UHPI:	700617141K
		Date of Birth:	26/06/1967
Specialty:	Neurosurgery	Consultant:	Mr Andreas K Demetriades

DIAGNOSES:

1. Right L4/5 microdiscectomy and foraminotomy 10/10/13
2. Recurrent right L5 radiculopathy

I had the opportunity to meet with Mr Mein in the outpatient clinic today. The previous operation that was performed in October did not have any lasting effect. He still complains of right L5 radiculopathy. He is on a variety of medications including Tramadol and Pregabalin.

The last MRI from 13th June 2014 makes note of an abnormality at L5/S1. I believe those findings relate to what I would call L4/5 rather than L5/S1 due to a segmentation anomaly. In any case there is still persistent lateral recess stenosis and compromise of the right L5 nerve root.

We discussed the options of re-operating versus something less invasive such as nerve root block and we are proceeding with the latter. The advantage of that is that it can be a diagnostic investigation whereby it will confirm whether this is indeed the pain generator on the one hand, whereas on the other it may well become therapeutic. We will bring him through as a daycase for that and keep you posted with his progress.

Kind regards
Yours sincerely

A Demetriades, M.Phil., FRCS (Neuro.Surg)
Consultant Neurosurgeon
Date of dictation: 03/11/14

Secretary: Jackie Alvin Tel: 0131 537 2110 Fax: 0131 537 1134

Neurosurgery

Dr Montgomerie
Waverley Medical Practice
The Health Centre
Currie Road
Galashiels
TD1 2UA

Date First Created: 06/11/2014
Date/Time Printed: 11/05/2026 14:58
Our Ref: 700617141K
CHI: 2606679792

Neurosurgery

Dr Montgomerie
Waverley Medical Practice
The Health Centre
Currie Road
Galashiels
TD1 2UA

Date First Created: 05/02/2015
Date/Time Printed: 11/05/2026 14:58
Our Ref: 700617141K
CHI: 2606679792

Patient:	Craig Mein 142 WOODSTOCK AVENUE Selkirkshire Galashiels TD1 2EG	UHPI:	700617141K
		Date of Birth:	26/06/1967
Specialty:	Neurosurgery	Consultant:	Mr Andreas K Demetriades

Miscellaneous letter 31/01/15

This is a short letter to let you know that Mr Mein was expected for a planned daycase procedure (right L5 nerve root block). Unfortunately he did not attend today without any notice. We were unable to get in touch with him over the phone and we would be grateful if you could check if things are okay. We will wait to hear from you before planning anything further.

Kind regards
Yours sincerely

A Demetriades, M.Phil., FRCS (Neuro.Surg)
Consultant Neurosurgeon
Date of dictation: 31/01/15

Neurosurgery

Dr Montgomerie
Waverley Medical Practice
The Health Centre
Currie Road
Galashiels
TD1 2UA

Date First Created: 28/09/2015
Date/Time Printed: 11/05/2026 14:58
Our Ref: 700617141K
CHI: 2606679792

Patient:	Craig Mein 142 WOODSTOCK AVENUE Selkirkshire Galashiels TD1 2EG	UHPI:	700617141K
		Date of Birth:	26/06/1967
Specialty:	Neurosurgery	Consultant:	Mr Andreas K Demetriades

Clinic appointment - 14.09.15

This patient had an appointment in the outpatient clinic today at 11 am but only called to cancel less than two hours previously. This is the second time this has happened and I am discharging him back to your care.

Kind regards

Yours sincerely

Mr A Demetriades
Consultant Neurosurgeon
Date of Dictation: 14.09.15

Secretary: Jackie Alvin - Telephone 0131-537-2110
Typed by: Matt Donnachie - 28.09.15

Neurosurgery

Dr Montgomerie
Waverley Medical Practice
The Health Centre
Currie Road
Galashiels
TD1 2UA

Date First Created: 14/01/2016
Date/Time Printed: 11/05/2026 14:58
Our Ref: 700617141K
CHI: 2606679792

Patient:	Craig Mein 142 WOODSTOCK AVENUE Selkirkshire Galashiels TD1 2EG	UHPI:	700617141K
		Date of Birth:	26/06/1967
Specialty:	Neurosurgery	Consultant:	Mr Andreas K Demetriades

DIAGNOSES:

1. Right L4/5 microdiscectomy and foraminotomy - 10/10/13
2. Recurrent right sided L5 radiculopathy with reduced pain than preop but persistent

I had the pleasure of meeting Mr Mein in my outpatient clinic today. As you know, he had right L4/5 microdiscectomy and foraminotomy in October 2013 after which he had good relief of his right leg symptoms for approximately a couple of months. Since then he has developed a slowly progressive but persistent pain, again in the right leg of slightly different distribution. The pain itself is sharp and seems to affect his right calf and occasionally the right lateral thigh.

