

Ms Fiona Dinsmore

28/11/1969

Female

494 915 9739 Permanent

Address

2 Arnum Place Carlisle ML8 4EE

Address Type: Main address

Communication numbers

Mobile phone

07960 625 278

Email

fdinsmore1969@gmail.com

Problems

Asthma confirmed	Started: 22/04/2026	Ended:
Suspected chronic obstructive pulmonary disease	Started: 12/11/2025	Ended:
Depression	Started: 22/10/2019	Ended:
Heartburn/Reflux	Started: 22/10/2019	Ended:
Coronary Artery Disease	Started: 22/10/2019	Ended:
Currently Relevant	Started: 21/10/2019	Ended:

Drug Allergies & Adverse Reactions

07/02/2020 H/O: drug allergy Allergy Moderate Bisoprolol
 2.5mg tablets Yellow card sent: No Breathless on b blocker. Known COPD. Asthma component??

Coronary heart disease register

Acute myocardial infarction Placed on register: 10/07/2016 Removed from register:

Stroke/ TIA register

Transient ischaemic attack Placed on register: 15/01/2025 Removed from register:

Asthma register

Asthma Placed on register: 22/04/2026 Removed from register:

Medical History

18/06/2026 Letter encounter from patient Psychological Therapies Carlisle Community Health Centre Psychological Therapies Charlene Curran Mrs Fiona Rieley

28/05/2026 Administration NOS PTT Letter Builder NHS Lanarkshire Nursing Charlene Curran Mr Sys System Supervisor

11/05/2026 Consultation Would like ref to Psychol as she feels that she has a lot of issues relating to her traumatic upbringing which she would like to deal with. I will refer. She has increased her venlafaxine herself to 75mg bd and this is helping a lot so I will change on repeat. Dr Rhona Lindsay

22/04/2026 Asthma spirometry today confirmed asthma and not copd. Fiona is delighted with this, she has cut down her smoking and is aware if she continues to smoke it can become copd. Mrs Anne Wilson

22/04/2026 At risk of diabetes mellitus seen today originally to confirm diagnosis of type 2 diabetes, but Fiona has made drastic changes to her diet all of the chocolate has gone and her hba1c has reduced to 43mmols/l, she is delighted agreed from now on to stay off the chocolate, will review yearly however. Mrs Anne Wilson

22/04/2026 Asthma confirmed Mrs Anne Wilson

04/03/2026 Telephone encounter Dr Ezike Request for strong analgesia. States was dx with haemangioma in England. Dr Nnamdi Chukwuma-Ezike

Requesting for strong analgesia or co-codamol. Declined as no indication in medical note. Advised to book in for 2nd review

24/02/2026 SMS text message sent to patient Dear Patient, please contact the practice to make a routine appointment with the practice nurse for a Asthma check. 01555 771012 *Please do not reply to this text* Mrs Gillian McGregor

19/02/2026 Seen in community treatment room Clydesdale Treatment Room Service: Seen by Clinician: Mrs May Reardon at 14:09:54 on 19-Feb-2026. Dr Federated Locum

19/02/2026 Consultation seen today to discuss blood results, discussed diabetes, discussed how type 2 diabetes is diagnosed and the need to have a second Hba1c to confirm the diagnosis, Fiona agreed to have a blood test today and will make a follow up appointment to discuss. Discussed type 2 diabetes and the detrimental effect on the body. Discussed the positive benefits of changing lifestyle in the hope of preventing type 2 diabetes, Fiona is happy with this. Mrs Anne Wilson

18/02/2026 Letter encounter from patient Clinical Letter Wishaw General Hospital Spirometry Service Miss Holly Clark

19/01/2026 SMS text message sent to patient Dear Patient, your blood test results are now back, the GP requests that you repeat these bloods again. Please attend the Bloods & Go at the treatment room between 8.00am - 3.30pm Monday - Friday, thank you High Mill MP "Please do not reply to this text" Mrs Fiona Rieley

13/01/2026 Chronic disease monitoring CDM monitoring appointment carried out today, PPE guidelines followed, consent obtained. BP, pulse blood sample, smoking & alcohol status, height and weight obtained, data collected as recorded Ms Fiona Connor

31/12/2025 SMS text message sent to patient Dear Patient, As of January we are changing how we do our chronic disease annual reviews. On the month of your birth you will receive an email or text message from HighMillGP with a link to an online form to complete. For more information please see our practice website - <https://www.highmillmedicalpractice.co.uk/medlink-messaging-for-chronic-disease-annual-reviews/> High Mill Medical Practice *Please do not reply to this text* {Patient Group Chronic Disease Medlinks} Ms Sharon Findlay

01/12/2025 Chronic disease management annual review invitation Via SMS text Ms Sharon Findlay

01/12/2025 SMS text message sent to patient Your annual Health Review is now due. Please contact the practice on 01555 771012 to make an appointment to have your bloods done and to make an appointment with the Practice Nurse for GROUP A please quote this group when telephoning. If you have had a review including bloods in the last 6 months please ignore this invite. Thank you High Mill *Please do not reply to this text* {Patient Group Cvd25 Born In November} Ms Sharon Findlay

12/11/2025 Suspected chronic obstructive pulmonary disease smoking at present 10 a day and vaping as well, more than 20 pack year history of smoking awaiting spirometry, every year gets at least one chest infection requiring oral steroids and antibiotics, has had a TIA and a heart attack. Today discussed stop smoking at length, she will consider changing to just vaping in the first instance. Discussed this is damage limitation and still very much worth doing. Discussed copd and how it effects the body discussed the risk of heart attack and stroke increases 5 fold following every exacerbation. Fiona aware of this. Agreed most likely a diagnosis of copd therefore to avoid further oral steroids and antibiotics inhaled therapy would be advantageous. Discussed options, Fiona happy with trelegy, ics/lama/laba, discussed its action, how and when to use it as well as possible adverse effects, demonstrated good technique today. reminded to rinse her mouth after, agreed to return after her spirometry sooner if any concerns. Mrs Anne Wilson

12/11/2025 Suspected chronic obstructive pulmonary disease Mrs Anne Wilson

11/11/2025 Encounter by computer link Medlink: Seen by Clinician: medlink.3rd at 09:05:00 on 11-Nov-2025 Dr Auto Medlink

28/10/2025 Referral letter Referral Letter Wishaw General Hospital Spirometry Miss Holly Clark

28/10/2025 Consultation cough for 10 days- productive. wheeze also. reg nurse.smoking currently -with 40+ pack year hx.

cxr 2024. FH COPD both parents. feels she herself has COPD.no sirometry as appointed during covid. conversing well. T: 36.5 HR 70 SPO2 97% no CL rr 16 PEARL chest- widespread cresp and wheeze- equal chest expansion. no leg pain and or swelling. using saba- overview of same and use of chamber. IMP: RTI / poss COPD PLAN: rx issued overview of same, use of saba and chamber-ref to spirometry. encouraged S/C- info given. fu appt with PN for consideration of starting rx while awaiting spirometry- time limited today. given my lungs my life web site. WSG - to seek review should symptoms change, worsen, not improve and/or if any new and concerning symptoms Mrs Louise Cummings

30/09/2025 Telephone encounter attended 2- years ref for bowels consipated, passing small amounts, some episodes of vomiting that come and, and getting ab lower left abdo Ms Anne Clayton

06/06/2025 SMS text message sent to patient Dear Patient, We have noticed an increasing number of patients getting weight loss injections like Mounjaro privately. These injections are not advisable during pregnancy or breast feeding and can make the contraceptive pill and HRT less effective. If you take the contraceptive pill with these injections you need to use condoms for 4 weeks after starting the first injection and for 4 weeks after any dose increase. For further information about contraception see this leaflet <https://www.fsrh.org/Common/Uploaded%20files/documents/Patient-information-GLP-1-agonists-and-contraception.pdf> If you are taking a form of HRT that includes tablets or capsules please make an appointment with your GP to have this reviewed. If a private clinic is prescribing your weight loss injections, make sure you inform them about all medications you are taking. Thank you High Mill {Patient Group Mounjaro Medication} Ms Sharon Findlay

02/06/2025 Seen by pharmacist HUB AJ - from letter pt aware to contact practice is any issues Ms Alisha Jaffry

02/06/2025 Outpatient clinic letter received UHM- OA- 20/05/25 - OPL states pt to remain on current dose of atorvastatin and Ezetimibe, if required can trial 2 weeks off atorvastatin or reduce dose. PSW EH Miss Erin Humphrey

02/06/2025 Site of encounter NOS HUB EH Miss Erin Humphrey

20/05/2025 Letter encounter from patient Clinic NHS Lanarkshire Geriatrics Michael HillhouseMFOA Specialist Pharmacist Miss Holly Clark

21/02/2025 Letter encounter from patient Patient NHS Lanarkshire Geriatrics Dr. Fiona Brodie Consultant in Care of the Elderly/Stroke Medicine. Mrs Gillian Miller

23/01/2025 SMS text message sent to patient We have been advised by NHS Lanarkshire that all routine appointments for Friday 24th January are to be cancelled, due to the red weather warning in place. Please do not travel to the health centre. Please do not contact the practice unnecessarily. If urgent care is required please telephone 01555 771012. Thank you - High Mill Medical Practice *Please do not reply to this text* {Patient Group Sms Consent All Patients} Ms Sharon Findlay

23/01/2025 Seen by pharmacist HUB LR Miss Lucie Robb

23/01/2025 Discussed with patient Phoned patient, has received letter so aware of changes. Received initial prescription of clopidogrel from clinic so does not need this at the moment but was not given ezetimibe so will issue rx for this. Miss Lucie Robb

23/01/2025 Outpatient clinic letter received UHM TIA Clinic 15/1/25 See docman for full details Stop 300mg Aspirin (was 75mg but changed to 300mg last 2 weeks. Aspirin 75mg removed from rpt) and instead Clopidogrel 75mg OD (does not state duration, may be indefinite) GP to please add Ezetimibe 10mg OD to repeat. Pt referred to lipid clinic, and for a 72hr eeg and echocardiogram as an OP/u with stroke nurse in community Pt also to quit smoking and given information and advise links. Mrs Corry Skivington

