

Bewick Crescent Surgery

Date 29/07/2026

27 Bewick Crescent
Newton Aycliffe
County Durham
DL55LH

Our Ref: DSAR-20260729-1B0ADD

Client Ref: 100993

Subject: Data Subject Access Request - Full GP Medical Records - Our Reference:100993

Client Name: Mr John Rough

Client Reference: 100993

Client Address: 54 Emerson Way , Netwon Aycliffe, DL5 5HF

Date of Birth: 15/07/1952

Name in Care: N/A

Previous Address: 49 Lily Street, Dalmarnock, Glasgow, G40 3HD

NHS Number:

Dear Sir/Madam,

We act on behalf of the above-named individual and submit this request under Article 15 of the UK General Data Protection Regulation and the Data Protection Act 2018.

Scope of Request

We request a complete copy of the patient's full medical records, including all data held in electronic, paper, and archived formats.

This specifically includes:

Full GP records (not a summary printout)

Consultation notes and free-text entries

Historical paper records (including Lloyd George records where applicable)

Coded clinical data

Correspondence to and from hospitals, specialists, and external providers

Mental health records held within the GP file

Safeguarding concerns or alerts

Referral records and outcomes
Medication and prescription history
Any scanned documents or attachments

Format Requirement

We require a full record extract, not a patient summary or abbreviated report.

Where possible, please provide a complete system export including consultation notes and attachments.

Historical Records

Please ensure searches include:
Archived and legacy systems
Paper and scanned records
Records transferred from previous GP practices

Enclosures

We enclose:
Signed authority
Proof of identity

Should you require any further information to process this request, please advise promptly.

Statutory Timeframe

We expect a response within one calendar month. If an extension is required, please confirm with reasons in writing.

Non-Holding of Data

If you do not hold a complete record, please confirm:
The dates of records held
Details of any previous GP practices

Service of Documents

We only accept service of documents via email at evidence@mmalegal.co.uk. Should you for any reason be unable to send documents to the above email, please notify us via the same email imminently.

Yours faithfully,

James Taylor
Investigations Team
INS Law

E: evidence@inslaw.co.uk

T: +441618880834



Statement date 7 June 26

200100205900010002

Page 1 of 2

Mr John Rough
MasterCard Account No. 5460 9785 9369 0513

002059 PD0EA02-20260608-44073-006864
CYN8971 INH-XD 1/001 FIRST STMT/03/2026007 N00000864

Mr John Rough
54 Emerson Way
Newton Aycliffe
DL5 5HF



33000 A

John Rough,

currently over your credit limit

to pay £17.56 now to bring your account back to your credit limit.

enough to clear your upcoming minimum payment of £53.40. So you'll need to pay another £17.56 by 03 July 2026 to ensure your minimum payment is covered in full.

Payments

like only the minimum payment each month, it will take you longer and cost you more than the minimum payment each month.

Use your card for foreign transactions

linking of buying online at a non-UK website, or you're planning to use your card abroad in the future, go to www.capitalone.co.uk/foreign. You'll find helpful information, including how to avoid foreign transaction charges with other currency conversion options.

You can do more in the Capital One mobile app:

Download the Capital One mobile app to manage your account details and, if you wish, to make payments.

Your account summary

Credit limit	£950.00
Available to spend as at 07/06/26	£0.00
Previous balance	£957.30
Payments received	£52.52
New transactions	£62.78
Your new balance	£967.56

Your payment details

You are overlimit by	£17.56
This payment is due now.	
This month's minimum payment is	£53.40
It's due on	03 Jul 26
Payment due to bring your account up to date	£53.40

Your Direct Debit payment of £53.40 will be taken on or just after 30 June 26. If you make additional payments or get any refunds your Direct Debit will still be taken. But we won't take any Direct Debit payment if your balance has been cleared.

Your interest rates

This month's interest is based on the following credit account rates.



Letter of Authority

Authorisation to Act in Relation to Data Subject Access Requests

Full Name	John Rough
Date of Birth	15/07/1952
Previous Names (if any)	N/A
Current Address	54 Emerson Way Netwon Aycliffe DL5 5HF
Previous Address (relevant to care placements)	49 Lily Street Dalmarnock Glasgow G403HD
Mothers Name:	Moria Rough
Fathers Name:	John Rough

Authorised Representative

Firm Name	INS Law
Address	Building B, 23 Goodlass Road, Speke, Liverpool, England, L24 9HJ
Email	evidence@inslaw.co.uk
Telephone	0161 888 0830
Matter Reference	100993

Dear Sir/Madam,

I, John Rough , confirm that I have instructed INS Law to act on my behalf in relation to the exercise of my data protection rights, including my right of access under the UK General Data Protection Regulations and the Data Protection Act 2018. This authority is provided specifically in relation to my application to The Scottish Redress Scheme, providing authority to INS Law to obtain any and all information they deem necessary to progress my application.

