



University for the Common Good
School of Health and Life Sciences



CONFIDENTIAL

FIONA DINSMORE
2 ARNUM PLACE
CARLUKE
ML8 4EE

Clydesdale
Psychological Therapies Team
40 Chapel Street,
Carluke
ML8 4BA

Tel: 01698 754415

Email:

Date: 18/06/2026

Ref:

CHI: 2811693181

Dear FIONA,

You were referred to the Clydesdale Psychological Therapies Team and we contacted you by letter to ask if you would like an appointment.

We are sorry that you have not contacted us within the given 21-day period. As we have not heard from you, we assume you are unable or no longer wish to be seen and have discharged you from our service.

Should you remain concerned about your mental health, you can discuss this with your GP.

Yours sincerely

Clydesdale Psychological Therapies Team

c.c. Dr. Lindsay - High Mill Medical Practice,
Carluke Community Health Centre,
40 Chapel Street,
Carluke,
ML8 4BA

**If you need urgent help contact your GP or NHS 24 on 111.
Call Breathing Space on 0800 83 85 87 or the Samaritans on 116 123.
Visit www.lanarkshiremindmatters.scot.nhs.uk/urgent-help for further information.**





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FIONA DINSMORE
2 ARNUM PLACE
CARLUKE
ML8 4EE

Clydesdale
Psychological Therapies Team
40 Chapel Street,
Carluke
ML8 4BA

Tel: 01698 754415

Email:

Date: 28/05/2026

Ref:

CHI: 2811693181

Dear FIONA,

You have been referred to the Clydesdale Psychological Therapies Team. We would like to meet with you to hear more about your current difficulties, and discuss what might be helpful. This may include talking about access to local community services and self-help resources, the different groups that we run throughout the year, and time limited one-to-one therapy sessions.

Please contact us within 21 days from the date of this letter to advise if you would like an appointment.

 **Telephone:** Contact the above number

 **Post:** Complete and return the enclosed opt-in sheet to the above address

We do hope to hear from you.

If we do not hear from you within 21 days, we will assume you are not looking to opt in at this time, and will discharge you from our service.

Yours sincerely

Clydesdale Psychological Therapies Team

**If you need urgent help contact your GP or NHS 24 on 111.
Call Breathing Space on 0800 83 85 87 or the Samaritans on 116 123.
Visit www.lanarkshiremindmatters.scot.nhs.uk/urgent-help for further information.**





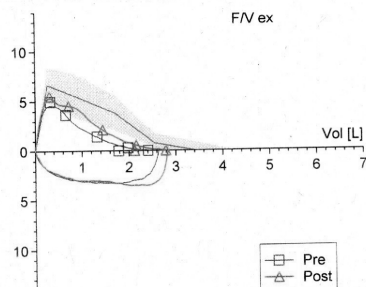
Respiratory
Laboratory
PFT Report
NHSL Wishaw

CHI: 2811693181
Last Name: Dinsmore
First Name: Fiona
Date of Birth...: 28/11/1969
Age: 56.2 Years

Gender: female
Height: 165.0 cm
Weight: 63.4 kg
BMI: 23 kg/m²

Referral: UHW OUTREACH SPI...
Ward: Carla Brawley
Physio...: GP Referral
Ref. Phy...: 18.02.26
Visit date
Vyntus ONE PFT (USS:V707343-...

NHSL Wishaw													
	Severe	(-4.0)	Moderate	(-2.5)	Mild	(-1.64)	Normal	(1.64)	Mild	(2.5)	Moderate	(4.0)	Severe
		Baseline	LLN		z-score	% Pred		Post		z-score	% Pred		Chg in %Pred
FVC	L	2.41	2.61		-2.07	71		2.79		-1.25	82		11
FEV 1	L	1.78	2.06		-2.34	66		2.13		-1.47	79		13
FEV 1 % FVC	%	73.96	68.04		-0.85			76.15		-0.53			
FEF 75	L/s	0.48	0.31		-0.89	62		0.66		-0.28	87		24
FET	sec	9.47						10.96					



Pre Bronchodilator

FEV 1	L								
FVC	L								
FEV 1 % FVC	%								

Post Bronchodilator

FEV 1	L								
FVC	L								
FEV 1 % FVC	%								

Physiologist Interpretation

Baseline spirometry values and the shape of the flow-volume loop are reduced in a pattern suggestive of restriction. Significant response to bronchodilator which has eliminated airflow restriction. Results are not in-keeping with COPD. Results are consistent with an asthmatic response.

Reported with z-score by C.Brawley, Assistant Respiratory Physiologist.
Verified by L.McGee, Senior Respiratory Physiologist.

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Date Referral Sent **2026-07-07**

REFERRAL LETTER
MEDICAL IN CONFIDENCE

101040489142R

Unique Care Pathway Number: 101040489142R

2811693181

CHI No: 2811693181

REFERRAL TO	
General Psychiatry (Mental Illness)G1 LAN Mental Health (Adult)	—— Consultant / receiving practitioner and/or specialty clinic
Mental Health - Clydesdale NHS Lanarkshire	—— Hospital and hospital address
	Hospital unit no. L023G
	Email address -
Urgency of referral Routine	

PATIENT DETAILS		Patient's address
Surname	DINSMORE	2 ARNUM PLACE CARLUKE ML8 4EE
Forename(s)	FIONA	
Title	-	
Sex	Female	
Date of birth	28-Nov-1969	
CHI no.	2811693181	Contact number(s) Voice: 07960 625 278

REFERRING PRACTITIONER DETAILS		Practice address
Name	Dr. Rhona Lindsay	Carluke Community Health Centre 40 Chapel Street Carluke
GMC code	6026657 GP code 13838	
Practice name	High Mill Medical Practice (62219)	
Practice code	62219	
		Contact number(s) Voice: 01555 771012

Additional Administrative Information
Suicide / Self Harm Risk:No
Harm To Others or Risk to Staff:No
Legal/Forensic Risk:No
SHOULD THE PATIENT BE TREATED WITH MILITARY VETERAN PRIORITY :No
Is Patient Transport Required:No

CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting complaint**

Main presenting Complaint: Past Trauma (Re-Referral)

Reason for Referral: Dear Colleagues,

I originally referred this 56 year old nurse to the CMHT in May (please see attached letter). She received an opt-in, and tried to phone but couldn't get through, When she tried again she was out with the 21 day opt in period. I would be grateful if you would reinstate her referral.

Kind Regards,

Dr Lindsay

Reason for referral

Care type requested: Out Patient

Expected outcome: Not Specified

Past medical history**High and Medium Priority Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date Recorded</u>
Asthma	-	-	spirometry today confirmed asthma and not copd, Fiona is delighted with this, she has cut down her smoking and is aware if she continues to smoke it can become copd.	-
Transient ischaemic attack	-	-	-	-
Cyst of vagina	-	-	-	-
Acute myocardial infarction	-	-	-	-
Uterine leiomyoma - fibroids	-	-	small intramural fibroid, Hyperechoic lesion within endometrial cavity suggestive of an endometrial polyp (US pelvis TV radiology)	-
Haemangioma	-	-	-	-
Acute back pain - unspecified	-	-	-	-
Anxiety states	-	-	-	-
[X]Depressive episode	-	-	-	-
[X]Neurotic depression	-	-	-	-
[X]Assault	-	-	-	-
Whiplash injury	-	-	-	-
Infertility - female	-	-	-	-
Perianal warts	-	-	-	-
Amenorrhoea	-	-	possible complete abortion	-
Ovarian cysts	-	-	ultrasound	-
Acute pelvic inflammatory disease	-	-	-	-
Miscarriage	-	-	-	-
Pain in joint - arthralgia	-	-	anti-nuclear factor negative Rheumatoid factor is positive by Latex method but negative by the IgM rheumatoid factor assay	-
Overdose of drug	-	-	co-dydramol	-

High Priority Past procedures

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Date Recorded</u>
Insertion of drug-eluting coronary artery stent	-	-	-
Percutaneous coronary intervention	-	-	-

In vitro fertilisation procedure	-	-	-
In vitro fertilisation procedure	-	-	-
In vitro fertilisation procedure	-	-	-
Salpingostomy	-	-	-
Emergency excision of appendix	-	-	-

Current medication (Active Repeat medication issued within the last 12 months)

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration
Venlafaxine 37.5mg tablets	54686020	tablet	2 TWICE A DAY	-	11-May-2026	-
Relvar Ellipta 184micrograms/dose / 22micrograms/dose dry powder inhaler (GlaxoSmithKline UK Ltd)	21596021	dose	ONE INHALATION ONCE DAILY	-	22-Apr-2026	-
Acepiro 600mg effervescent tablets (Stirling Anglian Pharmaceuticals Ltd)	01699022	tablet	TAKE 1 TABLET ONCE A DAY	-	12-Nov-2025	-
AeroChamber Plus Flow-Vu Anti-Static (Trudell Medical UK Ltd)	78872021	device	SHAKE INHALER, PLUG INTO SPAC [more]	-	12-Nov-2025	-
Salbutamol 100micrograms/dose inhaler CFC free	59554020	dose	2 PUFFS AS REQUIRED IF SHORT [more] 1 EVERY DAY.	-	12-Nov-2025	-
Ramipril 5mg capsules	72676020	capsule	STOP TEMPORARILY [more]	-	07-Feb-2020	-
Lansoprazole 30mg gastro-resistant capsules	75584020	capsule	1 CAPSULE DAILY	-	22-Oct-2019	-
Atorvastatin 80mg tablets	81727020	tablet	1 TABLET ONCE A DAY	-	22-Oct-2019	-
Venlafaxine 37.5mg tablets	54686020	tablet	1 TABLET TWICE DAILY	-	22-Oct-2019	-
Ezetimibe 10mg tablets	76979020	tablet	ONE TABLET ONCE A DAY	-	23-Jan-2025	-
Clopidogrel 75mg tablets	83754020	tablet	ONE TABLET ONCE A DAY	-	23-Jan-2025	-
Glyceryl trinitrate 400micrograms/dose pump sublingual spray	62987020	dose	1-2 SPRAY UNDER THE TONGUE FO [more]	-	22-Oct-2019	-