23/01/2025 Site of encounter NOS HUB-CS Mrs Corry Skivington

19/01/2025 Letter encounter from patient Unscheduled Care Report NHS Lanarkshire Primary Care Operating Division

Out of Hours Miss Holly Clark

16/01/2025 Chronic disease management annual review invitation Via SMS text Ms Sharon Findlay

16/01/2025 SMS text message sent to patient Your annual Health Review is now due. Please contact the treatment room on 01698 754400 to make an appointment to have your bloods done. Then contact the practice to make an appointment with the Practice Nurse for GROUP A please quote this group when telephoning. If you have had a review including bloods in the last 6 months please ignore this invite. Thank you High Mill *Please do not reply to this text* {Patient Group Cvd Nov24} Ms Sharon Findlay

15/01/2025 Letter encounter from patient Clinic NHS Lanarkshire Geriatrics Clayton Micallef Consultant for Geriatric Medicine/Stroke Medicine Miss Holly Clark

15/01/2025 Transient ischaemic attack

15/01/2025 Administration NOS Discharge/Summary Letter Monklands Hospital Pharmacy outpatient prescription Mrs Karen Calderwood

07/01/2025 Seen in community treatment room Clydesdale Treatment Room Service: Seen by Clinician: Ms Libby Allan at 09:14:01 on 07-Jan-2025. Dr Federated Locum

07/01/2025 Nursing care blood sample taken as per gp coms Dr Federated Locum

06/01/2025 Consultation Last Wed afternoon (5 days ago), lost all power and sensation in R arm. Then R side of face and tongue went numb, and she had a strange feeling in R leg. This all lasted for about 3-4 mins, but her head has felt a bit fuzzy since. However, all back to normal today. Supposed to be on atorva 80 and aspirin, but hasn't been taking any of her meds except aspirin 300 for past few weeks. BP 130/99 when it happened. I will refer to TIA clinic, and advised her not to drive meantime. Keep taking aspirin 300mg for now, and restart atorva. Bloods at TR. Has some neurotic dermatitis on leg - has had this longterm. would like to restart venlafaxine and have a short course of zopiclone as under a lot of family stress at the moment. Rx done, but cautioned re zopiclone that it can't be used long term and can cause morning drowsiness. Dr Rhona Lindsay

11/10/2024 SMS text message sent to patient Ms Sharon Findlay

11/10/2024 SMS text message sent to patient Dear Patient, High Mill Medical Practice requests that if you have been given a BP Monitor by the Practice that you return the monitor as soon as possible, we are unable to treat any other patients unless they are returned. Thank you *Please do not reply to this text {Patient Group Practice List With Sms Consent} Ms Sharon Findlay

21/09/2024 No response to bowel cancer screening programme invitation Dr Rhona Lindsay

19/12/2023 Chronic disease management annual review invitation Via SMS text Ms Sharon Findlay

19/12/2023 SMS text message sent to patient Dear Patient Your annual Health Review is now due. Please contact the practice on 01555 771012 to make an appointment to have your bloods done and an appointment with the Practice Nurse for GROUP A please quote this group when telephoning. If you have had a review including bloods in the last 6 months please ignore this invite. Thank you High Mill *Please do not reply to this text* {Patient Group Cvd Born In November} Ms Sharon Findlay

10/04/2023 Seen in out of hours centre Unscheduled Care Report NHS Lanarkshire Primary Care Operating Division Out of Hours Mrs Janice Romer

20/10/2022 Administration NOS Request for laxido done Dr Fiona Forsyth

12/10/2022 Failed encounter DNA treatment room bloods Ms May Reardon

29/09/2022 Letter encounter from patient Clinically Cancelled Referral NHS Lanarkshire Referrals Mrs Janice Romer

28/09/2022 Telephone encounter USOC ref colorectal: This nurse reports 8 weeks of very slow bowels. Despite using laxatives she is passing only very small amounts of soft stool which is very different from her usual so she is very concerned about bowel cancer. She denies abdominal pains, weight loss or passing blood but there has at times been orange coloured jelly like material. She has been using 2 laxido a day plus senna but still not much has been happening. She has no history of bowel problems and no family history of note. I am arranging for her to get bloods checked and for her to hand in a stool sample and I am going to trial a disimpaction regimen of laxatives but given the red flags I think she needs investigated. Dr Steven Zonfrillo

21/09/2022 No response to bowel cancer screening programme invitation Dr Rhona Lindsay

03/08/2022 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

20/07/2022 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

13/07/2022 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

06/07/2022 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

22/06/2022 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

02/03/2022 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

09/02/2022 Blood pressure recorded by patient at home UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

20/12/2021 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

08/12/2021 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

24/11/2021 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

18/11/2021 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

03/11/2021 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

22/10/2021 Did not attend breast screening clinic Appointment Reminder issued Dr Rhona Lindsay

20/10/2021 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

10/10/2021 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

29/09/2021 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

29/09/2021 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

13/09/2021 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

11/08/2021 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

21/07/2021 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

20/07/2021 Cervical smear defaulter Dr Rhona Lindsay

14/07/2021 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

26/05/2021 Letter encounter from patient UK Covid Results UK Covid Results Results Unknown Mrs Janice Romer

08/12/2020 Letter encounter to patient Administration Letter To Whom it May Concern Mrs Janice Romer

08/12/2020 Telephone encounter Tel apt due to covid 19. Several staff and patients in home now have covid. Has done 5 x VoD in last few days. Uses ventolin occasionally. Awaiting spirometry. Work not understanding- told OK if wears PPE. Other colleagues very poorly with covid at present. Very anxious as going into unsafe situation. 1 nurse at night for 80 residents. At the moment have 12 positive cases. If goes off sick due to covid gets 80% of pay/ if goes off sick gets SSP. Would like letter stating medical conditions. Awaiting spirometry. When at A+E 1 year ago did have exacerbation to the extent admission was considered. In view of this she is higher risk in current working environment. Letter done to that effect. Dr Helen Macleod

19/11/2020 Administration NOS checked with respiratory they had not received referral, resent referral today. with date highlighted, 03/02/2020, as suggested on phoned. Dr Rhona Lindsay

27/08/2020 Consultation Attended for examination No masses felt in abdomen. She will do QFIT and I will refer for bloods and to colorectal. Try fybogel meantime. Dr Rhona Lindsay

27/08/2020 Telephone encounter Tel enc due to Covid Loose stools for a number of months which she put down to IBS.

However, has been much worse over past 8 days and is now getting worried that there might be something underlying this. Has also been sick at times over past week - doesn't feel unwell, and has no warning before vomiting. Thinks she has lost a bit of weight and abdo feels bloated at times. No blood in stool. Care home manager, and is swabbed weekly - this was neg on Mon. Is likely to need ref for scope, but I will examine abdo first to check for masses Dr Rhona Lindsay

29/05/2020 Notes summary on computer x4 Lloyd George envelopes Sister Liz Drife

26/02/2020 No response to bowel cancer screening programme invitation Dr Rhona Lindsay

High Mill Medical Practice, 40 Chapel Street, Carluke, ML8 4BA

Tel: 01555 771012

07/02/2020 Consultation MI 3 ya. On b blocker. SOB/wheeze with recently. Stop. Asthma component? Awaits spiro.

Increase dose lisinopril. Should check bloods 1 week. Patient a nurse will keep eye on BP and return for review 1m, sooner any concerns

Dr Mark Thompson

03/02/2020 Consultation see letter from hosp. ? COPD , discussed today , has stopped smoking , on vape. feels much

better. Discussed, has salbutamol PRN at home, spirometry referral done, agreed to wait re outcome, then discuss, and plan next step , encouraged to remain off CIGS Wmac

Sister Wendy

Macarthur

02/12/2019 Patient MRE received from HB - 4 volumes of Lloyd George Envelope

Dr Rhona Lindsay

23/10/2019 Letter encounter from patient Administration Letter GP System Record

Mrs Janice Romer

21/10/2019 Consent given for communication by SMS text messaging

Dr Rhona Lindsay

21/10/2019 Patient's next of kin , Gary Bennie - 07831193738

Dr Rhona Lindsay

21/10/2019 Patient signed reg. form

Dr Rhona Lindsay

07/04/2017 Cyst of vagina

10/07/2016 Insertion of drug-eluting coronary artery stent

10/07/2016 Percutaneous coronary intervention PCI circumflex artery and with deployment of 3x15mm xience drug eluting

stents

10/07/2016 Acute myocardial infarction

01/10/2015 Uterine leiomyoma - fibroids small intramural fibroid, Hyperechoic lesion within endometrial cavity suggestive

of an endometrial polyp (US pelvis TVradiology)

24/03/2015 Haemangioma

01/07/2011 Acute back pain - unspecified

10/08/2010 Anxiety states

16/01/2009 [X]Depressive episode

02/11/2004 In vitro fertilisation procedure

21/05/2003 In vitro fertilisation procedure

24/05/1999 [X]Neurotic depression

21/10/1998 [X]Assault

29/07/1997 Whiplash injury

08/08/1996 In vitro fertilisation procedure

29/03/1995 Infertility - female

25/07/1994 Salpingostomy bilateral clearing of pelvic adhesions

10/10/1991 Perianal warts

03/10/1989 Amenorrhoea possible complete abortion

31/08/1989 Ovarian cysts ultrasound

07/08/1989 Acute pelvic inflammatory disease

18/12/1988 Miscarriage

25/04/1988 Pain in joint - arthralgia anti-nuclear factor negative Rheumatoid factor is positive by Latex method but negative

by the IgM rheumatoid factor assay

11/03/1988 Emergency excision of appendix

01/01/1985 Overdose of drug co-dydramol

Repeat Masters

Venlafaxine 37.5mg tablets Until: Last issued: 19/06/2026 Number of issues: 1 maximum 99 allowed 2 TWICE A DAY Notes for

patient: In the future if you would like to try reducing the dose or stopping your antidepressant, please arrange a telephone appointment with the GP. Spring/summer is the best time to do this.