I authorise INS Law, including its partners, directions, employees, consultants, agents, and authorised representatives, to:

1. Prepare, submit, and pursue Data Subject Access Requests on my behalf;
2. Correspond with you and communicate with you on my behalf in relation to any Data Subject Access Request or associated data protection matter;
3. Request confirmation as to whether you process my personal data;
4. Request access to, and copies of, my personal data and any supplementary information to which I am entitled under applicable data protection law;
5. Request information concerning the purposes of processing, categories of personal data processed, recipients or categories of recipients, retention periods, sources of data, and any automated decision-making or profiling, where applicable;
6. Provide, confirm, or clarify information reasonably required to identify me and locate my personal data;
7. Receive correspondence, disclosures, copies of personal data, explanations, schedules, electronic files, paper records, and any other response or material provided in connection with the request;
8. Correspondence with you regarding the scope, timing, format, completeness, or adequacy of any response;
9. Raise queries, challenge omissions, request clarification, request further searches, and pursue follow-up correspondence where necessary; and
10. Where appropriate, assist me in making complaints or representations to the Information Commissioner's Office or in taking any further steps arising from your response or failure to respond.

This authority applies to personal data held by you in any form, including paper records, electronic records, correspondence notes, call recordings, account records, internal records, case files, databases, emails, messages, audio recordings, CCTV footage, and any other records containing my personal data.

This authority extends to all personal data concerning me that you hold.

I request all correspondence and disclosure materials relating to any Data Subject Access Request be sent directly to INS Law using the contact details above, quoting reference

I further authorise INS Law to disclose any records, personal data, special category personal data, witness statements and application materials obtained on my behalf to independent Scottish solicitors or legal advisers where reasonably required for the purpose of advising me on any offer, award, review, reconsideration or statutory waiver under the Scottish Redress Scheme.

This authority remains valid from the date of signature, unless revoked by me in writing.

Signature	<i>John Rough</i>
Print Name	John Rough
Date	30/06/2026

Certificate of Authenticity

Fintrixor — electronic signature record



Certificate ID	01KWCBYPBV03V7TB1S7FE7XNYK
Document ID	01KW9V4B7SKGPCBHFHMHYDM68E
SHA-256 Document Hash	8fbaa1ea53e31ac1d1b8b6acf91c98aeb95da62f4869061765e9f04522a5fa20
Recipient Name	Mr John Rough
Recipient Email	johnrough.jr22@gmail.com
Signing Timestamp (UTC)	2026-06-30 13:37:00
IP Address	90.205.122.191
Browser	Chrome on Android

Signing Consent & Review

Document opened	2026-06-29 14:17:21 UTC
Document reviewed (scrolled through)	2026-06-30 10:20:07 UTC
Consent confirmed	2026-06-30 13:37:00 UTC from 90.205.122.191

Statement confirmed: "I confirm that my electronic signature is legally binding and has the same legal effect as a handwritten signature."

Audit Trail

Event	Timestamp (UTC)	IP Address	Browser
Document created	2026-06-29 14:04:31	45.145.101.64	Unknown browser
Document sent to recipient	2026-06-29 14:05:45	45.145.101.64	Unknown browser
Document opened by recipient	2026-06-29 14:17:21	92.40.201.101	Chrome
Document opened by recipient	2026-06-30 10:09:57	90.205.122.191	Chrome
Document reviewed (scrolled through)	2026-06-30 10:20:07	90.205.122.191	Chrome
Document opened by recipient	2026-06-30 10:31:05	90.205.122.191	Chrome
Document opened by recipient	2026-06-30 11:04:52	90.205.122.191	Chrome
Document opened by recipient	2026-06-30 11:04:55	66.249.93.224	Chrome
Document opened by recipient	2026-06-30 11:04:56	74.125.210.106	Chrome
Document opened by recipient	2026-06-30 11:04:56	74.125.210.105	Chrome
Document opened by recipient	2026-06-30 11:05:41	90.205.122.191	Chrome
Document opened by recipient	2026-06-30 11:28:06	90.205.122.191	Chrome

Document opened by recipient	2026-06-30 13:31:45	195.70.94.138	Microsoft Edge
Document opened by recipient	2026-06-30 13:32:21	195.70.94.138	Microsoft Edge
Document opened by recipient	2026-06-30 13:33:53	90.205.122.191	Chrome
Legally-binding consent confirmed	2026-06-30 13:37:00	90.205.122.191	Chrome
Document signed	2026-06-30 13:37:00	90.205.122.191	Chrome

Verify this certificate at <https://esign.fintrixor.co.uk/verify/01KWCBYPBV03V7TB1S7FE7XNYK>