

Lanarkshire Forensic Mental Health Service

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CONFIDENTIAL

Dr JJ Canning
Drs Jordan & Canning
Rutherglen Primary Care Centre
130 Stonelaw Road, Rutherglen
Glasgow
G73 2PQ

Date Dictated: 28/06/2023
Date 28/06/2023
Typed:
Our Ref: LS/cs
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Dear Dr Canning

NAME: Andrew Shaw
D.O.B: 21/04/1967
ADDRESS: Flat 1, 14 Hillhead Avenue, Glasgow, G73 4NJ

I reviewed Mr Shaw as arranged at his home address on 26/06/2023. He has remained stable in his mental state, reporting good and bad days as usual. He continues to suffer auditory hallucinations that are different in nature depending on good or bad days but is coping reasonably well with these. He rarely leaves home unless he is visiting his friend but they have been on holiday this last week. He spends his time watching programmes on Netflix. He orders his food from a local shop who deliver this. This is usually a mixture of junk food and microwave food. He also orders take-aways most days. His weight remains a concern and at each review this is discussed and the risks of metabolic syndrome reiterated. He has not taken my advice to go walking at least once a day. He denies any urges relating to cars and can identify this usually increases when his mental state is worse. He denies feeling pressured to engage in illegal activity relating to fraud or cars and stated 'they tend to leave you alone when you are not well'. He also stated they don't know he has been discharged or where he is living which is partly why he is reluctant to leave home in case someone he knows sees him.

Mr Shaw has remained compliant with his medication. He has these sat in neat piles and has a list to guide him which to take morning and night. He had excess stock from his passes from the ward when he often returned early. He has a couple weeks supply left from his discharge medications. Thereafter, he will collect scripts from the pharmacy. He feels able to call them and order this. He has weekly contact with his FCPN Maxine MacDougall and we plan to hold a CPA on 24/07/23 at 3pm on teams. He has been referred to Eastvale CMHT and they have agreed to attend the CPA. Following this meeting there will be a period of joint working for around 6 weeks before his care fully transfers to Eastvale CMHT. He remains on his hospital based Compulsion Order at present.

I will review him again in 1 weeks' time and keep you updated of his progress.

Yours sincerely,

Authorised on 28/06/2023 11:37:32 by Laura Steven.

Dr Laura Steven
Consultant Forensic Psychiatrist

(P) FCPN Maxine MacDougall
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