Relvar Ellipta 184micrograms/dose /

22micrograms/dose dry powder inhaler (GlaxoSmithKline UK Ltd) Until: Last issued: 22/04/2026 Number of issues: 1 maximum 6 allowed ONE INHALATION

ONCE DAILY

Acepro 600mg effervescent tablets (Stirling

Anglian Pharmaceuticals Ltd) Until: Last issued: 10/03/2026 Number of issues: 3 maximum 6 allowed TAKE 1 TABLET ONCE A DAY

AeroChamber Plus Flow-Vu Anti-Static (Trudell

Medical UK Ltd) Until: Last issued: 12/11/2025 Number of issues: 1 maximum 2 allowed SHAKE INHALER, PLUG INTO SPACER AND PUFF INTO

CHAMBER. LEAVE INHALER PLUGGED IN. GET A GOOD SEAL AROUND THE MOUTHPIECE AND TAKE 10 DEEP BREATHS. REMOVE THE INHALER AND REPEAT PROCESS

FOR SECOND PUFF

Salbutamol 100micrograms/dose inhaler CFC free Until: Last issued: 06/03/2026 Number of issues: 2 maximum 4 allowed 2 PUFFS AS REQUIRED IF

SHORT OF BREATH OR WHEEZY

Ramipril 5mg capsules Until: Last issued: 28/05/2026 Number of issues: 4 maximum 6 allowed 1 EVERY DAY. STOP

TEMPORARILY WHEN UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.

Lansoprazole 30mg gastro-resistant capsules Until: Last issued: 28/05/2026 Number of issues: 3 maximum 6 allowed 1 CAPSULE DAILY

Atorvastatin 80mg tablets Until: Last issued: 12/11/2025 Number of issues: 1 maximum 6 allowed 1 TABLET ONCE A DAY

Venlafaxine 37.5mg tablets Until: Last issued: 22/04/2026 Number of issues: 4 maximum 6 allowed 1 TABLET TWICE DAILY

Ezetimibe 10mg tablets Until: Last issued: 28/05/2026 Number of issues: 6 maximum 12 allowed ONE TABLET ONCE A DAY

Clopidogrel 75mg tablets Until: Last issued: 28/05/2026 Number of issues: 6 maximum 12 allowed ONE TABLET ONCE A DAY

Glyceryl trinitrate 400micrograms/dose pump

sublingual spray Until: Last issued: 12/11/2025 Number of issues: 4 maximum 6 allowed 1-2 SPRAY UNDER THE TONGUE FOR CHEST FOR FOR PAIN

AND/OR BREATHLESS. REPEAT AFTER 5 MINUTES IF SYMPTOMS PERSIST. IF NO IMPROVEMENT IN SYMPTOMS AFTER FURTHER 5 MINUTES, PHONE 999.

Acute and Repeat Issue Therapy

19/06/2026 issued Venlafaxine 37.5mg tablets Supply: (14) tablet 1 TABLET(S) TWICE A DAY/CP4 BOOTS Notes for

patient: In the future if you would like to try reducing the dose or stopping your antidepressant, please arrange a telephone appointment with the GP. Spring/summer is the best time to do this..

SUPPLIED ELSEWHERE - NOT TO BE PRESCRIBED BY GP OR DISPENSED BY COMMUNITY PHARMACY

19/06/2026 1 issued Venlafaxine 37.5mg tablets Supply: (224) tablet 2 TWICE A DAY Notes for patient: In the future if you

would like to try reducing the dose or stopping your antidepressant, please arrange a telephone appointment with the GP. Spring/summer is the best time to do this.

28/05/2026 6 issued Clopidogrel 75mg tablets Supply: (56) tablet ONE TABLET ONCE A DAY

28/05/2026 6 issued Ezetimibe 10mg tablets Supply: (56) tablet ONE TABLET ONCE A DAY

28/05/2026 3 issued Lansoprazole 30mg gastro-resistant capsules Supply: (56) capsule 1 CAPSULE DAILY

28/05/2026 4 issued Ramipril 5mg capsules Supply: (56) capsule 1 EVERY DAY. STOP TEMPORARILY WHEN

UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.

22/04/2026 4 issued Venlafaxine 37.5mg tablets Supply: (112) tablet 1 TABLET TWICE DAILY

22/04/2026 1 issued Relvar Ellipta 184micrograms/dose /

22micrograms/dose dry powder inhaler (GlaxoSmithKline UK Ltd) Supply: (60) dose ONE INHALATION ONCE DAILY

10/03/2026 5 issued Clopidogrel 75mg tablets Supply: (56) tablet ONE TABLET ONCE A DAY

10/03/2026 5 issued Ezetimibe 10mg tablets Supply: (56) tablet ONE TABLET ONCE A DAY

10/03/2026 3 issued Venlafaxine 37.5mg tablets Supply: (112) tablet 1 TABLET TWICE DAILY

10/03/2026 2 issued Lansoprazole 30mg gastro-resistant capsules Supply: (56) capsule 1 CAPSULE DAILY

10/03/2026 3 issued Ramipril 5mg capsules Supply: (56) capsule 1 EVERY DAY. STOP TEMPORARILY WHEN

UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.

10/03/2026 3 issued Trelegy Ellipta 92micrograms/dose /

55micrograms/dose / 22micrograms/dose dry powder inhaler (GlaxoSmithKline UK Ltd) Supply: (60) dose 1 INHALATION ONCE DAILY

10/03/2026 2 issued Salbutamol 100micrograms/dose inhaler CFC free Supply: (200) dose 2 PUFFS AS REQUIRED IF SHORT OF BREATH OR

WHEEZY

10/03/2026 3 issued Acepro 600mg effervescent tablets (Stirling Anglian

Pharmaceuticals Ltd) Supply: (60) tablet TAKE 1 TABLET ONCE A DAY

09/03/2026 issued Dihydrocodeine 30mg tablets Supply: (50) tablet 1-2 TABLET(S) UP TO FOUR TIMES A DAY WHEN

REQUIRED FOR FOR FOR PAIN Notes for patient: As will all opioid drugs, this is potentially addictive with prolonged use and can cause drowsiness affecting safe driving.