Recent medication (Any medication issued within last 90 days not shown above)

No recent medications recorded

Clinical warnings

Lifestyle risks

Exercise status: Enjoys moderate exercise

Allergies

H/O: drug allergy

Additional Clinical information

Smoking status

Alcohol consumption

Number per day

Units per day
0 (teetotaler)

Signature of referring doctor (or other professional) Date



Respiratory MCN

Managed Clinical Network

NHS LANARKSHIRE OUTREACH SPIROMETRY SERVICE REFERRAL LETTER MEDICAL IN CONFIDENCE

Outreach Spirometry Team		
Hairmyres 01355 585262 ☐ East Kilbride ☐ Hamilton ☐ Larkhall & Strathaven	Monklands 01236 712318 ☐ North ☐ Bellshill & Uddingston ☐ Airdrie & Coatbridge	Wishaw 01698 366019 ☐ Motherwell ☐ Wishaw ☒ Clydesdale

Patient Details	Practice Details
Surname Forename Address DOB Tel	GP Address Practice Number Tel Fax
CHI No: 2811693181 DINSMORE FIONA 28/11/1969 F 2 Arnum Place Carlisle ML8 4EE 89Y151S Nurse L Cummings 62219 Carlisle CHC	Dr Helen Macleod Dr Rhona Lindsay Dr Mark Thompson Dr Steven Zonfrillo Carlisle Community Health Centre 45 Chapel Street, Carlisle, ML8 4BA Tel: 01606 773012

Clinical Details	Tests Required
Suspected COPD ☐ Suspected Asthma ☐ Breathlessness of unknown cause ☐ Other (Please specify) ☐	Spirometry with reversibility to 5mg Salbutamol ☒ Pulse oximetry ☒

Smoking History	Current Medication
Current Smoker ☐ Number per day 10/day Number of years smoked Ex smoker ☐ How long stopped Never smoked ☐	40+ pack years ?COPD

Signed:	Date: 28/10/2015
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For Lab Use Only
Date Requested Received: _____ Appointment Date: _____

NHS Lanarkshire
www.nhslanarkshire.org.uk
Medicine for Older Adults
Secretary: 01698-752434

University Hospital
Monklands
Monkscourt Avenue
Airdrie
ML6 0JS



Dr S Zonfrillo
High Mill Medical Practice
Carluke Community Health Centre
40 Chapel Street
Carluke
ML8 4BA

Date Dictated: 20/05/2025
Date Typed: 21/05/2025
Ref: 3990510
Letter Ref: MH/GT
Clinic Date: 20/05/2025
CHI Barcode:



Pharmacist: Michael Hillhouse

Dear Dr Zonfrillo

Patient Name: Fiona Dinsmore
Patient date of birth: 28/11/1969
Patient Address: 2 Arnum Place, Carluke, ML8 4EE

GP action:
Continue on Atorvastatin 80 mg and Ezetimibe 10 mg once daily

Investigations:
LDL cholesterol January 2025 3.2 mmol/L
LDL cholesterol April 2025 1.9 mmol/L

Follow-up:
NIL – discharged from Stroke Lipid Clinic

I reviewed Miss Dinsmore at the Pharmacist Led Stroke Lipid Clinic. The clinic was introduced based on results of the treat stroke to target trial, which showed that in carefully selected patients post stroke or TIA more aggressive targeting of reduction in LDL cholesterol can reduce subsequent cardiovascular events. The aim of the clinic is to achieve a target LDL cholesterol of 1.8 or less following review of the patient's statin or other lipid lowering medications.

During our telephone consultation today we discussed Miss Dinsmore's lipid management over the last few months – I note she was recommended on Atorvastatin and has recently had Ezetimibe added to her medication list. Her LDL cholesterol has significantly improved. When discussing potential side-effects Miss Dinsmore did note she had an increased incidence of cramping over the last few months. I have advised she could trial stopping her Atorvastatin for two weeks to see if this makes a positive difference and to see if the cramps return on recommencing. Miss Dinsmore is aware to make contact with the GP Practice should she feel this needs further investigation – if Miss Dinsmore is not tolerating the higher dose of Atorvastatin she could trial a reduction to 40 mg Atorvastatin once daily or an alternative statin going forward. Miss Dinsmore will be in touch with the GP Practice if she feels this is appropriate in the future.

In regards to her lifestyle interventions, Miss Dinsmore is a nurse and completely aware of the positive lifestyle changes required to reduce the risk of further stroke in the future. She recommenced smoking, she has no intention to stop in the near future. She is aware she could increase her activity levels, but she has made some positive lifestyle changes to her diet.

Miss Dinsmore should remain on her current doses of Atorvastatin and Ezetimibe if she tolerates them well, and there is an expectation she would remain on these long-term. I have discharged her from the Stroke Lipid Pharmacist Clinic for the time being. Many thanks for your ongoing care.

Yours sincerely

Michael Hillhouse
MFOA Specialist Pharmacist

Authorised on 27/05/2025 09:05:43 by Michael Hillhouse.

(P) Dr Fiona Brodie
Consultant in MFOA/Stroke Medicine
University Hospital Monklands
Airdrie
ML6 0JS

Patients Copy

www.nhslanarkshire.org.uk
Medicine for Older Adults
01698 753678
Allyson Ewart
Medical Secretary

Fiona Dinsmore
2 Arnum Place
Carluke
ML8 4EE

University Hospital
Monklands
Monks court Avenue
Airdrie
ML6 0JS



Date Dictated: 21/02/2025
Date Typed: 21/02/2025
Ref: 3918750
Letter Ref: FB/ae
CHI Barcode:



Consultant:

Dear Fiona Dinsmore

Patient Name: Fiona Dinsmore
Patient date of birth: 28/11/1969
Patient Address: 2 Arnum Place, Carluke, ML8 4EE

I am just writing to let you know your recent 3-day heart monitor was normal.

Best wishes.

Yours sincerely

Dr. Fiona Brodie
Consultant in Care of the Elderly/Stroke Medicine.

Authorised on 21/02/2025 09:56:37 by Dr Fiona Brodie

(D) Dr S Zonfrillo
High Mill Medical Practice
Carluke Community Health Centre
40 Chapel Street
Carluke
ML8 4BA

(P) Dr Clayton Micaleef
Care of the Elderly
University Hospital Monklands
ML6 0JS

NHS Lanarkshire Primary Care Operating Division OOH Call Incident Report

Call number:	47596	Receive Date:	19-Jan-2025 18:36
Patient's Name:	Fiona Dinsmore		
Date of birth:	28-Nov-1969 (55 years)	Gender:	F
Address:	2 Arnum Place Carluke ML8 4EE	Current Address:	83 Smyllum Road Lanark ML11 7DD
Return Contact No:			
Tel No:	07960 625278		07960 625278
Mobile No:			
Priority:	within 2 hours	Call Origin:	
Received:	19-Jan-2025 18:36	Calltype:	Attend OOH Appointment
Advised:	:	Arrived PCC:	19-Jan-2025 19:31
Cons start:	19-Jan-2025 20:22	Cons End:	19-Jan-2025 21:10
Consulting Doctor:	Michael Coates	Own doctor:	

Reported Condition:

Symptoms: This case was generated from 47312. Initial Symptoms: History: ### HUB PLEASE , try to get a transport ASAP , I ticked two hours for flexibility as I know transport sometimes takes longer than we like ### hx from the patient she has COPD diagnosed in Essex , TIA at the beginning of the month so banned from driving for a month h/o heart attack (also in England) see NHS 24 report ACHES AND PAINS STAYED IN BED FOR LAST 2 DAYS. WENT TO WORK THIS MORNING BUT LOW BLOOD PRESSURE, CHEST TIGHTNESS, BREATHLESS, WHEEZE... 19:01:2025 13:24:31 BRUCEC.. CHEST TIGHTNESS, WORSE WHEN BREATHING, NON RADIATING . DENIES HEART PALPITATIONS. NORMAL PALOR . LIPS PINK. CHEST TIGHT AND FEELS WHEEZY. SATS 96%. USING INHALER MULTI-DOSING - SHORT TERM RELIEF... STATES UNDIAGNOSED COPD. NO FEVER. REDUCED APPETITE, MANAGING FLUIDS. COUGHING UP MUCOUS. SENT HOME FROM WORK THIS MORNING. WS PCEC 4.. using her ventolin , not helping much, feels can not fill her lung was coughing during the call , congested and slightly breathless P: PCC urgent review . worsening statement given Examination: Diagnosis: Treatment: Case Summary: Questions: Would you like to start this consultation?: Yes --- CHEST- 3 DAYS - -- Clinical summary created by: Ayman Mumtaz (Call Taker Si) () [19/01/2025 13:26:31] Reason for call: CHEST- 3 DAYS 19:01:2025 13:01:08 MUMTAZA.. ACHES AND PAINS STAYED IN BED FOR LAST 2 DAYS. WENT TO WORK THIS MORNING BUT LOW BLOOD PRESSURE, CHEST TIGHTNESS, BREATHLESS, WHEEZE... 19:01:2025 13:24:31 BRUCEC.. CHEST TIGHTNESS, WORSE WHEN BREATHING, NON RADIATING . DENIES HEART PALPITATIONS. NORMAL PALOR . LIPS PINK. CHEST TIGHT AND FEELS WHEEZY. SATS 96%. USING INHALER MULTI-DOSING - SHORT TERM RELIEF... STATES UNDIAGNOSED COPD. NO FEVER. REDUCED APPETITE, MANAGING FLUIDS. COUGHING UP MUCOUS. SENT HOME FROM WORK THIS MORNING. WS PCEC 4.. Outcome: PCEC within 4 Hrs ---

Consultation details:

History - **Attended - seen urgently given reported NEWS score**
Background - tentative diagnosis COPD - ex sheavy smoker, recnt TIA, MI whilst in Enngland
Cough and dyspnoea over the klast couple of days - struggled at work today (NH manager) 0 relieved by other duty manager and went home
Has mutidosed with SABA earleir - recucing benefits from same
VAroable mucoid expectoration when coughing
No calf pain, some tightness across chest - no pain per se.
Sensation of oot being able to fully isnpire.