He was scheduled for a right L5 nerve root block in October 2015 but he did not attend for several reasons.

Today he tells me that the symptoms have not gone away.

Neurologically he is intact but he does have discomfort and reduced range of movement on right hip external rotation which may suggest some osteoarthritis.

We have agreed on the following plan.

Plan:

1. We are performing x-rays of his right hip on his way out today and he will receive the results through the post.
2. I will refer him for an image guided right L5 nerve root block via radiology.
3. We will await the results.
4. He did not tolerate Pregabalin but I wonder if you could try another neuropathic pain medication. I have advised him to attend to request this in person.

Yours sincerely

Neurosurgery

Dr Montgomerie
Waverley Medical Practice
The Health Centre
Currie Road
Galashiels
TD1 2UA

Date First Created: 14/01/2016
Date/Time Printed: 11/05/2026 14:58
Our Ref: 700617141K
CHI: 2606679792

Mr A Demetriades
Consultant Neurosurgeon
Date of dictation: 21/12/15

Secretary: Jackie Alvin Tel. 0131 537 2110

Radiology Reports

1/

WESTERN GENERAL HOSPITAL

Radiology Report

Patient Name:	Mein Craig W	Report Date:	04-Oct-2013 16:33
Patient ID:	2606679792	Accession No.:	S110003174686
Patient Birth Date:	26-Jun-1967	Report Status:	F
Referring Physician:	Dr Fungai Dengu	Reason For Study:	

Clinical details

Going to theatre 10/10/13, imaging more than 1 year old, will be having a microdiscectomy at L5. Consultant has requested recent imaging
MRI Spine Lumbar/Sacral
Non-contrast study. Comparison with previous MRI dated 20/09/2012.

At L4/5 broad based disc protrusion which causes bilateral foraminal and lateral recess stenosis worse on the right. No canal stenosis. The right L5 nerve root is compressed in the lateral recess as it traverses this level. The left L5 nerve root is in contact with this disc without evidence of frank compression. The L4 roots are not compressed. These changes have progressed since previous imaging. There remains inflammatory-type endplate change in the adjacent vertebrae. No other levels of degenerative disc disease.

The cord terminates at T12/L1. Normal cord signal throughout. Normal para-spinal soft tissues and viscera.

Very minor retrolisthesis of L4 on L5, otherwise normal alignment.

Opinion:

Progression since previous. L4/5 disc protrusion with right L5 compression in the lateral recess.

Reported by Dr A Walker

Verified by Dr D Summers

Reported by :

2nd Report by :

Verified by : *Dr Andrew E Walker*

Produced by Carestream Health PACS

Western General Hospital

Radiology Report

Patient Name:	Mein Craig W	Report Date:	21-Dec-2015 14:32
Patient ID:	2606679792	Accession No.:	S110005344491
Patient Birth Date:	26-Jun-1967	Report Status:	F
Referring Physician:	AKD Mr Andreas K Demetriades	Reason For Study:	

Clinical details

XR Hip Rt

despite an L4/5 microdiscectomy on the right, there is less but different leg pain, with reduced ROM of the Right hip. AP+LAT PLEASE ?OA

Report

Minimal degenerative change of both hips. SI joints and remainder of pelvis is normal.

Reported by Dr Domenyk Brown

Reported by :

2nd Report by :

Verified by : *Dr Domenyk Brown*

Produced by Carestream Health PACS

Western General Hospital

Radiology Report

Patient Name:	Mein Craig W	Report Date:	18-Feb-2016 13:46
Patient ID:	2606679792	Accession No.:	S110005344653
Patient Birth Date:	26-Jun-1967	Report Status:	F
Referring Physician:	AKD Mr Andreas K Demetriades	Reason For Study:	

Clinical details

Right L4/5 microdiscectomy 2013. Recurrent pain of lesser and slightly different distribution but still L5. Note segmentation anomaly. Can we please do a diagnostic right L5 nerve root block?

CT Guided nerve root injection lumbar

Informed consent:

- Intended injection of right L5 nerve root confirmed following comparison with corresponding imaging.
- Benefits (symptomatic relief, diagnosis)
- Risks (infection, bleeding, allergic reaction, transient/permanent numbness/weakness, no symptomatic relief)
- Advised not to drive/operate machinery for 12h.
- The patient had no outstanding concerns/questions.

