

Lanarkshire Forensic Mental Health Service

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CONFIDENTIAL

Dr JJ Canning
Drs Jordan & Canning
Rutherglen Primary Care Centre
130 Stonelaw Road, Rutherglen
Glasgow
G73 2PQ

Date Dictated: 29/11/2023
Date 29/11/2023
Typed:
Our Ref: LS/cs
CHI No: 2104673933
Enquiries to: Carole Scott
Direct Line: 01698 456248
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Dear Dr Canning

NAME: Andrew Shaw
D.O.B: 21/04/1967
ADDRESS: Flat 1, 14 Hillhead Avenue, Glasgow, G73 4NJ
DIAGNOSIS: Paranoid Schizophrenia, Complex PTSD
LEGAL STATUS: Community based Compulsion Order,

MEDICATION: Paliperidone Palmitate depot, 150mg monthly
Aripiprazole 10mg mane
Venlafaxine XL 225mg mane
Procyclidine 5mg bd
Zopiclone 7.5mg nocte (weekly scripts delivered)
Haloperidol 5mg & Lorazepam 1mg PRN (provided weekly, used daily)
Atorvastatin 10mg nocte
Colecalciferol 800u mane
Metformin 1g bd
Tamsulosin 400mcg mane

I reviewed Mr Shaw as planned at his home address on 28/11/23. He presented well and appeared bright and reactive. He was well kempt and made good eye contact. He was humorous in conversation and stated things are much the same with good and bad days. He denied any particular stressors at present. He has decided not to sell his flat which was causing him some anxiety. He has been getting out the house more and visiting his friend's garage where he helps out occasionally. He reported he enjoys the company but has not had any thoughts of driving a car. He advised this is the longest spell he has had out of hospital or prison and the most stable he has ever felt. His pseudo-hallucinations remain at a manageable level just now and he makes good use of his PRN lorazepam and haloperidol daily. He reported things are a bit easier day to day

now he has these. His sleep is much improved with the addition of Zopiclone and this does seem to go some way to making it more manageable for him to cope day to day.

He reported he has not had any issues collecting his medication and gets his weekly prescription of Zopiclone, lorazepam and haloperidol by delivery. This appears to be working well. He denied any issues or side effects with his medication. He was unable to identify any benefit from the recent increase in aripiprazole. We agreed on balance he did seem more motivated and brighter so we left this unchanged. He has continued receiving his depot Paliperidone monthly at Eastvale Resource Centre.

He does occasionally use cocaine and reported he last used this 2 weeks ago. He stated his use is under control and that he does not use regularly like he had been for a while. He demonstrated insight that whilst cocaine does seem to ease his symptoms at the time they do return worse than before during "the come down". His Brother has also limited his access to money to minimise the risk of regular use of cocaine. His Brother does seem to be supportive of his recovery and encourages him to remain engaged with mental health services and avoid drugs.

He recently had a tribunal and his Compulsory Treatment Order was converted to community based. He remains in transition from the Forensic Community Mental Health Team to Eastvale Community Mental Health Team. He will be discharged from his FCPN's caseload on 14/12/23 but I will retain RMO responsibility into the New Year. I will review him again on 19/12/23 at 9.30am at his home address.

Yours sincerely,

Authorised on 05/12/2023 11:09:57 by Laura Steven.

Dr Laura Steven
Consultant Forensic Psychiatrist

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