High Mill Medical Practice, 40 Chapel Street, Carlisle, ML8 4BA

Tel: 01555 771012

Page 3/12 Printed by SHARON FINDLAY on 09/07/26 18:16:35

Ms Fiona Dinsmore

28/11/1969

Female

494 915 9739

Permanent

14/01/2026	4 issued	Clopidogrel 75mg tablets	Supply: (56) tablet	ONE TABLET ONCE A DAY
14/01/2026	4 issued	Ezetimibe 10mg tablets	Supply: (56) tablet	ONE TABLET ONCE A DAY
14/01/2026	2 issued	Venlafaxine 37.5mg tablets	Supply: (112) tablet	1 TABLET TWICE DAILY
14/01/2026	2 issued	Ramipril 5mg capsules	Supply: (56) capsule	1 EVERY DAY. STOP TEMPORARILY WHEN
UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.				
14/01/2026	2 issued	Trelegy Ellipta 92micrograms/dose / 55micrograms/dose / 22micrograms/dose dry powder inhaler (GlaxoSmithKline UK Ltd)	Supply: (60) dose	1 INHALATION ONCE DAILY
14/01/2026	2 issued	Acepiro 600mg effervescent tablets (Stirling Anglian Pharmaceuticals Ltd)	Supply: (60) tablet	TAKE 1 TABLET ONCE A DAY
12/11/2025	4 issued	Glyceryl trinitrate 400micrograms/dose pump sublingual spray	Supply: (200) dose	1-2 SPRAY UNDER THE TONGUE FOR CHEST FOR FOR PAIN AND/OR BREATHLESS. REPEAT AFTER 5 MINUTES IF SYMPTOMS PERSIST. IF NO IMPROVEMENT IN SYMPTOMS AFTER FURTHER 5 MINUTES, PHONE 999.
12/11/2025	3 issued	Clopidogrel 75mg tablets	Supply: (56) tablet	ONE TABLET ONCE A DAY
12/11/2025	3 issued	Ezetimibe 10mg tablets	Supply: (56) tablet	ONE TABLET ONCE A DAY
12/11/2025	1 issued	Venlafaxine 37.5mg tablets	Supply: (112) tablet	1 TABLET TWICE DAILY
12/11/2025	1 issued	Atorvastatin 80mg tablets	Supply: (56) tablet	1 TABLET ONCE A DAY
12/11/2025	1 issued	Lansoprazole 30mg gastro-resistant capsules	Supply: (56) capsule	1 CAPSULE DAILY
12/11/2025	1 issued	Ramipril 5mg capsules	Supply: (56) capsule	1 EVERY DAY. STOP TEMPORARILY WHEN
UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.				
12/11/2025	1 issued	Trelegy Ellipta 92micrograms/dose / 55micrograms/dose / 22micrograms/dose dry powder inhaler (GlaxoSmithKline UK Ltd)	Supply: (60) dose	1 INHALATION ONCE DAILY
12/11/2025	1 issued	Salbutamol 100micrograms/dose inhaler CFC free	Supply: (200) dose	2 PUFFS AS REQUIRED IF SHORT OF BREATH OR
WHEEZY				
12/11/2025	1 issued	AeroChamber Plus Flow-Vu Anti-Static (Trudell Medical UK Ltd)	Supply: (1) device	SHAKE INHALER, PLUG INTO SPACER AND PUFF INTO CHAMBER. LEAVE INHALER PLUGGED IN. GET A GOOD SEAL AROUND THE MOUTHPIECE AND TAKE 10 DEEP BREATHS. REMOVE THE INHALER AND REPEAT PROCESS FOR SECOND PUFF
12/11/2025	1 issued	Acepiro 600mg effervescent tablets (Stirling Anglian Pharmaceuticals Ltd)	Supply: (60) tablet	TAKE 1 TABLET ONCE A DAY
28/10/2025	issued	Amoxicillin 500mg capsules	Supply: (21) capsule	1 TABLET THREE TIMES DAILY
28/10/2025	issued	Prednisolone 5mg tablets	Supply: (40) tablet	8 TABLET(S) EVERY DAY
28/10/2025	issued	Salbutamol 100micrograms/dose inhaler CFC free	Supply: (200) dose	2-4 PUFFS AS REQUIRED IF SHORT OF BREATH OR
WHEEZY USING				
16/10/2025	6 issued	Ramipril 5mg capsules	Supply: (56) capsule	1 EVERY DAY. STOP TEMPORARILY WHEN
UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.				
16/10/2025	6 issued	Lansoprazole 30mg gastro-resistant capsules	Supply: (56) capsule	1 CAPSULE DAILY
16/10/2025	6 issued	Atorvastatin 80mg tablets	Supply: (56) tablet	1 TABLET ONCE A DAY
16/10/2025	6 issued	Venlafaxine 37.5mg tablets	Supply: (112) tablet	1 TABLET TWICE DAILY
30/09/2025	issued	Famotidine 20mg tablets	Supply: (28) tablet	ONE A DAY (FOR REFLUX IF NEED WHILE PAUSE
OF LANSOPRAZOLE)				
30/09/2025	2 issued	Clopidogrel 75mg tablets	Supply: (56) tablet	ONE TABLET ONCE A DAY
30/09/2025	2 issued	Ezetimibe 10mg tablets	Supply: (56) tablet	ONE TABLET ONCE A DAY
30/09/2025	issued	Laxido Orange oral powder sachets sugar free (Galen Ltd)	Supply: (30) sachet	1-2 SACHET A DAILY
30/09/2025	issued	Ispaghula husk 3.5g effervescent granules sachets gluten free sugar free	Supply: (30) sachet	TAKE THE CONTENTS OF ONE SACHET MORNING AND EVENING (AVOID TAKING IMMEDIATELY BEFORE BEDTIME)
12/08/2025	5 issued	Ramipril 5mg capsules	Supply: (56) capsule	1 EVERY DAY. STOP TEMPORARILY WHEN
UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.				
12/08/2025	5 issued	Lansoprazole 30mg gastro-resistant capsules	Supply: (56) capsule	1 CAPSULE DAILY
12/08/2025	5 issued	Atorvastatin 80mg tablets	Supply: (56) tablet	1 TABLET ONCE A DAY
12/08/2025	5 issued	Venlafaxine 37.5mg tablets	Supply: (112) tablet	1 TABLET TWICE DAILY
28/07/2025	1 issued	Clopidogrel 75mg tablets	Supply: (56) tablet	ONE TABLET ONCE A DAY
28/07/2025	1 issued	Ezetimibe 10mg tablets	Supply: (56) tablet	ONE TABLET ONCE A DAY
17/06/2025	4 issued	Ramipril 5mg capsules	Supply: (56) capsule	1 EVERY DAY. STOP TEMPORARILY WHEN
UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.				
17/06/2025	4 issued	Lansoprazole 30mg gastro-resistant capsules	Supply: (56) capsule	1 CAPSULE DAILY
17/06/2025	4 issued	Atorvastatin 80mg tablets	Supply: (56) tablet	1 TABLET ONCE A DAY
17/06/2025	4 issued	Venlafaxine 37.5mg tablets	Supply: (112) tablet	1 TABLET TWICE DAILY
29/05/2025	3 issued	Clopidogrel 75mg tablets	Supply: (56) tablet	ONE TABLET ONCE A DAY
29/05/2025	2 issued	Ezetimibe 10mg tablets	Supply: (56) tablet	ONE TABLET ONCE A DAY
22/04/2025	3 issued	Ramipril 5mg capsules	Supply: (56) capsule	1 EVERY DAY. STOP TEMPORARILY WHEN
UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.				
22/04/2025	3 issued	Lansoprazole 30mg gastro-resistant capsules	Supply: (56) capsule	1 CAPSULE DAILY
22/04/2025	3 issued	Atorvastatin 80mg tablets	Supply: (56) tablet	1 TABLET ONCE A DAY
22/04/2025	3 issued	Venlafaxine 37.5mg tablets	Supply: (112) tablet	1 TABLET TWICE DAILY
26/03/2025	1 issued	Ezetimibe 10mg tablets	Supply: (56) tablet	ONE TABLET ONCE A DAY
24/03/2025	2 issued	Clopidogrel 75mg tablets	Supply: (56) tablet	ONE TABLET ONCE A DAY
24/02/2025	3 issued	Glyceryl trinitrate 400micrograms/dose pump sublingual spray	Supply: (200) dose	1-2 SPRAY UNDER THE TONGUE FOR CHEST FOR FOR PAIN AND/OR BREATHLESS. REPEAT AFTER 5 MINUTES IF SYMPTOMS PERSIST. IF NO IMPROVEMENT IN SYMPTOMS AFTER FURTHER 5 MINUTES, PHONE 999.
24/02/2025	2 issued	Ramipril 5mg capsules	Supply: (56) capsule	1 EVERY DAY. STOP TEMPORARILY WHEN
UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.				
24/02/2025	2 issued	Lansoprazole 30mg gastro-resistant capsules	Supply: (56) capsule	1 CAPSULE DAILY
24/02/2025	2 issued	Atorvastatin 80mg tablets	Supply: (56) tablet	1 TABLET ONCE A DAY
24/02/2025	2 issued	Venlafaxine 37.5mg tablets	Supply: (112) tablet	1 TABLET TWICE DAILY
03/02/2025	1 issued	Clopidogrel 75mg tablets	Supply: (56) tablet	ONE TABLET ONCE A DAY
23/01/2025	1 issued	Ezetimibe 10mg tablets	Supply: (56) tablet	ONE TABLET ONCE A DAY
06/01/2025	1 issued	Ramipril 5mg capsules	Supply: (56) capsule	1 EVERY DAY. STOP TEMPORARILY WHEN
UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.				
06/01/2025	1 issued	Lansoprazole 30mg gastro-resistant capsules	Supply: (56) capsule	1 CAPSULE DAILY
06/01/2025	1 issued	Aspirin 75mg dispersible tablets	Supply: (56) tablet	1 TABLET ONCE A DAY
06/01/2025	1 issued	Atorvastatin 80mg tablets	Supply: (56) tablet	1 TABLET ONCE A DAY
06/01/2025	1 issued	Venlafaxine 37.5mg tablets	Supply: (112) tablet	1 TABLET TWICE DAILY
06/01/2025	issued	Zopiclone 7.5mg tablets	Supply: (14) tablet	1 tablet at night Notes for patient: This drug is not intended for long term use. It is potentially addictive and can cause drowsiness affecting safe driving.
16/02/2023	issued	Laxido Orange oral powder sachets sugar free (Galen Ltd)	Supply: (60) sachet	1 SACHET DAILY
16/02/2023	6 issued	Aspirin 75mg dispersible tablets	Supply: (56) tablet	1 TABLET ONCE A DAY
16/02/2023	6 issued	Lansoprazole 30mg gastro-resistant capsules	Supply: (56) capsule	1 CAPSULE DAILY
16/02/2023	4 issued	Atorvastatin 80mg tablets	Supply: (56) tablet	1 TABLET ONCE A DAY
16/02/2023	6 issued	Ramipril 5mg capsules	Supply: (56) capsule	1 EVERY DAY. STOP TEMPORARILY WHEN
UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.				

High Mill Medical Practice, 40 Chapel Street, Carlisle, ML8 4BA

Tel: 01555 771012

Page 4/12

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Full Report**Ms Fiona Dinsmore****28/11/1969****Female****494 915 9739****Permanent**

20/10/2022 issued Laxido Orange oral powder sachets sugar free (Galen Ltd) Supply: (120) sachet AS DIRECTED

28/09/2022 5 issued Aspirin 75mg dispersible tablets Supply: (56) tablet 1 TABLET ONCE A DAY

28/09/2022 2 issued Glyceryl trinitrate 400micrograms/dose pump sublingual spray Supply: (200) dose 1-2 SPRAY UNDER THE TONGUE FOR CHEST FOR FOR PAIN AND/OR BREATHLESS. REPEAT AFTER 5 MINUTES IF SYMPTOMS PERSIST. IF NO IMPROVEMENT IN SYMPTOMS AFTER FURTHER 5 MINUTES, PHONE 999.

28/09/2022 5 issued Lansoprazole 30mg gastro-resistant capsules Supply: (56) capsule 1 CAPSULE DAILY

28/09/2022 3 issued Atorvastatin 80mg tablets Supply: (56) tablet 1 TABLET ONCE A DAY

28/09/2022 5 issued Ramipril 5mg capsules Supply: (56) capsule 1 EVERY DAY. STOP TEMPORARILY WHEN UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.

28/09/2022 1 issued Venlafaxine 37.5mg tablets Supply: (112) tablet 1 TABLET TWICE DAILY

28/09/2022 issued Laxido Orange oral powder sachets sugar free (Galen Ltd) Supply: (60) sachet 1 SACHET DAILY

22/04/2021 1 issued Glyceryl trinitrate 400micrograms/dose pump sublingual spray Supply: (200) dose 1-2 SPRAY UNDER THE TONGUE FOR CHEST FOR FOR PAIN AND/OR BREATHLESS. REPEAT AFTER 5 MINUTES IF SYMPTOMS PERSIST. IF NO IMPROVEMENT IN SYMPTOMS AFTER FURTHER 5 MINUTES, PHONE 999.

22/04/2021 6 issued Venlafaxine 37.5mg tablets Supply: (112) tablet 1 TABLET TWICE DAILY

25/02/2021 4 issued Aspirin 75mg dispersible tablets Supply: (56) tablet 1 TABLET ONCE A DAY

25/02/2021 4 issued Lansoprazole 30mg gastro-resistant capsules Supply: (56) capsule 1 CAPSULE DAILY

25/02/2021 5 issued Venlafaxine 37.5mg tablets Supply: (112) tablet 1 TABLET TWICE DAILY

25/02/2021 4 issued Ramipril 5mg capsules Supply: (56) capsule 1 EVERY DAY. STOP TEMPORARILY WHEN UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.