Procedure:

- Aseptic technique.
- Local anaesthetic (3 ml 1% lidocaine to skin)
- CT guided injection (2.5mg Levobupivacaine; 40mg Kenalog) adjacent to the right L5 nerve root.
- No immediate complication

Reported by Dr A Kirby - Radiology Registrar
 Verified by Dr J Downer - Radiology Consultant
 DCN Radiology (Duty): 32023

Reported by :

2nd Report by :

Verified by : *Dr Andrew J Kirby*

Produced by Carestream Health PACS

Referrals

NHS Lothian - Referral Letter

Referral To	Western General Hospital Neurosurgery L Basic SIGN Referral
Urgency of referral	Routine
Date of referral	05/08/2014
Date submitted	05/08/2014
UCPN	101007670132R

<u>PATIENT DETAILS</u>		Contact Details	
CHI number:	2606679792	142 Woodstock Avenue	Voice (Home) : 07790158249
Name:	Mr Craig Mein	GALASHIELS	
Date of birth:	26/06/1967	Borders	
Sex:	Male	TD1 2EG	

<u>REFERRING PRACTITIONER DETAILS</u>		Practice address
Name:	Dr. Alistair Wright (GMC: 2552949)	10 Roxburgh Street
Practice:	Roxburgh Street Surgery (16013)	Galashiels
Phone:	Voice : 01896 752557	TD1 1PF

CLINICAL INFORMATION

Reason for Referral: L5/S1 scar material, recurrent or residual disc bulge or possibly a small synovial cyst

Main Referral Text: I would be most grateful if you could see this gentleman who had a right L4/L5 microdiscectomy in October 2013. He has had very little improvement and has pain radiating down his right thigh. He had an MRI scan at the Borders General Hospital which has shown scar material, recurrent or residual disc bulge and possibly a small synovial cyst at L4/S1. These appear to be in contact with the right L5 root which appears partially compressed. In view of these findings I would be most grateful if you could see him for review. Many thanks for your help.
Kind regards

Pre-existing conditions (High & Medium Priority)

<u>Description</u>	<u>Modifier</u>	<u>Extension</u>	<u>Start Date</u>	<u>Date Recorded</u>
Low back pain			27/05/2005	27/05/2005
Chronic low back pain			01/10/2000	01/10/2000
[X]Deliberate drug overdose / other poisoning			18/04/1998	18/04/1998
Low back pain			01/03/1994	01/03/1994
Low back pain			21/03/1990	21/03/1990
Low back pain			28/04/1988	28/04/1988
[X]Deliberate drug overdose / other poisoning			23/08/1987	23/08/1987
Low back pain			03/10/1985	03/10/1985
[X]Deliberate drug overdose / other poisoning			27/08/1985	27/08/1985
Theft		placed on at risk register due to recurrent theft and house breaking	06/02/1980	06/02/1980
Anxiety states			13/10/1978	13/10/1978

Past procedures (High and Medium Priority)

<u>Procedure</u>	<u>Comment</u>	<u>Modifier</u>	<u>Date Performed</u>	<u>Date Recorded</u>
Primary lumbar microdiscectomy	right L4/5		10/10/2013	10/10/2013
DEXA - Dual energy X-ray photon absorptiometry			28/04/2010	28/04/2010
Social care	in social work care		12/08/1980	12/08/1980
Initial psych. assessment			13/10/1978	13/10/1978

Current medication (Active Repeat medication issued within the last 12 months)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Pregabalin Capsules 75 mg	56 CAPSULE	ONE TO BE TAKEN TWICE A DAY		08/11/2013		17/07/2014
Tramadol Hydrochloride Capsules 50 mg	100 CAPSULE	1 or 2 Caps 4 Times daily		08/11/2013		17/07/2014
Folic Acid Tablets 5 mg	28 TABLET	ONE TO BE TAKEN EACH MORNING		08/11/2013		17/07/2014