Examination - **News 8**
Kept in physio dept
NEWS noted
Cpnversnat, completing surpsingyl good sentences
Well perfused, slim build
No tug no acessory muscle use
Tremulous
Cap refill<2s
Reasonable AE L+R, vesicualr sounds, scattered end exp wheeze
HSI+II+O

Diagnosis - **Exacerbaton COPD**

Treatment - **Stat dose prednisopolone 40mg, doxycycline scripted, continue roal pred 40mg daily**
Provided with further SABA volumatic to aid multidosing

Worsening advic egiven

Examination Details - **ASSESSMENT**
Systolic BP mmHg 114
Diastolic BP mmHg 73
Temperature C 38.3
Pulse bpm 133
Oxygen saturation % 93.0

ASTHMA ASSESSMENT CARE BUNDLE
Rate of respiration 24

Prescriptions:

Prednisolone 5mg tablets 8 tablets - every MORNING - with or after food - oral 40.00
Salbutamol 100micrograms/dose inhaler CFC free 1 to 2 actuations - when required - inhalation - using a metered dose device - Maximum dose FOUR times a DAY 200.00
Volumatic (GlaxoSmithKline UK Ltd) For use with MDI device 1.00 Doxycycline 100mg capsules 2 Caps as first dose then one cap daily 6.00

Followups:

Return To Gp Only If Condition Not Resolved

Clinical Codes:

H333. Acute exacerbation of asthma

Patients Copy

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Date Referral Sent **2026-05-11**

REFERRAL LETTER
MEDICAL IN CONFIDENCE

1010399156580
Unique Care Pathway Number: 1010399156580

2811693181
CHI No: 2811693181

REFERRAL TO	
General Psychiatry (Mental Illness)G1 LAN Mental Health (Adult)	——— Consultant / receiving practitioner and/or specialty clinic
Mental Health - Clydesdale NHS Lanarkshire	——— Hospital and hospital address
	Hospital unit no. L023G
	Email address -
Urgency of referral Routine	

PATIENT DETAILS		Patient's address
Surname	DINSMORE	2 ARNUM PLACE CARLUKE ML8 4EE
Forename(s)	FIONA	
Title	-	
Sex	Female	
Date of birth	28-Nov-1969	
CHI no.	2811693181	Contact number(s) Voice: 07960 625 278

REFERRING PRACTITIONER DETAILS		Practice address
Name	Dr. Rhona Lindsay	Carluke Community Health Centre 40 Chapel Street Carluke
GMC code	6026657 GP code 13838	
Practice name	High Mill Medical Practice (62219)	
Practice code	62219	
		Contact number(s) Voice: 01555 771012

Additional Administrative Information
Suicide / Self Harm Risk:No
Harm To Others or Risk to Staff:No
Legal/Forensic Risk:No
SHOULD THE PATIENT BE TREATED WITH MILITARY VETERAN PRIORITY :No
Is Patient Transport Required:No

CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting complaint**

Main

presenting Complaint: Past Trauma

Reason for Referral: Dear Colleagues,

This 56 year old nurse has a lot of trauma in her past, and she is keen to see the Psychology team to help her to work through it given that it still affects her significantly now.

She was adopted as a baby, but suffered abuse by her adoptive family. As a result, she requests to be put into a children's home aged 15 to escape the family home, but also experienced trauma there. She went from that into a physically abusive relationship which lasted for 3 years, but she says this was preferable to going back to the family home. During this time she did manage to qualify as a nurse. Her mum died about 2 years ago, but she didn't find out until about 6 months later, which was very distressing for her. She is also currently involved in an investigation into abuse in the children's home, and knows that revisiting all of this will affect her mood. We have increased her venlafaxine to 75mg twice daily, which is helping, but I do think that she would benefit significantly from Psychological therapy.

Kind Regards,

Dr Lindsay

Reason for referral

Care type requested: Out Patient

Expected outcome: Not Specified

Past medical history**High and Medium Priority Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date Recorded</u>
Asthma	-	-	spirometry today confirmed asthma and not copd, Fiona is delighted with this, she has cut down her smoking and is aware if she continues to smoke it can become copd.	-
Transient ischaemic attack	-	-	-	-
Cyst of vagina	-	-	-	-
Acute myocardial infarction	-	-	-	-
Uterine leiomyoma - fibroids	-	-	small intramural fibroid, Hyperechoic lesion within endometrial cavity suggestive of an endometrial polyp (US pelvis TVradiology)	-
Haemangioma	-	-	-	-
Acute back pain - unspecified	-	-	-	-
Anxiety states	-	-	-	-
[X]Depressive episode	-	-	-	-
[X]Neurotic depression	-	-	-	-
[X]Assault	-	-	-	-
Whiplash injury	-	-	-	-
Infertility - female	-	-	-	-
Perianal warts	-	-	-	-
Amenorrhoea	-	-	possible complete abortion	-
Ovarian cysts	-	-	ultrasound	-
Acute pelvic inflammatory disease	-	-	-	-
Miscarriage	-	-	-	-

Pain in joint -	-	-	anti-nuclear factor negative Rheumatoid factor is positive by	-
arthralgia			Latex method but negative by the IgM rheumatoid factor assay	
Overdose of drug	-	-	co-dydramol	-

High Priority Past procedures

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Date Recorded</u>
Insertion of drug-eluting coronary artery stent	-	-	-
Percutaneous coronary intervention	-	-	-
In vitro fertilisation procedure	-	-	-
In vitro fertilisation procedure	-	-	-
In vitro fertilisation procedure	-	-	-
Salpingostomy	-	-	-
Emergency excision of appendix	-	-	-

Current medication (Active Repeat medication issued within the last 12 months)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>
Venlafaxine 37.5mg tablets	54686020	tablet	2 TWICE A DAY	-	11-May-2026	-
Relvar Ellipta 184micrograms/dose / 22micrograms/dose dry powder inhaler (GlaxoSmithKline UK Ltd)	21596021	dose	ONE INHALATION ONCE DAILY	-	22-Apr-2026	-
Acepiro 600mg effervescent tablets (Stirling Anglian Pharmaceuticals Ltd)	01699022	tablet	TAKE 1 TABLET ONCE A DAY	-	12-Nov-2025	-
AeroChamber Plus Flow-Vu Anti-Static (Trudell Medical UK Ltd)	78872021	device	SHAKE INHALER, PLUG INTO SPAC [more]	-	12-Nov-2025	-
Salbutamol 100micrograms/dose inhaler CFC free	59554020	dose	2 PUFFS AS REQUIRED IF SHORT [more]	-	12-Nov-2025	-
Ramipril 5mg capsules	72676020	capsule	1 EVERY DAY. STOP TEMPORARILY [more]	-	07-Feb-2020	-
Lansoprazole 30mg gastro-resistant capsules	75584020	capsule	1 CAPSULE DAILY	-	22-Oct-2019	-
Atorvastatin 80mg tablets	81724020	tablet	1 TABLET ONCE A DAY	-	22-Oct-2019	-
Venlafaxine 37.5mg tablets	54686020	tablet	1 TABLET TWICE DAILY	-	22-Oct-2019	-
Ezetimibe 10mg tablets	76979020	tablet	ONE TABLET ONCE A DAY	-	23-Jan-2025	-
Clopidogrel 75mg tablets	83784020	tablet	ONE TABLET ONCE A DAY	-	23-Jan-2025	-
Glyceryl trinitrate 400micrograms/dose pump sublingual spray	62987020	dose	1-2 SPRAY UNDER THE TONGUE FO [more]	-	22-Oct-2019	-

Recent medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>
Dihydrocodeine 30mg tablets	62538020	tablet	1-2 TABLET(S) UP TO FOUR TIME[more]	-	09-Mar-2026	-

Clinical warnings**Lifestyle risks**

Exercise status: Enjoys moderate exercise

Allergies

H/O: drug allergy

Smoking status

Alcohol consumption

Number per day

Units per day
0 (teetotaler)

Additional Clinical information

Signature of referring doctor (or other professional) **Date**

Patients Copy

NHS Lanarkshire
www.nhslanarkshire.org.uk
Medicine for Older Adults
01698 753678
Allyson Ewart
Medical Secretary

Fiona Dinsmore
2 Arnum Place
Carluke
ML8 4EE

University Hospital
Monklands
Monkscourt Avenue
Airdrie
ML6 0JS



Date Dictated: 15/01/2025
Date Typed: 15/01/2025
Ref: 3887310
Letter Ref: CMic/ae
Clinic Date: 15/01/2025
CHI Barcode:



Consultant: Doctor Clayton Micallef

Dear Fiona Dinsmore

PatientName: Fiona Dinsmore
Patient date of birth: 28/11/1969
PatientAddress: 2 Arnum Place, Carluke, ML8 4EE

I saw you on 15/01/2025 in the TIA clinic, University Hospital Monklands

Opinion:

1. TIA (mini-stroke) to the left side of your brain

Recommendations:

1. Stop the 300mg of Aspirin and instead take Clopidogrel 75mg once a day.
2. GP to please add ezetimibe 10mg once a day to repeat prescription.
3. I have referred you to the lipid clinic and we will be aiming for an LDL cholesterol of <1.8mmol/L.
4. I have referred you for a 72 hour ECG and an echocardiogram as an outpatient.
5. Stroke nurse follow up in community with blood pressure readings. We are aiming for a blood pressure of <130/80mmHg.
6. Stop smoking tobacco and cannabis. You can contact Quit Your Way Scotland for free by phoning 0800848484.
7. More information is available here: <https://www.stroke.org.uk/>

Driving advice: Do not drive for 1 month after the last attack, and inform your driving insurer.