17/11/2020 issued Salbutamol 100micrograms/dose inhaler CFC free Supply: (200) dose 2 PUFFS AS REQUIRED IF SHORT OF BREATH OR WHEEZY Notes for patient: i will contact hosp to chase up your breathing referral

13/11/2020 3 issued Aspirin 75mg dispersible tablets Supply: (56) tablet 1 TABLET ONCE A DAY

13/11/2020 2 issued Atorvastatin 80mg tablets Supply: (56) tablet 1 TABLET ONCE A DAY

13/11/2020 3 issued Lansoprazole 30mg gastro-resistant capsules Supply: (56) capsule 1 CAPSULE DAILY

13/11/2020 4 issued Venlafaxine 37.5mg tablets Supply: (112) tablet 1 TABLET TWICE DAILY

13/11/2020 3 issued Ramipril 5mg capsules Supply: (56) capsule 1 EVERY DAY. STOP TEMPORARILY WHEN UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.

27/08/2020 issued Ispaghula husk 3.5g effervescent granules sachets gluten free sugar free Supply: (60) sachet 1 SACHET TWICE A DAY

01/07/2020 2 issued Aspirin 75mg dispersible tablets Supply: (56) tablet 1 TABLET ONCE A DAY

01/07/2020 1 issued Atorvastatin 80mg tablets Supply: (56) tablet 1 TABLET ONCE A DAY

01/07/2020 2 issued Lansoprazole 30mg gastro-resistant capsules Supply: (56) capsule 1 CAPSULE DAILY

01/07/2020 3 issued Venlafaxine 37.5mg tablets Supply: (112) tablet 1 TABLET TWICE DAILY

01/07/2020 2 issued Ramipril 5mg capsules Supply: (56) capsule 1 EVERY DAY. STOP TEMPORARILY WHEN UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.

07/02/2020 1 issued Ramipril 5mg capsules Supply: (56) capsule 1 EVERY DAY. STOP TEMPORARILY WHEN UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.

03/02/2020 1 issued Aspirin 75mg dispersible tablets Supply: (56) tablet 1 TABLET ONCE A DAY

03/02/2020 2 issued Bisoprolol 2.5mg tablets Supply: (56) tablet 1 TABLET ONCE DAILY

03/02/2020 1 issued Lansoprazole 30mg gastro-resistant capsules Supply: (56) capsule 1 CAPSULE DAILY

03/02/2020 2 issued Venlafaxine 37.5mg tablets Supply: (112) tablet 1 TABLET TWICE DAILY

03/02/2020 2 issued Ramipril 2.5mg capsules Supply: (56) capsule 1 EVERY DAY. STOP TEMPORARILY WHEN UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.

03/02/2020 1 issued Ticagrelor 90mg tablets Supply: (112) tablet 1 TABLET TWICE A DAY

22/10/2019 1 issued Bisoprolol 2.5mg tablets Supply: (56) tablet 1 TABLET ONCE DAILY

22/10/2019 1 issued Venlafaxine 37.5mg tablets Supply: (112) tablet 1 TABLET TWICE DAILY

22/10/2019 1 issued Ramipril 2.5mg capsules Supply: (56) capsule 1 EVERY DAY. STOP TEMPORARILY WHEN UNWELL WITH VOMITING, DIARRHOEA OR FEVER. RESTART WHEN WELL AGAIN.

Recall

23/06/2024 Recall on 23/06/2024 for No response to bowel cancer screening programme invitation with Dr Rhona Lindsay Status:Outstanding

23/06/2022 Recall on 23/06/2022 for No response to bowel cancer screening programme invitation with Dr Rhona Lindsay Status:Complete

18/10/2020 Recall on 18/10/2020 for Cervical smear due with Dr Rhona Lindsay Status:Outstanding

28/11/2019 Recall on 28/11/2019 for No response to bowel cancer screening programme invitation with Dr Rhona Lindsay Status:Complete

02/11/2019 Recall on 18/04/2020 for Cervical smear: negative with Dr Rhona Lindsay Status:Complete Recall Advice: Routine Recall - 3 years

Consultation

07/07/2026	Other	Mrs Gillian McGregor
07/07/2026	Referral Letter	Miss Holly Clark
07/07/2026	Other	Miss Holly Clark
07/07/2026	Other	Miss Holly Clark
19/06/2026	Other	Mrs Fiona Rieley
18/06/2026	Third Party Consultation	Mrs Fiona Rieley
28/05/2026	Administration	Mrs Anne Lannigan
28/05/2026	Third Party Consultation	Mr Sys System Supervisor
11/05/2026	Referral Letter	Miss Holly Clark
11/05/2026	Other	Miss Holly Clark
11/05/2026	Surgery consultation	Dr Rhona Lindsay
22/04/2026	Surgery consultation	Mrs Anne Wilson
10/03/2026	Other	Mrs Fiona Rieley
09/03/2026	Other	Dr Rhona Lindsay
04/03/2026	Other	Dr Nnamdi Chukwuma-Ezike
24/02/2026	Other	Mrs Gillian McGregor
23/02/2026	Third Party Consultation	Miss Holly Clark
20/02/2026	Results recording	Mrs Anne Wilson
19/02/2026	Other	Dr Federated Locum
19/02/2026	Surgery consultation	Mrs Anne Wilson
22/01/2026	Results recording	Mrs Anne Wilson
19/01/2026	Other	Mrs Fiona Rieley
16/01/2026	Surgery consultation	Mrs Anne Wilson
15/01/2026	Results recording	Mrs Anne Wilson
14/01/2026	Other	Mrs Karen Calderwood
14/01/2026	Results recording	Mrs Anne Wilson
13/01/2026	Other	Ms Fiona Connor
31/12/2025	Administration	Ms Sharon Findlay

High Mill Medical Practice, 40 Chapel Street, Carlisle, ML8 4BA

Tel: 01555 771012

Page 5/12

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Full Report**Ms Fiona Dinsmore****28/11/1969****Female****494 915 9739****Permanent**

01/12/2025	Other	Mrs Fiona Rieley
01/12/2025	Administration	Ms Sharon Findlay
01/12/2025	Administration	Ms Sharon Findlay
12/11/2025	Surgery consultation	Mrs Anne Wilson
11/11/2025	eConsultation	Dr Auto Medlink
28/10/2025	Third Party Consultation	Miss Holly Clark
28/10/2025	Surgery consultation	Mrs Louise Cummings
16/10/2025	Other	Mrs Fiona Rieley
30/09/2025	Surgery consultation	Ms Anne Clayton
12/08/2025	Other	Mrs Fiona Rieley
28/07/2025	Other	Mrs Fiona Rieley
17/06/2025	Other	Ms Sinead Mulholland
06/06/2025	Administration	Ms Sharon Findlay
02/06/2025	Other	Ms Alisha Jaffry
02/06/2025	Other	Miss Erin Humphrey
30/05/2025	Surgery consultation	Dr Steven Zonfrillo
29/05/2025	Third Party Consultation	Miss Holly Clark
29/05/2025	Other	Mrs Fiona Rieley
22/04/2025	Other	Mrs Elizabeth Carr
22/04/2025	Surgery consultation	Sister Pamela Wallace
26/03/2025	Surgery consultation	Dr Mark Thompson
24/03/2025	Other	Mrs Gillian McGregor
24/02/2025	Administration	Ms Sharon Findlay
21/02/2025	Third Party Consultation	Mrs Gillian Miller
04/02/2025	Other	Miss Holly Clark
03/02/2025	Other	Miss Holly Clark
24/01/2025	Other	Mrs Karen Calderwood
23/01/2025	Administration	Ms Sharon Findlay
23/01/2025	Other	Miss Lucie Robb
23/01/2025	Other	Mrs Corry Skivington
22/01/2025	Third Party Consultation	Miss Holly Clark
22/01/2025	Other	Miss Holly Clark
20/01/2025	Third Party Consultation	Miss Holly Clark
17/01/2025	Third Party Consultation	Mrs Karen Calderwood
17/01/2025	Other	Mrs Karen Calderwood
17/01/2025	Other	Ms Sheena Campbell
16/01/2025	Administration	Ms Sharon Findlay
16/01/2025	Administration	Ms Sharon Findlay
14/01/2025	Other	Mrs Karen Calderwood
13/01/2025	Other	Dr Rhona Lindsay
10/01/2025	Other	Mrs Karen Calderwood
09/01/2025	Results recording	Dr Rhona Lindsay
09/01/2025	Results recording	Dr Rhona Lindsay
08/01/2025	Results recording	Dr Rhona Lindsay
08/01/2025	Results recording	Dr Rhona Lindsay
07/01/2025	Referral Letter	Mrs Janice Romer
07/01/2025	Other	Mrs Janice Romer
07/01/2025	Clinic	Dr Federated Locum
07/01/2025	Clinic	Dr Federated Locum
06/01/2025	Surgery consultation	Dr Rhona Lindsay
11/10/2024	Administration	Ms Sharon Findlay
11/10/2024	Administration	Ms Sharon Findlay
23/09/2024	Results recording	Dr Rhona Lindsay
27/01/2024	Other	Ms Sheena Campbell
19/12/2023	Administration	Ms Sharon Findlay
19/12/2023	Administration	Ms Sharon Findlay
11/04/2023	Third Party Consultation	Mrs Janice Romer
16/02/2023	Other	Dr Rhona Lindsay
16/02/2023	Administration	Ms Sharon Lachlan
31/10/2022	Third Party Consultation	Mrs Janice Romer
31/10/2022	Other	Mrs Janice Romer
26/10/2022	Data Transferred from other system	
26/10/2022	Data Transferred from other system	
20/10/2022	Surgery consultation	Dr Fiona Forsyth
18/10/2022	Results recording	Dr Steven Zonfrillo
18/10/2022	Results recording	Dr Steven Zonfrillo
18/10/2022	Other	Ms May Reardon
12/10/2022	Other	Ms May Reardon
11/10/2022	Results recording	Dr Steven Zonfrillo
30/09/2022	Acute visit	Dr Steven Zonfrillo
30/09/2022	Results recording	Dr Steven Zonfrillo
29/09/2022	Other	Mrs Janice Romer
29/09/2022	Results recording	Dr Steven Zonfrillo
29/09/2022	Results recording	Dr Steven Zonfrillo
28/09/2022	Other	Ms Marie Donnelly
28/09/2022	Telephone call from a patient	Dr Steven Zonfrillo
22/09/2022	Results recording	Dr Rhona Lindsay
11/08/2022	Other	Mrs Janice Romer
03/08/2022	Third Party Consultation	Mrs Janice Romer
28/07/2022	Other	Mrs Janice Romer
20/07/2022	Third Party Consultation	Mrs Janice Romer
13/07/2022	Third Party Consultation	Mrs Janice Romer
06/07/2022	Third Party Consultation	Mrs Janice Romer
22/06/2022	Third Party Consultation	Mrs Janice Romer
07/04/2022	Other	Mrs Janice Romer
11/03/2022	Other	Mrs Janice Romer
02/03/2022	Third Party Consultation	Mrs Janice Romer
25/02/2022	Other	Mrs Janice Romer
24/02/2022	Other	Mrs Janice Romer
22/02/2022	Other	Mrs Janice Romer
21/02/2022	Other	Mrs Janice Romer
16/02/2022	Other	Mrs Janice Romer
14/02/2022	Other	Mrs Janice Romer
09/02/2022	Third Party Consultation	Mrs Janice Romer

