

Lanarkshire Forensic Mental Health Service

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CONFIDENTIAL

Dr JJ Canning
Drs Jordan & Canning
Rutherglen Primary Care Centre
130 Stonelaw Road, Rutherglen
Glasgow
G73 2PQ

Date Dictated: 23/08/2023
Date 23/08/2023
Typed:
Our Ref: LS/cs
CHI No: 2104673933
Enquiries to: Carole Scott
Direct Line: 01698 456248
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Dear Dr Canning

NAME: Andrew Shaw
D.O.B: 21/04/1967
ADDRESS: Flat 1, 14 Hillhead Avenue, Glasgow, G73 4NJ

I reviewed Mr Shaw at his home address on 22/08/23 as planned. He presented well kempt and his tenancy appeared in order. He reported he is 'so so' and 'just need to get on with it'. He continues to have good and bad days with varying degrees of pseudo-hallucinations. He continues to report that he can tell on waking what kind of day he will have dependent on which 'voice' he hears first. The voices command less than they have done in the past. He feels able to manage this and is resistant of commands to harm himself, others or to drive a car. He can feel low in mood and has fluctuating suicidal thoughts. These are not new and are unchanged in quality or intensity. He denies and planning or intent to act on these thoughts. He was future focused and discussed possibly being interested in getting a dog. He continues to voice a plan to move to a private let eventually but is comfortable where he is at present. He is eating well and gets shopping delivered or goes to the local shop. He reports he has lost weight since he was discharged. He is generally sleeping well. He spends his time watching TV and is in contact with friends. He has not used any alcohol or drugs since my last review. He was frustrated that a second drug screen returned positive for cocaine a couple of weeks ago. He is adamant he used this once when he tested positive the first time but not the second. He admitted he was around others using it. He has now distanced from them as he feels that although cocaine helps 'clear' his head of his symptoms briefly it is expensive and drains his limited funds. He prefers to live an isolated lifestyle and is keen not to return to his previous antisocial activities by avoiding those involved in criminal activity.

He remains compliant with his medication. He reported that chlorpromazine wasn't as helpful as he hoped and thinks he would need an increased dose. We agreed to return to using lorazepam and haloperidol as required instead and that he can have access to 3 doses of each a week. He tends to use this on bad days and needs encouragement to utilise learned coping strategies.

He is aware of the plan to gradually engage with Eastvale CMHT and his new CPN and RMO. Joint appointments will occur in the first instance to allow rapport to be created. A CPA is planned for 26th September. I will review him again in two weeks' time and thereafter monthly. I will keep you updated of his progress.

PLAN

1. Please prescribe 3 x lorazepam 1mg tablets and 3 x haloperidol 5mg tablets on a weekly basis.
2. No further chlorpromazine necessary
3. Further outpatient review in 2 weeks.

Yours sincerely,

Authorised on 24/08/2023 16:03:12 by Laura Steven.

Dr Laura Steven
Consultant Forensic Psychiatrist

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