Recent medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Sertraline Hydrochloride Tablets 50 mg	7 tablet	ONE TO BE TAKEN EACH DAY		29/07/2014	7 Days	29/07/2014
Citalopram Hydrobromide Tablets 10 mg	28 TABLET	ONE TO BE TAKEN EACH MORNING		29/07/2014	28 Days	29/07/2014
Imipramine Hydrochloride Tablets 10 mg	56 tablet	1-2 QDS PRN FOR PAIN		17/07/2014	42 Days	17/07/2014
Naproxen Tablets 500 mg	56 TABLET	ONE TO BE TAKEN TWICE A DAY		17/07/2014	42 Days	17/07/2014
Sertraline Hydrochloride Tablets 100 mg	28 TABLET	ONE TO BE TAKEN EACH DAY		17/07/2014	42 Days	17/07/2014
Amoxicillin Capsules 500 mg	21 CAPSULE	ONE TO BE TAKEN THREE TIMES A DAY		19/06/2014	7 Days	19/06/2014
Imipramine Hydrochloride Tablets 10 mg	56 tablet	1-2 QDS PRN FOR PAIN		29/05/2014	42 Days	18/06/2014
Sertraline Hydrochloride Tablets 100 mg	28 TABLET	ONE TO BE TAKEN EACH DAY		29/05/2014	42 Days	18/06/2014
Naproxen Tablets 500 mg	56 TABLET	ONE TO BE TAKEN TWICE A DAY		29/05/2014	42 Days	18/06/2014
Omeprazole Capsules (Gastro-Resistant) 20 mg	28 CAPSULE	ONE TO BE TAKEN EACH DAY		29/05/2014	42 Days	29/05/2014

Additional information

Smoking history (Encounters):Thinking about stopping smoking Date recorded:19-Jun-2014

Alcohol history (Encounters):Alcohol consumption, 0 units/week Date recorded:25-Jul-2012

Exercise history (Encounters):Aerobic exercise 3+ times/week Date recorded:25-Jul-2012

Patient Weight in Kilograms:62.1

Patient Height in Metres:175

NHS Lothian - Referral Letter

Referral To	Western General Hospital Neurosurgery L Basic SIGN Referral
Urgency of referral	Routine
Date of referral	20/07/2015
Date submitted	20/07/2015
UCPN	101009630167I

<u>PATIENT DETAILS</u>		Contact Details
CHI number:	2606679792	142 Woodstock Avenue Voice (Home) : 07971099027
Name:	Mr Craig Mein	GALASHIELS
Date of birth:	26/06/1967	Borders
Sex:	Male	TD1 2EG

<u>REFERRING PRACTITIONER DETAILS</u>	Practice address
Name: Dr. James Frost (GMC: 3476354)	10 Roxburgh Street
Practice: Roxburgh Street Surgery (16013)	Galashiels
Phone: Voice : 01896 752557	TD1 1PF

CLINICAL INFORMATION

Reason for Referral: INJECTION

Main Referral Text: Dear Mr Demetriades,
Craig has asked if he could be re-scheduled for an injection as per your letter of February of this year. He apologises for missing that appointment but he was given too short a notice at the time for getting in which he found quite difficult. Many thanks for your consideration.

Pre-existing conditions (High & Medium Priority)

<u>Description</u>	<u>Modifier</u>	<u>Extension</u>	<u>Start Date</u>	<u>Date Recorded</u>
Low back pain			27/05/2005	27/05/2005
Chronic low back pain			01/10/2000	01/10/2000
[X]Deliberate drug overdose / other poisoning			18/04/1998	18/04/1998
Low back pain			01/03/1994	01/03/1994
Low back pain			21/03/1990	21/03/1990
Low back pain			28/04/1988	28/04/1988
[X]Deliberate drug overdose / other poisoning			23/08/1987	23/08/1987
Low back pain			03/10/1985	03/10/1985
[X]Deliberate drug overdose / other poisoning			27/08/1985	27/08/1985
Theft		placed on at risk register due to recurrent theft and house breaking	06/02/1980	06/02/1980
Anxiety states			13/10/1978	13/10/1978

Past procedures (High and Medium Priority)

<u>Procedure</u>	<u>Comment</u>	<u>Modifier</u>	<u>Date Performed</u>	<u>Date Recorded</u>
Primary lumbar microdiscectomy	right L4/5		10/10/2013	10/10/2013
DEXA - Dual energy X-ray photon absorptiometry			28/04/2010	28/04/2010
Social care	in social work care		12/08/1980	12/08/1980
Initial psych. assessment			13/10/1978	13/10/1978

Current medication (Active Repeat medication issued within the last 12 months)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Dihydrocodeine Tablets 30 mg	224 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY		13/03/2015		24/06/2015
Quetiapine Fumarate Tablets 25 mg	60 TABLET	ONE TO BE TAKEN TWICE A DAY		19/02/2015		03/07/2015
Imipramine Hydrochloride Tablets 10 mg	56 tablet	1-2 QDS PRN FOR PAIN		01/10/2014		03/07/2015
Citalopram Hydrobromide Tablets 20 mg	28 TABLET	ONE TO BE TAKEN EACH MORNING		10/09/2014		24/06/2015
Folic Acid Tablets 5 mg	28 TABLET	ONE TO BE TAKEN EACH MORNING		08/11/2013		29/05/2015