High Mill Medical Practice, 40 Chapel Street, Carlisle, ML8 4BA

Tel: 01555 771012

Page 6/12

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Full Report**Ms Fiona Dinsmore****28/11/1969****Female****494 915 9739****Permanent**

07/02/2022	Other	Mrs Janice Romer
25/01/2022	Other	Mrs Janice Romer
20/01/2022	Other	Mrs Janice Romer
12/01/2022	Other	Mrs Janice Romer
05/01/2022	Other	Mrs Janice Romer
20/12/2021	Third Party Consultation	Mrs Janice Romer
16/12/2021	Other	Mrs Janice Romer
08/12/2021	Third Party Consultation	Mrs Janice Romer
02/12/2021	Other	Mrs Janice Romer
25/11/2021	Other	Mrs Janice Romer
24/11/2021	Third Party Consultation	Mrs Janice Romer
19/11/2021	Other	Mrs Janice Romer
18/11/2021	Third Party Consultation	Mrs Janice Romer
04/11/2021	Other	Mrs Janice Romer
03/11/2021	Third Party Consultation	Mrs Janice Romer
27/10/2021	Other	Mrs Janice Romer
23/10/2021	Results recording	Dr Rhona Lindsay
21/10/2021	Other	Mrs Janice Romer
20/10/2021	Third Party Consultation	Mrs Janice Romer
18/10/2021	Other	Mrs Janice Romer
14/10/2021	Administration	Ms Sharon Findlay
14/10/2021	Other	Mrs Janice Romer
11/10/2021	Third Party Consultation	Mrs Janice Romer
08/10/2021	Other	Mrs Janice Romer
06/10/2021	Other	Mrs Janice Romer
30/09/2021	Third Party Consultation	Mrs Janice Romer
29/09/2021	Third Party Consultation	Mrs Janice Romer
24/09/2021	Other	Mrs Janice Romer
20/09/2021	Data Transferred from other system	
20/09/2021	Data Transferred from other system	Dr Rhona Lindsay
14/09/2021	Other	Mrs Janice Romer
13/09/2021	Third Party Consultation	Mrs Janice Romer
07/09/2021	Other	Mrs Janice Romer
18/08/2021	Other	Mrs Janice Romer
11/08/2021	Third Party Consultation	Mrs Janice Romer
21/07/2021	Third Party Consultation	Mrs Janice Romer
20/07/2021	Results recording	Dr Rhona Lindsay
15/07/2021	Third Party Consultation	Mrs Janice Romer
14/07/2021	Other	Mrs Janice Romer
07/07/2021	Other	Mrs Janice Romer
24/06/2021	Other	Mrs Janice Romer
17/06/2021	Other	Mrs Janice Romer
27/05/2021	Other	Mrs Janice Romer
26/05/2021	Third Party Consultation	Mrs Janice Romer
20/05/2021	Other	Mrs Janice Romer
17/05/2021	Other	Mrs Janice Romer
06/05/2021	Other	Mrs Janice Romer
28/04/2021	Other	Mrs Janice Romer
22/04/2021	Other	Mrs Gillian Miller
20/04/2021	Other	Mrs Janice Romer
14/04/2021	Other	Mrs Janice Romer
09/04/2021	Other	Mrs Janice Romer
25/03/2021	Other	Mrs Janice Romer
22/03/2021	Other	Mrs Janice Romer
09/03/2021	Other	Mrs Janice Romer
26/02/2021	Other	Mrs Janice Romer
25/02/2021	Other	Mrs Gillian Miller
24/02/2021	Data Transferred from other system	
24/02/2021	Data Transferred from other system	Dr Rhona Lindsay
13/01/2021	Other	Dr Helen Macleod
08/12/2020	Third Party Consultation	Mrs Janice Romer
08/12/2020	Other	Mrs Janice Romer
08/12/2020	Other	Dr Helen Macleod
19/11/2020	Other	Mrs Janice Romer
17/11/2020	Surgery consultation	Sister Wendy Macarthur
13/11/2020	Administration	Ms Sharon Lachlan
14/09/2020	Results recording	Dr Rhona Lindsay
28/08/2020	Administration	Ms Sharon Lachlan
27/08/2020	Other	Dr Rhona Lindsay
27/08/2020	Telephone call from a patient	Dr Rhona Lindsay
01/07/2020	Other	Mrs Gillian Miller
29/05/2020	Other	Sister Liz Drife
27/02/2020	Results recording	Dr Rhona Lindsay
14/02/2020	Results recording	Dr Mark Thompson
13/02/2020	Surgery consultation	Sister Pamela Wallace
07/02/2020	Surgery consultation	Dr Mark Thompson
03/02/2020	Administration	Ms Sharon Lachlan
03/02/2020	Surgery consultation	Sister Wendy Macarthur
20/01/2020	Other	Mrs Gillian McGregor
11/12/2019	Surgery consultation	Ms Sharon Findlay
07/11/2019	Administration	Mrs Norma Irving
02/11/2019	Results recording	Dr Rhona Lindsay
23/10/2019	Third Party Consultation	Mrs Janice Romer
22/10/2019	Surgery consultation	Ms Sharon Findlay
21/10/2019	Other	Mrs Janice Romer

Blood pressure

13/01/2026 12:14:00 BP 104/70 taken Sitting

Cuff: Standard

recall due:

O/E - blood pressure reading

Referrals**Cervical Cytology**

18/04/2017 reported 18/04/2017 Cervical smear: negative

Dr Rhona Lindsay

25/02/2008 Ca cervix screen normal

05/09/2001 Cervical smear: negative

High Mill Medical Practice, 40 Chapel Street, Carlisle, ML8 4BA

Tel: 01555 771012

Full Report

Ms Fiona Dinsmore 28/11/1969 Female 494 915 9739 Permanent

11/04/1997 Cervical smear: negative

Smoking

13/01/2026	Smoker	10 cigarettes per day	Cigarette smoker	vapes aswell	Ms Fiona Connor
12/11/2025	Smoker	10 cigarettes per day	Cigarette smoker		Mrs Anne Wilson
28/10/2025	Smoker	cigarettes per day	Cigarette smoker		Mrs Louise Cummings
03/02/2020	Ex-smoker	cigarettes per day	Ex smoker	on vap ex smoker 3 weeks, from today	Sister Wendy Macarthur
21/10/2019	Never smoked	cigarettes per day	Never smoked tobacco		Dr Rhona Lindsay
21/10/2019	Smoker	10 cigarettes per day	Cigarette smoker		Dr Rhona Lindsay

Alcohol

13/01/2026	Life teetotaler	units per week	Teetotaler	Ms Fiona Connor
21/10/2019	Current drinker	units per week	Moderate drinker - 3-6u/day	Dr Rhona Lindsay

Health Promotion - Smoking

12/11/2025 Smoking cessation advice for Smoking

Weight

22/04/2026	Weight: 57 kgs	BMI: 21.1	O/E - weight
13/01/2026	Weight: 62.2 kgs	BMI: 23.1	O/E - weight
21/10/2019	Weight: 63.503 kgs	BMI: 22.6	O/E - weight

Height

13/01/2026	Height: 1.64 metres	O/E - height	Ms Fiona Connor
21/10/2019	Height: 1.676 metres	O/E - height	Dr Rhona Lindsay

Immunisations

26/10/2022	COVPFIZER COVID - Pfizer Comirnaty	Stage: 1	Given	Due 26/10/2022	Batch: GE3043 C-19 Comirnaty (Braidfute	
Retail Park Vaccinations)						
26/10/2022	FLUQIVC Influenza QIVc (cell)	Stage: 1	Given	Due 26/10/2022	Batch: 440051A FLU - Seqirus UK (Braidfute	
Retail Park Vaccinations)						
20/09/2021	FLU Influenza - Seasonal	Stage: 1	Given	Due 20/09/2021	Batch: 3079171A FLU - Flucelvax Tetra (QIVc)	
(By R Baillie)						
20/09/2021	COVPFIZER COVID - Pfizer Comirnaty	Stage: 1	Given	Routine Measure	Due 20/09/2021	Batch: FF8222 C-19 Pfizer (By R Baillie) Dr
Rhona Lindsay						
24/02/2021	COVPFIZER COVID - Pfizer Comirnaty	Stage: 1	Given	Due 24/02/2021	Batch: EL8713 Amend C-19 Pfizer	
24/02/2021	COVPFIZER COVID - Pfizer Comirnaty	Stage: 2	Given	Routine Measure	Due 24/03/2021	Batch: EL8713 C-19 Pifzer (By S Nisbet) Dr
Rhona Lindsay						
07/04/2017	PNEUMOPOLY Pneumococcal polysaccharide					
vaccine	Stage: 0	Given	Routine Measure	Due		

Albumin

13/01/2026	Serum albumin	= 46 g/L
07/01/2025	Serum albumin	= 43 g/L
07/01/2025	Serum albumin	= 43 g/L
28/09/2022	Serum albumin	= 46 g/L
28/09/2022	Serum albumin	= 46 g/L

Alkaline Phosphatase

13/01/2026	Serum alkaline phosphatase	= 132 U/L	High	U/L
07/01/2025	Serum alkaline phosphatase	= 108 U/L		U/L
28/09/2022	Serum alkaline phosphatase	= 92 U/L		U/L

Alanine Aminotransferase

13/01/2026	Serum alanine aminotransferase level	= 28 U/L	serum alanine aminotransferase level - U/L
07/01/2025	Serum alanine aminotransferase level	= 23 U/L	serum alanine aminotransferase level - U/L
28/09/2022	Serum alanine aminotransferase level	= 21 U/L	serum alanine aminotransferase level - U/L

B12 Levels

07/01/2025	Serum vitamin B12	= 630 pg/mL	B12 deficiency unlikely.
28/09/2022	Serum vitamin B12	= 644 pg/mL	B12 deficiency unlikely.

