

**Queen Margaret Hospital**  
Whitefield Road  
Dunfermline  
Fife  
KY12 0SU

Day Surgery Unit  
Tel: 01383 623623 01383 627010  
<http://www.nhsfife.scot.nhs.uk>



Dr C Lindsay  
Cos Lane Surgery  
Woodside Road  
Glenrothes  
Fife  
KY7 4AQ



CHI: 2109770287

Letter ID: 200447043

Date: 11 March 2026

Dear Dr Lindsay

**Sarah Lawson, 71 Scott Road, Glenrothes, Fife, KY6 1AF**

**Date of Birth: 21/09/1977**

Date of Admission: 11/03/2026

Date of Discharge: 11/03/2026

Your patient was admitted for surgery under the care of Mr Middleton

Diagnosis: Left hallux abducto valgus deformity

Operation: Left scarf akin osteotomy under general anaesthetic

**Medicines on Discharge: Ibuprofen 400mg, Cocodamol 30/500mg, pre-pack supplied**

**Further information:**

Information and contact numbers supplied

Full weight-bearing with Darco shoe for 6 weeks

Dressing: Blue swabs, mepitel, wood wool and crepe bandage to wound

Dressings to remain dry and intact until follow up appointment

Sutures: Absorbable

→ Follow up at the Nurse Led clinic on 26/03/2026 at 15:00, National Treatment Centre, Kirkcaldy

→ Follow up with Consultant on 23/04/2026, appointment details will arrive via post

"If you have any concerns or post-surgical problems between the hours of 8am and 7:30pm please contact 01592 643355 extension 22685. You will then be able to discuss your concerns with a member of nursing staff who will triage your concerns and direct your care to the appropriate team member. You may be asked to attend for review at the Orthopaedic Urgent Review Clinic. It is of vital