Date of last symptoms: 1/1/2025

History of presenting complaint:

55-year-old

You are right handed

You drive

You've smoked for 44 years (about 10-15/day) but you've now stopped 2 days ago

You sometimes use cannabis to help you sleep at night

You drink alcohol within normal limits

You work as care home manager



Medical history: Myocardial Infarction (July 2016) in Essex, High blood pressure

Current Medications: Aspirin 75mg once a day (changed to 300mg for the last 2 weeks), Ramipril 5mg once a day, Lansoprazole 30mg once a day, Atorvastatin 80mg once a day

You had been sick for 1.5 weeks over Christmas with a vomiting bug. You were better by the Monday 30th January. On 1st January while watching TV you noticed that your right arm went completely floppy and you couldn't feel it at all. You also felt that the right side of your face was droopy. Your leg was also numb but you were able to walk. This lasted about 4-5 minutes. At that point you were alone. Because it had eased you didn't call for help. On the following Monday you then phoned your GP. It hasn't happened again since then.

Examination:

BP: 142/101 mmHg (you hadn't taken your morning Ramipril)

Weight: 55.2 kg

Pulse: 80 bpm regular

Heart sounds: normal

Neurological exam: Normal including visual fields, power and co-ordination. Independently mobile.

Investigations

Haemoglobin: 152g/L (normal)

LDL ("bad cholesterol"): 3.2 mmol/L (slightly high)

Glucose (blood sugar): 8 mmol/L

HbA1C (average measure of blood sugar over 3 months): 42mmol/mol (normal)

ECG: Sinus tachycardia

Chest X-ray: Normal

Carotid Doppler: No narrowing of the arteries of your neck.

The symptoms that you described to me today are in keeping with a TIA (mini-stroke) to the right side of your brain. This likely due to a combination of high blood pressure, smoking, cannabis use and high cholesterol. The plan is as described above. While I do not plan to see you again in this clinic please do seek medical help if you have any further concerning symptoms.

Yours sincerely

Clayton Micallef

Consultant for Geriatric Medicine/Stroke Medicine

Authorised on 22/01/2025 10:28:26 by Clayton Micallef.

(D) Dr RC Lindsay
High Mill Medical Practice
Carluke Community Health Centre
40 Chapel Street
Carluke
ML8 4BA

(P) Community Stroke Nurses Coatbridge
Glenaffric Building
Coathill Hospital
ML5 4DN



(P) Kerry McGuire
Pharmacist - Stroke Lipid Clinic
Coathill Hospital
MCN Office
COATBRIDGE
ML5 4DN

Patients Copy

15:08

WAITING

CHI: 2811693181

First: 28/11/1969

Last: DINSMORE, Fiona

Adc: 2 Arnum Place, Carlisle, Lanarkshire

ML6 4EE

Outpatient Clinic: TIA

Consultant: M. R. H. J.

204921

NHS
Lanarkshire

Hospital Outpatient Prescription

For immediate treatment only - to be taken to Hospital Pharmacy
White copy to GP/Yellow copy retained in Pharmacy/Pink copy to Medical Records

Diagnosis: TIA

16 JAN 2025

Height: (cm)

Weight: (kg)

Medicine allergies: NO

Drug on Lanarkshire Formulary? ☐ Yes ☐ No

If no, reason for prescription: (SOP to P.L.N.)

List current medication: (SOP to P.L.N.)

TO BE PRINTED IN BLOCK CAPITALS IN BALL POINT PEN. Unless otherwise stated ONE original pack will be supplied.

Medicine Name	Dose	Route	Times of Administration					Duration (Days)	PHARMACY USE ONLY		
			0800	1200	1600	2000	Other Time		Strength	No	Manufacturer
CLONIDINE	75ug	P	✓					21	21x75mg		

Clinical check: [Signature]

Checked by: [Signature]

Prescriber: [Signature]

Page no: [Blank]

Date: 15 / 1 / 25

I am the: ☐ patient ☐ patient's representative

Signature: [Signature]

Dispensed by: [Signature]

Date: 15 / 01 / 25

Signature: [Signature]

Prescriber registration no: 77062

Date: / /

Hospital Outpatient Prescription | Acute Care/Pharmacy Services | NHS | Page 1 of 1

Pub. date: Aug. 2022 | Review date: Aug. 2027 | Issue No: 04

NHS Lanarkshire

www.nhslanarkshire.org.uk
Department of General Medicine
Extension 8558
Acute Medicine
01698 361100

Dr S Zonfrillo
High Mill Medical Practice
Carluke Community Health Centre
40 Chapel Street
Carluke
ML8 4BA

University Hospital Wishaw
50 Netherton Street
Wishaw
ML2 0DP



Date Dictated: 18/04/2023
Date Typed: 24/04/2023
Ref: 3383238
Letter Ref: GL/JW
CHI Barcode:



Consultant: Dr Greig Loudon

Dear Dr Zonfrillo,

Discharge Summary

Patient Name: Fiona Dinsmore
Patient date of birth: 28/11/1969
Patient Address: 83 Smyllum Road, Lanark, ML11 7LD
Date of admission: 10/04/2023
Date of discharge: 11/04/2023

Diagnosis - Probable viral illness with bronchospasm

Co-Morbidities Hypertension
Smoker

Discharge Medication: As per HEPMA LIL

Follow up: None

This 53-year old lady was referred as an emergency with ongoing cough and wheeze. She had been treated with a nebuliser in the community and by the time of attendance was clinically well.

Fiona attended overnight and was discharged home following review by the on-call medical trainees. Examination looks to have been reassuring and she was afebrile with normal oxygen saturations on room air. Routine bloods and CXR were again reassuring.

It was felt that she probably had a lower respiratory tract infection with associated bronchospasm, although I think the possibility of underlying airways disease was also considered given her smoking history. She was discharged home with a short course of oral antibiotics and steroids and advised to get in touch with you should things fail to settle as expected.

Yours sincerely

Dr Greig Loudon
Consultant Acute Physician

Authorised on 28/04/2023 14:54:39 by Greig Loudon.

NHS Lanarkshire Primary Care Operating Division OOH Call Incident Report

Call number:	70035	Receive Date:	10-Apr-202316:05
Patient's Name:	FionaDinsmore		
Date of birth:	28-Nov-1969 (53 years)	Gender:	F
Address:	83 Smyllum Road	Current Address:	83 Smyllum Road Lanark
	Lanark ML11 7DD		ML11 7DD
Return Contact No:			
Tel No:	07960 625278		07960 625278
Mobile No:			
Priority:	Within 1 Hour	Call Origin:	NHS24
Received:	10-Apr-202316:05	Calltype:	PCC
Advised:	16:11	Arrived PCC:	
Cons start:	10-Apr-202316:47	Cons End:	10-Apr-202317:12
Consulting Doctor:	Anchal Goyal	Own doctor:	

Reported Condition:
ONGOING WHEEZE - 5 DAYS

Consultation details:

History - **COLD SYMPTOMS FOR A WEEK. ONGOING WHEEZE, FINDING IT HARD TO BREATHE. SATS SITTING BETWEEN 90% AND 92% AND WAS 86% WHEN WOKED UP. SATS 88% AFTER TALKING. HAS INHALER, CAN'T GET OXYGEN LEVELS ABOVE 92%... FELT THIS WAY BEFORE IN 2019, GOT REFERRED TO HOSPITAL BY A DOCTOR WAS GIVEN STEROIDS AND ABX WHEN IN HOSPITAL. SOME CHEST PAIN ON FRIDAY NIGHT BUT NOT NOW. PT SPOKE DW SCNM DAVIDSON, NORMAL SAT 97% - 99%. UNDIAGNOSED COPD. HAS USED BLUE INHALER, HELPING WITH BREATHING. HAS COUGH BUT NOT VERY PRODUCTIVE. HEART ATTACK IN 2016. DIDN'T USE SPRAY, NO PALPATATIONS... CHEST PAIN ON FRIDAY WORSE WITH COUGHING AND EXERCISE. NO CYANOSIS.**

Notes and ECS noted- not on Inhalers. Spoke to pt at 1659- as above. At home on her own. Has dogs and puppies.

Examination - **Sounds SOB and congested.**

Diagnosis - **LRTI low sats**

Treatment - **Adv SAS - same arranged at 1703- ref number- 9710173**

Will put dogs away and call family to collect dogs as may need admitted.

Asking SAS to come via back door.

ERC informed.

Followups:

Admitted To Hospital

Telephone Advice

Refer to Hospital

Clinical Codes:

NHSD details:

Disposition

Contact GP Practice within 4 Hours (ASAP)

-

Patients Copy

www.nhslanarkshire.org.uk
Department of General Surgery
01698 361100
sDeptinfo

Wishaw General Hospital
50 Netherton Street
Wishaw
ML2 0DP



Fiona Dinsmore
200 Wilton Road
Carluke
ML8 4LN

Date Dictated: 13/10/2022
Date Typed: 13/10/2022
Ref: 101113356
Letter Ref: LB
CHI Barcode:



Consultant:

Dear Fiona Dinsmore

Patient Name: Fiona Dinsmore
Patient date of birth: 28/11/1969
Patient Address: 200 Wilton Road, Carluke, ML8 4LN

You have been referred to the Colorectal Department because of changes in your bowels, bleeding from the tail end or abdominal symptoms. Your qFIT test (poo sample) has been reported normal. This means that the chances of there being anything worrisome or sinister in your large bowel are very extremely unlikely. You therefore should not need any invasive investigations or telescope tests. This is entirely consistent with recent evidence and Government guidelines.