Bilirubin

13/01/2026	Serum bilirubin level	= 4 umol/L
07/01/2025	Serum bilirubin level	= 5 umol/L
28/09/2022	Serum bilirubin level	= 5 umol/L

Calcium

07/01/2025	Serum calcium	= mmol/L	\br\
28/09/2022	Serum calcium	= mmol/L	ABH

Calcium adjusted

07/01/2025	Corrected serum calcium level	= 2.45 mmol/L
28/09/2022	Corrected serum calcium level	= 2.4 mmol/L

Serum chloride

13/01/2026	Serum chloride	= 102 mmol/L
07/01/2025	Serum chloride	= 100 mmol/L
28/09/2022	Serum chloride	= 103 mmol/L
13/02/2020	Serum chloride	= 100 mmol/L

Serum cholesterol

13/01/2026	Serum cholesterol	= 4.1 mmol/L	
07/01/2025	Serum cholesterol	= 5.1 mmol/L	High

Serum creatinine

13/01/2026	Serum creatinine	= 53 umol/L	Low
07/01/2025	Serum creatinine	= 66 umol/L	
28/09/2022	Serum creatinine	= 54 umol/L	Low
13/02/2020	Serum creatinine	= 69 umol/L	

Eosinophil count

07/01/2025	Eosinophil count	= 0.5 10*9/L	High	x 10*9/L
18/10/2022	Eosinophil count	= 0.2 10*9/L		x 10*9/L
28/09/2022	Eosinophil count	= 0.1 10*9/L		x 10*9/L

Serum iron tests

18/10/2022	Serum iron level	= 10 umol/L	
18/10/2022	Serum iron level	= umol/L	raised wcc and ferritin

Serum ferritin

07/01/2025	Serum ferritin	= 266 ng/mL	High	Possible iron overload. Check serum iron and transferrin saturation.
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Tel: 01555 771012

Full Report

Ms Fiona Dinsmore

28/11/1969

Female

494 915 9739

Permanent

07/01/2025	Serum ferritin	= ug/L		\br\
28/09/2022	Serum ferritin	= 333 ng/mL	High	Possible iron overload. Check serum iron and transferrin saturation.
28/09/2022	Serum ferritin	= ug/L		ABH
Folate level				
07/01/2025	Serum folate	= 4.38 ng/mL		Note normal Folate result, however there is slight haemolysis in the sample,
therefore the reported result may be falsely elevated and Folate deficiency cannot be ruled out\br\				
28/09/2022	Serum folate	= 7.08 ng/mL		There is slight haemolysis in the sample, therefore the reported result may be
falsely elevated\br\				
Haemoglobin				
07/01/2025	Haemoglobin estimation	= 153 g/L		
18/10/2022	Haemoglobin estimation	= 147 g/L		
28/09/2022	Haemoglobin estimation	= 150 g/L		
High Density Lipoprotein				
13/01/2026	Serum HDL cholesterol level	= 0.86 mmol/L	Low	
07/01/2025	Serum HDL cholesterol level	= 0.81 mmol/L	Low	
Low Density Lipoprotein				
13/01/2026	Serum LDL cholesterol level	= 2.4 mmol/L		
07/01/2025	Serum LDL cholesterol level	= 3.2 mmol/L	High	
Mean corpuscular haemoglobin				
07/01/2025	Mean corpusc. haemoglobin(MCH)	= 31.8 pg		
18/10/2022	Mean corpusc. haemoglobin(MCH)	= 32.2 pg	High	
28/09/2022	Mean corpusc. haemoglobin(MCH)	= 32.5 pg	High	
MCH Hb Concentration				
07/01/2025	Mean corpusc. Hb. conc. (MCHC)	= 322 g/L		
18/10/2022	Mean corpusc. Hb. conc. (MCHC)	= 325 g/L		
28/09/2022	Mean corpusc. Hb. conc. (MCHC)	= 342 g/L		
Mean corpuscular volume				
07/01/2025	Mean corpuscular volume (MCV)	= 98.8 fL		
18/10/2022	Mean corpuscular volume (MCV)	= 98.9 fL		
28/09/2022	Mean corpuscular volume (MCV)	= 95 fL		
Monocyte count				
07/01/2025	Monocyte count	= 1.5 10 ⁹ /L	Significantly High	x 10 ⁹ /L
18/10/2022	Monocyte count	= 1.4 10 ⁹ /L	Significantly High	x 10 ⁹ /L
28/09/2022	Monocyte count	= 1.4 10 ⁹ /L	Significantly High	x 10 ⁹ /L
Neutrophil count				
07/01/2025	Neutrophil count	= 5.6 10 ⁹ /L		x 10 ⁹ /L
18/10/2022	Neutrophil count	= 5.6 10 ⁹ /L		x 10 ⁹ /L
28/09/2022	Neutrophil count	= 7.1 10 ⁹ /L		x 10 ⁹ /L
Platelets				
07/01/2025	Platelet count	= 356 10 ⁹ /L		x 10 ⁹ /L
18/10/2022	Platelet count	= 344 10 ⁹ /L		x 10 ⁹ /L
28/09/2022	Platelet count	= 329 10 ⁹ /L		x 10 ⁹ /L
Potassium				
13/01/2026	Serum potassium	= 4.7 mmol/L		
07/01/2025	Serum potassium	= 4.3 mmol/L		
28/09/2022	Serum potassium	= 4.2 mmol/L		
13/02/2020	Serum potassium	= 4.6 mmol/L		
Red blood cell count				
07/01/2025	Red blood cell (RBC) count	= 4.81 10 ¹² /L		x 10 ¹² /L
18/10/2022	Red blood cell (RBC) count	= 4.57 10 ¹² /L		x 10 ¹² /L
28/09/2022	Red blood cell (RBC) count	= 4.51 10 ¹² /L		x 10 ¹² /L
Sodium				
13/01/2026	Serum sodium	= 141 mmol/L		
07/01/2025	Serum sodium	= 141 mmol/L		
28/09/2022	Serum sodium	= 140 mmol/L		
13/02/2020	Serum sodium	= 140 mmol/L		
Triglycerides				
13/01/2026	Serum triglycerides	= 1.8 mmol/L		
07/01/2025	Serum triglycerides	= 2.5 mmol/L	High	
Thyroid Stimulating Hormone				
13/01/2026	Serum TSH level	= 2.37 mU/L		mU/L
07/01/2025	Serum TSH level	= 1.08 mU/L		mU/L
28/09/2022	Serum TSH level	= 1.16 mU/L		mU/L
Urea - blood				
13/01/2026	Serum urea level	= 4.8 mmol/L		
07/01/2025	Serum urea level	= 3.7 mmol/L		
28/09/2022	Serum urea level	= 4.7 mmol/L		
13/02/2020	Serum urea level	= 5.6 mmol/L		
White blood count				
07/01/2025	Total white blood count	= 11.9 10 ⁹ /L	High	x 10 ⁹ /L
18/10/2022	Total white blood count	= 12.2 10 ⁹ /L	High	x 10 ⁹ /L
28/09/2022	Total white blood count	= 13 10 ⁹ /L	High	x 10 ⁹ /L
Lymphocyte count				
07/01/2025	Percentage lymphocytes	= 4.1 10 ⁹ /L	High	x 10 ⁹ /L
18/10/2022	Percentage lymphocytes	= 4.9 10 ⁹ /L	Significantly High	x 10 ⁹ /L
28/09/2022	Percentage lymphocytes	= 4.3 10 ⁹ /L	High	x 10 ⁹ /L
B12 & Folate level				
07/01/2025	B12/folate level	=		\br\
28/09/2022	B12/folate level	=		ABH
Blood glucose				
13/01/2026	Plasma glucose level	= 8.1 mmol/L	High	
13/01/2026	Plasma glucose level	= mmol/L		cvd review
07/01/2025	Plasma glucose level	= 8 mmol/L	High	

High Mill Medical Practice, 40 Chapel Street, Carluke, ML8 4BA

Tel: 01555 771012

Page 9/12

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Full Report**Ms Fiona Dinsmore****28/11/1969****Female****494 915 9739 Permanent**

07/01/2025 Plasma glucose level = mmol/L \br\

Blood lipids

13/01/2026 Serum lipids = cvd review

07/01/2025 Serum lipids = \br\

Faecal Occult Blood

05/10/2022 Faecal occult blood test < 7 ug/Hb/g stool Faecal haemoglobin FIT - ugHb/g

05/10/2022 Faecal occult blood test = ABH; Faecal haemoglobin FIT

03/09/2020 Faecal occult blood test < 7 ug Hb/g Faecal haemoglobin FIT - ugHb/g

03/09/2020 Faecal occult blood test ncd; Faecal haemoglobin FIT

Full blood count

07/01/2025 Full blood count - FBC = \br\

18/10/2022 Full blood count - FBC = raised wcc and ferritin

28/09/2022 Full blood count - FBC = ABH

Liver Function tests

13/01/2026 Liver function test = cvd review

07/01/2025 Liver function test = \br\

28/09/2022 Liver function test = ABH

Thyroid function

13/01/2026 Thyroid hormone tests = cvd review

07/01/2025 Thyroid hormone tests = \br\

28/09/2022 Thyroid hormone tests = ABH

Abdominal ultra-sound

26/07/2016 Ultrasound scan of upper abdomen Haemangioma

Urea and Electrolytes

13/01/2026 Urea and electrolytes = cvd review

07/01/2025 Urea and electrolytes = \br\

28/09/2022 Urea and electrolytes = ABH

13/02/2020 Urea and electrolytes = ramapril,non fasting

Hb A1C - Diabetic control

19/02/2026 Haemoglobin A1c level - IFCC standardised = 43 mmol/mol High HbA1c Reference Range: Normal Results =<41,Increased risk of Developing

Diabetes 42-47, Diabetes Mellitus =>48. Please note, the use of HbA1C is not recommended for use in the diagnosis of type 1 diabetes in paediatric patients as per NICE Guideline NG18 and the

Diabetes UK: Diagnostic Criteria for Diabetes. Please discuss any concerns with the Paediatric Assessment Unit Consultant.\br\

19/02/2026 Haemoglobin A1c level - IFCC standardised = mmol/mol co firm diabetes diagnosis

21/01/2026 Haemoglobin A1c level - IFCC standardised = 48 mmol/mol High HbA1c Reference Range: Normal Results =<41,Increased risk of Developing

Diabetes 42-47, Diabetes Mellitus =>48. Please note, the use of HbA1C is not recommended for use in the diagnosis of type 1 diabetes in paediatric patients as per NICE Guideline NG18 and the

Diabetes UK: Diagnostic Criteria for Diabetes. Please discuss any concerns with the Paediatric Assessment Unit Consultant.\br\

21/01/2026 Haemoglobin A1c level - IFCC standardised = mmol/mol elevated glucose

07/01/2025 Haemoglobin A1c level - IFCC standardised = 42 mmol/mol HbA1c Reference Range: Normal Results =<42,Increased risk of Developing

Diabetes 43-47, Diabetes Mellitus =>48.

