



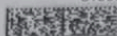
Social Security Scotland  
Tèarainteachd Shòisealta Ailba

0292700578



Elizabeth Jane Verhees  
10 BURNFOOT COURT  
GRANGEMOUTH  
Scotland  
FK3 0AL

31600



Adult Disability Payment  
PO Box 27155  
GLASGOW  
G4 7DX

Freephone: 0800 182 2222  
[mygov.scot/benefits](http://mygov.scot/benefits)

30 January 2026

### Extra support and benefits

Dear Elizabeth Jane,

#### Help and support you may be entitled to

Because you get Adult Disability Payment, you may be entitled to extra support like:

- help with housing, transport and travel
- benefits and services for people who care for you

This letter tells you about the kind of help and support you may be able to get.

#### If your benefit has moved to us from DWP

If your benefit has moved to us:

- you do not have to reapply for any extra help or support you already get
- you'll still need to complete any renewals as usual

You should read the rest of this letter to find out if there's anything else you need to do. You can also check your award letter for details.

#### Universal Credit

If you get Universal Credit, you should tell them you now get Adult Disability Payment. This will make sure your payments continue. To update your Universal Credit account, you can either:

- sign into your account at [gov.uk/sign-in-universal-credit](http://gov.uk/sign-in-universal-credit)

Dignity, fairness, respect.

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