Many symptoms from the large bowel are related to functional conditions such as irritable bowel syndrome or benign conditions such as diverticulosis. If you have been referred with a **change in bowel function**, we always suggest addressing dietary issues in the first instance. We would therefore suggest consulting the British Dietetic Association IBS fact sheet (<https://www.bda.uk.com/resource/irritable-bowel-syndrome-diet.html>). This website has good advice in general for a healthy diet and healthy gut. You can also look up IBS and Diverticular Disease on the websites www.patient.info which also has good advice on these two conditions.

If you have unexplained **bleeding from the tail end**, then we suggest increasing your fibre intake and/or using laxatives to ensure your motions are soft and regular. This is to prevent straining and spending long periods sitting on the toilet. The majority of bleeding from the tail end is related to hemorrhoids or other benign conditions and will respond to these simple measures. The www.patient.info website has very good information on piles, and simple lifestyle measures.

If, after a trial period of these measures your symptoms have not improved, or indeed deteriorated or you have specific concerns please get in touch with us on this number 01698 361100 asking for extension 8628 and we will arrange appropriate review.

Colorectal Referral Management Department

Yours sincerely

Lorraine Benson

Authorised on 13/10/2022 15:29:19 by Typist Lorraine Benson, on behalf of Lorraine Benson.

(D) Dr S Zonfrillo

2/2

High Mill Medical Practice
Carluke Community Health Centre
40 Chapel Street
Carluke
ML8 4BA



Patients Copy

NHS Lanarkshire
Clinically Cancelled Referrals

Practice Code: 62219	Patient CHI Number: 2811693181
Patient Date Of Birth	19691128
Patient Surname:	Dinsmore
Referral Recieved Date	29/09/2022
Vetted Date	29/09/2022
Parent Specialty Description	C1 General Surgery
Hospital Desc	University Hospital Wishaw
Vetting HCP Title/Full Name	UNKNOWN
Vetting Outcome Desc	Clinically Cancelled
Vetting Notes	Awaiting GP qFIT

Patients Copy

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Date Referral Sent **2025-01-07**

REFERRAL LETTER
MEDICAL IN CONFIDENCE

1010352117010

Unique Care Pathway Number: 1010352117010

2811693181

CHI No: 2811693181

REFERRAL TO	
Fast Track Stroke - TIAABL1 LAN Stroke-TIA Fast Track	—— Consultant / receiving practitioner and/or specialty clinic
University Hospital Wishaw 50 Netherton Street Wishaw ML2 0DP	—— Hospital and hospital address
	Hospital unit no. L308H
	Email address -
Urgency of referral Urgent	

PATIENT DETAILS		Patient's address
Surname	DINSMORE	2 ARNUM PLACE CARLUKE ML8 4EE
Forename(s)	FIONA	
Title	-	
Sex	Female	
Date of birth	28-Nov-1969	
CHI no.	2811693181	Contact number(s) Voice: 07960625278

REFERRING PRACTITIONER DETAILS		Practice address		
Name	Dr. Rhona Lindsay	Carluke Community Health Centre 40 Chapel Street Carluke		
GMC code	6026657		GP code	13838
Practice name	High Mill Medical Practice (62219)			
Practice code	62219			
		Contact number(s) Voice: 01555 771012		

Additional Administrative Information
SHOULD THE PATIENT BE TREATED WITH MILITARY VETERAN PRIORITY :No
Is Patient Transport Required:No

CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting complaint**

Main

presenting Complaint: Loss of power and sensation in her left arm

Reason for Referral: Dear Dr

This 55 year old nurse attended today explaining that she suffered a complete loss of power and sensation in her left arm about 5 days ago. This was accompanied by numbness in the left side of her face and tongue and a "funny feeling" in her left leg. The main symptoms lasted about 3-4 minutes, but her head continued to feel "fuzzy" for several days.

She has a history of MI, so is supposed to be on secondary prevention, but hasn't been taking this except for her aspirin over the past few weeks. Her BP is 130/99. I have advised her to restart her atorva80mg, and take 300mg aspirin until she sees you. I have also advised her not to drive. She will attend our treatment room for her bloods to be taken. Thank you for seeing her.

Investigations

Affected side of body : Left -
 Power loss face : Yes -
 Power loss arm: Yes -
 Power loss leg: No -
 Sensory disturbance: No -
 Speech disturbance: No -
 Loss of vision: No -
 Diplopia: No -
 Ataxia: No -
 Duration of symptoms: 3-4 mins. -
 Ischaemic heart disease: Yes -
 Diabetic: No -
 Current BP: 130/99 -

Reason for referral

Care type requested: Out Patient
 Expected outcome: Not Specified

Past medical history**High and Medium Priority Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date Recorded</u>
Cyst of vagina	-	-	-	07-Apr-2017
Acute myocardial infarction	-	-	-	10-Jul-2016
Uterine leiomyoma - fibroids	-	-	small intramural fibroid, Hyperechoic lesion within endometrial cavity suggestive of an endometrial polyp (US pelvis TVradiology)	01-Oct-2015
Haemangioma	-	-	-	24-Mar-2015
Acute back pain - unspecified	-	-	-	01-Jul-2011
Anxiety states	-	-	-	10-Aug-2010
[X]Depressive episode	-	-	-	16-Jan-2009
[X]Neurotic depression	-	-	-	24-May-1999
[X]Assault	-	-	-	21-Oct-1998

Whiplash injury	-	-	-	29-Jul-1997
Infertility - female	-	-	-	29-Mar-1995
Perianal warts	-	-	-	10-Oct-1991
Amenorrhoea	-	-	possible complete abortion	03-Oct-1989
Ovarian cysts	-	-	ultrasound	31-Aug-1989
Acute pelvic inflammatory disease	-	-	-	07-Aug-1989
Miscarriage	-	-	-	18-Dec-1988
Pain in joint - arthralgia	-	-	anti-nuclear factor negative Rheumatoid factor is positive by Latex method but negative by the IgM rheumatoid factor assay	25-Apr-1988
Overdose of drug	-	-	co-dydramol	01-Jan-1985

High Priority Past procedures

Description	Laterality	Modifier	Date Recorded
Insertion of drug-eluting coronary artery stent	-	-	10-Jul-2016
Percutaneous coronary intervention	-	-	10-Jul-2016
In vitro fertilisation procedure	-	-	02-Nov-2004
In vitro fertilisation procedure	-	-	21-May-2003
In vitro fertilisation procedure	-	-	08-Aug-1996
Salpingostomy	-	-	25-Jul-1994
Emergency excision of appendix	-	-	11-Mar-1988

Current medication (Active Repeat medication issued within the last 12 months)

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration
Venlafaxine 37.5mg tablets	54686020	tablet	1 TABLET TWICE DAILY	-	22-Oct-2019	-
Atorvastatin 80mg tablets	81727020	tablet	1 TABLET ONCE A DAY	-	22-Oct-2019	-
Aspirin 75mg dispersible tablets	52994020	tablet	1 TABLET ONCE A DAY	-	22-Oct-2019	-
Lansoprazole 30mg gastro-resistant capsules	75584020	capsule	1 CAPSULE DAILY	-	22-Oct-2019	-
Ramipril 5mg capsules	72676020	capsule	1 EVERY DAY. STOP TEMPORARILY[more]	-	07-Feb-2020	-
Glyceryl trinitrate 400micrograms/dose pump sublingual spray	62987020	dose	1-2 SPRAY UNDER THE TONGUE FO [more]	-	22-Oct-2019	-

Recent medication (Any medication issued within last 90 days not shown above)

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration
Zopiclone 7.5mg tablets	72416020	tablet	1 tablet at night	-	06-Jan-2025	-

Clinical warnings

Lifestyle risks

Exercise status: Enjoys moderate exercise

Allergies

H/O: drug allergy

Additional Clinical information

Smoking status

Alcohol consumption

Number per day

Units per day

Signature of referring doctor (or other professional) **Date**

Patients Copy

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	11-08-2022 04:22
Test Start Date	10-08-2022 06:15
Test End Date	--
GP Practice	62219
Specimen Number	22A03368924
Administration Method	

End of Report

Report Date: 11/08/2022

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	27-07-2022 04:12
Test Start Date	26-07-2022 05:20
Test End Date	--
GP Practice	62219
Specimen Number	22A03369310
Administration Method	

End of Report

Report Date: 27/07/2022

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	19-07-2022 23:47
Test Start Date	19-07-2022 07:15
Test End Date	--
GP Practice	62219
Specimen Number	22A11608654
Administration Method	

End of Report

Report Date: 20/07/2022

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	13-07-2022 00:45
Test Start Date	12-07-2022 11:50
Test End Date	--
GP Practice	62219
Specimen Number	22A11609000
Administration Method	

End of Report

Report Date: 13/07/2022

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	05-07-2022 23:52
Test Start Date	05-07-2022 06:40
Test End Date	--
GP Practice	62219
Specimen Number	22A11609420
Administration Method	

End of Report

Report Date: 06/07/2022

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	22-06-2022 01:58
Test Start Date	21-06-2022 07:00
Test End Date	--
GP Practice	62219
Specimen Number	21A27565104
Administration Method	

End of Report

Report Date: 22/06/2022

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Date Referral Sent **2022-09-29**

