



Social Security Scotland
Tearainteachd Shòisealta Alba

00008/00153

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Adult Disability Payment
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mygov.scot/benefits

25 February 2026

Dear SCOTT,

It's time to review your Adult Disability Payment

We need to know about any changes to your daily living needs or your mobility needs. This is to make sure you continue to get the correct rate of Adult Disability Payment.

We've sent you:

- a summary of our last decision
- a website link where you can tell us about changes to your circumstances

What is a review

A review is a chance for you to tell us about any changes since our last decision. When you tell us about a change, we may need to ask you for more information.

As part of your review, we may need you to attend a consultation. We'll only ask you to take part in a consultation if there's no other way for us to find the information we need. Most people should not need to take part in a consultation.

Supporting information

We might ask to see some supporting information about changes.

For example, you might want to send:

- social care assessments
- medical reports, letters or certificates

Dignity, fairness, respect.