07/01/2025 Haemoglobin A1c level - IFCC standardised = mmol/mol \br\

C Reactive protein

18/10/2022 Plasma C reactive protein = 6 mg/L

18/10/2022 Plasma C reactive protein = mg/L

28/09/2022 Plasma C reactive protein < 6 mg/L raised wcc and ferritin

28/09/2022 Plasma C reactive protein = mg/L ABH

Exercise

21/10/2019 Enjoys moderate exercise Dog walking Dr Rhona Lindsay

Viral studies

10/08/2022 2019-nCoV (novel coronavirus) RNA not

detected =

02/08/2022 2019-nCoV (novel coronavirus) RNA not

detected =

26/07/2022 2019-nCoV (novel coronavirus) RNA not

detected =

19/07/2022 2019-nCoV (novel coronavirus) RNA not

detected =

12/07/2022 2019-nCoV (novel coronavirus) RNA not

detected =

05/07/2022 2019-nCoV (novel coronavirus) RNA not

detected =

21/06/2022 2019-nCoV (novel coronavirus) RNA not

detected =

15/03/2022 2019-nCoV (novel coronavirus) RNA not

detected =

10/03/2022 2019-nCoV (novel coronavirus) RNA not

detected =

01/03/2022 2019-nCoV (novel coronavirus) RNA not

detected =

23/02/2022 2019-nCoV (novel coronavirus) RNA not

detected =

15/02/2022 2019-nCoV (novel coronavirus) RNA not

detected =

08/02/2022 2019-nCoV (novel coronavirus) RNA not

detected =

01/02/2022 2019-nCoV (novel coronavirus) RNA not

detected =

25/01/2022 2019-nCoV (novel coronavirus) RNA not

detected =

18/01/2022 2019-nCoV (novel coronavirus) RNA not

detected =

11/01/2022 2019-nCoV (novel coronavirus) RNA not

detected =

04/01/2022 2019-nCoV (novel coronavirus) RNA not

detected =

28/12/2021 2019-nCoV (novel coronavirus) RNA not detected =
 21/12/2021 2019-nCoV (novel coronavirus) RNA not detected =
 15/12/2021 2019-nCoV (novel coronavirus) RNA not detected =
 07/12/2021 2019-nCoV (novel coronavirus) RNA not detected =
 23/11/2021 2019-nCoV (novel coronavirus) RNA not detected =
 17/11/2021 2019-nCoV (novel coronavirus) RNA not detected =
 09/11/2021 2019-nCoV (novel coronavirus) RNA not detected =
 02/11/2021 2019-nCoV (novel coronavirus) RNA not detected =
 26/10/2021 2019-nCoV (novel coronavirus) RNA not detected =
 19/10/2021 2019-nCoV (novel coronavirus) RNA not detected =
 12/10/2021 2019-nCoV (novel coronavirus) RNA not detected =
 06/10/2021 2019-nCoV (novel coronavirus) RNA not detected =
 28/09/2021 2019-nCoV (novel coronavirus) RNA not detected =
 21/09/2021 2019-nCoV (novel coronavirus) RNA not detected =
 15/09/2021 2019-nCoV (novel coronavirus) RNA not detected =
 07/09/2021 2019-nCoV (novel coronavirus) RNA not detected =
 31/08/2021 2019-nCoV (novel coronavirus) RNA not detected =
 25/08/2021 2019-nCoV (novel coronavirus) RNA not detected =
 17/08/2021 2019-nCoV (novel coronavirus) RNA not detected =
 10/08/2021 2019-nCoV (novel coronavirus) RNA not detected =
 20/07/2021 2019-nCoV (novel coronavirus) RNA not detected =
 13/07/2021 2019-nCoV (novel coronavirus) RNA not detected =
 06/07/2021 2019-nCoV (novel coronavirus) RNA not detected =
 29/06/2021 2019-nCoV (novel coronavirus) RNA not detected =
 08/06/2021 2019-nCoV (novel coronavirus) RNA not detected =
 08/06/2021 2019-nCoV (novel coronavirus) RNA not detected =
 01/06/2021 2019-nCoV (novel coronavirus) RNA not detected =
 25/05/2021 2019-nCoV (novel coronavirus) RNA not detected =
 18/05/2021 2019-nCoV (novel coronavirus) RNA not detected =
 13/05/2021 2019-nCoV (novel coronavirus) RNA not detected =
 04/05/2021 2019-nCoV (novel coronavirus) RNA not detected =
 27/04/2021 2019-nCoV (novel coronavirus) RNA not detected =
 13/04/2021 2019-nCoV (novel coronavirus) RNA not detected =
 05/04/2021 2019-nCoV (novel coronavirus) RNA not detected =
 30/03/2021 2019-nCoV (novel coronavirus) RNA not detected =
 23/03/2021 2019-nCoV (novel coronavirus) RNA not detected =
 16/03/2021 2019-nCoV (novel coronavirus) RNA not detected =
 02/03/2021 2019-nCoV (novel coronavirus) RNA not detected =
 16/02/2021 2019-nCoV (novel coronavirus) RNA not detected =

Asthma consultation

22/04/2026 Asthma monitoring

Seen by: Mrs Anne Wilson

Clinician: Mrs Anne Wilson

changed from suspected copd treatment of

ics/lama/laba to ics/laba and increased the dose of steroid. Explained asthma to Fiona today and how to treat appropriately. Will review in November sooner if any issues.

Other Laboratory tests

18/10/2022 Transferrin saturation index

= 17.9 %

28/09/2022 Haematology NOS

=

ABH; Blood film

Film report

28/09/2022 Blood film microscopy

=

Mild lymphocytosis WH

Pulse (CVS/BP)

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Full Report**Ms Fiona Dinsmore****28/11/1969****Female****494 915 9739 Permanent**

13/01/2026 O/E - pulse rate 75 beats/min regular

Ms Fiona Connor

Packed Cell Volume

07/01/2025	Haematocrit	= 0.475 L/L	High
18/10/2022	Haematocrit	= 0.452 L/L	
28/09/2022	Haematocrit	= 0.438 L/L	

Basophil count

07/01/2025	Basophil count	= 0.1 10 ⁹ /L	Basophils - x 10 ⁹ /L
18/10/2022	Basophil count	= 0.1 10 ⁹ /L	Basophils - x 10 ⁹ /L
28/09/2022	Basophil count	= 0.1 10 ⁹ /L	Basophils - x 10 ⁹ /L

RBC red blood cell size

07/01/2025	Red blood cell distribution width	= 13.1 %
18/10/2022	Red blood cell distribution width	= 12.5 %
28/09/2022	Red blood cell distribution width	= 12.8 %

Differential white cell count

07/01/2025	Differential white cell count	=	Differential whitecell count -
18/10/2022	Differential white cell count	=	Differential whitecell count -
28/09/2022	Differential white cell count	=	Differential whitecell count -

HDL/LDL Ratio

13/01/2026	Total cholesterol:HDL ratio	= 4.8 ratio	Total Cholesterol: HDL ratio
07/01/2025	Total cholesterol:HDL ratio	= 6.3 ratio	Total Cholesterol: HDL ratio

Free Thyroxine

13/01/2026	Free T4 level	= 12.6 pmol/L
07/01/2025	Free T4 level	= 17.8 pmol/L
28/09/2022	Free T4 level	= 17.9 pmol/L

Enzymes/Specific proteins

18/10/2022	Serum transferrin	= 2.5 g/L
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Procedures, Specimens and Samples

19/02/2026	Blood sample taken	= 0	bloods obt as per comms dated 19/02/26
13/01/2026	Blood sample -> Lab NOS	=	bloods as per gp comms
22/04/2025	Blood sample -> Lab NOS	=	Hospital Blood Lipids Obtained as requested
18/10/2022	Blood sample -> Lab NOS	=	bloods obtained as per gpcomms
28/09/2022	Blood sample -> Lab NOS	=	bloods obtained as per gp comms
13/02/2020	Blood sample -> Lab NOS		U+E

Glomerular Filtration Rate

13/01/2026	GFR calculated abbreviated MDRD	> 59 mL/min/1.73m ²	Estimated EGFR - mL/min/1.73m ²
07/01/2025	GFR calculated abbreviated MDRD	> 59 mL/min/1.73m ²	Estimated EGFR - mL/min/1.73m ²
28/09/2022	GFR calculated abbreviated MDRD	> 59 mL/min/1.73m ²	Estimated EGFR - mL/min/1.73m ²
13/02/2020	GFR calculated abbreviated MDRD	> 59 mL/min/1.73m ²	Estimated EGFR - mL/min/1.73m ²

Ethnicity

21/10/2019	Ethnicity: White Scottish	Dr Rhona Lindsay
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Total patients for report 1