REFERRAL LETTER
MEDICAL IN CONFIDENCE

101027538741F

Unique Care Pathway Number: 101027538741F

2811693181

CHI No:2811693181

REFERRAL TO	
Colorectal CancerC1P LAN WISH Sus Colorectal Cancer	—— Consultant / receiving practitionerand/orspecialty clinic
Lanarkshire Cancer Referral Centre SCI Virtual location code	—— Hospitaland hospital address
	Hospital unit no. L002G
	Email address -
Urgency of referral Urgent Suspicion of Cancer	

PATIENT DETAILS		Patient's address
Surname	DINSMORE	200 WILTON ROAD CARLUKE ML8 4LN
Forename(s)	FIONA	
Title	-	
Sex	Female	
Date of birth	28-Nov-1969	
CHI no.	2811693181	Contact number(s) Voice:07960625278

REFERRING PRACTITIONER DETAILS		Practice address
Name	Dr. Steven Zonfrillo	Carluke Community Health Centre 40 Chapel Street Carluke
GMC code	7072549 GP code 12874	
Practice name	High Mill Medical Practice (62219)	
Practice code	62219	
		Contact number(s) Voice:01555 771012

Additional Administrative Information
ECOG/WHO Score:0 – Asymptomatic
Is the patient physically fit for outpatient bowel preparation:Yes
SHOULD THE PATIENT BE TREATED WITH MILITARY VETERAN PRIORITY :No
Is Patient Transport Required:No

CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting complaint**

Main

presenting Complaint: Altered bowel habit

Reason for

Referral: Dear doctor,

This nurse reports 8 weeks of very slowed bowels. Despite using laxatives she is passing only very small amounts of soft stool which is very different from her usual so she is very concerned about bowel cancer. She denies abdominal pains, weight loss or passing blood but there has at times been orange coloured jelly like material. She has been using 2 laxido a day plus senna but still not much has been happening. She has no history of bowel problems and no family history of note. I am arranging for her to get bloods checked and for her to hand in a stool sample and I am going to trial a disimpaction regimen of laxatives but given the red flags I think she needs investigated.

Examinations and Investigations

Rectal Bleeding:	No -
Passage of mucus:	Yes -
Anal Symptoms:	No -
Change in bowel habit greater than 4 weeks:	Yes -
Abdominal mass palpable:	No -
Rectal lesion palpable:	No -
FBC and U&E sent:	Yes -
TFT, CRP, and Faeces Culture sent (diarrhoea only):	Yes -
qFIT test kit given to patient (see Guidelines):	Yes -

Reason for referral

Care type requested: Out Patient

Expected outcome: Investigate

Past medical history**High and Medium Priority Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date Recorded</u>
Cyst of vagina	-	-	-	-
Acute myocardial infarction	-	-	-	-
Uterine leiomyoma - fibroids	-	-	small intramural fibroid, Hyperechoic lesion within endometrial cavity suggestive of an endometrial polyp (US pelvis TVradiology)	-
Haemangioma	-	-	-	-
Acute back pain - unspecified	-	-	-	-
Anxiety states	-	-	-	-
[X]Depressive episode	-	-	-	-
[X]Neurotic depression	-	-	-	-
[X]Assault	-	-	-	-
Whiplash injury	-	-	-	-
Infertility - female	-	-	-	-
Perianal warts	-	-	-	-
Amenorrhoea	-	-	possible complete abortion	-
Ovarian cysts	-	-	ultrasound	-
Acute pelvic inflammatory disease	-	-	-	-
Miscarriage	-	-	-	-

Pain in joint - arthralgia	-	-	anti-nuclear factor negative Rheumatoid factor is positive by Latex method but negative by the IgM rheumatoid factor assay	-		
Overdose of drug	-	-	co-dydramol	-		
High Priority Past procedures						
<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Date Recorded</u>			
Insertion of drug-eluting coronary artery stent	-	-	-			
Percutaneous coronary intervention	-	-	-			
In vitro fertilisation procedure	-	-	-			
In vitro fertilisation procedure	-	-	-			
In vitro fertilisation procedure	-	-	-			
Salpingostomy	-	-	-			
Emergency excision of appendix	-	-	-			
Current medication (Active Repeat medication issued within the last 12 months)						
<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>
Venlafaxine 37.5mg tablets	54686020	tablet	1 TABLET TWICE DAILY	-	22-Oct-2019	-
Ramipril 5mg capsules	72676020	capsule	1 EVERY DAY. STOP TEMPORARILY [more]	-	07-Feb-2020	-
Atorvastatin 80mg tablets	81727020	tablet	1 TABLET ONCE A DAY	-	22-Oct-2019	-
Lansoprazole 30mg gastro-resistant capsules	75584020	capsule	1 CAPSULE DAILY	-	22-Oct-2019	-
Glyceryl trinitrate 400micrograms/dose pump sublingual spray	62987020	dose	1-2 SPRAY UNDER THE TONGUE FO [more]	-	22-Oct-2019	-
Aspirin 75mg dispersible tablets	52994020	tablet	1 TABLET ONCE A DAY	-	22-Oct-2019	-
Recent medication (Any medication issued within last 90 days not shown above)						
<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>
Laxido Orange oral powder sachets sugar free (Galen Ltd)	93714020	sachet	1 SACHET DAILY	-	28-Sep-2022	-
Clinical warnings			Smoking status		Alcohol consumption	
Lifestyle risks			Number per day ? (not known)		Units per day ? (not known)	
Exercise status: Enjoys moderate exercise						
Allergies						
H/O: drug allergy						
Additional Clinical information						

Signature of referring doctor (or other professional) **Date**

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	16-03-2022 02:11
Test Start Date	15-03-2022 14:00
Test End Date	--
GP Practice	62219
Specimen Number	22A07908615
Administration Method	

End of Report

Report Date: 16/03/2022

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	DINSMORE
Forename	FIONA
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	11-03-2022 03:12
Test Start Date	10-03-2022 00:00
Test End Date	--
GP Practice	62219
Specimen Number	21A12746344
Administration Method	

End of Report

Report Date: 11/03/2022

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	02-03-2022 03:32
Test Start Date	01-03-2022 09:25
Test End Date	--
GP Practice	62219
Specimen Number	22A02698193
Administration Method	

End of Report

Report Date: 02/03/2022

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	24-02-2022 00:03
Test Start Date	23-02-2022 14:30
Test End Date	--
GP Practice	62219
Specimen Number	22A02697926
Administration Method	

End of Report

Report Date: 24/02/2022

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	16-02-2022 04:19
Test Start Date	15-02-2022 14:30
Test End Date	--
GP Practice	62219
Specimen Number	22A02698896
Administration Method	

End of Report

Report Date: 16/02/2022

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	09-02-2022 06:16
Test Start Date	08-02-2022 09:10
Test End Date	--
GP Practice	62219
Specimen Number	21A31608400
Administration Method	

End of Report

Report Date: 09/02/2022

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	02-02-2022 04:36
Test Start Date	01-02-2022 09:35
Test End Date	--
GP Practice	62219
Specimen Number	22A02698244
Administration Method	

End of Report

Report Date: 02/02/2022

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	26-01-2022 02:26
Test Start Date	25-01-2022 14:10
Test End Date	--
GP Practice	62219
Specimen Number	21A31607524
Administration Method	

End of Report

Report Date: 26/01/2022

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	12-01-2022 07:03
Test Start Date	11-01-2022 09:35
Test End Date	--
GP Practice	62219
Specimen Number	21A29852304
Administration Method	

End of Report

Report Date: 21/01/2022

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	05-01-2022 06:17
Test Start Date	04-01-2022 12:56
Test End Date	--
GP Practice	62219
Specimen Number	21A79852720
Administration Method	

End of Report

Report Date: 19/01/2022

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	19-01-2022 06:57
Test Start Date	18-01-2022 08:10
Test End Date	--
GP Practice	62219
Specimen Number	21A31608600
Administration Method	

End of Report

Report Date: 19/01/2022

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	29-12-2021 04:25
Test Start Date	28-12-2021 12:15
Test End Date	--
GP Practice	62219
Specimen Number	21A79852574
Administration Method	

End of Report

Report Date: 12/01/2022

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	22-12-2021 00:06
Test Start Date	21-12-2021 13:50
Test End Date	--
GP Practice	62219
Specimen Number	21A21564322
Administration Method	

End of Report

Report Date: 30/12/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	16-12-2021 00:06
Test Start Date	15-12-2021 14:00
Test End Date	--
GP Practice	62219
Specimen Number	21A21565056
Administration Method	

End of Report

Report Date: 20/12/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	08-12-2021 03:57
Test Start Date	07-12-2021 14:20
Test End Date	--
GP Practice	62219
Specimen Number	21A71564721
Administration Method	

End of Report

Report Date: 08/12/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	24-11-2021 01:52
Test Start Date	23-11-2021 13:30
Test End Date	--
GP Practice	62219
Specimen Number	21A76529412
Administration Method	

End of Report

Report Date: 24/11/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	18-11-2021 01:26
Test Start Date	17-11-2021 14:05
Test End Date	--
GP Practice	62219
Specimen Number	21A76529337
Administration Method	

End of Report

Report Date: 18/11/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	10-11-2021 02:57
Test Start Date	09-11-2021 09:15
Test End Date	--
GP Practice	62219
Specimen Number	21A16695931
Administration Method	

End of Report

Report Date: 10/11/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	03-11-2021 03:57
Test Start Date	02-11-2021 14:00
Test End Date	--
GP Practice	62219
Specimen Number	21A16695516
Administration Method	

End of Report

Report Date: 03/11/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	27-10-2021 00:28
Test Start Date	26-10-2021 09:01
Test End Date	--
GP Practice	62219
Specimen Number	21A156965C9
Administration Method	