Recent medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Diazepam Tablets 5 mg	6 tablet	1 TDS PRN FOR 2 DAYS		20/07/2015	2 Days	20/07/2015
Diazepam Tablets 5 mg	28 tablet	ONE TO BE TAKEN TWICE A DAY		08/01/2015	218 Days	03/07/2015

Additional information

Smoking history (Encounters):Thinking about stopping smoking Date recorded:19-Jun-2014

Alcohol history (Encounters):Alcohol consumption, 0 units/week Date recorded:25-Jul-2012

Exercise history (Encounters):Aerobic exercise 3+ times/week Date recorded:25-Jul-2012

Patient Weight in Kilograms:64.3

Patient Height in Metres:175

NHS Lothian - Referral Letter

Referral To	Western General Hospital Neurosurgery L Basic SIGN Referral
Urgency of referral	Routine
Date of referral	05/10/2012
Date submitted	05/10/2012
UCPN	101004296007M

<u>PATIENT DETAILS</u>		Contact Details	
CHI number:	2606679792	142 Woodstock Avenue	Voice (Home) : 07590579259
Name:	Mr Craig Mein	GALASHIELS	
Date of birth:	26/06/1967	Borders	
Sex:	Male	TD1 2EG	

<u>REFERRING PRACTITIONER DETAILS</u>		Practice address
Name:	Dr. Alistair Wright (GMC: 2552949)	10 Roxburgh Street
Practice:	Roxburgh Street Surgery (16013)	Galashiels
Phone:	Voice : 01896 752557	TD1 1PF

CLINICAL INFORMATION

Reason for Referral: chronic back pain, L5 nerve root irritation

Main Referral Text: I would be most grateful if you could see this 45 year old man who advises me he has had problems with his back since the age of 16. The appears to have got worse recently and in particular he is getting pain and burning down his right leg. He is having to use Dihydrocodeine on a regular basis but is never really comfortable.
I organised an MRI lumbar spine examination and enclose a copy of the report. This shows an annular tear with disc bulge at L4/L5 with contact of the L5 nerve root.
I have discussed the MRI with him and he is keen to pursue a surgical solution if this is possible.
I would be most grateful if you could see and advise whether surgery is indicated. Many thanks for your help.
Kind regards

Pre-existing conditions (High & Medium Priority)

<u>Description</u>	<u>Modifier</u>	<u>Extension</u>	<u>Start Date</u>	<u>Date Recorded</u>
Low back pain			27/05/2005	27/05/2005
Chronic low back pain			01/10/2000	01/10/2000
[X]Deliberate drug overdose / other poisoning			18/04/1998	18/04/1998
Low back pain			01/03/1994	01/03/1994
Low back pain			21/03/1990	21/03/1990
Low back pain			28/04/1988	28/04/1988
[X]Deliberate drug overdose / other poisoning			23/08/1987	23/08/1987
Low back pain			03/10/1985	03/10/1985
[X]Deliberate drug overdose / other poisoning			27/08/1985	27/08/1985
Theft		placed on at risk register due to recurrent theft and house breaking	06/02/1980	06/02/1980

Past procedures (High and Medium Priority)

<u>Procedure</u>	<u>Comment</u>	<u>Modifier</u>	<u>Date Performed</u>	<u>Date Recorded</u>
DEXA - Dual energy X-ray photon absorptiometry			28/04/2010	28/04/2010
Social care	in social work care		12/08/1980	12/08/1980
Initial psych. assessment			13/10/1978	13/10/1978

Current medication (Active Repeat medication issued within the last 12 months)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Trazodone Hydrochloride Capsules 50 mg	28 CAPSULE	ONE TO BE TAKEN AT NIGHT		05/03/2012		14/09/2012
Quetiapine Fumarate M/R tablets 50 mg	60 TABLET	ONE TO BE TAKEN TWICE A DAY		02/03/2012		14/09/2012
Adcal-D3 Chewable tablets Tutti Frutti	112 TABS	1 Tab Twice daily		27/04/2011		14/09/2012
Dihydrocodeine Tartrate Tablets 30 mg	56 TABS	1 Tab Twice daily		27/04/2011		14/09/2012
Trazodone Hydrochloride Capsules 100 mg	56 CAPS	2 Caps At night		27/04/2011		14/09/2012

Additional information

Smoking history (Encounters):Moderate smoker - 10-19 cigs/d Date recorded:25-Jul-2012

Alcohol history (Encounters):Alcohol consumption, 0 units/week Date recorded:25-Jul-2012

Exercise history (Encounters):Aerobic exercise 3 times/week Date recorded:25-Jul-2012

Patient Weight in Kilograms:63.4

Patient Height in Metres:180