

Lanarkshire Forensic Mental Health Service

Caird House, Beckford Lodge
Caird Street
Hamilton
ML3 0AL
www.nhslanarkshire.co.uk

CONFIDENTIAL

Dr JJ Canning
Drs Jordan & Canning
Rutherglen Primary Care Centre
130 Stonelaw Road, Rutherglen
Glasgow
G73 2PQ

Date Dictated: 30/05/2024
Date 30/05/2024
Typed:
Our Ref: LS/cs
CHI No: 2104673933
Enquiries to: Carole Scott
Direct Line: 01698 456248
Email: forensic.cmht@lanarkshire.scot.nhs.uk

Dear Dr Canning

NAME: Andrew Shaw
D.O.B: 21/04/1967
ADDRESS: Flat 1, 14 Hillhead Avenue, Glasgow, G73 4NJ

I reviewed Mr Shaw on 28/05/24 for an urgent assessment. Mr Shaw has reported he was struggling over the last 5 days with an exacerbation on his symptomatology. In particular, he describes how his auditory hallucinations are louder and angrier leading to increased anxiety and agitation. He has been sitting on his living room floor in the dark and trying to listen to the voices in order that they don't continue getting louder, which they do if ignored. He has associated low mood and fleeting suicidal thoughts that "this can't be my life forever more". He has required a lot of reassurance and support over the telephone in the past few days.

Usually, it is difficult for Mr Shaw to identify a trigger at the time but he can after the episode subsides. He did have a court date on Friday last week and it is possible this led to an increase in anxiety and his pseudo-hallucinations. There is no evidence of a physical illness and no other identified stressor recently. He did use cocaine on one occasion over the weekend to seek some relief but this was, as always, short lived.

He reports he was receiving 14 x 2mg lorazepam tablets weekly and that his delivery this week contains 14 x 1mg (white) lorazepam tablets. I am keen he continues to receive 2mg lorazepam daily if possible.

Additionally, in light of how much he is currently struggling please could you issue an emergency prescription for a further 14 x 1 mg lorazepam tablets to support him over the weekend during this dip in his mental state? I have advised him to use 2mg twice daily whilst he is struggling. These episodes are usually short lived and we will continue to support him throughout.

If you have any questions, please do not hesitate to contact me.

Yours sincerely,

Authorised on 30/05/2024 12:11:30 by Laura Steven.

Dr Laura Steven
Consultant Forensic Psychiatrist