End of Report

Report Date: 27/10/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	20-10-2021 03:31
Test Start Date	19-10-2021 06:00
Test End Date	--
GP Practice	62219
Specimen Number	21A73899470
Administration Method	

End of Report

Report Date: 20/10/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	13-10-2021 02:47
Test Start Date	12-10-2021 11:40
Test End Date	--
GP Practice	62219
Specimen Number	21A73899150
Administration Method	

End of Report

Report Date: 13/10/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	07-10-2021 00:38
Test Start Date	06-10-2021 12:15
Test End Date	--
GP Practice	62219
Specimen Number	21A73898472
Administration Method	

End of Report

Report Date: 10/10/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	29-09-2021 01:38
Test Start Date	28-09-2021 13:00
Test End Date	--
GP Practice	62219
Specimen Number	21A20636079
Administration Method	

End of Report

Report Date: 06/10/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	16-09-2021 02:31
Test Start Date	15-09-2021 11:55
Test End Date	
GP Practice	62219
Specimen Number	21A70637432
Administration Method	

End of Report

Report Date: 29/09/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	22-09-2021 04:16
Test Start Date	21-09-2021 09:10
Test End Date	
GP Practice	62219
Specimen Number	21A70637112
Administration Method	

End of Report

Report Date: 29/09/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	08-09-2021 17:25
Test Start Date	07-09-2021 06:35
Test End Date	
GP Practice	62219
Specimen Number	21A19506514
Administration Method	

End of Report

Report Date: 13/09/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	01-09-2021 05:16
Test Start Date	31-08-2021 11:55
Test End Date	
GP Practice	62219
Specimen Number	21A19506824
Administration Method	

End of Report

Report Date: 03/09/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	26-08-2021 06:25
Test Start Date	25-08-2021 07:50
Test End Date	
GP Practice	62219
Specimen Number	21A1550723
Administration Method	

End of Report

Report Date: 27/08/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	18-08-2021 04:50
Test Start Date	17-08-2021 11:01
Test End Date	
GP Practice	62219
Specimen Number	21A14337677
Administration Method	

End of Report

Report Date: 18/08/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	11-08-2021 05:41
Test Start Date	10-08-2021 06:35
Test End Date	
GP Practice	62219
Specimen Number	21A1433740
Administration Method	

End of Report

Report Date: 11/08/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	21-07-2021 07:10
Test Start Date	20-07-2021 08:30
Test End Date	
GP Practice	62219
Specimen Number	21A05393493
Administration Method	

End of Report

Report Date: 21/07/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	14-07-2021 07:51
Test Start Date	12-07-2021 08:40
Test End Date	
GP Practice	62219
Specimen Number	21A05392561
Administration Method	

End of Report

Report Date: 14/07/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	07-07-2021 07:35
Test Start Date	06-07-2021 08:50
Test End Date	
GP Practice	62219
Specimen Number	21A11226051
Administration Method	

End of Report

Report Date: 07/07/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	30-06-2021 04:20
Test Start Date	29-04-2021 09:40
Test End Date	
GP Practice	62219
Specimen Number	21A1122713
Administration Method	

End of Report

Report Date: 30/06/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	DINSMORE
Forename	FIONA
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	09-06-2021 06:52
Test Start Date	08-06-2021 09:40
Test End Date	
GP Practice	62219
Specimen Number	21A1122578
Administration Method	

End of Report

Report Date: 09/06/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	02-06-2021 06:50
Test Start Date	01-06-2021 10:40
Test End Date	
GP Practice	62219
Specimen Number	21A0758580
Administration Method	

End of Report

Report Date: 02/06/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	26-05-2021 08:47
Test Start Date	25-05-2021 08:40
Test End Date	
GP Practice	62219
Specimen Number	21A07585387
Administration Method	

End of Report

Report Date: 26/05/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	19-05-2021 10:55
Test Start Date	18-05-2021 09:30
Test End Date	
GP Practice	62219
Specimen Number	21A0758634
Administration Method	

End of Report

Report Date: 19/05/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	14-05-2021 02:21
Test Start Date	13-05-2021 10:00
Test End Date	
GP Practice	62219
Specimen Number	21A00969537
Administration Method	

End of Report

Report Date: 14/05/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	05-05-2021 07:45
Test Start Date	04-05-2021 08:45
Test End Date	
GP Practice	62219
Specimen Number	21A07586141
Administration Method	

End of Report

Report Date: 05/05/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	28-04-2021 06:02
Test Start Date	27-04-2021 07:02
Test End Date	
GP Practice	62219
Specimen Number	21A00969171
Administration Method	

End of Report

Report Date: 28/04/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	14-04-2021 02:52
Test Start Date	13-04-2021 07:40
Test End Date	
GP Practice	62219
Specimen Number	21A00969911
Administration Method	

End of Report

Report Date: 14/04/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	Dinsmore
Forename	Fiona
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	07-04-2021 06:50
Test Start Date	05-04-2021 22:00
Test End Date	
GP Practice	62219
Specimen Number	21A00970113
Administration Method	

End of Report

Report Date: 07/04/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	DINSMORE
Forename	FIONA
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	31-03-2021 09:05
Test Start Date	30-03-2021 09:53
Test End Date	
GP Practice	62219
Specimen Number	21A02 583857
Administration Method	

End of Report

Report Date: 31/03/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	DINSMORE
Forename	FIONA
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML8 4LN

Specimen Details

Specimen Processed Date	24-03-2021 06:55
Test Start Date	23-03-2021 11:55
Test End Date	
GP Practice	62219
Specimen Number	21A0258463
Administration Method	

End of Report

Report Date: 24/03/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	DINSMORE
Forename	FIONA
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML84LN

Specimen Details

Specimen Processed Date	17-03-2021 09:50
Test Start Date	16-03-2021 15:10
Test End Date	
GP Practice	62219
Specimen Number	21A0258431
Administration Method	

End of Report

Report Date: 17/03/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	DINSMORE
Forename	FIONA
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	

Specimen Details

Specimen Processed Date	05-03-2021 01:57
Test Start Date	02-03-2021 09:45
Test End Date	
GP Practice	62219
Specimen Number	21A02059673
Administration Method	

End of Report

Report Date: 05/03/2021

UK Covid-19 Test Report

Result

SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) detection result **negative**

Patient Details

Surname	DINSMORE
Forename	FIONA
CHI	2811693181
Date of birth	1969-11-28
Sex	Female
Address	200 WILTON ROAD CARLUKE ML84LN

Specimen Details

Specimen Processed Date	25-02-2021 02:27
Test Start Date	16-02-2021 12:15
Test End Date	
GP Practice	62219
Specimen Number	21A02059751
Administration Method	

End of Report

Report Date: 25/02/2021

www.nhslanarkshire.org.uk
Department of General Surgery
01355 585273
pauline.paterson@lanarkshire.scot.nhs.uk

Hairmyres Hospital
Eaglesham Road
East Kilbride
G75 8RG



Fiona Dinsmore
200 Wilton Road
Carluke
ML8 4LN

Date Dictated: 19/01/2021
Date Typed: 20/01/2021
Ref: 2805045
Letter Ref: PP
CHI Barcode:



Consultant: Mr Alistair Brown

Dear Mrs Dinsmore

Patient Name: Fiona Dinsmore
Patient date of birth: 28/11/1969
Patient Address: 200 Wilton Road, Carluke, ML8 4LN

You were scheduled for a telephone consultation this evening. I tried your mobile on a couple of occasions without success.

Obviously it's very tricky to take things forward without being able to push base with you. In light of the extreme pressure we are under for clinic spaces, a routine appointment will not be sent to you at the current time. I would be delighted to arrange another appointment if you would ask your GP to let us know.

Kind regards

Yours sincerely

Mr A Brown
Consultant Colorectal Surgeon

Authorised on 20/01/2021 16:05:11 by Mr Alistair Brown.

(D) Dr RC Lindsay
High Mill Medical Practice
Carluke Community Health Centre
40 Chapel Street
Carluke
ML8 4BA

File & Scan
only

McGregor, Gillian

From: MacLeod, Helen
Sent: 13 January 2021 10:31
To: High Mill Medical Practice
Subject: RE: Help needed

X Line done. Please put copy of patient's email in her file. Thanks
Helen

From: High Mill Medical Practice
Sent: 12 January 2021 11:37
To: MacLeod, Helen
Subject: FW: Help needed

From: Fiona Dinsmore [mailto:fdinsmore1969@gmail.com]
Sent: 12 January 2021 06:46
To: High Mill Medical Practice
Subject: Help needed

Sirs,

Could you please help? Last month one of your GPs kindly wrote me a letter to state that I was too high risk to be working in my care home while Covid was sweeping through. My employer is now insisting that my GP provide me with a "fit note" or they will not be applying to fund my wages and I will receive no monies for having to shield.

I would be so grateful if you could help me. Would you be kind enough to update me by email as I am night shift and therefore not easily reachable during the day.

Thank you for your assistance.

Fiona Jane Dinsmore
200 Wilton Road
Carlisle

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Patients Copy



CHI no: **CHI No: 2811693181**
 First name: **DINSMORE FIONA**
 Last name: **DINSMORE FIONA**
 Address: **28/11/1969**
200 Wilton Road
Carlisle ML8 4LN
 Telephone: **6026657 Dr R. Lindsay**
62219 Carlisle CHC

Treatment Room Service Nursing Record

Referrer's details (or attach label):

Date of Referral: **22.8.20**

Dr R. Lindsay
L13838
High Mill Medical Practice
Carlisle Community Health Centre
40 Chapel Street
CARLISLE ML8 4BA

GP Code

GP Signature

Allergies

Patient to be seen:

☐ Routine appointment☐ Same day☐ Urgent

Clinical details:

Diarrhoea

Reason for Referral:

☐ Dressing ☐ Ear irrigation (please check patient has no contra-indications)☐ Removal of stitches/staples ☐ Injection (please complete authorisation below)☐ Wound care ☐ Leg Ulcer ☐ First Aid ☐ Other (specify):

Bloods:

☐ Ferritin☒ FBC☐ ESR☐ INR☐ B₁₂ + Folate☒ CRP☒ U&E☐ Ca☐ PO₄☐ PSA☒ LFT☐ Glucose☐ HbA1C☐ Lipids☐ TFT☐ Helicobacter☐ Gamma GT☐ MSSU☐ Fasting Lipids☐ Fasting Glucose☐ Other (specify): **Coeliac serology**

Medication Administration

Date	Drug	Dose	Route	Frequency	Prescriber signature	End date

Nursing Staff Use:

☐ Wound Chart☐ Leg Ulcer Chart

A.B.I

☐ Yes ☐ No ☐ Declined

Referral to Smoking Cessation Service

☐ Yes ☐ No ☐ DeclinedPatient ear irrigation form: ☐ R ☐ L ☐ Yes



Respiratory MCN

Managed Clinical Network

NHS LANARKSHIRE
OUTREACH SPIROMETRY SERVICE
REFERRAL LETTER
MEDICAL IN CONFIDENCE

Outreach Spirometry Team

Hairmyres 01355 585262

- ☐ East Kilbride
☐ Hamilton
☐ Larkhall & Strathaven

Monklands 01236 712318

- ☐ North
☐ Bellshill & Uddingston
☐ Airdrie & Coatbridge

Wishaw 01698 366019

- ☐ Motherwell
☒ Wishaw
☒ Clydesdale

Patient Details

Surname

Forename

Address

DOB

Tel

CHI No: 2811693181

JINSMORE FIONA

28/11/1969 F
200 Wilton RoadCarlisle ML8 4LN
31Y02095 Nurse MacArthur
2218 Carlisle CHC**Practice Details**

GP

Address

Practice number

Tel

Fax

Wendy MacArthur

Nurse Practitioner

High Mill Medical Practice

Carlisle Community Health Centre

40 Chapel Street

Carlisle ML8 4BA

Clinical Details

Suspected COPD

Suspected Asthma

Breathlessness of unknown cause

Other (Please specify)

Tests Required

Spirometry with reversibility

200mg Salbutamol

Pulse oximetry

FENO

Smoking History

Current Smoker

Number per day

Number of years smoked

Ex smoker

How long stopped

Never smoked

Current MedicationSalbutamol
PRN:

Signed:

Date:

For Lab Use Only

Date Requested Received:

Appointment Date:

Emergency Discharge Summary University Hospital Wishaw



Emergency Department
University Hospital Wishaw
50 Netherton Street
ML2 0DP
Telephone : 01698366633

RC Lindsay
High Mill Medical Practice, Carluke Community Health Centre, 40 Chapel Street, Carluke
ML8 4BA

RE: DINSMORE, Fiona, 200 WILTON ROAD , , Carluke ML8 4LN

CHI: 2811693181

Dear Doctor RC Lindsay ,

Your patient attended University Hospital Wishaw on 02/11/2019 at 15:03

The presenting complaint was: SOB/DIB/chest tightness

Diagnosis: Abnormalities of breathing - Wheezing

Diagnosis Notes:

Investigations:

Radiology Exams:

Procedures:

Medications:

Follow up:

Notes:

**Additional
Information:**

Attended with a one week history of worsening dyspnoea and wheeze. Recent UTI. Reports often wheezes when has these and usually stopping bisoprolol helps. Patient is a smoker. Wheeze resolved with one combi-n eb. RR mildly elevated at 22, sats 98% Bloods showed mildly elevated inflammatory markers. CXR nil acute. ECG showed NSR. Troponin was negative. She was not keen to stay in hospital so has been discharged with a moxycillin, prednisolone, and a salbutamol inhaler along with strong worsening advice. I would appreciate it if you could follow up with the patient ? presentation of COPD

Yours faithfully
Ashleigh Thomson

- 5 NOV 2019

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Date Referral Sent **2020-08-28**

REFERRAL LETTER

MEDICAL IN CONFIDENCE

1010215632105

Unique Care Pathway Number: 1010215632105

2811693181

CHI No:2811693181

REFERRAL TO	
Colorectal CancerC1P LAN WISH Sus Colorectal Cancer	—— Consultant / receiving practitionerand/orspecialty clinic
Lanarkshire Cancer Referral Centre SCI Virtual location code	—— Hospitaland hospital address
	Hospital unit no. L002G
	Email address -
Urgency of referral Urgent Suspicion of Cancer	

PATIENT DETAILS		Patient's address
Surname	DINSMORE	200 WILTON ROAD CARLUKE ML8 4LN
Forename(s)	FIONA	
Title	-	
Sex	Female	
Date of birth	28-Nov-1969	
CHI no.	2811693181	Contact number(s) Voice:07960625278

REFERRING PRACTITIONER DETAILS		Practice address		
Name	Dr. Rhona Lindsay	Carluk Community Health Centre 40 Chapel Street Carluk		
GMC code	6026657		GP code	13838
Practice name	High Mill Medical Practice (62219)			
Practice code	62219			
		Contact number(s) Voice:01555 771012		

Additional Administrative Information
ECOG/WHO Score:0 – Asymptomatic
Patient will accept any site:Yes
Is the patient physically fit for outpatient bowel preparation:Yes
Is the person physically fit to have bowel prep at home?:Yes
SHOULD THE PATIENT BE TREATED WITH MILITARY VETERAN PRIORITY :No
Is Patient Transport Required:No

Patients Copy

CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting complaint**

Main presenting Complaint: Change of bowel habit >couple of months

Reason for Referral: Dear Doctor

This 50 year old nurse has had loose stools for a number of months. She initially put this down to IBS, but is worried now about a more sinister cause as her symptoms are getting worse. She is moving her bowels very frequently, and her stools are loose. She has also lost some weight (she isn't sure how much). She doesn't have any PR bleeding.

Abdominal examination is unremarkable. I have arranged for her to have her bloods checked and she will hand in a QFIT test.

I think that she requires further investigation to exclude malignancy.

yours sincerely

Examinations and Investigations

Rectal Bleeding:	No -
Passage of mucus:	No -
Anal Symptoms:	No -
Change in bowel habit greater than 4 weeks:	Yes -
Abdominal mass palpable:	No -
Rectal lesion palpable:	No -
Iron deficiency anaemia:	No -
Family History:	No -
FBC and U&E sent:	No -
TFT, CRP, and Faeces Culture sent (diarrhoea only):	No -
Recent E-GFR:	Yes -
qFIT test kit given to patient (see Guidelines):	Yes -

Reason for referral

Care type requested: Out Patient
Expected outcome: Investigate

Past medical history**High and Medium Priority Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date Recorded</u>
Cyst of vagina	-	-	-	-
Acute myocardial infarction	-	-	-	-
Uterine leiomyoma - fibroids	-	-	small intramural fibroid, Hyperechoic lesion within endometrial cavity suggestive of an endometrial polyp (US pelvis TVradiology)	-
Haemangioma	-	-	-	-
Acute back pain - unspecified	-	-	-	-
Anxiety states	-	-	-	-
[X]Depressive episode	-	-	-	-
[X]Neurotic depression	-	-	-	-
[X]Assault	-	-	-	-
Whiplash injury	-	-	-	-
Infertility - female	-	-	-	-
Perianal warts	-	-	-	-

Amenorrhoea	-	-	possible complete abortion	-
Ovarian cysts	-	-	ultrasound	-
Acute pelvic inflammatory disease	-	-	-	-
Miscarriage	-	-	-	-
Pain in joint - arthralgia	-	-	anti-nuclear factor negative Rheumatoid factor is positive by Latex method but negative by the IgM rheumatoid factor assay	-
Overdose of drug	-	-	co-dydramol	-

High Priority Past procedures

Description	Laterality	Modifier	Date Recorded
Insertion of drug-eluting coronary artery stent	-	-	-
Percutaneous coronary intervention	-	-	-
In vitro fertilisation procedure	-	-	-
In vitro fertilisation procedure	-	-	-
In vitro fertilisation procedure	-	-	-
Salpingostomy	-	-	-
Emergency excision of appendix	-	-	-

Current medication (Active Repeat medication issued within the last 12 months)

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration
Ticagrelor 90mg tablets	99283020	tablet	1 TABLET TWICE A DAY	-	22-Oct-2019	-
Ramipril 5mg capsules	72676020	capsule	1 EVERY DAY. STOP TEMPORARILY[more]	-	07-Feb-2020	-
Venlafaxine 37.5mg tablets	54686020	tablet	1 TABLET TWICE DAILY	-	22-Oct-2019	-
Lansoprazole 30mg gastro-resistant capsules	75584020	capsule	1 CAPSULE DAILY	-	22-Oct-2019	-
Glyceryl trinitrate 400micrograms/dose pump sublingual spray	62987020	dose	1-2 SPRAY UNDER THE TONGUE FO [more]	-	22-Oct-2019	-
Atorvastatin 80mg tablets	81727020	tablet	1 TABLET ONCE A DAY	-	22-Oct-2019	-
Aspirin 75mg dispersible tablets	52994020	tablet	1 TABLET ONCE A DAY	-	22-Oct-2019	-

Recent medication (Any medication issued within last 90 days not shown above)

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration
Ispaghula husk 3.5g effervescent granules sachets gluten free sugar free	98803020	sachet	1 SACHET TWICE A DAY	-	27-Aug-2020	-

Clinical warnings

Lifestyle risks

Exercise status: Enjoys moderate exercise

Allergies

H/O: drug allergy

Additional Clinical information

Signature of referring doctor (or other professional) Date